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THURSDAY,
July 30, 2026

INDEX

Police	2
Editorials	4
Classified	10
Business Directory	11

INDEPENDENT



8 08805 93062 7

Newspaper Group

DEATHS

Jay Sasso

Janet Rossetti

Deborah A. Belmonte

Obituaries Pg. 5

NEWS Briefs

OVERNIGHT
CLOSURE OF
SUMNER TUNNEL
THIS FRIDAY

The Massachusetts Department of Transportation (MassDOT) is announcing that the Sumner Tunnel / Route 1A southbound will close to all traffic on Friday, July 31, at 11:00 p.m. and will reopen to traffic at 6:00 a.m. the following morning. Travel through the Ted Williams Tunnel (I-90) and Callahan Tunnel (Route 1A northbound) will remain available. A signed detour will be in place during the closure.

This closure is necessary for crews to safely conduct repairs and maintenance activities.

Appropriate signage, law enforcement details, and messaging will be in place to guide drivers through the work area.

See NEWS BRIEFS Page 3



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HIGH HOCKEY
HONOR

Richard
Thibeau to
be inducted
into USA 80-
Plus Hockey
Hall of Fame

By Cary Shuman

Richard “Dick” Thibeau will be inducted into the USA Hockey 80-Plus Hall of Fame at a ceremony Sept. 26 at Blue Sport Stable in Superior, Colorado.

The non-profit senior hockey organization celebrates the passion, dedication, and achievements of hockey players from the United States and Canada. Thibeau, 81, is one of 34 inductees.

Thibeau was nominated by Steve Nearman, director

See THIBEAU Page 6



Shown above, longtime Larsen Rink manager Mark Wallace (left) congratulates Richard “Dick” Thibeau on his upcoming induction into the USA 80-Plus Hockey Hall of Fame. Shown below, Richard “Dick” Thibeau displays his current hockey jersey. He is in eighth decade as a hockey player and still plays weekly at the Larsen Rink at the Mike Eruzione Center.



Majority of Winthrop polling locations
headed back to old middle school

By Adam Swift

In-person voting is moving to the Old Middle School gym for the majority of Winthrop residents beginning with the state primary on Tuesday, Sept. 1.

The return to the Old Middle School gym at 151 Pauline St. comes after one

year of voting at the high school or middle school for most voters as demolition and abatement work took place for the new fire station project on Pauline Street last year.

Last week, the Winthrop Town Council voted to move the polling location for all registered voters in 1, 2, 3, 5, and 6 back to the Old Middle School.

Voters in Precinct 4 will continue to cast their ballots at O’Connell Hall at 9 Golden Drive.

Council President Jim Letterie said he believes the Old Middle School is a

See POLLING LOCS. Page 2

Cottage Park hosts 32nd annual
Regatta to benefit Make-A-Wish

Special to the Transcript

Cottage Park Yacht Club’s 32nd annual Regatta to benefit Make-A-Wish provides a chance for sailors of all ages to compete for a good cause and the whole community to contribute to a nonprofit that grants wishes for children suffering se-

rious illnesses.

The three-day event, Friday, July 31 through Sunday, Aug. 2, provides funds for wishes that range from meeting a famous sports hero to a trip to Disneyland to building a backyard playscape to many others that spring from the mind of a child. What they all have in

common is they shine a ray of hope at what is often a dark time in the lives of the children and their families.

The Summer Soiree starts the Make-A-Wish weekend at CPYC and is open to the community. It opens Friday evening at 6:30 p.m.

See REGATTA Page 3

Town council
approves funding
for water and
sewer upgrades

By Adam Swift

The Winthrop Town Council approved two appropriations for water and sewer projects that will help upgrade infrastructure on Winthrop Street during last week’s regular meeting.

The first appropriation was \$1.666 million for the cost of the sewer main rehabilitation project on Winthrop Street.

Public Works Director Steve Calla said the actual cost of that phase of the project will actually be less for the town, since 75 percent of the work will be paid for through a grant from the MWRA, and the remaining 25 percent is being paid through a 10-year, zero-interest loan.

“The rule is to authorize the full borrowing, the realization is that we are responsible for 25 percent, which is roughly \$41,000 per year for 10 years,” said Council President Jim Letterie.

Councilor-at-Large Max Tassinari said the impact on taxpayers for the sewer main rehabilitation would be an increase of about 10 cents on the water and sewer rate.

“The importance of it is to replace cracked or otherwise aged sewer systems so we can avoid any infiltration of sewage into the ground,” he said. “My opinion is it is

an important project to continue to improve the infrastructure around town and it makes the town liveable.”

The council also approved a \$1.5 million appropriation for Phase I of the water main replacement project on Winthrop Street.

Calla said that project will be financed through a 10-year, zero-interest loan.

Letterie noted that the water main project would add 35 cents to the water and sewer rate, beginning in Fiscal Year 2028, but noted that the borrowing for other water and sewer projects will be coming off the books in the following year.

The project would replace the water main on Winthrop Street between McGee’s Corner and Metcalf Square.

“We’ve had numerous water main breaks in this leg of the system and we know those water main breaks add up,” said Calla. “It is money well spent, and it will certainly help the hydraulics of the system.”

Calla said depending on the bidding process, it could get underway in the late fall, and then be completed by late next fall.

“The second phase is in the capital plan, it has been listed in the capital plan for several years,” said Calla. “If we can identify funding, and (the council) approves it, we will go onto Phase II.”



Cottage Park Yacht Club Regatta is set for this weekend.



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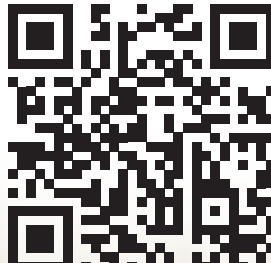
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WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

SUNDAY, JULY 5

0839: An officer stopped a motor vehicle on Main St. for the civil moving infraction of making an illegal right-on-red. The officer gave a verbal warning to the operator.

1312: An officer stopped a motor vehicle on Main St. for a civil moving infraction. The officer gave a verbal warning to the operator.

1332: An officer issued parking tickets to two boat trailers at the Pubic Landing with expired registrations.

2001: An officer spoke to a group of youths who were knocking on doors and running away on Almont St. The youths apologized for their behavior.

MONDAY, JULY 6

0943: An officer ordered a tow for a motor vehicle with an expired registration in the town parking lot on Hagman Rd.

-- An officer stopped a motor vehicle on Hagman Rd. for the civil moving infraction of a one way violation. The officer gave a verbal warning to the operator.

-- An officer ordered a tow-and-hold for a motor vehicle on Shirley St. with a registration revoked for insurance cancellation that also owed \$1500 in parking tickets.

-- An officer stopped a motor vehicle on Washington Ave. for the civil moving infraction of an expired inspection sticker. The officer gave a verbal warning to the operator.

1835: An officer responded to a two-car motor vehicle accident on Crest Ave. The officer filed a report.

1938: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

2027: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the

operator.

2038: An officer stopped another motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

2052: An officer stopped another motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

2056: An officer issued a parking ticket to a vehicle parked in the Fire Lane on Shirley St. at Twist and Shake.

TUESDAY, JULY 7

0109: An officer issued parking tickets to five vehicles without resident parking stickers on Undine Ave.

0121: An officer issued parking tickets to vehicles with expired resident parking stickers on Taylor Ave.

1034: An officer issued parking tickets to two vehicles on Elmwood Ave. that were parked on the sidewalk.

0140: An officer issued parking tickets to seven vehicles without resident parking stickers on Woodside Ave.

1037: An officer stopped a motor vehicle on Bowdoin St. for the civil moving infraction of violating the hands-free law. The officer gave a verbal warning to the operator.

1105: An officer stopped a motor vehicle on Main St. for a civil moving infraction. The officer gave a verbal warning to the operator.

1306: A Governors Park resident reported that the front grill on his motor vehicle had been damaged two days earlier by a hit-and-run operator. The officer filed a report.

1527: A resident called the station to report that as he was pulling out of his driveway on Main St., another vehicle illegally passed him. The officer checked the video cameras in the area and confirmed the incident and also confirmed the plate of the offending vehicle and the operator, who matched the registered owner of the vehicle. The officer mailed a citation for the civil moving infraction to the operator.

WEDNESDAY, JULY 8

0107: An officer issued parking tickets to four vehicles without resident park-

ing stickers in the town lot on George St.

0149: An officer issued parking tickets to six vehicles without resident parking stickers on Grovers Ave.

0209: An officer issued parking tickets to three vehicles without resident parking stickers on Jefferson St.

0215: An officer issued parking tickets to four vehicles without resident parking stickers on Pauline St.

0703: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped another motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped another motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Walden St. for the civil moving infraction of speeding. The officer issued a citation to the operator for that offense, as well as for the civil infraction of not having his license in his possession.

-- An officer stopped a motor vehicle on Winthrop St. for the civil moving infractions of violating the hands-free law and defective equipment (a cracked windshield). The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Revere St. for the civil moving infraction of violating the hands-free law. The officer gave a verbal warning to the operator.

-- An officer stopped a motor vehicle on Cross St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Veterans Rd. for the criminal offense of operating with a registration revoked for insurance cancellation. The officer ordered the vehicle to be towed.

0827: A Bayview Ave. resident reported that his parked vehicle was struck by a hit-and-run operator. A witness provided the details of the other vehicle. The office filed a report.

1205: Officers assisted at the scene of a fire in a residence on Wave Way Ave.

2249: An officer dispersed persons in two motor vehicles from Hannaford Park, which is closed after dark.

THURSDAY, JULY 9

0121: An officer issued parking tickets to seven vehicles without resident parking stickers on Shirley St.

0353: An officer stopped a motor vehicle on Winthrop St. for a civil moving infraction. The officer gave a verbal warning to the operator.

0836: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

0918: The DPW was notified of a dead rabbit in the middle of the road on Cottage Ave.

1128: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped another motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped another motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

-- An officer stopped a motor vehicle for the civil moving infraction of speeding (41 in a 25 m.p.h. zone). The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Revere St. for the civil moving infraction of a marked lanes violation. The officer gave a verbal warning to the operator.

-- An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Walden St. for the civil moving infraction of violating the hands-free law. The officer issued a written warning to the operator.

-- An officer stopped a

motor vehicle on Shirley St. for the civil moving infraction of violating the hands-free law. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Neptune Ave. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1257: An officer ordered a tow for a motor vehicle with a cancelled registration that was parked on Revere St.

