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# WINTHROP

## SUN TRANSCRIPT

EST. IN 1882

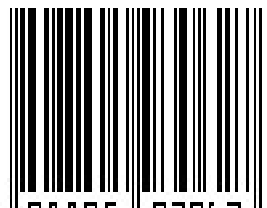
50 CENTS

THURSDAY,  
December 5, 2019

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### INDEPENDENT



Newspaper Group

### NEWS Brief

#### DRONE SAFETY

The Massachusetts Port Authority (Massport) kicked off an advertising campaign aimed at educating the public about the safe use of drones. The campaign encourages drone operators to be responsible: "Fly your drone safely this Holiday Season. Know the Rules." The ads will appear on print media, social media, and billboards. The campaign will run from Nov. 27, 2019-Jan. 10, 2020.

Drones have been among the list of popular holiday gifts. According to the Federal Aviation Administration (FAA), nearly 1.5 million drones are registered in the U.S. and a majority of them—over 1

See NEWS BRIEFS Page 2

## Faison's updates include new labor attorney, department heads training

By Laura Plummer

At a succinct meeting of the Town Council on Tuesday, Dec. 3, Town Manager Austin Faison shared updates on four key issues impacting Winthrop and its citizens.

#### -New labor attorney

Faison introduced the Town's latest hire, the new Labor Attorney, Elizabeth Valerio. Valerio is a partner at Valerio, Dominello & Hillman.

According to her website, Valerio has experience representing government entities in their bargaining goals with labor unions. She has represented the Mass. Department of Labor Relations, the Mass. Commission Against Discrimination, the Mass. Civil Service Commission, the Mass. Joint Labor Management Committee and the

federal Equal Employment Opportunity Commission.

In addition, Valerio is a guest lecturer on the topics of employee discipline, employee leave, and education law and labor issues. She was awarded the Massachusetts Super Lawyer distinction in 2005.

#### -Department heads training

Faison announced that department heads will be attending an offsite training on Dec. 17. The training has to do with keeping them informed of the laws regarding discrimination in the workplace. Massachusetts has laws on the books prohibiting unlawful workplace discrimination based on an individual's race, color, creed, native country, ancestry or sex. In addition, Massachusetts offers employees protection from sex-based wage discrimina-

tion, as well as special protections for female workers who become pregnant.

The training will also include a goal-setting activity that will inform the budget process.

#### -Middle school zoning

The process for determining the zoning of the middle school is being assessed by legal experts outside of town government. The purpose of this is to provide Council and residents with viable alternatives.

#### -Win2030

The town manager provided a brief update on Win2030, which is the town's vision for what it wants to achieve in the coming decade. The Metropolitan Area Planning Council provided a schedule for the last half of fiscal year 2020.

## 28<sup>TH</sup> ANNUAL HOLIDAY TREE LIGHTING CEREMONY



PHOTOS BY MARIANNE SALZA

Briana and Alex Flannery took advantage of the holiday lighting ceremony to get some early time with Santa. Meanwhile, Lisa Curran with her grandson, Reed Bonnice, at the 28<sup>th</sup> annual Holiday Lighting ceremony on Nov. 29. Hundreds came out to enjoy caroling and jolly old Santa in the Centre – as it will be the last tree lighting before major infrastructure work begins in the business district. See more photos on Page 4.



## THANKSGIVING DAY GAME



NOT THIS TIME: Winthrop's Bryan Conceicao has a hold on Revere's Joe Llanos to put a stop to a run during the Thanksgiving Day game. See more photos and story on Page 9.

## JOY & PEACE ON EARTH ART EXHIBIT AND MARKETPLACE



PHOTO BY MARIANNE SALZA

Kathryn Morgan and Debra Rideout buying Danny Dalo's paper fan angels and wreath during the Joy & Peace on Earth Exhibit and Art Marketplace on Sunday, Dec. 1. The event was a hit and put on by the Winthrop Cultural Council.

## Kate's Corner Ordinary People, Extraordinary Stories

Kim Mahoney has a lot on her plate. As a full-time employee at Mass. General Hospital in the Interventional Radiology Department, the mother of two young boys still manages to carve out time to commit to her town, and it all stems from her ability to seek out and jump on fulfilling opportunities. When an opportunity arose to serve the town as an election worker last year, Mahoney didn't think twice.

"I felt like this was something that I could do because the time commitment was really just the election days and a short training session," said Mahoney, who credits the experienced workers in precinct four for showing her the ropes. "The election days themselves are very long, but the work is so important. Access to voting is easy to take for granted. As a voter, getting in and out of the

polls quickly and easily is important and I think that ease encourages participation in the political process. That's where election workers come in. We try to be as efficient as possible while paying attention to detail. We do everything we can to ensure that every person has an opportunity to vote when and where they are supposed to. I encourage anyone who is curious

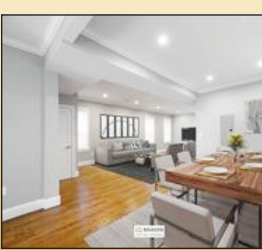
See KATE'S CORNER Page 2

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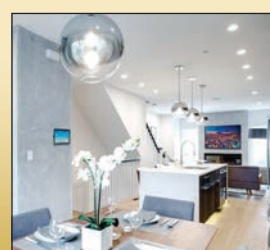


### 36 EUTAW ST. EAST BOSTON

Eagle Hill Townhouse! 2 Bed/2 Bath townhouse with off-street parking. Open concept kitchen/dining/living room area with brand new kitchen, quartz counters and stainless steel appliances! Includes outdoor patio area too! **\$499,900**

### 97 HORACE ST EAST BOSTON

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### 3 LAMSON CT EAST BOSTON

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## WINTHROP POLICE BLOTTER

### Monday, Nov. 18

Party came in to report fraud committed on him by his ex-girlfriend who had taken out credit cards in his name. He has filed with the credit card companies, and they are investigating.

Female party wanted a slush and went to help herself, cashier told her she could not help herself and they started arguing. Party was advised not to go back into store.

Party called to inquire about getting his things back from a female party who has a 209a against him. He was informed to go to Winthrop headquarters and speak with an officer.

Male party with Michigan license is coming in. Vehicle is legally pared on Grandview and will be staying there for the night.

Person arrested for possessing Class B and Class E drugs.

### Tuesday, Nov. 19

Uber driver having an issue with his costumer. Will not stop driving. Language barrier. Matter has been resolved. Unit will be transporting two male parties to

the intersection of Lincoln and Winthrop and they will walk home from there.

Party called that someone broke into her car. She will come to Winthrop Police Department to file a report after work.

Hit and run overnight of a Honda Civic.

Complaint of neighbor throwing trash on property. Officer spoke to neighbor to inform other party not to put her trash into the recycling bin.

Female party walked into station to report three passports were stolen from her vehicle.

Caller states her car was in a hit and run. 2018 Range Rover, White. Caller stated possible a white Chrysler hit her. Bumper is damaged.

Party went to police station, she did not want to pull into her apartment complex, vehicle stopped following her. She stated they were recording her and saying that she flipped them off. Female party is home safe. Unit clear.

### Wednesday, Nov. 20

Caller stated she can see a male party at her front

door through the bell camera – she does not know who it is – she will be waiting outside until police arrive. Caller showed up on scene and informed officers that the male party made entry to the home. There were people doing work on the home but they are not authorized to be there at this time. Units spoke to party with assistance of a translator due to language barrier. Party was advised by his boss he was permitted to work on the house at this time but the boss did not relay this to the homeowner. Homeowner checked the house nothing is missing. Units clear.

### Thursday, Nov. 21

Police received voice-mail stating that the Winthrop Police was investigating him for a homicide and to call back the attached number. Caller was advised WPD did not contact him and did not offer any information to this number. Attempted to call number back and went directly to voicemail.

Fire Medical enroute. Just Fire, male is conscious

and alert. Fire made entry no damage, party is alert.

Motor vehicle accident with injury air bag deployment. Possible entrapment. G/J notified and enroute with two tow trucks, both parties transported to MGH.

Retrieve old antique firearm no clip, rusty, found it in the park.

Report of manhole cover sticking up and may cause an accident. DPW on scene and made a temporary fix.

Party came in to report a beige Tahoe followed him home. He did not get the plate but would appreciate it if we could make periodic passes of his home as he is nervous.

Unit will be in the area of D’Parma’s due to a report of a hit and run with property damage.

Request an assist to pick up clothing, sneakers and an iPhone from the Plaintiff’s residence. He reports he receives some but not all of his belongings yesterday at the police station. I contacted the Plaintiff who stated she gave him everything yesterday including his dog which she found on her porch. Defendant was

notified and he reported he had a friend drop off the dog after he was transported out of Town. Both parties advised to bring their property issues before the Court.

Accident involving a car carrier. Truck rolled forward as the two were at the light. Female owner/operator stated she was having back pain. She was transported to the Whidden.

State Police Boston put out a Bolo for a male party possibly located on Revere Beach. Units were informed party had a gun and was waving it around. Party took off in Red Dodge Charger with gun to his head all units headed to Shore Drive into Revere Street. Multiple s hot fired, medical is being requested. Officer stated party had Marine Corp. plates and he tried to speak to him Marine to Marine. Party was transported to MGH.

### Saturday, Nov. 23

Report landscaping company blocking driveway. Party upset that officers would not tag MV. Landscapers very corporative

moved the truck that was slightly blocking driveway. Clear.

Caller reports here mother took her motor vehicle. Informed officer will call the mother have her bring back vehicle to her daughter.

Party came to the station to report an altercation last night at a family member’s home. As a result of the incident her purse containing medications was lost. Party was advised of her rights and may seek a RO tomorrow in East Boston Court. Party doesn’t want any charges at this time as she has a head injury and just came from the hospital.

Two-car motor vehicle accident – female party refusing to exchange paperwork. Very minor injuries. Absolutely no damage, laws are different in RI she was advised she was lost. Units clear.

Caller stating her mother went shopping 1 hour and 15 minutes ago and is worried as she cannot get in touch with her. Attempting to ping mother’s phone. Daughter called back stating her mom is home safe.

## News Briefs // CONTINUED FROM PAGE 1

million—are intended for recreational use. The FAA also predicts the number of drones sold in the U.S. to reach nearly 2.5 million by 2022.

“We are most concerned about the people who are unaware of the rules on drones,” said Massport Chief Security Officer Hank Shaw. “With the growth and advancement of drone technologies, we recognize there are significant benefits for commercial or business purposes, recreational use, and support to our first responders. But, drones must be safely integrated into the airspace and pose a significant concern when operators do not follow the rules.”

All drones over .55 pounds. must be registered with the FAA and must be marked with the registration number. Operators are required to carry proof of registration. Other regulations include the following:

- Flying around and above airports is prohibited without prior FAA approval. Violators will be subject to penalties.
- Never fly near any aircraft, especially near airports.
- Keep your drone in sight at all times and always

lower than 400 feet.

Since 2016, Massport has installed “No Drone Zone” signs in several parks and other properties around Boston Logan International Airport. The locations include Piers Park, Bremen Street Park, Festa Field, and the Neptune Road Buffer in Easton Boston. Signs have also been posted at the Maritime Park and Cruiseport Harborwalk in South Boston. Massport is also working with neighboring communities to install signs in other public places.

For more info, visit [FAADroneZone.FAA.gov](http://FAADroneZone.FAA.gov).

### LOCAL STUDENTS NAMED TO HONOR ROLL AT BC HIGH

The following students have been named to the First Quarter Honor Roll at Boston College High School:

**Quarter 1 High Honors**  
James Ezekiel 2020  
John Giorgio 2022  
Hunter Kennedy 2022  
**Quarter 1 Honors**  
John Anderson 2021  
Aidan Cash 2021  
James Faretra 2023  
Henry Hayes 2020  
Sean Montgomery 2022  
For High Honors a Sophomore, Junior, and Senior must have at least a 3.80

quality point average and all grades “C+” or higher. Freshmen need a 3.6 quality point average and all grades “C+” or higher.

