

Looking at your next move?

Let the team at Cottage Hill bring you home!

COTTAGE Hill
REAL ESTATE

Winthrop, MA 02152 | 617-846-9900



WINTHROP

SUN TRANSCRIPT

EST. IN 1882

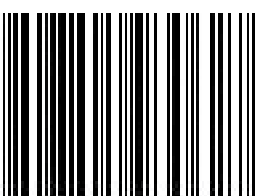
50 CENTS

THURSDAY,
February 1, 2024

INDEX

Police	2
Editorials	4
Sports	7
Obituaries	10
Business Directory	12
Classified	12

INDEPENDENT



Newspaper Group

DEATHS

Margaret Dimes

Obituaries Pg. 10

NEWS Brief

WINTER PLAY DAY SET FOR FEB. 3

Project Play's Winter Play Day features Little Groove on Saturday morning February 3, at Harbor City Church, 214 Winthrop St, upstairs. This is the third production in Project Play's series of Winter Play Days that will return with a free performance by Little Groove! Children ages 0-5 can also enjoy two hours of free play on tunnels, climbers, mats and balls from 10 a.m. to noon.

Thank you to our local sponsor, Rep. Rep. Jeff Turco, for making this event free for all! Please consider donating small items such as stickers, erasers and non-chocolate candy for Harbor City Church's Easter egg hunt fillers (& plastic eggs if you have them).

SWEETHEART'S VALENTINE SALE AT ST JOHN'S EPISCOPAL CHURCH FEB. 10

St John's Episcopal Church will host their annual Sweetheart's Valentine

See NEWS BRIEF Page 2



Friends and family gathered to dedicate a memorial bench in honor of the late Bob Gillis. Shown with the bench are Owen, Kelly, Mary, Jimmy, Ginny, John, Victoria and Kathy Gillis.



MEMORIAL BENCH IN HONOR OF BOB GILLIS

More than 100 Winthropites braved the freezing temperatures on January 21, as they gathered at Lewis Lake to dedicate a memorial bench in honor of the late Bob Gillis. That day was the first anniversary of Bob's death at the age of 59. Born and raised in Winthrop, he was the unofficial town historian and was known to all as "The Mayor."

Bob had worked as concierge at the Seal Harbor

condominiums. He was a skilled and enthusiastic genealogist. His frequent online postings titled "This Day in History" featured old photographs, local lore, and the backstories of many properties and locations. He even made an appearance on "The Dead Files," a television series that delves into a place's obscure past and any unusual or paranormal activities that happened there.

The plaque on the bench reads, in part, "Come sit with me for a 'Morning Chuckle' and reflect on 'This Day in History.'"

Following the dedication ceremony officiated by Karen Mustone, who administers the Winthrop High School Memorial Wall on Facebook, the group crossed the street for a celebration of Bob's life at Elks Lodge #1078, where Bob was a lifetime member.

WINTHROP'S CASA KIDS SUPPORT THEIR VETERANS IN A BIG WAY



CASA - Community Action for Safe Alternatives stepped up recently to help needy veterans in their community. Winthrop's Veterans Service Officer, Philip Ronan welcomes Director of CASA Jen Reth and her students at the veteran's office. The students collected toiletries and other personal hygiene supplies to be given to those who fought for our country and find themselves in a difficult situation.

Anyone who might want to donate hygiene products or any other useful item please contact Phil Ronan at the Winthrop Veteran's Services Office in the EB Newton Building, lower floor at 45 Pauline Street. Please phone at 617-846-0402.

Local ambulance response concerns raised following death of Winthrop toddler

Special to the Transcript

Ambulance services to the town are under the microscope following the death of a two-year-old girl last Friday.

When the call for an unresponsive toddler came in on Friday, both ambulances that service the town by Action Ambulance were out on other calls and would have taken 20 minutes to respond to the scene.

Fire Chief Scott Wiley transported the child to Massachusetts General Hospital in Boston in the back of his vehicle while firefighters performed CPR on the child. The two-year-old was later pronounced dead at Mass General.

Wiley later said the call was the most difficult he

has been on in his 33 years as a firefighter.

According to a statement from the town, if an Action ambulance stationed in Winthrop is needed at a medical emergency in another town, the ambulance company cannot decline the call.

"Action is also prohibited by state law from prioritizing calls for service once an ambulance has been dispatched," according to the statement. "Likewise, ambulance services in other communities cannot decline to send ambulances to Winthrop if they are available."

Shortages in ambulance staffing and response times have been a concern across the region and the

See CONCERNS Page 5

Registration now open for prekindergarten

By Adam Swift

Prekindergarten registration is now open for Winthrop families through the end of February.

Superintendent of Schools Lisa Howard said information about the registration process is available on the school district website, and that there will also be further information about the process pushed out through social media, WCAT, and the Gorman Fort Banks school newsletter.

To be eligible for prekindergarten, children have to turn four years old by Sept. 1, and cannot be over 5 as of that date.

"It's a small group of students we can enroll," said Howard.

There are approximately six sessions of pre-kindergarten, with 15 students per session. The majority are half-day sessions, with

one full-day session, according to Howard.

"They are integrated, meaning if there are 15 students in each classroom, eight students are general education students and seven are on IEPs (individualized education programs)," said Howard. "Folks who would be signing up for preschool, the majority of the folks would be people looking for the open slot for general education enrollment."

Howard said the district will also return to screening preschool students.

"Last year, we felt the impact of not doing the screening, because some of our students who enrolled might otherwise have been picked up as a student with special needs, and we want to make sure we are attending to that,"

See REGISTRATION Page 2

WINTHROP MARKETPLACE

"We have a beautiful selection of
Valentines Day Plants,
Bouquets, & Cards"

Stop in and see our display.

www.winthropmktplace.com • 35 Revere St. Winthrop

CENTURY 21
Seaport

BUY SELL RENT JOIN CENTURY 21

Seaport Real Estate



Congratulations to Ed Deveau on
his exciting accomplishment.

Ed has just surpassed \$100,000,000 in Real Estate Sales!

CALL TODAY AND FIND OUT WHAT SETS US APART FROM THE REST! 617.846.1020 C21SEAPORT.COM 218 WINTHROP ST., WINTHROP

WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

MONDAY, JANUARY 15
1058: Officers assisted the Fire Dept. at the scene of a fire on Grovers Ave.
1200: A Tafts Ave. resident reported that a package was stolen from her premises. She gave the police video footage of the incident. The officer filed a report.

TUESDAY, JANUARY 16
0813: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
0906: An officer stopped a motor vehicle on Walden St. for the civil moving infractions of having an obstructed plate and an obstructed rear window. The officer gave a verbal warning to the operator.
0945: An officer stopped a motor vehicle on Main St. for the civil moving infraction of a marked lanes violation. The officer issued a citation to the operator.
1002: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
1015: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.
1047: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
1323: An officer directed the owner of a motor vehicle parked illegally on Plummer Ave. to move his vehicle.
1348: An officer stopped a motor vehicle on Shore Drive for a civil moving infraction. The officer gave a verbal warning to the operator.
1525: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The

officer issued a citation to the operator.
1537: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
1550: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.
1714: An officer stopped a motor vehicle on Winthrop St. for the civil moving infraction of a lights violation. The officer gave a verbal warning to the operator.
1805: Officers responded to a four-car motor vehicle accident on Upland Rd., which was covered with ice. There were no injuries and one vehicle was towed. The DPW was called to treat the road. The officer filed a report.
1831: The DPW was called to treat Faun Bar Ave. where a Post Office box truck had become stuck on the ice.
1907: A person came into the station to report that his motor vehicle had been struck by a hit-and-run operator on Wave Way Ave. The officer filed a report.
2232: An officer directed persons playing music loudly in an apartment in Governor's Park to turn it down.
2259: An officer issued a parking ticket to a vehicle parked on the sidewalk and facing the wrong way on Madison Ave.

WEDNESDAY, JANUARY 17
0040: An officer stopped a motor vehicle at Veterans Rd, and Cutler St. for the civil moving infraction of a stop sign violation. When the officer determined that the vehicle was not registered, which is a civil infraction, he issued a citation to the operator for both violations. The motor vehicle was towed.
0103: An officer issued parking tickets to five vehicles without resident parking stickers on Hutchinson St.
0108: An officer issued parking tickets to three vehicles on Somerset Ave.
0123: An officer issued

parking tickets to five vehicles on Charles St.
1153: A call about unshoveled snow on the sidewalk on Tileston Rd. was referred to the DPW.
1212: An officer directed the owner of a vehicle parked in the No Parking area on Plumer Ave. to move the vehicle.
1251: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.
1305: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of violating the hands-free law. The officer issued a citation to the operator.
1316: An officer stopped a motor vehicle with an expired registration at Main and Walden Sts. The officer followed the operator back home and directed that the vehicle remain parked in the driveway until the vehicle is registered.
1433: An officer stopped a motor vehicle at Winthrop and Main Sts. for the civil moving infraction of a crosswalk violation. The officer issued a citation to the operator.
1601: A resident came into the station to report a case of harassment. The officer filed a report.

THURSDAY, JANUARY 18
0001: Officers assisted the Fire Dept. at the scene of a dumpster fire in the 400 block of Shirley St.
0102: An officer issued parking tickets to four vehicles on Sea Foam Ave.
0103: An officer issued parking tickets to two vehicles on Bayview Ave.
0115: An officer issued one parking ticket to a vehicle on Shirley St.
0120: An officer issued parking tickets to four vehicles on Johnson Ave.
0128: An officer issued parking tickets to seven vehicles on Wave Way Ave.
0932: An officer stopped a motor vehicle at Shirley and Underhill Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
0940: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
0951: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a

stop sign violation. The officer issued a citation to the operator.
1008: An officer stopped a motor vehicle on Washington Ave. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
1028: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of impeding operation for having a dog in the front seat. The officer issued a citation to the operator.
1037: An officer stopped a motor vehicle on Sturgis St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.
1210: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
1219: Officers responded to local business upon a report of a male party, who is known to police, yelling at employees. The officers spoke to the male party, who agreed to stay out of the store.
1234: Officers assisted the Fire Dept. with traffic control at the scene of a fire on Crystal Cove Ave. Two families consisting of seven persons were displaced and awaited the arrival of the Red Cross.
1320: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a crosswalk violation. The officer issued a citation to the operator.
1340: An officer directed the owner of a motor vehicle blocking a fire hydrant on Bayview Ave. to move his vehicle.
1427: An officer

stopped a motor vehicle at Main and Bowdoin Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.
1433: An officer stopped a motor vehicle at Main and Bowdoin Sts. for the civil moving infraction of a crosswalk violation. The officer issued a citation to the operator.
1847: An officer stopped a motor vehicle on Main St. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer issued a citation to the operator.
2005: A report of a dead raccoon in the middle of Cottage Park Rd. was referred to the DPW.
2242: An officer stopped a motor vehicle on Main St. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer issued a citation to the operator.

FRIDAY, JANUARY 19
0101: An officer issued parking tickets to nine vehicles without resident parking stickers on Trident Ave.
0104: An officer issued a parking ticket to one vehicle on Bayview Ave.
0114: An officer issued a parking ticket to one vehicle on Shirley St.
0120: An officer issued parking tickets to four vehicles without resident parking stickers on Sea Foam Ave.
0125: An officer issued parking tickets to two vehicles on Johnson Ave.
0814: An officer stopped a motor vehicle on Washington Ave. for a civil moving infraction. The officer issued a citation to the operator.

0921: Officers served an arrest warrant at a residence on North Ave. and arrested a 38 year-old Winthrop man on five outstanding warrants.
1350: An officer issued parking tickets to two vehicles in the Centre on Jefferson Ave.
2223: An officer issued a parking ticket to a vehicle parked on the sidewalk and blocking a driveway on Moore St.

SATURDAY, JANUARY 20
0055: Officers removed a homeless male party from the lobby of a building on Governors Drive. He was offered a ride to the warming center in Revere.
1132: A resident came into the station to report being the victim of check-washing fraud. The officer filed a report.