1646: Multiple officers, including officers from Revere and the State Police, responded to a report of a person being assaulted in a residence on Hermon St. Four officers were injured and were transported to the hospital. The suspect also was taken to the hospital. The officers arrested a 31 year-old male for the criminal offenses of assault & battery upon a person over the age of 60, assault & battery upon a family or household member, indecent assault and battery upon a person over the age of 60, assault & battery upon a police officer, resisting arrest, and disorderly conduct.

1736: A resident called the station to report that her identity had been used to take out a \$25,000 loan from the Small Business Administration. The officer filed a report.

FRIDAY, JULY 10

0747: An officer assisted the parties with the exchange of papers at a motor vehicle accident at Revere and Pleasant Sts. There were no injuries and neither vehicle was towed. The officer filed a report.

1214: An officer stopped a motor vehicle on Shirley St. for a civil moving infraction. The officer gave a verbal warning to the operator.

1242: An officer responded to a report of a youth operating a motor scooter at a high speed and weaving in and out of the road on Wadsworth Ave. The officer spoke to the father of the 13 year-old juvenile about his son's driving behavior.

1815: A Sea View ave. resident reported that their dog was attacked by a neighbor's dog in their backyard. The matter was referred to the Animal Control Officer.

SATURDAY, JULY 11

0048: An officer stopped a motor vehicle on Main St. for the civil moving infractions of a red light violation and a marked lanes violation. The officer gave a verbal warning to the operator.

0159: An officer issued parking tickets to 18 vehicles without resident parking stickers on Shirley St.

0802: An officer stopped a motor vehicle on Revere St. for the civil moving infraction of violating the hands-free law. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Revere St. for the civil moving infraction of a number plate violation. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of a number plate violation. The officer issued a citation to the operator.

-- An officer stopped another motor vehicle on Pleasant St. for the civil moving infraction of a number plate violation. The officer issued a citation to the operator.

-- An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

-- An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of a red light violation. The officer gave a verbal warning to the operator.

-- An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of violating the hands-free law. The officer gave a verbal warning to the operator.

1222: Officers responded to a report of a disturbance at a Shirley St. residence. They arrested a 53 year-old female for the criminal offense of assault and battery on a family or household member.

1406: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident at the Public Landing. There were no injuries and neither vehicle was towed.

2345: A person reported that his parked motor vehicle had been struck by a hit-and-run while he was at work on Shirley St. The officer filed a report.

Polling Locations // CONTINUED FROM PAGE 1

more convenient spot, and gives the schools more flexibility on election days.

The last day to register to vote in the state primary is Saturday, August 22 in Winthrop Town Hall, Room 5. The town hall will be open

from 9 a.m. to 5 p.m. on that day for voter registration.

Winthrop Town Hall will be open for early voting in the primary on Saturday, August 22 from 9 a.m. to 5 p.m; Monday, August 24 from 8 a.m. to 4:30 p.m.;

Tuesday, August 25 from 8 a.m. to 7 p.m.; Wednesday, August 26 from 8 a.m. to 4:30 p.m.; and Thursday, August 27 from 8 a.m. to 7 p.m.

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BRINGING THE PARADE BACK IN EASTIE
SUPPORTERS PACK THE BEACHMONT VFW TO LAUNCH
THE REVIVED EAST BOSTON ITALIAN HERITAGE PARADE



For decades, the autumn parade across the town line was a staple for local families, drawing thousands of spectators from Winthrop and surrounding communities. After slipping away in recent years following pandemic delays and the passing of longtime parade champion Albert “Buddy” Mangini, the event is making a comeback under a new name and leadership. Led by new committee chairman Joe Ruggiero and a dedicated team of volunteers, the reimagined East Boston Italian Heritage Parade is officially set for Sunday, October 11. To help bring the marching bands and floats back to the streets, hundreds of supporters gathered last Friday at the Beachmont VFW for a festive fundraiser—sharing stories of past parades, bringing in local food, and raising the necessary funds to relaunch the fall favorite.

Sen. Edwards votes in favor of economic development bill investing in housing, research, and responsible AI

Special to the Transcript

Following two days of debate, the Massachusetts Senate passed an economic development package that lifts up small businesses and burgeoning industries, bans predatory kiosks used in cryptocurrency scams, and reins in the potential dangers of artificial intelligence by instituting responsible guardrails against catastrophes.

The bill also surges the production of new housing units through automatic two-family zoning across Massachusetts, creates safety rules for fast electric scooters and e-bikes, and invests \$100 million in immediate support for scientific research programs at public higher education institutions.

With \$575.4 million in authorizations, the econom-

ic development bond bill is poised to grow quality jobs in the Commonwealth, support innovation, and improve the quality of life for workers and families.

The bill prioritizes bonding investments to boost every aspect of the Massachusetts economy, including:

- \$100 million to support and promote economic growth and job creation in the defense sector;
- \$75 million to support the development and application of AI;
- \$25 million to support downtown and main street vitality in Massachusetts towns and cities, in addition to \$2.5 million to help convert vacant storefronts into pop-up opportunities for new small businesses;
- \$25 million for research and development of robotics technology;
- \$20 million to support

construction of early stage and high growth business ventures;

- \$20 million to support community development financial institutions and small businesses; and
- \$25 million to support arts, culture, and the creative economy, building on recent successes of the Massachusetts tourism and cultural sector.

Included in this Economic Development package are several amendments filed by Senator Edwards, including:

- Residential Pace (#410) Creates a local option to participate in the program for financing qualifying improvements to residential properties.
- MassPort Liquor License (#441) Allows bars and restaurants at Logan Airport to continue serving alcohol as

long as flights are arriving and departing from the airport.

- New England Aquarium (#450) \$500,000 for repairs and infrastructure improvements to promote tourism, access, safety, and continued development at Central Wharf.
- Climatetech Revolving Loan Fund (#452) \$1,500,000 to the Boston Housing Authority for the Climatetech Revolving Loan Fund, which supports building decarbonization, energy efficiency, and demand response investments at publicly assisted properties with priority to projects affected by rollback of federal energy efficiency or renewable energy incentives, loans, or grants.
- New England Historic Genealogical Society (#485)

- \$300,000 for the purpose of infrastructure and safety improvements associated with, but not limited to, spaces dedicated to the 10 Million Names Project, so-called, for the purpose of researching genealogical records of the ten million people enslaved in the U.S. between 1619 and 1865.
- Bold Skin Babe (#487) \$200,000 to the Bold Skin Babe Cosmetology Institute to bridge gaps between education, economic opportunity, and entrepreneurship with Boston’s beauty and wellness industry.
- Resilient Bennington Street and Fredericks Park Project (#491) \$1,000,000 to the City of Revere for the purpose of funding the Resilient Bennington Street and Fredericks Park Project, which addresses regional flood risk in the Cities of Revere and

Boston.

- Pauline St Gym (#494) \$1,000,000 to the town of Winthrop for upgrades to the community gym on Pauline Street, including, but not limited to, heating system, windows, and gym floors.
- Revere Food Hub (#500) \$500,000 to the city of Revere for the planning, development, establishment, operation and support of a regional food hub.

The package is based on legislation originally filed by Governor Maura Healey. A prior version was passed by the House of Representatives.

S.3178 will now enter a conference committee between the House and Senate for further consideration. To read the bill text, visit malegislature.gov/Bills/194/S3178.

CPYC // CONTINUED FROM PAGE 1

and features an open bar, tastings from local restaurants and breweries, silent auctions and raffles, as well as live music from local favorites John Polino and the Second Hand Band.

CPYC has set a goal of raising \$100,000 this year, adding to the \$1 million it topped last year in its contributions over the years as a Make-A-Wish community

partner. The nonprofit’s local chapter honored CPYC with its “Community Hero Award” last year, in recognition of the club’s efforts to help children suffering from cancer, cerebral palsy, leukemia and other serious illnesses.

Community members can help in ways big and small: donate and become an event sponsor, register your sail-

boat for the Saturday pursuit race at Regattaman.com, and attend the Friday night fundraising Soiree (July 31 6:30 p.m. at CPYC, open to the public). To buy Soiree tickets, donate to Make-A-Wish, or to see other details, check out CPYC’s Make-A-Wish website at makeawish.cpyc.org



Shown above are some of the participants in last year’s event.

Council to consider agenda item to answer public comments

By Adam Swift

Winthrop Town Council President Jim Letterie is proposing a new meeting agenda item that would give the council an opportunity to answer questions raised by residents at meetings.

Currently, the council has public comment periods at the beginning and end of its meetings. Under council rules however, councilors cannot directly answer questions posed by the public.

Letterie suggested the council consider adding a public answer segment of the agenda and send it to a subcommittee for further discussion.

“I was looking at several other cities and towns and their council and selectboard meetings ... one of the items I did see in a handful of towns and we get a lot of comments on this with public comment, and it is frustrating at times because people will ask ques-

tions and there is a simple answer,” said Letterie. “I would like to look at the possibility ... of having an agenda item that states public comment answers. Tonight I broke down the questions, so if this were to pass, the next meeting we could give a brief (answer).”

The new agenda item would give the council president or councilors time between meetings to do research or find more information to answer questions raised during the public comment periods, Letterie said.

Council Vice President Suzanne Swope said sometimes it would be helpful to have some time to think about the question and address it in the next meeting.

“But there are some times when you know, or (the town manager) knows the answer already, and if you could say it right away, if you are willing to do that without it being a problem, I think that would make a bet-

ter interaction in the room,” said Swope.

Letterie said his only concern was that if he answered a question right away, it could get into a back and forth exchange.

“Where do you stop and where do you draw the line?” he asked. “I think two weeks stinks to wait two weeks for an answer, but I am sure some of them, we could ask for email addresses and get back to them, that specific person, in a day or two, but still bring it up for the public to understand. I personally would not want to get into a back and forth, I think these meetings are longer than they need to be now, to be quite honest, not for any specific reason.

“But I think there are times, tonight there were a handful of questions that could have been answered and it would have been easy, but there are other times where it is next to impossible.”

News Briefs // CONTINUED FROM PAGE 1

Drivers traveling through the affected areas should expect delays, reduce speed, and use caution.

All scheduled work is weather dependent and subject to change without notice.

For more information on traffic conditions, travelers are encouraged to:

- Download the Mass511 mobile app or visit www.mass511.com to view live cameras, travel times, real-time traffic conditions, and project information before setting out on the road. Users can subscribe to receive text and email alerts for traffic conditions.
- Dial 511 and select a route to hear real-time conditions.

- Follow @MassDOT on X, (formerly known as Twitter), to receive regular updates on road and traffic conditions.

