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WINTHROP SUN TRANSCRIPT

EST. IN 1882 — 50 CENTS

THURSDAY, September 28, 2023

INDEX

Police	2
Through The Years	4
Editorials	4
Obituaries	7
Sports	9
Business Directory	14

INDEPENDENT Newspaper Group

NEWS *Briefs*

HEALTH DEPT. HOSTING OVERDOSE AWARENESS VIGIL

Health Director Meredith Hurley announces that the Winthrop Health Department will be hosting an Overdose Awareness Vigil next week to mark the conclusion of National Recovery Month.

On Thursday, Sept. 28, from 6-8:30 p.m., community members are invited to join Winthrop Public Health and Clinical Services in an evening of remembrance for those lost to addiction. The event will also highlight the opportunities and resources available to support addiction recovery.

The event will begin at Winthrop Town Hall and will feature a candlelight procession honoring those whose lives were cut short due to addiction and overdoses. The procession will march from Town Hall, past the police and fire stations, and will conclude at French Square.

A small number of speakers will present, and organizations supporting recovery efforts will be available to provide information and support for those interested in learning more.

"I look forward to seeing our community come together to acknowledge

See NEWS BRIEF Page 3

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ST. MICHAEL THE ARCHANGEL PARISH PICNIC

Shown above, parishioners enjoying the bouncy house during St. Michael the Archangel's Parish Picnic on Sept. 24.

Shown to the right, John, Sele, Ethan, and Mia Hios.

Shown below, Youth and Family Minister Michelle Benne, Father Chris O'Connor, and Father Pat O'Connor. See more photos on Page 8.

Building committee discusses conceptual plans for police station upgrade

By Adam Swift

Architects from Kaestle Boos discussed conceptual plans for the second phase of a public safety building project at a public hearing held by the Fire House Building Committee on Monday night.

Voters will be asked to approve a debt exclusion for the first phase of the project, a new fire station on Winthrop Street next to the existing police station, on Nov. 7.

If that vote is successful, the town could consider moving forward with the second phase of a public safety project several years down the line. That project would include the major renovation of the existing police station, which would include a bridge connecting the new fire station to the police station.

The renovated police station would include a new second floor as well as an outside addition, as well as a major overhaul of the existing property.

The police department would have to relocate during the renovation/construction project, according to Larry Trim of Kaestle Boos.

Once completed, the newly redone police station would be about 33,000 square feet, or about the same size as the proposed new fire station, according to Trim. There would also be parking included, most likely for staff, underneath the building, according to Trim.

Trim noted that any design plans for the updated police station are in the very preliminary stages.

"There is plenty of time to decide the final configuration of the police department," said Trim.

Trim said the current plans show an expanded detention and sallyport area on the lower level, along with a slightly expanded firing range. There would be public access and meeting rooms on the main floor, and the second floor would likely contain administrative space, as well as facilities for the patrol division.

None of the potential plans for the second phase of the project would affect the proposed cost or plans for the new fire station, Trim said. However, he said the new fire station would be constructed so that it could easily connect to an updated police station.

In addition to discussing the police station plans, Trim said his firm met recently with the police and fire chiefs and made some adjustments to the plans for the new fire station.

Those changes include raising the height of the second floor to be able to put the dormitories for firefighters over the apparatus bay and on the same level as the command staff. Trim said this also would open up more space

See POLICE STATION Page 2

Council to take up RFI proposal for middle school site

By Adam Swift

The Town Council is expected to continue a conversation on issuing a Request for Information (RFI) for a proposed public-private partnership to build a sports complex at the Winthrop Middle School site at its next meeting on Tuesday, Oct. 3.

Several councilors and residents at last week's meeting praised Council President Jim Letterie's efforts in bringing the proposal for the long vacant old middle school site forward, but said they would like to see the town cast a wider net with an RFI.

Letterie said he and Town Manager Tony Marino had worked on a 27 page Request for Proposals (RFP) for the project, as well as an RFI. He said he was asking that the RFI be kept on the agenda for a future meeting to give his fellow councilors more time to review it.

"The RFI is what we would really like to do first, which is a request for information," said Letterie. "It would be a way that we will get input from companies to see if they have an interest in doing something like this."

If the RFI showed there was sufficient interest, then the town could issue a RFP for the project, said Letterie.

"I do like generally the idea of an RFI as a first step much better than just going into an RFP for any complicated project," said Precinct 5 Councilor Jo-

See MIDDLE SCHOOL Page 5

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WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

MONDAY, SEPT. 11

0906: An officer stopped a motor vehicle at River Rd. and Cross St. for a stop sign violation and arrested the operator, Juan Carlos Gaviria Lopez, 45, of 12 Nevada St., on an outstanding warrant and for the criminal offenses of operating a motor vehicle with a suspended license and operating an uninsured motor vehicle. He also was cited for the civil infractions of the stop sign violation and operating an unregistered motor vehicle.

1018: A Winthrop St. resident reported that her motor vehicle had been struck and damaged by a hit-and-run operator during the night. The officer filed a report and the victim said she will check with neighbors to see if their cameras caught the accident.

1045: A Waldemar Ave. resident reported the theft of a package from her porch. The officer filed a report.

1218: A Read St. resident came into the station to report the theft of cash. The officer filed a report.

1546: An officer ordered a motor vehicle parked on Maryland Ave. with a registration revoked for insurance cancellation to be towed. The officer filed a report.

TUESDAY, SEPT. 12

0900: An officer responded to a report of a person causing a disturbance on Walden St. The officer restored the peace.

1248: An officer responded to a report of the erratic operation of a motor vehicle at Shirley and Sturgis Sts. The officer stopped the vehicle, which was being operated at a high rate of speed, at Yirrell Beach. The officer arrested the operator, Brian Richard Berglund, 56, of 876 Shirley St., for the criminal offenses of operating a motor vehicle while under the influence of liquor and operating a motor vehicle recklessly so as to endanger.

1326: A resident came into the station to report a fraudulent wire transfer from her bank account. The officer filed a report.

1608: A person came into the station and turned himself in on an outstanding warrant.

1726: A caller reported finding a hypodermic syringe on the beach on Pt. Shirley between Otis and Andrew Sts. An officer retrieved the needle and brought it back to the station for proper disposal.

WEDNESDAY, SEPT. 13

0110: A caller reported that a hit-and-run operator struck his friend, who was on a scooter on Winthrop St. at Magee's Corner. The victim was transported to the MGH in critical condition. The officers will be checking the cameras at Magee's Corner. The officer filed a report.

0900: An officer stopped a motor vehicle on Upland Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

0930: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

0947: An officer stopped a motor vehicle on Crest Ave. for a civil moving infraction. The officer issued a citation to the operator.

1009: The Animal Control Officer responded to a report of an injured raccoon at Marshall St. and Girdlestone Rd.

1031: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1043: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1119: An officer stopped a motor vehicle on Pauline St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1128: An officer stopped a motor vehicle on Pauline St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1141: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

THURSDAY, SEPT. 7

0651: An officer stopped a motor vehicle on Main St. for the civil moving infraction of a red light violation. The officer issued a citation to the operator.

0819: An officer stopped a motor vehicle on Cross St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

0820: An officer moved along two vehicles that were parked on the Belle Isle Bridge, where parking is not permitted.

0823: A report of a large, fallen tree branch blocking Court Rd. was referred to the DPW.

0825: An officer stopped a motor vehicle at Revere St. and Crest Ave. for the civil moving infraction of a marked lanes violation. The officer issued a citation to the operator.

1343: An officer stopped a motor vehicle on Cutler St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1350: An officer stopped a motor vehicle on Cutler St. for the civil moving infraction of a number plate violation. In addition, the operator did not have the vehicle's registration in his possession.The officer issued a citation to the operator for both infractions.

1400: An officer stopped a motor vehicle on Ocean View St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1404: An officer stopped a motor vehicle on Cutler St. for the civil moving infraction of a stop sign violation. The operator also did not have his license in his possession. The officer issued a citation to the operator for both infractions.

1428: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1443: A person directed the owner of a motor vehicle partially blocking a driveway on Almont St. to move the vehicle.

1449: A person came into the station to report the theft of a registration plate from her motor vehicle on Pleasant St. The officer filed a report.

1520: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1544: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident on Waldemar Ave.

1618: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1719: An officer stopped a motor vehicle on Main St. for the civil moving infraction of a red light violation. The officer gave a verbal warning to the operator.

1757: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of an equipment violation. The officer gave a verbal warning to the operator.

1829: An officer stopped a motor vehicle on Main St. for the civil moving infraction of a red light violation. The officer gave a verbal warning to the operator.

2146: Officers responded to a report of an assault and battery between juveniles at the basketball court on Walden St. A female was transported to the MGH with her mother.

2206: An officer stopped a motor vehicle at Revere and Argyle Sts. for the civil moving infraction of a red light violation. The officer gave a verbal warning to the operator.

2317: An officer stopped a motor vehicle on Main St. for the civil moving infraction of a red light violation. The officer issued a citation to the operator.

2342: An officer stopped a motor vehicle on Pleasant St. at Edgehill Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

2354: An officer stopped a motor vehicle on Pleasant St. at Buchanan St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

FRIDAY, SEPT. 8

1134: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1155: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1243: An officer stopped a motor vehicle on Washington Ave. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1248: An officer stopped a motor vehicle on Washington Ave. for a civil moving infraction. The officer gave a verbal warning to the operator.

1326: An officer stopped a motor vehicle on Washington Ave. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1350: An officer stopped a motor vehicle on Washington Ave. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1357: An officer stopped a motor vehicle on Washington Ave. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1436: An officer stopped a motor vehicle at Main and Paine Sts. for a civil moving infraction. The officer gave a verbal warning to the operator.

1459: An officer stopped a motor vehicle on Shirley St. for a civil moving infraction. The officer gave a verbal warning to the operator.

1503: An officer stopped a motor vehicle at Tafts and Maryland Aves. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

1529: An officer stopped a motor vehicle at Wilshire and Main Sts.. for a civil moving infraction. The officer gave a verbal warning to the operator.

1536: An officer directed a motor vehicle operator not to park in the handicapped spot at the Cummings School.

2123: An officer stopped a motor vehicle at Washington and Bates Aves. for the civil moving infractions of improper equipment (red lights) and a marked lanes violation. The officer gave a verbal warning to the operator.

2146: An officer directed a noisy group of teens on River Rd. to end it for the night.

SATURDAY, SEPT. 16

1104: An officer moved a large tree branch that had fallen in the roadway on Hermon St. onto the sidewalk and notified the DPW.

1335: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident at Beacon and Shirley Sts.

1407: An officer dispersed a group of youngsters who were jumping off the bridge at Belle Isle.

1629: An officer directed the operators of two motor vehicles who were parked illegally at Beacon Circle to move their vehicles.

1632: An officer stopped a motor while on Shore Drive with a registration revoked for insurance cancellation and directd the operator to park the vehicle on private property until the insurance is reinstated.

1720: A report of a large tree branch down on Court Rd. was referred to the DPW.

2111: An officer stopped a motor vehicle on Hermon St. for the civil moving infraction of defective equipment (tail lights not working). The officer gave a verbal warning to the operator.

2246: An officer issued a parking ticket to a motor vehicle partially blocking a driveway on Hutchinson St.

SUNDAY, SEPT. 17

0017: An officer directed a person playing music loudly in his garage on Pleasant Park Rd. to turn it off for the night.

0805: An officer ordered a tow for a motor vehicle parked on the wrong side of the street on Bowdoin St.

1119: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident on Main St.

1306: An officer stopped a motor vehicle at Pleasant St. and Bartlett Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1328: An officer stopped a motor vehicle at Pleasant and Winthrop Sts. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1342: An officer stopped a motor vehicle at Shore Drive and Dolphin Ave. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1416: An officer stopped a motor vehicle at Veterans Rd. and Cutler St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1435: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1445: An officer stopped a motor vehicle on Beacon St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1949: An officer directed a person playing loud music in the parking lot on George St. to turn it down.

2010: An officer issued a parking ticket to a vehicle parked on the wrong side of the street on Quincy Ave.

MONDAY, SEPT. 18

0611: An officer ordered a tow for a motor vehicle blocking a driveway on Tileston Rd.

0624: A Tileston Rd. resident reported that both of his vehicles had been broken into overnight and a $100 gift card was stolen.

0647: Another Tileston Rd. resident reported that his motor vehicle had been broken into overnight and a $15 gift card was taken.

Police Station //

CONTINUED FROM PAGE 1

in the administrative wing so the town's health department could have more space on an upper level of the building.

"I think it's really important to conceptually take a look at this to give people an idea of where we are going and where we are looking in the future," said Town Council President Jim Letterie. "It also gave us an opportunity to make a few adjustments on the fire side."

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News Briefs // CONTINUED FROM PAGE 1

the pain and loss caused by the opioid epidemic," Hurley said. "Just as importantly, this night will be a critical opportunity to share the resources available to support those battling addiction in their recovery."

To mark the event, Town Hall's windows will be lit with purple lanterns, and the EB Newton Building's lawn will be adorned with 113 purple flags to represent the Winthrop residents who lost their lives to opioids since the introduction of Oxycontin in 1996.

For more details, visit winthropclear.com.

MASSDOT TO EVALUATE OPTIONS FOR EVENTUAL REPLACEMENT OF TOBIN BRIDGE

The Massachusetts Department of Transportation (MassDOT) announced that it has released a Request for Proposals (RFP) to procure a transportation planning and engineering consultant team to develop and evaluate options for the eventual replacement of the Maurice J. Tobin Bridge.