SUNDAY, JANUARY 21
0225: An officer issued parking tickets to three vehicles without resident parking stickers on Bay View Ave.
0239: An officer issued parking tickets to three vehicles without resident parking stickers on Sea Foam Ave.
1343: An officer stopped a motor vehicle on Main St. for the civil moving infraction of having an obstructed plate that was blocked by a rack on the vehicle. The officer gave a verbal warning to the operator.

MONDAY, JANUARY 22
0122: An officer issued parking tickets to two vehicles without resident parking stickers on Sea Foam Ave.

News Briefs // CONTINUED FROM PAGE 1

tine Sale on Saturday, Feb. 10, from 10am–2pm, at 222 Bowdoin Street in Winthrop. Visitors will discover food, crafts, jewelry, gift baskets, and themed cards to add delightful luster and surprise for heartfelt giving on Valentine's Day! In addition, raffle tickets for a handmade quilt and for gift certificates to local restaurants will be sold.
The fair will feature an array of themed confections including cookies, cakes, mini pies, homemade granola, and more. We will also offer our famous pre-order-only Lobster Lunches-To-Go! The takeout lobster lunch includes a generous lob-

ster roll, triple-chocolate brownie & bag of chips, all for the low price of \$20. Lobster Lunches-to-Go must be ordered by Wednesday, Feb. 7, by calling the church @ 617-846-2363 and leaving a message with quantity and contact information.

Registration // CONTINUED FROM PAGE 1

said Howard.
At last week's School Committee meeting, Howard also provided an update on district attendance.
As of last week, Howard said district attendance was at 1,999 students.
"It's the highest we've been in many years," said Howard.
The enrollment figures include 513 students at the Gorman Fort Banks School, 443 students at the Cummings School, 423 at the middle school, and 616 at the high school. Howard said the total enrollment also includes Winthrop out-of-district students.
As of the end of December, the superintendent said the district saw 87 newly enrolled students and 46 students who withdrew from the district.
At last week's meeting,

Howard also praised the efforts of those who made the recent International Night at the old middle school a success.
"It was just a great display of everyone that participates in our schools and what nationality they are, what countries they come from, and what country might be their homeland," said Howard.

Real Estate Transfers			
BUYER 1	SELLER 1	ADDRESS	PRICE
Connolly, James M	Mathieu, Eric	45 Chester Ave	\$930,000
Carlson, Justin	Zebic, Jeneta N	509 Pleasant St	\$785,000

Now more than ever, an experienced real estate agent with a proven record of success in all different markets, will make the difference between success and failure in a real estate transaction.

COMPASS

For smooth sailing with your next move, call the Highland Group

Buying or selling, ask us about Compass Coming Soon and Compass Concierge





JIM POLINO – ELIZABETH POLINO – JAMES POLINO – JONATHAN POLINO – SHARON TALLENT
ATTYEH CASSIDY – VIRGINIA BROWN – CHRISSEY D'AMBROSIO – DAVID TALLENT – KATHY HICKEY – KENNY KELLEHER
HIGHLANDGROUP@COMPASS.COM | 617.846.8000
75 CREST AVE, WINTHROP, MA | 126 NEWBURY STREET, BOSTON, MA



Meet our team by opening your phone's camera and holding it over the QR code

Give the Gift of

Hometown News



A year's subscription to The Revere Journal, The Chelsea Record or The Winthrop Sun-Transcript. \$30 in town or \$60 for out of town.

Name _____

Address _____

City _____ State _____ ZIP _____

Clip this and mail in or stop by the office 8:30AM - 5PM

The Independent Newspapers
385 Broadway, Suite 105
Revere, MA 02151

For more information call us at 781-485-0588



WHS HOLDS NATIONAL HONOR SOCIETY INDUCTION CEREMONY

Photos & Story by Marianne Salza

Winthrop High School (WHS) inducted 36 new members into the Pullin Poynte Chapter of the National Honor Society (NHS) during a January 24 ceremony. Students received a membership

certificate and pin, and recited a pledge during a candle lighting ceremony.

“This is a reminder of the standard of excellence members of the National Honor Society maintain in one of our nation’s oldest, largest, most prestigious student recognition

programs,” said Jillian Dunn, Ed.D., NHS adviser. “We are proud of the accomplishments of these members who bring new energy and support to our continued work.”

Students celebrated demonstrate the core values of the NHS: scholar-

ship, leadership, service, and character. They excel academically, and are active leaders in school activities, organizations, and athletics, and are dedicated to the town, having completed 30 hours of community service.

Principal Matt Crombie

commended members for their helpfulness, creativity, and contributions to the school and community.

“Being a member of the Winthrop High School National Honor Society is a significant achievement that extends beyond a single report card. Our mem-

bers and new inductees are developing into dynamic student and community leaders because they have embraced the National Honor Society framework, and value the pillars,” said Principal Crombie. “They are the proven leaders of our school.”



Kaelyn Foley holding a NHS membership certificate.



Caterina Fabiano holding a NHS membership certificate.



Daniela Estrada holding a NHS membership certificate.



Sophia d'Entremont holding a NHS membership certificate.



Lily Conway holding a NHS membership certificate.



Lily Jarbeau holding a NHS membership certificate.



Julia Hurley holding a NHS membership certificate.



Izi Hain holding a NHS membership certificate.



Hannah Gorman holding a NHS membership certificate.



Daniela Gomez holding a NHS membership certificate.



Anila Giardino holding a NHS membership certificate.



Shannon Raneri holding a NHS membership certificate.



Jack Osburn holding a NHS membership certificate.



Owen Nargi holding a NHS membership certificate.



Marawa Mimouni holding a NHS membership certificate..



Fatima Majano holding a NHS membership certificate.



Amanda Jurovich holding a NHS membership certificate.



Jake Ross holding a NHS membership certificate.



Brooklyn Banfield holding a NHS membership certificate.



Isabella Rice holding a NHS membership certificate.



Matthew Reardon holding a NHS membership certificate.



Emily Walker holding a NHS membership certificate.



Vasilios Tsiotos holding a NHS membership certificate.



Esther Abide Tewoutchoyo holding a NHS membership certificate.



Amelia Spencer holding a NHS membership certificate.



Monica O'Mara Gomis holding a NHS membership certificate.



Madeline Carroll holding a NHS membership certificate.



Eve Winters holding a NHS membership certificate.



Jonah Clark holding a NHS membership certificate



Lylah Cassidy holding a NHS membership certificate.



Orind Bytyqi holding a NHS membership certificate.



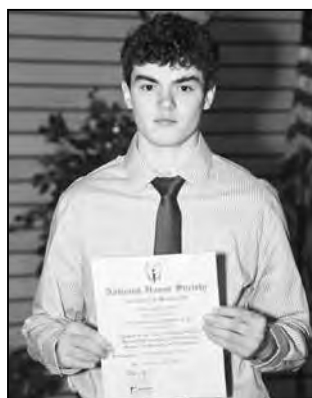
Gabrielle Buonopane holding a NHS membership certificate.



Kate Brodin holding a NHS membership certificate.



Hacen Bourkiche holding a NHS membership certificate.



James Fotiades holding a NHS membership certificate.



Sage Calinda, NHS treasurer, lighting the candle for character, which sits in a Viking longship candleholder.



National Honor Society new inductees participating in a candle lighting ceremony.



Students gathering for the National Honor Society Induction Ceremony at Winthrop High School on January 24.

OUR Opinions

ENVIRONMENTALISTS:
PUTIN’S ‘USEFUL IDIOTS’

Vladimir Lenin used the term “useful idiots” to refer to journalists, labor leaders, and politicians in the West who extolled the virtues of Lenin’s new Communist regime in Russia as a “worker’s paradise.” They were in the vanguard of the world-wide Communist movement who tried to import Lenin’s brand of Communism into their own countries.

The reason Lenin referred to them as “useful idiots” is because they were oblivious to what actually was going on in Russia during Lenin’s (and later, Stalin’s) transformation of that nation into a Communist regime: mass starvation, authoritarianism, political executions, and use of the Siberian gulag.

In short, the “useful idiots” for Lenin and Stalin were those in the West whose fervent belief in the ideology of Communism blinded them to the reality of what actually was happening in Russia in the 1920s and 1930s.

A century later, democracy and freedom are being challenged by another Vladimir, Vladimir Putin, whose invasion of Ukraine and genocidal campaign of executions, rape, bombings of civilians, and deportation of children poses a substantial threat to Western Europe and ultimately, the United States.

Western European nations stopped purchasing natural gas from Russia -- which had a pipeline directly into Western Europe -- shortly after the invasion began in order not to finance Putin’s war machine. These countries were able to do so thanks to a combination of sacrifice (lowering their thermostats and reducing industrial energy use), switching to dirtier forms of energy (coal and oil) for their power plants, and the ramping-up of the importation of liquefied natural gas (LNG) from the United States, with the promise that even more LNG will be forthcoming from the U.S. in the future.

However, President Biden, bowing to pressure from environmental groups, last week issued a directive that imposes new environmental rules on future LNG terminals that essentially has brought to a halt the construction of new LNG export facilities in the U.S. The move has alarmed our Western European allies, who have been able to withstand their embargo on Russian natural gas because of the promise of additional LNG from America.

There is no question that climate change, fueled by the burning of fossil fuels, represents a huge risk to the future of our planet. However, the threat posed by Putin and other dictatorial regimes, such as China and Iran, pose an immediate threat to our way of life today. An article in yesterday’s New York Times highlighted the fear of Western European leaders that they will be next in line if Putin succeeds in Ukraine.

In addition, the irony of Biden’s new environmental rules for future LNG plants in the U.S. is that Europe will continue to use oil and coal, which are far worse for the environment than natural gas. In addition, if the U.S. is unable to supply natural gas to Western Europe, those countries simply will turn elsewhere.

In short, the action by Biden at the behest of environmentalists accomplishes nothing (and even is a negative) in our battle against climate change in both the short and long terms. However, what it does accomplish is this: It encourages sociopathic dictators like Putin, who want to see the Western nations divided, to continue their campaign against democracies across the globe. The “inconvenient truth” for environmentalists is that the fight against Putin and his ilk requires that America must be united with our allies, no less than we were in World War II, when the free world similarly fought against the Axis of Evil at that time. The environmentalists whose rigid ideology regarding climate change blinds them to the reality of the immediate, existential threat posed by today’s Axis of Evil are the “useful idiots” of the dictators of the 21st century.

CLARIFICATION

The sale price that was listed in last week’s Transcript for the Holy Rosary Church of \$1,200,000 was not correct. The correct sales price was \$760,987.00.

Independent Newspaper Group

DIRECTORY

President

Stephen Quigley; stephen.quigley@reverejournal.com

Marketing Director

Deb DiGregorio; deb@reverejournal.com

Assistant Marketing Directors

Maureen DiBella; mdibella@winthroptranscript.com

Legal Advertising

Ellen Bertino; ebertino@eastietimes.com

Ad Design

Kane DiMasso-Scott

Managing Editor

Cary Shuman; cary@lynnjournal.com

Copy Editing, Layout

Kane DiMasso-Scott, Scott Yates

Business Accounts Executive

Judy Russi; judy.russi@eastietimes.com

Printer

Gannett

Office Phone Number: 781-485-0588

LETTERS to the Editor

FINISH WHAT YOU STARTED

To the Editor,

It seems to me that before our town leaders embarked on another major zoning undertaking they instead focus on finish-

ing the massively miss managed Middle School Project and NewFireStation. They are the largest development projects in our town yet nothing definitive has been decided. It has been more than

seven years of running in circles with no results. The development record of our town’s management has been terrible with the new Fire Station, yet another example of failed planning. Maybe it’s time for

a new team to lead these vital projects? We don’t have another seven years to waste in getting these critical developments completed. Our Community deserves better.

John Tranfaglia

APPRECIATION

Remembering Henry Burton

By Jimmy Rich

There are so, so many troubles and tragedies in the world today that it’s refreshing when you hear even a minor story about anything positive. In the next few paragraphs, I would like to tell you about one of those positives. His name was Henry Burton, and he was, to his friends and family, a wonderful light that shone for seventy plus years, touching anyone he encountered so powerfully that he will never be forgotten.