DINE OUT BOSTON RETURNS AUG. 1-15

Dine Out Boston® is back for its summer edition from August 1-15, 2026. Presented by Meet Boston, and in partnership with the Massachusetts Office of Travel & Tourism and new sponsor Toast, this two-week culinary celebration features close to 200 participating restaurants, providing diners an opportunity to enjoy delicious deals and restaurateurs the chance to bring in new patrons to their establishments.

For the first time, this year’s summer program spans three Saturdays. The new Toast sponsorship will create opportunities for diners to discover and support their favorite local restaurants through Toast Local, the neighborhood app that helps guests find new restaurants, book a table, and get rewarded. Patrons can also order ahead for pickup, customize and pay in seconds. Toast Local makes it easy to enjoy the best of Boston.

This summer’s Dine Out Boston comes on the heels of one of the most historic summers ever, with FIFA World Cup 2026, America’s 250th celebrations, and Sail Boston generating global attention for Boston

and all of its great culinary and cultural assets. The MICHELIN Guide’s inaugural Northeast Cities edition launched last November, and this summer’s Dine Out Boston will include several

Michelin-recognized establishments. The program will also feature many first time Dine Out Boston participants, with Rosa y Mari-gold, Maple & Ash, and Fallow Kin all set to make

their Dine Out debuts. Also joining for the first time are all five Fuji locations, F1 Arcade in the Seaport, and World Cup favorite The Haven in Jamaica Plain.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Paredes, Boris O	Lythgoe, Elizabeth	26 Shirley St #B	\$730,000
Shufro, Joel	Rick Gauthier LLC	51 Harbor View Ave #3	\$660,000
Rodriguez, Joshua	Marie T Chase Rt	91 Marshall St	\$670,000

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SUN, AUG. 2: 10AM-3PM

OUR Opinions

THE NEW FIRE STATION IS BECOMING A REALITY

With the recent announcement that the bids are out for the new Winthrop fire station that will be built on the site of the former Winthrop Middle School (which originally was the site of the first Winthrop High School), the construction of the long-overdue fire station finally is coming into clear focus.

The construction of new public facilities in Winthrop almost always has been a long and tortuous process and the new fire station -- which will replace the current fire stations that both are well over 100 years old -- proved to be no exception during the decades of debate.

The stately E.B. Newton school building on Pauline St. proved to be controversial as the town entered the 20th century, and became a reality thanks to the drive of School Committeeman E.B. Newton, whose name graces the facility today.

The present Town Hall (which is approaching 100 years old) was more than 30 years in the making from the time that town officials realized that the original town hall was obsolete for the town’s exponential population growth even before the turn of the 20th century.

The site of that first town hall became the U.S. Post Office building and now serves as our police station, which replaced the former obsolete and unsafe police station that had been in the basement of Town Hall. A new police station also had been a topic of discussion for decades until the Board of Selectmen, led by the legendary Marie Turner, used funding from the MWRA to convert it into the present police facility in the early 1990s.

The former “new” Winthrop High School, the site of the current middle/high school, likewise had been a much-debated issue in our town for many years. It faced severe opposition until a group of parents led by John L. “Jack” Murphy Jr. (who would go on to become a Superior Court judge appointed by Gov. Edward King) worked tirelessly to bring about its construction in 1966.

The town’s present elementary schools similarly faced fierce opposition on a number of fronts in the late 1990s until a coalition led by former teacher and principal Arthur “Arky” Cummings (for whom the school on Hemon St. is named) pushed the projects over the finish line.

And last but not least, the present Town Garage facility also was decades in the making until the longstanding efforts of former selectman Richard “Dick” Dimes finally persuaded townspeople to provide a proper town garage facility to replace the former town garage that leaked like a sieve and was too small for modern-day equipment.

The only new building that went through smoothly was the present Winthrop Middle High School thanks to the efforts of a huge coalition of parents and town officials who made the undeniable case for replacement of the aging former middle and high schools.

So for those of us who have called Winthrop our home for many years, the arrival of the new fire station -- which will replace the outdated facilities that rank among the oldest in the state -- is a welcome addition to our community. It serves as a sign that Winthrop is moving forward into the middle of the 21st century.

OUR SOX ARE ON FIRE!

With all of the excitement of the World Cup, the Tall Ships, and the Revere Beach Sand Castle Festival in the rearview mirror, we were ready to settle in for a relatively-nonchalant second half of the summer season.

With the Red Sox hopelessly wallowing in the mire of mediocrity (if that), even the Sox’ front office seemed to have a, “Wait ‘til next year,” mindset, ready to trade away some top players by the July 31 trade deadline.

But just when everyone was ready to give up on the 2026 season, the unexpected happened -- the Sox caught fire. A four-game sweep of the Yankees in late June was satisfying (because it was the Yankees), but at the time we could hardly have imagined that it would provide the spark that would jump-start the Sox into playoff contention.

Those of us who had written off the Sox in 2026 now are jumping on the bandwagon after the Sox’ historic 15-game winning streak, which included sweeps of the AL Central-leading White Sox and the AL East-leading Rays, a skein that has propelled the Red Sox into the second spot in the Wild Card race.

What has been most impressive about the Sox’ success is that they have accomplished it without the two players -- ace pitcher Garrett Crochet and young slugger Roman Anthony -- who were seen in the pre-season as essential to their hopes for reaching the playoffs.

The 15-game streak equals the legendary 1946 team for the longest in Red Sox history. And for those of us who are long-time Sox fans (though not quite old enough to have been around in 1946!), the recent streak recalls the 10-game streak of the 1967 Impossible Dream team and the 12-game streak that was known as “Morgan Magic” in 1988.

All three of those teams achieved great success, winning the pennants in 1946 and 1967 and the division in 1988, though they all fell short of a World Series championship.

So whether history will repeat itself in 2026 -- or whether this streak was just a mid-season fluke -- remains to be seen. But at least the streak has given us hope that this young Sox squad will remain in contention throughout the rest of the summer and has given us a reason to take a peek at the sports pages every day.

Forum

THE MORE Things Change ...

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript



**10 years ago
July 30, 2016**

As part of the America's Cup Tour, the schooner America visited the Cottage Park Yacht Club in Winthrop on Tuesday providing tours to members. The yacht is a replica of the original Americathat in 1851 stunned the world by winning the legendary sailing race around the Isle of Wight and now bears her name, The America's Cup. The yacht is 101 feet long with a beam of 22 feet and 10 inches and traveled to Winthrop from San Diego where it resides during the year.

The Board of Health approved an order last week, effective January 1, 2017, to ban polystyrene (also known as styrofoam) from food service institutions in Winthrop in an effort to protect the environment and the health of residents.

The Town of Winthrop is asking residents with a new tree in front of their homes to water them regularly while the heat wave persists.

Hillary Clinton will deliver the most important speech of her political career tonight when she accepts the Democratic nomination for President. More than 26 million viewers watched Donald Trump accept the Republican nomination at the GOP Convention last Thursday night in Cleveland.

**20 years ago
August 3, 2006**

Despite the appearance of three-foot, juvenile sand sharks off Yirrell Beach by Harbormaster Charles Famolare and Animal Control Officer Mark Van Buskirk, who captured the sharks in a net and released them off Graves Light, swimmers have not been deterred from swimming in local waters.

The Economic Development Subcommittee of the Town Council held a hearing this week to hear from residents about proposed

zoning changes to the waterfront zoning district.

The police union and the town reportedly are at an impasse over the issue of drug-testing for officers that town officials want included in the new contract. Winthrop Police Chief David Goldstein said his department is adopting a zero-tolerance policy regarding drug possession and related crimes.

A home on Nahant Ave. has been listed for \$1.095 million, the first time a single-family residence in Winthrop has been listed at the million-dollar plateau.

**30 years ago
August 8, 1996**

The selectmen want to examine the books of WCAT to determine the local cable access TV station’s financial fitness before signing a new contract with Time Warner Cable. Selectman Gerry Ogus said he is seeking to protect the interests of local cable subscribers, who are assessed a surcharge to pay for WCAT’s operations. WCAT Exec. Dir. Mark Kelsey, who has been the only Exec. Dir. of WCAT since it began operation, recently resigned. Barbara Bishop, WCAT’s President, said Kelsey gave no reasons for his sudden departure.

The Auto Mall on Veterans Rd. held its grand opening this week. Red Sox outfielder Troy O’Leary was on hand to cut the ribbon. George Bolster, the proprietor of Bolster’s Citgo at Revere and Shirley Sts., is the owner of the new business, which will offer an array of services for car owners.

Winthrop residents Ray and Carol Loomis have set out on the voyage of a lifetime in which they will sail their 28-foot boat up the Eastern Seaboard to the Hudson River and eventually make their way through the Erie Canal to the Great Lakes, then down the Mississippi River to the Gulf

of Mexico. The couple expect the voyage to take 10 months.

**40 years ago
August 8, 1986**

The selectmen have asked Boston Mayor Ray Flynn for his assistance in resolving the traffic situation at the Orient Heights Bridge which is plaguing local commuters with long backups because of a reduction to one lane of traffic in each direction.

Three thugs from East Boston have been arrested for the beating of a Winthrop man who was the manager of the local Brigham’s Ice Cream shop in Michael’s Mall. The trio allegedly used a baseball bat in the attack and smashed a store window as well.

**50 years ago
August 11, 1976**

The selectmen have voted to change the traffic flow of 14 streets in town and have ordered that No Parking signs be posted on Main and Pleasant Sts.

Winthrop residents are making preparations for a visit by Hurricane Belle, which is making its way up the Atlantic Seaboard.

William Andrew, President of the Atlantic Bank, which is headquartered in Revere, told the Chamber of Commerce of the bank’s plans for a \$100 million redevelopment project for Revere Beach that will include 650 rental units, 350 condos, and office and retail space.

**60 years ago
August 11, 1966**

A group of residents from Crescent St. appeared before the selectmen to seek relief from the conditions emanating from the drainage ditches along their street that contain foul-smelling water and serve as a breeding ground for mosquitoes.

A record number of 378 students attended Winthrop Summer School classes this year.

State Rep. Ralph Sirianni has gone on record as being opposed to the construction of a new sports stadium for the Boston area in Framingham, saying that any pro sports stadium should be built closer to the city of Boston.

Harbormaster Charles Northrop has placed “5 MPH” signs in all of the town’s waterways adjacent to the mooring areas.

One of the largest-attended funeral services in Winthrop in many years was held this week for Frederick Gillis, a newspaper reporter for the Boston papers for many years. Gillis died suddenly. He was 57.

**70 years ago
August 9, 1956**

State Senator Andrew P. Quigley this week leveled a verbal blast at Gov. Christian Herter for Herter’s veto of a bill that would have had the state assume Winthrop’s share of the cost of construction of a new Belle Isle Bridge.