The Tobin Bridge carries Route 1 over the Mystic River, directly connects Boston and Chelsea, and provides connectivity to the regional transportation network. With Annual Average Daily Traffic across the bridge at approximately 87,000 vehicles, (as of September 2023), the Route 1 corridor is regularly congested in the peak hours and operates at or near capacity. The RFP will procure a team to assist MassDOT's Office of Transportation Planning with a study to best position MassDOT in the project development process once the determination is made for the Tobin Bridge to be replaced.

"The time is now to start taking the steps needed with planning and engineering decisions about the future of the Tobin Bridge," said Acting Transportation Secretary and CEO Monica Tibbits-Nutt. "Before the Tobin Bridge reaches the end of its useful life, we're initiating a long-term strategic planning study to guide us on what type of facility should be built to replace it. This will also allow us to address any other deficiencies, and to think about opportunities we may have to improve future transit priority and multimodal travel over the Mystic River."

"This study is an investment in our future as it will not only prepare us to replace the Tobin Bridge but to also modernize the connection with a deep focus on climate resiliency and how to incorporate multimodal transportation options," said Highway Administrator Jonathan Gulliver.

Environmental review within the study's scope of work, will encompass, but will not be limited to, impacts on ecosystems/habitats, overall environment, including air quality and greenhouse gas impacts, environmental justice areas, navigable waterways, and designated Port Areas and Chapter 91 boundaries. In accordance with evaluating these impacts, this study will examine greenhouse gas emissions, flooding, urban heat islands, and climate change mitigation measures and metrics.

Given the number and variety of stakeholders in the Tobin Bridge area, the study's scope of work proposes a robust public engagement process. This will include, but not be limited to, the formation of a Working Group that will invite key stakeholders to participate, such as the City of Chelsea, the City of Boston, Massport, U.S. Army Corps of Engineers, U.S. Coast Guard, advocacy groups and community organizations. Public engagement will include in-person public meetings, stakeholder meetings, briefings, a study website, and outreach workshops. The Working Group will work with the selected consultant team at the outset of the study process to develop an appropriate public involvement plan with a focus on equity, multi-modal travel, community impacts, and socioeconomic factors.

The Tobin Bridge is currently maintained in a "State of Good Repair," with preventative measures and maintenance projects programmed annually to ensure safe operating conditions. On Wednesday, September 20, members of the MassDOT Board of Directors approved a contract for approximately $128 million for Tobin Bridge repairs while the bridge's replacement is being evaluated. The scope of work includes:

- Cleaning existing steel and removing old paint on the Chelsea approach lower level mainline (northbound), Beacon Street ramp, upper level mainline (southbound) and Everett Avenue ramp.
- Performing repairs to the existing Chelsea approach steel superstructure elements, and safety walk elements at the lower level mainline, Beacon Street ramp, upper level mainline and Everett Avenue ramp.
- Upon completion of steel repairs, painting the existing steel.
- Performing repairs to substructure elements.
- Repairs to concrete substructure elements.

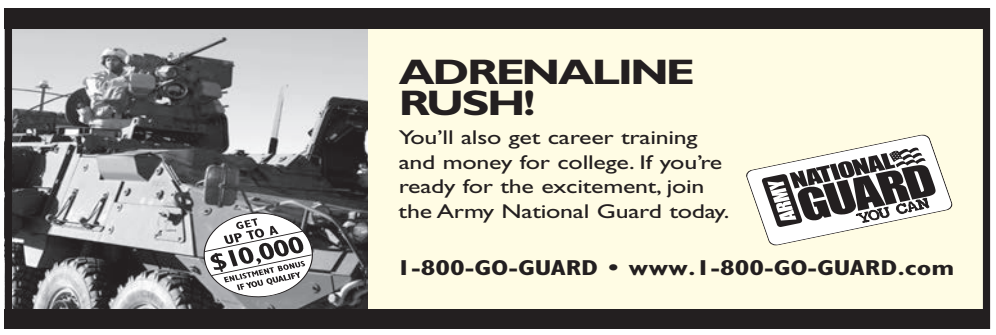
Construction for the Tobin Bridge's immediate maintenance repairs will be conducted in ways that minimize impacts on the local neighborhoods and to the traveling public. No permanent lane closures on the bridge are anticipated during construction and no impacts are expected to adjacent roadways.

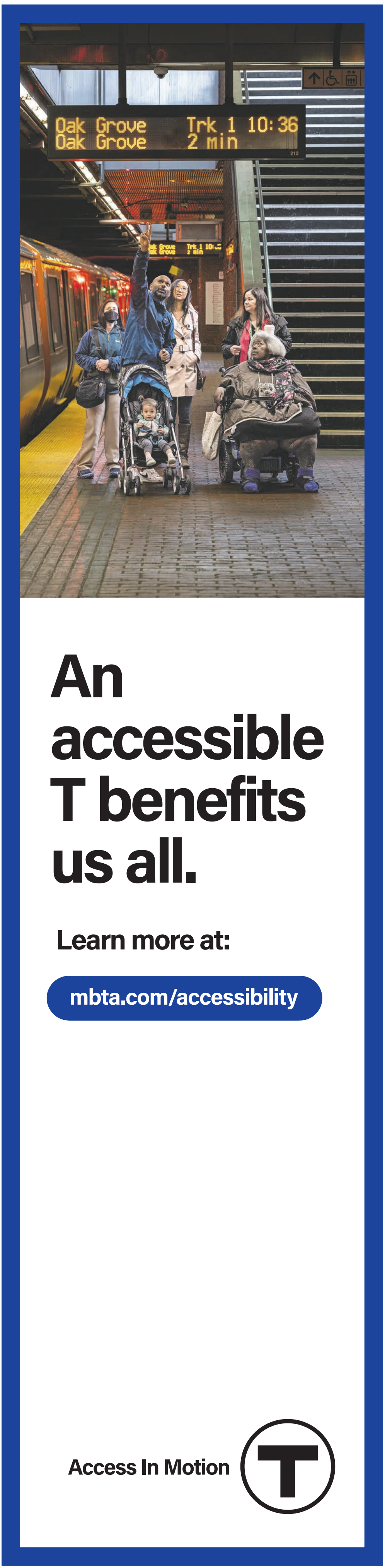
Previously, in 2019, MassDOT launched the Tobin Bridge/Chelsea Curves Rehabilitation Project.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE

There are no real estate transfers in the Town of Winthrop for this week





Winthrop Sun Transcript

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Forum

OUR *Opinions*

ANARCHY IN CONGRESS

Imagine if a foreign government or some terrorist group were to hack into the U.S. government's computers and bring all of its operations to a halt. Everyone in the country would be outraged.

That is the scenario we are facing this week -- except that the "hack" that is threatening to shut down our government is not originating from some outside source, but rather is coming from an anarchist group of about 15 Republican members of Congress who are refusing to approve a budget by the October 1 deadline.

There have been government shutdowns in the past, most memorably those engineered by Republican Speakers of the House (Newt Gingrich and John Boehner), but those had clear lines of demarcation about competing visions of federal spending between the Republicans and the Democratic presidents (Clinton and Obama) at the time.

But the small group of Republicans who want to shut down the government today not only lack the support of the Republican leadership and their colleagues, but they also do not have any identifiable objectives.

A lot of the blame for this debacle lies with Republican House Speaker Kevin McCarthy, who had worked out a deal with President Biden and the Democrats in June regarding the debt ceiling that also encompassed the budget for the coming fiscal year.

However, McCarthy is being held hostage by these renegade members of his own party because of their threat to remove him from the speakership if he brings the budget to the floor for a vote -- and thus far, McCarthy has placed his political survival over keeping the government open.

About the only defense for McCarthy's fecklessness is that he himself recognizes that trying to reach an agreement with this group is a fruitless task: "This is a whole new concept of individuals that just want to burn the whole place down," McCarthy said last week.

The bottom line is that every American, thanks to the inept Republican leadership, is subject to the whims of a group of about 15 Republican members of Congress whose only real goal can best be described as a desire to bring about total chaos and anarchy to every corner of our country.

CAN NUCLEAR POWER SAVE THE PLANET?

As it becomes increasingly clear that renewable sources of energy -- wind, solar, hydropower, and hydrogen fuel cells -- are not going to become available on a large scale anytime soon, the only real hope for the U.S. both to reduce its use of fossil fuels and to provide a dependable source of power for the nation's electrical grid is nuclear energy.

Nuclear energy has had a bad rap for almost 50 years in this country thanks to the infamous Three Mile Island debacle in the late 1970s and then the Chernobyl disaster a decade later. But today's nuclear power ain't your grandparents'.

Future nuclear power generation would be provided by what are known as advanced Small Modular Reactors (SMRs). The U.S. government is providing incentives (through the Inflation Reduction Act) to develop these SMRs as safe and affordable nuclear power options for our grid.

We would note that almost 20 percent of our nation's power supply today comes from nuclear plants (in France, 68 percent of its power comes from nuclear plants). With energy demands increasing across the country for the foreseeable future -- electric vehicles for example, still need to use the grid to "fill up" -- the new nuclear power looms as the most obvious choice to remove fossil-burning fuels from our energy supply.

Independent Newspaper Group

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LETTERS *to the Editor*

SUPPORTS SACCO FOR COUNCILOR

Dear Editor

As the election season is upon us and in full swing, I wanted to inform the residents of the Town of Winthrop that the Republican Party is making great progress.

Our Republican Town Council President James Letterie is unopposed for re-election in November. We have Republican Gus Martucci on the School Committee who was a strong voice of reason during the Covid-19 pandemic. We also have a number of conservative concerned citizens that serve on various boards and committees. The Winthrop Councilor-at-Large race will be the highest draw this election season. I am proudly supporting my longtime friend Todd Sacco who has been a strong independent voice for many years.

The Winthrop Republican Party welcomes newcomer Max Tassinari who has been active in Republican politics for many years. Max Tassinari donated his time and effort to elect Republicans locally, and nationally. Max Tassinari has made generous financial donations to help elect Republicans such as former Senator Scott Brown, Lieutenant Governor Karyn Polito, and Governor Charlie Baker just to name a few.

As the Republican State Committeeman from our Third Suffolk District I am committed to continue to elect conservatives in Winthrop and throughout our great country as we head into the 2024 election cycle.

Sincerely,

Paul J. Ronukaitus
Republican
State Committeeman
Third Suffolk District

SUPPORTS SACCO FOR COUNCILOR

Dear Editor,

Hello, my name is Jared Wickham, Precinct 2 and third generation Winthrop resident. I am writing to extend my support for Todd Sacco, candidate for Councilor-at-Large.

I have known Todd for over ten years as a personal friend, parent and an advocate for our students and town. In any of those areas, Todd is consistently selfless. Whether opening his doors to anyone, offering food and good company, exuding with pride at his children's academic and athletic accomplishments, or doing all he can to ensure our students, schools and community is protected, respected, and given all opportunities to succeed. Never once has Todd been about himself. What I have learned as his friend, is that Todd wants for nothing and wants to give everything.

Todd cares about the future of this town. He wants to not only give back, but to help move forward. I can personally attest that Todd will always be there for this community. Day and night, ready to do what is not only best for the citizens of Winthrop, but what the citizens of Winthrop actually want.

And Todd listens. Whether he agrees with you or not, you will always feel heard and respected. Todd understands that with healthy, transparent communication, change will occur. And if elected to the Winthrop Town Council, that change will happen.

I encourage any and all to reach out to Todd, ask him questions and give him your vote on November 7.

Jared Wickham

THE MORE *Things Change*

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

10 years ago
September 26, 2013

A fundraiser was held for popular Nick's Place employee Richie Scannelli to help support his recovery from injuries sustained when he was attacked and assaulted by a Winthrop teenager. Among those on hand were Town Council President Peter Gill, Speaker of the House Robert A. DeLeo, and Norman Gill.

Gloria Ferullo recently celebrated her 90th birthday with her loving family and friends at the Winthrop Arms.

Four recent graduates of Winthrop High School have launched an anti-bullying group. Mike Lynch, Kaycee Corea, Makenna Wright, and Zack Sullivan, all graduates of the Class of 2013 and college freshmen, started Stand Up To Bullying on Sept. 19.

Winthrop Town Manager James McKenna announced this week that the Winthrop commuter ferry service ended for the season on September 23, 2013.

Town officials joined East Boston Community Development Corporation (EBCDC) representatives at the groundbreaking for the Dalrymple School project that will convert the former elementary school into 27 units of affordable senior housing.

20 years ago
October 2, 2003

Supporters and opponents of a Pay-As-You-Throw trash program clashed at a public hearing held by the Trash Recycling Study Committee. Committee chairperson Emilie DiMento said both sides of the issue were aired by opponents and proponents.

Mary Alice Sharkey, speaking on behalf of the Winthrop Teachers Union, implored School Committee Chairperson Janis Larosee to settle the contract negotiations between the town and the union. The union is calling for a raise and a three-year contract.

Winthrop students scored at or above the state average on the 2003 MCAS results which were released this week. School Supt. Thomas Giancristiano said that of the 126 WHS sophomores who took the MCAS graduation requirement tests in Math and English, only three failed the English test and 22 failed the Math test.

The conversion of the former Cliff House Nursing Home into three townhomes will begin this week with the demolition of the former nursing home.

30 years ago
October 7, 1993

The Appeals Board is set to take up the matter of a petition for a variance by Gilbert Lima, who wishes to open a Dunkin' Donuts shop on Pauline Street across from the Middle School. The petition originally was slated for a hearing a few weeks ago, but was withdrawn by Lima's architect, Manny Tavares, to make changes to the original design plans.

Massport Exec. Director Steven Tocco has assured State Rep. Robert DeLeo that Massport will not eliminate the annual in-lieu-of-tax payments to Winthrop even if Massport should undertake the funding and construction of a megaplex sports and convention center.