Henry Vincent Burton Jr. was born on October 14th, 1951, to Henry Vincent Burton Sr. and Clarice Anne Burton (nee’ Tsatsos). He was the oldest of three siblings. He reiterated to me many times over the years, that he had a wonderful “Leave It to Beaver” childhood growing up in Winthrop, Massachusetts, a town which was the personification of America at its height of greatness in the 1950s.

As a child, Henry enjoyed participating in many sports, but his real passion was playing the game of basketball. His love for the sport was no doubt heightened by the success of the local team: the Boston Celtics, who won championship after championship while he was coming of age. He would later state that he spent the leisure time of his high school years “on the courts” in his hometown of Winthrop.

When Henry was on summer breaks from high school, he worked for a builder named Arthur Soper, or as he described him, “an old timer”, who he said worked “old school” who wouldn’t allow for the use of any of the “new” power tools flooding the market at this time period in the construction industry. Henry would chuckle every time he talked about those salad days. He reiterated many times that he learned a great deal about construction from the “old guy”.

After graduating from Winthrop High School in 1969, Henry enrolled at Wentworth Institute (later to become Wentworth Institute of Technology), graduating in 1972 with a degree in Building Technology. With his degree hand, he then went to work for



William “Billy” Bickford at Bickcom, before starting his own company, Metropolitan General Contractors, with Dennis Michael Rich Sr. in 1974. Henry would later add a plumbing license to his resume. He and “the Metro Men”, as they came to be called, built many homes and additions in, and around, Massachusetts over the years. The business would be a success for many, many years.

“Hank”, as Henry was nicknamed, joined the National Guard in the early 1970s and would forever love telling stories of his days as a “weekend warrior” stationed at Camp Curtis Guild in Wakefield, Massachusetts. He would belly laugh describing adventures with his fellow servicemen on trips all over the eastern part of the United States. He was very proud of his time in the service.

Henry was an extremely skilled builder, carpenter, and an astute plumber who loved reveling in his knowledge of the plumbing code. He was a wealth of information to many of his former employees, like myself, who always called him for advice about some situation they found themselves in, which Hank always seemed to have the answer to.

Henry’s love affair with sports began when he was a child and carried over to coaching when he and his wife, Debbie, had their only child, Dennis, who was born in 1976. As soon as Dennis came of age and began playing sports, Hen-

ry began coaching him and his friends in baseball and hockey. Henry gave many, many hours helping at both St. Mary’s baseball league and Revere Youth Hockey over the years, at one point becoming the latter organization’s director.

Hank, an excellent softball player at Hill Park in Revere in his 20s and 30s, later became a passionate and very skilled golfer. He truly loved playing the game and would hit the links twice a week from early spring until, as he would exclaim, “until the snow flies in the winter”. He not only loved playing, but also watching and talking about the nuances of his beloved game. He was amazed by the skill of the younger players. I would always contact him after a big tournament to talk about the big shots and blown opportunities of the weekend tournament? He really seemed to enjoy those conversations.

Henry had a prodigious memory and adored telling stories and reminiscing about the past. He loved to rib people and also loved to laugh. His laugh was infectious, if he began laughing at an old story, everyone else did too. His tremendous memory may have been the reason he loved the subject of history, especially when it came to the United States Civil War and World War II.

Henry adored his role as a grandfather of four granddaughters. He was affectionately known to them as “bang bang” because he was always working on his

son’s home and his granddaughters would hear the noise of his hammer. He loved telling stories about them and raving about their accomplishments.

Hank was truly an oldest child in many senses...he always looked out for his family and friends and also felt a special obligation to help his elderly aunts and uncles in any and every way. He helped out more people than most charities. There is an old proverb which goes, “Never remind someone of a kindness or act of generosity you have shown him or her. Bestow a favor and then forget it”. Henry must have read this at one point in his life, because he certainly lived it.

These are the “facts” about Henry Burton’s life. This is what he accomplished in his time on earth, however, a person is more than just their “resume”. To so many of his family and friends, Henry was the lighthouse beacon when you were lost in a storm. He was the one guy you KNEW you could call, and he would come through for you, no matter how big a problem you had. Imagine how big a responsibly that is? And yet Henry never wavered, shouldering it in every instance. What made Henry feel the need to always help his friends and family? Who knows what makes a person become the guy always willing to help others, but for whatever reason, Henry was one of those people. What an awesome quality to have. He changed so many people’s lives in a positive way. He was a father to more than just his biological son. He was a hero without even trying to be.

As many people of Henry’s parents’ generation felt about December 7th, 1941, a date which lived on in infamy to them, when the Japanese bombed Pearl Harbor, and a generation of heroes, including Henry’s father, went off to fight to save the world for democracy, for the people in Henry Vincent Burton Jr’s world, January 7th, 2024, will forever remain a date which will live in infamy, when the cruel fates took a great and good man way too soon leaving a hole in our hearts that will never be closed.

Jimmy Rich was a dear friend of Henry Burton.

The Independent Newspaper Group reserves the right to edit letters for space and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Independent Newspaper Group publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Independent Newspaper Group. Text or attachments emailed to editor@reverejournal.com are preferred.

Your opinions, please

The Everett Independent welcomes letters to the editor. Our address is 385 Broadway, Revere, MA 02151. Letters may also be e-mailed to editor@reverejournal.com. Letters must be signed. We reserve the right to edit for length and content.

EBNHC announces new Geriatric Complex Case Management Pilot Program

East Boston Neighborhood Health Center (EBNHC) today announced the launch of a Geriatric Complex Case Management (GCCM) Pilot Program in partnership with TD Bank. In an effort to ensure that our oldest community members stay connected to vital medical and wellness resources and coordinated senior care, GCCM will improve EBNHC’s ability to provide wraparound healthcare and supportive services to seniors ages 55 and over.

“Older adults often face additional barriers to accessing vital care and resources. With the support of TD Bank, we aim to bridge those gaps by linking seniors with coordinated care programs and support services that solve for both medical and social needs,” said Greg Wilmot, EBNHC President and CEO. “This innovative program will give seniors the attention and care they deserve and help them live more healthful lives in our community.”

Of the 15,000 seniors who receive care at EBNHC annually, approximately 3,000 may need additional services beyond traditional care. To address this growing need, GCCM will help seniors understand their treatment programs and connect them to coordinated care

programs, while also supporting seniors who are ineligible for those programs due to current asset and income-eligibility requirements. GCCM program navigators will evaluate patients for program eligibility, make referrals, and if needed, assist with enrollment into specialty programs, including Neighborhood PACE and Senior Care Options (SCO).

“At TD, we are dedicated to the wellbeing of our communities, and this initiative aligns with our commitment to improve access to healthcare for all,” said Shelley Sylva, Head of U.S. Corporate Citizenship at TD Bank. “We’re proud to stand behind local organizations that are identifying these critical needs and prioritizing innovations that enhance the quality of life for residents. I’m thrilled that we’re able to support East Boston Neighborhood Health Center and look forward to seeing the positive outcomes of this pilot and the difference it will make in the lives of older adults.”

Capitalizing on TD’s educational resources, EBNHC will also partner with TD Bank to provide financial literacy and education opportunities for EBNHC patients, including education and training to prevent seniors from unintentionally engag-

ing in financial and other scams, whether online, by phone, or in person.

“Thanks to the TD Grant, we will be able to better connect seniors in the community to both medical care and support services like food and nutrition programs, housing assistance and transportation, ensuring that the growing needs of the older adult population in our community are being met,” said Calay Ip, Vice President, Senior Care Programs, East Boston Neighborhood Health Center.

EBNHC’s Neighborhood PACE and SCO programs serve approximately 1700 seniors living in East Boston, Chelsea, Winthrop, Revere, Everett, Malden, Melrose, Medford, Stoneham, and surrounding towns in the greater Boston area. Offering highly personalized, home-based coordinated care, Neighborhood PACE and SCO programs allow seniors to maintain independence and thrive in the community, ultimately giving patients and caregivers peace of mind and community connection. Neighborhood PACE and SCO are supported through agreements with the Centers for Medicare & Medicaid Services, MassHealth, and the East Boston Neighborhood Health Center.



EBNHC volunteer Rose DelloRusso (left) and East Boston resident and PACE participant Joseph Cinelli.



Wannetta Sarro, (left) Neighborhood PACE participant receiving physical therapy at Revere PACE on Garofalo Street and Annette Cogliani, EBNHC Rehabilitation Aide.

D.A.’s office creates animal cruelty task force

Special to the Times-Free Press

The Suffolk County District Attorney’s office has taken a major step in addressing the escalating issue of animal cruelty.

Last week, Suffolk County DA announced the creation of the county’s first Animal Cruelty Task Force.

Hayden, a dog owner, said the task force will improve the quality of information and methods used among the participating agencies in investigations of crimes against animals.

“Anyone who has ever loved or owned a pet knows the joy and happiness they bring to our lives,” Hayden said. “All these pets ask in return is to be sheltered, fed and cared for when they’re sick or hurt. Sadly, too many animals and pets end up getting hurt through malicious intent or conscious neglect.

“This task force will improve our ability to investigate, charge and prosecute these cases and, hopefully, reduce them.”

The task force will centralize the various agencies involved in animal abuse cases into a group of desig-

nated individuals with animal law knowledge. This streamlined approach will improve information flow, create a more proficient understanding of animal cruelty investigations and prosecutions, and identify necessary legislative improvements to the state’s animal protection laws.

The task force will be chaired by Assistant District Attorney Amelia Singh, chief of the DA’s office in Chelsea District Court, and will include members of the Boston, Chelsea, Winthrop and Revere police departments, the Massachusetts State Police, the Massachusetts Environmental Police, the Animal Rescue League of Boston, the Massachusetts Society for the Prevention of Cruelty to Animals, the Massachusetts Department of Agriculture and the animal control departments in Boston, Chelsea, Winthrop and Revere.

The Massachusetts Society for the Prevention of Cruelty to Animals (MSP-CA) handled 684 investigations involving animal abuse in 2023.

Last year, 17 individuals were charged in Suffolk County with at least



Area police, officials gather for the Suffolk County DA announcement of the creation of the county’s first Animal Cruelty Task Force.

one animal cruelty related offense. Sixteen of the defendants were adults and one was a juvenile.

The owner of a dog training and boarding facility in South Boston was charged last May following an investigation by the Animal Rescue League after three dogs lost significant amounts of weight and/or were injured during their stay at the facility.

A Revere man was charged with assaulting his roommate and killing his dog in August. First responders entering the man’s apartment found a dog covered in blood, suffering from at least five stab wounds.

According to the Domestic Violence Awareness Project, up to 70% of domestic violence victims have pets and of those

with pets, 48% to 71% report that their pets have been abused or killed.

A Boston man was charged after a neighbor noticed a strong odor emanating from his Chelsea apartment. A well-being check led to the discovery

of a feces-covered apartment and a decomposing dog.

In November, a Boston woman was charged after multiple witnesses reported seeing her punch, kick, and strike her dog with a glass bottle in the Boston

Common area.

Animal cruelty cases are increasing in Suffolk County and statewide. According to the Massachusetts Trial Court, animal cruelty cases have increased more than 70% from 2019-2022.

Concerns // CONTINUED FROM PAGE 1

country. Both the Revere and Chelsea city councils have called for meetings with the ambulance companies providing their services to discuss staff shortages and response times.

“We were 10 minutes from the best hospital in the world and we made the decision to transport,” said Wiley on Monday.

Wiley added that any talk about how if an ambulance were available, the outcome might have been different is purely speculative and that there would

likely not have been a different outcome.

Town officials met with Action Ambulance on Monday to discuss the incident and the issues facing emergency services.

Town Manager Tony Marino called for help from the state legislature to help address staffing issues to ensure that all towns receive adequate coverage for emergencies.