Winthrop Police Chief William Pumphret, testifying before the State Crime Commission which is looking into gambling operations on the No. Shore, said there is not one scintilla of evidence to suggest that illegal gaming is taking place in Winthrop. However, six Winthrop men are facing contempt charges from the commission for refusing to testify.

**80 years ago
August 8, 1946**

A 16-year old youth, who is on parole and who has been charged with 16 breaks in town in which he made off with more than \$900 in loot, skipped his court appearance Monday.

Parents are being warned not to hesitate in calling a doctor if they suspect their child may have become infected with polio.

Dorcas Clark has been named the Acting Superintendent.

See YEARS Page 5

SHARE YOUR NEWS

The Winthrop Sun Transcript encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. The Independent also encourages readers to e-mail news releases to editor@winthroptranscript.com.

The Winthrop Sun Transcript welcomes letters to the editor. Letters should be e-mailed to editor@winthroptranscript.com

Letters must be signed.
Anonymous letters will not be accepted

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Council approves motorized scooter and e-bike policy

By Adam Swift

A new ordinance approved by the Winthrop Town Council last week would prohibit the use of motorized scooters and e-bikes in the town’s parks. The prohibition is scheduled to go into effect on Sept. 1, giving the town time to finalize language for signs that will be purchased alerting residents to the new policy in the parks. Councilor-at-Large Kurt Millar said the ordinance came out of the charter and ordinance review committee with input from the police department.

“The intent of the ordinance is to protect public safety, preserve parkland and natural resources, and maintain the intended passive recreational use of town parks and natural surface trails,” said Millar. “In summary, what this is going to be doing is prohibiting electric e-bikes and motor-

ized scooters from natural surface trails, parkland, and sidewalks.” Millar said the ordinance review committee did get feedback from the public to have the ordinance include language regarding protective equipment. “This also goes in conjunction with Mass General Laws,” said Millar. “We see across town that there are safety risks at parks with e-bikes and scooters, and this is how this ordinance came to be written and proposed.”

The ordinance does not prohibit any ADA-compliant vehicles, and the town manager or parks and recreation department can also permit certain vehicles to be operated on parklands if necessary. “That’s the higher level of intent on this, it is the safety and to ensure that we are not destroying our parkland and that it is preserved and utilized,” said Millar.

Years // CONTINUED FROM PAGE 4

tendent of Winthrop Community Hospital. He is taking the place of Marion Fussell, who is on a six-months leave of absence.

**90 years ago
August 8, 1936**
Town Meeting voted to appropriate \$12,000 as the town’s share of various WPA projects that are ongoing throughout the town and that are giving employment to 175 local residents.

One of the most severe electrical storms in many years, featuring cyclonic winds, ripped through Winthrop Tuesday, toppling several trees and bringing torrential rains.

The filling-in of Ingleside Park, which has the aim of alleviating the swampy conditions there, got underway this week, with the fill coming from the dredging project in the areas of the Cottage Park and Pleasant Park yacht clubs.

Fourteen local youths have returned from their month’s tour of duty with the Citizens Military Training Camp that was held at Fr. Devens. More than 100 persons had applied for the 14 positions.

**100 years ago
August 14, 1926**
The entire town is in a state of shock and sadness with the news of the drowning death of the one-year old son of a local couple at a lake in Bolton, where the family was vacationing.

The name of a four-month old was drawn as the winning raffle ticket for the grand prize of a new Buick automobile at the Elks County Fair this past weekend.

Public sentiment is bemoaning the crime wave that is sweeping the nation.

**110 years ago
August 12, 1916**
Three automobile accidents in town within a 48 hour period, a record for Winthrop, resulted in injuries to 10 persons, some serious. All of the operators who were injured were women as were all of those who were injured, including a mother and her 14-month old daughter who were standing on the sidewalk when an automobile jumped the curb and struck them.

Winthrop Methodists are divided over the choice of a site for a new church building. A petition signed by the wealthiest members of the church has been sent to the bishop, requesting that a long-held site for the church be chosen. They disagree with their pastor, Rev. Charles Otto, who reportedly desires to purchase land near the Center station, not far from the railroad tracks, for the new church.

Under the new redistricting plan for the local legislative seats, Winthrop for the first time will have its own state representative seat and will not share it with Revere or Chelsea. This part of Suffolk County, constituting Chelsea, Winthrop, and Revere, has gained a seat under the plan.

Donations from local residents totaling \$400 have been wired to our local boys at the Mexican border for their use.

**120 years ago
August 11, 1906**
The commissioners appointed to reapportion Suffolk County’s legislative seats have decided that two state representative seats should be allotted to Revere, Winthrop, and Ward 5 of Chelsea.

It is reported that more than 100,000 persons went to Revere Beach this weekend.

An auction of fine shore lots in the Highlands area will be held Saturday afternoon.

**130 years ago
August 8, 1896**
Although there are many residents who want to see another horse-drawn coach parade this year, those who have organized the event in the past say it is now too late to undertake getting one started.

The town’s Street Department should do something about the gutters along Shirley St. from the steamboat house to the clubhouse. The water has remained in them for so long that the smell is bothersome and they are a breeding ground for disease.

**140 years ago
August 13, 1886**
Revere and Winthrop have been set apart as Ward 4, 27th District, and are entitled to two state representative seats. The ward is largely Republican.

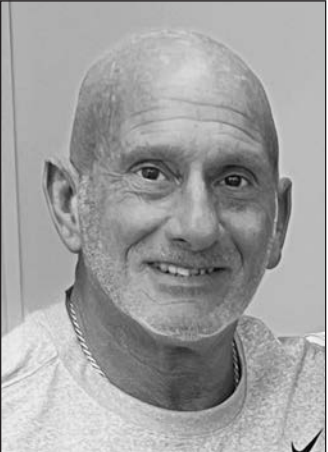
Winthrop’s channel is in need of dredging to make our shoreline accessible.

Jay Sasso

He was known for his kindness, generosity, unmatched work ethic and devotion to his craft

Jay Sasso, 63, of Revere, entered into rest on July 25th 2026. He was the beloved husband of Nicole Sasso (formerly Angiulo) for 36 years; devoted father of Jay Sasso and his wife, Heather of Danvers, and Janel Sasso of Revere; adored grandfather of Lily, Isla and Meadow Sasso of Danvers, cherished son of Arlene and Charles Zaccaria of Glen, NH and the late Joseph Sasso; the loving brother of Jane DiPaola and her husband, Roy of Peabody, Jodi Rich and her late husband, Dennis of Wakefield, the late John Sasso, John Zaccaria and his wife, Regan of Peabody, and Michael Zaccaria and his wife, Maura of Amherst, NH. He was the beloved grandson of the late Ignazio and Doris Aiello and Joseph and Anna Sasso; beloved brother in law to Salvatore and the late Bernadette DeAngelis; cherished uncle of Michael Sasso, Matthew Bossi and his wife, Jaclyn, Kristina Russell and her husband, Will, Gina Doyle and her husband, Jordan, Alana, Elise and Mia Rich, Michael, Marissa, Reardon and Ada Zaccaria, Janet Ruzzo and her husband, Ralph, Salvatore DeAngelis and his wife Kristen, Francesca and Sal DeAngelis and Amara Ruzzo. He is also survived by many loving cousins.

Jay was born on August 23rd 1962 in Winthrop. He grew up in Revere and later Lynnfield before settling with his wife in Revere and starting their family. Throughout his life, Jay was known for his kindness, generosity, unmatched work ethic and his devotion to his craft. He dedicated numerous years to Massey



Construction, where he was respected as a Lead Carpenter/Supervisor for his attention to detail, precision and never leaving a job site until the work was done. His Massey Construction crew were family to him and he treasured working alongside each of them every day.

Outside of work, he found joy in simple comforts and pleasures. He loved hitting the gym every day (no days off EVER!), spending time with his family, sunbathing, watching history documentaries or boxing matches, his mother’s delicious pizza dolce and a good slice of cheesecake. He especially loved spending Sundays at his son’s house and bringing Dunkin Donuts to his three granddaughters. His deep love and devotion to his family, exceptional discipline and pure toughness is what we will always remember him by.

A funeral service will be held on Saturday August 1st at 9 a.m. at Buonfiglio’s Funeral Home, 128 Revere Street Revere. A mass will follow at St. Anthony’s Church in Revere at 11 a.m. In lieu of flowers, donations may be made to Jen’s Friends Cancer Foundation P.O. Box 1842, North Conway NH 03860.

Deborah A. “Debbie” Belmonte

Longtime Chelsea Courthouse Clerk

Family and friends are respectfully invited to attend a Funeral Mass today Wednesday, July 29th in St. Anthony of Padua Church, 250 Revere St., Revere at 11 a.m. (Please meet directly at church), for Deborah A. “Debbie” Belmonte, who died on Wednesday, July 22nd, 2026 at Care Dimensions in Lincoln, following a hard-fought battle with cancer. She was 71 years old. Interment will immediately follow in Woodlawn Cemetery, Everett. It was Debbie’s request to respectfully omit visiting hours.

Debbie was a lifelong resident of Revere, where she was proudly raised and educated. She was an alumna of Revere High School, Class of 1972. Debbie began a career at the Chelsea Court House, where she worked as a clerk enjoying a career that spanned over 40 years.

Debbie enjoyed her life by going to the beach which was truly one of her favorite places to be, she was a frequent visitor at Jacob’s Ladder back in the day, where she enjoyed socializing and having fun.

Debbie truly loved her cars, she always had beautiful cars and she kept them in showroom condition. Debbie’s all-time favorite musician was Rod Stewart, and she always had his music on in her car or at home. She was devoted to her parents as they became ill and provided them with extraordinary care. She loved her family and had a great relationship with her many cousins.



The beloved daughter of the late Angelo “Dobbin” Belmonte and Laura B. (Plona) Belmonte, late proprietors of the Pine River Fish Market, she was the dear sister of Anthony Belmonte and his wife, Margaret of Beverly; the cherished aunt of Anthony A. Belmonte and also Andrew Belmonte, and John Belmonte.; the special grand aunt of Domenic Belmonte and the treasured cousin of Jeffrey Plona and his wife, Leanne of Hudson, New Hampshire and their daughter, Laura Plona and her partner Ted McIntosh of Malden. She is also lovingly survived by her late canine companion, Sapphire and many cousins and close friends.

In lieu of flowers, remembrances may be made to Dana Farber Cancer Institute / Jimmy Fund, P.O. Box 849168 Boston, MA 02284-9188.

