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WINTHROP

SUN  TRANSCRIPT

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50 CENTS

THURSDAY,
August 3, 2023

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INDEPENDENT



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Newspaper Group

NEWS Briefs

MASSPORT
ANNOUNCES
SCHEDULE FOR
SUMMER RUNWAY
WORK AT BOSTON
LOGAN

The Massachusetts Port Authority (Massport) has announced the Runway 15R-33L Safety and Pavement Rehabilitation Project schedule for this summer. In collaboration with the Federal Aviation Administration (FAA), Massport will begin work on Runway 15R-33L in August, with construction planned for approximately 100 days.

Serving as the longest runway at Boston Logan, Runway 15R-33L is primarily used by the FAA during northwest winds, which are typically prevalent in winter and spring months, and is the preferred late-night over Boston Harbor runway for noise abatement purposes. Runway 15R-33L was last rehabilitated in 2012.

Beginning August 14, Runway 15R-33L will be closed to all aircraft arrivals and departures. Consistent with FAA requirements, the project will improve runway safety by enhancing the lighting and the surface conditions. Work will be done in several phases to include the following:

See NEWS BRIEFS Page 4



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Shown above, Mr. Irving Francis Mycue's proud family join Winthrop officials for a photo at the dedication ceremony. From left, Town Council President James Letterie, Councilor-At-Large Tracey Honan, Michael Marie, Kathleen Marie, Suzanne Marie, John Marie, Bill Marie, and Winthrop Veterans Officer Phil Ronan. Shown right, The Irving Francis Mycue memorial street sign at the corner of Sewall and Highland Avenues.



US NAVY VETERAN IRVING FRANCES MYCUE
STREET SIGN DEDICATION CEREMONY

By Cary Shuman

The Town of Winthrop dedicated a memorial street sign in honor of US Navy Machinist Mate First Class Irving Francis Mycue, who was killed in the performance of his

duty and in the service of his country during the D-Day Invasion of Normandy in World War II in 1944.

Mr. Mycue left behind a wife, Catherine Mycue, with five small children, the oldest being nine years

old. The memorial sign, honoring Irving Francis Mycue, was dedicated at the corner of Sewall and Highland Avenues. Mr. Mycue resided at 33

See MYCUE Page 5

Town installs new Winthrop Beach
stairs at Locust Street entrance

By Adam Swift

The state's Department of Conservation & Recreation has signed off on the town's installation of a new set of stairs at the Winthrop Beach access point on Locust Street.

The condition of the stairs had been an issue for over a year, but Town Council President James Letterie said the issue can now come off the council's docket.

"Last spring/early summer, there was a set of stairs at the Locust Street entrance to the beach that was taken down from the DCR," said Letterie. "We immediately called and asked them to rectify the situation."

While the old stairs were not initially installed by the DCR, Letterie said they removed them because of safety concerns.

"We were told they would take a look at it,

and I asked state Representative Jeff Turcom to also call," said Letterie. "He called on behalf of the town and we were told they would look into it."

Last year, Letterie said the DCR told the town it was too late in the season for them to do too much about the stair situation, so the town asked about it again this spring.

"We called with our concerns again," said Letterie. "There are not an incredible amount of good access points to the beach that have a nice beach area right there, and we felt that was one that really needed to be done."

Eventually, Letterie said he and Town Manager Tony Marino decided to move ahead with the town installing new stairs at the Locust Street access point. The DCR gave the okay for the town to complete the project.

"We were pleased that

DCR understood our concerns and they appreciated the fact that we took steps to rectify the situation," said Letterie.

Letterie thanked the town's public works department for installing a solid set of stairs that will benefit the residents of the town.

The town is also looking back at the town's original agreement with the then Metropolitan District Commission about the care of the beach, which dates back to the Blizzard of '78.

"We talk about the beach so much, and Winthrop Beach is technically DCR's, but it's Winthrop property," said Letterie. "We're in the process of trying to look at that document ... to see what responsibilities are on the DCR to make sure that the beach is well maintained and taken care of."

New firehouse
debate draws a
crowd at council
meeting

By Adam Swift

On the night the Town Council appointed a Firehouse Building Committee for a new fire station at the site of the Wadsworth Building on Winthrop Street, residents crowded into the Harvey Hearing Room at Town Hall, spilling far out the door.

Many raised concerns about the potential displacement of the storied local Meat Market if the firehouse plan is approved at the ballot box on Nov. 7. Others raised concerns about the general location of the project, the potential price tag, and the decision not to move forward with a combined police and fire public safety building.

If approved, the new firehouse would also house the town's health and emergency medical services departments.

Before opening up the public speaking portion of Tuesday night's meeting, Council President James Letterie addressed some of the concerns that have been swirling around town the past several weeks concerning the project.

"I'd like to bring the audience up to speed at how we arrived at the proposal we submitted last Tuesday and hopefully we will be able to clear up some of the misinformation or confusion that is out," said Letterie.

See FIREHOUSE Page 3



Cottage Park Yacht Club.

CPYC to host soiree, regatta, and
dinner to benefit Make-A-Wish

Special to the Transcript

Cottage Park Yacht Club will host its 29th Regatta to Benefit Make-A-Wish Massachusetts and Rhode including several fun events August 5-7.

New this year, the club will have a Summer Soiree evening of elegance on Friday at 7 p.m. with live music and tastings of

beer, wine, and spirits. The event features an auction and raffles.

"This weekend is about bringing people together to have a good time for an incredibly important cause. The money we raise will help children and their families as they face an unthinkable ordeal,"

See CPYC Page 2


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WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

MONDAY, JULY 17

0957: A resident came into the station to report that he had been defrauded of \$14,000. The officer filed a report.

1107: The DPW reported hit-and-run damage to street signs at Franklin and Payson Sts.

1116: An officer spoke to a male party who acknowledged his responsibility for the damage to the street signs.

1240: An officer stopped a motor vehicle on Main St. for the civil moving infractions of a red light violation and a marked lanes violation. The officer gave a verbal warning to the operator.

1327: A Vine Ave. resident reported that his cat had been missing since the previous night.

1446: A tow company reported the trespass tow of a motor vehicle from Governors Park.

1936: An officer ordered a tow for a disabled motor vehicle on Winthrop St.

2145: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

TUESDAY, JULY 18

1040: An officer assisted National Grid with moving a motor vehicle

parked at Ocean Ave. and Shore Drive where National Grid was doing some work.

1524: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident on Deane Ave.

1746: A resident reported that she received a phone call from someone posing as a debt collector who tried to convince her to make a \$1000 payment to settle an old debt. The officer filed a report.

WEDNESDAY, JULY 19

0145: A report of a dead cat in the roadway at Shirley and Revere Sts. was referred to the DPW.

1018: A resident reported that there was a rabid raccoon on Central St. The Animal Control Officer responded and determined that the raccoon had been trapped in a trash barrel all night and was okay.

1705: A person reported that a dog was on the loose in the cemetery near Cross St. An officer located the owner.

2325: Officers responded to a report of a fight between two male parties on Revere St. One person was transported to the hospital for intoxication and bruises to his cheek. The officer filed a report.

THURSDAY, JULY 20

0254: An officer issued parking tickets to two vehicles on Ocean View St.

1628: A resident came into the station to report that she had been notified by a credit reporting agency that there had been an attempt to open a bank account in her name. The officer filed a report.

1830: An officer ordered a tow of a motor vehicle at Amelia Ave. and Morton

St. that had not moved for months and was on the 72-hour list. The officer filed a report.

1931: A report of a group of 10 youths spray-painting the walls at Deer Island was referred to the State Police.

1936: An officer dispersed a group of youths who were tossing a football at the Public Landing.

2012: Officers responded to a report of youths racing motor scooters in the area of Highland and Sewall Aves. Officers located the youths at Hanaford Park. The scooters were towed and the parents were notified to come pick up their children. The officers filed reports.

2117: An officer stopped a motor vehicle on Winthrop St. for the civil moving infraction of not using headlights after dark. The officer gave a verbal warning to the operator.

2342: An officer stopped a motor vehicle on Main St. for the civil moving infraction of an equipment violation. The officer gave a verbal warning to the operator.

2351: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a red light violation. The officer gave a verbal warning to the operator.

2354: An officer stopped a motor vehicle at Cutler and Shirley Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

FRIDAY, JULY 21

1047: An officer stopped a motor vehicle on Cliff Ave. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1126: An officer issued a parking ticket to a vehicle on Shirley St. at Delby's Corner.

1156: A report of a dead possum in the street on Orlando Ave. was referred to the DPW.

1206: A resident came into the station to report that her identity was used to open a fraudulent credit card with a limit of \$5000. The officer filed a report.

1229: An officer issued parking tickets to three vehicles on Tileston Rd. with expired inspection stickers.

1410: An officer issued a parking ticket to one trailer and a citation for a civil moving violation to an unregistered trailer at the Public Landing.

1601: A person came into the station to report the theft of a military plaque from a grave marker at the cemetery that may have occurred four years ago. The officer filed a report.

2132: Reports of flooding in the areas of Walden St., Franklin St., and Morton St. were referred to the Fire Dept. and the DPW.

2247: An officer helped a motor vehicle stuck in the water on Crest Ave. to move out of the roadway.

2350: A person came into the station to report that her parked motor vehicle was struck by another vehicle on Woodside Ave. The officer filed a report.

SATURDAY, JULY 22

0844: An officer directed the owner of an unregistered motor vehicle on Prospect Ave. to move her vehicle onto private property.

1002: An officer stopped a motor vehicle at Main and Paine Sts. for the civil moving infraction of making an illegal left turn. The officer gave a verbal warning to the operator.

1030: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

1256: An officer directed the operator of a motor vehicle parked the wrong way on Revere St. to move the vehicle.

1341: An officer stopped a motor vehicle at Pleasant St. and Enfield Rd. for the civil moving infraction of excessive window tint. The officer issued a citation to the operator, who had been warned to take care of the problem five times previously.

1527: An officer stopped a motor vehicle on Winthrop St. for the civil moving infraction of a stop sign violation. The

officer gave a verbal warning to the operator.

1745: An officer stopped a scooter on Morton St. and informed the operator of the laws regarding scooters. The officer directed the operator to take the scooter home until the paperwork is straightened out.

1815: An officer stopped a motor vehicle on Revere St. for the civil moving infraction of a red light violation. The officer issued a citation to the operator.

1825: An officer stopped a motor vehicle with an expired registration at Main and Wilshire Sts. The officer gave a verbal warning to the operator, who pulled over to register the vehicle online.

1838: An officer stopped a motor vehicle on Winthrop St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

1852: An officer stopped a motor vehicle at Winthrop and Buchanan Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1909: An officer stopped a motor vehicle on Winthrop St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1935: An officer stopped a motor vehicle on Wadsworth St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

2216: An officer stopped a motor vehicle at Shore Drive and Forrest St. and issued a citation to the operator for the criminal offense of operating a motor vehicle with a suspended license and for the civil infraction of operating an unregistered motor vehicle.

2250: An officer dispersed persons who were camping out at the Public Landing.

SUNDAY, JULY 23

0213: An officer issued a parking ticket to a vehicle on Cora St.

0910: An officer stopped a motor vehicle at Pleasant St. and Woodside Ave. for the civil moving infraction of speeding. The officer issued a written warning to the operator.

0923: An officer stopped a motor vehicle at Pleasant St. and Woodside Ave. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1001: An officer stopped a motor vehicle at Pleasant and Pauline Sts. for the civil moving infraction of speeding. The officer issued a written warning to the operator.

1016: An officer stopped a motor vehicle at Pleasant St. and Woodside Ave. for the civil moving infraction of speeding. The officer issued a written warning to the operator.

1152: A caller reported that a dog was locked in a motor vehicle at Pearl Ave. and Shirley St. and was barking and crying. The officer who responded attempted to get in touch with the registered owner of the vehicle through the Boston Police in Allston, but was unable to do so. Even though the windows were open, the temperature inside the vehicle was 108.8 degrees. The officers took the dog out of the vehicle and called the number on its tag, but there was no answer. An officer brought the dog to the vet to get checked out. The officer filed a report.

1317: An officer directed the owner of a motor vehicle parked so as to obstruct Beach Rd. to move the vehicle.