“We need to start reaching out to the technical schools, we need to start working on those staffing

shortages, and we need to be able to train the next generation,” said Marino.

The two-year-old was found in the home where former police Lt. James Feeley lived. Feeley is currently facing child rape charges.

The Suffolk County District Attorney’s office stated that the investigation into the death of the two-year-old indicated no signs of foul play or physical trauma. The office was awaiting an autopsy to determine the cause of death.

VALENTINE’S DAY IS JUST A FEW WEEKS AWAY!

Make sure Your business is in our Valentine’s Day Gift Guide — Your Local Resource for Valentine’s shopping Online & In Print

2 columns x 4 inches in Color
\$100.00 Per Paper
Any 3 for \$300.00
SIZED TO SCALE

REVERE JOURNAL • CHELSEA RECORD

EVERETT INDEPENDENT

EAST BOSTON TIMES

WINTHROP SUN-TRANSCRIPT

CHARLESTOWN PATRIOT BRIDGE

RUNNING WEEKS OF FEBRUARY 7TH - 8TH, 2024
CALL OR EMAIL YOUR REP.
781-485-0558

x101 DEB DIGREGORIO - DEB@REVEREJOURNAL.COM
x103 MAUREEN DIBELLA - MDIBELLA@WINTHROPTTRANSCRIPT.COM
x106 SIOUX GEROW - CHARLESTOWNADS@HOTMAIL.COM

DePamphilis says retiring coach Gavin Monagle was a giant in high school football

By Cary Shuman

Joseph DePamphilis graduated from Savio Prep in 2004 as one of the greatest football players in the school's history.

DePamphilis wrote the following tribute to his coach at Savio, Gavin Monagle, who retired from high school coaching on November 27, 2023 following his final season at Masconomet Regional:

"Coach Monagle was a giant in high school football. He was simple and respected by all coaches and players wherever he went. Coach preached mental toughness, determination, and resilience in the will to win. You were not going to give up on him, and he was never going to give up on you.

When I was a freshman, I had a rare opportunity to start on the 2000 Savio Prep football Super Bowl championship team.

We were practicing for the Super Bowl. The start-



Joseph DePamphilis makes a powerful tackle of an East Boston running back in a game during his outstanding athletic career at Savio Prep.

ing defense was facing the second offense. I was playing linebacker. They ran a reverse and I bit on it. The tight end blindsided me, knocking me off

my feet.

Coach Monagle picked me up off the ground and asked me calmly, "What happened there, Joe?" I said, "I bit on the reverse. Alex blocked me. I never saw him."

Coach smirked, dusted me off, turned to the rest of the team and said with great emphasis, "You don't get blocked, Joe!"

And from that point on, it was pretty simple for me. "I don't get blocked. It's not an option."

I believe I went on to have the most tackles in Savio history, and I credit it all to Coach Gavin Monagle and that mentality.

Since that day, Coach Monagle's comment instilled a mentality in me of complete resilience and sheer willpower in whatever I do. It may be old school, but it taught me that by not making excuses for challenging things in life, you can handle adversity with only your

vision of success in mind.

"You just don't get blocked" translated far more into real life than I could have ever imagined and has helped me countless times overcome whatever obstacles were in my path.

"Thank you, Coach."

A Super Bowl champion at Savio and a college star at Endicott

Joseph DePamphilis was a starting linebacker and captain in the Winthrop Youth football program, excelling for coach Anthony "Butch" Martucci during his fifth through grade seasons.

In 2000, DePamphilis opted to attend Dom Savio Prep for his high school career. The success continued as DePamphilis started at tight end and linebacker as a freshman for a Savio Super Bowl championship team that set a state record for most points scored at the time.

DePamphilis improved

his play in each season at Savio and became the school's all-time leading tackler. At Endicott College, DePamphilis was a four-year starter at linebacker and played in two conference championship games. He also excelled academically, maintaining a 3.5 grade point average.

Today Joseph DePamphilis is the president of North Shore Hauling and Junk Removal. The company has earned more than 200 five-star reviews online for providing exceptional customer service and being an environmentally motivated company that repurposes items they hall away.

From excellence in his football career to excellence in his professional career as president of his own company, Joseph DePamphilis is finding that hard work and determination and a belief in one's willpower and drive can translate to success in any endeavor.

\$4M in grants awarded to combat human trafficking and other gender-based offenses

During Human Trafficking Awareness Month, the Healey-Driscoll Administration announced awards through two grant programs that will enhance enforcement and victim services for survivors of human trafficking, domestic and sexual violence, and stalking. The awards were announced today during a meeting of the Governor's Council to Address Sexual Assault and Domestic Violence and Human Trafficking.

Suffolk County received two grants. One grant was for \$98,242 for training and \$146,915 for Prosecution Award.

Grants totaling \$472,428.50 were awarded to six District Attorney's Offices through the FY24 Human Trafficking Enforcement and Training Grant Program. Now in its second year, this state grant program was designed to support prosecutors' efforts to combat human trafficking and enhance their capacity to identify, assist, and provide referral services to those most impacted.

In addition, \$3,311,842.74 in federal funding was awarded to 43 state, local, and non-profit agencies through the FFY23 Violence Against Women Act (VAWA) grant program. Agencies selected through a competitive application process to receive awards in 2022 were invited to apply for continued funding. The recipients are eligible for up to two additional years of funding, which is provided through the Department

of Justice (DOJ) Bureau of Justice Assistance (BJA).

The Office of Grants and Research (OGR) manages and administers both grant programs in Massachusetts. OGR program coordinators will work with grant recipients to provide reporting and programmatic assistance throughout the grant period.

"In recognition of Human Trafficking Awareness Month, we reaffirm our deep commitment to ensuring that every person can live with dignity, respect and free from fear and abuse," said Governor Maura Healey. "This grant funding will support

survivors of domestic and sexual violence, human trafficking, and stalking by investing in programs that promote healing and justice. These grants allow professionals from diverse sectors to provide survivors with access to culturally appropriate and trauma-informed services."

"These grants represent our ongoing commitment to ending exploitation, intimate partner violence, sexual assault, and stalking," said Lt. Governor Kim Driscoll, chair of the Governor's Council to Address Sexual Assault, Domestic Violence and Human Trafficking. "The grant recipients have a

proven record of delivering quality services to prevent, reduce, and address these crimes and to provide victims with the services they need and deserve as they move toward healing."

"Everyone deserves to feel safe. These grant programs support the vital efforts of community service providers to help survivors as they recover and rebuild their lives. This funding also supports law enforcement

and their ability to send a clear message to the perpetrators that they will be held accountable for these heinous crimes," said Secretary of Public Safety and Security Terrence Reidy.

"The VAWA program is a longstanding initiative allowing us to build partnerships with service providers and law enforcement to support effective approaches to reducing sexual assault, domestic violence, stalking, and human trafficking. The

Human Trafficking Enforcement and Training Grant Program is a new, innovative program assisting in investigations, prosecutions, outreach, and delivery of services," said OGR Executive Director Kevin Stanton. "We are committed to working with program partners to strengthen responses to these crimes from courts, law enforcement, and prosecutors while enhancing the services available to survivors."

St. Johns Episcopal Church 222 Bowdoin St. Winthrop

Sweethearts

Valentines Sale

Sat. February 10th
10am-2pm

Cookies * Cakes * Pies * Chocolates
Beautiful Jewelry * Stuffed Animals
Handmade Quilt & Restaurant Raffles
Champagne Gift Baskets and Cards
& Pre-Ordered Lobster Lunches

To Pre-Order your Lobster Lunch call or text the church by Wed. Feb. 7th @ 617-846-2363 & leave a message



My first valentines day is coming and I can't wait to celebrate with the best mommy and daddy ..
Love Julian

Send us your Valentine Lovelines!



Happy Valentine's Day from Jax & Bella

Published February 14 & 15

4 GENERATIONS OF OWNED AND OPERATED BY THE DIGREGORIO FAMILY SINCE 1951

CAR CARE & REPAIR

BROADWAY



MOTOR SERVICE


TOM DIGREGORIO | JOHN DIGREGORIO | PAUL FLORIO

- ✓ Inspection Station
- ✓ Auto Repair
- ✓ Tires

NOW OFFERING CAR DETAILING CALL JOHN

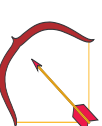
88 BROADWAY, REVERE | (617) 996-8371

ALL VALENTINES WILL BE PUBLISHED IN THE EAST BOSTON TIMES FREE PRESS, REVERE JOURNAL, EVERETT INDEPENDENT, CHELSEA RECORD, WINTHROP SUN TRANSCRIPT, & CHARLESTOWN PATRIOT BRIDGE



DEADLINE: FRIDAY, FEBRUARY 9TH

Email or text to promo@reverejournal.com
(please be sure to include name and newspaper preference in emails)



RESERVE YOUR SPACE NOW!

DON'T WAIT! RESERVE YOUR SPACE NOW AND GET YOUR AD IN THE EYES OF THOUSANDS. CALL 781-485-0588

Sports

WINTHROP GIRLS IN HOOP ACTION AGAINST SAUGUS

After a slow start that saw them fall behind 16-2, the Vikings battled back to take a halftime lead, but ultimately fell to Saugus 47-42 Thursday, January 25. Winthrop bounced right back with a 50-20 win over Salem on Saurday.



SHARPSHOOTER: Kaylee Farrell has a clear shot at the basket from the top of the key.



MY SHOT: Angela Twshowa (25) gets above Saugus defender Devaney Millerick to take a shot.



RESCUE MISSION: Lily Conway reaches out to keep a ball in play at the baseline.



LANE CLOSED: Grace Galuris (44) and Angela Tshowa (25, right) block the lane and thwart a Saugus offensive.

WHS SPORTS ROUNDUP

VIKING BOYS HOCKEY REMAINS UNDEFEATED AND ATOP D-4 POWER RANKINGS

The Winthrop High boys hockey team remained undefeated at 11-0-1 with a 5-1 victory over Northeastern Conference (NEC) South Division rival Beverly Saturday afternoon at Larsen Rink. The win also kept the Vikings atop the Division 4 power rankings, well ahead of their closest competitors in D-4.

Coch Coach Dale Dunbar's squad, which sits in first place in the NEC North with a 5-0-0 mark, got off to a fast start and never looked back. The Vikings grabbed a 2-0 lead in the opening period on goals by Phil Boncore (assisted by Petey Silverman) and Mike Holgersen (assisted by Billy Hayes). Winthrop doubled their advantage in the middle period thanks to another lamplighter from Boncore (assisted by Silverman and Holgersen) and a goal from Luke Gthinji (assisted by Rob Rich). Jackson Andy capped off the night with a power play goal in the third period, assisted by Silverman and Holgersen.

Dunbar and his crew were scheduled to travel to Endicott College last night (Wednesday) for a key battle with NEC North rival Danvers, which presently is in second place in the NEC North and trails Winthrop by two games in

the loss column.

They will return home on Saturday to host Marblehead, another NEC North opponent, at Larsen for a 1:00 opening face-off. They will travel to non-league opponent Essex Tech next Wednesday evening.

GYMNASTS VAULT PAST PEABODY, NOW AT 4-0

The Winthrop High gymnastics team improved its record to 4-0 with a 128.7-89.15 victory over Peabody this past week.

Winthrop started the meet on bars. Sara Jurovich performed well, scoring a 7.0. Captain Shannon Abbott followed with a 6.7. Eighth grader Macy Werstak hit her routine for a fourth place finish at 7.3. Captain Ellie O'Donnell hit her new routine for third place at 7.65. Isabella Rice hit her bar routine with a second place, scoring an 8.0, and sophomore Zoe Rey took top honors, sticking her dismount for a score of 8.2.