To send online condolences, please visit www.vertucciosmithvazza.com. Funeral arrangements entrusted to the care and direction of the Vertuccio Smith & Vazza, Beechwood Home for Funerals.

Janet Rossetti

She had a passion for life that illuminated every moment

Janet Rossetti, born in Cambridge, passed away peacefully at the age of 69 at the Massachusetts General Hospital on July 25, 2026. She was the cherished daughter of the late Mabel (Towlson) and Albert Rossetti.

Janet dedicated much of her life to her career in finance, leaving a lasting mark at various esteemed institutions such as First Albany Corp, Mellon Bank, Solomon Smith Barney, Paine Webber, JP Morgan, and the Sheraton Corporation. Her dedication and professionalism were evident in all her endeavors.

Beyond her career, Janet was deeply committed to her community, assisting with children’s religious education at St. John’s Church and providing compassionate service in elder housing food programs.

Janet had a passion for life that illuminated every moment. She loved fishing, tending to her garden, painting beautiful creations, and mastering the art of cooking. Her creativity and warmth touched the hearts



of all who knew her. She was the devoted companion of Richard F. Barry and the sister of Karen Ball and the late Albert Rossetti and is also survived by several nieces and nephews.

Family and friends are cordially invited to attend the visitation from the Caggiano-O’Maley-Frazier Funeral Home, Winthrop on Saturday, August 1, 2026 from 10 a.m. to 12 p.m. followed by a service in the funeral home at 12 noon.

Memorial donations may be made to the Jimmy Fund at www.danafarber.jimmyfund.org.

To sign the online guestbook, go to www.caggiano-funeralhome.com.

On behalf of the family of
Joseph Clark I want to thank the
Local 1070 of the Winthrop Fire
Department for the beautiful honor
guard they provided during his funeral.
You are all so very special.
Thank you all for your service

♥

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Revere Council calls for DCR to fix issues at Short Beach

By Adam Swift

Several city councillors say they are fed up with delays from the DCR for improvements to the Short Beach seawall and adjoining sidewalks.

At Monday night’s meeting, the council supported a motion filed by Councillors Joanne McKenna and Jim Mercurio asking for a resolution to the issue.

The motion asked the council to write a letter to the Department of Conservation and Recreation (DCR) advocating that the DCR request funding through appropriation and/or grants relative to the repair, reconstruction, and climate-resiliency improvements of the Short Beach seawall and adjoining sidewalks along Winthrop Parkway. According to McKenna, the need for the work is laid out in the DCR’s own May 26 2025 report, DCR State Parkways Climate Change Vulnerability Assessment, which identifies Winthrop Parkway as a climate resiliency hot spot.

“I would like to say that (state) Representative Jeff Turco has been advocating for all of these issues for more than a year, but DCR is not listening,” said McKenna. “Safety is our number one concern in our city, and even if it is DCR jurisdiction, our residents use these streets and sidewalks every day. As a council, we should be advocating for the safety of the people walking and running on Winthrop Parkway.”

Holes inundate the sidewalk, covered up by upside down cones, McKenna added.

“This problem has not been fixed for over a year,” she said. “Chunks of seawall, concrete, are falling off as we speak and missing, leaving it vulnerable. A good storm, like a hurricane, will wipe out the seawall, and then what?”

The separation from the seawall to the sidewalk is a concern, with the wall being separated from the sidewalk by only six inches in some spots, she said.

“Street lights have been out for eight months,” McKenna said. “One at the pedestrian crossing at Winthrop Parkway, one light is totally missing from Short Beach.”

Mercurio noted that the seawall has been deteriorating for a number of years.

“It’s at the point where if it falls into the ocean, it’s going to be a good thing, because then it is going to get repaired,” said Mercurio. “But we are at the point right now where ... that we streetlights out, there are holes in the pavement, the concrete is deteriorating – we hope that it’s not going to fall in the ocean – but it needs repair.”

Additionally, Mercurio said there are railings missing to enter Short Beach.

“The DCR has neglected this beach for a number of years and we are just looking to get it right finally,” he said.

Mercurio said the potholes on Winthrop Parkway from the skating rink to Beachmont also need to be addressed.

“We have the first public beach in the United States of America, and we have to beg to get it fixed,” said Councillor-at-Large Marc Silvestri.



Rehabilitated Kemp’s ridley sea turtle “Gigi” enters Nantucket Sound on July 22, 2026.

New England Aquarium releases five more endangered Kemp's ridley sea turtles off Cape Cod

Special to the Transcript

Turtles were treated for seven months at the Aquarium's Sea Turtle Hospital before returning to the ocean

Five rehabilitated Kemp's ridley sea turtles are back in the ocean waters off Cape Cod after the New England Aquarium’s fourth sea turtle release of the summer Wednesday morning.

For the past seven months, staff at New England Aquarium’s Sea Turtle Hospital in Quincy, Mass., treated the hypothermic turtles for a variety of life-threatening medical conditions, including pneumonia, dehydration, and trauma. Staff veterinarians cleared the sea turtles, including “Papyrus” and “Times New Roman,” to return to Nantucket Sound.

“Our team tracks each turtle's progress closely and adjusts care as needed throughout recovery,” said Dr. Melissa Joblon, Director of Animal Health at the New England Aquarium.

“These five turtles are now

strong enough to survive entirely on their own in the wild. That's the goal every time.”

Scientists from the Aquarium’s research arm, the Anderson Cabot Center for Ocean Life, worked with the Rescue team to tag the turtles for post-release monitoring. The tags collect information about the turtles’ behavior, habitat use, and survivorship, which helps inform sea turtle conservation and protection efforts, especially in New England where little is known about these species. This season, the team is using a combination of satellite tags for real-time data and acoustic tags for longer-term tracking; some of the turtles will be added to the Aquarium’s Sea Turtle Tracker for the public to follow their journey. This sea turtle work is permitted by the U.S. Fish and Wildlife Service through Permit Number ES69328.

During the 2025 cold-stunning season, the Aquarium treated nearly

500 live sea turtles, most of them Kemp’s ridleys, that were rescued from the shores of Cape Cod from November to December by staff and volunteers with Mass Audubon’s Wellfleet Bay Wildlife Sanctuary. Getting these turtles back to full health requires a collaborative effort between biologists, veterinarians, and researchers. Under the U.S. Endangered Species Act, Kemp’s ridley sea turtles are endangered, facing threats including climate change, ocean pollution, and degradation of their habitats. Rescue and rehabilitation efforts help to conserve the species.

The Aquarium has now released 35 turtles off Cape Cod this summer. A handful of turtles remain at the Aquarium's Quincy facility, continuing treatment until they are medically cleared to return to the ocean.

Aquarium staff, volunteers, and interns have a tradition of naming the turtles receiving long-term care, with this year’s theme be-

ing font-inspired names. More details on the released Kemp’s ridley sea turtles:

•“Times New Roman” (#512)

Stranded Dec. 3, 2025, in Dennis, MA

•“Papyrus” (#579)

Stranded Dec. 5, 2025, in Wellfleet, MA

•“Gigi” (#590)

Stranded Dec. 5, 2025, in Brewster, MA

•“Walter Turncoat” (#644)

Stranded Dec. 10, 2025, in Truro, MA

•“Punk Kid” (#659)

Stranded Dec. 11, 2025, in Truro, MA

The New England Aquarium is a nonprofit research and conservation organization that has protected and cared for our ocean and marine animals for more than 55 years. We provide science-based solutions and help shape policies that create measurable change to address threats the ocean faces. We inspire action through discovery and help create engaged, resilient communities.

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Thibeau // CONTINUED FROM PAGE 1

of the Great Blizz hockey team. Thibeau is one of the head coach for the Blizz, a Boston Bruins-Alumni-sponsored hockey program for players with disabilities.

Growing up in Winthrop, Dick, whose grandparents were from Nova Scotia, was taught to play hockey by his older brother, Robert. He is a 1963 graduate of Win-

throp High School.

“I played my sophomore year at Don Bosco High School,” recalled Thibeau. “I finished my high school years at Winthrop High, who didn’t have a team until a few years after I graduated. “When I was a teenager, I skated on Lewis Lake, which was called the creek side. Then we would rent ice at Lynn Arena, Boston

Arena, and McHugh Forum at Boston College. Larry Larsen, Dick Dimes, and Mort Buckley also started a youth hockey program at Cronin Rink in Revere.”

In the late 1960s and early 1970s, Thibeau and his friends would play pickup games at Porazzo Rink in East Boston. When Larsen Rink (now the Larsen Rink at the Mike Eruzione Center) opened in 1973, “we slid over to renting ice in Winthrop and I’ve played weekly at Larsen Rink for the past 53 years.”

Thibeau said his favorite hockey memories are playing hockey with Howie Conley, Jackie Fife, Gus Foley, John Farley, Johnny McDonald, Pudge Lally, Pudge Lally, Leo Dawson, Bobby DeGregorio, and Paul Gallivan.

Thibeau said the current group of seniors includes Jackie Duyon, Jim Merlino, and Jimmy Griffin, along with some out-of-town players.

“We call it the Beer League,” said Thibeau, smiling.

Thibeau is also the head coach of The Great Blizz, a Boston Bruins Alumni-sponsored hockey program for players with special needs.

Thibeau said his favorite all-time hockey player is Eddie Shack, who was a

member of the 1967 Stanley Cup champion Toronto Maple Leafs before being traded to the Boston Bruins where he played two seasons.

“Clear the track, here comes Shack,” said Thibeau.

Like other Winthrop residents, Thibeau watched with town pride in 1980 when favorite son Mike Eruzione led Team USA to a gold medal.

Thibeau said his favorite hockey number is 9, which was worn by several great NHL players such as Gordie Howe, Maurice Richard, Andy Bathgate, Bobby Hull, and Johnny Bucyk. Thibeau remembers buying his first hockey stick at Bucky Warren Sporting Goods in Boston for the price of \$3.25. He noted he still uses a wooden hockey stick.

“I guess my only regret was that Winthrop did not have a hockey team when I was in high school,” said Thibeau. “And my final message to all players is: pass the puck, and be a good teammate.”

For his entire life, Thibeau has been a good teammate and in the sport he has calls his favorite. This fall, Thibeau’s devotion to hockey will be recognized with induction into the Hall of Fame.

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LOCAL STUDENTS EARN ACADEMIC HONORS

REGIS COLLEGE AWARDS DEGREES TO MORE THAN 1,000 STUDENTS, INCLUDING 628 NURSING DEGREES

As it begins to recognize its centennial year, Regis College celebrated its 96th commencement on Saturday, May 9 at the Leader Bank Pavilion, where it awarded 1,036 degrees from associate to doctoral levels including to Melisa Lopez Martinez, of Winthrop, who

received a Social Work degree... With more than 600 nursing students graduating, the degree was once again the highest number awarded among the university's programs amid the local, regional and national nursing shortage. To address the urgent need for health care professionals during a national and regional nursing shortage, Regis has graduated more than 3,700 nursing students in the past five years.