1413: An officer stopped a motor vehicle on Sturgis St. for a civil moving infraction. The officer gave a verbal warning to the operator.

1521: A resident came into the station to report a larceny of property. The officer filed a report.

1530: A tow company reported the trespass tow of a motor vehicle from Pleasant St.

1601: An officer responded to a tenant-landlord dispute and informed the parties of their rights.

1757: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident on Governors Drive. The officer filed a report.

1959: An officer stopped a motor vehicle at Maryland and Tafts Aves. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

MONDAY, JULY 24

0058: An officer issued a parking ticket to a vehicle without a resident parking sticker on Winthrop St.

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WINTHROP MARKETPLACE

CRUNCHY ROMAINE SALAD

INGREDIENTS:

- 1 cup white sugar
- ¾ cup canola oil
- ½ cup red wine vinegar
- 1 tablespoon soy sauce
- salt and ground black pepper, to taste

- 1 (3 ounce) package ramen noodles
- ¼ cup unsalted butter
- 1 cup chopped pecans
- 1 bunch broccoli, coarsely chopped
- 1 head romaine lettuce, torn into bite-size pieces
- 4 green onions, chopped

DIRECTIONS

STEP 1: Combine sugar, oil, vinegar, soy sauce, salt, and pepper in a jar with a tight-fitting lid; shake until well blended. Break ramen noodles into small pieces, discarding flavor packet.

STEP 2: Melt butter in a skillet over medium heat; cook and stir noodles and pecans until browned, about 5 minutes. Drain on paper towels and allow to cool.

STEP 3: Combine noodles, pecans, broccoli, romaine lettuce, and green onions in a bowl; toss gently. Dress with 1 cup, or more, of dressing; toss to coat.

35 REVERE ST., WINTHROP (617)846-6880

CPYC // CONTINUED FROM PAGE 1

said CPYC Commodore John Cataldo. “It’s an opportunity to truly make a difference.”

Every year, Make-A-Wish gives children facing medical challenges hope through a once-in-a-lifetime experience. The need has never been greater as the organization faces a backlog of requests due to the COVID-19 pandemic.

“There are so many children waiting for a special experience and it can only happen with the support of our community,” said George Deveney, Make-a-Wish Massachusetts and Rhode Island Chief Advancement Officer. “We appreciate all the efforts that are going into making this weekend a tremendous success.”


On Saturday and Sunday, there are races for youth sailing and one-design boats. A Pursuit race also takes place on Saturday. On Saturday night, there is a Celebration Dinner with an auction and raffles.

For tickets to the Soiree or dinner and to learn more about the races, go to <https://cpyc.org/make-awish/>.

To learn more about Make-A-Wish Massachusetts and Rhode Island, visit massri.wish.org.

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Police Explorers participate in national training conference

Special to the Transcript

This past July 17 to July 21, the Winthrop Police Explorers traveled by plane to Gatlinburg, TN to attend the Public Safety Cadets National Competitive Training Conference - Summer Showdown

where they competed against 100 talented teams from across the United States in a week-long competition. The competition focused on the type of calls received by police such as burglary in progress

See EXPLORERS Page 3



Members of the Winthrop Police Explorers pictured at the Summer Showdown in Gatlinburg, TN.

Town proclaims Mike Eruzione Day for end of August

By Adam Swift

Saturday, August 26 will officially be Mike Eruzione Day in Winthrop.

Tuesday night, the Town Council approved a proclamation for the day for the 1980 USA Olympic Ice Hockey captain and champion to coincide with a showing of Miracle on Winthrop Beach sponsored by the Friends of Winthrop Beach.

In addition to the showing of the movie on the beach, the town will be flying the 1980 Olympic Flag, along with an insignia of Eruzione’s number 21 uniform number from Friday, August 25 through Sunday, August 27.

The proclamation honors the night the team won the gold medal against Finland on Feb. 24, 1980,

as well as the game two nights earlier when Eruzione made the game-winning goal against the seemingly invincible Soviet Union team in the semifinals.

“Mike Eruzione has donated his time, financial contributions, and experience through his Winthrop Charities Foundation for many deserving individuals and organizations within his beloved hometown,” the proclamation states. “The town of Winthrop recognizes the importance of celebrating this date for Mike Eruzione.”

Town Council President James Letterie said August 26 was selected to honor the hometown hero to coincide with the showing of Miracle on Winthrop Beach at 8 p.m. The film about the 1980

Olympic hockey team stars Kurt Russell as coach Herb Brooks and Patrick O’Brien Demsey as Eruzione.

“We thought that in accordance with (the showing of the movie) it would be a very nice gesture for the town to make more of this to get more people down to watch it,” said Letterie. “It’s an incredible movie, probably the best sports movie ever made.”

Precinct 5 Councilor Joseph Aiello said that Winthrop is known far and wide as the hometown of the Olympic hero.

“I know a lot of us in this room and in this town travel extensively, and the one thing 90 percent of people say when I tell them I am from Winthrop, they say Eruzione,” said Aiello. “It’s really remarkable.”

Explorers // CONTINUED FROM PAGE 2

ress, arrest and search, officer rescue, active shooter, unknown trouble, a person in distress, force options, numerous marksmanship challenges as well as a drill team competition. Cadets also attended training classes focused on topics such as human trafficking, self-defense, and leadership as well as attended a job fair with federal, state and local agencies present. Lieutenant Steve Rogers stated “We are very proud of our cadet program. We have been running our cadet program since 1995. We have over 50 former members serving in fed-

eral, state, and local level law enforcement including five on the Winthrop Police Department. It has been a huge success. This conference opens up a wide variety of options for youth interested in a future career in policing, as well as law enforcement and public safety in general.”

The Winthrop Police Department Public Safety Cadets/Explorers is a career-oriented program that allows young adults to explore a career in Law Enforcement by working with local law enforcement agencies. The program is available to young adults between the ages

of 14 and 21. Cadets participate in numerous activities like community service projects, various training with local, state, and federal Law Enforcement Officers, and compete in regional and National Law Enforcement Competitions.

The goal is to provide youth with a specialized training program that focuses on practical experiences and activities that not only better prepare young adults for a public safety career, but also emphasize the role of first responders in society.



The Winthrop Police Explorers enjoying their time in Tennessee.

LOCAL STUDENT EARNS ACADEMIC HONORS

LOWNEY, GRADUATES FROM ROGER WILLIAMS UNIVERSITY

Roger Williams University is proud to announce that Daniel Lowney, of Winthrop, graduated with a BS web development in May as part of the Class of 2023.

About RWU: At Roger Williams University, students are prepared to be thinkers and doers ready to solve challenging prob-

lems with innovative solutions. RWU offers 50 majors and robust offerings of graduate and professional programs across eight schools of study including Rhode Island's only law school, with campuses on the coast of Bristol and in the heart of Providence, R.I. With small classrooms and a focus on undergraduate and graduate research and community engagement, a Roger Williams education blends the

strength of liberal arts and professional studies, providing all students with the depth and breadth of interdisciplinary thinking and well-rounded knowledge necessary to succeed in our interconnected, global world. RWU is committed to strengthening society through engaged scholarship so that students graduate with the ability to think critically and apply the practical skills that today's employers demand.

Firehouse // CONTINUED FROM PAGE 1

In 2018, Letterie said the town manager hired the architectural firm Kaestle Boos for a proposed fire station/public safety building. In 2019, there was a public forum to discuss 10 targeted sites, followed by another forum in 2021 with updated pricing and two specific targeted sites – the seventh hole at the golf course and the Little League A field.

Late in 2022 and into early 2023, Letterie said the town focused on two different sites – the current headquarters station on Pauline Street and the site that was proposed last week on Winthrop Street. Both the Pauline Street station and the fire station on Shirley Avenue date back to the turn of the 20th century.

Letterie noted that over the past several years, there has also been some discussion about building a new fire station or public safety building at the old middle school site.

“The middle school site, the town has felt, has always been considered as a plan for economic stimulus in terms of revenue for the town,” said Letterie.

Both the Pauline Street and Winthrop Street sites involved eminent domain takings, with two friendly takings on Winthrop Street, and the potential for seven to nine hostile takings at the Pauline Street site, Letterie said.

Building on the Pauline Street site would also potentially lead to the displacement of the current fire station while construction was ongoing, Letterie said.

“We, as a town council, would also never want to lose a single business in this town,” said Letterie. “Winthrop prides itself on its retention rate among businesses, the town manager has already reached out and talked to the Chamber (of Commerce) along with the landlord to begin the process of identifying potential sites for those wishing to relocate. The town manager and the Wadsworth landlord will be meeting next week with the owners of the Meat Market and have future

meetings with any other interested tenants.”

Letterie said the council and the town have an obligation and a strong desire to assist with the moving of any business into any new location.

Over the next three months, Letterie said the new Firehouse Building Committee will have public meetings and forums on the plan for the new building.

“They will try to educate and answer any questions asked, including site location, including displacement, including cost to the taxpayers,” said Letterie. “On Nov. 7, there will ultimately be a ballot question that would include this proposed plan. It would be a debt exclusion question on the ballot.”

Meat Market co-owner Sandro Cimino spoke about the potential displacement of the longtime business, as well as the town’s need for a new fire station.

“Recently, we found out that the town intends to take the property by eminent domain,” said Cimino. “We found this out by customers calling us and asking questions. We had no idea prior to that, and we immediately began thinking about how do we survive as one of the oldest business establishments in town.”

Cimino said there were immediate concerns about how and where the business would move to, and who would pay for the relocation and potential increased rent.

“We want you to know and the public to know that we don’t intend on closing our business,” said Cimino. “This is our primary source of income.”

Cimino noted that the business has always stood behind town departments, organizations, and nonprofits, and was encouraged by recent outreach from the council and the town manager that they would be looking to assist the business with any transition.

“I hope this council understands the value we bring to the communi-

ty and we want to stay,” said Cimino. “We know the firefighters support our business and are loyal customers and we support them as well. This is not a statement against the building or the firehouse, which we understand is needed and support that as well.”

Police Chief Terence Delehanty spoke as a customer and strong supporter of the Meat Market.

“Over the years, they have helped us, police and fire, parks and rec, with fundraisers... and over the last 30-plus years I have been going in there, they have become family,” said Delehanty.

Delehanty urged the council and the town manager to put together a plan for the business’s relocation and increased costs and ensure that they have comparable space in town.

“I support the firefighters, I understand their needs... they are our friends as well and they are loyal customers as well,” said Delehanty. “That is my expectation of the council, I wanted to make sure you understood my expectations as a voter, but we already have a footprint where we have done this, we’ve done this with the rebuilding of Miller Field. We did an eminent domain taking of personal property, and we had to reconstruct that property.”

A number of the residents who spoke noted that the Meat Market has been in the community for decades and serves as an important social center for a small town. Many noted that if the business does relocate, the town needs to offer hefty assistance for finding a new location, relocation costs, and the likelihood of increased rent at a new location.

It was also pointed out by several residents that Winthrop Meat Market is not the only business at the Wadsworth Building, and that the town already has a premium on potential locations for retail business that would only get worse if the Wadsworth Building is taken for the firehouse project.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Capone, Francesca	St George Jr, Lawrence R	20 S Main St	\$375,000
Foley, Leonara	Lucas, Jon A	54 Quincy Ave	\$1,400,000
Staley, Brenda K	Gagnon, Scott J	171 Winthrop Shore Dr #1	\$670,000
Moschella, Aliza D	Mcgrail, Brent	183 Cottage Park Rd	\$1,035,000
Carregal, Caroline	Pratt, Cara R	550 Pleasant St #410	\$609,000

Are You Having Trouble Controlling the Way You Eat?

Food Addicts in Recovery Anonymous

Weekly meetings are free and available for anyone suffering from food addiction, food obsession, overeating, under-eating or bulimia. There are no dues or weigh-ins.