The second event, the balance beam, began with a first-time appearance of junior Melissa Cash, who stuck her routine to get the Vikings going with a score of 7.4. Freshman Charlotte Zarba hit her routine for a 7.4. Werstak finished with a 7.7, good for fourth place, O'Donnell scored

See ROUNDUP Page 8

WINTHROP MARKETPLACE

Your Independent Grocer, Where Old Friends Meet And New Ones Are Made

SALE DAYS THURSDAY, FEBRUARY 1ST THROUGH WEDNESDAY FEBRUARY 7TH 2024

Grocery

Great grocery specials

Knorr Rice or Pasta Side Dishes 10/\$10.00

Duncan Hines Brownie Mix..... 2/\$3.00

Duncan Hines Cake Mixes (ex: Signature Varieties) 3/\$4.00

Cap'n Crunch Cereal 2/\$6.00

Hellmann's Mayonnaise 30 oz..... 2/\$11.00

Campbell's Chunky Soups 2/\$5.00

Hunts Snack Pack 4/\$5.00

Hunts Large Size Canned Tomatoes 28 oz. 2/\$4.00

Duncan Hines Frosting 2/\$5.00

Pepperidge Farm Layer Cakes \$3.99

California Kitchen Pizza \$7.99

Philadelphia Cream Cheese Brick Pack 2/\$5.00

Daisy Sour Cream 16 oz..... 2/\$4.00

Stonyfield Yogurt Pouches..... 2/\$3.00

Bakery

Assorted Danish..... \$5.99

Checkerboard Cake \$12.99

8" Lemon Crunch Pie \$5.99

Produce

"New Crop" California Sweet Navel Oranges. \$1.59/lb

Creamy Smooth Avocados..... 2/\$3.00

California Fresh Celery Hearts 2/\$5.00

"Pick your own" Red Potatoes \$0.89/lb

Fresh Summer Squash..... \$1.79/lb

Fresh Zucchini Squash \$1.79/lb

Deli

Krakus Imported Polish Ham..... \$6.99/lb

Best Yet Corned Beef \$7.99/lb

Stella Slicing Provolone \$4.99/lb

Carando Prosciutto \$12.99/lb

Dietz & Watson Oven Roasted Turkey Breast \$9.99/lb

Meat

"Meat Cut Fresh Every Day"

London Broil Steaks..... \$4.99/lb

Boneless Chicken Breast \$2.99/lb

Chicken Leg Quarters..... \$0.89/lb

Daily's Bacon 16 oz..... \$7.99

Barber Chicken Entrees..... 2/\$9.00

Weekend Specials

Friday, Feb. 2nd through Sunday, Feb. 4th

"while supplies last"

BAKERY

Our Own Oatmeal Raisin Cookies 10 pk..... \$2.49

Ciabatta Bread \$2.99

DELI

Land O' Lakes American Cheese \$5.99/lb

Best Yet Roast Beef..... \$8.99/lb

PRODUCE

Fresh Italian Plum Tomatoes \$1.69/lb

Fresh & Tasty Bite Size Grape Tomatoes.. \$2.99

MEAT

Boneless Beef Sirloin Strip Steaks \$8.99/lb

Best Yet Cooked Shrimp 21-25 ct 1 lb bag \$8.99

GROCERY

Hood Ice Cream..... 2/\$7.00 ... limit 4

Dunkin Donuts Bagged Coffee..... \$4.99 . limit 2

35 REVERE ST., WINTHROP • (617) 846-6880

WWW.WINTHROPMTPLACE.COM

New Store Hours starting June 22: Mon-Sat 7:30 am-8pm; Sun: 7:30am-7pm

Not responsible for typographical errors. We have the right to limit quantities.

Round Up // CONTINUED FROM PAGE 7

an 8.0 for third, and the duo Rey and Rice hit their routines for scores of 8.25 and 8.3 respectively for the top two spots.

Sophomore Mackenzie Lynch, who was competing for the first time this season, flew over the table on her first vault and she landed on all fours. “Mackenzie had a little extra adrenaline and went airborne,” said WHS coach Christa Vaccaro. “Luckily she was just a little shaken up, but pulled herself together and performed her handspring perfectly, scoring a 7.8 on her second vault.”

Junior Brooklyn Banfield followed with a 7.9, a mark equaled by Jurovich. Abbott hit her 1/2 twisting-handspring scoring, an 8.0 for third place. O’Donnell. pushing her way through the meet with a lingering sinus infection, hit her new full-twisting handspring with a score of 8.55. Werstak finished in first place with the highest score of the meet, an 8.6.

Entering their last event, the floor exercise, the Vikings held a commanding lead, 96.45-63.65. First up on the floor was Banfield, who was competing for the first time on this event this season and scored a respectable 7.8. Abbott followed with a 7.9. Werstak and Rice tied with an 8.05. O’Donnell hit her routine for 8.3 to take first place.

Rey pulled up lame after landing off-balance in her second tumbling pass and coach Peter Gobiell stopped her routine.

“Zoe is fine, a little sore, but with the hardest meets of the season a few days away, there was no sense pushing things,” said the veteran WHS mentor.

GIRLS HOCKEY TOPS SHAWSHEEN, 6-1

The Winthrop High girls hockey team overcame a slow start in its contest at Shawsheen Tech last Wednesday to skate away with a 6-1 victory over their Northeast Hockey League (NHL) rival.

Shawsheen struck for a goal just 25 seconds after the opening face-off, but the Lady Vikings shook off the early deficit and soon took control of the contest.

“This was a great road win for us,” noted WHS head coach Anthony Martucci. “It did not start out great as only 25 seconds into the game Shawsheen scored and we were down 1-0. It was a strange start. We had pressure in their end, and they kind of threw the puck out, and one of their wingers was able to jump on it and beat our D off the corner. She threw a puck to the net that just kind of snuck through.

“After that though, it was all us, and it started with the relentless attack of freshman Angela Coscia,” continued Martucci. “This was Angie’s best game so far this season. She just seemed like she was on a mission from the drop of the puck and she did not stop until the final buzzer.”

Coscia scored the equalizer to knot matters at 1-1 and Winthrop took off from there. A goal from Izzy Cash made it 2-1 and another from Talia Martucci before the end of the period left the Lady Vikings with a 3-1 cushion.

Winthrop’s offense faced a roadblock in the middle period thanks to a parade of Lady Vikings into the penalty box.

“We felt there were some soft calls, but still we had to kill some penalties to keep our lead,” said Martucci. However, Winthrop overcame those hurdles, scoring two short-handed goals by senior captains Hannah Parker and Sami Dimento, to increase the margin to 5-1 after two periods.

Cash notched her second goal of the game before Shawsheen tacked on a meaningless tally for the 6-2 finale.

“It was a great road win for us, especially having to travel to Bedford for an 8 p.m. game,” observed Martucci. “I thought the team responded well and played hard.

“I have to give extra credit to Angela Coscia and Chloe Couture,” Martucci continued. “Those two played their hearts out in this game and gave us a huge boost. Their speed and tenacity really helped push the pace, and made life difficult for Shawsheen.

“We also got a ‘warriors’ performance’ from our defense,” Martucci added. “There was a little sickness going through the group this past week and everyone was kind of fighting through it, but it seemed to hit our D corps the worst. But Saturday night that group showed a ton of heart by battling through that to help us win. Tegan Periera, Avalina Coffey, Amelia Spencer, captain Adrianna Rizzotto, Izi Hain, and Fran Indresano have been awesome all season, but this was an over-the-top ‘warrior performance’ from them.”

WHS goalie Riley Towse grabbed another win to add to her total of 27 wins in 33 career games.

On another note, Martucci lauded the WHS girls basketball team.

“The Winthrop girls hockey team would also like to acknowledge the hard work and efforts of

the girls basketball team,” said Martucci. “Coach Hatzie’ and his squad are an awesome team. We attended their game against Saugus last week and it was inspiring to see how hard they play. I know that I personally was very impressed with the way they were able to come back from an early deficit and almost pull off a big win. That is a great team to watch because they play with a ton of grit and heart.”

Martucci and his crew will travel to Newburyport on Saturday and return home to entertain Marblehead next Wednesday at 6:10.

WHS GIRLS BASKETBALL DEFEATS SALEM, GLOUCESTER

The Winthrop High girls basketball team turned in what head coach Anthony Hatzisavas termed “a pretty solid week,” winning two of its three contests with Northeastern Conference (NEC) rivals Saugus, Salem, and Gloucester.

Last Thursday’s encounter with Saugus saw the Lady Vikings get off to a slow start in which they trailed 16-2 after the first period.

“Saugus came out hitting some shots early and ours weren’t falling right away,” said Hatzisavas. “We talked after the quarter about picking up the speed on offense and to look inside and that’s what we did.”

The Lady Vikings sliced the Saugus lead to 21-15 at the half and maintained their momentum after the intermission, eventually bringing the contest back to level in the third period, setting the stage for an all-out finish.

“It was a back-and-forth battle against a very good basketball team,” said Hatzisavas. “Their best player made a shot at the buzzer of the shot clock over two of our defenders pretty deep from three to give them a lead in the fourth quarter. We were tied with about three minutes to go, but they made a couple of big shots to seal the win. I was very proud of our team effort and resilience.”

Bailey Ferguson led Winthrop with 11 points. Reese Brodin also reached double figures with 10 points. Kaylee Farrell hit for seven points and Grace Fleuriel had a big impact, pulling down 10 rebounds and chipping in with six points.

Two days later, Winthrop hosted Salem on Saturday morning and cruised to a 50-20 victory in which the Lady Vikings



GOING NOWHERE: Zoey Bogusz (left) defends against Anna Silva.



TAKING IT ON THE CHIN: Bailey Ferguson gets an armful on the chin as she drives toward the basket.



DEFENSIVE FOCUS: Bailey Ferguson (3) is in a defensive zone as she guards Saugus’s Peyton DeBiao (15).

jumped out to a 22-2 lead and never looked back. Fleuriel netted 10 points and grabbed seven boards

in only 15 minutes of action. “Grace is proving to be one of the best players in the league and has really

been stepping up as a leader as well,” noted Hatzisavas.

This past Tuesday the Lady Vikings made the long trek to Gloucester worth the trip, coming home with a 52-36 victory.

“We went on the road to Gloucester and it is never easy getting off the bus when we go there,” said Hatzisavas. “We talked about how they came into our Christmas tournament and stole one against us in overtime. It was a chance to show how much better we have gotten since then and that’s what we did.”

Winthrop jumped out to a 12-4 lead after the first quarter thanks to a strong defensive effort. “Our Intensity and energy were amazing,” said Hatzisavas. “Something that stood out

The Boston Globe

TOP PLACES TO WORK 2023

MASSACHUSETTS

FIND YOUR PLACE AT EBNHC

EAST BOSTON NEIGHBORHOOD HEALTH CENTER

check us out!

San Rocco Society of Boston

SAVE THE DATE

Saturday, March 2, 2024

JOIN US FOR A MASQUERADE BALL TO BENEFIT

Make-A-Wish MASSACHUSETTS AND RHODE ISLAND

WHS SPORTS THROUGH THE YEARS

10 years ago January 30, 2014

The Winthrop High boys hockey team made it six straight victories, and eight in their last nine games, with a pair of convincing wins this past week over Northeastern Conference rivals Saugus and Marblehead, setting the stage for a big showdown with first place Beverly Saturday evening at Larsen Rink. Both triumphs, 5-2 at Saugus last Thursday and 5-1 over Marblehead at Larsen, saw the Vikings get out to early leads and never let up. Freshman Charlie Page and his big brother, senior captain Chris, made it 2-0 before the first period ended. Chris would go on to light the red lamp three more times, twice in the middle stanza and a final tally in the third, to provide the margin of victory. In the contest with Marblehead, Charlie P. notched the first two Viking goals of the night in the first and second periods. Zack Deeb and Goddard assisted on the first marker and Marc Ferullo assisted on the second. Dylan Driscoll then scored a Winthrop goal to make it 3-0 and Chris Page upped the count to 4-0. Altogether, the Page boys scored eight of the 10 Vikings goals in the two contests and assisted on the two others.