For Honors a Sophomore, Junior, and Senior must have at least a 3.20 quality point average and all grades “C-” or higher. Freshmen need a 3.165 quality point average and all grades “C-” or higher.

Boston College High School is a Jesuit, Catholic, college-preparatory school for young men in grades 7 to 12. Founded in 1863, the school enrolls approximately 1,500 students from more than 140 communities in eastern Massachusetts. For more information please visit [bchigh.edu](http://bchigh.edu).

### LEGISLATURE PASSES FIRST IN THE NATION TOBACCO CONTROL LEGISLATION

House Speaker Robert A. DeLeo along with his colleagues in the House and Senate passed legislation to ban all flavored tobacco products and tax vaping products in an effort to protect youth from the harmful effects of tobacco usage.

Known as An Act Modernizing Tobacco Control, the legislation also requires commercial health insurers and MassHealth to cover tobacco cessation counseling and all nicotine replacement therapies with generics offered without any cost to the consumer. The flavor ban includes a ban on menthol cigarettes and restricts higher nicotine level products to age 21 plus tobacco shops and smoking bars.

“Massachusetts moved quickly to act on behalf of the children of the Commonwealth to modernize our laws that regulate tobacco,” said Speaker De-

Leo, (D – Winthrop). “The bill bans all flavored tobacco and makes it easier for people to access the tools they need to quit tobacco use. This nation-leading step will save lives. I hope other states will follow our example in combatting this public health crisis with comprehensive legislation amid inaction by the Trump Administration. I thank Chairs Mahoney and Gregoire for their diligence on this issue, and the Senate for their partnership.”

“The negative effects of nicotine are irrefutable, and the health impacts of vaping are staggering,” said Sen. Joe Boncore (D-Winthrop). “Addressing its proliferation among students and teens is one of the clearest steps we can take to prevent another generation from becoming addicted to nicotine.”

“I thank Speaker DeLeo, Chair Mahoney and Chair Gregoire for bringing this important piece of public health legislation to the floor of the House for consideration,” said Rep. Vincent (D-Revere). “For the past few years, high school students from my district have been advocating to me for the passage of ban on flavored tobacco because they know all too well how tempting this and vaping are to their peers. Knowing now how dangerous smoking is as opposed to when smoking was in vogue years ago, I am proud that the House took this step to protect the public health of the next generation in modernizing our tobacco laws.”

In Massachusetts, 9,300 adults die annually from smoking, and more than 20 percent of high school students report having used vaping products. More than 80 percent of teens who have used a tobacco product started with a flavored product such as mint or menthol. The Massachu-

setts Department of Public Health has reported three vaping-related deaths to the U.S. Centers for Disease Control and Prevention. In Massachusetts, smoking is estimated to cost more than \$4 billion in direct health-care costs.

### A CHANGE IN SCHOOL BREAKFAST

House Speaker Robert A. DeLeo and Rep. RoseLee Vincent along with their colleagues in the House of Representatives unanimously passed legislation ensuring Massachusetts’ students have access to breakfast after the beginning of the instructional day. This bill will increase school breakfast participation while supporting the health and education of the Commonwealth’s most vulnerable students.

An Act Regarding Breakfast After the Bell, requires public schools where 60 percent or more of the students are eligible for free or reduced-price lunch to offer its students breakfast options after classes begin.

“We recognize that students need a healthy breakfast so they are ready for learning in the classroom, and this legislation gives that opportunity to all students,” said Speaker DeLeo (D-Winthrop). “This legislation builds on the House’s ongoing support of children’s wellness, and I want to thanks Chair Peisch, Vice Chair Vega and Representative Vargas for their work on this issue.”

“This legislation helps to provide students with nutritious meal as the school day is getting started so that they are focused and ready to learn,” said Rep. Vincent (D-Revere). “I’d like to thanks Speaker DeLeo for his leadership on taking up this important issue for our communities.”

This legislation builds on the House’s ongoing efforts to prioritize programs that support the health, wellbeing and academic success of the Commonwealth’s most vulnerable children. Re-

search shows 1 in 10 households and 1 in 9 children in Massachusetts are food insecure. Providing breakfast to students has been shown to improve concentration, increase school attendance and decrease tardiness and visits to the school nurse. It also serves to destigmatize traditional school breakfast programming by supporting an all-inclusive school-wide option.

Key provisions of the bill are as follows:

- Requires all public schools where not less than 60 percent of the students at the school are eligible for free or reduced-price meals to offer all students a school breakfast after the beginning of the instructional day.
- Allows schools the flexibility to use the model that best suits its students that may include: breakfast in the classroom, grab and go breakfast, or second chance breakfast in the cafeteria.
- Directs DESE to issue guidance or regulations in order to implement programming, allowing for consultation with nonprofit organizations with experience regarding the opportunity gap, hunger and food security issues, and best practices for improving student access to school breakfast.

- Requires DESE to develop and distribute a schedule by Jan. 1, 2020 for districts to begin implementing breakfast after the bell programming, collect data on availability and participation rates and make information publicly available on its website.
- Requires full implementation by the start of 2022 school year. Requirement can be waived for 1 year if a school is already meeting an 80 percent or higher breakfast participation rate or is able to demonstrate an extreme hardship to implementation. Schools approved for a one year waiver must demonstrate the progress being made to meet the requirements of the bill.

The bill will now go to the Senate.



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STUDENT HIGHLIGHT:

Structure and discipline are all part of the game for Teixeira

By Kate Anslinger

Senior, Patrick Teixeira believes that sport participation is about more than the competition and winning a game. “Being part of a team has given me structure and discipline and has helped me grow in every aspect of my life,” said Teixeira who has played on the varsity football team since he was in eighth grade. His hard work in the sport paid off, and when he was a sophomore, he received the Jack Driscoll Award for being an outstanding lineman. The 17-year-old is also on the indoor and outdoor track teams, fol-



Patrick Teixeira.

lowing in both his sisters’ and grandfather’s footsteps.

**What is your favorite sport to participate in?**  
I love football, it is my

favorite sport and it has grown to be a huge part of my life and track is a close second.

**Do you have any college/career goals?**

I am looking at colleges like Framingham State, Anna Maria College, and Plymouth State University. I want to study Criminal Justice or Fire Science, and eventually I’d like to become a firefighter.

**Do you have a role model?**

My role model is my dad. He is a hard worker, honest, and always takes care of his family.

Kate’s Corner //

CONTINUED FROM PAGE 1

about being an election worker to reach out.”

It’s hard to believe that Mahoney has a spare second for anything else in life, but she is dedicated to her role as a hands-on parent and is an assistant coach to her son’s tee ball team.

“I was fortunate to work with other, more experienced coaches, and also fortunate to have such a fun group of kids on the team,” said Mahoney, who grew up in Bellingham, where she has fond memories of her grandfather coaching her own softball team. “I was always short on talent but long on enthusiasm and loved learning the importance of team over self. It was very rewarding to see the kids grow their skills between the first and last games of the season, but even more reward-ing was to see them cheer one another on.”

Mahoney credits her full life to her husband Matt, who was born and raised in Winthrop.

“Life is very full these days and none of us can do it all on our own. I am able to be involved because I have the support of an incredible partner in my husband Matt, who is also involved here in town,



Kim Mahoney, mom of two, full-time employee, coach, and Election Worker.

having just finished coaching his first season of youth soccer. They say it takes a village and we are fortunate to have that here in Winthrop between friends, neighbors, and my in-laws who you can find doing an occasional school pickup or trip to the library with the children. One of the things I have come to appreciate most here in Winthrop is that sense of community. I know that I can always rely on a neighbor or fellow parent at the playground to come through for us when we need something.”

COUNCILLORS

SET TAX RATE

CHELSEA -The City Council passed two orders last week that essentially set the property tax rates for Fiscal Year 2020, but one Councillor did attempt to hold the line on tax increases, raising questions about how the Assessing Department values larger properties in the city.

The Council unanimously approved two recommendations from City Manager Thomas Ambrosino, including a 175-percent tax burden shift onto commercial and industrial properties, and a 31-percent residential property tax exemption for Chelsea homeowners who live in the city.

With those votes, the residential property tax rate will be \$13.46 per \$1,000 of valuation, while the commercial tax rate would be set at \$27.18.

While both those rates are lower than for FY19, there will be an increase in the average tax bills because of the recent revaluation of Chelsea properties that saw assessed property values increase across the board.

But before the orders were ultimately passed, Councillor-At-Large Roy Avellaneda introduced an amendment calling for a zero percent increase in property tax rates alongside the 31 percent residential exemption, essentially cutting \$3.7 million that would have been raised by the proposed 2 1/2-percent increase in property taxes. Avellaneda noted that there was nothing in either order introduced by Ambrosino that called for the 21/2-percent increase, the maximum allowed by law. With the increase, property taxes would raise just over \$61 million toward the city budget.

“Now, I have raised this point in subcommittee, that while the city does a very good job of valuing the smaller properties, the condos, the single family, the two family, the three family, most likely because so much data is out there,” he said. “Unfortunately, there is not as much good data out there for larger properties and it is up to the assessor’s office to try to evaluate them.”

The Councillor said if he sees unfairness in the way

taxes are distributed in the city, he is going to advocate for those homeowners who are impacted.

“Now, that’s what the whole system should be about, the fairness of how we distribute the tax burden to the whole community,” said Avellaneda. “And I’ve seen just a list of 100 properties that don’t make sense. The way that it doesn’t make sense to me, is that it is not capturing, in my humble opinion, close to \$37 million worth of value.”

Among other items, he said he has seen properties that are remarkably similar yet with wildly varying assessed valuations.

“All I can say is that they are just not capturing the value,” Avellaneda said.

Without the proper assessment of larger properties, the Councillor said the tax burden unfairly shifts to the owners of smaller properties.

Earlier in the evening, both Ambrosino and Mary Lou Ireland, the Director of Assessing, defended the Assessing Department’s work, both noting that the assessed values were certified by the state’s Department of Revenue (DOR) as part of a five-year revaluation of city property.

Ireland said the assessor’s office has undertaken a major overhaul over the past four years to get the valuations of every city property properly squared away.

“We have already made changes to several thousand properties, and we are not done,” said Ireland. “We are constantly working on things, but there has to be realistic expectations as we make the changes.”

Ambrosino stated that while the mass appraisal process the assessor’s office is undertaking can occasionally result in some abnormalities in some individual assessments, the process is subject to exacting scrutiny from the DOR.

“The DOR looked at that work with a fine-tooth comb for a full month,” he said. “They looked at all the values, and they were fully certified last month.”

Cutting money out of the budget after it has already been approved, or having property tax money replaced by free cash would have an adverse impact on

the city’s finances, the City Manager said.

Several Councillors said they understood Avellaneda’s concerns, but that this late in the game, it is an issue that can be given fuller consideration during next year’s budget process.

“I applaud my colleague for bringing this to everyone’s attention, but I think it should be addressed in next year’s budget,” said Councillor-At-Large Leo Robinson. “We might not like all the values, but they were certified by the DOR. Even if we don’t like them, these values are legitimate.”

CENSUS 2020

KICKS OF

CAMPAIGN

CHELSEA - The City and a Complete Count Committee kicked off the Census 2020 efforts for Chelsea on Saturday, Nov. 16, in an effort to get the message out early and often to those in the community that might be hesitant or unwilling to fill out the Census.

By order of the U.S. Constitution, the U.S. Department of Commerce is required every 10 years to do a full count to the extent possible of every person in the United States as of April 1.

In Chelsea during the past several decades, the City has been drastically undercounted in its official population due to people not filling out or responding to the Census. Because federal funding relies upon Census counts, that undercounting has resulted in Chelsea losing millions of dollars in federal funds over time – particularly money that would go to the schools and for street/sidewalk repairs as community block grants.

Chelsea has been, historically, one of the most difficult communities to count accurately in the state – primarily due to language bar-

riers and hesitancy to participate by the immigrant community.