ANDOVER Saturday 8:00 – 9:30 am Christ Church, 33 Central St., Sharon H. 617-515-7292 / Lauren S. 415-690-9401	Calvary United Methodist Church, 300 Massachusetts Ave., Vera V. 617-308-7740 / Kelly M. 781-572-0109	Chelsea Police Station, 19 Park Street, Darlene D. 857-654-5494 / Evelyn C. 617-240-2447	1400 VFW Parkway, Tricia H. 781-325-3626 / George M. 781-752-9157 Saturday 8:15 – 9:45 am VA Hospital West Roxbury, 1400 VFW Parkway, Tricia H. 781-325-3626 / Courtney T. 617-610-2367
ARLINGTON Tuesday 9:30 – 11:00 am	CHELSEA Wednesday 7:00 – 9:30 pm	WEST ROXBURY Tuesday 7:00 – 8:30 pm VA Hospital West Roxbury,	

For more information about FA, speak with a local member or visit our website: www.foodaddicts.org

ABOUT FOOD ADDICTS IN RECOVERY ANONYMOUS: Food Addicts in Recovery Anonymous is a tax-exempt, non-profit Twelve Step program based on the principles of Alcoholics Anonymous (AA) that helps people of all ages who have issues with body image and/or food. There are no dues or fees for members. Anyone, from any walk of life, who seeks recovery from problems with food, is welcome.

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OUR

Opinions

MAKE THE MOST OF
THE REST OF SUMMER

The days are becoming noticeably shorter and the sun is not as intense as it was just a few weeks ago. Combined with the cooler temperatures that arrived this week, the inevitability of the end of summer cannot be denied.

On the bright side however, the Labor Day weekend is more than four weeks away, which means that there still is plenty of time to create memories with our friends and family members that will last a lifetime.

So our message is simple: Let's use these next few weeks to make the most of the Summer of 2023!

GUEST OP-ED

Seek medical truth, enjoy your life

and that she didn't have to worry." She was very displeased with her doctor's passive attitude about her condition that would soon take her life.

Another friend of mine was diagnosed with prostate cancer. His doctor's approach to his condition was that, "They would watch it. When it became worse, they would do something about the cancer." They watched it and they watched it kill my friend. Within a year it was out of control and had spread outside his prostate. The doctor's relaxed attitude about a serious situation did not go well for my friend.

Many doctors want to make you to feel good. Of course, we don't want a doctor whose goal is to make us feel bad. Typically, they don't want to lose you as a patient. Still, they should diplomatically tell you what you may not want to hear.

Keep in mind the doctor ordinarily knows more

than we do. However, you do know how you feel. Be aware of your family history. In this information age you have to do some self-study. There is a lot of information on-line about most conditions you are facing. You have to research thoroughly though because often you can find whatever response you want on the Internet. Ask your doctor questions about your research. Tell him or her that you want to make good choices. Be willing to travel to another town if your doctor refers you or seek out someone who might be able to provide the care you need.

The bottom line is we have to rake personal responsibility for our health and do the best we can do. Even when we do everything, we can think of to do, these bodies are subject to disease and death.

Richard Thousand is with the Taussig Cancer Center at Cleveland Clinic. He was recently talking to me about the many medical advances made in recent years and noted more are on the way. He then said something I had only heard my dad say many times, "Glenn, we aren't going to get out of this world alive. From the moment we are born, there is something that is trying to kill us. Eventually, it's going to happen."

The bottom line is do the best we can with the information we have. Be diligent. Be thorough. Seek the truth from your doctor. Finally, enjoy your life, we all only get one.

SINEAD O'CONNOR WAS A
PROFILE IN COURAGE

When the late Sinéad O'Connor tore up a picture of the Pope on Saturday Night Live after her acapella performance of Bob Marley's "War" in 1992, the full extent of the Catholic Church's complicity in facilitating widespread child-molestation was not fully known.

Here in the Boston area, the predations of the former priest from Revere, James Porter, who molested hundreds of Boston-area children with the full knowledge of Church officials (who had simply reassigned him to different parishes where he continued to molest more and more children) had just come to light.

Church officials assured their members that Porter was just an aberration. But a decade later, when the Boston Globe Spotlight team unveiled the full picture of the Church's misdeeds and coverups, it became clear that Porter was just the tip of the iceberg, not only in Boston, but throughout the world.

Though O'Connor, who herself had been a victim of child abuse (though not by the church), destroyed her career with her outspokenness on that Saturday Night Live appearance, the courage she displayed with that performance will far outlive her musical legacy.

By Dr. Glenn Mollette

Does your doctor make you feel good? Does he or she tell you what you want to hear just to make you happy? If so, you probably should look for another doctor.

No one enjoys leaving the doctor's office feeling bad. We don't want to hear, "You need to change your lifestyle." We don't want to hear, "You need to cut way back on your sugar intake." We enjoy our habits. Habits are hard to break. My wife's grandfather loved smoking. He wouldn't give it up even after numerous cancer surgeries. He died at age 65.

A friend died recently. She died from what is often called fatty liver disease. Six months before she died, she told me she was terminal. She said, "I guess I drank too much alcohol throughout my lifetime." She went on to tell me that her family doctor two years prior had said her issue wasn't severe

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch, and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories, and features appear each week in over 500 newspapers, websites and blogs across the United States.

WHY DESANTIS DOESN'T
HAVE A PRAYER AGAINST
TRUMP

For anyone who has even a passing interest in presidential politics right now, initially it may seem perplexing that Florida Governor Ron DeSantis is getting clobbered in the polls by former President Donald Trump.

While it may be true that DeSantis has shot himself in the foot time and time again with his views about any number of issues that are so far Right that even the most conservative Republicans are bewildered by what he says (the most recent example being his support for teaching Florida school children that slavery may have benefited slaves), the real reason why he is trailing Trump by double-digits -- and that margin is growing larger (even in Florida) -- is that DeSantis is nothing more than just another politician.

From the moment that he rode down that escalator in Trump Tower, the big allure of Donald Trump (for his base of supporters) is that he is anything but a typical politician. His campaign rallies and rambling speeches do not follow anything close to a traditional political script.

For his opponents, particularly DeSantis, trying to outthink or outwit Donald Trump is a fool's errand. Trump doesn't play by the rules, which not only has proven bad for the country-at-large (January 6), but also means that he is not constrained by the conventions of politics-as-usual. It's not so much that Trump is playing three-dimensional chess, but that he flips over the board whenever he feels threatened.

In addition, DeSantis faces the conundrum that by accepting Trump's pretext that the 2020 election was stolen from him, he cannot claim that Trump is a loser. In short, he has swallowed Trump's bait -- hook, line, and sinker.

The bottom line is that to Trump voters, Ron DeSantis sounds just like any other politician on the campaign stump. There's nothing about him that is even remotely appealing to the GOP base (or anyone else, for that matter), not to mention that DeSantis has an intensely dislikable personality that makes him seem to be talking down to his audience.

Trump may be a con man -- but both he and his supporters know it and even embrace it.

As for DeSantis, he is as appealing a candidate as Joe Biden -- which is the biggest insult you can toss at any GOP politician.

News Briefs //

CONTINUED FROM PAGE 1

- Replacing pavement and improving runway and taxiway intersections;
- Upgrading electrical infrastructure;
- Converting runway lights to energy efficient LEDs.

In addition to the runway rehabilitation elements, FAA recommended safety improvements will be made to several taxiway intersections to reduce the potential risk of aircraft runway incursions and to enhance airfield safety overall.

This August date was determined based on close coordination with the FAA and airline stakeholders while being mindful of the Sumner Tunnel closure. During the first few weeks of the closure, pavement will be removed and electrical elements will be installed. The majority of the pavement installation will occur in September and October.

Comprehensive mitigation measures will be put in place to reduce construction noise and other impacts to the surrounding communities. Those measures include:

- Reducing noise from truck back-up alarms within OSHA guidelines and other regulations;
- Maximizing daytime work, particularly noise producing activities;
- Establishing airside haul routes that will maximize distance from neighboring homes, particularly at night;
- Hauling waste and other materials during the day to the extent possible;
- Prohibiting trucks from using City of Boston streets to and from the airport;
- All construction traffic will access the airport via Routes 90/93/1A and Coughlin Bypass Rd.;
- Aiming all lighting used for night operations away from the communities.

- Orange Line trains will bypass Haymarket Station. Orange Line riders should instead exit at North Station or State, less than a half-mile from Haymarket (or a four- to eight-minute walk), and travel to the Haymarket area.
- Green Line service will be suspended between North Station and Government Center Station, with riders instead asked to walk above ground between these stations – Government Center, Haymarket, and North Station are each less than a half mile from each other (about a five- to 10-minute walk). The distance between Government Center to North Station is about three-quarters of a mile (about a 13-minute walk).
- Riders are also reminded that Orange Line / Green Line connections can also be made via the Winter Street Concourse, which connects Park Street and Downtown Crossing Stations.
- Accessibility vans will also be available for on-demand transportation – Orange and Green Line riders should ask MBTA personnel for assistance.

For more info, please visit [mbta.com/alerts](https://www.mbta.com/alerts), or connect with the T on Twitter @MBTA and @MBTA_CR, Facebook / TheMBTA, Instagram @theMBTA, or TikTok @thembta.

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The Winthrop Sun Transcript encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to editor@winthroptranscript.com

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THE MORE Things Change

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

10 years ago August 1, 2013

Democratic candidate Katherine Clark has submitted over 5,000 signatures to appear on the ballot in the Fifth Congressional District. The total is 3,000 more than the 2,000 signatures necessary and includes signatures from all 24 cities and towns across the district. Clark is running for the Democratic nomination to succeed Ed Markey, who recently was elected to the U.S. Senate.

The Town Council will return to work Tuesday night with a busy agenda set for its first regularly scheduled meeting of the month. The council meets on the first and third Tuesday of each month but because July 29 was the fifth Tuesday of the month, the council did not meet this past week. Among the items are the annual reviews of the performances of Town Manager James McKenna, Town Clerk Carla Vitale, and Council Clerk Denise Quist. The Council will also vote on reappointing Vitale to a three-year term.

The design team responsible for the new Winthrop High/Middle School complex will discuss the feedback they received on the submitted schematic plans from the Massachusetts School Building Authority (MSBA) tonight (Thursday). The meeting will take place at 6 p.m. in the Lyceum Room of the E.B. Newton.

The Winthrop Health Department announces its “5,000 steps to 5,000 Miles” walking program. 5,000 steps is the equivalent of 2.5 miles. The six-week program will begin on August 1 and end on September 12. The \$10 enrollment fee will include a t-shirt and awards night celebration. The first 100 participants will also receive a pedometer and log-book to track their miles and the program will be open to individuals over 18 and family groups.

The Wolverine, Grown Ups 2, and Pacific Rim are playing at the Revere Showcase Cinemas.

20 years ago August 7, 2003

School Building Committee Chairman Paul Marks announced this week that construction on the new Arthur Cummings Elementary School has resumed. Construction has been at a standstill for the past few weeks because the original contractor, E.J. Sciabba Construction, elected to resign from the contract when it fell behind schedule. The bonding company assumed control of the project and has hired a new contractor, GVV Construction of East Boston. The completion date has been set for December 1.

The School Department and the residents in the area of Miller Field have come together to work out an agreement regarding use of the field for non-school related events. The issue had come to the forefront when the neighbors objected to the use of the field by a semi-pro football team on Saturday nights.

Guy and Joe Arria were the winners of the Lodge of Elks fishing contest held this weekend. The pair caught a striped bass measuring 41.75 inches to win the \$1100 first prize.

John Jones and Lloyd Thompson were next with a bass measuring 39.5 inches.

U.S. Congressman Ed Markey has announced that a Congressional committee has awarded another \$300,000 to fund the Winthrop Commuter Ferry project. Markey secured \$500,000 for the project last year.

The 20th annual National Night Out was held Tuesday and once again was a big success, drawing hundreds of local residents who took part in the activities.

The Cottage Park Yacht Club held the annual Make A Wish sailing regatta this past weekend.

Freaky Friday, American Wedding, and Gli are playing at the Revere Showcase Cinemas.

30 years ago August 12, 1993

After his meeting with the Board of Selectmen, MWRA Executive Director Douglas MacDonald persuaded the MWRA Board of Directors to honor the mitigation agreement with the town and pay \$1.6 million for road repairs. The directors had rejected the payment last week, despite the clear language of the mitigation agreement entitling Winthrop to the funds.