The Winthrop High Lady Bulldogs achieved one of the biggest wins in the program's history with a 4-3 triumph over defending Division 1 state champion St. Mary's of Lynn Saturday evening before a packed and raucous crowd at Larsen Rink. Savannah Norcross, assisted by Caroline McKinnon, gave Winthrop a 1-0 lead in the opening two minutes and eighth grader Emma English, assisted by Norcross and McKinnon, lit the lamp on a power play a few minutes after that. McKinnon concluded the Winthrop domination in the first 15 minutes with a beautiful goal to make it 3-0. After St. Mary's cut

the lead to 3-2, Winthrop defenseman Katie Jenner rushed the puck from her own end to the Lady Spartan goal, tipping home her own shot as she skated past the St. Mary's goalie, to provide Winthrop with what would prove to be a key insurance marker.

The Winthrop High girls basketball team won two more contests against NEC rivals Salem and Revere to clinch a spot in the post-season state tourney. In the 60-33 triumph over Salem, Theresa Jones led Winthrop with 15 points with teammates Ashleyne Babb (12 points) and Nikki Tsiotis (10 points) also reaching double figures. Nina Bartlett hit for nine points, followed by Kristin Siscamanis with seven, Jen Adamson with four, and Poli Tsiotis with three. In a 46-33 win over Revere, Siscamanis paced Winthrop with 16 points, followed by Jones with 10, Babb with eight, Nikki T. with five, Poli T. with four, and Adamson with three. The Lady Vikings now stand at a lofty 11-2 on the season.

In both of their victories this year, the Lady Viking indoor track and field team pulled out 44-42 triumphs over Gloucester and Danvers thanks to wins in the last event of the meet, the 4 x 400 relay. However, Winthrop lost the relay in its meet with Swampscott last week to fall short by a score of 44-38. Prior to the relay, the Lady Vikings had captured six of the nine individual events. First place finishers for Winthrop were: Alissa Shea in the high jump with a leap of 4'-0"; Elizabeth Anderson in the shot-put with a toss of 29'-2"; O'Keefe in the 55 meter hurdles with a time of 9.3 seconds; Vaccaro in the 55 dash in 7.6; Holly Benson in the 600 in 1:50.2; and Victoria Helle in the two mile run with a clocking of 13:44.

Marc Bouche captured the high jump event with a leap of 5'-2" for the Winthrop High boys indoor track team in their meet with Swampscott

last Thursday. Marc also took third place in the 55 meter hurdles in a time of 9.7 seconds. Other Vikings who scored points in the meet were: William Holden with a second place in the two mile run in 112:23; Trevor Hether-ton with a second in the 55 meter dash in 7.2; Devin Racow with a third in the 600 in 1:46.43; Joey Bosco in the 1000 in 3:22.5; and Chris Beaudry in the mile in 5:36.6.

The Winthrop High boys basketball team won its third game of the season (with no losses) against fellow Division 4 teams with a 55-47 victory over Innovation Academy. Captain Cody Wasson led the Vikings in the scoring department with 18 points.

20 years ago February 5, 2004

The WHS hockey team completed an undefeated season against Northeastern Conference opponents to claim its first NEC title since 1985. Winthrop finished its NEC/Cape Ann League Tier 1 season with a 9-0-1 record. In a 2-2 tie with Danvers that clinched the crown, Evan O'Brien and Matt Driscoll scored the goals for the Vikings. Winthrop is ranked 18th in the state and No. 1 in Division 2 and stands at 15-1-1 on the season.

The WHS boys basketball team defeated Gloucester, 69-62. Backcourt mates Ryan Maloney with 23 points and Anthony Griffin with 22 points led the Vikings to the win. Josh Asquith scored 11 points and grabbed eight rebounds. Winthrop is now 6-10 overall and 4-10 in the NEC.

Mike Eruzione and four teammates from the 1980 Olympic Gold Medal U.S. hockey team were introduced by Jay Leno on the Tonight Show, where the former teammates were seated in the audience. Eruzione and his former mates were in Los Angeles for the premiere of Miracle, a movie about the 1980 team starring Kurt Russell, who was a guest

on the Tonight Show, as coach Herb Brooks.

Despite fielding a squad of only six athletes, WHS boys indoor track coach Pat McGee said she was proud of her team's performance this season.

Fans of the New England Patriots are celebrating the Pats' Super Bowl win over the Carolina Panthers Sunday, New England's second Super Bowl title in the past three years.

30 years ago February 10, 1994

The WHS basketball team pulled off the upset of the season in the Northeastern Conference with a 75-68 over Lynn Classical, one of the top-ranked teams in the state. Todd Doherty scored 18 points and Scott Sanchez added 17 to pace the Vikings, who now are just two wins away from qualifying for a state tourney berth.

The WHS girls basketball team won its fourth game in a row and clinched a spot in the state tourney with a 53-38 win over Salem. Cheri Lee led the Lady Vikings with 15 points and Katherine Spinney pulled down 15 rebounds and added 11 points.

Ken Timmons, Jason Calla, and Jason Kelly scored the goals for the WHS hockey team in a 3-1 victory over Marblehead. Winthrop is now 8-3-1 on the season.

A 123-118 victory over Salem has given the WHS gymnastics team its best season in years with a 6-2 record. Nicole Indresano took first place in all four events and teammates Elizabeth Lally and Kim Russo finished second in the various events.

Coach Pat McGee's boys indoor track team captured second place among the 18 teams competing at the Class D State Relays held at the B.U. track Saturday. The quartet of Matt Semino, John Mullane, Albie Maggio, and Jeff Kellner won the 4 x 200 event and the foursome of Mullane, Semino,

Kellner, and Jon Wood won the medley relay. The Vikings then concluded their regular season with a 51-35 triumph over Saugus to finish the year at 6-3.

40 years ago February 8, 1984

WHS star halfback Steve Staffier, who led the Vikings to a Super Bowl title, has announced that he has chosen to attend the University of Miami. Boston College also had been in contention to sign Staffier to a football scholarship.

The WHS hockey team extended its unbeaten streak to 11 games with wins of 8-7 over Lynn English and 3-1 over Salem. Steve Staffier, Eric Troisi, and Sal Tiano provided the offensive firepower for the Vikings in the twin wins.

The WHS girls basketball team moved within one game of qualifying for the state tourney with a victory over Lynn Classical. Paula Cavalieri scored 13 points to lead the Lady Vikings.

Sophomore backcourt man Sean Conway scored 17 points for the WHS basketball team in a 57-55 loss to Danvers.

Lady Viking shot-putters Helen Balaouras, Diane Gallo, and Michelle Norris teamed up to capture the shot-put event at the Class C Relays held Saturday at B.U.

50 years ago February 13, 1974

Bobby MacDonald scored a hat trick, Kevin Lydon scored two goals, and Walt Dalton scored one goal to lead the WHS hockey team to a thrilling 6-5 win over Lynn English in a battle between two of the top teams in the league.

The WHS boys basketball team, led by Mike Harrison, who poured in 33 points in one of the finest performances ever by a Viking backcourt man, defeated Swampscott, 74-53. John Lyons also played a key role in the

win with some big baskets and many rebounds. Winthrop needs to win at least one of its final two games to clinch a tie for an NEC title.

The WHS girls basketball team concluded its NEC season with a 41-17 blowout of Marblehead. Marie Usseglio scored 18 points to pace the Lady Vikings. In their final two contests against non-league rivals Saugus and Chelsea that qualified Coach Ron Spinney's squad for the state tourney, Patty Hansen scored 16 points in both games.

60 years ago February 13, 1964

Winthrop's Joe Duplin will compete in the South American Star Class Sailing Championships this week in Caracas, Venezuela.

The WHS basketball team, which has won 13 of the past 20 NEC championships, will have to settle for a second place finish even if they beat Danvers this weekend. Danvers, the newly-crowned champion that clinched the title last week, lost to Winthrop in their first meeting. However, two losses to last-place Woburn doomed the Vikings' hopes for another NEC crown.

70 years ago February 18, 1954

The Winthrop High basketball team saw its hopes for an invitation to the Tech Tourney fade away with a loss to Marblehead. Winthrop played Marblehead evenly through the first three quarters, despite the absence of team captain Dick McKenna, thanks to the fine efforts of Irv Streeter, Jim Evans, Johnny Vasel, Harvey Pastan, Jack MacDonald, and Billy Donahue. However, Winthrop fell short in the fourth quarter when foul trouble sent Vasel and Donahue to the bench.

Round Up // CONTINUED FROM PAGE 8

to me right away was the effort of freshman Angela Tshowa. We had her match up with their best player and she took her out of the game. Angela has been providing us with huge minutes and really boosting us on the defensive end. "Tshowa finished with seven points and 10 rebounds.

"We talked after the first period about how we have to keep this going, one quarter at a time, and that's what we did," Hatzisavas added.

The Lady Vikings extended their advantage to 24-13 at the intermission, and when Gloucester made a run in the third period, Winthrop responded with an 8-0 run to start the fourth and pulled away for the 52-36 win.

Brodin hit for a game-high 14 points and Farrell reached double figures with 13 points, of which 11 came in the first half.

"Kaylee has been playing more on the wing and has been really thriving," noted Hatzisavas.

Fleurriel was another major contributor to the victory, hitting for eight points and grabbing 12 rebounds. "Grace really controlled the game," said Hatzisavas. "Our focus on offense has been to get her

the ball in the middle and then let her read the defense from there, and she has been getting her teammates a ton of open looks.

"Guards Bailey Ferguson, Sophia Lindinger, Zoey Bogusz, and Poli Tsiotos have also been providing us with great minutes and are making a big impact," added Hatzisavas.

The Lady Vikings head to Masconomet tomorrow (Friday) evening and will return home to host Danvers next Tuesday for a 6:00 opening tip.

"I believe we are making strides at the right time of the season," said Hatzisavas of his crew, who presently are ranked 20th in the MIAA Division 4 power rankings. "We are a good basketball team and it is starting to show."

TRACK TEAMS MEET SWAMPSCOTT

The Winthrop High girls and boys indoor track and field teams took on Northeastern Conference rival Swampscott last week.

For the girls, the point-scorers were Mary Healy, who took first place in the high jump with a leap of 4'-2"; April Ferguson, who won the

two-mile event in 14:29.7; Gabriela Currier with a second-place finish in the 50-yard hurdles in a time of 11.0; and Annabelle Giardino, who took second spot in the mile in 7:17.

On the boys' side, the top performers were: Aaron Armistead, who took first place in the 50 yard hurdles with a time of 10.7 seconds and second-place in the high jump with a leap of 5'-0" to finish with eight points on the day; Liam Kenney, who won the 600 dash in a clocking of 1:37.1; Brady Tallent, who finished third in the hurdles with a clocking of 10.8; and Gabriel Perez, who scored a third-place point in the mile in 5:48.

WHS BOYS BASKETBALL DEFEATS GLOUCESTER, HOSTS MASCO TOMORROW

The Winthrop High boys basketball team, which is coming off an exciting 50-46 victory over Gloucester this past Tuesday, will host Northeastern Conference North Division rival Masconomet tomorrow (Friday) evening. The opening tip is set for 7:00.

In the victory over Gloucester, the Vikings turned in what head coach Quinton Dale II termed "a great team performance."

GERRY D'AMBROSIO ATTORNEY AT LAW



IS YOUR ESTATE IN ORDER?
DO YOU HAVE AN UPDATED WILL, HEALTH CARE PROXY, OR POWER OF ATTORNEY?
IF NOT, PLEASE CALL FOR FREE CONSULTATION

781-284-5657

George Galuris led the Vikings with 17 points. Vasili Tsiotis hit for 12 points and had "a great all-around game," said Dale. "We had an outstanding defensive performance from Ace Daignault. Spencer Parco and Alessio Marcoccio had two huge buckets for us in crunch time. Matt Rear-don had a dominant defensive game and hit a clutch three-pointer to give us a two-point lead with 20

seconds left.

"The boys have been finding their groove the last couple of weeks," added Dale. "Last week we lost a close one at Saugus, 64-59, in a great team performance. We just missed a ton of free throws and Saugus hit some tough shots down the stretch."

Dale and his crew will trek to NEC South foe Danvers next Tuesday.