With her approaching retirement on June 30, Antoinette Hays, PhD, RN, reflected on her 15 years as president in her final remarks to the graduating class. President Hays was awarded an honorary degree for her compassionate and visionary leadership. This year's commencement marks the conclusion of President Hays' leadership of the university. Kerry Kennedy, President of the Robert & Ethel

Kennedy Human Rights Center delivered the commencement address and received an honorary degree. Honorary degrees were also awarded to Kathleen Jose '87, '94, MSN, RN, former chair of the university's board and chief nursing officer of Lahey Health; Tracy Palandjian, MBA, co-founder and CEO of Social Finance; and Gerald Algere, senior vice president and managing director of institutional banking at The Washington Trust Company.

countries. They study at the main campus in Atlanta, at instructional sites around the world, and through distance and online learning. As a leading technological university, Georgia Tech is an engine of economic development for Georgia, the Southeast, and the nation, conducting more than \$1 billion in research annually for government, industry, and society.

SCHOLARSHIP AT THIRD ANNUAL SOCIAL JUSTICE RESEARCH SYMPOSIUM

Cosponsored by the Writing Program and the Center for Student Engagement, the symposium features student research panels, poster presentations, art/music displays and performances, and thesis slams from students across the university's undergraduate and graduate programs.

More than 200 students participated in the event, highlighting Regis' mission to cultivate students as change agents in their communities, and to encourage them to serve and lead as advocates for a more just and compassionate global society.

"This is the third annual symposium bringing together the research and voices of students, faculty, and staff at Regis to explore unsolved issues in our local and larger communities," said Associate Professor of the Writing Program and Symposium Coordinator Jennifer Krusinger, PhD. "At a time when AI plays an ever-more dynamic and unpredictable role in many of the professions and our society, this event underscores the power of our mission at Regis and our unique emphasis on the human role in identifying a need, taking responsibility, and developing solutions in a socially just way."

Students who presented their research included: Ariana Hernandez, of Winthrop (02152), a Nursing major, presented on "Social Media: Insecurity and Algorithm Effects Amongst Youth". Melisa Lopez Martinez, of Winthrop (02152), a Social Work major, presented on "The Right to Belong: Voices, Struggles & The Pursuit of Opportunity".

Bread of Life annual 5K Fundraiser set for September 26

Special to the Transcript

Bread of Life's Annual 5K Walk Fundraiser is Saturday, September 26th at Bread of Life, Malden. Start time 12PM. This year's Walk is in Honor of Mea Mustone. From her first time laughing alongside Tom Feagley, Bread of Life's beloved first Executive Director, Mea Mustone learned the power of neighbors and the vision of "Food for the body...Nurture for the soul." Mea started volunteering at Bread of Life as a high school Confirmation student at St. Francis of Assisi Parish in Medford, preparing meals and communing with guests and volunteers. Over the past thirty years, Mea has made Bread of Life an integral part of her life. After graduating from Boston College where she learned the Jesuit motto, "Women and Men for Others," Mea formed a partnership between Healthy Malden, where she worked at the time, and Bread of Life. She served as Bread of Life Board President more than once over the years and was a long standing Board member. In her current role at Malden Catholic High School,



Mea Mustone is this year's Bread of Life 5K Walk honoree.

Mea continues to share the joy of Bread of Life with students at their monthly Supper Club. Mea serves Bread of Life with the support of her husband Tim and their six children, Quinn, Teagan, Cullen, Nevin, Rowan and Declan. Mea lives by a quote by Dorothy Day, a great Catholic visionary, "We cannot love God unless we love each other, and to love we must know each other." She believes that the greatest gift of Bread of Life is the chance to gather with neighbors at the same table. Inspired each day by Tom Feagley, Kathy McKenna, Father Casey, and Gaby Snyder Stelmack, Bread of Life Executive Director,

Mea shows the most important thing we can do for each other is break bread together. Please join Bread of Life's Walk in honoring Mea Mustone, Saturday, September 26th. Walk start is 12PM, beginning and ending at Bread of Life, 54 Eastern Ave. Malden. Ice cream to be served at end of Walk. Register at www.bread-offilmalden.org Founded in 1980, Bread of Life is one of the largest providers and distributors of food to at risk families in Greater Boston. In 2025, Bread of Life staff and volunteers served over one million meals to hungry, homeless, and isolated families and individuals. Programs provided by Bread of Life include serving evening meals four nights per week to approx. 100 guests in addition to offering food pantry services from Malden and Everett food pantries. The Bread of Life Backpack Nutrition Program serves nutritious food and snacks to Everett school students. Bread of Life also delivers food to senior citizens in public housing and to at-risk teens and homeless families sheltered in local motels.

★ THE ★

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The Kim Cup benefits the Kim Wessling & Peter J. Martino Jr. Legacy Fund, established in memory of Kim Wessling Martino, a lifelong Winthrop resident, Viking athlete (Class of '77), devoted educator, and beloved member of the community.

The Fund is establishing a scholarship program for graduating Winthrop High School (WHS) seniors pursuing degrees in education while supporting organizations advancing Lupus and HLH research. Through these initiatives, the Fund seeks to invest in future educators, accelerate medical progress, and create lasting impact in the communities it serves.

Every sponsorship helps us invest in future educators and continue Kim's legacy in the community she called home her entire life.

MAXIMUM VISIBILITY

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2026

MAW XXXII

Cottage Park Yacht Club Regatta | to benefit Make-A-Wish

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FRIDAY, JULY 31ST, 2026 - 6:30 • 10:30 PM

For 32 years, Cottage Park Yacht Club has raced Boston Harbor for a cause. The weekend opens with the Make-A-Wish Soiree — and this year, it's dedicated to the memory of **Edward "Pudgy" Lally**, whose lifelong devotion to CPYC's youth sailing program put a generation of kids on the water.

Live music from John Polino and the Second Hand Band. Food and beverage tastings from Ghost Tequila, Harpoon, Tito's, Ruby Wines, GG's Gourmet Catering, The Beacon, Twisted Fate Brewing, and more. **Exclusive raffles and auctions throughout the night.**

Every ticket helps grant a wish for a child facing critical illness.

Tickets \$125. Scan QR Code to reserve your spot.

SHARE YOUR NEWS

The Winthrop Sun Transcript encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. The Independent also encourages readers to e-mail news releases to editor@winthroptranscript.com.

Special to the Transcript

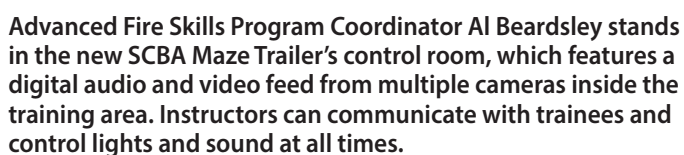
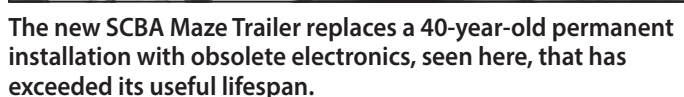
“One of DFS’s most important responsibilities is ensuring firefighters across Massachusetts have access to the highest-quality training possible,” said Public Safety and Security Secretary Gina Kwon. “That means continually investing in modern equipment and training environments that reflect the dangerous and unpredictable conditions firefighters face in the field. Better training builds more

This year, DFS marks 30 years of training Massachusetts firefighters through the MFA. Since 1996, the Academy has prepared thousands of firefighters for the challenges of the job while continually evolving its training programs to reflect new technologies, emerging hazards, and best practices. The

Inside the maze, firefighters navigate dark, confined, and unfamiliar environ-



Last year, the MFA's Springfield-based mobile SCBA maze supported training for more than 500 municipal firefighters. The addition of a second road-worthy mobile unit will expand training opportunities for fire departments across Massachusetts while continuing to support recruit training at the Stow campus.



Program Coordinator Dennis Ball of the Massachusetts Firefighting Academy's Special Hazards program surveys the new SCBA Maze Trailer's interior. The multi-level prop allows firefighters to navigate dark, confined, and unfamiliar environments while wearing full turnout gear and self-contained breathing apparatus.

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THE FINAL PUSH IN THE LAST 100 DAYS BEFORE ELECTION DAY

With 100 days until the Massachusetts primary, local leaders and campaign supporters gathered just across the town line in

Beachmont Square last Sunday for a joint canvassing drive. The get-out-the-vote effort brought out supporters for the Healey-Driscoll

ticket as well as State Rep. Jeffrey Rosario Turco, who represents Winthrop and Revere.

To connect directly with voters on the doorstep, State Senator Lydia Edwards and State Rep. Jeff Turco were joined by State Rep. Jessica Giannino, Revere Mayor

Patrick Keefe, and members of the Revere City Council as they hit the pavement to answer questions, share their message, and urge res-

idents to make their voices heard at the ballot box.



Massachusetts State Senator Lydia Edwards is shown with State Representatives Jeffrey Rosario Turco and Jessica Giannino, and Regional Field Organizer for Healey-Driscoll, Eric Toalson.



Senator Lydia Edwards, Representatives Jessica Giannino, Jeff Turco and Mayor Patrick Keefe all joined in for the support of the Healey-Driscoll ticket on the September primary ballot.

The Next One

American Idol sensation John Foster will perform at Kowloon Aug. 15

By Cary Shuman

The phrase, “The Next One,” comes from the National Hockey League to describe the exceptional rising stars hoping to match the incredible achievements of Wayne Gretzky, known as “The Great One.”

In the music industry, we have found “The Next One,” and he is 20-year-old John Foster, the incredibly talented singer, songwriter and guitar player, who garnered international acclaim as a runner-up on American Idol season 23 in 2025.

On Aug. 15, Foster will make his first Boston-area appearance for a live concert at the Kowloon in Saugus. Tickets are selling fast as many are lining up to join the rapidly growing “Foster Roster” of admirers.

American Idol fans cherished his unique country music-singing style, his dynamic stage presence, and ability to energize and inspire his audiences. They also learned that he is an impressive, articulate young man who was co-valetictorian of his high school class.

A native of Louisiana, Foster had his first music performance in July, 2022, at a local restaurant and bar that his family had frequented “since I was a small kid.”

“It was very special for me to do my very first gig there,” said Foster, who continued with three-hour acoustic shows in Louisiana venues.