The eighth annual Winthrop Hospital $10,000 dinner is set for November 4 at the Cottage Park Y.C.

The sixth annual WCAT Squash Raffle is underway.

The Elks Hall was filled to capacity for a tribute

See YEARS Page 5

TICKET BOOTH DEDICATED IN MEMORY OF AMY GALLAGHER

In last week's issue of the Transcript, we mistakenly left out a name in the above photograph of the new Ticket Booth in Miller Field, dedicated in the memory of Amy Gallagher. We regret this error. The corrected cutline is as follows: **Shown above, Amy's brother and sisters, Jim, Kathy, Ellen and Judy Teixeira, with town and state officials attending the dedication. From Senator Lydia Edward's office Eric Reidister, Superintendent Lisa Howard, AD Matt Serino, Town Manager Tony Marino, State Representative Jeff Turco, Winthrop's Memorial Chairman and Veteran's Agent Phil Ronan, and Asst principal Brian Curley.**

Winthrop Art Association makes donation to school art department

Special to the Transcript

Recently it was brought to the attention of the Winthrop Art Association that the art programs at the local schools needed art supplies to ensure a successful year. After contacting the Winthrop Public Schools Art Department, with the full support of the Board of Directors, Winthrop Art Association President Dawn Mahoney started a campaign to collect Art Supplies to donate directly to the Winthrop Art Program.

To date a van of supplies will be dropped off at the school. Donations of over $1600 were also collected and will be used to purchase art supplies and materials required for a successful art program.

Statistics show that students who participate in art, music, creative expression, theater and similar programs perform better than their peers. They are more attentive, test at higher levels, have better grades and show more overall promise than students who do not have these resources in their schools.

In a press release, the Winthrop Art Association stated that they would hope that in the future the Town and School Department would ensure adequate funding for these programs and that teachers are not able to purchase supplies for the entire system.

The Winthrop Art Association stated that it views this type of contribution as part of its mission and are very appreciative that the local community stepped up to fill the void.

Anyone interested in donating to this project or other activities of the Winthrop Art Association, please contact the Winthrop Art Association at (617) 846-2644 or email winthroparts02152@gmail.com. Supplies may be dropped off at 49 Bartlett Road, Winthrop, MA.

At a recent School Committee meeting, Superintendent of Schools Lisa Howard stated that the district appreciations all donations made by groups or individuals, and urged anyone interested in making donations to the schools to contact the building principals first to make sure the donations are made and distributed in the best way possible.

With these supplies donated to the public schools by the Winthrop Art Association, the students are well prepared to get busy creating art in this school year.

Winthrop Art Association president Dawn Mahoney shown with some of the donated supplies.

Middle School // CONTINUED FROM PAGE 1

seph Aiello.

Aiello noted that there has been much discussion in the past about the future of the middle school site, as well as overall capital planning for the town. He said the town should broaden its search when it comes to considering plans for the middle school site.

"There are a lot of good ideas out there, and we really ought to have a debate about it," said Aiello. "I don't think that the debate should go on forever, but I think we need to have a series of community forums."

Aiello said the town has to be realistic about the economic market, and also cautious about the potential of a developer coming in and then not being able to complete the project.

"I think an RFI is a good idea, I think it needs to be informed however by a broader palette of possibilities," he said.

Precinct 2 Councilor John Munson said he applauded Letterie's effort to move the conversation forward with the public-private sports complex proposal and that it checked off a lot of boxes of how the town wants to see the property developed.

"But I also feel as though an openness to other ideas is critical," said Munson. "Ultimately, we are trying to serve the most people in Winthrop possible. While a sports complex checks off a lot of boxes, could mixed-use senior housing, a community center, or an upgraded rink serve more Winthrop residents better? Possibly."

However, Munson said he would also like to see the town move quickly on plans for the middle school, which has been vacant for over seven years.

"We ultimately need to get real plans on the table and real developers who are willing to develop and with real numbers that we can decide upon," said Munson.

Resident Julia Wallace said she agreed that there should be more consideration given to the type of development the town goes ahead with at the middle school, and asked if there was enough of a market for a sports complex in lieu of other potential uses.

"Sports are important, but I think there are so many other important needs in the town," she said.

Letterie said the aim of the project is not totally about providing sports opportunities.

"The goal has always been a financial stream of net income for the town and economic stimulus for the businesses," said Letterie. "So that's the goal; it's not sports, it's whatever vehicle gets us to our goal."

Years // CONTINUED FROM PAGE 4

to Elk member and heart transplant recipient Al Leandro in recognition of his work at the lodge over the years. Norman Gill served as Toastmaster of the event and left the audience laughing riotously with his barbs directed at the various speakers.

40 years ago
October 5, 1983

The Citizens Advisory Group met with officials from the MDC to discuss the proposed new sewage treatment plant on Deer Island. The MDC told the group that it is seeking fast-track funding to immediately perform repairs to the current treatment plant, which is spewing millions of gallons of untreated sewage into Boston Harbor whenever there is a problem with the system. In a related matter, the Winthrop Conservation Commission sent a letter to MDC Commissioner Jamie Hoyte suggesting that Long Island would be a better site for a new treatment plant.

Members of the Winthrop Fire Department are visiting local schools this week as part of National Fire Prevention Week activities.

A new restaurant, Kenny's Italian Food Restaurant, opened in the Centre this week.

Gov. Michael Dukakis announced this week that the state will proceed with plans for a new Central Artery and Third Harbor Tunnel.

Day Aykroyd and Eddie Murphy star in Trading Places at the Kincade Theatre.

50 years ago
October 3, 1973

The overpayment of $1880 is only one of many problems being cited by State Auditor Thaddeus Buczko in his report on the construction of the Golden Drive elderly housing project by the Winthrop Housing Authority.

A Superior Court judge has ordered that the town give Police Chief David Rice a $5862 pay raise that had been mandated by the state legislature in a bill dealing with police salaries across the state, but which Town Meeting had refused to approve in April.

The selectmen have denied a request by the Winthrop Taxi Company to locate its dispatching office to 90 Pauline Street, the current site of Angelo's Service Station. Selectman Richard Dimes said the Center already is overburdened with traffic in rejecting the proposal.

Eight young Winthrop girls were injured when the station wagon in which they were traveling crashed into a tree.

60 years ago
October 3, 1963

Weary residents were recovering Wednesday after taking part in an all-night drama that had all the characteristics of a tragedy in the making, but which concluded with a happy ending. Three children, missing since 5 p.m. Tuesday, were found asleep at 5:45 a.m. Wednesday in a moored cabin cruiser. The children, a 10 year old boy, his six year old sister, and a 10 year old friend, had been playing at Reid's Boatyard near Belle Isle Marsh when they stumbled across the boat, slipped into an open hatch, and fell asleep. Helicopters, a massive citizen search, and a Coast Guard sweep all were deployed throughout the night.

Lieut. Governor Francis X. Bellotti reportedly met with a group of supporters in Revere to discuss a possible challenge in next year's Democratic primary to incumbent Governor Endicott Peabody.

The fire and police departments will combine efforts to conduct a joint safe driving clinic at the high school this week.

The selectmen have declared Saturday as "Joe Duplin Day" in recognition of the world sailboat championship title won by Duplin in the Star racing class last week on Lake Michigan.

70 years ago
October 1, 1953

Winthrop Attorney Jim Backus, speaking at a hearing of the State DPU on the matter of the increase of five cents from 10 cents to 15 cents being sought by the Rapid Transit bus line for fares within Winthrop, said that if Rapid Transit cannot operate at a profit at the current fare level, then another bus company should take over the service.

First Lieut. Bruce Ferguson of Winthrop has been awarded the Distinguished Flying Cross for the many combat missions he flew over North Korea during the recently-ended war.

Three break-ins into homes over the weekend netted the thieves a total of more than $700 worth of loot.

The Frost Association, the town's oldest organization, disbanded this week. Three of the few surviving members of the first Winthrop High School graduating class met for the 73rd and last time in the home of the club's treasurer, Mrs. Edith Floyd.

80 years ago
October 2, 1943

The Winthrop Water Board has abated the rates for the fourth quarter thanks to lower water rates.

Town Solicitor Fred Fisher is heading up the town's annual Salvation Army drive.

90 years ago
October 7, 1933

The First Baptist Church on Sunday honored its pastor, the Rev. W.J. Day, to mark the occasion of his 20th year anniversary here.

Mrs. Edith Martin was installed as Noble Grand at well-attended public installation exercises of the Margaret Winthrop Rebekah Lodge No. 153, I.O.O.F. Monday evening at the Odd Fellows Hall.

A Special Town Meeting will be held at the junior high auditorium October 10 to discuss the appropriation of funds for street and sewer work that will employ many local men. The selectmen have recommended favorable action on the article that will enable the town to obtain loans from the federal government under the Industrial Recovery Act.

Miss Virginia Ochs was chosen as Miss Winthrop at the second annual dance of the Pookie Associates held at the Cottage Park Y.C.

Rev. Ralph Harper, pastor of St. John's Episcopal Church, says that any boy who attends church regularly will see his grades improve by at ;least five percent. Rev. Harper says that if the boy's grades do not improve by five percent, he will give the boy a $5.00 bill.

100 years ago
October 4, 1923

The 40th annual convention of the Suffolk County Women's Christian Temperance Union was held at the Baptist Church with the Winthrop Union playing the host.

The construction of the Christian Science Church on Winthrop Street is nearing completion.

110 years ago
October 4, 1913

James C. Higgins was chosen as the new Grand Knight of the Winthrop Knights of Columbus Saturday evening.

The overseers of the poor in Boston figure that at least $40,000 more will be needed to finish up the year to provide funds for the mothers with children pursuant to the recent legislation. It is expected that the new law will cost the state almost $1 million this year.

Two of the town's most popular young people, C. Joseph Harvey and Miss Grace Manning, were wed Monday morning in the church of St. John the Evangelist. After a sojourn through the White Mountains, the couple will reside at 94 Lincoln Street. Mr. Harvey is a reporter for the Boston Globe.

120 years ago
October 4, 1903

A large number of friends attended the fifth wedding anniversary party for Mr. and Mrs. C.F.J. McCue at their cottage at Ocean Spray.

The Highland Club will resume its regular schedule of meetings now that the summer season is over. The meeting will take place Saturday evening at the Aloha Hotel.

The Park Commission has given to the Pullen Poynte Association two stone implements, doubtless made by the Indians, which were found recently by the workmen at Ingleside Park.

Winthrop residents soon will be the beneficiaries of trains every 15 minutes until 7 p.m. during the week.

130 years ago
October 6, 1893

At the Baptist Church Sunday at 7:30, the topic for the sermon will be, "The Man Who loves Money: What Are His Chances for Salvation?" At the 10:30 service, the topic will be, "Profession or Practice: Which?":

Dr. Young, proprietor of Young's Hotel on the Beach, will construct another addition, the second since he first opened, which will enlarge the hotel to 200 sleeping apartments featuring the finest in modern hotel accessories, such as steam heat, bathrooms, billiard, and pool rooms. Dr. Young is in Maine presently where he is purchasing lumber for the addition.

The 75th anniversary of the founding of Methodism in Winthrop will be observed at the Methodist Church October 21 and 22, Monday afternoon there will be a love feast of old pastors and laymen. This also will be the 66th anniversary of the present church organization.

MAX TASSINARI'S CAMPAIGN KICKOFF

Photos & Story by Marianne Salza

Candidate for councilor-at-large, Max Tassinari, held his campaign kick off on September 20 at the Winthrop Lodge of Elks. Councilor-at-Large Tracey Honan introduced Tassinari to supporters, commending him for his generosity, confidence, and compassion.

Max Tassinari expressing his commitment to the community.

"I am most excited about the financial acumen that he's going to bring to the council when he's elected," said Honan. "He brings an expertise that is so valuable. What a privilege and an asset it would be to have this man on town council."

Tassinari has a 15 year career in finance, budgeting, and accounting. He is the Chief Financial Officer of the Department of Conservation and Recreation, and earned a Master of Business Administration from Bentley University.

"One of the most important things we do as councilors is to review, amend, and approve the annual budget; and I can't think of anybody who is more qualified to do that than Max Tassinari," explained Honan.

Tassinari expressed his family and community values. He described his commitment to inclusivity in the neighborhood, and the importance of building relationships with residents.

"I would love to bring my experience to the council to help make more informed decisions regarding your tax dollars," said Tassinari, who vowed to be open, honest, and authentic. "I want Winthrop to be vibrant and successful."

Max Tassinari speaking during his September 20 campaign kick off at the Winthrop Lodge of Elks.

Max Tassinari and Keith Hinchion.

Max Tassinari and Representative Adrian Madaro.

Niki and Dave Preston and their daughters.

Max Tassinari with Henry and John Munson, Precinct 2 counilor.

Candidate Max Tassinari with his wife, Tonia, and children, Rowan, 4, and Freya, 2.

Max Tassinari with Barbara Bishop and Joanne Hillman.

Candidate for Precinct 2 counilor, Kurt Millar, and his sister, Wendy Millar Page.

Max Tassinari with past Town Council President, Phil Boncore, and his son, Robert Boncore.

Former Town Council Presidents, Peter Gill and Tom Reilly, with Max Tassinari.

Candidate for councilor-at-large Max Tassinari greeting supporters.

Jessica Briggs, George and Marci Spagnoli, Laura Vitagliano, Patricio Rossi, Gary Skomro, and Carina Campobasso.

Sal Giarratani and Max Tassinari.

Max Tassinari with Matthew and Christopher Pamonte.

