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WINTHROP

SUN  TRANSCRIPT

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THURSDAY,
September 26, 2024

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INDEPENDENT



Newspaper Group

DEATHS

Antoinette "Dolly" Passaro

William Phillip McGinness

Obituaries Pg. 5

NEWS Briefs

FALL CLOTHING AND COSTUME SWAP WITH PROJECT PLAY

Get the kids ready for fall an Halloween by rounding up those costumes and outgrown clothing & bringing them down to the swap shop! No need to buy new- just shop the swap!

Accepted items include ages 0-12+ clothing, accessories, and costumes. No equipment please. Swapping is not required for shopping! Remaining items will be donated to local charity. Kids welcome!

The event will be held on Saturday September 28 from 10:00 am to noon.

Drop-off items will be accepted from 9:00-10:00 am at Saint Johns Episcopal Church, 222 Bowdoin St, Winthrop.

FEAST OF SAINT MICHAEL THE ARCHANGEL PLANNED

Saint Michael's parish picnic takes place this Sunday, September 29.

See NEWS BRIEFS Page 5

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Council President hosts public forum

By Adam Swift

A little over 20 residents attended a public forum hosted by Town Council President Jim Letterie on Tuesday night.

Letterie said there was a healthy, respectful dialogue on a number of the big issues facing the town, including the MBTA 3A Communities Act, the proposed school override vote, the future site of a new fire station, and flooding issues in several areas of the town.

"The conversation was respectful, people asked great questions, and I feel they got good answers,"

said Letterie.

The town recently released its questionnaire asking residents which of two potential sites for a new fire station they prefer. Those sites are at the old middle school and at the town's Walden Street basketball courts.

That survey is available on the town's website at winthropma.gov.

"There were concerns about the loss of income at the middle school site," Letterie said about Tuesday night's forum. "It seemed to be, and this is

See FORUM Page 12



Shown left, Winthrop attorney, Jerome Falbo, and his wife, Ann Falbo, were in attendance at the forum. Shown on the right, Council President Jim Letterie delivers his opening remarks during the forum.



CARY SHUMAN PHOTOS

APPRECIATION

Outstanding WHS athlete and coach Bob Guidi, 81

By Cary Shuman

Robert "Bob" Guidi, a Winthrop High Hall of Fame inductee and outstanding high school sports coach, died on Sept. 14, 2024, after a brief illness. He was 81.

Bob Guidi was the son of the late Albert J. "Obbie" Guidi and Marie Guidi and grew up on Johnson Avenue in Winthrop.

Following his career at

Winthrop High, Mr. Guidi play three sports at Tufts University, graduating in 1964. He went on to become a terrific high school sports coach, beginning with his success as head coach of the St. Mary's High School baseball team. He was a beloved teacher at Malden High School for 30 years while continuing his coaching career in tennis, football, basketball, and baseball

at high school programs throughout the area. He coached well into his late 70s.

In Winthrop, he stayed active in sports and was a former town tennis champion. He also became an exceptional golfer who played at the Winthrop Golf Club.

Tami Lynch Green was a first cousin of Bob Guidi.

See GUIDI Page 5

Town Planning board considering residential development proposals

By Adam Swift

At last week's meeting, the planning board took up two proposed residential developments that have previously been before it.

One of those projects will head to the ZBA in October, while the second was continued to the planning board's October meeting.

The proposed project at 63-69 Putnam St. is a mixed use (commercial/residential) proposal for the redevelopment of the former Surf Cleaners building as part of the continued redevelopment of the 63- 69 Putnam Street lot. The proposed project was originally for 16 1-bedroom unit apartments with common area, gym, and 13 enclosed parking spaces. The adjoining building was redeveloped in 2005 and con-

tains a commercial space which is occupied by a daycare and two two-bedroom apartments on the second floor.

At last week's planning board meeting, project attorney Rebecca Edmondson came back with a revised plan for 14 units based on previous feedback from the planning board. Edmondson said the third and fourth floors facing Putnam Street have been terraced, and the project has reduced its parking count.

Edmondson said the project includes an additional inside parking spot, raising the total from 13 to 14, as well as an additional outside spot for the daycare business, raising that total from two to three.

"They reconfigured the building itself to provide

See DEVELOPMENT Page 3

Winthrop's Shannon Raneri honored by Rep. Turco for achievements over summer

Special to the Transcript

Representative Turco was pleased to present a citation to Shannon Raneri for her outstanding journalism. Shannon won the Freedom Forum Scholarship where she then went on to Washington, DC to represent the State of Massachusetts at the Al Neuharth Journalism Conference.

The Al Neuharth Free Spirit and Journalism Conference occurs every summer in Washington



Shannon Raneri receives a Citation from State Rep. Jeffrey Turco.