Many of the small businesses who might be affected by the coming of a Dunkin' Donuts to Winthrop Centre expressed fear that the chain will put them out of business. Gilbert Lima, who owns a Dunkin' franchise in East Boston and is seeking to open one here at the present site of an auto body shop on Pauline Street, has filed a petition for a variance which is before the Board of Appeals in order to clear the way for his shop at that location.

The Board of Directors of the Winthrop Boys and Girls Club, located at 321 Shirley Street at the former site of the Hebrew Academy, held their first annual meeting this week.

Prominent local attorney Philip Boncore has been elected the president of the Grand Lodge of Massachusetts, Order Sons of Italy.

The School Committee has voted 3-2 to approve the request of School Supt. Joseph Laino to fill the post of Assistant Superintendent.

Cherry sheet figures released by the state this week show a net increase in local aid of \$208,485 for the town over last year.

Rising Sun and Rob-in Hood: Men in Tights are playing at the Revere Showcase Cinemas.

40 years ago August 12, 1983

The State Small Cities Program has awarded Winthrop a grant of \$450,000 to implement a housing rehabilitation project at the Beach section of town. The grants will be used to make low-interest loans to property owners who wish to improve their homes.

The selectmen met with Congressman Ed Markey and officials from the federal EPA to discuss the implications of the EPA's denial of the request by the MDC to obtain a waiver for secondary treatment of wastewater that the MDC discharges into Boston Harbor from its sewage treatment plant at Deer Island. The EPA told the

MDC that secondary treatment of sewage waste is necessary.

The selectmen met with the assessors to discuss the impact of the new state law that requires 100 percent valuation of all real estate.

Staying Alive and Private School are playing at the Revere Showcase Cinemas.

50 years ago August 8, 1973

The special primary election to fill the State Senate seat vacated by Mario Umana, who is now a judge on the Boston Municipal Court, is set for Tuesday. East Boston State Reps. Gus Serra and George DiLorenzo and political newcomer Michael LoPresti Jr. are considered the front runners in a crowded field in the Democratic primary.

The Bank of Boston is offering an interest rate of 7.25 percent on its Golden Eagle four year deposits.

Vandals caused an estimated \$1000 in damage to a 1973 Cadillac that is being auctioned by the Temple Tifereth Israel for a charity fundraiser next week. The car has been parked on the street in front of the Temple for the past two weeks to advertise the fundraiser.

Several area residents appeared at a hearing before the Conservation Commission to oppose the request of the Cottage Park Yacht Club to enlarge its dock space.

A Delta Air Lines jet crashed just short of its runway at Logan Airport last week. Winthrop emergency services personnel responded immediately to the scene, but there was little for them to do, as all but one of the 89 passengers and crew aboard were killed upon impact, unlike the crash of an Eastern Airlines plane off Logan more than 10 years ago in which local boaters and emergency crews rescued many people in the water.

Developer Sanford Kaplan and officials from the Mass. Housing Finance Authority were on hand for the ribbon cutting ceremonies of the 140 unit apartment complex at the former Ft. Heath. Under the terms of the MHFA financing agreement, 25 percent of the units must be made available to low income persons.

60 years ago August 8, 1963

Gov. Endicott Peabody has announced that he will be an emergency measure to appropriate \$2.5 million before the legislature to provide the funding needed to dredge the Winthrop inner harbor in order to remove the mudflats and thereby alleviate the pungent stench that has plagued the town for the past few summers. The odor is caused by sea lettuce rotting on the flats at low tide. State and local officials have been spreading lime over the flats at low tide, but to no avail.

A parade and ceremonies have been set for September 8 to celebrate the laying of the cornerstone of the new Temple Tifereth Israel.

The State Board of Health has tested local ocean waters from Deer Island to the Point of Pines in Revere and declared them safe for swimming.

Mycue // CONTINUED FROM PAGE 1

Sewall Ave.

Winthrop Veterans Service Officer Phil Ronan presided over the dedication ceremony.

“Irving Francis Mycue went with his fellow sailors to the D-Day Invasion off Normandy on the USS Meredith which he helped build, and unfortunately the Meredith hit a mine, and Mr. Mycue succumbed to his injuries,” Ronan told the assemblage. “Tonight, we are here to honor this gentleman.”



Winthrop Veterans Service Officer Phil Ronan delivers his opening remarks at the dedication ceremony.

Town Council President James Letterie said, “We are here to honor Irving Francis Mycue for his service and ultimate sacrifice for the Town of Winthrop and the United States. He was not only part of the Greatest Generation, but he was also a hero. He left an incredible legacy with his family, and on behalf of the Town, I wanted to thank his family for attending today, and we’re so proud to be able to have this dedication ceremony. I thank Mr. Mycue for his service. He is a great American, and was a great hero for this country.”

Commander Steve White of the American Legion Post 146 said to the Mycue family, “Thank you for allowing us to honor Irving. It’s timely. It’s heartfelt. Though his family is here, I wish that



Representing State Sen. Lydia Edwards' office at the dedication ceremony are Legislative Aide and Winthrop Liaison Eric Reidister and District Director Ben Tayag.



The grandchildren of US Navy Veteran Irving Francis Mycue, from left, John Marie, Suzanne Marie, Bill Marie, and Michael Marie, pictured at the memorial street sign dedication ceremony.

his wife and his parents were here, and I believe that in spirit they are. Irving Mycue, United States Navy Machinist Mate, I salute you.”

Suzanne Marie, granddaughter of Irving Francis Mycue, speaking on

behalf of the family, told the gathering, “I really appreciate everyone being here, and I appreciate this [dedication] being done so much. It would have meant the world to my mom, but I think she’s watching.”



American Legion Post Commander Steven White, Councilor-At-Large Tracey Honan, Town Council President James Letterie, and Winthrop Veterans Service Officer Phil Ronan.



The American Legion Post 146 Honor Guard, led by Commander Al Bell. Also pictured are Post Commander Steven White (far left), members of the Honor Guard, and Veterans Service Officer Phil Ronan (far right).

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Winthrop Youth Soccer has teamed up with Coach Danielle Ferrara to put together an amazing college-level soccer camp designed to challenge players to reach their potential and assist in preparation for their High School soccer season at a fraction of the cost for similar camps.

Camp curriculum for the week:

- Breaking the game down technically, tactically, and physically through individual, small groups, large groups, and competitive play
- Define the meaning of TEAM and SPORTSMANSHIP
- Recognizing individual and team strengths and how those strengths can contribute to overall success. Identifying and working toward improvements, individually and as a team.
- Field awareness, offensive, midfield and defensive positioning
- Possession, ball control, passing and receiving
- Combination play, making decisions, speed of play
- Movement off the ball, support play, width, and depth
- Transition, recovery
- Crossing, finishing
- Fitness, agility, core work

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Curry College Head Women's Soccer Coach, 13years.
Youth, High School, select and club level coach and evaluator, both boys and girls, 28yrs.

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SAILING SCHOLARSHIPS DONATED IN MEMORY OF MICHAEL CONTI AT WYC

Photos by Cary Shuman

The family of the late Michael Conti Sr. donated the proceeds of a fundraiser in his honor to sailing scholarships and a new

sailboat. The presentations were made Sunday during a ceremony honoring Mr. Conti at the Winthrop Yacht Club.



Ellen Streeter Conti, pictured with her children, Andrea Conti Schwartz and Michael Conti Jr., adjacent to a photo of the late Michael Conti Sr.



Ellen Streeter Conti (center), beloved wife of the late Michael Conti Sr., is pictured with son, Michael Conti Jr. and daughter, Andrea Conti Schwartz, standing on the pier behind the sailboat (Continuity) that was dedicated in Mr. Conti's honor.



Pictured at the ceremony honoring Mr. Michael Conti Sr. are, from left, Becky Bennett, Kay O'Dwyer, Ellen Conti, Mira Delcompare, and Christine Ogus.

Public access advocates testify in support of guaranteed hybrid open meetings

Special to the Transcript

At a public hearing by the Joint Committee on State Administration and Regulatory Oversight, municipal leaders, disability advocates, and open government organizations are testifying in support of legislation that will guarantee greater access to open meetings by allowing members of the public to attend and participate in meetings in person or remotely.

An Act to Modernize Participation in Public Meetings (H.3040/S.2024), sponsored by Representative Denise Garlick and Senator Jason Lewis, seeks to update the Massachusetts Open Meeting Law to guarantee hybrid meetings. As opposed to meetings conducted exclusively in person or exclusively online, hybrid meetings maximize civic engagement by allowing participants to choose the format that works best for them.

"I've been driving a motorized wheelchair since I was two years old, and it was during the pandemic that I attended my first legislative hearing – remotely," said Diana Hu, chairperson of the Boston Center for Independent Living. "Hybrid meetings are the latest instance of universal design,

enabling residents across the state to engage with our government in a new and empowering way. We must bring this curb cut 2.0 into its rightful place of permanence."

"Hybrid access has become an essential part of public life," said Geoff Foster, executive director of Common Cause Massachusetts. "Having the option to attend meetings virtually has given many of our neighbors – particularly those with disabilities, caregiving responsibilities, or limited transportation – the ability to more easily participate in our democracy. We need to safeguard and expand this option for all members of our Commonwealth."

"Our 44 local Leagues of Women Voters across the state are deeply involved in the governments in their towns and cities. The League strongly supports this bill to assure that all residents can readily access and participate in the local government meetings that make so many major decisions about their lives," said Pattye Comfort, executive director, League of Women Voters of Massachusetts.

"Government participation and transparency is the cornerstone to a strong democracy," said Deirdre Cummings, MASSPIRG's legislative director. "This bill provides for both, making government meetings more accessible and transparent."

"Hybrid meetings are the only way to maximize public access to government deliberations. We can no longer accept the exclusion of large segments of the population from the democratic process simply because inclusion has a price tag or because change is inconvenient," said Gavi Wolfe, legislative director of the

ACLU of Massachusetts. "We can do better, and we know how. In fact, nearly half of all Massachusetts city councils and select boards are already conducting hybrid meetings. The legislature should update the Open Meeting Law to guarantee hybrid meetings across the Commonwealth moving forward."

"A guiding principle of the disability justice movement is 'Nothing About Us Without Us,'" explained Barbara L'Italien, executive director of the Disability Law Center. "By focusing on inclusion and equity, and welcoming the participation of 11.5-percent of the population, our communities and our democracy will only become stronger."

This legislation will provide municipalities the time and money needed to establish hybrid open meetings by:

- Creating a Municipal Hybrid Meeting Trust Fund and a grant program to help municipalities finance their modernization efforts.
- Prioritizing adoption by state agencies and elected municipal bodies.
- Allowing economic hardship waivers for non-elected municipal bodies.
- Giving more than five years – until 2030 – to phase in universal compliance.

The bill is backed by the ACLU of Massachusetts, Boston Center for Independent Living, Common Cause Massachusetts, Disability Law Center, League of Women Voters of Massachusetts, Massachusetts Newspaper Publishers Association, MASSPIRG, New England First Amendment Coalition, and New England Newspaper & Press Association.

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Sports

HILL TOP

Anthony Fucillo named head coach, assistant AD at Belmont Hill School

By Cary Shuman

Anthony Fucillo, one of Winthrop High School's greatest quarterbacks, is returning to the interscholastic sidelines as a coach and an administrator.

Fucillo, son of Hall of Fame football coach Tony Fucillo, has been named the head football coach and assistant athletic director at the Belmont Hill School.



Anthony Fucillo.

Fucillo was an assistant football coach on Tim Murphy's staff at Harvard for the past six seasons.

"I decided to take a little bit of a backseat in terms of lifestyle, which was getting crazy, and this opportunity works out better for my family – it's all good," said Fucillo, who is married to Dr. Stephanie Clegg, an orthopaedic surgeon. The couple has a baby daughter, Madison Fucillo.

Success as a college coach

Fucillo was the safeties coach at Harvard, where he helped build one of the nation's best rushing defenses. More importantly, the Crimson beat their archrival Yale twice in the game.

"I appreciate the opportunity being on Tim Murphy's staff and the staff as a hole," said Fucillo. "I think Scott Larkey is the best defensive coordinator that I've ever been around. He's an awesome person, a great family man, and just a great teacher of football. I learned so much from him."

Prior to his stint at Harvard, Fucillo also coached at Amherst College, WPI, and Stonehill.