Alicia DelVento, Precinct 3 Councilor Hannah Belcher, and Councilor-at-Large Tracey Honan.

Nick DelVento, Brian Perrin, Max Tassinari, Skip Marcella, and Kathy DelVento.

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PAID FOR BY THE COMMITTEE TO ELECT MAX TASSINARI

OBITUARIES

Robert Dickinson

Aviation was his greatest passion

Robert B. Dickinson, formerly of Winthrop, Miami FL and Aguadilla, PR, passed on September 24. He was 83 years old.

Bob was born in San Diego, CA, the beloved son of the late Mary (Vergona) Dickinson of Winthrop and the late Albert W. Dickinson of Scituate. He was the cherished grandson of US Navy Captain Martin Dickinson and Marion Dickinson.

Bob was the ex-husband of the late Dina G. Dickinson of Winthrop and is survived by his five children: Patrick Dickinson of Geneva, IL, Katie Byrne of Nashua, NH, Cindy Dickinson Hanley of Alexandria, VA, Paul Dickinson of Winthrop and Monica F. Roy of Lynnfield and his seven grandchildren. Bob was the brother of Anne Dickinson and the late William Dickinson. both of Scituate, Martin Dickinson of Washington, DC, Mary Margaret Bird of Orono, ME, Thomas Dickinson of Woonsocket, RI and Elizabeth Furlong of Weymouth. He is also survived by his extended family, the Goodrows of Burlington, VT whom he loved.

Bob was a graduate of Boston University. His greatest passion was aviation and all things related to the aviation industry. Prior to his retirement, he had an extensive career with SwissAir and various other airlines. Bob was a Commercial Pilot, Licensed Aircraft Dispatcher and a Licensed Aviation Ground Instructor. He lived in Aguadilla, PR for over 20 years and was instrumental in the redevelopment of the former Ramey Air Force Base to a commercial airport. He had many friends in Aguadilla, a place that he loved and called home and he enjoyed going to the beach every day with his four rescue dogs.

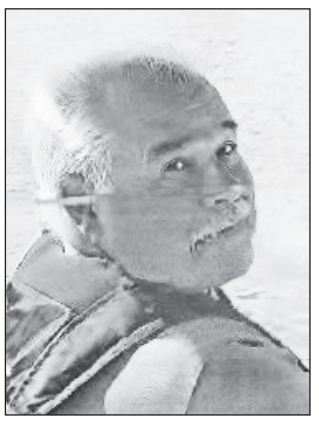
Bob served honorably in the US Army and US Army Reserve for over 40 years retiring with the rank of Chief Warrant Officer 4 (CW4) with the Army Security Agency (current day US Army Intelligence and Security Command (INSCOM). His service included many Special Access Programs and classified projects including tours of duty with the Defense Intelligence Agency, US Special Operations Command, U.S. Southern Command, The White House High Intensity Drug Trafficking Areas (HIDTA) Counter Narcotics Program and the US Border Patrol.

Visitation will take place at the Bedford Funeral Home, 167 Great Rd., Bedford, today, Thursday, Sept. 28 from 1 to 3 p.m. A funeral service will immediately follow.

In lieu of flowers, please send donations to the VA Bedford Healthcare System, CDCE (135), 200 Springs Road, Bedford, Massachusetts 01730. In memo line: Hospice 2-C

James "Jamie" Holcombe Jr.

Retired Airline Captain and a kind and generous man



James P. "Jamie" Holcombe Jr., 64, of Winthrop passed away on September 23 surrounded by his loving family after a grueling battle with glioblastoma. He faced his difficult diagnosis with an inner strength and a quiet dignity that surprised nobody who knew him.

He lived in Massachusetts for many years but was born in Charleston, SC, a city he truly loved and visited frequently throughout the years. He always considered Charleston to be his real home and he was a true southern gentleman to his core.

Jamie was such a kind man and very generous to the people around him, oftentimes paying for the car behind him in the drive thru or an elderly person's groceries just to bring a smile to someone's day, including his own. He enjoyed many things in life but nothing meant more to him than time spent with the friends and family he cared for so deeply, special times that usually included great food, good conversation and wonderful restaurants. He was known for his own culinary skills which were impressive to say the least and his famous clam chowder was always in high demand around the holidays and could rival the best of them.

He was also an eloquent writer, responsible for nightstand drawers overflowing with cards and letters he liked to write to the people he loved, words far too precious and meaningful to ever be discarded, but saved instead to be read again at another place in time.

Jamie's love of friends and family extended to the four legged kind as well. No matter where he went, if there was a dog in the vicinity, it somehow made its way over to him for a belly rub and Jamie didn't disappoint. They were drawn to him instinctively, somehow sensing his loving nature as only a dog can do and that love was always reciprocated. We can only imagine the race to Heaven's door with Jocko, Bulova and his beloved Butch racing to be the first to greet him.

Jamie enjoyed so many different things and was always ready for the next adventure. He loved to travel which was a big part of his life and his job. He loved the ocean and waking up every morning to the salt air and beautiful views that always brought him peace and serenity but never more so than these last few months.

He also liked concerts, a great series to binge watch, a good book to read and all things outdoors, but he was his happiest anytime he had a fishing rod in his hand and was out on his treasured boat that brought him endless hours of pleasure.

But while fishing brought him so much joy, his true passion in life was found at 37,000 feet in the air when he was flying an airplane. Jamie spent more than 40 years in the airline industry and flying was in his DNA. He began his airline journey at Piedmont Airlines as a flight attendant but realized the cockpit of the plane was where he belonged.

He worked for US Airways when the two companies completed a merger and ended his career as a Captain at JetBlue Airlines where he spent the last 16 years doing what he loved the most, flying airplanes.

He leaves behind his beloved wife and twin flame, Merna (Van) who will count the minutes until she is reunited with the love of her life; his children whom he adored: Jessica Holcombe and her partner, Timothy Kottyan, Taylor Boyle and her husband, Keith and Ashley Holcombe and her husband, Jonathan Bailey and his cherished granddaughter, Harper Rose Boyle who stole his heart the day she was born. He also leaves his mother, Frances (Noonan) Holcombe, two brothers, Robert Holcombe and John Holcombe and his wife, Brooke, a sister, Elizabeth Holcombe, his sister-in-law, Marjorie (Van) Finucane and her husband, Michael and brother-in-law, Jeffrey Van and his wife, Debbie as well as his mother in law, Lois Van. Jamie was predeceased by his father, James Philip Holcombe and his sister, Ashley Heath Peters. He also leaves behind many friends and extended family members.

Jamie's life and the tender way he treated people could never be summed up in a paragraph or two but fortunately for those of us who loved him dearly there are pages upon pages written for him in our hearts where he will remain forever. A helping hand or a random act of kindness for someone would truly honor his memory and would be very much appreciated by his loved ones. This more than anything else would capture the generosity of spirit and the grace with which Jamie lived his life.

We will honor him at a later date to be announced. Funeral arrangements are from the Maurice W. Kirby Funeral Home, 210 Winthrop St., Winthrop, MA. To sign Jamie's guestbook, please visit www.mauricekirbyfh.com.

17th Anniversary

Sept.30,2006 – Sept.30, 2023

Richard W. "Rick" DeFazi

So many memories
for so many
Always loved,
Always missed
All the days
gone by you still
are by my side

Always dear
to my heart.
Your loving sister
Cynthia

Picture Winthrop

Town seeking submissions for new Town website

The Town of Winthrop is fortunate to have so many talented photographers residing in the community. They are redesigning our website and looking to feature pictures (or artwork) that capture Winthrop in one picture.

Submissions due before October 18.

Please submit your hires image to the Town Manager's office at townmanager@town.winthrop.ma.us.

Artwork must be accompanied by an art registration and release form.

Contact the Town Managers office for more information at (617) 846-1705 or email townmanager@town.winthrop.ma.us.

In Loving Memory
First Anniversary
2022 September 27 2023

Alvin B. Chavis

Husband — Dad — Grampie
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Michael & Christine – Corey & Kevin
Meghan & Griffin – Michael John

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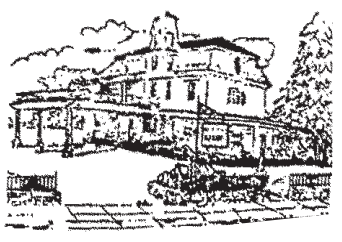

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In loving memory

Joan M. Bangs

October 3, 2018
5th Anniversary

Don't remember me with sadness,
Don't remember me with tears,
Remember all the laughter we've shared
throughout the years.
Now I am contented that my life was worthwhile,
Knowing as I passed along the way I made
somebody smile.
When you are walking down the street and you've got
me on you mind,
I'm walking in your footsteps only half a step behind.
So please don't be unhappy just because I'm out of sight,
Remember I am with you morning, noon and night.

We love and miss you,
Dick, Paul, Pattie, Janice, & families

WINTHROP MARKETPLACE

APPLE-STUFFED ACORN SQUASH

INGREDIENTS:

- 3 acorn squash, halved and seeded
- 2 tablespoons stick margarine
- 1 cup chopped onions
- 3 cups peeled, seeded, and chopped Granny Smith apples
- ½ cup golden raisins
- 2 tablespoons light brown sugar
- 1 teaspoon ground cinnamon
- 1 ½ cups shredded Cheddar cheese

DIRECTIONS

STEP 1: Preheat the oven to 350 degrees F (175 degrees C).
STEP 2: Place squash halves onto a baking sheet, cut-sides down. Fill the baking sheet with 1/2 inch of water.
STEP 3: Bake squash in the preheated oven for 40 minutes. Drain off any water remaining in the baking sheet.
STEP 4: While squash is baking, melt margarine in a large skillet over medium heat. Sauté onion and apple in margarine until onion has softened and turned translucent, 10 to 15 minutes. Scrape the mixture into a bowl to cool until the squash has finished baking.
STEP 5: Once squash is done, stir raisins, brown sugar, cinnamon, and Cheddar cheese into the apple mixture. Turn squash cut-sides up on the baking sheet and fill with the apple mixture.
STEP 6: Return squash to the oven; bake until the filling is hot and cheese has melted, about 15 minutes

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ST. MICHAEL THE ARCHANGEL PARISH PICNIC

Photos by Marianne Salza

Some 250 parishioners gathered for Saint Michael the Archangel Parish Mass & Picnic on September 24. Families enjoyed live music by John Polino as they ate a barbecue lunch. Little ones played halo toss, sped through a bouncy house obstacle course, and had their faces painted.

Christina Tramontozzi, Luca Tritto, and Sandra, Sofia, and Emma Gonzalez.

Donna Makosky with Deanna, Bobby, Emma, and Mason.

Ryan Gillis, as Saint Michael, with Dominic and Matteo Turco.

Lilah McCabe, 4, playing catch.

Ryan Gillis, as Saint Michael, with Wyatt Teixeira and Father Chris O'Connor.

Savannah Benner, 6, playing halo toss.

Mary Ann Cash, Dan Hickey, and Susan Maguire.

Joan Hogan, Deacon Jim Leo, Tom Hogan, and Father Joe.

Marissa MacMullen and Brianna Connolly.

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John Polino singing, "Ain't that America."

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Sports

WHS *SPORTS ROUNDUP*

WHS GOLF TEAM IMPROVES TO 5-3

The Winthrop High golf team turned in a successful week, winning two of its three matches against Northeastern Conference opponents.

The Vikings turned in one of their best performances of the season last Wednesday in a 36.5-35.5 victory over Swampscott at the Winthrop Golf Club (WGC) in a contest that was as close as it can get in match play without ending in a tie.

The outcome of the match came down to the last hole, but Viking senior Jake Galuris sank a clutch putt to earn a 4.5-4.5 deadlock with his Big Blue rival to assure Winthrop of the winning margin.

Viking freshman Ryan Murphy turned in a huge, 7-2 win vs. his Big Blue counterpart. Senior captain Eli Wickham won his match and sophomore Tomas Babine came through with a strong effort, 4.5-4.5

"This was a great team win," said WHS head coach Jack Wallace. "I was extremely impressed and proud of the team, as Swampscott is a very good golf town."

This past Monday the Vikings cruised past Saugus, 52-20, winning seven of the eight matches on the Cedar Glen course. Senior Joey Rich defeated his Sachem opponent, 6.5-2.5 and sophomores Louk Belghiti and Tomas Babine both won their matches handily, 8-1.

Sandwiched between the victories was a loss at Peabody Meadows last Thursday in which freshman Ryan Murphy accounted for the only Viking victory in the #1 spot. Rich contributed four points to the Winthrop cause.

"The team struggled to adapt to the Meadows," noted Wallace.

Wallace and his crew, who now stand at 5-3 on the season, were scheduled to host a pair of tough opponents this week, Marblehead yesterday (Wednesday) and St. Mary's of Lynn today (Thursday), on the local course. The Vikings will make the long trek to take on Ipswich next Wednesday at the Ipswich C.C. before returning to the WGC next Thursday to entertain Danvers.

BOYS SOCCER TOPS BOSTON COLLEGIATE

The Winthrop High boys soccer team picked up its second victory of the season with a 4-0 victory at Boston Collegiate Charter School last Thursday. Although Winthrop was playing shorthanded, a number of Vikings picked up the slack, led by Fabiano Alcala Rodriguez, who scored two goals. Ian Camilo and Drew McLaughlin also reached the back of the Boston Collegiate net, while senior captain Mateo Martinez posted a clean sheet in goal.

Last Wednesday coach Phil Ronan and his crew traveled to Danvers and dropped a hard-fought decision, 1-0.