WINTHROP MARKETPLACE

BAKED CHICKEN AND ZUCCHINI

INGREDIENTS:

- 1 large egg
- 1 tablespoon water
- ½ teaspoon salt
- 1/8 teaspoon ground black pepper
- 1 cup dry bread crumbs, divided
- 2 tablespoons olive oil
- 4 skinless, boneless chicken breast halves
- 4 tablespoons olive oil, divided
- 5 zucchinis, sliced
- 1 tablespoon minced garlic
- 4 tomatoes, sliced
- 1 cup shredded mozzarella cheese, divided
- 2 teaspoons chopped fresh basil

DIRECTIONS

1. Preheat the oven to 400 degrees F (205 degrees C). Lightly grease a 9x13-inch baking dish.
2. Beat together egg, water, salt, and pepper in a shallow bowl. Set 2 tablespoons bread crumbs aside; pour remaining bread crumbs into a large resealable plastic bag.
3. Dip chicken in egg mixture, then place in the plastic bag and shake to coat with bread crumbs.
4. Heat 2 tablespoons olive oil in a large skillet over medium heat. Cook coated chicken in hot oil until browned, 2 to 3 minutes per side. Remove chicken from the skillet.
5. Add remaining 2 tablespoons olive oil to the skillet; cook and stir zucchini and garlic over medium heat until zucchini is slightly tender, about 2 minutes. Transfer to the prepared baking dish.
6. Sprinkle 2 tablespoons reserved bread crumbs over zucchini. Top with tomato slices, 2/3 cup mozzarella cheese, and basil. Arrange chicken on top. Cover the baking dish with aluminum foil.
7. Bake in the preheated oven until chicken is no longer pink in the center and juices run clear, about 25 minutes. An instant-read thermometer inserted into the center should read at least 165 degrees F (74 degrees C). Uncover and sprinkle with remaining 1/3 cup mozzarella cheese. Bake until cheese is melted, about 5 minutes.

35 REVERE ST., WINTHROP (617)846-6880

OBITUARIES

Margaret Dimes

Dedicated wife, mother and public servant

Margaret “Marge” Dimes passed away peacefully on January 28 at MGH’s Phillips House Hospice ward. She was 97 years old.

She was a dedicated wife to Richard “Dick” Dimes, her high school sweetheart at Chelsea High School and husband of 73 years. Born Margaret Nolan in Chelsea in 1926, she was one of eleven children, and despite being born in the middle of the pack, she was the last surviving child of the Nolan clan.

She met her husband in high school but made him wait a bit (in her words) before agreeing to date. They married in 1947 and moved to Cambridge where the first two of their children were born.

In the 1950’s, she and Dick moved to Winthrop, first to Point Shirley, where their third child was born, and then to Johnson Ave. Besides raising their children in “The Town by the Sea,” the couple became lifelong public servants of Winthrop. Whereas Dick was involved mainly in town politics, Margaret was involved in various town organizations such as the Winthrop Beautification Committee, Winthrop Historical Society, Dollars for Scholars, and others. Alongside her husband, she was also a town meeting member for many years and a member of the Cottage Park Yacht Club.



If there was one thing that she was probably most known for, it was her baking skills. We called her the “Bakesale Queen,” as she was continuously baking for all sorts of fundraisers, much to the delight of her children (and their friends) who always got a share of the baked delights.

Margaret is survived by her daughter, Deborah and her husband, Frank Traniello of Sarasota, Florida, son, Richard and his wife, Cami of Stanwood, WA and son, Jonathan and wife, Mia Ambata of Baltimore; adored grandmother of Marisa Traniello and her husband, Andrew Goumas, Vanessa Traniello and her husband, Erik Kaminski, Corianda Dimes and wife Mackenzie Johnson, Tyler Dimes, Kimberly and the late Christopher Dimes; great grandmother to Natalie Garner, Westly, Millie, and Sophie Kaminski and Isabella Nolan Goumas.

A public figure in life, Margaret’s wishes were for no public memorial service. In lieu of flowers, donations can be made to The Winthrop Improvement & Historical Association, P.O.Box 520177, 40 Shirley Street, Winthrop, MA 02152.

Funeral arrangements were by the Maurice W. Kirby Funeral Home, 210 Winthrop St., Winthrop. To sign Margaret’s guest-book, please visit: www.mauricekirbyfh.com.

TORF FUNERAL SERVICE

Pre-need planning with our price protection guarantee. Arrangements made at our facility or in the comfort of your own home

4 generations of the Torf Tradition:
Deborah Torf Golden
Amy Torf Golden
Hyman J. Torf (1903-2000)
M.L. Torf (1867-1940)

(617) 889-2900
(800)428-7161

www.torffuneralservice.com

All types of services for all types of people.

Some people prefer traditional funeral services. Others prefer cremation. Some want an elaborate ceremony. Then there are others who don't want any ceremony at all. When it comes to funerals, there are as many options as there are people. And we take pride in being able to say we offer them all.



147 Winthrop Street • Winthrop, Massachusetts 02152

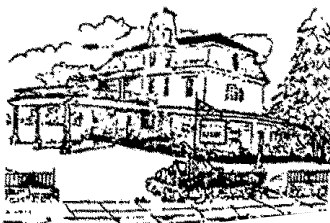
(617) 846-8700

www.CaggianoFuneralHome.com.

www.CremationsbyCaggianoFH.com

IT COSTS NO MORE TO HAVE.....

MAURICE W. KIRBY



FUNERAL HOME, INC.

- COMPARE OUR PRE-ARRANGED FUNERAL PLANS
- SPACIOUS PARKING AREA
- SERVING ALL FAITHS

CALL FOR MORE INFORMATION

(617) 846-0909

210 WINTHROP ST., WINTHROP
WWW.MAURICEKIRBYFH.COM

Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152
Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m.
Website: town.winthrop.ma.us/council-aging
Email: COARception@town.winthrop.ma.us
Phone: 617-846-8538

A full list of the activities, programs, trips, and services offered at the Senior Center can be found in our newsletter, which is available at the Senior Center and on our website.

Monday, February 5

9:00am-3:00pm: Computer Usage
10:00am-11:00am: Yoga with Trish (\$5)
11:00am: Grab and Go Lunch Pick-Up
11:30am-2:30pm: Gane Day/Mahjong
12:30pm-2:30pm: Art Class with Dawn (\$5)

Tuesday, February 6

9:00am-3:00pm: Computer Usage
9:30am-10:30am: Exercise Class (\$1)
11:00am: Grab and Go Lunch Pick-Up

Wednesday, February 7

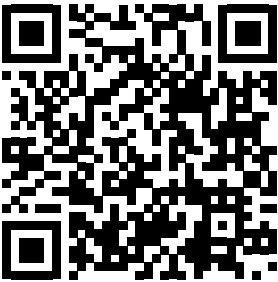
9:00am-3:00pm: Computer Usage
9:30am-10:30am: Yoga with Kathleen (\$5)
10:00am-12:00pm: Bereavement and Caregiver Support Group
10:30am-11:30am: Zumba with Cindy (\$5)
11:00am: Grab and Go Lunch Pick-Up
11:30am-12:30pm: Tai Chi / Qi Gong (\$5)
1:15pm-2:45pm: Italian Class

Thursday, February 8

9:00am-3:00pm: Computer Usage
9:00am-3:00pm: Medical Pedicures
9:30am-10:30am: Exercise Class
10:30am-12:00pm: Red Hatters
12:00pm-12:30pm: Dine In/Grab and Go Lunch Pick Up
12:45pm-3:00pm: Bingo

Friday, February 9

9:00am-12:00pm: Computer Usage
10:00am-11:00pm: Line Dancing (\$5)
11:00am- Grab and Go Lunch Pick-Up
11:00am-12:30pm: Creative Writing Workshop



Visit the Senior Center Online for more information

Senior Lunch Program: The Senior Center offers in-person dining on Thursdays from 12-12:30pm. Grab and Go Lunches are also available for pick up Monday – Friday between 11am and 1pm. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and at the Senior Center. Please note, lunches cannot be held overnight; they must be picked up on the day that they were requested for.

Senior Van. The Senior Van runs Monday - Thursday from 8:45am-3pm. Reservations are on a first come, first served basis, and can be made by calling the Senior Center at least two weekdays prior to the desired date. Rides to medical appointments will be prioritized. A list of destinations and pricing is available on our website and in our newsletter.

DOC announces plan to conclude operations at MCI-Concord this summer

The Massachusetts Department of Correction (DOC) announced its intention to conclude operations at MCI-Concord, a medium-security men’s prison. Amid the state’s lowest prison population in 35 years, the announcement reflects the Department’s ongoing efforts to enhance operational efficiency, advance cost-saving solutions, and deepen investments in programming and services.

The strategic decision to end operations at MCI-Concord and relocate its staff and population is based on a thorough assessment of decreased housing needs and the aging facility’s high maintenance costs. Furthermore, this proposal allows the Department to dispose of the property, making it available for non-correctional purposes and potential redevelopment to the benefit of the surrounding community.

Opened in 1878, MCI-Concord is the oldest men’s correctional facility in Massachusetts. Its aging infrastructure has become too costly to maintain and requires significant investments.

The Healey-Driscoll Administration’s Fiscal Year 2025 (FY25) Budget proposes closing MCI-Concord which will result in substantial savings, including nearly \$16 million in operating costs and negating the need for \$190 million in capital projects for decarboniza-

tion, cooling, and deferred maintenance at the nearly 150-year-old facility.

“During its first year, the Healey-Driscoll Administration has worked closely with the Legislature, community partners, and advocates to invest in justice initiatives that have contributed to the lowest rates of incarceration and recidivism in decades,” said Public Safety and Security Secretary Terrence Reidy. “Strategically consolidating DOC resources makes financial sense and enables the Department to build upon the proven, evidence-based rehabilitative programs that support successful reentry and improve outcomes. I commend Commissioner Mici and her leadership team for their continued commitment to enhancing operations while delivering effective services to those in their care.”

“This proposal underscores the Department’s commitment to responsible stewardship of taxpayer resources while ensuring the fulfillment of our rehabilitative mission,” said DOC Commissioner Carol Mici. “The strategic consolidation of resources eliminates redundancies and empowers us to enhance efficiency and ensure a more effective and impactful correctional system for our incarcerated population, the people who work there, and the community.”

See DOC Page 11

CLASSIFIEDS



Charlestown | Chelsea | East Boston
Everett | Lynn | Revere | Winthrop

FOR SALE

DEADLINES: For classified line ads, deadlines are Mon- day by 4 p.m. Call for our 4 week special! Call 781-485-0588.

SELLING YOUR AUTO?

DEPARTMENT OF ENVIRONMENTAL PROTECTION WATERWAYS REGULATION PROGRAM

Notice of License Application pursuant to M.G.L. Chapter 91 Waterways License Application Number W20-5719

Applicant: Cottage Park Yacht Club
Project Location: 76 Orlando Avenue, Winthrop, Suffolk County

Extended Public Comments Deadline: March 1, 2024

NOTIFICATION DATE: February 1, 2024

Public notice is hereby given of the Waterways Application by Cottage Park Yacht Club, to modify an existing previously authorized marina reconfiguration zone, and install and maintain additional pile-held floats within said zone located at 76 Orlando Avenue, in/on flowed tidelands of Boston Harbor, Winthrop, Suffolk County. The existing licensed recreational boating facility was determined to be a water-dependent use. The Department will consider all written comments on this Waterways Application received by Friday March 1, 2024 (Public Comments Deadline). Failure of any aggrieved person or group of ten (10) citizens or more to submit written comments to the Waterways Regulation Program by the Public Comments Deadline will result in the waiver of any right to an adjudicatory hearing in accordance with 310 CMR 9.13(4)(c). The group of citizens must include no less than five (5) citizens who are residents of the municipality in which the proposed project is located. A public hearing may be held upon request by the municipal official. Additional information regarding this application may be obtained by contacting the Waterways Regulation Program. Project plans and documents for this application are on file for public viewing electronically by request to ivan.morales@mass.gov. If you do not have access to email, please leave a voicemail at (857) 276-3013 and you will be contacted with information on alternative options. It is recommended that documents and correspondence be filed electronically with the email address specified above, when possible, alternatively, comments may be mailed to Ivan Morales at MassDEP Waterways Regulation Program, 100 Cambridge Street, 9th Floor, Boston, MA 02114.