"Coaching college football was a great overall experience," said Fucillo.

Excelling at QB

Fucillo was a three-year starting quarterback at Winthrop, where he played for his father Tony Fucillo's Vikings. He also played varsity hockey and baseball, emerging as a superb shortstop in the state tournament.

Fucillo led the football Vikings to a 9-2 record as a senior, falling shy to Gloucester, 14-0, in the NEC title showdown on a cold, windy night at Miller Field that neutralized the passing game. Interestingly, had the current MIAA playoff format been in existence, the Fucillo-led

Vikings would likely have been one of top seed in its division. But back then, only the NEC champion advanced to the playoffs.

"If we had the format we have now, I would say my father probably would have won 10 Super Bowls," said Anthony. "But I wouldn't change my experience for anything. I loved everything about Winthrop, and it's in great hands now with Coach [Jon] Cadigan."

Two years later, his younger brother, James Fucillo, quarterbacked the undefeated Winthrop Vikings to a 25-8 victory over the Wareham Vikings for the Division 2A Super Bowl championship. Their sister, Jenny, was a Winthrop High track star, who continued to excel in the sport at the University of Notre Dame.

College and pro football career

Anthony Fucillo began his college football career at Colgate University before transferring to Tufts University where he was a two-year starting quarterback and captain.

He played one season of professional football in Denmark. "The experience over there was awesome," said Fucillo. "It was fun. I got the best of both worlds. I got the itch out of me [to play pro football], and I got to experience something pretty cool, being out of the country. I had never done that before."

The future at Belmont Hill

Fucillo will be taking over a football program that competes in the highly competitive Independent School League (ISL). "We have a lot of talent on the roster," said Fucillo. "We have two defensive ends (Tommy Rupley and Sampson Ounoha) who are Power-5 kids with multiple college offers. We also have some really good seniors returning. My main goal is to first build a culture of hard work and high character, and hopefully the wins come after that."

Inspired by his father

As Winthrop High fans witnessed, Tony Fucillo was in a class by himself as a head football coach. His dominance in the Winthrop-Revere Thanksgiving series is just one example of the Vikings outplaying larger schools on annual basis.

"Obviously, I wouldn't be in the position I am now if it weren't for him," said Anthony. "He's been my inspiration to get into this profession. My goal has always been to try to emulate a lot of the things that he did as a coach, in terms of the impact he had on young men. I love the

SECOND ANNUAL VIKING FOOTBALL GOLF TOURNAMENT



CARY SHUMAN PHOTOS

Representing the Ferraras, one of Winthrop football's finest families, from left, Chris Ferrara Jr., Joe Ferrara, Frank Ferrara, Chris Ferrara Sr., and Michael Ferrara. See more photos on Page 8.



Representing the Ferraras, one of Winthrop football's finest families, from left, Chris Ferrara Jr., Joe Ferrara, Frank Ferrara, Chris Ferrara Sr., and Michael Ferrara.

WINTHROP MARKETPLACE

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Betty Crocker Suddenly Salads	3/ \$4.00
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(ex: gluten free-super green-garden veggie)	
Best Yet Mayonnaise 30 oz	2/ \$5.00
Knorr Rice or Pasta Side Dishes	4/ \$5.00
Annie's Macaroni & Cheese	2/ \$3.00
Best Yet Corn Flakes	2/ \$4.00
Kens Salad Dressing 9 oz.....	2/ \$4.00
Francesco Rinaldi Pasta Sauce 24 oz.....	2/ \$5.00
Best Yet Waffles	2/ \$3.00
Ore Ida French Fries.....	\$4.99
Philadelphia Soft Cream Cheese	2/ \$7.00
Newman's Own Lemonade 59 oz	2/ \$5.00
P.F Chang Meals 22 oz	\$6.99
Sargento Balance Breaks.....	2/ \$5.00

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Stone Fire Mini Naan 4 pk.....	2/ \$5.00
7" Cannoli Cake	\$11.99
Table Talk 4" Pies.....	\$11.9

Deli

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Best Yet Corned Beef	\$7.99/lb
Kretschmar Applewood Smoked Turkey	\$8.99/lb
Carando Prosciutto	\$12.99/lb

Produce

Fresh & Crisp Broccoli Crowns.....	\$1.69/lb
Fresh Romaine Lettuce	\$1.39
Fresh Green Leaf Lettuce	\$1.29
Sweet & Juicy Whole Seedless Watermelon...	\$5.99
Northwest Sweet Washington Cherries	\$4.99/lb
Fresh & Delicious Tropical Mangos	10/ \$10.00

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BAKERY

Buttermilk Biscuits 4pk.....	\$2.89
Hermit Bars	\$3.99

DELI

Great Lakes American Cheese	\$3.99/lb
Best Yet Roast Beef.....	\$10.99/lb

PRODUCE

Fresh & Sweet Plump Blueberries.....	2/ \$5.00
Fresh & Crisp Iceberg Lettuce.....	2/ \$3.00

GROCERY

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SECOND ANNUAL VIKING FOOTBALL GOLF TOURNAMENT

Cary Shuman Photos

The Viking Football Boosters held the 2nd Annual Viking Football Golf Tournament July 29 at the



Winthrop High assistant football coach Mark D'Ambrosio and former Vikings' star Joey Murray.

Winthrop Golf Club. The golfers enjoyed a round of golf and a post tournament reception inside the clubhouse.



Two of Winthrop's greatest all-time athletes, Mike Eruzione and David Tallent Sr.



Charles Bordonaro, Anthony Petrola, and Patrick Collins.



Gold Tournament Sponsor and Olympic Gold Medalist Mike Eruzione of Winthrop Charities, head football coach Jon Cadigan, Bentley University graduate David Tallent Jr., and former Winthrop High starting quarterback Robert Noonan.



Winthrop football coaches Mark D'Ambrosio, Chris Ferrara, Jon Cadigan, and Paul Smith.



Viking Football Boosters, from left, Tracy Tallent, Megan Noonan, Tami Boncore, Kathleen Cappuccio, and Marissa Ferrara.



Brian DeMayo, Andrew Buchman, Billy Allen, and Greg Buchman.



The Murphy, Noonan, and Tallent families, showcasing a ton of athletic talent, from left, Front row, from left, are Michael Noonan, Ryan Murphy, Tracy Tallent, Robert Noonan Sr., David Tallent Jr., Dave Murphy, and Tommy Murphy. Back row, from left are baseball coach Joe Murphy, Megan Noonan, David Tallent Sr., and Robert Noonan Jr.



Patrick Lally (far left) returned to Winthrop for the Viking Golf Tournament. Also pictured are Michael Ferrara, Chris Bauer, and Shawn Sorrentino.

State Legislature passes bill authorizing Chapter 90 Funding

Special to the Transcript

The Massachusetts Legislature recently passed a bill that includes \$375 million in bond authorizations for transportation needs across the state, including \$200 million for the state's Chapter 90 program, which provides municipalities with a reliable funding source for transportation-related improvements, including road and bridge repairs.

"Providing funding for critical infrastructure projects through investments in the Commonwealth's public transportation, roads, and bridges is one of the most important responsibilities that we have

as members of the Legislature," said House Speaker Ronald J. Mariano (D-Quincy). "I'm proud of the support for regional infrastructure that this legislation provides, and of the funding that it allocates for the purchasing of electric vehicles by transit authorities. I want to thank Chairman Straus and my colleagues in the House, as well as Senate President Spilka and our partners in the Senate, for prioritizing this vital legislation."

This legislation also authorizes \$175 million in programs that will support various transportation-related projects. This includes \$25 million for each of the following:

- The municipal small bridge program;
- The complete streets program;
- A bus transit infrastructure program;
- Grants to increase access to mass transit and commuter rail stations;
- Grants for municipalities and regional transit authorities to purchase electric vehicles and the infrastructure needed to support them;
- Funding for pavement and surface improvements on state and municipal roadways; and
- New funding dedicated to additional transportation support based on road mileage, which is

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Years // CONTINUED FROM PAGE 5

The selectmen have promoted Police Sergeants John Van Dalinda and David Rice to the post of lieutenant.

The Sun Transcript, making note of the recent scandals at the Massachusetts Port Authority, questions how certain individuals have been allowed to profit financially from their dealing with the agency despite their obvious conflicts of interest.

Winthrop is considering joining the Middlesex Regional Vocational School district which is constructing a \$3 million high school.

Winthrop High Principal Ralph Duplin said he expects 802 students to be enrolled in the school in September, an increase from 738 last year and from 681 the year before for grades 10-12.

James Darren stars in Gidget Goes to Rome at the Winthrop Theatre.

70 years ago August 6, 1953

The newly-created Winthrop Rent Control Board has announced a freeze on all rents in the town. Leo Dawson has been named the Executive Director at a salary of \$4200. The Winthrop Board is in receipt of all of the records of the predecessor federal rent control board and is now ready to adjudicate all rent inequities.

The Winthrop vs. Revere football rivalry may be renewed for the first time since 1947 (when the schools decided to sever relations after a post-game brawl) if they should meet in the annual high school football jamboree at the Manning Bowl on Sept. 18.

More than 1000 youngsters were thrilled with delight by the Stagemobile performance held at Miller Field in which the children took part in the singing and dancing.

The Winthrop Transcript has been honored by the New England Newspaper Association with the award for Best Special Edition for the Transcript's special edition last summer marking the town's centennial celebration.

Court Road resident Dave O'Brien has criticized Crocker Snow, the Chairman of the Massachusetts Aeronautical Board, for Snow's efforts to secure the trans-Atlantic jet market for Logan Airport. O'Brien charged that Snow should not be trying to balance the airport's budget by bringing the noisiest type of aircraft in the world to Logan and that the human and property rights of those who live nearby must be considered.

Alan Ladd and Jean Arthur star in Shane at the Winthrop Theatre.

80 years ago August 14, 1943

A Special Town Meeting will take up the matter of making repairs to the Belle Isle Bridge, which is in serious need of repairs because of the heavy trucks and full buses that are using the bridge every day.

Rotary Club members at their weekly luncheon meeting at the Beacon Villa learned from federal officials of the efforts being taken by the government to enforce national price controls.

Mrs. Carl Floyd, head of the Winthrop Red Cross, said the local Red Cross is in serious need of volunteers to make surgical bandages and dressings for our men at the front.

The Army vigorously is enforcing the ban on cameras, including sketch artists, along East Coast beaches this summer.

Humphrey Bogart stars in Action in the North Atlantic at the Winthrop and State Theatres.

90 years ago August 12, 1933

The selectmen are expected to call a Special Town Meeting to take up several important matters, chief among which will be an article calling for the widening of the intersection of Woodside Avenue and Pauline St., which has been the scene of many accidents.

Little 12-year-old Florence Simmons caused

See YEARS Page 10

Fucillo // CONTINUED FROM PAGE 7

game of football, but being a coach to me is being a teacher and mentor. There's not a better guy in terms of that aspect of it than my dad. What he was able to do at Winthrop every year, more than just

the wins that he had, the bigger impact was his ability to get us to play above our level of talent every week. Some of the things he taught us as players, I think that went a long way in life for a lot of us."

Ch. 90 Funding // CONTINUED FROM PAGE 8

particularly helpful for rural communities.

"Safe, efficient, and reliable transit networks are critical for our state's pandemic recovery, and make our communities more accessible for everyone", said State Senator Lydia Edwards (D-Boston), "Thank you Senate President Karen Spilka, Senate Chair Brendan Crighton, House Speaker Ron Mariano, and House Chair Strauss for prioritizing these investments."

"I am pleased to work with my colleagues at the state level and at the local level to ensure that an adequate amount of funding is available to improve the roadway conditions in our cities and towns. The people of Revere and Winthrop deserve nothing less" said State Repre-

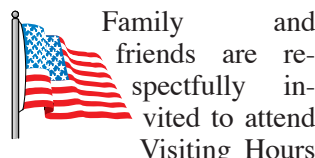
sentative Jeffrey Rosario Turco (D-Winthrop and Revere).

"This legislation will support the safety and reliability of the aging infrastructure throughout Massachusetts," said State Representative Jessica Giannino (D-Revere). "Between harsh winters and heavy transit, our roadways and bridges regularly endure weathering. This much needed funding will be pivotal in aiding the health of transportation-related projects in Revere and municipalities across the Commonwealth."