"We played an excellent game," said Ronan. "We outshot them and had plenty of opportunities. Unfortunately, we missed our chances. Late in the first half the official missed a high kick (a dangerous play) and an offside on the same play, which resulted in the only goal of the contest. He would later admit that to me after the game. I explained to my guys that if you play well enough and take your chances, then the officials can't affect the outcome."

Winthrop was scheduled to play at Salem yesterday (Wednesday) and will trek to Saugus today (Thursday). They will entertain Boston Collegiate on Monday, Peabody next Wednesday, and Salem next Thursday.

IMPROVING TIMES FOR WHS CROSS COUNTRY

The Winthrop High boys and girls cross country teams traveled to Beverly last Wednesday and turned in some fine individual performances over the 2.95 mile course.

"Unfortunately, both the boys and the girls did not win as we didn't have enough runners to make a team, but they put up some great times," said WHS head coach Nik Beshere.

On the boys' side, Thomas D'Amico was the first Viking across the line with a time of 21:45, followed by teammates Liam Kenney (22:40), Liam Natareno (22:52), and Evan Tallent (27:48).

For the girls, the top Lady Viking was Bailey Ferguson with a clocking of 23:45, followed by April Ferguson (24:23), Annabelle Giardino (28:34), and Aitana Bartolome (31:02).

Beshere and his crew were scheduled to take on Masco and Salem in a tri-meet yesterday (Wednesday) at Bradley Palmer State Park in Topsfield and will host Marblehead next Tuesday on the course at Deer Island.

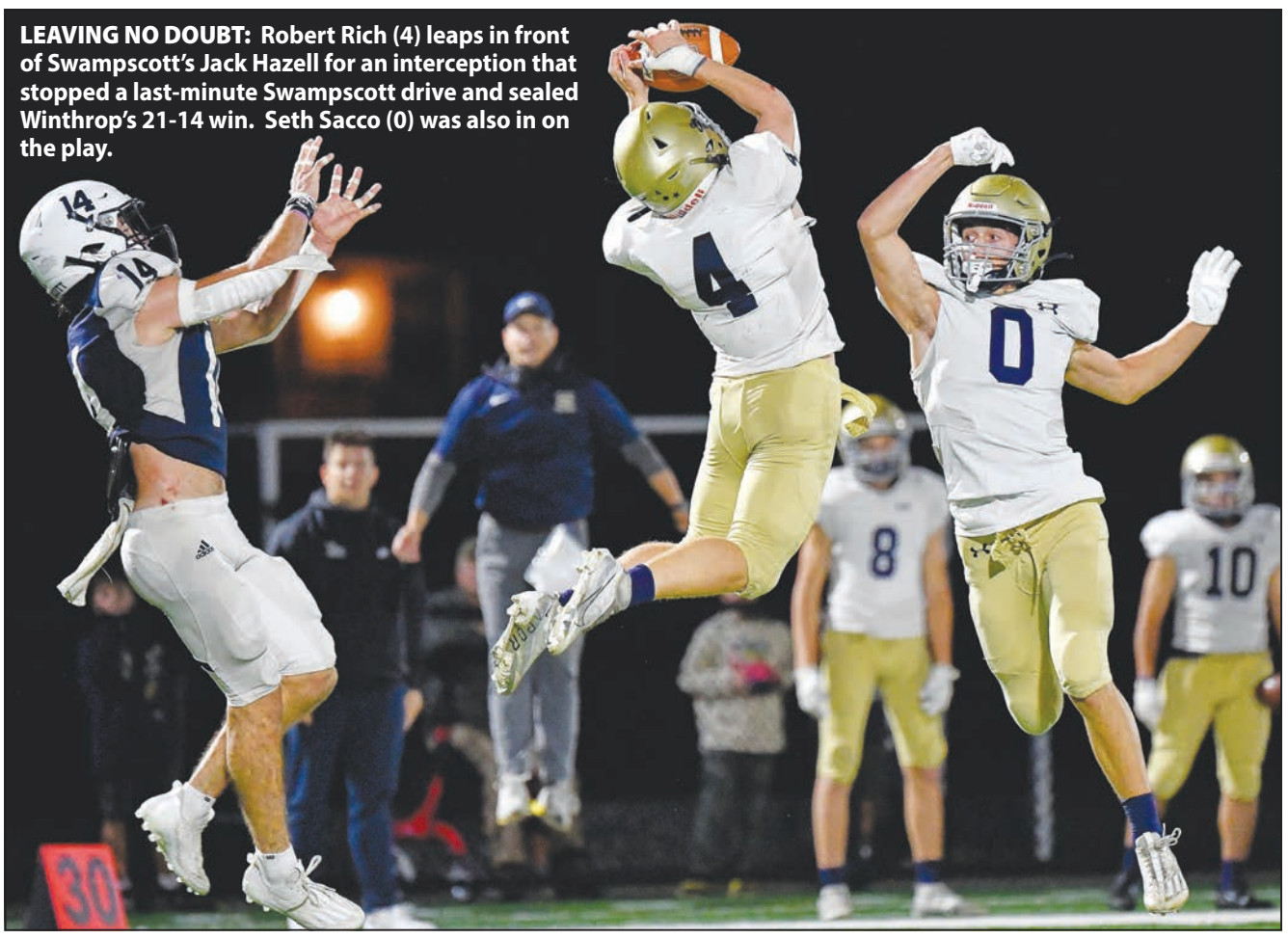
VOLLEYBALL TEAM TOPS EAST BOSTON

The Winthrop High volleyball team earned a 3-0 victory over East Boston this past Friday. The contest was a hard-fought affair from the opening serve, wth the Lady Vikings winning all three sets by narrow margins, 25-22, 25-23, and 29-27.

"That third set was a grueling nailbiter," said WHS head coach Lauren Kelly.. Among the Vikings who provided highlights for the match were Zoey Bogusz, who served eight aces on the evening; Mira Ivanis who delivered four kills; and Sebastian Echeverri, who made a successful dig.

Last Wednesday the Winthrop squad took on

See ROUNDUP Page 10



LEAVING NO DOUBT: Robert Rich (4) leaps in front of Swampscott's Jack Hazell for an interception that stopped a last-minute Swampscott drive and sealed Winthrop's 21-14 win. Seth Sacco (0) was also in on the play.

Vikings rally in second half to beat Swampscott, 21-14

Cappuccio, Rich furnish the firepower

By Cay Shuman

Whole seasons can change on one play, one quarter, one half.

Trailing by 14 points at the half, the Winthrop High football team scored three touchdowns in the second half to stun Swampscott, 21-14, Friday night at Blocksidge Field.

Junior running back Nick Cappuccio launched the stirring comeback with a 53-yard TD run on a buck sweep. Cappuccio would strike again for what would prove to be the winning touchdown on a 64-yard run in the opening minute of the fourth quarter.

All told, Cappuccio accounted for 185 yards rushing on 15 carries. He also caught a 2-point conversion pass from quarterback Matt Noonan to the tie game at 14-14.

See FOOTBALL Page 11

REASON TO SMILE: Nick Cappuccio is all smiles as he greets teammate Robert Rich as the clock winds down on the Vikings' 21-14 win over Swampscott Friday.

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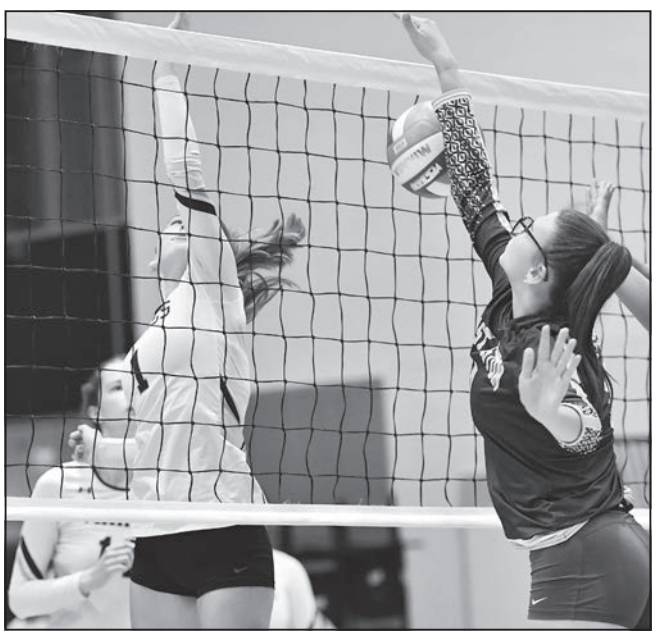
WINTHROP GIRLS VIKINGS VOLLEYBALL TOPS EAST BOSTON

Bob Marra photos

Winthrop took a 3-0 victory over neighboring rival East Boston in non-league volleyball action at Winthrop High School Friday.

NET PLAY: Mira Ivanis lines up near the net to block a shot.



NET CONTEST: Winthrop's Zoey Bogusz (1) battles East Boston's Alexandria Brangiforte (7) and Jordyn Vazquez (15) at the net.

ALL BLUE: Tina Fabiano, wearing the blue Libero jersey, is set against the blue background as she returns a serve.

IN CONTROL: Emily Maddalone has her sights on the ball as she returns a volley.

I GOT IT: Anastasia Gagica (17) backs up teammates Zoey Bogusz (1) and Mira Ivanis (14).

GET DOWN TO IT: Shown to the left, Lily Conway (13) goes to a knee to make a return volley.

OVER THE TOP: Rachel Flynn makes a strong move at the net.

BACK AND OVER: Anastasia Gajica (17) reverses direction to return a shot as teammates Sebastian Echeverri (23) and Lily Conway (13) look on.

THE SETUP: Zoey Bogusz (1) reaches upward as she makes a set-up play.

Roundup // CONTINUED FROM PAGE 9

Salem and came up short by a score of 3-1. The Vikings won the opening set, 25-20, but the Witches grabbed the next three by scores of 25-20, 25-9, and 25-21 to claim the victory. Winthrop's highlights came from Anastasia Gajica with three aces; Samantha Correa with an ace; Emily Maddalone with a kill; and Bridget Hickey with a serving streak of five points.

This past Monday Winthrop came up short to Mystic Valley in three sets (25-18, 25-19, and 25-19). The trio of Emily Maddalone, Zoey Bogusz, and Lily Conway all had successful kills in the first set. Mira Ivanis had three successful blocks throughout the match.

Kelly and her crew are scheduled to host Saugus today (Thursday), Swampscott next Monday, and Beverly next Wednesday. They will make the short trek to East Boston next Friday.

GIRLS SOCCER TOPS EXCEL FOR FIRST WIN

The Winthrop High girls soccer team broke into the win column with a decisive 8-0 victory over Excel Academy this past Monday.

The Lady Vikings divided their scoring equally with four goals in the first half and another four after the intermission. Junior Talia Martucci, with an assist from senior Kaylee Farrell, delivered the opening salvo with what would prove to be the game-winner. Freshman Angela Coscia, with an assist from Farrell, made it 2-0, and then Capt. Hannah Parker scored on a corner kick. Martucci netted her second goal of the contest on a nice pass upfield by Emily Hoxhaj to make it 4-0.

Coscia (unassisted) and junior Marwa Mimouni, assisted by Daniela Gomez, added to the Lady Viking tally in the second half. Gomez scored the final Winthrop goal when she delivered a free kick perfectly into the back of the Excel net. "Daniela has been a standout for us in the backfield this season," said WHS head coach Tracey Martucci.

Last Thursday Winthrop came out on the short end of a 5-3 decision to Boston Latin Academy.

"We were without our starting goalie, who is out with an ankle injury," said Martucci, "but senior Reese Brodin has stepped up for us."

Parker, Shannon Abbott, and Gomez scored the Winthrop goals.

"These girls have been working so hard and show up to practice every day with a smile on their faces and ready to work," added Martucci. "I'm so proud of them for not giving up despite our record."

The Lady Vikings were scheduled to face Salem yesterday (Wednesday) and will host Saugus tomorrow (Friday). They will entertain Mystic Valley on Monday at 6:00 under the lights at Miller Field and then travel to Peabody next Wednesday.

Football // CONTINUED FROM PAGE 9

The Vikings' middle touchdown came on a sensational 49-yard run by senior captain Robert Rich (14 carries for 93 yards), who evaded four tacklers behind the line of scrimmage before outrunning several more defenders to the end zone (see related story).

Winthrop's defense also excelled in the second half, keeping Swampscott off the scoreboard. Rich provided the final gem on a leaping interception on the Big Blue's final possession.

O-Line blocking a key to victory

The blocking by the Winthrop offensive line and the receivers was crucial in the Vikings' Big Four of Nick Cappuccio, Robert Rich, George Galuris, and Demetri Koutsouflakis combining for close to 300 yards rushing.

Cappuccio's second TD was illustrative of the teamwide blocking. "That's our jet sweep. Dan Thomai is trying to seal inside. Mark Johnson is going down to block a safety or a linebacker or whoever shows up first inside. Robert Rich and George Galuris helped seal the edge. And [offensive guard) Matt Reardon got the final block."

Thomai truly took his opponent out of the play, while Johnson held his ground – and Cappuccio did the rest, extending his distance from the secondary over the final 20 yards to paydirt.

Guards Alessio Marcoccio and Matt Reardon, George Galuris, and Mark Johnson (who blocked the safety 1-on-1) were the key blockers on Cappuccio's first touchdown.

Marcoccio wins Defensive Player of the Game Award

Alessio Marcoccio earned the Vikings' Black Shirt Defensive Player of the Game Award.

Marcoccio had eight tackles and three assisted tackles.

"Alessio made a bunch of impactful plays in the game," said Coach Cadigan. "I think defensively as a team, we were tremendous."