“We need to start early and try to anticipate concerns and address them and promote what the Census is and why it’s important,” said Cate Fox-Lent, the liaison to the Census for the City of Chelsea. “We know there will be people with lots of questions and concerns about whether they are eligible and if it’s safe.”

To help with that, the City has formed a Complete Count Committee with 80 local leaders from faith communities, non-profits, community centers, schools, and advisory boards. The hope is that those local leaders, who already have the trust of groups that are hard to count, will be able to convey how important the Census 2020 is to the local schools and community. That suggestion was brought about in a study by the Gaston Institute at UMass Boston – which studied the efforts to count to the Latino population and what might work best.

“City Hall is not the most trusted place for a lot of people who might be scared to go there,” she said. “Even though we have money for the effort, we would be pushing that money into the hands of community leaders so they

See METRO NEWS Page 13

WINTHROP MARKETPLACE

MUSHROOM, BROCCOLI AND CHEESE STUFFED CHICKEN

INGREDIENTS:

2 cups finely chopped broccoli florets

2 tablespoons water

½ cup shredded pepperjack cheese

¼ cup mayonnaise

4 small button mushrooms, sliced

1 teaspoon garlic powder

4 large chicken breasts

1 teaspoon paprika

salt and ground black pepper to taste

DIRECTIONS:

**STEP 1:** Preheat the oven to 400 degrees F (200 degrees C). Line a baking sheet with aluminum foil.

**STEP 2:** Combine broccoli and water in a microwave-safe bowl. Cook in the microwave on high power for 2 minutes. Drain.

**STEP 3:** Combine cooked broccoli, pepperjack cheese, mayonnaise, mushrooms, and garlic powder in a large bowl.

**STEP 4:** Season both sides of each chicken breast with paprika, salt, and pepper. Use a sharp knife to cut a slice through the middle of each breast to create a deep pocket, making sure not to cut all the way through. Evenly stuff each breast with broccoli mixture and place on the prepared baking sheet.

**STEP 5:** Bake in the preheated oven until chicken is no longer pink in the center and juices run clear, about 35 minutes. An instant-read thermometer inserted into the center should read at least 165 degrees F (74 degrees C).

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# 28<sup>TH</sup> ANNUAL HOLIDAY LIGHTING BRIGHT BEGINNING



Families stayed warm with fresh popcorn and hot chocolate during the 28<sup>th</sup> Annual Holiday Lighting, presented by the Winthrop Chamber of Commerce. The Nov. 29 festival, which included children’s activities, raffles, and crafts, is the last holiday lighting before infrastructure work begins in Winthrop Center’s French Square. Residents enjoyed community performances and demonstrations by Cervizzi’s Martial Arts, Winthrop School of Performing Arts, Jessica Gordon Academy of Performing Arts, and the Lori Wadkins Singers. Little ones greeted Frosty the Snowman and Rudolf, and had their pictures taken with Santa before he made his grand re-entry driving in a Winthrop Fire Department fire truck to commence the lighting ceremony.

PHOTOS BY MARIANNE SALZA

The 28<sup>th</sup> Annual Holiday Lighting, on Nov. 29, is the last tree lighting before infrastructure work begins in Winthrop Center.



Lenny Adler, Michael DiMento, Barbara Adler, Andrea DiMento, and Catherine DiMento.



Free hot dogs, burgers, and hot chocolate were presented to guests by the Winthrop Police Department.



The Boncore family celebrates another holiday lighting in the Center.



## THE WINTHROP CHAMBER OF COMMERCE PRESENTS THE 28TH ANNUAL HOLIDAY LIGHTING



The Dockendorf, Hellwig, and Rodriguez families.



Callie Dwyer, Gianna Bennett, and Adrianna Pescione with Frosty and Rudolf.



The Gray, Evans, and Mattieu families.



Lori Watkins Singers performing Christmas carols.



The Correll family.



Santa drove to Winthrop Center on a Winthrop Fire Department firetruck to commence the lighting ceremony.



*The Officers and Board of Directors of the Winthrop Improvement & Historical Association, Michael Herbert, President, Co-Chairs Stephanie Honan, Lauren Mazzuchelli, and Christine Reilly and Honorary Chair Robert A. DeLeo, Speaker of the Massachusetts House of Representatives Cordially invite you to the 2019 WIHA Holiday Auction*

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OUR Opinions

WE ARE DRINKING,  
DRUGGING, EATING, AND  
STRESSING OURSELVES  
TO DEATH

Okay, we know it is the holiday season -- a time for good cheer and all that.

But the results of a report issued last week by the Centers for Disease Control reveal a disturbing and dangerous pattern in the United States: The life expectancy of the average American has declined in the past few years, reversing the general trend of the past 130 years of an increase in our collective longevity.

Although the decline in life expectancy has been most acute in poorer parts of the country, it cuts across all socio-economic groups.

There are many specific causes that the researchers point to as contributing to the downward trend, such as the opioid crisis, which tragically has cut short the lives of tens of thousands of our fellow Americans in the past decade.

There also has been an increase in the use -- and abuse -- of alcoholic beverages, which have been labeled a Class 1 carcinogen by the World Health Organization.

Our poor eating habits also play a large role in shortening our lives.

As a recent article in The New York Times noted, “Obesity is a significant part of the story. The average woman in America today weighs as much as the average man half a century ago, and men now weigh about 30 pounds more. Most people in the United States are overweight -- an estimated 71.6 [percent] of the population ages 20 and older, according to the CDC. That figure includes the 39.8 [percent] who are obese, defined as having a body mass index of 30 or higher in adults (18.5 to 25 is the normal range). Obesity is also rising in children; nearly 19 [percent] of the population ages 2 to 19 is obese.”

The ads for fast-food restaurants, primarily shown during college football games, that show those close-up photos of tantalizing double-bacon cheeseburgers topped with onion rings, are an open invitation to heart disease, cancer, and diabetes.

Although the researchers note these cause-specific reasons for many early deaths in the U.S., the statistics suggest that there is something more going on that is not readily-apparent.

Depression and loneliness have risen at alarming rates. It is said that loneliness is as bad for our physical health as smoking two packs of cigarettes per day.

The national suicide rate -- the ultimate expression of depression and despair -- has risen alarmingly by 30 percent in the past decade. Even if we do not commit that ultimate act of ending our lives quickly, our lifestyles are contributing to our shorter national life span.

So here’s our holiday message:

Don’t drink -- and certainly don’t do drugs -- and watch what you eat.

But most important, get together with your friends, family, neighbors, and co-workers. Isolation is bad for our health, and just as we have to make an effort to exercise and eat right, we also have to make an effort to get out of our homes and socialize.

It truly is a matter of life -- or death.

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IT'S BEGINNING TO LOOK A LOT LIKE...  
LETTERS to the Editor

A SINCERE THANK  
YOU TO ALL

**Dear Editor,**  
*To the Chief Delehanty, the Winthrop Community and so many more;*

With Thanksgiving just past it seemed only right that I send this long overdue thank you to my wonderful community of Winthrop.

On September 3, 2019 I experienced every parent’s worst nightmare. My daughter went missing for 16 hours (although it felt like 16 months). To this day I have nightmares of that day and I am still shaken to my very core just thinking about what could have happened.

This letter is to thank all those people-friends, family and strangers alike that moved into action to find my daughter. From the moment I reported her missing, Chief Delehanty and his team immediately went to work contacting agencies, the media and anyone else they thought may help to get their work force in place to find her and return her safely to my arms. Although I was paralyzed with fear over the safety and well being of my daughter, I felt that everything in their power was being done to bring her home. Chief Delehanty kept me informed of all that was being done at all times.

It doesn’t stop there. Once the Winthrop community found out what was happen-ing, they, too,

sprang into action. There were search parties, Sr. Jane had a prayer group saying prayers and Mackenzie’s coaches and other friends were sending me supportive messages, Katie from Masstart and the superintendent of schools were in the background doing all they could. People I don’t even know were out helping to look for her or praying for her.

Special thanks to Officer Mary Crisafi who stayed with me throughout the day-keeping me informed on what was being done, trying to keep me calm, keeping the news people at bay and even praying with me. And of course, my friends, the best friends a person could have-running to my side as soon as they heard and keeping me sane in an impossibly insane situation or keeping my son as far away from the drama as they could. There are way too many people and agencies to mention and I am sure, if I tried, I would forget someone which I would never want to do.

I pray that no mother, father, grandparent ever goes through a day like I had on September 3rd. They say it takes a village to raise a child. I just know that on Sep-tember 3rd, I was glad that village was Winthrop.

My words can not express the eternal gratitude my heart feels over all the love and support my family received both then and now. No act was too small

whether you were with me or working the sidelines. Thank you, thank you, thank you! I love you all!

**Pattie McGrath and Mackenzie and Shane**

ON YOUTH VAPING

**Dear editor,**  
Vaping by youth has become what the U.S. Surgeon General calls an epidemic and many people are working to find solutions. I’m asked frequently what can be done to turn the tide, and now new resources are available to educate youth and help those who want to quit vaping.

Sadly, many youth are unaware of the facts about and the dangers of vaping. To help, the Massachusetts Department of Public Health developed a campaign designed for youth found at mass.gov/vaping. It provides facts and materials for young people that compare vapes and cigarettes: both put nicotine and cancer-causing chemicals in their body and both are highly addictive and dangerous for young people.

The vaping epidemic has led parents, schools and youth-serving organizations to struggle with how to help youth who are addicted to nicotine and want to quit. Now, two new free programs, This is Quitting powered by truth®and My Life, My Quit, are available to help Massachusetts

youth become nicotine- and tobacco-free.

Quitting vapes or other tobacco products can be hard. Here are some ways you can help young people get the support they need:

- This is Quitting powered by truth® is a free and confidential texting program for young people who vape. Text “VapeFreeMass” to 88709. In partnership with the Massachusetts Department of Public Health.
  - My Life, My Quit has youth coach specialists trained to help young people by phone or text. Young people can call or text “Start My Quit” to 855-891-9989 for free and confidential help, or sign up online at mylifemyquit.com.
  - Visit teen.smokefree.gov for tools and tips.
  - Encourage young people to ask their school nurse or counselor, athletic coach, doctor, parent or other trusted adult for help.
  - For more information, young people can visit mass.gov/vaping.
  - More information for parents/adults is available at GetOutraged.org.
- Talking with young people about vaping is essential—youth need to know that vaping is harmful and that help is available for those who want to quit. Visit GetOutraged.org to learn more or contact me at eduran@hria.org.

**Edgar Duran Elmudesi Metro Boston Tobacco-Free Community Partnership**

Mystic Valley Elder Services offers tips on enjoying healthy holiday eating

The holidays are a time to enjoy friends, family and food! And with them right around the corner, you will be barraged with lots of your favorite foods. However, how are you going to enjoy the holidays and not regret eating too much and gaining weight? Mystic Valley Elder Services Registered Dietitian Candace Quigley offers some tips on how you can still enjoy eating your favorite foods without regret.

- Weeks before the holiday arrives, be sure to get some exercise and eat healthy. As the season gets into full swing, not only will you be celebrating on that holiday but also you will most likely be attending holiday parties. Unfortunately, holiday celebrations tend to be all about food. On average, Americans gain

approximately 1-2 pounds around the holidays and it tends to stick and accumulate over the years.

- No skipping breakfast. High fiber foods will satisfy hunger.

- Do not arrive at your party famished because you will be more likely to eat too much. If dinner is going to be late, then have a healthy snack before you go out.

- Most people will consume several handfuls of chips and dip, nuts, puffs, and other appetizers. Choose only one favorite item and do not graze all day until the meal starts. Do not hang around the food table; Focus on people, not the food.

- Enjoy your favorite beverage and then switch to water or a non-calorie drink. Try to stay away from punches, eggnog and

mixed drinks. Try flavored sparkling water.