In November, 2024, Foster auditioned for American Idol in Nashville and would go on to earn his “Golden Ticket” to Hollywood. Week by week, Foster showed tremendous range and built a national following. While some have compared Foster’s charm and appearance to 1970s teen idol David Cassidy, it was Foster’s Elvis-style performance of “Jailhouse Rock,” that had his fans craving for more. His original song, entitled, “Tell That Angel I Love Her,” written in trib-

ute to his late friends Maggie Dunn and Caroline Gill, who passed away in a car crash, became immensely popular. The song continues to resonate well and elicit emotional responses from audiences.

Currently on tour, Foster drew standing ovations for his July performances at the Grand Old Opry in Nashville, country music’s biggest stage.

“The tour’s going really great,” said Foster. “I enjoy every moment of it. It always great to see places that I probably would never have seen before.”

‘An amazing journey’

Foster understands the far-reaching magnitude of his successful run on American Idol, which continues to be the top star-discovering show of its kind.

“It’s been an absolutely, amazing journey,” said Foster. “I was talking to Amy Grant and Vince Gill last night at the Opry, and they were asking me how everything is going and I told them I just got back from Canada a couple of days ago and flew to Nashville, and I was tired, but this is the level of busy and tiredness that I’ve been praying for, for many years. So, it’s so good to travel the country, meet people, and play music for so many people.”

Foster said he was “a late bloomer” when it comes to music.

“I’ve always been a very musical person and came from a musical family, but not in a creation sense, in a listening sense,” said Foster. “My family and I listened to music all the time, I really didn’t start making it or performing it until I was about 16.”

Foster said after high school, he matriculated at Louisiana State University (LSU) in pursuit of a degree in biology and an eventual spot in medical school specializing in oncology.

“I only did one full se-

mester in person at LSU (he is a big and knowledgeable Tigers’ football fan),” said Foster. “It was in November of that semester that I auditioned for Idol. The next semester, I studied online because I was in Los Angeles. Then I made the decision to pause my college career for a little bit. I will go back and get my degree at the right time.”

Foster said his American Idol experience was memorable and impactful, enjoying the opportunity to meet legendary host Ryan Seacrest and Idol’s superstar judges, Lionel Richie, Luke Bryan, and Carrie Underwood, the 2005 Idol winner.

“They’re all great people,” said Foster. “They were the first encounters that I had with really big stars like that, so just to see them with my own eyes and

to meet them, it was very interesting to me. I had been watching them on TV and seeing them on their albums and CDs for my entire life. The whole Idol experience was tremendous. They put in so much effort and so much work into the show to make as many people entertained as possible, and it was a true treat to be a part of something like that.”

Next month, “The Next One” – John Foster – comes to the nation’s most famous Chinese restaurant, Kowloon, to perform – and as they say, get your tickets early, because this show will certainly be sold out.

John Foster is a country singer and songwriter from Addis, Louisiana, known for his rich, classic sound and honest songwriting. The American Idol Season 23 runner-up has been men-



American Idol season 23 runner up and rising music star, John Foster.

tored by some of music’s most respected artists and continues to be a recurring guest on the Grand Ole Opry stage, earning praise for keeping traditional country alive with a fresh, heartfelt style.

Grounded in his strong

Christian faith and Louisiana roots, he’s paving his own path while honoring the legends who came before him.

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LEGAL NOTICE

PUBLIC HEARING DATE OF AUGUST 4, 2026

Notice is hereby given in accordance with Section 2.9 (c) of the Code of the Town of Winthrop that the Winthrop Town Council will conduct a Public Hearing on Tuesday, August 4,

2026 at on/about 6:30 PM In the Harvey Hearing Room that the Town Council vote to appropriate the sum of ONE MILLION ONE HUNDRED THOUSAND DOLLARS (\$1,100,000) (1) to pay costs to replace water meters, exercise water valves and replace water valves as necessary to the Town's water system, including the payment of costs incidental or related thereto; and (2) to raise this appropriation by authorizing the Treasurer, with the approval of the Town Manager, to issue bonds or serial notes under the provisions of Massachusetts General Laws Chapter 44, as amended or any other enabling authority; or (3) to take any other action relative thereto.
Denise Quist
Town Clerk/Council Clerk
7-21-26

7/30 W

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More than an itch: treating and preventing summer insect bites and health risks

Dr. Ana Stankovic, chief medical officer, UnitedHealthcare of New England

Between backyard barbecues, beach vacations, and hiking trails, warmer weather encourages us to spend more time outdoors. But alongside all the summer fun in the sun comes the often-overlooked health risk of insect bites and stings. Many people consider insect bites to be nothing more than an itchy inconvenience. A mosquito bite, a bee sting, or a tick found after a hike may seem like an inevitable part of enjoying nature. However, some bites and stings can lead to serious health concerns, including severe allergic reactions and diseases. West Nile is one of the most common mosquito-borne diseases in the continental United States, and Lyme disease is one of many illnesses caused by a pathogen ticks may carry. The challenge is that it's often difficult to tell the difference between a harmless insect and one carrying disease, and many tickborne diseases share signs and symptoms. That's why prevention and awareness are so important. Nearly one in 10 Americans experiences a tick bite each year, yet nearly two-thirds of adults report that they rarely or never check themselves for ticks after spending time outdoors. Knowing how to reduce insect bites, identify symptoms, and understand when to self-care vs. seek medical attention can create an enjoyable, pest-free summer. Spot the Signs Most insect bites cause mild reactions such as itching, redness, warmth or minor swelling, and these symptoms can typically be managed with basic first aid. Washing the affected area, applying an ice pack, and using over-the-counter anti-itch creams or antihistamines may help relieve discomfort. However, certain symptoms should never be ignored. Difficulty breathing or swallowing, swelling of the lips or throat, nausea, vomiting, cramping or severe headaches may indicate a serious allergic reaction and require immediate medical attention. Importantly, half of all fatal reactions to insect stings occur in people with no previous history of severe allergies, underscoring the importance of recognizing warning signs quickly. Any tick bites that lead to fever and chills, aches and pains, fatigue, or rashes should be addressed by a healthcare provider. Tick-borne pathogens can cause fever and rashes that can vary or be absent, along with different associated symptoms depending on the specific pathogen. Based on your symptoms, examination, the geographic region where you were bitten, and lab results, a medical professional can develop an appropriate treatment plan. Before the Bite Prevention remains the best defense against bug-related illnesses. Wearing long sleeves and pants when possible, using EPA-registered insect repellents and taking precautions around your home can significantly reduce exposure. For ticks, a thorough body and scalp check after spending time outdoors is essential, particularly because ticks can live in any grassy, brushy or wooded area. This is especially important in Massachusetts, which has a high incidence of reported Lyme disease cases. Mosquito prevention matters just as much. Repairing damaged window and door screens and eliminating standing water around your home—including bird baths, flowerpots and unused containers—can help reduce mosquito populations and lower the risk of mosquito-borne diseases. If camping and sleeping in the great outdoors, use bed nets pre-treated with pyrethroid insecticide to protect against mosquitos. Paying attention to CDC Travel Health Notices and any travel warnings and recommendations is the primary way to know what insect risks exist in your area. For the stinging variety of insects such as honeybees, yellow jackets, and white-faced paper wasps, a few precautions can help avoid painful stingers and anaphylactic reactions. These insects are attracted to bright colors, strongly-scented perfumes, and accessible food and drinks, so being mindful of clothing and covering your picnic basket can keep bees away. Additionally, stepping on stinging insects while walking barefoot or in flip flops should be avoided for those worried about allergic reactions. Summer should be a season of fun, exploration, and meaningful time spent outside. By treating insect bites and stings as more than a seasonal nuisance and taking a few simple preventive steps, we can better protect ourselves and our families and enjoy the outdoors more safely.

NEWS FROM AROUND THE REGION

LA COLABORATIVA CELEBRATES ADULT ED AND WORKFORCE DEVELOPMENT GRADS

CHELSEA- La Colaborativa recently celebrated the graduation of more than 230 students who successfully completed its Adult Education and Workforce Development programs during the Winter and Spring 2026 cohorts. The ceremony recognized the achievements of community members who are building brighter futures through education, workforce training, and economic opportunity. A total of 262 certificates were awarded across 10 educational and workforce development programs, including ESOL, Citizenship, Computer Skills, Digital Education, and Carpentry Pre-Apprenticeship. Each graduate represents a story of resilience, determination, and perseverance.

Many balanced work, family responsibilities, and other challenges while pursuing new skills that will open doors to greater economic mobility and long-term success. One of the evening's most significant milestones was the recognition of 12 graduates from La Colaborativa's Carpentry Pre-Apprenticeship Program, all of whom have already been accepted to begin their pathway into the North Atlantic States Regional Council of Carpenters, launching careers in the skilled trades. The ceremony also featured an inspiring address from Loci Bay, whose journey embodies the transformative impact of La Colaborativa's programs. Bay first enrolled as a student in the organization's ESOL and Digital Education classes and now serves as a Teaching Assistant, helping empower the next generation of adult learners. "Education creates opportunity, strengthens families, and transforms communities," said La Colaborativa leadership during the celebration. "Every certificate awarded represents determination, resilience, and the belief that a better future is possible." La Colaborativa's Adult Education and Workforce Development initiatives provide immigrant and working families with the knowledge, technical skills, language proficiency, and career pathways needed to achieve economic mobility and build stronger futures. The organization congratulates the Winter and Spring 2026 graduating class and celebrates the beginning of the next chapter in their educational and professional journeys

VAN CAMPEN REVIVES EVERETT FARMERS MARKET AFTER MORE THAN 10 YEARS

EVERETT- Shoppers picking out fresh fruit and vegetables under a vendor's tent. The City of Everett welcomed residents to its first Farmers Market in more than 10 years on Saturday, July 11, marking the return of a long-requested community tradition that expands access to fresh, affordable food.State & Local Government Held on School Street off Broadway from 11 a.m. to 3 p.m., the market featured a variety of local vendors offering farm-fresh fruits and vegetables, homemade baked goods, botanical plants, prepared foods, and other locally made products. "Bringing the Farmers Market back to Everett is something residents have been asking for, and I'm proud we've made it happen," said Mayor Robert J. Van Campen. "It's an opportunity to support local businesses, strengthen our community, and create a welcoming place where neighbors can come together throughout the summer." The Farmers Market will return throughout the summer.