Swampscott came into the game with a 1-0-1 record. And if one had to prognosticate, Swampscott will likely defeat a surprising 3-0 Saugus team and Northeast Regional in the next two weeks. So the Cadigan Crew likely spoiled a 4-0-1 start for its' divisional foe.

Linebackers were key

Philip Boncore's successful blitz of the Swampscott quarterback (and he almost made the tackle of the receiver on the play) was part of an excellent performance by the Winthrop linebackers.

"Our linebackers did an excellent job of blitzing all game. Demetri Koutsouflakis had a great game blitzing. Philip Boncore was outstanding. Donovan Cassidy and Matt Noonan also did a really good job. They pressured the quarterback all night."

On the road versus Danvers

Winthrop (2-1) plays Danvers (1-2) Friday (6:30 p.m.) The Falcons are coming off a confidence-building 22-20 decision in overtime over Reading, a perennial Middlesex League contender.

The Falcons are led by senior running back Owen Gasinowski, whom the Salem News described as an early candidate in the MVP race. Danvers also has a very capable four-year starter at quarterback, Travis Voisine.

A big shoutout to Lenny Riley Sr.

A big shoutout to the great Lenny Riley Sr., who was the leading scorer on the 1963 state champion Winthrop High boys basketball team who claimed its crown at the Boston Garden.

Mr. Riley is the grandfather of the Vikings' superb running back (and NEC sprint champion) Nick Cappuccio. We can only imagine the joy that Nick and his teammates are bringing to Nick's Hall of Fame inductee grandfather with their excellence on the football field.

Mr. Riley was always at the games when his son, Len Riley Jr., was playing for some of Winthrop High's most outstanding basketball teams in the 1987 and 1988 seasons.

It's great to see Nick Cappuccio carrying on the eminent Riley sports tradition in Winthrop.

BOB MARRA PHOTOS

TIE GAME: Nick Cappuccio hauls in a Matt Noonan pass for a two-point conversion that tied the game at 14.

WINGED VICTORY: With a cheerleader in the background rooting him on, Nick Cappuccio raises the ball as he crosses the goal line at the end of a 64-yard run that pushed Winthrop out front for good on the way to a 21-14 come-from-behind win at Swampscott Friday.

Rich in Talent

Winthrop running back submits 'Play of the Year' candidate in Vikings' victory

By Cary Shuman

Winthrop captain Robert Rich surely looked like he was going to be tackled for a loss. Four different Swampscott defenders, including two who made direct contact, seemingly had him contained, but Rich escaped the quadrangular containment behind the line of scrimmage.

But Rich wasn't going to settle for a short gain on the play. The senior running back raced toward the left sideline and used his speed to outrun at least five other defenders for an electrifying 49-yard touchdown that helped Winthrop tie the game at 14-14 on the way to the Vikings' 21-14 victory.

"My goodness, it looked like it was gonna go for a loss!" exclaimed the Swampscott cable TV announcer about a play which for now is being alliteratively called "The Robert Rich Run."

Winthrop head football Jon Cadigan explained that the play was designed to go inside. "And as soon Robert starts breaking it outside – we don't necessarily want it to out there because we're not blocking any of those guys, and we don't want to lose yardage. But he just made a great play."

Cadigan believes Rich's touchdown run exemplified the skills of a multi-sport athlete.

"It's a three-sport athlete run," said Cadigan. "That's Robert Rich playing lacrosse. That's Robert Rich playing hockey. That's just him doing what three-sport athletes do, because they're used to being in situations like that. Certainly, eluding the tacklers, that was impressive. But then outrunning the whole team on Swampscott, I think that was even more impressive, because I think Swampscott's a pretty fast team."

Rich was asked about a play that will stand the test of time in Viking football annals.

"I was sort of just running, and they were grabbing on to me, and I just kept chugging my feet," said Rich. "They eventually slipped off, and I just ran down the sidelines."

Rich had tried to make something happen inside on the play, just as Cadigan indicated. "The play was supposed to be inside, but the play got a little bit blown out, so I had to bounce it. They surrounded me, and I just had to find any way out," related Rich. "I honestly didn't know I could run fast. I just saw the green grass and started going."

Rich said the blocking of the offensive line was outstanding against Swampscott. "If you look at O-Line's blocking percentage, they were all over 70 percent this week. It gives us lanes to cut off of, and that's always amazing."

Rich's contribution to the victory extended beyond his 49-yard touchdown. Playing at free safety, Rich also made the game-sealing interception.

With Swampscott seeking the game-tying touchdown (or potential game-winning touchdown and two-pointer) in the final minute, Rich perfectly timed his leap to intercept the football.

"There was a timeout before that play, and Coach [James] Fucillo basically told me what play [hitch-and-go] they were going to run, and they ran exactly that. So, he [the Swampscott quarterback] threw it, I saw it, and I jumped up and got it."

Rich also knew instinctively to hit the turf once he made the interception, eschewing a possible Pick-6 (and avoiding what Troy Brown did in the 2006 NFL playoffs by stripping a Denver defensive back of the football, which turned a likely Patriots' loss into a victory).

"There were 40 seconds left in the game, and Swampscott was low on timeouts, so I knew if we just took a knee, we would win the game," said Rich.

From The Robert Rich Run to The Robert Rich INT, it was a trip to Blocksidge Field in Swampscott that he will remember forever.

BYE-BYE: Nick Cappuccio gets past the line of scrimmage and into open field on his way to a 53-yard third quarter touchdown run that put the Vikings on the scoreboard on the way to their 21-14 win at Swampscott Friday night.

SIX-POINT LANDING: Robert Rich (4) dives into the end zone at the end of a 49-yard run that pulled Winthrop within two points, 14-12, in the third quarter.

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EOVS announces new appointments to the Veteran's Reintegration Advisory Committee

The Executive Office of Veterans Services (EOVS) proudly announces the revival of the Veteran's Reintegration Advisory Committee (VRAC) and the appointment of seven new committee members. VRAC is entrusted with actively investigating, studying, and scrutinizing various aspects of veterans' reintegration into civilian life. Its primary objectives include reducing suicide rates and addressing the profound effects of post-traumatic stress disorder (PTSD), depression, and anxiety among veterans. Furthermore, the committee will explore the impact of community peer liaisons on veterans' successful reintegration into society and delve into the critical link between isolation and veteran suicide.

"We remain steadfast in our commitment to veterans' well-being. The EOVS team and I are wholeheartedly dedicated to standing up this Committee, which comprises renowned leaders from the healthcare community. I eagerly anticipate the Committee's findings and recommendations," said Secretary Jon Santiago of the Executive Office of Veterans Services.

VRAC's establishment directly results from the statutory mandate outlined in S3097, the "Act addressing barriers to mental health care," enacted on August 10, 2022. The committee will comprise a diverse group of individuals, including representatives from prominent organizations such as Massachusetts General Hospital's Home Base Program, the Wounded Warriors Project, the Mass Mentoring Partnership, Inc., the Massachusetts Coalition for Suicide Prevention, the Massachusetts Psychological Association, Inc., as well as esteemed professionals and experts from various fields.

The inaugural meeting is scheduled for October 10, World Mental Health Day. For more information about VRAC and its members, please refer to the attached list or contact Jacqueline Manning at jacqueline.manning@mass.gov for inquiries.

The following committee members have been appointed:

John Rodolico, Co-Chair PhD, Clinical Advisor, EOVS SAVE Team
Dr. John Rodolico, a retired Colonel and former State Surgeon for the Massachusetts National Guard, brings over three decades of expertise to behavioral health. He is the Director of Training at McLean Hospital's Co-occurring Institute and Director of Military and Veteran Services. Additionally, he advises the Massachusetts Executive Office of Veteran Services SAVE team. He is an Operation Iraqi Freedom (OIF) veteran, serving as the Executive Officer for Combat Stress.

Margaret Guyer, Co-Chair Ph.D., Clinical and Professional Services, Department of Mental Health
Dr. Margaret Guyer, Ph.D., is a distinguished professional known for her multifaceted roles as a clinician, researcher, and administrator within the Department of Mental Health (DMH). As the Special Assistant to the Deputy Commissioner of Clinical and Professional Services at the DMH, Dr. Guyer is pivotal in driving the department's commitment to evidence-based practices.

René Lento Director of Addictions Services at Home Base
Dr. René Lento is a Licensed Clinical Psychologist at Home Base, where she specializes in assisting veterans with PTSD, Substance Use Disorders (SUDs), and reintegration issues. She also oversees substance use programming in the 2-week Intensive Clinical Programming and SOAR program.

Bill Davidson Sr., Director of Veteran Outreach and Peer Support, Home Base
Bill Davidson, Senior Director of Veteran Outreach, Peer Support, and Volunteers at Home Base, retired as a Command Sergeant Major in the Massachusetts Army National Guard (MAARNG) after 34 years of service in 2018. His roles included Senior Enlisted Advisor (SEA) to the Command Group and Director of the Resilience, Risk Reduction, and Suicide Prevention Program for the MAARNG.

Dr. Erin Fletcher, Director, Wounded Warrior Project
Erin Fletcher, Psy.D., is the Warrior Care Network Director at Wounded Warrior Project (WWP). In this capacity, she ensures synergy across all WWP mental health programs. She collaborates with the four Academic Medical Centers within WWP's Warrior Care Network to facilitate program implementation and delivery alignment.

Kelley Cunningham Director of Suicide Prevention Program, DPH
Kelley Cunningham has been in the suicide prevention field since 2007, spending seven years leading the Community Education and Outreach Program at Samaritans, Inc. in Boston, and more recent years at the Department of Public Health's (DPH) Suicide Prevention Program. Since starting at DPH in 2014, she has been in the Suicide Prevention Program and, in 2017, became the Director of the program. She has been a member of the MA Governor's Challenge and a co-chair for one of the priority groups focusing on Firearm Safety and Suicide Prevention. In November 2023, Kelley was promoted to Director for the Division of Violence & Injury Prevention at DPH. However, she continues her work with Service Members, Veterans, and Families through the Governor's Challenge. Kelley is a suicide loss survivor and caregiver to an adult child with lived experience. She is also the proud parent of a former service member with the MA National Guard.

Charly Oliva Veteran Service Officer, Belchertown
Charly Nicole Oliva, MSW, is the Director of Veterans' Services for Belchertown, Massachusetts, where she has contributed her expertise for three years. Before this role, she spent 13 years as the Deputy Director of the Springfield Veterans' Office.

MAJ (P) Katerine Murphy Director, Warrior Resilience & Fitness, Massachusetts National Guard
LTC Katherine Murphy is a seasoned leader with over two decades of experience in military behavioral health and holistic health and fitness implementation. Throughout her career, she has held various positions at tactical, operational, and strategic levels, both CONUS and OCONUS, including deployment. LTC Murphy is recognized as a subject matter expert in Army behavioral health, serving on the executive committee for the Army National Guard Behavioral Health Working Group since 2014 and earning the Army National Guard Behavioral Health Officer of the Year award in 2016.

Paula Tessier Associate Director, Mass Coalition for Suicide Prevention
Paula joined the MCSP staff in 2022, where she sees her role as an opportunity to oversee projects and enhance communications to support the coalition's growth. Paula Tessier brings decades of professional experience working with diverse groups of Massachusetts leaders in public health, human services, and behavioral health. She previously served as a DMH Emergency Response to Suicide Prevention (ERSP) Grant Director, playing a crucial role in coordinating the COVID-related SAMHSA grant.

Elisabeth Parrot, Director Lowell Mass VETS Center
Dr. Parrott is a clinical psychologist and registered nurse currently serving as the Director of the Lowell Vet Center in Massachusetts, a part of the US Department of Veterans Affairs' Readjustment Counseling Service. Her dedication to veterans' well-being spans back to 2008, and she solidified her expertise through a postdoctoral residency at the Bedford VA Medical Center in 2012. Dr. Parrott officially joined the staff of the Lowell Vet Center in 2013.

Michael Baird Alumni Manager, Wounded Warrior Project
Michael Baird is the Alumni Manager at Wounded Warrior Project with over ten years of experience serving veterans and their families. He manages the WWP Alumni team and oversees outreach and engagement events in the Northeast region to connect, serve, and empower wounded service members and their families.

Lily Mendez President and CEO of Mass Mentoring Partnership
Lily Mendez is the President & CEO of Mass Mentoring Partnership (MMP), a nonprofit dedicated to strengthening mentoring programs in Massachusetts through technical assistance, funding, and advocacy. Previously, she served as the Regional Chief Operating Officer for the American Red Cross of Massachusetts, overseeing programs and spearheading organizational restructuring efforts.

Dr. Miriam Stoll Clinical Psychologist, Worcester Recovery Center, and Hospital (DMH)
Dr. Miriam Stoll is a licensed Clinical Psychologist with a decade of active involvement in the Massachusetts Psychological Association. She earned her Bachelor of Science, double majoring in Psychology and Anthropology, from the University of Pittsburgh. Her academic journey continued at William James College, where she achieved both her master's and Doctorate in Clinical Psychology, with a specific focus on Veterans and Military families.

Katherine Nicholas Malvey, LICSW, VISN 1 Veterans Justice Programs Coordinator, US Department of Veterans Affairs
Katherine Nicholas Malvey (Katie) has been a Licensed Independent Clinical Social Worker with the Department of Veterans Affairs since 2008. She serves as the Suicide Prevention Program Manager for VA New England (VISN 1), overseeing clinical and community-based suicide prevention programs for eight facilities in the 6 New England states. Katie has dedicated a decade to enhancing the identification of at-risk Veterans and improving access to care, outreach, programming, and risk mitigation.