The bill having passed both the Senate and the House of Representatives, it will now be sent to the Governor for her consideration.

OBITUARIES

Robert Shiner, Sr. Past Commodore of Winthrop Yacht Club, member of Winthrop Elks and Winthrop American Legion Post



Family and friends are respectfully invited to attend Visiting Hours on Tuesday, August 8 from 11 a.m. to 1 p.m. in the Vertuccio Smith & Vazza, Beechwood Home for Funerals, 262 Beach St., Revere for Robert E. "Bob" Shiner, Sr. who died in the love and presence of his wife at home in Revere following a long illness. He was 92-years-old. A Funeral Service will be held in the funeral home at 1 p.m. followed by interment with Military Honors in Woodlawn Cemetery, Everett.

Bob was born in Malden on June 14, 1931, to his late parents, Charles R., Sr. and Viola C. (Alquist) Shiner. He was one of six children. He was raised and educated in Winthrop and was a graduate of Winthrop High School, Class of 1949. Bob enlisted in the United States Airforce on April 4, 1951 during the Korean War. He proudly and bravely served his country and was honorably discharged on April 4, 1955 as a Sergeant.

On January 13, 1968, Bob married his wife, Hazel U. (Bolino) and together they moved to Revere, where they remained. During this time, Bob earned his Draftsman Certificate and worked at E.G. & G Architectural Firm in Salem for over 30 years before retiring as a supervisor.

Bob was always happiest spending his spare time on his boats. He was a longtime member of the



Winthrop Yacht Club in Winthrop. He was a Past Commodore and one of the oldest ever to serve. Bob was also an active member at the Winthrop Lodge of Elks #1078 and the American Legion Post in Winthrop. He was a proud veteran, and was a deep lover of the ocean, being on the water was where he always loved to be.

The beloved husband of 55 years to Hazel U. Shiner of Revere, he was the cherished father of Robert E. Shiner, Jr. of California and the proud grandfather of three grandchildren and six great grandchildren; dear brother of Ruth Asquith of Winthrop, June Francis of California and the late Jean Raymond, Jennie Hess and Charles R. Shiner, Jr. He is also lovingly survived by John Poto and his wife, Linda of Maine and by many nieces, nephews, grandnieces and grandnephews.

In lieu of flowers, donations may be made to the American Diabetes Association P.O. Box 7023 Merrifield, VA 22116-7023. To send online condolences, please visit www.vertucciosmithvazza.com.

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William "Bill" Jackson

Loving husband, father, and grandfather



William "Bill" L. Jackson of Lexington (formerly of Winthrop) passed away on July 30 surrounded by his family.

Bill was born in Syracuse, NY on February 15, 1939 to the late James and Jule Jackson and raised in Quincy. He graduated from Boston College High School in 1956 and earned a Bachelor's degree in Economics from the College of the Holy Cross in 1960. Bill served in the U.S. Navy from 1960-1962.

He worked at Jordan Marsh Company from 1964 to 1972, where he met the love of his life, Rita. He continued his career in retail, working in merchandising and sales until 2010.

After his marriage in 1972, Bill and Rita settled in Winthrop and raised three children. Later in his life, he and Rita relocated to Lexington to be close to their daughters and grandchildren.

Bill was an avid Boston sports fan, devout Catholic with an unwavering faith and he loved a good party. Bill loved family trips with his wife, children, and grandchildren, and loved recounting the beautiful times together in Italy and the Caribbean. One of his favorite places was Cape Cod in the summer, soaking up the sun and swimming in the ocean, and enjoying time with friends and family.

Most importantly, Bill was the most loving husband, father, and grandfather, endlessly devoted to his family. He was the proud Papa to all of his grandchildren and spent countless hours playing with them as babies and toddlers, watching them at sports events and dance recitals as they grew older. Bill will be remembered for his genuine, friendly



and charismatic demeanor. He had the keen ability to walk into a room knowing no one and walking out with newfound friends.

Bill is survived by his beloved wife of 51 years, Rita (Tranquillino) Jackson, three children: Maria (John) Andrews and Julie (Matt) Fletcher, all of Lexington, Bill (Sara) Jackson of NYC, NY. He also leaves eight grandchildren whom he adored: Will, Michela and Caroline Fletcher; Gabriella Andrews and Sophie, Alex, Matthew and Theo Jackson. He is also survived by his loving sister, Myra Jackson and many nieces and nephews. He was predeceased by his sister Brenda Galofaro and his brother James Jackson.

The Funeral Mass will be celebrated today, Thursday, August 3 in the Church of St. Brigid, 1981 Massachusetts Ave. in Lexington at 11 a.m. (PLEASE GO DIRECTLY TO CHURCH). Services will conclude with the interment in the Westview Cemetery in Lexington.

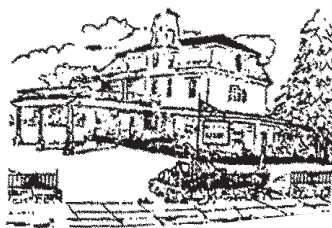
Memorial donations may be made to the St. Jude Children's Research Hospital at www.stjude.org.

For directions or to sign the online guestbook, go to www.cagianofuneral-home.com.

Arrangements are under the direction of the Caggiano-O'Maley-Frazier Funeral Home, Winthrop.

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OBITUARIES

All obituaries and death notices will be at a cost of \$150.00 per paper.

Includes photo.No word Limit.

Please send to

obits@reverejournal.com

or call 781-485-0588

Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152

Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m.

Website: town.winthrop.ma.us/council-aging

Email: COARception@town.winthrop.ma.us

Phone: 617-846-8538

Additional information on our activities and programs can be found in our monthly newsletter, which is available at the Senior Center and on our website.

Thursday, August 3

9:00 a.m.-3:00 p.m.: Medical Pedicures

9:30 a.m.-10:30 a.m.: Exercise Class

12:00 p.m.-12:30 p.m.: Lunch-Dine In / Grab and Go Lunch Pick-Up

12:45pm-3:00 p.m.: Bingo

Friday, August 4

10:00 a.m.-11:00 a.m.: Line Dancing (\$5)

10:00 a.m.-12:00 p.m.: Ceramics (\$3)

11:00 a.m.: Grab and Go Lunch Pick-Up

11:00 a.m.-12:30 p.m.: Creative Writing Workshop

Monday, August 7

9:30 a.m.-10:30: Yoga with Kathleen (\$5)

11:00 a.m.: Grab and Go Lunch Pick-Up

11:30 a.m.-2:30 p.m.: Game Day/Mahjong

12:30 p.m.-2:30 p.m.: Art Class with Dawn (\$6)

Tuesday, August 8

9:30 a.m.-10:30 a.m.: Exercise Class (\$1)

12:00 p.m.-12:30 p.m.: Lunch-Dine In / Grab and Lunch Pick-Up

1:00 p.m.-3:00 p.m.: Roger Tincknell - Elvis to Every Brothers

Wednesday, August 9

9:30 a.m.-10:30 a.m.: Yoga with Kathleen

11:00 a.m.: Grab and Go Lunch Pick-Up

11:30 a.m.-12:30 p.m.:

Tai Chi / Qi Gong 1:00 p.m.-3:00 p.m.: Shine Counseling

PLEASE NOTE: There will be no Zumba or Tai Chi/Qi Gong on Wednesday, August 9 There will be no Bingo on Thursday, August 10 There will be no Exercise, Public Computer Usage or Dine-In Lunch on Tuesday, Aug 22nd Beginning in August, Zumba will meet on Wednesday's from 10:30 a.m.-11:30 a.m. and Tai Chi/Qi Gong will take place from 11:30 a.m.-12:30 p.m.

Italian Classes will resume September 13th

Senior Lunch Program: The Senior Center offers in-person dining on Tuesdays and Thursdays from 12-12:30 p.m.. Grab and Go Lunches are also available for pick up Monday – Friday between 11am and 1pm. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and at the Senior Center. Please note, lunches cannot be held overnight, they must be picked up on the day it was requested.

Senior Van. The Senior Van runs Tuesday, Wednesday and Thursday from 9am-3pm. Reservations are on a first come, first served basis, and can be made by calling the Se-

nior Center. Medical rides will be prioritized. A list of destinations and pricing is available on our website and in our newsletter.

Cash & Scratch Raffle: The Friends of the Winthrop Council on Aging, a nonprofit that supports the Senior Center, is selling raffle tickets for a chance to win \$50 in scratch tickets plus \$50 cash. Tickets are 1 for \$5 or 3 for \$10 and can be purchased at the Senior Center. The drawing will be held on August 31 and the winner will be notified by phone.

Upcoming Activities and Programs

Roger Tincknell presents: From Elvis to the Everly Brothers: Tuesday August 8 @1:00 p.m.. Cost: \$3.00

Roger will be performing 1950s Rock, Pop, and Country hits. This program is sponsored by a grant from the Winthrop Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

American Red Cross Preparedness Program: Tuesday August 15 @ 1:00 p.m.

This presentation will include life saving preparedness tips for home fires and other natural disasters, giving you tips for you and your household to Be Red Cross Ready in the event of an emergency.

Lunch and Entertainment by David Maloof: Tuesday, August 12

@12:00 p.m.. Cost \$10.00 Join us for lunch and a Show! David Maloof will be playing happy songs to help you smile, laugh, and feel good! This program is sponsored by a grant from the Winthrop Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

Eats & Treats Café (cooking demo) Wednesday, August 16 (2-3pm) Cost \$5.00 (sign up at front desk). This month's recipe will be Gazpacho

Prediabetes and Diabetes Self-Management: Thursday, August 24th @ 10:30 a.m.

Facilitated by Mary Gynn, RN, MPH, CDE, ADCES. Learn to face the challenge of prediabetes and diabetes while continuing to enjoy a fulfilling life. You can still live, laugh, and love. Reference materials will be provided.

Programming & Activities

A full listing of the Senior Center's programs and activities is available in our newsletter and on our website.

Blood Pressures: First and third Tuesday of each month from 11:00 a.m. to 12:00 p.m.. No appointment needed.

Bowling: There will be no Bowling from May through August. Bowling will resume in September.

Coffee and Conversation. Join us on the third Thursday of each month at

10:30 a.m. for an informal chat and some coffee and cookies too.

Computers are available for use Monday-Thursday from 9:00 a.m.-3:00 p.m. and Fridays from 9:00 a.m.-12:00 p.m..

Podiatry: Barbara Ullman, RN, a registered nurse, and pedicurist from Seen Your Feet will be at the Senior Center on the first Thursday of each month. Cost: \$20 (or \$25 to have toe and fingernails done). Cash only. Appointment required; to schedule, please call the Senior Center.

Seaside Tappers: The Seaside Tappers meet on Wednesdays for Tap Classes from 10:00-11:00 a.m., at the Methodist Church. For more information, contact Gail at: 617-763-7311.

SHINE Counseling: Our SHINE Counselor, Charlie Randall, is available to help you with any health insurance questions you have. Charlie will be at the Senior Center on the second Wednesday of the month from 1pm-3pm. Appointments are required; to schedule, please stop by the Senior Center or call us at 617-846-8538.

Technology Class: Volunteers will be available from 10 a.m.-12pm on the fourth Tuesday of each month to help you with any tech support you need. Bring your laptops, smartphones, or tablets, along with your questions.

To register, call the Senior Center.

Upcoming Trips

Flyers, with additional trip information, are available at the Senior Center.

Thursday, August 10, 2023: Corvettes Doo Wop Revue and traditional Maine Lobster Bake at Fosters Lobster Bake in York, Maine.

Provider: Best of Times Travel
Cost: \$119.00 Wait List Only
Make checks payable to: Friends of WCOA
Meal Choice: Whole broiled 1 ¼ lb. or ½ BBQ Chicken

Thursday, September 6, 2023: Neil Diamond & Friends at Lake Pearl in Wrentham, Ma. Please note change in Date & Location.