- When dinner is served, there are usually many choices. Choose those items that you only have on the holiday or are special to you. You could start by putting vegetables on your plate before you put the entrée on it. Survey the entire table before you take any food. Decide which foods are worth eating and which you can ignore and stick to that decision.
- Eat slowly and savor every bite; it takes 20 minutes before your stomach registers that you are full.

- You don’t have to be a member of the clean plate club. You can leave some bites behind.
- If you plan on having seconds, wait at least 20 minutes. Even though many of the foods are healthy, they all have calo-

ries and should be enjoyed in moderation.

- Go ahead and have dessert! Just keep it a reasonable portion and eat slowly. Again, pick an item that is your favorite that you only have during the holidays.

- Say NO to food pushers. Smile and say, “Thanks for making that delicious dessert, but I am full right now. Can I take some home for later?”

- Get some physical activity—before, during or after the celebrations. Go for a walk before you leave to go to the party or maybe you will have time after dinner. Still watch your football game but get up between quarters and during ads to mobilize yourself.

Get right back on track with healthy eating and exercise the day after each holiday.



WINTHROP HISTORY WEBSITE: WIHAONLINE.ORG

# WINTHROP Then and Now

Winthrop Improvement and Historical Association

By G. David Hubbard • Photos courtesy of Stephen F. Moran

## ART 907 – SHIRLEY STREET STORM FLOODING



In this season of winter storms, snow accumulation and street flooding, let’s look back at the corner of Shirley Street and Ocean Avenue when water ran down the streets from Winthrop Shore Drive and flooded the business area in front of the Beach Fire Station. Picture #1 shows this intersection in a flooded condition, sometime prior to World War II, with two gentlemen helping a lady cross the street. The pair of buildings in the background were, from left to right, the Winthrop Beach Casino and the State Movie Theater. The Casino was built about 1912 and had a large dance hall on the second floor. In 1934, the 12 bowling alley lanes that were located in the New Winthrop Hotel on Sturgis Street, where the nursing home is today, were removed thru a hole in the basement wall, loaded on the back of Joe Hurley’s ice truck and transported to the first floor of the Casino building that was then owned by Fred Slocum. During the 1930s and 1940s a Mrs. Slater divided the second floor dance hall into many small cubicles that she rented out to tourists in the summer under the name of the Empire Hotel.

While a number of these cubicles had hotplates and perhaps a small refrigerator, there was a large common kitchen available for all the guests to share. During the 1940 – 1949 period, Armand Lessard operated a Variety Store on the first floor next to the bowling alleys. In 1951, Armand’s two sons Ernie and Robert took over the operation of the bowling facility which then closed down in 1960 when the 12 alleys were sold to the Seville Theater at Central Square East Boston. In 1962, the Winthrop Casino building was razed to make way for the Crystal Cove Apartment building that stands there today. The State Movie Theater on the right, originally named the Dream Theater, was also constructed circa 1912 and operated in conjunction with the Winthrop Theater in the center. Both showed the same double features, a Pete Smith Special, a cartoon, the World News, previews of coming attractions and a western serial. They alternated the sequence of their shows and a young man would transport the films back and forth by bicycle or car several times a day. One of the lads who did this was Ernie Caggia-

no. The theater closed in 1960, and the building was sold and converted into a pickle canning factory. Subsequent tenants in sequential order have been Massa Flooring Company, Hurley’s Boats and Motors, the ATS Alarm System Firm, a General Contractor and Tiger Dojo Sbotokan Karate physical fitness center. This was followed by the Action EMS Ambulance Service. Picture #2 depicts the same view in 2009. Picture #3 looks down Shirley Street toward the same area from Cutler Street during the same storm depicted in picture one and shows a mailman wading through the water. Picture #4 shows how the same area appeared in 2010. One of the things that make writing these articles so interesting is the people that one gets to talk to. In researching this particular piece, a number of local residents who were a part of the businesses in these buildings or witnessed the many uses made of them, were contacted. My thanks to Ernie Lessard, former Fire Chief Charlie Flanagan and John Creedon who added their personal knowledge to this article.



# THE MORE Things Change ...

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

### 20 years ago Dec. 2, 1999

The selectmen have placed a Proposition 2½ menu override on the ballot for January 24. Voters will have the option of choosing a tax increase of either \$2 million, \$3.5 million, or \$5 million.

The Chamber of Commerce held its annual Home for the Holidays event on the Friday after Thanksgiving in French Square.

Myer Brill, long time local businessman, civic leader, and town office holder, was recognized for his 50 years of service to the local Rotary Club at a gala dinner last week.

“Deuce Bigelow: Male Gigolo,” “The End of the Affair,” and “The Cider House Rules” are playing at the Revere Showcase Cinemas.

### 30 years ago Dec. 6, 1989

Selectmen Richard Bangs, Richard DiMento, and Robert E. Noonan have announced that they will choose a new Police Chief based upon a point system. Each selectman will review the applicants and rate them. The three candidates with the highest point totals will be the finalists. The selectmen have received 34 applications for the post which was summarily vacated by former Chief David Rice. Rice retired a few months shy of the mandatory retirement age of 65, citing “harassment” from the selectmen for his decision to leave.

Winthrop resident Joseph A. Ligotti was sworn in as the new Clerk Magistrate of the Hingham District Court last week by Supreme Judicial Court Chief Justice Paul Liacos. Gov. Michael Dukakis also was on hand for the ceremony.

The Advantage Bank, formerly the Winthrop Savings Bank, has announced that once again it will be hosting the annual Toys for Tots program in Winthrop.

A group of caroling students and their parents participated in the annual tree lighting ceremony last Friday in Winthrop Centre.

“The War of the Roses,” “She-Devil,” and “Driving Miss Daisy” are playing at the Revere Showcase Cinemas.

### 40 years ago Dec. 5, 1979

Four Charlestown youths were arrested by local police Saturday at 1:30 a.m. and were charged with breaking and entering into Brill’s Radio and Television Service store on Shirley St.

Chamber of Commerce Pres. Louise Shaw turned on the lights at the annual Christmas tree lighting ceremony in French Square Friday evening.

A Battle of the Bands that was held last week in the Winthrop Youth Center proved to be a big success with local teens.

The first annual Curtis Cramb Memorial Award was presented to Viking senior linebacker Joe Lamonica at the break up banquet of the WHS football team. The award is named in memory of the freshman Viking football player who died in a tragic drowning accident last summer.

“Skatetown USA” is playing at the Kincade Theatre.

### 50 years ago Dec. 4, 1969

The Town of Winthrop, represented by Town Counsel Joseph Harvey, won the first round of the lawsuit, in which it is being joined as a defendant by Revere and Chelsea, that has been brought by the City of Bos-

ton to force the three communities to share in the expenses of Suffolk County. Superior Court Judge Alan Hale ruled in favor of a demurrer filed by Harvey that asserted that the complaint does not set forth sufficient facts to warrant relief for the plaintiff.

Police Chief Frank Perrone lashed out at local residents, asserting that the lack of citizen cooperation is to blame for the large number of unsolved home burglaries. Perrone said that residents are not calling police when they see something suspicious.

More than 350 persons turned out for the third annual Banchetto of the Don Orione Home at which local resident Andrew Biggio was honored as the Don Orione Man of the Year.

“The Christmas That Almost Wasn’t” is playing at the Winthrop Cinema.

### 60 years ago Dec. 3, 1959

Town Meeting will take up the issue of rezoning Belle Isle Marsh for light industrial development at the Special Town Meeting on Monday. The proposal has been put forward by Planning Board Chairman Robert Blumenthal, who estimated that if only one fourth of the 60 acres of marshland are built upon, the town’s tax base will increase by 27 percent. Chamber of Commerce Pres. Michael Caruccio has sent a letter in support of the plan to each Town Meeting member. Opponents question whether the town’s roads can handle the additional traffic and whether there is sufficient drainage in the marsh to allow for development.

The annual Winthrop Transcript Cooking School, sponsored in conjunction with the Mystic Valley Gs Co., once again was a huge success, attracting hundreds of local homemakers last week

Mitzi Gaynor and Rossano Brazzi star in “South Pacific” at the Winthrop Theatre.

### 70 years ago Dec. 1, 1949

The 500 local veterans and their families who are seeking housing in the 73 units of the Winthrop Housing Authority that are soon to be finished must show up at Town Hall Monday evening to fill out new application forms.

Msr. Richard J. Quinlan, pastor of St. John the Evangelist Church, will be the Honorary Chairman of the gala pre Christmas bazaar to be held over the next three days.

Gary Cooper and Jane Wyman star in “Task Force” at the Winthrop and State theatres.

### 80 years ago Dec. 2, 1939

Christmas Club accounts in local banks that soon are to be distributed to local residents will put into circulation the vast amount of \$79,703 for holiday shopping. Winthrop merchants, who pay taxes to the town, no doubt will be appreciative if much of that money is spent in local stores.

A Special Town Meeting has been called to appropriate \$8500 for the town’s Welfare Dept.

Lana Turner stars in “The Dancing Co-ed,” with Artie Shaw leading his band, at the Winthrop and State theatres.

### 90 years ago Dec. 7, 1929

The Winthrop Improvement and Historical Association held a successful banquet despite the snowstorm Monday night to as-

sist in raising funds for its barn building fund. Mass. Lieut. Gov. William Sterling Youngman was the guest speaker.

The Winthrop Sun urges all of its readers to do their holiday shopping in Winthrop.

The Water Commission has voted to reduce water rates by 14 percent. The minimum rate for a household now is \$12 per year instead of \$14, with an allowance of 6,667 cubic feet of water.

### 100 years ago Dec. 6, 1919

Harry Whorf’s new production for the local Red Cross chapter, entitled The Greatest Miracle of All, features an all Winthrop cast in the leading roles. Its performances are expected to be a sellout next week.

A Winthrop man who is a steward at the Boston Yacht Club on Rowe’s Wharf has been fined \$25 in the U.S. District Court for selling a small quantity of gin to a customer in violation of the wartime Prohibition Act.

The Mass. Legislature is considering a bill that will increase the daily pay from \$1.55 to \$3 for National Guardsmen who are performing strike duty during the ongoing Boston police strike.

### 110 years ago Dec. 4, 1909

Residents in several sections of town have been annoyed the past few weeks by an alleged Peeping Tom. All of the women who have seen the man have given the same description to the police.

About 80 friends turned out for a farewell reception to Mr. and Mrs. Charles Brand, both of whom have been prominent in the activities of the Union Congregational Church. The couple are leaving for Roseburg, Oregon, where Mr. Brand is engaged in the growing of fruit.

Many people are complaining about the high cost of living. Part of the blame lies with the business combinations that are restricting competition, but some also lies with each of us. There is too much extravagant spending, especially on the sorts of amusements that did not exist 10 years ago. Production has not yet outpaced consumption, which means that Americans are saving less than ever before.

There seems to be an increasing demand for a 12:30 a.m. train on the Narrow Gauge to Winthrop from Boston. If you are unable to catch the 12:05 train, then you have to wait until 1:20 for the next one.

### 120 years ago Dec. 8, 1899

A delegation of our town officials journeyed to Revere for the town meeting there on Nov. 27 to see how Revere was going to settle its water question. They received a hearty round of applause when they were introduced by the moderator.

The new Winthrop Beach Reservation has been incorporated into the Metropolitan Park Commission, which essentially has taken, in the name of the Commonwealth, all of the easements contained in the deeds from Ingalls, the Tewksburys, Wymans, and other homeowners along the Crest and Side streets.

### 130 years ago Dec. 6, 1889

The Harvard edition of Shakespeare’s complete works has been catalogued this week and the 10 volumes comprising the set make a valuable addition to our library.



# JOY & PEACE ON EARTH EXHIBIT DECK THE HALL ... AND WALLS



Above: Frank Costantino speaking with Larry and Nanci St. George about her “Cedar Wax Wing” photograph.



Left: Phyllis Poor, Dawn, Kevin, and Susanne Mahoney, and David LaChapelle.