Angela Taveira-Dick Associate Director of Military and Veteran Psychology Program, William James College
Dr. Angela Taveira-Dick, Ph., is the Associate Director of the Military and Veteran Psychology Program and an Assistant Professor at William James College. She earned her doctoral degree from Nova Southeastern University in 2013 and completed her predoctoral internship in "Clinical & Community Psychology" at the Yale University School of Medicine.

Amanda Braga-Tipton
Amanda Braga Tipton is a Massachusetts native from three generations of military service members. In 2018, she decided to join the USAR as a Chaplain. In the past ten years, she has served on the board of directors of 7 varying para-military support groups located on Cape Cod (where she resides). She graduated from Liberty University with her Master of Divinity in 2019 and served as a Hospice Chaplain in the Civilian sector.

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10 years ago
September 26, 2013

The Winthrop High football team moved the football well and captain Jordan Corbett-Frank had an exceptional night with 152 yards rushing, but the Vikings failed to capitalize on their scoring opportunities and fell to Swampscott, 28-14, in the home opener Friday night at Miller Field. The Vikings had a difficult time containing Swampscott running back Desmond Wilhelmsen (166 yards rushing, 2 TDs), a transfer from Lynn English who had sat out the Big Blue's first two games. Quarterback Dylan Driscoll, who piloted the Vikings to a win over Saugus in the season opener, scored a touchdown late in the first quarter to give Winthrop a 6-0 lead. Swampscott answered with a touchdown and PAT to take a 7-6 lead into the break. Wilhelmsen made the big play of the game when he rambled 84 yards to paydirt, giving the Big Blue a 22-6 advantage. Jake Chiudina (9 rushes for 45 yards) rushed for a touchdown and two-point conversion early in the fourth period to close the gap to 22-14, but Wilhelmsen scored his second touchdown of the game to make it 28-14.

20 years ago
October 2, 2003

The WHS football team rolled to a 3-0 record with a 35-0 pasting of Marblehead Friday night under the lights at Miller Field. Pat Milano earned the defensive player of the game award from coach Tony Fucillo with seven unassisted tackles and seven assists on tackles. Quarterback Alex Smith ran for a touchdown and tossed a 14 yard TD pass to Sean English. Keith Costello, who rushed for 84 yards on five carries, scored a TD, as did Michael Adelstein and Deon Fincher. The WHS boys soccer team defeated Lynn Classical and Saugus this past week, led by the play of Pat Gunn, who accounted for six goals and added two assists in the wins, including a five goal outburst against Saugus. Talante Shkoza and Derek Macomber also scored in the Classical tilt and Shkoza added a goal against Saugus.

Coach Kevin Connolly's WHS girls soccer team, missing key players Brianna Kneeland and Kristen Martino, dropped contests of 1-0 to Saugus and 3-1 to Lynn Classical. Colleen Lally scored the lone WHS goal vs. Classical on a penalty kick.

Viking Joe Capprini shot the best shot the best round of the day, but the WHS golf team dropped its match with Marblehead, 39.5-32.5, In a loss to Salem, winners for the Vikings were John Cross and Evan O'Brien.

30 years ago
October 7, 1993

Anthony Palmer scored both touchdowns and the Winthrop defense held off a strong Gloucester offense as the Vikings defeated Gloucester, 14-6, at Newell Field Friday night. Danny Godfrey led the Viking defense with 16 tackles. However, the win was a costly one for Winthrop, as two-way lineman Freddy Long, rated as one of the best centers in the NEC, injured a knee and will be out for the season. The 3-0 Vikings will host 0-3 Marblehead this week in the first home game of the season.

The WHS boys cross country team won its first meet in more than two years with a 25-30 triumph over Lynn Classical. Viking ace runner John Mullane won the race in a time of 14:22 over the 2.7 mile course to record his 16th straight dual meet victory. Robbie Crowell was the next Viking in 16:01, followed by Todd Doherty, Kevin Mahoney, and Sean Keyes.

Leslie Spinney and Janelle Forbes scored goals to lead the girls soccer team to a 2-0 win over Lynn English.

40 years ago
October 5, 1983

The WHS football won its 25th straight game, 18-13, this past week despite the absence of star halfback Steve Staffier, who was on the sidelines with an ankle injury. The Vikings trailed 6-0 at the half, but quarterback John Hayes, fullback Dave Gallo, and halfback Shawn Sullivan, playing in place of Staffier, propelled the Viking offense to three TDs in the second half. Winthrop now will meet Salem, which also is 3-0, for the third straight season in which both teams have entered the game undefeated. Winthrop has won the last two contests by scores of 30-0 and 22-0.

The 5-0 WHS girls cross country team will meet Swampscott this week in a showdown for first place. Colleen Cash led Coach Larry Keegan's Lady Vikings in a win over Gloucester last week.

50 years ago
October 3, 1973

The WHS football team won its season opener, 28-14, over Lynn Classical last week. Halfback Tommy Driscoll scored two touchdowns and quarterback Alan Welch tossed TD passes to Matt Flaherty and Jim Grasso. The Vikings will meet Salem this week in the first athletic encounter between the schools since Salem joined the Northeastern Conference this year. The contest will be played on Sunday because of the Jewish holidays.

60 years ago
October 3, 1963

The WHS football team opened the season with a 26-18 win over Saugus. Fullback Steve "The Tank" Adamson scored three touchdowns and quarterback Alan Welch scored the game winner on a keeper. Winthrop faces a tough test this week against a potent Amesbury squad.

70 years ago
October 1, 1953

The WHS football team, coming off the two best consecutive grid seasons in school history, dropped its season opener 13-6 to Cambridge Latin. Jim Donovan scored the lone Winthrop touchdown. Coach Ed MacFarland and his squad this week will face Amesbury, which boasts the longest unbeaten streak in the state at 28 games. Winthrop tied Amesbury two years ago, 6-6, and dropped an 8-7 contest last year.

Tommy Trainor, Winthrop's all-scholastic running back from last season, left Winthrop last week to begin his college studies at Dartmouth.

110 years ago
October 4, 1913

The Winthrop High football team was defeated by East Boston High last week, 6-0, in a hard-fought game played at Ingleside Park Wednesday afternoon. Despite the loss, Winthrop played well against the visitors, who outweighed Winthrop by an average of 10-15 pounds per man.

Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152 Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m.
Website: town.winthrop.ma.us/council-aging Email: COAReception@town.winthrop.ma.us Phone: 617-846-8538

Additional information on our activities and programs can be found in our monthly newsletter, which is available at the Senior Center and on our website.

Thursday, September 28

9:00am-3:00pm: Computer Usage
9:00am-10:30am: Exercise Class ($1)
12:00pm-12:30pm: Lunch-Dine In / Grab and Go Lunch Pick-Up
12:45pm-3:00pm: Bingo

Friday, September 29

9:00am-3:00pm: Computer Usage
10:00am-11:00am: Line Dancing ($5)
10:00am-12:00pm: Ceramics ($3)
11:00am: Grab and Go Lunch Pick-Up
11:00am-12:30pm: Creative Writing Workshop

Monday, October 2

9:00am-3:00pm: Computer Usage
10:00am-11:00am: Yoga with Kathleen ($5)
11:00am: Grab and Go Lunch Pick-Up
11:30am-2:30pm: Game Day/Mahjong
12:30pm-2:30pm: Art Class with Dawn ($6)

Tuesday, October 3

9:00am-3:00pm: Computer Usage
9:00am-1:00pm: Flu Clinic (High Dose Only)
11:00am-12:00pm Blood Pressures
11:00am: Grab and Lunch Pick-Up

Wednesday, October 4

9:00am-3:00pm: Computer Usage
9:30am-10:30am: Yoga with Kathleen ($5)
10:00am-12:00pm: Bereavement and Caregiver Support Group
10:30am-11:30am: Zumba with Cindy ($5)
11:00am: Grab and Go Lunch Pick-Up
11:30am-12:30pm: Tai Chi/Qi Gong ($5)
1:00pm-2:00pm: Legal Aid Group Q&A
1:15pm-2:45pm: Italian Class

Senior Lunch Program: The Senior Center offers in-person dining on Thursdays from 12-12:30pm. Grab and Go Lunches are also available for pick up Monday – Friday between 11am and 1pm. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and at the Senior Center. Please note, lunches cannot be held overnight, they must be picked up on the day that it was requested for.

Senior Van. The Senior Van runs Tuesday, Wednesday and Thursday from 9am-3pm. Reservations are on a first come, first served basis, and can be made by calling the Senior Center. Medical rides will be prioritized. A list of destinations and pricing is available on our website and in our newsletter.

Upcoming Activities and Programs

Technology Class: October24:(10:00a12:00PM) Volunteers will be available to help you with any tech support you need. If you would like to attend, please sign up at the front desk, or call the Senior Center.

Programing and Activities

A full listing of the Senior Center's programs and activities is available in our newsletter and on our website.

Know the signs of Stroke and Be Fast: October 25 (12:30) Speaker: Gwen Larsen PT, DPT. Community Outreach Coordinator for Tedy's Team Center of Excellence in Stroke Recovery, MGH Institute of Health Professionals. Acting fast at the first symptoms of stroke for yourself or someone you know is critical. People who arrive at the emergency room within three hours of their first symptoms often have less disability three months after a stroke than those who have received delayed care. Through this interactive educational session learn what a stroke is, how to recognize initial symptoms, and what emergency treatments are available. Be informed and be fast-it might even save a life!

Mass General Hospital Blood Pressure Clinic: October10 (10am-2pm) MGH will be offering a blood pressure clinic at the Senio Center. No appointment necessary, just stop by!

Legal Aid Q&A Session: October 4 (1pm) Attorney Amy G. Ofrias, from Gelineau & Kline, will be at the Senior Center to discuss Elder Law issues. Questions must be submitted in advance by emailing Attorney Ofrias at amy@gelineaukline.com; please put "Winthrop Senior Center" in the subject. Questions can also be dropped off at the front desk.

Suffolk County Sheriff-Senior ID Program: October 10 (10:30am-12pm) The Senior ID Program provides seniors with a free medical identification card. This card provides important information to emergency first responders when the holder is unable to communicate. The ID cards include a photo of the cardholder, their name, address, blood type, emergency contact and other information as the holder requests, which might be important to an EMT or other First Responders. Sign-up at the front desk.

Upcoming Trips

Flyers, with additional trip information, are available at the Senior Center.

Tuesday, October 3, 2023: New Hampshire's Turkey Train: Join us as we travel to central New Hampshire and Lake Winnipesaukee on a deluxe motorcoach for a day of fun and the wonderful sights of Fall Foliage. Arriving in Meredith, NH, you will board the Turkey Train and head to the dining car for a turkey luncheon provider by Hart's Turkey Farm. Space is limited; sign up now!

Cost: $149.00 Make checks payable to Friends of WCOA

A green future for aviation?

MIT convenes industry leaders to address challenges and opportunities across the value chain

Special to the Transcript

On September 25, Boeing, Delta Air Lines, Massport, Pratt & Whitney, and World Energy came together with experts from the Massachusetts Institute of Technology (MIT) to discuss paths towards achieving a future where aviation can connect the world with drastically reduced environmental impacts.

The industry leaders and MIT researchers gathered at Gate 19 in Boston Logan's Terminal A. With a backdrop of departing planes, they discussed the environmental challenges of the sector. "Aviation connects people, cultures, and economies – yet there is scientific consensus around its environmental impacts. Addressing the environmental challenge is a tough problem and a defining moment for the industry," Florian Allroggen, MIT's Executive Director for Aerospace Climate & Sustainability, summarized.

In a collaborative discussion, the industry and science leaders agreed to work collaboratively, guided by the latest science, to address the environmental footprint of flights. They established that aviation's environmental footprint must be tackled holistically; this includes addressing the CO2 emissions of airplanes and improving our understanding of impacts and mitigation measures for non-CO2 impacts such as contrails, the white line-shaped clouds that form behind aircraft.

The attendees affirmed that this event was the start of a shared journey. Spearheaded by MIT, the companies will continue to provide thought leadership in the MIT Zero-Impact Aviation Alliance.

Shown left to right, Boeing Chief Sustainability Officer Chris Raymond; Delta Air Lines Chief Sustainability Officer Amelia DeLuca; Massport CEO Lisa Wieland; ZIAA Faculty Director Steven Barrett; Pratt & Whitney Chief Sustainability Officer Graham Webb; World Energy CEO Gene Gebolys

For further information, please contact:

Florian Allroggen
Executive Director, ZIAA
fallrogg@mit.edu

FRESH AND LOCAL

Food in a Flash

By Penny & Ed Cherubino

Whether you cook for one, two, or a household, you should master some infallible, pantry-based food-in-a-flash dishes. This suggestion even goes for those who rely on take-out, delivery, or dining out. Sometimes the weather, time constraints, energy levels, or budget may require you to assemble a quick, inexpensive meal.

Begin by thinking about meals you like, with foods you keep on hand that you can pull together at the last moment. Then, consider how these favorites could be flashier in speed and appearance using shortcuts and great quality ingredients.

Prepare Ahead

Those who do a lot of cooking already have a pantry full of options for preparing a fast meal. However, those who seldom cook can get away with adding just a few items to their meager stores with a slow walk through grocery aisles.

Pay special attention to the frozen food section. Nutritionists and chefs agree that some frozen vegetables like peas, corn, spinach, and veggie mixes are great shortcuts. Penny has discovered frozen garlic and ginger packaged in one-teaspoon cubes. Those are perfect when she doesn't want to clean a cutting board and knife to use the fresh versions.