Provider: Best of Times Travel
Cost: \$79.00 (drive on your own) or \$109.00 (with transportation)

Make checks payable to: Friends of WCOA
Meal choice: Apple Cranberry Stuffed Chicken or Vegetarian Lasagna

Sunday, December 31, 2023: An American Bandstand- New Year's Eve Day at the Danversport Yacht club

Provider: Best of Times Travel
Price: \$95.00 (drive on your own) or\$125.00 (with transportation)
Make checks payable to: Friends of WCOA
Meal choice: Stuffed Breast of Chicken or Baked Schrod

Years // CONTINUED FROM PAGE 9

quite a stir with the Police Department when she fell 15 feet from the pier at the Highlands Association onto the rocks below. However, despite being badly bruised and cut, she managed to walk home before the police ambulance arrived.

Local yachtsman Almon E. Whittemore claimed first place in the Marconi I Class at Marblehead Race

Week last week Another local resident, Edgar Pow-er, took first place in his specialty, team horse racing, at the Weymouth Old Colony Club Sunday.

Douglas Fairbanks Jr. and Loretta Young star in The Life of Jimmy Dolan at the Winthrop and State Theatres.

100 years ago
August 10, 1923

The selectmen have passed a proclamation urging the town's citizens to observe a national day of sorrow befitting the occasion of the death of President Warren G. Harding. Newly-sworn President Calvin Coolidge and Gov. Channing Cox also have issued similar proclamations for a day of mourning.

A meeting of more than

200 persons was held at the Highlands Yacht Club to plan a breakwater for the Grover's Cliff area so that a real sandy beach may be secured at what is known as Short Beach. State Senator Cox, State Rep. Elmer Dawson, and local officials were on hand for the meeting.

110 years ago
August 9, 1913

The entire Winthrop police force, as well as special officers, were called out to the Beach station to quell a riot that started Tuesday between two rival gangs of young men. For a time, excitement was high and a large crowd observed the fighting before police arrived. As a result, many heads are sore, eyes are blackened, and clothing torn. The cause of the fighting was a racial disturbance the night before on the boulevard and trouble resumed the following night at the dance at the New Winthrop Hotel. Among those arrested was a Winthrop youth, Ross L. Batchelder, 17. The dance at which the fight broke out was sponsored by the Roxbury Ladies Aid and Fuel Society, a Jewish organization.

A Winthrop woman has been charged in a slander suit by a Quincy woman for an incident in which the local woman said to the Quincy woman, "Stop, you thief, you stole my cherries!"

120 years ago
August 8, 1903

The Narrow Gauge slip at Rowe's Wharf was badly damaged when the steamer City of Rockland

crashed into the wharf with a "Thud!" that could be heard a quarter mile away.

The chairs from the Tafts family have been placed in the Pullen Poynte Room at the Frost Library. The oil painting has been hung in the middle room. In other news at our public library, the exhibition room currently is showing 88 pictures from Oxford, England. After long consideration, the trustees have purchased a new encyclopedia, the New International, edited by Daniel Coit Gilman, the former President of Johns Hopkins University. Ten volumes already are on the shelves with the remaining seven to come as they arrive off the press monthly.

130 years ago
August 11, 1893

The selectmen are being sharply criticized for their unwillingness to give up the idea of an electric railroad through the town despite the large amount of protest to the plan by the residents, especially those whose houses would be along the railroad line. The proposal for an electric railway has been put forth by a few important men in the town who are bondholders of the prospective railway company.

The coach parade, with each coach consisting of between four and eight horses, is near at hand and the committee has been swamped with entries in the various categories. Bunting for decorating the coaches is available for five cents per yard at Alfred Tewksbury's store.

Building lots for 15-25 cents per square foot are now available in Court Park, the newest section of Winthrop to be developed.

140 years ago
August 10, 1883

A great crowd assembled on the grounds of the Great Head Base Ball Club to watch the game between the Great Heads and the Beachmonts. More errors took place than expected because of the strong wind, with many flies misjudged by the fielders. The Great Heads won the game, 22 to 9.

Great Head rapidly is becoming one of the most popular resorts in the Boston area, commanding a view of the Outer Harbor islands and the City of Boston. The estate was purchased by the developer last fall and work commenced in the spring, with all of the improvements first-class. The total number of lots is about 200, with many already sold and cottages being constructed on them. The assessed value of the land has grown from \$16,000 last year to \$60,000 this year.

Mr. F.E. Bennett, the coal dealer whose wharf is near the bridge, has made extensive additions to his facility and is prepared to receive orders for coal offering the lowest prices.

Mr. William Morgan of Hermon Street, who makes his living fishing, has had his lobster lines cut in each of the past three weeks. It is hoped that the perpetrator will be found and will be given the full benefit of the law.

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SCENES FROM THE INTERNATIONAL SAND SCULPTURE FESTIVAL ON REVERE BEACH



Justin Cox and Simone Tavino throw back some beverages at the Sam Adams Beer Garden.



Evelyn Hinde and Jamie Ortiz.



Mariah Mansur gets a perch on her dad Samy for a better view of the goings on.

Derek Kouyoumjian photos

The Revere Beach Sand Sculpture Festival was held this weekend. The theme for this year was the celebration of 90 years of Kong. The sched-

uled events were delayed by Saturday night's rain-storm, which also diminished the sculptures but the people still came to see the work and enjoy the summer tradition.



The International Sand Sculpture Festival wrapped up on Sunday evening with fireworks (delayed from Saturday due to the rain), seen above, alongside the Kong sand sculpture centerpiece.



Tony Denson the singer for LPE Groove Experience rocks out to their cover of Proud Mary.



Revere Beach Blvd was packed with people enjoying the mellow Summer day.



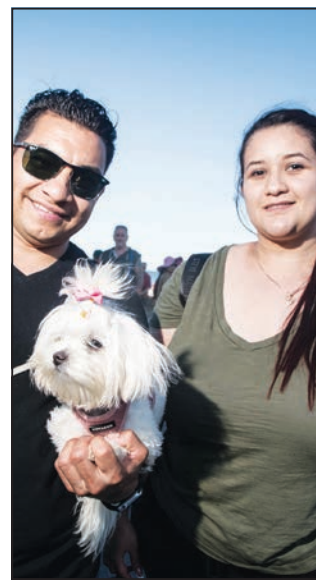
The Spider Wheel was back and drew many visitors to be spun in its web of ferris wheel fun.



Meanwhile Yariana Lopez Gives her brother Ian a quick spinning ride.



Simba hangs out with his humans, Danny, Louisa, Maria, and David at the Sam Adams Beer Garden.



Jose and Sara with their four-legged friend Chloe.



Kenneth McKeen and Nicole D'Amato.



Fireworks provided a fine finish to this year's Sand Sculpture Festival.

MBTA to release RFQ for 3-5 year \$120 million renewable energy contract, continues leadership in clean transportation

The MBTA Board of Directors approved the release of a Request for Qualifications (RFQ) for an up-to-\$120 million wholesale renewable electricity supply contract, upgrading the T's commitment to renewable energy and continuing its leadership in clean transportation. The MBTA is also further supporting the Commonwealth's climate change goals and meeting Clean Energy Standard requirements by recommending that 30-percent of its power be supplied

by Massachusetts solar and wind Renewable Energy Certificates (RECs). "This critical procurement in fully renewable energy, further highlighted by our recommendation to purchase 30-percent Massachusetts Renewable Energy Credits, underscores the T's commitment to electricity produced from renewable energy sources while being fiscally responsible, understanding our energy needs will continue to grow in the future," said MBTA General Manager and CEO Phillip

Eng. "We're looking forward to receiving responses to this RFQ, and I thank the dedicated members of our Sustainability and Finance teams for working so diligently to build out this procurement." "I applaud the MBTA's commitment to renewable energy and its efforts to make clean transportation a reality," said Massachusetts Secretary of Energy and Environmental Affairs Rebecca Tupper. "This procurement is an important part of our whole-of-government ap-

proach to combatting the climate crisis. I'm grateful for the collaboration we have across agencies to achieve our ambitious climate goals and deliver clean transportation to the people of Massachusetts." To meet the transportation needs of the region,

the MBTA uses many forms of energy and seeks to reduce our carbon footprint and our impact on the environment whenever possible. Currently, the MBTA is the second largest transportation entity and the fourth largest U.S. govern-

ment entity powered by renewable energy as well as the 50th largest purchaser of renewable energy overall in the country. As a leader in clean transportation initiatives, this energy procurement upgrades the

See RFQ Page 13

Charlestown

Everett

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LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT Suffolk Division 24 New Chardon St. Boston, MA 02114 (617)788-8300 CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT Docket No. SU22P0273EA Estate of: Phillip M. Davis A Petition for Order of Complete Settlement has been filed by Suzanne White of North Andover, MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account and other such relief as may be requested in the Petition. IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on 08/15/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: July 07, 2023 Vincent Procopio, Register of Probate 8/03/23 W

LEGAL NOTICE

PUBLIC HEARING DATE OF AUGUST 15, 2023 Notice is hereby given in accordance with Section 2.9 (c) of the Code of the Town of Winthrop that the Winthrop Town Council will conduct Public Hearing(s) on Tuesday, August 15, 2023 at on or after 7:00 pm in the Harvey Hearing Room: 10.52 MUNICIPAL PARKING LOTS 10.52.040 - Additional Regulations In the event portions of a municipal lot have posted parking restrictions that contradict the limits listed in this ordinance, the restrictions posted by permanent signage as approved by the Town Council and listed below shall take precedence: Town Hall Lot: Two spaces directly adjacent to Hermon St on the side of Town Hall designated as 30-minute parking during posted Town Hall business hours. One Space designated as Disabled Veteran Parking Only during posted Town Hall business hours. so it will now read: Town Hall Lot: Four spaces directly adjacent to Hermon St on the side of Town Hall and one space directly to the left of the designated handicapped spaces in the Town Hall Lot designated as 30-minute parking for Town Hall and Library business only during posted Town Hall and Library business hours. NOTE: The handicapped parking space adjacent to Hermon Street will be relocated directly next to the existing handicapped space inside the Town Hall lot and will share an access aisle.

LEGAL NOTICE

PUBLIC HEARING DATE OF 8-15-23 Notice is hereby given in accordance with Section 2.9 (c) of the Code of the Town of Winthrop that the Winthrop Town Council will conduct a Public Hearing on Tuesday, August 15, 2023 at on or after 7:00 p.m., VIA ZOOM that the Town Council authorizes National Grid and Verizon New England permission to locate poles, wires and fixtures, including the necessary sustaining and protecting fixtures, along and across the following public way Fremont St: Install 1 JO Pole on Fremont St. beginning at a point approximately 30 feet southeast of the centerline of the intersection of Pauline & Fremont St. Install pole on sidewalk at intersection of Pauline & Fremont St. No#30498022 National Grid requests permission to excavate the public highways and to run and maintain under-ground electric conduits, together with such sustaining fixtures as it may find necessary for the transmission of electricity, said under-ground conduits to be locations substantially in accordance with the plan filed herewith marked Fremont St.-Winthrop, MA Plan # 30498022 beginning at a point approximately 30 feet southeast of the centerline of the intersection of Pauline & Fremont St. and continuing approximately 30 feet southwest direction. National Grid is petitioning to open the street in front of 45 Pauline St. and install (2) 4" underground conduits. The proposed work is for the permanent electric service for the building of 54 Pauline St. 8/3/23 W

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FROM THE NFPA

Mitigating fire and electrical hazards related to record-breaking heat

With extreme temperatures breaking records around the world, scientists predict that 2023 could be the hottest year on record. As a series of heat waves continue to blanket large portions of the U.S., residents are actively looking for more information on what they can do to beat the heat safely.

In response, the National Fire Protection Association® (NFPA®) is distributing resources to support the media’s coverage of extreme weather, including action steps and tip sheets that can help residents stay fire-safe when using portable air conditioners, fans, and other cooling devices in warmer weather.

“As temperatures continue to increase across the country and more people turn to portable air conditioners and fans at home to cool off, these devices are often running at the same time we’re plugging in computers, kitchen appliances, and other devices, and for more hours a day than usual, which can present a fire hazard,” said Lorraine Carli, vice president of Outreach and Advocacy at NFPA. “By learning the proper way to plug in appliances and safeguard electrical outlets in the home, people can take simple steps to greatly reduce fire, electrical, and associated hazards.”