See REGION Page 12

CHELSEA LAUNCHES 'SUMMER IN THE SQUARE'

A BIRD'S-EYE VIEW OF CHELSEA SQUARE: Aerial drone footage captured on Sunday, July 19, by Chelsea Fire Department Deputy Chief Joseph Conlon shows Chelsea Square, the hub for the City's newly announced "Summer in the Square" event series. Building on the momentum and foot-traffic boost from its FIFA World Cup "Fiesta Fútbol" watch parties, the City of Chelsea and local partners are activating the area as a permanent "third space" gathering spot for residents, visitors, and local businesses. The free programming runs Tuesdays, Thursdays, and Saturdays through August, featuring a permanently relocated Chelsea Farmers Market, outdoor movie nights on a 9' x 16' LED screen, car shows, comedy nights, and family playzones. To support the events, 2nd Street — from Park Street to Broadway — will remain closed to vehicular traffic. For a complete schedule of events, visit www.discoverchelseama.com/summer-in-the-square.



ROBERT A. DELEO SENIOR CENTER

WEEKLY ACTIVITY SCHEDULE

AUGUST 3RD–AUGUST 7TH, 2026



MONDAY

11:30-2:30pm
Game Day
(Mahjong, Cards and Cribbage)

4:00pm-5:00pm
Cardio Drumming



TUESDAY

9:30am - 10:30am
Exercise Class (\$1)

11:00am-12:00pm
Blood Pressures

12:30pm-2:30pm
Art Class with Dawn (\$6)

12:30pm-2:30pm
SHINE Counseling

1:00pm-2:00pm
Legal Aid Clinic



WEDNESDAY

10:00am-12:00pm
Bereavement & Caregiver Support

10:30am-11:30am
Zumba With Cindy

11:45am-12:45pm
Tai Chi/Qi Gong



Public Computer Usage

Tuesday-Thursday
9:00am-3:00pm

Friday
9:00am-12:00pm

THURSDAY

9:00am-3:00pm
Medical Pedicures

9:30am- 10:30am
Exercise Class (\$1)

12:00pm-12:30pm
Dine-In Lunch
(must order by 11am Wednesday)

12:45pm- 3:00pm
Bingo
\$3 for 2 cards; \$1 each extra card.
6 cards max



FRIDAY

10:00am-11:00am
Line Dancing (\$5)



For more information on Senior Center programs and trips, as well as lunch menus and resources, go to our website



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Commissioner rejects proposed rate increase from Fallon Community Health Plan, re-negotiated seven proposals to save \$72 million for 670,000 residents

Special to the Transcript

Governor Maura Healey today announced that the Division of Insurance has negotiated down proposed rate increases from seven health insurers, saving Massachusetts residents and businesses a projected \$72 million in health care premiums for 2027.

The Division of Insurance re-negotiated lower rates with Blue Cross Blue Shield of Massachusetts

HMO Blue, INC., Harvard Pilgrim Health Care, Health New England, Mass General Brigham Health Plan, Tufts Health Public Plans, United Healthcare and WellSense Health Plan. These efforts will result in savings for the approximately 670,000 Massachusetts residents and businesses who are enrolled in these plans in the Massachusetts merged market.

Commissioner Michael Caljouw also rejected Fal-

lon Community Health Plan’s proposed 25.7% rate increase for being excessive and inconsistent with his responsibility to Massachusetts consumers and businesses. This disapproval is now subject to an administrative appeal process should the insurance company choose one.

“Massachusetts residents and businesses are already struggling with the high cost of health care. Nobody can

afford massive increases in their health insurance premiums on top of that,” said Governor Healey. “Commissioner Caljouw and his team are always looking for ways to lower people’s costs – whether that’s by capping co-pays and deductibles or removing prior authorizations. Now, he’s saving people tens of millions of dollars next year by negotiating with affordability as his focus.”

Last year, Governor Healey signed legislation that increased the Division of Insurance’s consideration of affordability during his review of the merged market rate filings. As a result, Commissioner Caljouw was able to initially save residents and businesses \$54 million in 2026 by re-negotiating rate increases.

Governor Healey has also taken action to cap health care co-pays and deduct-

ibles for the first time in Massachusetts history, and further lowered that cap this year to save people an estimated average of \$232 per year. She also eliminated prior authorization requirements for many routine and essential health care services, reducing delays and administrative costs for patients and providers, and prohibited medical debt from appearing on consumer credit reports.

FRESH & LOCAL

We love affogatos

By Penny & Ed Cherubino

We’ve always been surprised that dining spots that serve espresso drinks and ice cream don’t have affogatos on their dessert or after-dinner drink menus. We hope that as these traditional Italian drinks gain traction on social media, the hospitality industry will recognize that this can be a welcome and profitable add-on to a meal tab.

Affagato Ingredients

Let’s begin with translation. In Italian, an espresso is called “un caffè.” Affagato means “drowned,” and “correcto” means corrected. Finally, gelato is the ice cream traditionally used in these drinks. Therefore, an affagato, in its simplest form, is gelato or ice cream drowned in espresso.

An affagato corretto adds a small amount of an alcoholic spirit. For what it’s worth, there is also a “un

caffè corretto,” which is an espresso with a spirit added.

Your choice of spirit (usually about half an ounce) can take the drink two ways. Liquors like Amaretto, Frangelico, Sambuca, Kahlúa, or Cream Liqueurs make the drink sweeter. Dry spirits like Grappa, Rum, Bourbon, Irish whiskey, or Brandy can add flavor without added sweetness. Remember, the base flavor you are adding to is coffee. Try to choose additions that complement the strong, bitter taste of espresso.

ice cream industry became modernized. However, some say that a medieval friar called Angelico from the Piedmont region of Italy spontaneously blended ice cream with espresso, creating affogatos.”

While the origin is in Italy, the world soon caught on, and it was added to cafe and restaurant menus worldwide. However, Tasting Table also points out that the word affogato was not added to the Merriam-Webster Dictionary until 1992.



Here’s the setup for pour-your-own affogato corretto: vanilla ice cream in the cup, espresso in the tiny pitcher, and a shot of amaretto in the glass.

dish, pour her liquor mixture, then the espresso, and top it with shaved chocolate, cocoa nibs, and salt.

This is the type of recipe on social media that is bringing affogatos to a new audience. But there is still a place for the simplest version that we make at home.

and one shot of espresso from our Nespresso machine. She can vary the flavor by using different espresso capsules. This treat comes in at around 150 calories, and she uses it when she’s craving something special. The ritual of making the drink and savoring it is part of the experience.

ensure the combination of cold and heat does not cause the glass to crack from temperature shock. At home, we make ours in bone china cups that are exceptionally strong and stable across a range of temperatures.

Final Thoughts

Choose the container for your affagato carefully to

Region // CONTINUED FROM PAGE 10

mer on July 25, August 8, August 22, and September 12, with additional vendors expected to join in the coming weeks. Residents can continue to look forward to a growing selection of fresh produce, flowers, baked goods, prepared foods, and other locally sourced products. Shoppers will also be able to use WIC, Healthy Incentives Program (HIP), and Farmers Market Nu-

trition Program (FMNP) benefits and coupons to purchase eligible items.

The return of the Everett Farmers Market responds to a long-standing request from residents and advances priorities identified by the Everett Food Policy Council to improve access to nutritious food and strengthen the local food system.

The City hopes the market will become a lasting

community gathering place that supports local businesses while promoting healthy living across Everett.

A CONVERSATION WITH MAYOR WU: “BOSTON SHOULD BE A HOME FOR EVERYONE”

EASTIE- “Boston should be a home for everyone,” Michelle Wu said, gazing

forward with measured confidence as she reflected on the city’s future.

For Wu, that idea has shaped both her leadership and her vision for Boston since first taking office as mayor in 2021. But Wu’s leadership is shaped by more than policy alone. As Boston’s first woman and first Asian American elected mayor, her path to City Hall has carried both historic significance and personal responsibility.

Before becoming Mayor, Wu served on the Boston City Council, where she witnessed firsthand the challenges of navigating leadership in spaces where women were often underrepresented. She recalled that when she was first elected in 2013, she was one of only two women on the council alongside her colleague, Ayanna Pressley, the first woman of color to be elected to the body. Wu noted that for a period of time, the two were simply referred to as “the women councilors.”

Considering this, one question I raised centered on these milestones and whether the labels attached to them have ever created a unique sense of pressure in her leadership.

Wu spoke consistently of the idea of representation not simply as symbolism, but as a responsibility to ensure every resident feels seen; to make sure every room and space she is in bridges different communities into her decision-making. She emphasized that she is inspired everyday by the leaders throughout Boston’s neighborhoods who are the “firsts” in many areas, culturally, educationally, nationally, and more. And she notes that having

a community where these experiences are shared amongst so many people keeps the doors open for a second, and then a third, until it becomes normal for people to see that leadership everywhere.

I also asked Wu to reflect on whether the reality of serving as mayor over the past five years has matched the expectations she held while first campaigning for the office.

Wu acknowledged that she was not new to City Hall when she first ran for mayor, having already served eight years on the City Council, including a two-year term as president. Yet even with that experience, she admitted no one could have predicted the vastly different political and social climate that would define today. From the rapid rise of artificial intelligence to the escalating realities of climate change, the challenges facing city leadership have evolved in ways few could have anticipated.

Still, Wu emphasized that while the government cannot control everything, it remains the place people turn to in times of uncertainty and need. “This is what drives me every day,” she said, explaining that public service matters because it is where meaningful action can directly improve people’s lives.

Finally, as a college student myself, I wanted to raise an issue that feels deeply personal to many students and young professionals in Boston: whether living in the city will remain financially attainable. I asked Wu what progress she hopes to make on housing affordability by the end of her term.

Wu responded with cau-

tious optimism, pointing to ongoing efforts to expand housing supply while acknowledging the scale of the challenge. She highlighted the city’s Office-to-Residential Conversion Program, which seeks to transform empty and underused office buildings into new housing opportunities, as one example of Boston’s efforts to increase available housing stock. Wu also discussed the Co-Purchasing Housing Pilot Program, designed to help families and households pool resources to purchase homes together and improve pathways to homeownership. In addition, she noted Boston’s broader efforts to rezone key areas and streamline the permitting process in order to accelerate housing development.

As the conversation drew to a close, one idea remained constant throughout Wu’s reflections: the belief that leadership is measured not only by policy, but by people. She stressed that every single day she gets to experience the greatest sense of inspiration from throughout the city. That it is a wonderful gift that the people of Boston trust their city government to share their biggest dreams, challenges, and fears.

Whether discussing representation, public service, or housing, Wu accentuated her vision, one rooted in belonging and the hope that Boston can build the future that she knows is possible. In that sense, the words that opened the conversation felt just as fitting as its end. Boston, in Wu’s eyes, should remain a home for everyone for the many years to come.

Mia Hart is a student at Boston College.

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