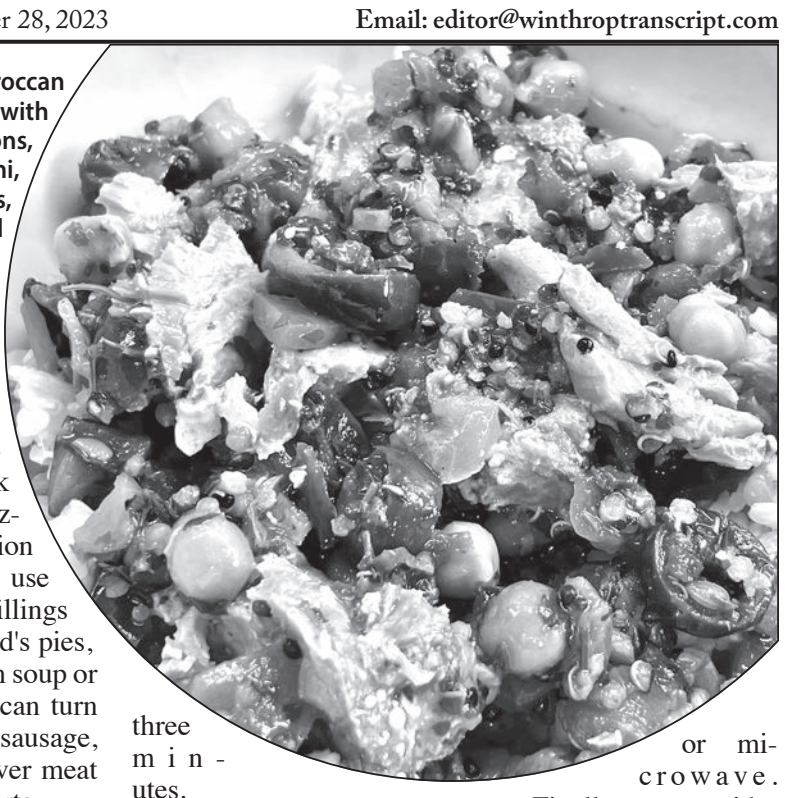
The canned goods aisle is another place where we buy pantry basics to make our favorite food-in-a-flash meals. We always have cans of fish, chicken, and beans on hand. Recently, we've relied more on cans of salmon and tuna with added flavors and vegetables, which make them perfect as toppers for a salad or grain bowl or as a filling for tacos or quesadillas.

While you've often heard that we should eat fewer processed foods, the reality is that experts are actually talking about ultra-processed foods. Today, with more of us thinking this way and reading the lists of ingredients and nutritional information, we have more natural food options. For example, we buy frozen rice, which is just rice. You can purchase packages of grains, broths, beans, and other products with lower sodium and fat.

Fill the Freezer with Resources

We buy tortillas, naan, and multigrain bread, then freeze what we won't use in a few days. Frozen English muffins are easy to turn into toaster-oven pizzas. Save space for a stash of healthy meals you can microwave when you have no energy to cook.

We have a freezer drawer of individual servings of components for quick meals. Penny freezes single-portion cubes for later use when she makes fillings for tacos, shepherd's pies, or a pot of chicken soup or pasta sauce. She can turn pieces of ham, sausage, and bags of leftover meat into a frittata or torta.



A can of "Moroccan Tagine Salmon" with chickpeas, onions, roasted zucchini, quinoa, olives, lemon, carrots, and fennel tops a bowl of brown rice for a quick and healthy supper.

Speedy Substitutes

You might have time to cook pasta or rice if you remember to boil a pot of water the moment you walk into the kitchen. However, there are great substitutes that have much shorter cooking times than traditional pasta. Some ramen noodles, rice noodles, and other Asian bowl bases cook in as little as three minutes.

Fresh pasta takes less time in the pot than dried pasta. Jamie Oliver has created recipes using fresh pasta sheets cut into various widths and added to the pan where he has prepared the rest of the meal.

Critical factors in preparing fast, healthy food are shopping well and mastering a few quick favorites. You can reduce cooking time using a toaster oven, induction burner, or microwave.

Finally, we consider less cleanup an essential part of food-in-a-flash decisions. You can also use pre-cut ingredients, foil, parchment paper, and nonstick pans to make your food-in-a-flash.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

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2023 Governor's Awards in the Humanities honorees named

Special to the Transcript

Mass Humanities announces the recipients of the 2023 Governor's Awards in the Humanities. The foundation will honor four individuals for their commitments to education, civil and human rights, community development and philanthropy on September 28 at the John F. Kennedy Presidential Library and Museum in Boston.

Presented in partnership with Governor Maura Healey, Mass Humanities will recognize Margaret Burnham, Vanessa Calderón-Rosado, Kumble Subbaswamy and Elizabeth Bacon for their contributions to the humanities and improving public life in Massachusetts.

"Massachusetts is home to a thriving humanities sector that makes our state more enlightened, innovative and inclusive," said Governor Healey. "I'm proud to present the Governor's Awards in the Humanities to these four leaders in recognition of the exceptional contributions they have made in education, history, community development, philanthropy, civil rights and more. I'm also grateful to the Mass Humanities Board for their partnership and the incredible work they do to expand opportunities across our state."

About the awardees:

• Margaret Burnham, of Boston, is an internationally recognized expert on civil and human rights, comparative constitutional rights, and international criminal law. As a Distinguished Professor of Law at Northeastern University, she is the founder and director of the Civil Rights and Restorative Justice Project at Northeastern and the first African American Judge in Massachusetts. Burnham is being honored for her dedication to exploring history, illuminating truth and confronting injustice in order to protect civil and human rights locally, nationally and internationally.

• Vanessa Calderón-Rosado, of Boston, is the CEO of Inquilinos Boricuas en Acción, Boston. She has had a long and multifaceted career demonstrating a commitment to the humanities within education, community development, and philanthropy in Boston and across the state. Calderón-Rosado is being honored for her work that actively promotes Latinx culture and builds community through the arts in Boston's South End and for her contributions to shaping a more equitable philanthropic ecosystem in Massachusetts.

• Kumble Subbaswamy, of Amherst, is the retiring Chancellor of UMass Amherst and a committed public education advocate. Subbaswamy is being honored for his commitment to education and transformative work at UMass Amherst. His work building a campus culture centered on social responsibility and inclusiveness are essential elements in the humanities.

• Elizabeth Bacon, of Worcester, is the coordinator of the Clemente Course in the Humanities, Worcester. She has been a long-time leader, on-the-ground coordinator, and advocate in the humanities. Her extensive contributions to the humanities includes her work at This is MYCity! and Worcester's Blackstone Canal Horse and Wagon Tours. Bacon is being honored for her excellence in using history as a tool for community development and economic empowerment and tirelessly advocating for the humanities in her home city and across the state.

"Massachusetts is a better place because of the contributions made by this year's Governor's Awards honorees," said Brian Boyles, Executive Director of Mass Humanities. "They continue to break barriers, elevate the voices of their communities, and contribute to our understanding of the Commonwealth and the nation. We thank Governor Healey for partnering with us this year to celebrate these transformational humanists."

Since 2014, Mass Humanities has hosted the Governor's Awards to recognize excellence in the humanities. Past awardees include: Callie Crossley, Henry Louis Gates, Jr., J. Hubie Jones, Margaret Marshall, Atul Gawande, Ellen Dunlap, Jessie Little Doe Baird and Sonia Nieto among others.

Mass Humanities collaborates with the Office of the Governor to recognize individuals whose public actions enhance civic life in the Commonwealth through a deep appreciation of the humanities.

Proceeds from sponsorships, ticket sales and direct donations benefit the organizations and programs that Mass Humanities supports each year including Expand Massachusetts Stories, The Clemente Course in the Humanities, Reading Frederick Douglass Together and the Smithsonian Museum on Main Street traveling exhibit.

In 2022, Mass Humanities provided over $1 million in direct funding to more than 100 organizations across the commonwealth. Read our 2022 Annual Report here.

For further information, contact John Lynds, Director of Communications, at jlynds@masshumanities.org.

To support the 2023 Governor's Awards, contact Jill Brevik, Manager of Annual Giving, at Jbrevik@masshumanities.org.

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Docket No. SU23P1716EA
Estate of: Michael D. Zarba
Date of Death: June 06, 2023

To all persons interested in the above captioned estate by Petition of Petitioner Michelle Pettee of Winthrop, MA.
Michelle Pettee of Winthrop, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.
The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/28/23
W

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By virtue and in execution of the Power of Sale contained in a certain mortgage given by Edward J. Bomarsi, Cerisse Bomarsi to Mortgage Electronic Registration Systems, Inc., as nominee for Mortgage Master, Inc., dated December 24, 2014 and recorded in the Suffolk County Registry of Deeds in Book 53908, Page 262, of which mortgage the undersigned is the present holder, by assignment from:
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Ditech Financial LLC to New Residential Mortgage LLC, recorded on March 9, 2020, in Book No. 62644, at Page 13
New Residential Mortgage LLC to NewRez LLC d/b/a Shellpoint Mortgage Servicing, recorded on September 8, 2022, in Book No. 68186, at Page 109
for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 9:00 AM on October 6, 2023, on the mortgaged premises located at 24 Governors Drive, Winthrop, Suffolk County, Massachusetts, all and singular the premises described in said mortgage,
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NORTHEASTERLY: by said street, fifty-three (53) feet;
SOUTHEASTERLY: by lot 19, ninety-two (92) feet;
SOUTHWESTERLY: by Lots 18 and 17, fifty-three and 04/100 (53.04) feet;
NORTHWESTERLY: by lot 21, ninety (90) feet.
Containing 4,823 square feet, be said measurements and contents more or less and all according to said plan.
For mortgagor's(s') title see deed recorded with Suffolk County Registry of Deeds in Book 53908, Page 260.
These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.
TERMS OF SALE:
A deposit of Five Thousand ($5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.
Other terms, if any, to be announced at the sale.
NEWREZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING
Present holder of said mortgage
By its Attorneys,
HARMON LAW OFFICES, P.C.
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Newton, MA 02458
(617)558-0500
24106

9/14/23, 9/21/23, 9/28/23
W

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Publisher (Name and complete mailing address): Stephen Quigley, 385 Broadway, Suite 105,Revere, MA 02151
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Full Name	Complete Mailing Address
Stephen Quigley	385 Broadway Suite 105 Revere, MA 02151
Cary Shuman	385 Broadway Suite 105 Revere, MA 02151
Maureen DiBella	385 Broadway Suite 105 Revere, MA 02151
Scott Yates	385 Broadway Suite 105 Revere, MA 02151

11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. If none, check box → ☑ None

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f. Total Distribution (Sum of 15c and 15e)		3200	2837
g. Copies not Distributed (See Instructions to Publishers #4 (page #3))		100	463
h. Total (Sum of 15f and g)		3300	3300
i. Percent Paid (15c divided by 15f times 100)		96%	96%

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c. Total Print Distribution (Line 15f) + Paid Electronic Copies (Line 16a)	3200	2837
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18. Signature and Title of Editor, Publisher, Business Manager, or Owner — Date: 9/28/23

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FKO to open Winthrop Facility for infant and toddler community playgroup

Special to the Transcript

For Kids Only Afterschool (FKO) will utilize their newly constructed Winthrop facility by running an infant and toddler Community Playgroup during school day mornings. After a highly successful six-week pilot in the spring of 2023, this innovative program is set to resume on October 2, and will provide a welcoming space for parents and caregivers to connect and for children to play.

The primary intention of this offering is to maximize the use of FKO's child-friendly program space during the hours when school-age children are in school, and the facility is unused. This initiative is driven by FKO's commitment to support families in the Winthrop community by offering a safe and nurturing environment for children to live, learn and grow.

"As a nonprofit, our organization needs to think creatively with how to best fulfill our mission in the most cost-effective way," said Deborah Kneeland Keegan, Executive Director at FKO. "We understand the challenges parents and caregivers are facing in finding early childhood experiences for their little ones, as well as a changing workforce dynamic, and we thought this program could address the needs of children and families in the community."

Young Winthrop residents enjoying some playtime at the Winthrop For Kids Only facility.

Classrooms will be transformed from their afterschool arrangement into playgroup spaces, equipped with engaging learning materials tailored to the unique needs and interests of infants and toddlers. The environment will be designed to promote exploration, creativity, and cognitive development in a fun and supportive setting, while providing a much-needed opportunity for socialization among children and their caregivers.

Through an ongoing partnership with Project Play Winthrop, a parent-led initiative to provide social and creative programming to young children and their caregivers, the Community Playgroup will also offer weekly activities led by specialists such as singalongs, music and movement classes, sensory workshops and STEM activities. These activities will be organized by Project Play and included as part of the weekly Playgroup schedule at no additional cost to families.

Beginning October 2, the playgroup will be open to all children ages 1-5 for a drop-in fee.

FKO is a nonprofit organization providing out of school time care to communities in and around the Metro Boston area.

Zonta Club of Chelsea and North Shore news

Special to the Journal

The Zonta Club of Chelsea and North Shore recently held their monthly meeting at The Antique Table Restaurant in Winthrop. At the meeting, they welcomed guest speakers Julia Hajedemos and Katherine Lopez teachers from the Sololowski Elementary School in Chelsea, who familiarized the members about the "Girls on the Run" program. It is an afterschool program which inspires girls to be joyful, healthy and confident using a fun, experienced based curriculum that creatively integrates movement. "Girls on the Run" envisions a world where all girls can know and activate their limitless potential and be free to boldly pursue their dreams. Each year, more than 200,000 girls ages 8 to 13 participate across the U.S. and Canada. This is a worthy organization which the Zonta Club of Chelsea and North is interested in donating to.

Photo from Left to Right: Sokolowski teacher Katherine Lopez, Zonta Member Adele Lubarsky, Zonta Member Joan Lanzillo-Hahesy, Sokolowski teacher Julia Hajedemos.

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