OBITUARIES

All obituaries and death notices will be at a cost of \$150.00 per paper.

Includes photo.No word Limit.

Please send to

obits@reverejournal.com

or call 781-485-0588

FRESH AND LOCAL

Broth to warm and heal

By Penny & Ed Cherubino

The 2023 uproar over some pasta companies discontinuing tiny star-shaped “pastina” was actually about the disappearance of a brothy, healing comfort food— pastina in broth. The Boston Globe called it “Italian penicillin.”

Penny recalls the first time she had it. She was dealing with a head cold while visiting a college friend. As soon as she arrived, the family’s matriarch hustled around in the kitchen and quickly presented her with a steaming bowl of rich chicken broth studded with tiny pasta stars. It was warm and soothing and made her feel better.

Pastina in broth has long been on our menus whenever we feel off or need a quick, soothing meal. Depending on our mood, we may add a little or a lot of grated parmesan to the bowl. Fortunately, some companies still make it, and pastina is not the only tiny pasta. Next

to a jar of Prince pastina, we have alternatives like acini di pepe, orzo, and toasty fregola sarda.

Why Chicken Soup Works

Today, the medical community knows why foods like chicken soup help with respiratory illnesses. In an article for the science website The Conversation, Colby Teeman, Ph.D., assistant professor of dietetics and nutrition at the University of Dayton, discussed several factors.

Chicken is a complete protein to combat infection, and vegetables provide vitamins, minerals, and antioxidants. Adding pasta or rice provides the carbohydrates you need to recover. The water and electrolytes help with rehydration.

Chicken soup is also rich in umami, which can increase your appetite when you may not feel like eating. He adds, “Umami may also improve nutrient digestion which can reduce gastro-

intestinal symptoms.” Finally, sipping and inhaling warm broth vapor can do a good job of loosening mucus.

Teeman included a precaution that not all chicken soups are the same. He highly recommended homemade or at least one that is not ultra-processed and lacking in those essential nutritional factors that you would get from a minimally processed version.

Those who don’t eat meat can gain many of the same benefits from a rich mushroom broth filled with hearty vegetables and noodles.

World Broth Tour

We searched for dietary remedies from other cultures and found many broth-based ones. If you’re not up to making soup, you can find many options at local restaurants. Our first choice would be Vietnamese Pho. If you order this to go, you’ll receive a container of broth with the noodles, toppings, and seasonings



A steaming bowl of Vietnamese Beef Pho is the perfect take-out meal to bring to a sick friend. (Photo: Getty Images)

in separate containers. You can create your bowl of soup precisely the way you want. If you’d like a hit of sriracha to clear your head, add it. If you’re looking for simple soup, build it your way.

If you’re from Thailand, you might crave the hot and sour ingredients that balance out a spicy Tom Yum soup. Koreans agree! Their Dak Gomtang soup can be served unseasoned or with a big dollop of a

spicy paste or kimchi.

Ramen or Miso soup are Japanese options, and you could enjoy a Chinese wonton or egg drop soup. Greek Avgolemono adds lemon and eggs to their comforting chicken soup.

The Irish and British have always depended on “Beef Tea,” a rich beef stock, to heal what ails them. These were once prepared in UK hospital kitchens and prescribed for digestive problems, fe-

ver, or weakness.

Consider brothy soups or plain broth when the doctor says to drink plenty of fluids. The more you add to it, the more nutrition you’ll have for that important job of healing or just feeling better.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

Raqib Shaw’s work on display at Isabella Stewart Gardner Museum

Fantastical paintings encompassing an eclectic fusion of the natural world, global artistic influences and memory are the core of Raqib Shaw: Ballads of East and West, on view at the Isabella Stewart Gardner Museum from February 15 – May 12, 2024. The exhibition features the puzzle-like paintings of London-based Kashmiri artist, Raqib Shaw, who blends Eastern and Western cultures to conjure a paradise in the wake of violence and displacement. To create his intricate compositions – populated with vibrant flowers, hybrid beasts and snow-capped mountains – Shaw uses porcupine quills and fine needles to manipulate glossy enamel and metallic paint outlined in embossed gold, usually onto birch wood panels. Shaw incorporates a range

of literary, art historical, and spiritual references in his work.

“Raqib Shaw’s love of Asian art and European Old Masters, his fascination with textiles and patterning, his interest in horticulture and natural detail, even his profound relationship to his dog, all find a kinship in Isabella Stewart Gardner’s life and passions. It is thrilling to show Raqib’s work in the context of the Gardner Museum and to discover the utopias and dystopias that he so artfully envisions. Every visitor will find their own personal meaning in his work, just as they do in the Museum’s wide-ranging collection,” says Peggy Fogelman, Norma Jean Calderwood Director of the Gardner Museum.

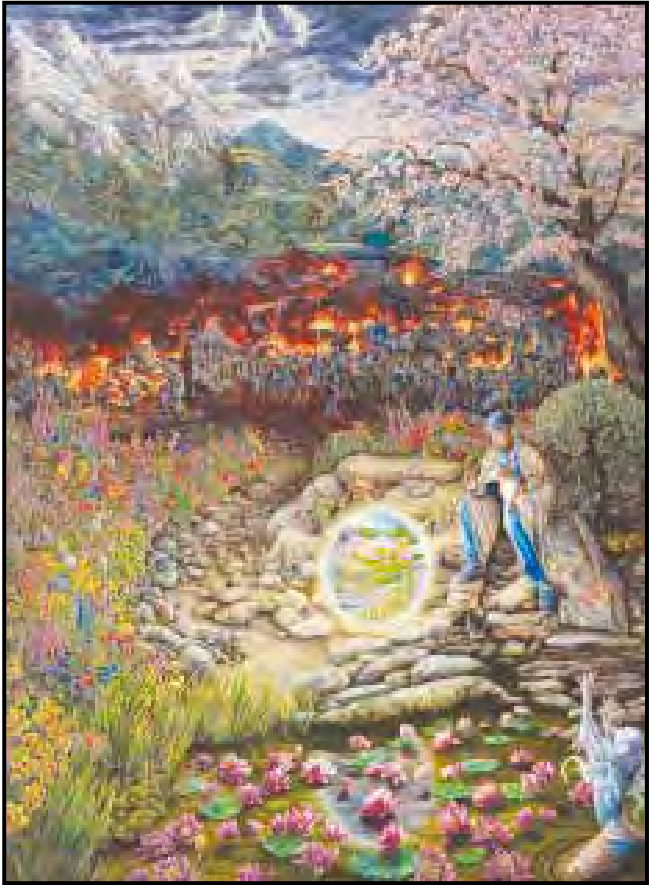
Raqib Shaw was born in Calcutta (now Kolkata),

India, in 1974, and grew up in the valley of Kashmir, surrounded by gardens, lakes and the Himalayan mountains – a place that he remembers as paradise on earth. Due to growing religious tensions and violent insurgencies, Shaw’s family relocated to New Delhi in 1992, before moving to London in 1997. Shaw’s paintings are deeply self-reflective, filled with associations to the beauty and trauma of his childhood.

Raqib Shaw: Ballads of East and West brings together more than twenty works from private and museum collections worldwide. The exhibition was co-organized by the Isabella Stewart Gardner Museum and the Frist Art Museum in Nashville, TN, and co-curated with Dr. Zehra Jumabhoy. The Gardner Museum is the

second stop for the exhibition, following the Frist Art Museum (where it was on view September 15 – December 31). The exhibition will travel from Boston to the Museum of Fine Arts, Houston in Texas (June 9 – September 2, 2024) and The Huntington Library, Art Museum and Botanical Gardens in San Marino, California (November 16, 2024 – March 3, 2025).

For the Gardner presentation, Shaw’s works unfold across the entire Museum –predominantly in the Hostetter Gallery (second floor of the new building), but also in the Fenway Gallery (first floor of the palace), which will focus on the artist’s process. A new work, commissioned by the Gardner, will be on view on the new building’s façade.



COURTESY PHOTO

One of Raqib Shaw paintings on display.

Protecting individuals with dementia from wandering during the winter

To help families protect their loved ones with dementia from the potential dangers of wandering in cold winter areas, where frigid temperatures, snow, and ice create additional safety risks, the Alzheimer’s Foundation of America (AFA) is providing four tips dementia family caregivers can use to reduce the chances of wandering and be pre-

pared to quickly respond to an emergency.

Wandering is a common and potentially dangerous behavior in individuals with dementia. Once the individual shows signs of wandering, they are at high-risk of wandering away or becoming lost. They can become disoriented, unable to remember how to get back home, or know how, or who, to call

for help. They could leave the home without dressing appropriately.

“Wandering or getting lost can occur at any stage of Alzheimer’s disease. So there are serious risk factors that dementia family caregivers need to be mindful of, especially now in cold, windier weather areas,” said Jennifer Reeder, LCSW, AFA’s Director of Educational

and Social Services. “The disease can cause disorientation and confusion, which can lead to the person getting when they may be in search of something or someone or attempting to escape excessive stimuli. Taking steps to address the reasons why someone may leave their environment, while also having an emergency plan ready, are two major ways family caregivers can protect their loved one’s wellbeing during the winter and throughout the year.”

AFA offers these four tips to help families protect their loved ones with dementia:

Understand the causes of wandering. Walking outdoors can bring a feeling of purposefulness and pleasure to someone living with dementia, especially if they have lived an active lifestyle and enjoyed the outdoors before the onset of dementia. Identify consistent and sustainable ways to support these experiences in a safe environment, such as creating walking paths around the home with visual cue; engaging the person in simple tasks; and providing stimulating and enjoyable activities (i.e., exercise, music, crafts).

Wandering can also be

a response to excessive stimuli, triggered by the need to get away from noises and people, or an expression of an unmet need (i.e., hunger, thirst, a need to use the bathroom). Ensuring basic needs are met can reduce the chances of wandering.

Safeguard the home. Facilitate safe movement by avoiding clutter and eliminating tripping hazards. Be mindful of how objects like car keys, jackets, and purses might motivate the person to leave suddenly. Install electronic chimes or doorbells on doors so someone is alerted if the individual tries to exit. Consider utilizing a smart doorbell with an app that can notify you when someone is entering or exiting the home.

Be aware of your loved one’s patterns. Know what times of the day may be more activating than others and provide activities during those periods. Encourage healthy sleep habits to reduce the chances the person might leave in the middle of the night. If your loved one does wander, keep a record of their patterns (frequency, duration, time of day, etc.) to help guide you in the future.

Develop a safety plan.

Keep a list of places the person may go (i.e., previous home or place of employment, favorite spots around town), a recent close-up photo, and medical information readily accessible to give to first responders if needed. Maintain a list of people to contact if the person goes missing and ask neighbors to call you if they see the person out alone. See if your community has a safety program for families affected by dementia, such as Project Lifesaver. These programs allow you to voluntarily enroll your loved one to receive locating technology. First responders can then activate the technology if the person goes missing. When possible, encourage and incorporate input from the person when developing the plan.

AFA’s Helpline, staffed entirely by licensed social workers who are specifically trained in dementia care, can provide additional information about wandering prevention tips. The Helpline is available seven days a week by phone (866-232-8484), text message (646-586-5283), and web chat (www.alzfdn.org).

HOME SERVICES
2023

Now is the time to get your service in the eyes of thousands of readers in Print & Online

GET 6 MONTHS OF EYES ON YOUR AD ONLY \$175*

CHOOSE FROM 5 COMMUNITIES TO ADVERTISE IN!

2.19-BY-1-INCHES BLACK-AND-WHITE

Buy 4, Get the 5th Free!

REVERE JOURNAL
Everett Independent
CHELSEA RECORD

East Boston
WINTHROP

Call (781) 485-0588 or email your advertising rep to get started