NFPA offers these best practices for staying fire-safe during extreme heat:

- Plug only one heat-producing appliance (such as a coffee maker,

- toaster, space heater, etc.) into a receptacle outlet at a time.
- Plug major appliances (refrigerators, dryers, washers, stoves, air conditioners, microwave ovens, etc.) directly into a wall receptacle outlet. Extension cords and plug strips should not be used.
- Check electrical cords to make sure they are not running across doorways or under carpets. Extension cords are intended only for temporary use. Have a qualified electrician add more receptacle outlets in your home to reduce the use of extension cords.
- Turn off lights when you are not in the room. Unplug appliances when not in use.

Carli notes that residents should call a qualified electrician or landlord when encountering the following warning signs in a house or apartment:

- Frequent problems with blowing fuses or tripping circuit breakers.
- A tingling feeling when touching an electrical appliance.
- Discolored or warm wall outlets.
- A burning or rubbery smell coming from an appliance.
- Flickering or dimming lights.
- Sparks from an outlet.


In case of an electrical power outage due to a storm, it is important to also understand how to safely use a portable generator.

For more information or to schedule an interview, please visit nfpa.org or contact NFPA’s public affairs department at publicaffairs@nfpa.org.

RFQ // CONTINUED FROM PAGE 12

T’s commitment to renewables since its last energy contract in 2021.

The MBTA currently uses approximately 360,000 megawatt hours (MWh) of electricity annually, making the T the largest electricity consumer in the Commonwealth. The MBTA procures its electricity supply in advance at a fixed price because it makes smart fiscal sense, providing the T with budget stability and predictability in an energy market that can frequently fluctuate. Alongside much of the Commonwealth and the country as more services convert away from carbon-emitting avenues, the T’s electricity usage is also projected to increase as the MBTA transitions to battery-electric buses, electrified commuter rail vehicles, and more.



As the Commonwealth’s largest electricity consumer, the MBTA is committed to utilizing 100-percent renewable energy sources. The MBTA’s proposed electricity procurement includes both the purchase of fixed-price electricity and provisions for the purchase of RECs. RECs certify that electricity has been purchased from a renewable power source, such as wind or solar, with each certificate

FRESH AND LOCAL

Food on a Stick



Take your adventurous eaters to the Basque country with the classic Gilda, a pincho combining an anchovy, Manzanilla olive, and pickled pepper. (Photo by Iñigo De la Maza)

By Penny & Ed Cherubino

See FRESH AND LOCAL Page 14

MBTA Board awards contract to New Flyer of America Inc. for purchase battery electric buses

Special to the Times

The MBTA Board of Directors awarded a \$119 million contract to New Flyer of America Inc. for the production and delivery of 80 new, low-floor, 40-foot battery electric buses (BEBs). This vehicle contract award includes an initial base order of 48 conventional BEBs and 32 BEBs with street-side boarding capability. This contract also provides the MBTA options to purchase up to an additional 380 BEBs.

“This contract demonstrates the T’s commitment toward reducing its emissions and is another step toward reaching our climate goals,” said MBTA General Manager and CEO Philip Eng. “In addition to reducing the Authority’s greenhouse gas emissions, these 40-foot battery electric buses have many amenities to enhance our riders’ experience, like flip-up seats, accessibility features, and dual-sided passenger information screens. I would like to thank the MBTA Board of Directors for approving this contract award, our Vehicle Engineering and Vehicle Procurement teams for their

hard work on this project, our Bus Modernization team for their diligent work in supporting the T’s fleet and facilities transition to BEBs, and our Finance team for their work in securing federal funding for this procurement last summer.”

The MBTA is committed to social equity, sustainability, and energy conservation. Supporting the Commonwealth’s Net Zero emissions targets, the BEBs purchased under this procurement will reduce transportation emissions, which will result in better air quality within MBTA communities. The procurement, which is part of the Authority’s fleet replacement plan, positions the MBTA to meet the 2022 Massachusetts Climate Law mandate, which requires the T to purchase zero-emission buses only after 2029 and fully electrify its fleet by 2040.

The 40-foot New Flyer BEBs will have a range of 120 miles and feature industry-leading safety features, including the ability to monitor the BEB high voltage battery systems and provide early fault detection. Other features include an enhanced security barrier for bus operators

and ADA accommodations that meet or exceed federal requirements. Street-side capability is also an important feature that allows the BEBs to service the Harvard busway. The street-side boarding BEBs also include an additional accessibility ramp located at the rear street-side door. The contract award includes options for advanced driver safety assistance systems and on-board LCD passenger information screens.


The BEBs will replace the MBTA’s aging 2008-2009 New Flyer Emissions Controlled Diesel (ECD) fleet and the retired 2004 Neoplan Electric Trolley Bus (ETB) fleet. The contract awarded today will result in the delivery of 10 pre-production buses (five conventional BEBs and five street-side boarding BEBs) next summer. The delivery schedule will then be coordinated with targeted openings of the upgraded North Cambridge bus facility anticipated in 2025 and the upcoming new Quincy bus facility anticipated in 2026. With a design that is 100-percent complete, the renovated and modernized North Cambridge facility

will be outfitted with state-of-the-art battery electric bus chargers and a control system to accommodate 32 BEBs. The new Quincy facility will provide inside storage and maintenance bays to accommodate up to 120 BEBs in a new, all-indoor, modern garage.

Funding for this BEB procurement comes in part from an unprecedented \$116 million federal grant that the MBTA received in FY22 through the Bipartisan Infrastructure Law’s Federal Transit Administration Low- and No-Emission grant program. This award was the largest in the nation for this grant cycle (tied with the Metropolitan Transportation Authority) and provides a significant boost to the T’s aggressive transition toward an entirely zero-emission fleet of over 1,100 buses by 2040.

The total contract amount awarded today to New Flyer of America Inc. is \$119,087,982.

For more information, please visit mbta.com, or connect with the T on Twitter @MBTA and @MBTA_CR, Facebook /TheMBTA, Instagram @theMBTA, or TikTok @thembta.



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Over 70 Winthrop community members join STH/STB for free Boston Harbor Cruises

Special to the Transcript

This July, 47 kids from Winthrop Parks and Recreation set sail for Georges Island on Save the Harbor/Save the Bay's free All Access Boston Harbor Cruises.

"There's no better way to beat this summer's record-breaking heat than to spend the day out on the harbor and the islands," said Save the Harbor Executive Director Chris Mancini. "Swimming in the clean waters off Spectacle Island and exploring the 'Dark Tunnel' in Fort Warren are two of the best places to be during a heat-wave."

Every Tuesday, Wednesday, and Thursday 300-500 kids from around the region meet at the Leader Bank Pavilion or Fan Pier where Harbor Historian David Coffin

tells them how Spectacle Island went from a landfill on fire to the beautiful park it is today. "It's one of my favorite stories to share with the kids," said Coffin, "And it emphasizes the importance of the park's carry-in, carry-out policy. They take that experience home with them and become the next generation of environmental stewards."

The trips are organized and run by Boston Public School students in Save the Harbor's Youth Jobs Program. Once on the island, they lead fun, STEAM-based education activities like Fishing 101, the Treasures of Spectacle Island archaeology exploration, and hikes through Fort Warren on Georges or to the top of Spectacle's drumlins for a great view of the Boston Skyline and the outer harbor.



Winthrop Parks and Recreation at Fan Pier Marina before their day on Georges Island.

PHOTO BY KAYLA DAM



PHOTO BY IRKA PEREZ

The Save The Harbor/Save The Bay Youth Staff leading fishing on Spectacle Island.



PHOTO BY IRKA PEREZ

Kids enjoying the beach on Spectacle Island.

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"We're particularly proud to have added guided audio tours and information in six languages this year," said Deputy Director Kristen Barry. "This way, native speakers in Mandarin, Spanish, Cape Verdian Creole, Vietnamese, and Haitian Creole can more easily participate in our programs."

"All of these free cruises are only made possible with leadership support and partnership from Cronin Development, the Massachusetts Executive Office of Energy and Environmental Affairs, Massachusetts Office of Environmental Protection, Bay State Cruise Company, and Mass Bay Lines," said Mancini.

Mancini went on to thank partners and funders

for their sustained support, including the Healey/Driscoll Administration, the Department of Conservation and Recreation, Champions Liberty Mutual Foundation, Coca-Cola Company, Blue Cross Blue Shield of Massachusetts, Eastern Salt Company, Executive Office of Energy and Environmental Affairs, JetBlue, John Hancock Financial Services, Massport, the Mass Cultural Council, the Massachusetts Department of Environmental Protection, and the National Grid Foundation, and the hundreds of individual donors who support the organization.

They also thanked Alexandria, Amazon, Bay State Cruise Company, BXP - Atlantic Wharf,

City of Boston Department of Youth Engagement and Employment, Boston Consulting Group, the Comcast Foundation, Constellation Generation, the Cronin Group, Hood Park, HYM Investment Group, Income Research and Management Charitable Trust, Leader Bank Pavilion/Live Nation, Massachusetts Bay Lines, Massachusetts Water Resources Authority, National Development, Nutter, P & G Gillette, Pembroke Real Estate, Lawrence J. and Anne Rubenstein Charitable Foundation, RWE Clean Energy, William E. Schrafft & Bertha E. Schrafft Charitable Trust, Clinton H. & Wilma T. Shattuck Charitable Trust, Copeland Family Foundation, Equinor,

Lovett Woodsum Foundation, Mass Marine Trades Education Trust, Pabis Foundation, Rockland Trust, Ms. Wallace M. Leonard Foundation, and Vertex.

All Access trips will continue weekly until August 24 and are free and open to all to join through Save the Harbor's website, along with evening and weekend Share the Harbor tours.

To learn more about Save the Harbor/Save the Bay's free All Access Boston Harbor excursions or upcoming free events on the waterfront or your favorite beach, visit their website at www.savetheharbor.org and follow @savetheharbor on social media.

Fresh and Local // CONTINUED FROM PAGE 13

long to make the presentation more secure and easier to eat. Once you have these, don't overload them. The joy of many skewered foods is that you enjoy a perfectly balanced combination of flavors in one bite.

Another idea we've adopted from Spain is putting a piece of bread under any combo with added olive oil or sauce. The bread makes delivering the tapa to your mouth neater and can then be used to dab up all the delicious liquid in the serving dish. Be sure to provide plenty of napkins.

Build a Pantry

When working with a few simple ingredients, buying the best you can find and using the fresh food that's in season is essential. At the same time, you can have a few treasures in your pantry for making quick snacks.

Excellent canned fish, especially anchovies, will help you make some of the most famous Spanish combinations. Pickled and preserved foods will add just the right note to cut through the fattiness of meat skewers. We love

adding olives, pickled peppers, roasted red peppers, and pickled vegetables to our creations.

There are also times when you need something sweet to offset a strongly acidic ingredient. You can use preserves, dried fruit, or a fruit glaze for this purpose.

Cold Skewers

You can prepare many cold skewers ahead, which makes them perfect additions to a picnic, potluck, cocktail party, or shared meal. Consider making a mixture of popular food combinations that will please even timid eaters and add a few that will delight the more adventurous.

Skewer a local cherry tomato with a small mozzarella ball and a basil leaf for a Caprese salad tapa. Instead of a tray of antipasto, arrange skewers of salumi slices, cheese, olives, roasted peppers, or artichokes. Take your adventurous eaters to the Basque country with the classic Gilda a pincho combining an anchovy, Manzanilla olive, and pickled pepper. Traditionally, this is a guindilla/

piparra pepper, but you could use peperoncino.

Hot Skewers

If you are making food on a stick to serve at home or grilling outside, you can make hot versions. Many traditional recipes include sausages cut into pieces. For simple tastes, Italian sausage and peppers with provolone cheese will work. The next level is Spanish Chorizo with Manchego and Morcilla (Spanish blood sausage) with potatoes and paprika for ofall fans.

This way of serving food is perfect for occasions when it's easier for people to eat without utensils and when your guests have a wide range of food preferences. You can make vegan or vegetarian options. If you think of tapas bars where most customers stand around in groups sharing plates of tapa and sipping a beverage, you can see how the tradition of skewering the food came about.

Do you have a question or topic for Fresh & Local? Send an email to Penney@BostonZest.com with your suggestion.

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