Photos by Marianne Salza

At the Winthrop Cultural Council’s Joy & Peace on Earth Exhibit and Art Market, on Dec. 1, a winter village scene with chapel and distant snowy mountains was finely painted on a clam shell by Dawn Mahoney. Handmade pottery, driftwood decorations, and glass pendants were also on display during the small business fair at the EB Newton School & Cultural Center. Friends walked through The Clock Tower Gallery with hot coffee and cookies as they admired a vivid watercolor painting of a flowering cactus, photograph of a flock of geese flying in formation, and a silver, holographic wreath, which can be viewed through Dec. 28.



Merrill A. Frank wrapping her handmade pottery for a customer.

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Sandy Joneck-Schiff holding a 2019 Winthrop Improvement and Historical Association ornament: “The Winthrop Santa.”



Joanne Salza shopping at Phyllis Poor's fiber art table.



Michael Bacon and Timothy Burgers, of Jangles.

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Bob Bolognese  
Owner



Danny Dalo with his origami Christmas trees and holographic wreath.



# Sports

## WHS Vikings fall short in Thanksgiving matchup against the RHS Patriots

Special to the Journal

(Spoiler alert: The first sentence of this story does not contain any typographical errors.)

Revere Patriot running back Joe Llanos ran for 378 yards on 22 carries and scored six touchdowns to lead the Patriots to a 46-31 victory over the Winthrop Vikings on Thanksgiving Day at Miller Field.

Let those numbers sink in for a moment: 378 yards -- 22 carries -- six touchdowns.

Llanos's performance truly was one for the ages in the 91st holiday meeting between the archrivals on a perfectly unpredictable morning for a football game that featured a slick field (yes, the turf is much better than the grass at Miller that would have turned the old field into a mud bowl in the opening minutes, but it's the equivalent of a slip 'n slide when wet); a gusty north wind that got stronger as the game wore on; and then an off-and-on, driving rain that began just before the end of the first half and continued until after the final whistle.

The 5-foot, 8-inch, 165 pound Llanos, who is all but a lock for the Northeastern Conference Player of the Year honors, ran for 144 yards in the first half and added another 234 in the second half, dividing his six touchdowns equally before and after the intermission.

However, despite Llanos's herculean efforts, the plucky Vikings remained undaunted throughout the contest. Led by their own star, junior quarterback Bobby Hubert, who ran for 135 yards on the ground on 26 attempts, passed for 51 yards on 4-for-5 attempts, and accounted for three touchdowns (two on the ground and one in the air),

Winthrop counterpunched effectively, matching the first three Revere scores that brought the contest back to level, 19-19, with 4:01 left in the third period.

At that point, it was anybody's game and the final 16 minutes proved to be among the most entertaining, unpredictable, and memorable stretches of play between the rivals in their 91-year history.

### FIRST QUARTER

Llanos gave an early indication of things to come when he accumulated 63 of Revere's 80 yards on the Patriots' first possession off the opening kickoff. Llanos ripped off a 31-yard gain on the first play of the game and chunked 13 more on the next, moving the ball from the Revere 20 to the Winthrop 36 in short order. He eventually finished the drive on runs of 14 and five yards to give Revere a 7-0 lead (after a successful PAT by Rayan Riazzi) just 2:13 into the contest.

Winthrop opened its first possession after the kickoff on its own 39 -- the Vikings enjoyed good field position after all but one kickoff -- and drove to the Revere 30. However, on a third-and-16, Patriot Marco Cerbone picked off a Winthrop pass, giving the ball back to the Pats.

But that's when a combination of penalties, the slick field, and the wind conspired to turn the ball back to the Vikings at the Revere 20. A gain of nine yards on a jet sweep by Jonathan Murphy was nullified by a holding penalty. Patriot ballcarriers then lost their footing on the turf on the next two plays, most notably quarterback Calvin Boudreau, who slipped at the 21 as he dropped back to pass on third down.

The ensuing Revere punt

was shanked -- it appeared as though the wind moved the ball away from the kicker's foot when he released it -- and the pigskin squibbed out of bounds at the Revere 20 for a net kick of -one yard as the first quarter ended.

### SECOND QUARTER

Hubert and the Viking offense made the most of the short field, though not without some difficulty. Hubert ran a succession of keepers to bring the ball to the three, where the Vikings faced a third-and-goal.

Hubert dropped back to pass on third down, but Patriot captain Jaryd Benson executed a perfect blitz and sacked Hubert for a six yard loss at the nine.

After a time-out, and with Winthrop now heading into the wicked wind, the Vikings eschewed the field goal and went for it on fourth-and-nine. Hubert tossed a perfect pass to Steve Perullo, who was wide open in the right corner area of the end zone, to cut the deficit to 7-6 (Winthrop's attempt for a two-point conversion failed) with 8:43 left in the half.

Revere took over after the kickoff and embarked on 62-yard drive, with Llanos accounting for 49 of them (including a one yard TD run), that ate up 6:30 on the clock. The Revere PAT attempt sailed wide, leaving matters at 13-6.

The Winthrop offense got the ball back at its own 20 with just 2:08 left in the half, but after a seven yard gain on first down by Tyler Rockefeller (who had a nice day with 47 yards on nine carries to add to his total of 247 yards for the season), Hubert went around left end on second down, found a seam, and outran the Revere secondary en route to a 73 yard sprint to the Patri-



OFF AND RUNNING: Winthrop quarterback Bobby Hubert accelerates and heads for open turf and a 73-yard touchdown run that made the score

ot end zone. The Winthrop PAT kick angled wide, leaving matters at 13-12.

However, Hubert's dash (which elevated Hubert to over 1,000 yards rushing for the season) left plenty of time (1:22 to be precise) for the Revere offense -- specifically Llanos -- to respond, starting at the Patriots' 37.

Revere moved the chains to the 49 thanks to a nine yard run on third-and-sev-

en by Adetayo Attitebi. An eight yard pass completion by Boudreau to Murphy and a nice scramble by Boudreau brought the ball to the Winthrop 29 for a first down with 0:32 on the clock.

Llanos then took a pitch to the left and cut back to his right on the counter play, from where he rambled into the end zone. Revere fumbled on the two-point attempt, leaving matters at

19-12 at the intermission.

### THIRD QUARTER

Winthrop took the opening kickoff of the second half and executed its game plan -- grind-it-out, ball-control offense -- to perfection, covering 69 yards and using 7:56 of the clock. An assortment of Viking ballcarriers -- Ryan Hovermale (who totaled 17 yards on four carries plus

See FOOTBALL Page 10



Former WHS grid greats and brothers, Steve Miles (Class of 1952 and far left) and Ron Miles (Class of 1966 and second from left), stopped in at the Bob Remer Press Box at Miller Field during halftime of the Winthrop-Revere football game on Thanksgiving Day. Remer, the long-time sports editor for the Sun-Transcript, wrote about both Mileses during their playing days at Winthrop High when they were All-Scholastic football players, as well as NEC all-star basketball players. Steve Miles played football at Cornell and Ron played at Princeton. Also pictured are Steve's sons, Edward (center) and Stephen Jr., and their great-nephew, Jack Quigley (far right).



Winthrop fans Sally and Jim Nimblett were on hand for the game on Thanksgiving Day.



Cheering for Winthrop on Thanksgiving Day were: (l-r) June Broyles, Kathy Hubert, and Dan Hubert, who also holds the chains during the games.



All bundled up to brave the cold wind at Miller Field on Thanksgiving morning were Viking fans (l-r): Colby Bosse, Linda Bosse, Jeannie Polino, and Dorina Shea.

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## REVERE 46, WINTHROP 31

# AN OFFENSIVE FEAST



**ROUGH ROAD:** Quarterback Bobby Hubert is hauled down by Revere’s Alaa Atoui (#62) and Zach Furlong.



Rooting on the Vikings on Thanksgiving Day were: (front l-r) Gianna Indresano, Leila Jurovich, and Peter Jurovich; (rear l-r) Evan Hovermale, Amanda Jurovich, and Sara Jurovich.



**WE’RE IN THIS:** Stephen Perullo celebrates his six-yard touchdown catch that made it a 7-6 game in the second quarter.



**ESCAPE ROUTE:** Bobby Hubert gets to the outside of Revere defender Edwin Hernandez (#6).



**KEEP AWAY:** Tyler Rockefeller (left, #44) stiff-arms Revere tackler Billy Ginepra.

## Football // CONTINUED FROM PAGE 9

an 11-yard reception on the day), Bryan Conceicao (39 yards on five carries plus a 13-yard reception for the morning), and Hubert -- took turns battering the Revere defense for short gains, with Rockefeller eventually waltzing in from the eight for the TD.

Sanchez delivered a perfect kick for the PAT and the teams were even-steven at 19-19 with 4:04 to go in the third period.

But that’s when Llanos elevated his performance from the merely mortal to the sublime. With Revere starting its next possession after the kickoff at its own nine yard line (thanks to a penalty for a blind side block called against Llanos on the return), Llanos got the call on five of the next seven Revere plays, accounting for 70 yards, that moved the ball to the Winthrop seven, from where Patriot Lucas Barboza went in to give the Patriots a 26-19 lead (with a successful kick by Riazzi) with 0:19 left in the period.

### FOURTH QUARTER

Hubert and Co. went right back to work after the kickoff, moving the ball from their own 37 to the Revere 33, thanks to the downhill running off-tackle by Hubert, Conceicao, and Rockefeller. (It should be noted that Conceicao and Rockefeller also shared Winthrop’s weekly Black Shirt Award for the Vikings’ top defensive players).

The Vikings appeared poised once again to reach the Patriot end zone, but disaster struck in the form of a fumble at the Revere 24 that was recovered by Patriot Zach Furlong.

After a run for three yards by Murphy, Llanos took a handoff from RHS quarterback Calvin Boudreau. Llanos patiently followed his blockers to the right side of the line, found a hole, and accelerated, breaking a few tackles at

the first level of defenders, and then outrunning the Winthrop secondary as he cut upfield from right to left to reach the end zone.

The electrifying, 73-yard romp made it 33-19 and provided a separation of two scores between the teams for the first time of the day.

But with 9:21 remaining, there was still plenty of football left to play, and the coaching staffs on both sides were fully aware that Winthrop had erased a 21 point deficit in the final six minutes of its last game to pull out a 36-35 victory.

The Vikings, led by the committee of Hubert, Hovermale, and Rockefeller, moved from their own 37 to the Revere 44, where they faced a fourth-and-one.

However, a penalty for a false start created a fourth-and-six and Hubert was sacked by Patriot captain Mazer Ali (who led Revere with nine tackles and two sacks on the day) for a nine yard loss that gave Revere the ball on downs at the Winthrop 42.

Llanos ran for eight yards on first down and then took the next handoff and bolted 34 yards into the end zone to increase the Revere advantage to a seemingly insurmountable 40-19 with 4:27 to play.

But Winthrop refused to give up. The Vikings used a nice combination of runs and passes, including an 18-yard connection from Hubert to David DiCicco (Winthrop’s top receiver this season with 17 receptions), to move the ball downfield in hurry, with Hubert taking the capper into the end zone from five yards out. The Winthrop drive was accomplished in less than two minutes and drew the Vikings within 40-25 (after an unsuccessful two-point try) with 2:36 to go.

Although a Viking on-side kick failed thanks to a sure-handed grab of the

bouncing pigskin by the Patriots’ Barbosa, the Winthrop defense rose to the occasion. Viking defenders stuffed two successive Revere running plays for two-yard losses, after which Winthrop called immediate timeouts.

Faced with a third-and-14 at their own 49 with 2:22 remaining -- plenty of time for a miracle Viking finish given the ease with which the Winthrop offense had been moving the ball -- Llanos was sent back into the game.

Llanos took the handoff, shook off a few would-be tacklers -- maintaining his balance as he sidestepped through the Viking defensive front -- and then sped 51 yards to the Winthrop end zone -- his third TD run in a span of just 7:15 -- to increase the Revere advantage to 46-25 with 2:06 on the clock.

However, the Vikings still had one last shot at a victory when Julian Osorio hauled in what ironically was the best kickoff by either team on the day. The high and deep, end-over-end kick was taken in by Osorio one step behind his goal line.

Julian found a seam and then outran the entire Revere team for a 101 yard kickoff return, leaving matters at 46-31 with 1:50 still showing the clock.

However, that would prove to be the Vikings’ last gasp. Another on-side kick was snared adroitly once again by Barbosa. From there, the Patriots were able to run out the clock to ensure the victory.

**MILESTONES**

For Winthrop-Revere football aficionados, it should be noted that the 77 combined points rung up by the Pats and Vikes by far was the most in their 91-year tradition and the 46 points scored by Revere was its highest total ever.

The Revere win marked

the fourth straight on the holiday for the Patriots, the first time that Revere has accomplished that feat in series’ history. Revere had won three straight games twice (from 1940-42 and 1972-74), but had never pulled off a quadruple.

Winthrop still leads the series, 57-31-3, thanks to two generations of Viking domination when Winthrop claimed victories in 32 of the 35 games played between the years from 1975-2009.

However, the win gave Revere a 6-4 edge in Turkey Day tilts for the decade from 2010-2019, the first time since the 1960s that the Patriots have won a decade. (However, it should be noted that Revere and Winthrop played two games in each of the 2013 and 2014 seasons when the football playoffs were introduced. Winthrop won both of those non-Thanksgiving Day encounters, so technically the teams were 6-6 in this decade).

The triumph also earned two other firsts for the Revere High football program. The Patriots concluded their season with a 10-1 record, marking the first 10-win season in RHS grid history.

The win also gave Revere its first-ever, undisputed Northeastern Conference South Division championship with a perfect 5-0 record. Lynn Classical was second in the NEC South with a 4-1 mark; Lynn English was third at 3-2; Winthrop was fourth at 2-3 (the Vikings finished at 4-7 overall); Saugus was fifth at 1-4; and Salem was sixth at 0-5.

Llanos set RHS records with his 378 yards and six touchdowns in one game; 2022 yards rushing in one season; and more than 2400 all-purpose yards in one season. He also tied Trey Weathers’ mark with 30 touchdowns for one season, which included two pick-sixes.

### COACHES’ COMMENTS

“We knew that Llanos would be the best running back we had faced all season,” said WHS head coach Jon Cadigan. “But we went into the game expecting to win and I was very proud that we matched the Revere score-for-score through the end of the third period.

“But execution and turnovers are the keys to success and we had two turnovers to none for them, and that proved to be the difference,” continued Cadigan, whose mostly-junior squad will have many key starters returning in 2020. “We played with toughness throughout the game, as we did all season.

“We’re already looking forward to next year,” added Cadigan, whose team improved by 700 yards of total offense over its 2018

output.

“We expected a tough game from Winthrop and that’s how they played us,” said RHS head coach Lou Cicatelli. “The big turning point was our fumble recovery late in the third period.

“But the game belonged to Joe (Llanos),” Cicatelli added. “We made a few adjustments at the half, but the bottom line is that Joe was the difference. He’s an amazing football player who turned in the kind of performance that I’ve never seen before. He rose to the occasion, as great players do.

“We’ll miss Joe and our senior captains next year, but we have a great group of players returning,” added Cicatelli. “This has been an amazing season, but we’re confident that we can keep it going in 2020.”

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# OBITUARIES

## Margaret McCluskey

Member of St. John the Evangelist Church Choir and Winthrop Catholic Women’s Club

Margaret M. McCluskey of George Street, Winthrop passed away at the Massachusetts General Hospital in Boston on Dec. 1. She was 95 years old. Born in Boston, the beloved daughter of the late Margaret (Riley) and John Meade, DMD., she was a longtime resident of Winthrop and was employed as a bookkeeper at Approved Rubber Parts prior to her retirement. She was also a member of the St. John the Evangelist Church Choir and the Winthrop Catholic Women’s Club.

She was the devoted wife of the late John A. McCluskey and the loving mother of John F. McCluskey and his wife, Mary of Hope, Maine, Paul L. McCluskey and his wife, Jane of Melrose, Margaret Cahill and her husband, Lawrence of Lowell and Elizabeth Durkin and her husband, Richard of Scituate; dear sister of the late Dr. John Meade, Patricia Kent and Eleanor Harmon and loving sister in law of Sue Meade of Winchester. She is also survived by 11 grandchil-



dren, seven great-grandchildren and several nieces and nephews.

The funeral will be conducted from the Caggiano-O’Maley-Frazier Funeral Home, Winthrop today, Thursday, Dec. 5 at 9 a.m. followed by a Funeral Mass in St. John the Evangelist Church, 320 Winthrop St., Winthrop at 10 a.m. Services will conclude with interment in the Belle Isle section of Winthrop Cemetery.

Memorial donations may be made to St. John the Evangelist Church, 320 Winthrop St., Winthrop, MA 02152.

To sign the online guestbook, go to [www.caggiano-funeralhome.com](http://www.caggiano-funeralhome.com).

## Ann Cheney

Longtime Airborne Express/DHL employee and independent antique dealer

Ann M. “Annie” (McGrath) Cheney died In Winthrop on Nov. 27.

Annie was a devoted and supportive mother to her two sons, always encouraging them in all their aspirations. She worked for many years at Airborne Express/DHL and was a member of Teamsters Local 25. She also worked as an independent antiques dealer and love spending many hours scouring flea markets and estate sales.

She was the beloved mother of Joshua Carpenter of Danvers and Ryan Cheney and his wife, Jessica of Cambridge, sister of Pattie McGrath of Winthrop, the late Douglas McGrath and his surviving wife Cheryl of Saugus, the late George E. McGrath Jr. and his surviving wife, Jane of Winthrop, the late Mary E. Hogan and her surviving husband, David of Winthrop and sister-in-law of Lois McGrath of Revere. She was the daughter of the late Ann M. (Nolan) and Geroge E. McGrath Sr.



She is also survived by two generations of nieces and nephews.

Her Funeral will be from the Magrath Funeral Home, New Location at 336 Chelsea St. [at Day Square] East Boston on Tuesday morning, Dec. 10 at 9 a.m. followed by a Funeral Mass in St. John the Evangelist Church, Winthrop at 10 a.m.. Relatives and friends are invited. Visiting hours will be Monday, Dec. 9, from 5 to 8 p.m. Parking assistance available. Committal will be private.

In lieu of flowers donations in Annie’s memory to Kaplan Family Hospice, 78 Liberty St., Danvers would be appreciated.

## Kathleen Harris

Former Winthrop Little League Coach and Everett educator

Kathleen M. (Jesson) Harris of Winthrop passed away on Nov. 26. She was 62 years old.

Kathleen worked at the Lafayette School in Everett as an educator. She was a former coach in the Winthrop Little League Challenger League.

Born in Medford, she was the cherished daughter of the late William F. and Kathleen V. (MacMullen) Jesson, the beloved wife of Francis A. Harris, devoted mother of Sean P. Harris and his wife, Shirley Cho and Brookline and Kevin M. Harris and his wife, Elisabeth of Malden, adored grandmother of Noah and Logan Harris and the dear sister of William Jesson of Winchester, Charles Jesson of Winthrop and the late Thomas Jesson. She is also survived by several nieces and nephews.

Her funeral was held



from the Maurice W. Kirby Funeral Home, 210 Winthrop St., Winthrop on Monday, Dec. 2 followed by a Funeral Mass in St. John the Evangelist Church-Winthrop. Interment was in Winthrop Cemetery.

Donations in her memory can be made to the Harris Jesson Scholarship, c/o Edward Kennedy Academy, 360 Huntington Ave., Boston, MA 02115. For guestbook, please visit [www.mauricekirbyfh.com](http://www.mauricekirbyfh.com).



Late Revere and Winthrop resident, Joseph James Williams passed away on Monday morning, Nov. 2 at the Winthrop Place in Winthrop. He was 78 years old.

Born in Phoenixville, PA, the son of the late James and Frances (Grabowski) Williams. Joseph enlisted in the US Navy on March

17, 1959 during peacetime and he was honorably discharged on Sept. 17, 1962. Joseph retired in 2001 as a baker at the Elm Street Bakery in Everett. He was a late member of the Knights of Columbus Council #16550 in Revere.

Joseph was the husband of the late Estelle L. (March) Williams, the beloved father of James M. Williams and his wife, Joyce of Peabody. He is also lovingly survived by twin granddaughters, Sophia and Madelyn Williams of Peabody.

Memorial Service will be conducted at a later date at the Massachusetts National Cemetery in Bourne where Joseph and his beloved wife, Estelle, will be entered into rest.

Funeral arrangements entrusted to the Carafa Family Funeral Home in Chelsea.

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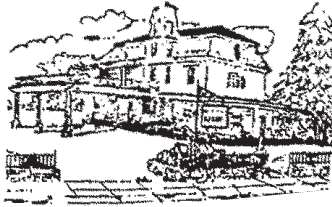
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## Winthrop Senior Center News

December 5 – December 11, 2019

Hours: Mon-Thurs:8:30-4pm/Fri:8:30-2:30pm

[www.town.winthrop.ma.us/council-aging](http://www.town.winthrop.ma.us/council-aging)

### THURSDAY, DECEMBER 5

8:30am – Yoga with Kathleen (\$5)  
10:30am – Zumba with Barbara  
11:00am – Red Hatters Meeting  
12:00pm – Lunch  
1:00pm – Bingo

### FRIDAY, DECEMBER 6

9:00am-12:30pm – Podiatry Appointments with Dr. Kaplan (\$20; Appointment Required)  
9:30am – Exercise Class  
10:00am – Ceramics with Gerry  
10:30am – Line Dancing with Cindy  
12:00pm – Lunch

### SATURDAY, DECEMBER 7

10:30am – Zumba with Cindy

### MONDAY, DECEMBER 9

9:30am – Exercise  
10:00am-2:00pm – CAPIC Fuel Assistance  
10:30am – Managing Memory: Alzheimer’s 101  
12:00pm – Lunch  
1:00pm – Bingo  
6:15pm – Zumba Toning with Barbara

### TUESDAY, DECEMBER 10

9:30am – Tai Chi with Cindy  
10:00am – Arts & Crafts  
10:00am – Bowling (at Winthrop Elks)  
10:30am – Zumba with Cindy  
12:00pm – Lunch  
1:00pm – Art Class with Dawn  
1:00pm – Chorus Rehearsal  
2:00pm –Technology Class with Betsy

### WEDNESDAY, DECEMBER 11

9:30am – Exercise Class  
9:30-11:30am – Kelly’s Nails on Wheels (Manicures cost \$10; Appointment Required)  
10:00am – Caregiver Support Group Meeting  
10:30am – Yoga with Kathleen (\$5)  
10:30am – Tap Dancing with Tracy (at the Methodist Church)  
12:00pm – Lunch  
1:15pm – Italian Class with Michael

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**Senior Lunch:** If you would like to come for lunch, please call the day before by 12:00pm so that your order is counted for the next day. Thank you!

**CAPIC Fuel Assistance:** CAPIC will be at the Senior Center on Monday, Dec. 9 from 10am-2pm to assist residents in signing up for fuel assistance. Appointments will be on a first come, first served basis.

The Senior Center will be closed Monday, December 23 – Friday, December 27 to complete floor replacement work due to damage from last winter’s burst pipe.

**Computer Lab:** The Senior Center computer lab is open Monday-Thursday: 9am-3pm and Friday: 9am-2pm.

**Take the Senior Van to Encore Boston Harbor Casino:** The Senior Van will provide round-trip transportation to Encore Boston Harbor Casino every Tuesday. The van will pick you up at your home at 8:30am. The van will depart Encore at approximately 2:30pm. Round-trip ride costs \$10 and can be scheduled by calling the Senior Center at 617-846-8538. \*You must be a member of the Senior Center to schedule a ride to Encore. For information on becoming a member, please stop by the front desk of the Senior Center.

**Technology & Learning with Betsy:** The next learning sessions will be on Tuesday, December 10 and Januar 14 from 2:00-3:00pm. Bring your laptops, smart phones, or tablets, along with your questions. Learning this new technology can open a whole new world for you.

**SHINE Counseling:** Volunteer SHINE Counselors are here to help you with any health insurance questions you may have. They will be offering expanded hours during open enrollment (October 15-December 7). To make an appointment, please call the Senior Center (617-846-8538).

**Do you have any unused jewelry hanging around the house?** If so, would you consider donating it to the Senior Center? We put jewelry on sale, with all proceeds benefiting the Senior Center. Thank you!

### UPCOMING EVENTS AND PROGRAMS

**Monday, December 9** (10:00am-2:00pm): CAPIC Fuel Assistance. CAPIC will be at the Senior Center to assist people with signing up for fuel assistance. Appointments will be on a first come, first served basis.

**Monday, December 9** (10:30-11:30am): Managing Memory. Join the Boston University Alzheimer’s Disease Center to learn how individuals can distinguish changes in memory due to Alzheimer’s versus normal aging, what medications, vitamins, diets and exercise regimes can help, and the best habits, strategies, and memory aids to use. There will also be a memory screen available.

**Thursday, December 12** (12:00pm): Senior Center Annual Holiday Party. Join us for our annual Holiday Party luncheon, catered by Spinelli’s and entertainment from Alan LaBella. Cost: \$20, checks only; make payable to “Friends of the WCOA”.

**Wednesday, December 18** (12:00-2:00pm): ClearCaptionstm Bingo Binge. Join your local ClearCaptions Title IV Specialist, Nicole Kalukiewicz, for free bingo and lunch.

### UPCOMING TRIPS

*All trips are payable by check only. Please make check payable to “Friends of the WCOA”*

**Thursday, December 19:** Ken’s Holiday Light Tour. Cost: \$10. Enjoy the sights of holiday lights along the North Shore and a meal at Kelly’s Roast Beef in Saugus (dinner is on your own). You must be a member of the Senior Center to sign up. WAIT LIST ONLY.

**Tuesday, January 21, 2020:** Mohegan Sun Casino. Bus departs Senior Center at 8am. (\$29)

**Tuesday, February 25:** Twin Rivers Casino. Bus departs Senior Center at 9:45am. (\$29)



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EST. 1981



# Metro News // CONTINUED FROM PAGE 3

can support the City and help to dispel rumors and myths that show up on social media.”

Georgia Lowe of the New York Regional Census Center – which is part of the U.S. Department of Commerce – said the Census information is protected, and all workers swear to that under oath.

“The information you provide is safe and cannot be released, even to law enforcement,” she said. “Our workers take an oath sworn for life to protect data.”

The effort will also translate into an advertising campaign featuring people from Chelsea, calling on their friends and families to fill out the Census. Those will be featured in print, radio and television ads.

This time around, the Census will also be easier than ever – featuring only eight questions.

“It will be only eight questions and should only take a few minutes for most people,” Fox-Lent said. “Even if they’re hesitant to fill it out online and don’t want to use their cell phone or their home computer because it could present issues, they can use a library computer or we might distribute laptops to churches or other organizations.”

The Census 2020 effort will begin on March 12, when mailings go out to each household inviting them to respond to online or by phone to the Census. A paper copy of the Census will then go out, and if there is still no response, employees from Census 2020 will begin canvassing the neighborhood and knocking on doors to get a count. By mid-July, the count will be drawn to a close.

### Making history

The Census 2020 effort will be making history this time around as it plunges into the digital age.

For generations, the Census has been a paper or face-to-face operation, but in 2020, respondents will be able to go online to fill it out for the first time in history.

Georgia Lowe of the U.S. Census 2020 said this is the first time they have added an online component and they hope it helps to count hard populations – such as newly arrived immigrant groups and those who don’t necessarily trust government and government buildings.

In Chelsea, that will likely mean that people can fill out the Census using their phones, or they may have laptops at non-profits or places of worship to help allay fears and build trust.

All of that will hopefully equal a higher rate of responses this time for Chelsea.

sea.

## CONCERNS EXPRESSED OVER CONTRACEPTION PROPOSAL

LYNN -Parent, students, and health care workers were present at the school committee meeting to voice their concerns surrounding the Lynn Community Health Center Contraception Availability Proposal. The topic arose last spring, when the Lynn Community Health Center approached Lynn Public Schools, demonstrating a plan to make birth control pills, condoms, and Depo-Provera, a contraceptive injection, available to high school students.

The committee agreed to approve the plan with the stipulation that the parental consent form is updated and an administration rollout plan is developed. Currently, the Community Center is only allowed to educate students and send them back to the main health center where they can get more information. With the plan adopted, the health center staff will be able to offer birth control and condoms after a student is thoroughly interviewed. Parents can opt in or out on the consent form that will be sent home.

After receiving parent and community feedback over the past few months, the committee was armed with knowledge on the topic, and prepared to tackle appropriate questions. One of the major concerns from parents and committee members was the promotion of birth control.

“We aren’t just handing out condoms from a fishbowl in our office, we are educating students on healthy relationships,” said Julie Chan, Pediatric Nurse Practitioner who work for the Community Center at Lynn Tech. “We encourage them to ask their parents first, talk to their families and doctor, if that doctor is not one of our staff members.”

During the decision making process, the Community Center staff goes through the students’ medical history, past medications, family medical history, as well as educating them on healthy relationships.

“We go through the pros and cons of what they decide and we assess for healthy relationships. Safety is the first priority and we make sure that they don’t feel like they are being guilted into having sexual intercourse. The conversation always starts about where they are learning about relationships from and hopefully, they are getting this information from their parents and not

from movies, television and the internet.”

Chan clarified that the visit is not a simple 15-minute interview, and instead, it takes several hours and even days to assess a student for safety and readiness.

“When a child approaches us and they are already sexually active, that is when we feel the need to keep them safe by providing them with birth control and condoms. They are already doing these things and they are asking us for help with protection of pregnancy or STDs.”

In the month of September alone, Chan witnessed 21 cases of chlamydia, a sexually transmitted disease. Last year there were 57 pregnant minors in Lynn, 12 percent of which were second pregnancies.

Chan confirmed that the parents are contacted if she feels that there is a safety risk.

“I have called parents when a kid has asked me to help them talk to their parents about these services,” she said. “We try to encourage these things. We are encouraging these kids to be adults, to come to school on time, to do their homework, all these things. And when we tell them that we are not allowed to give them birth control, we are creating a roadblock for them.”

Another major concern of parents is the side effects of birth control pills on students who have allergies or are on other medications.

In most cases, the student’s Primary Care Provider (PCP) is a staff member of the Community Health Center, and electronic records can be checked to review other medications or allergies. In the event that the PCP is outside of the network, staff members call the PCP with the student’s consent.

“There are very few contraindications to birth control,” said Medical Team Lead for the School-Based Health Center Program, Linda Galligani. “If the child is unclear on their medical history, we call their out-of-network PCP to answer any questions, and in the majority of cases, the students have no problem with us doing this and they are typically in the room with us when we call their doctor. We will also conduct checkbacks to see if the student has any side effects.”

Another major concern of the program is the clarity of the consent form.

“I want to make sure that everyone is aware of what we are going to offer in our schools,” said school committee member, Michael Satterwhite, who shared that he is the brother of a

teen parent. “I’d like to see the family planning portion of this communicated on the consent form that gets sent home. Sex is an adult thing that comes with emotions and baggage, so I want to be sure we are sending accurate information home and conveying this to the parents.”

Currently, there are eight full service school based health centers in the Lynn Schools, staffed with behavioral health counselors, medical nurse practitioners, and professionals qualified to prescribe medication. Last year, the community center conducted 9,000 visits with students, dispersed 3,000 immunizations, and immunized 1,300 students. The majority of students go to the community center to visit their Primary Care Physicians (PCP) for regular visits, saving parents both work and travel time. The Community Health Center cares for 42,000 Lynn residents and is present in 17 of the community’s schools. There are 50 staff members who serve the full medical team that works in the schools, providing a professional level of care that is credentialed at both the state and federal level.

Prior to the plan being put into effect, parents, teachers and students can get more information regarding healthy relationships at: <https://kidshealth.org/>.

## RICK PROMISE DIES AT 68

REVERE - Richard “Rick” Promise, an institution in the community for decades through his outstanding coverage of the Revere City Council and community events for Revere TV, died on Nov. 21, 2019. He was 68 years old.

Rick was a popular fixture in the Revere TV control room during City Council meetings, often interacting with councillors, who respected his professionalism and the excellent production work by the TV station that airs meetings live for viewing by Revere residents.

The City Council, acting on a motion by Ward 2 Councillor Ira Novoselsky, will pay tribute to Rick Promise with a plaque that will be placed in the City Council Chamber adjacent to the TV production room. Council President Arthur Guinasso requested a moment of silence for Rick Promise at Monday’s Council meeting.

Bob Dunbar, executive director of Revere TV, said Rick worked at the station since its inception in 2008 (and prior to that for KBLE TV, Revere), with the coverage of the City Council one of his main responsibilities.

“I can say Rick’s dedication to covering those meetings was amazing,” said Dunbar. “I can honestly say that in the entire time that I can count on two hands at most the times he might have missed covering a meeting.”

As Senior Center Director Stephen Fielding so eloquently stated on a tribute page and a fact affirmed by Dunbar, Rick Promise was a welcomed visitor at all events at the Senior Center in addition to his work covering important citywide events on Memorial Day, and Veterans Day.

With a zest for media and owner of warm, outgoing personality, Rick enjoyed each day at Revere TV and residents would greet him warmly when he showed up to cover events.

“Rick was a very nice, very sweet guy,” said Dunbar. “He was great to work with. Everyone got along really well with Rick, who was 100 percent dedicated to Revere TV. He loved Revere TV and media in general. He had nearly 25 years of community media experience between KBLE and Revere TV. He was definitely a fixture of the community and will be missed by the Revere TV staff, the Revere TV board, and everyone that he came in contact with.”

Dunbar noted that in addition to Rick’s devotion and support of Revere TV and his wife, Kristine, he was an active member of

the Knights of Columbus and the Immaculate Conception Church.

Rick was installed as the Lecturer for the Revere Knights of Columbus Lodge at a dinner he attended in September.

Grand Knight John Verrengia said Rick had been involved in the Lodge for the past five years.

“Rick had three major things in life: his faith, his family, and his work,” said Verrengia. “He was a very gentle man with a big heart.” The Knights will be holding a Mass in Rick’s memory at the Immaculate Conception Church on Dec. 10 at 7:30 a.m.

## POWERS MONITORING AIRBNB

REVERE - Ward 5 Councillor John Powers said he is monitoring the situation regarding the Airbnb (short-term rental) regulations being proposed for the city.

“What I’m concerned about is a non-resident purchasing a two-family home and converting it solely for use as an Airbnb property,” said Powers.

At Monday’s City Council’s meeting, the Council approved a motion co-sponsored by Council President Arthur Guinasso, Ward 1 Councillor Joanne McKenna, and Ward 4 Councillor Patrick Keefe that Mayor Brian Arrigo request the City Solicitor to revise Boston’s short-term rental ordinance and make those regulations applicable to Revere.

Powers aired concerns about short-term rental properties in an interview after the meeting.

“Number 1, the city currently has no way of knowing if these properties are hard-wired with regard to smoke and carbon monoxide detectors,” said Powers.

“Also I am concerned that the hotels in the city are losing business to short-term rental properties, and as a result, the city is losing revenue that would normally be collected as a room excise tax,” added Powers.

*The 2019 Winthrop Christmas Ornament*  
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- Luxo Salon / Swetts Liquors
- Winthrop Market Place ( Special Hours )



# CHRISTMAS KIDS

## Christmas Photos to be included in our CHRISTMAS KIDS PAGES

### DEADLINE FOR PHOTOS WILL BE FRIDAY, DECEMBER 13TH, 2019

Email To: [Promo@reverejournal.com](mailto:Promo@reverejournal.com)  
AS JPG ATTACHMENT. MUST INCLUDE CHILD'S NAME AND PUBLICATION OF CHOICE.


**Mail to or Drop: The Independent Newspaper Group**  
**385 Broadway • Suite 105, Revere, MA 02151**

Photos will be published in the week of December 17th & 18th issues of  
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LEGAL NOTICE



TOWN OF WINTHROP  
LEGAL NOTICE  
# 028-2019

Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday, December 5, 2019, at or after 7:00 p.m. in the Joseph Harvey Hearing Room, Town Hall, Winthrop, Massachusetts, 02152 upon the application of Robert & Maureen Keeler, 328 Pleasant St. seeking a Variance.

The applicant seeks relief of a variance for a property fence because the permit was denied in accordance to the Town of Winthrop Zoning By-Laws from Chapter 17.16.020 (E). 1. Traffic Visibility at Driveways.

\* Noncompliance of this order will result in penalties in accordance to the Mass. State Building Codes 780 CMR., Section 118.4 and Section 17.53.080 of the Town of Winthrop Bylaws.

Copies of the aforementioned application and plans are on file and available for inspection at the Office of the Town Clerk, Town Hall, Monday through Thursday during the normal business hours.

Darren Baird, Chairman  
Joanne M. DeMato, Clerk  
Winthrop Board of Appeals

November 27, 2019  
December 5, 2019 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the

CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act and Winthrop Town By-Laws, a public hearing will be held on December 11, 2019, at 7:55 P.M. in the Joseph Harvey Hearing Room, Winthrop Town Hall on the Notice of Intent from Valerie Passick to construct new 12'x12' one-story addition and to enclose existing front porch.

PROJECT LOCATION: 55 Seaview Avenue, Winthrop, MA.

NOTE: A copy may be obtained from the Conservation Office at the Winthrop Public Facilities Building.

At said hearing all interested persons shall be given the opportunity to be heard.

WINTHROP CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act and Winthrop Town By-Laws, a public hearing will be held on December 11, 2019, at 7:40 P.M. in the Joseph Harvey Hearing Room, Winthrop Town Hall on the Request for Determination of Applicability from Nicholas Ivnanc to install 8'x8' wood shed on concrete blocks and crushed stone.

PROJECT LOCATION: 62 Pleasant Street, Winthrop, MA.

NOTE: A copy may be obtained from the Conservation Office at the Winthrop Public Facilities Building.

At said hearing all interested persons shall be given the opportunity to be heard.

WINTHROP

CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act and Winthrop Town By-Laws, a public hearing will be held on December 11, 2019, at 7:30 P.M. in the Joseph Harvey Hearing Room, Winthrop Town Hall on the Request for Determination of Applicability from Nautilus Condominiums to replace

CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act and Winthrop Town By-Laws, a public hearing will be held on December 11, 2019, at 7:35 P.M. in the Joseph Harvey Hearing Room, Winthrop Town Hall on the Request for Determination of Applicability from Matthew Chicos to dig two new 3'x3'x16" footings in basement, and demolish existing roof and replace with 100% flat low slope roof.

PROJECT LOCATION: 329 Shirley Street, Winthrop, MA.

NOTE: A copy may be obtained from the Conservation Office at the Winthrop Public Facilities Building.

At said hearing all interested persons shall be given the opportunity to be heard.

WINTHROP CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

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NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act

CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act and Winthrop Town By-Laws, a public hearing will be held on December 11, 2019, at 7:45 P.M. in the Joseph Harvey Hearing Room, Winthrop Town Hall on the Notice of Intent from Town of Winthrop D.P.W. Intent for the Ingleside Park Drainage Improvement Project.

PROJECT LOCATION: Ingleside Park and Donovan Beach, Winthrop, MA.

NOTE: A copy may be obtained from the Conservation Office at the Winthrop Public Facilities Building.

At said hearing all interested persons shall be given the opportunity to be heard.

WINTHROP CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act and Winthrop Town By-Laws, a public hearing will be held on December 11, 2019, at 8:00 P.M. in the Joseph Harvey Hearing Room, Winthrop Town Hall on the Notice of Intent from Anthony DelVecchio to construct new addition with foundation.

PROJECT LOCATION: 623 Pleasant Street, Winthrop, MA.

NOTE: A copy may be obtained from the Conservation Office at the Winthrop Public Facilities Building.

At said hearing all interested persons shall be given the opportunity to be heard.

WINTHROP CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

LEGAL NOTICE



PUBLIC HEARING DATE OF  
DECEMBER 17, 2019

Notice is hereby given in accordance with Section 2.9 (c) of the Code of the Town of Winthrop that the Winthrop Town Council will conduct Public Hearing(s) on Tuesday, December 17, 2019 at or after 7:00 pm in the Harvey Hearing Room that the 1. Town Council vote the use of Retained Earnings, Harbor Master/ Waterways \$89,380 to purchase a re-placement Boston Whaler

2. Town Council vote to transfer \$49,600 from Salary Reserve to Dept. Budgets & Enterprise Funds as need-ed / FY20 costs associated with a 2% cost of living adjustment (COLA) for non-union employees /other relevant FY20 salary adjustments.

3. Town Council vote to transfer \$43,900 from Salary Reserve to the Fire Dept. for the purpose of funding the annualized FY20 Costs of the FY19 negotiated union contract.

4. Town Council transfer \$40,000 from Free Cash to the DPW Repair/Maintenance of Infrastructure Account

5. Town Council vote to transfer \$35,000 from Salary Reserve to the DPW to Fund FY20 cost of FY19 ne-gotiated union contract

All documents, legally accessible, pertaining to this hearing(s) can be viewed in the Town Clerks Office, Room 5 and or the Council Clerk Office, Room B3 during normal business hours at the Win-throp Town Hall.

Denise Quist  
Council Clerk

12-5-19 W

LEGAL NOTICE



NOTICE is hereby given that in accordance with the provisions of Chapter 131, Section 40, Massachusetts Wetlands Protection Act and Winthrop Town By-Laws, a public hearing will be held on December 11, 2019, at 7:45 P.M. in the Joseph Harvey Hearing Room, Winthrop Town Hall on the Notice of Intent from Town of Winthrop D.P.W. Intent for the Ingleside Park Drainage Improvement Project.

PROJECT LOCATION: Ingleside Park and Donovan Beach, Winthrop, MA.

NOTE: A copy may be obtained from the Conservation Office at the Winthrop Public Facilities Building.

At said hearing all interested persons shall be given the opportunity to be heard.

WINTHROP CONSERVATION COMMISSION

Norm Hyett, Chair  
12/5/19 W

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# NASA astronaut speaks on the opportunities of vocational education at Northeast Metro Tech

The skills students learn and develop through a vocational education can take them anywhere -- even to outer space, according to a visiting speaker at Northeast Metro Tech today.

NASA Astronaut and Ret. Navy Capt. Scott Tingle, a Massachusetts native and alumnus of Blue Hills Regional Vocational Technical School in Canton, visited students on Tuesday, Nov. 26, and shared his journey from studying machine drafting as a high school student to being accepted to NASA's 2009 Astronaut Class.

"We're incredibly thankful that Capt. Tingle visited us today and shared the journey he took to succeed in his lifelong dream of becoming an astronaut with our students," Principal Carla Scuzzarella said. "It's incredibly inspiring for our students to hear from a Massachusetts native, who graduated from a vocational school not far away and achieved everything he set out to do by working hard and persevering."

Principal Scuzzarella reached out to Tingle and NASA with the goal of scheduling the visit after hearing that he had recently visited Blue Hills Vocational Tech. Students and staff were also assigned to read "Hidden Figures: The Untold True Story of Four African-American Women Who Helped Win the Space Race" By Margot Lee Shetterly this summer, making his visit timely for the entire school community.

"It's important for students to feel empowered to



NASA Astronaut and Ret. Navy Capt. Scott Tingle visited students at Northeast Metro Tech on Tuesday, Nov. 26.

pursue their passions and interests, and to understand the many options available to them," Superintendent David DiBarri said. "Hearing from Capt. Tingle was a wonderful opportunity for students to meet and hear from a living example of the valuable skills and potential a vocational education provides, and it was a really meaningful experience for our school community."

During his presentation, Tingle showed a video with various clips of his time at the International Space Station during Expedition 54/55 from Dec. 17, 2017 to June 3, 2018, including video of him performing maintenance, lab work for various experiments and views of earth and space.

He also emphasized to students how his vocational education gave him a foundation that he used throughout his career as an astronaut, in particular the benefits of understanding how machines and systems work, and the procedures

with which to fix a problem.

"Vocational training, I can tell you from experience, it's invaluable," Tingle said. "You get to work with tools, you get to work with people, you get to learn how systems work...There are a lot of people out there that don't have those skills. You're very lucky to have those skills...I remember sitting in the same position you are in, in your school, trying to get your reports done, getting up before the sun is up. It's critical to get that foundation."

Tingle also told students about NASA's current plans with the Artemis program, showed students photos of various geographic locations on Earth from space and answered student questions. After his presentation, approximately 25 students and staff lined up to shake his hand, ask a question or take a photo.

"You never want to give up," Tingle encouraged students. "You want to go to your grave knowing you tried as hard as you could."

# Metro Credit Union employees supported People Helping People Food Pantry

For the 8th consecutive year, Metro Credit Union employees came together to create Thanksgiving baskets for those in need during the holidays. Departments collaborated to shop for, organize, decorate, and deliver 35 large baskets stocked with all the traditional staples of a bountiful Thanksgiving dinner, each accompanied by a \$25 Market Basket gift card donated by Metro for the purchase of a turkey.

"The generosity of our employees is overwhelming. They embody the credit union philosophy of 'people helping people'. It's just one way that Metro helps

families during the holidays and our employees look forward to it every year," said Charlene Bauer, Metro's Chief Development Officer, SVP Outreach and Advocacy.

This year, the benefitting nonprofit was People Helping People in Burlington. PHP is an umbrella organization overseeing the Burlington Community Food Pantry, the Burlington Covenant for Basic Needs and the Holiday Program. The pantry is available to any Burlington resident who meets certain financial qualifications to be eligible for assistance. Clients are paired with a volunteer who brings them

through the pantry and assists them in selecting food, with a certain number of items allowed per category. Currently, the pantry serves between 120 to 130 Burlington families per month, or around 350 people. While the majority of those served are adults, 35 percent are children and 11 percent are seniors.

"This is just amazing! I can't wait to see the families faces when they see these baskets. We're grateful for the generous donation and the creativity that went into them," said Jane McIninch, Pantry Coordinator for People Helping People.



Metro Credit Union employees celebrate the donation of 35 baskets to People Helping People.

# Great Stocking Stuffers



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# 'CHRONICLE' DROPS IN ON WINTHROP



"Chronicle" visited winthrop Wednesday, Nov. 27. Thier first stop was Robin's Nest on Jefferson Street, then to Katie's Kitchen and Sudden Impact. The show will air this coming January.

# Kindness Club students spread cheer in letters

By Kate Anslinger

If you walk through the halls of the Arthur T. Cummings School this holiday season, you will undoubtedly feel the spirit of giving. Last week, students in the Kindness Club spent time writing out thoughtful letters to residents of The Arbors, Independent and Assisted Living Community. Letters included joyful wishes for the holiday season, designed to put a smile on the faces of residents. This is one of the many ways the Kindness Club spreads cheer throughout the entire year.



Norah Zaffini and Emily Harkin find a cozy spot to write their letters.



Ella Survilas and Audrey Carroll are all smiles as they write their letters.

Students in the Kindness Club meet after school regularly to brainstorm ways to give back and spread kindness throughout the school building, as well as the community.

# Holiday Gift GUIDE

It's time to get ready for Holiday sales. Reach more than 85,000 readers of the Revere Journal, the East Boston Times, the Everett Independent, the Winthrop Sun Transcript, the Chelsea Record, and the Lynn Journal, newspapers.

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