D.C. for rising high school seniors who are interested in a journalism career. Al Neuharth, the founder of USA Today and The Freedom Forum, founded this conference in 1999 to inspire and empower America's future generations of

journalists. One student from each state receives an all-expenses-paid trip to our nation's capital and a \$1,000 scholarship to the college of their choice. These aspiring journalists

See RANERI Page 3

CLARIFICATION: In a Letter to the Editor in the issue of September 26, 2024 that was in response to a letter in the September 19, 2024 issue that was signed by 61 residents in the matter of the MBTA 3A Zoning Law, one signee of the September 19 letter was signaled out. This signaling out of one of the 61 signees was misleading. All 61 members of the September 19 letter collaborated on the letter not just one signee.

WINTHROP MARKETPLACE

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FIRST DAY OF SCHOOL PHOTOS SEE PAGE 7

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WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

the area of Halford Beach at Nahant and Sewall Aves.

SUNDAY, SEPT. 8

0049: A caller reported that her boyfriend's cousin was assaulted by an Uber driver. The officer filed a report.

0153: An officer directed persons playing music loudly outside at an Upland Rd. residence to take it inside for the night.

0856: An officer directed the owner of an SUV parked too closely to the corner at Cutler St. and Shore Drive to move the vehicle.

0947: An officer issued a parking ticket to a vehicle parked in the No Parking area at Washington Ave. and Shirley St.

1116: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident at Court Rd. and Pleasant St. The officer filed a report.

1121: A caller reported that a motor vehicle crashed into a utility pole at Highland and Grovers Aves. The operator was not injured and the pole was not damaged, but the vehicle was towed. The officer filed a report.

1348: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1403: An officer stopped a motor vehicle on Moore St. for a civil moving infraction. The officer gave a verbal warning to the operator.

1406: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of violating the hands-free law. The officer gave a verbal warning to the operator.

1416: An officer found a dog that was loose on Bartlett Rd. and reunited it with the owner.

1420: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1543: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1553: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1606: An officer stopped the operator of a motorcycle who was not wearing a helmet on Win-

throp St. The officer directed the operator to put on his helmet.

1940: Officers responded to a motor vehicle accident on Cliff Ave. in which a traveling vehicle struck two parked cars and then rolled over, trapping the operator. The operator was transported to the Whidden Hospital and all three vehicles were towed. An officer filed a report.

1959: An officer responded to a call from an Uber driver on Almont St. who said that a [passenger would not leave the vehicle. The officer restored the peace.

2247: The Animal Control Officer responded to a report of a raccoon that was struck and injured by a vehicle on Bartlett Rd. The officer handled the matter.

MONDAY, SEPT. 9

0019: An officer stopped a motor vehicle on Highland Ave. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer issued a citation to the operator.

0118: An officer issued parking tickets to five vehicles without resident parking stickers on Irwin St.

0134: An officer issued parking tickets to five vehicles without resident parking stickers at Wave Way and Pearl Aves.

0713: An officer responded to a report of vandalism to a motor vehicle that was parked on Crest Ave. All four tires were damaged and three windows were smashed. The registration plate also was stolen. The officer filed a report.

1023: A tow company reported the trespass tow of a motor vehicle from Governors Park.

1119: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of violating the hands-free law. The officer issued a citation to the operator.

1136: An officer stopped a motor vehicle on Washington Ave. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1211: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer issued a citation to the operator.

1421: An officer ordered a tow for a motor vehicle parked at Somerset Ave. and Pleasant St. The officer filed a report.

1525: An officer responded to a motor vehicle accident on Main St.

There were no injuries, but the Fire Dept. was notified because one vehicle was leaking fluids. The officer filed a report.

1534: A resident called the station to report being the victim of unemployment fraud by a person using his identifying information. The officer filed a report.

1643: An officer stopped a scooter with an operator and a passenger on Revere St. The officer arrested the operator, David Duque Velez, 26 of Revere, on an outstanding warrant out of the Chelsea District Court and for the criminal offenses of unlicensed operation of a motor vehicle and operating an uninsured motor vehicle. He also was cited for the civil infraction of operating an unregistered motor vehicle.

2104: An officer dispersed a person parked in a motor vehicle at Hanaford Park, which is closed after dark.

2136: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

2203: An officer stopped a motor vehicle at Revere St. and Crest Ave. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer issued a citation to the operator.

2213: An officer stopped a motor vehicle at Shore Drive and Trident Ave. for the civil moving infraction of a number plate violation. The officer issued a citation to the operator.

2240: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of violating the hands-free law. The officer gave a verbal warning to the operator.

2319: An officer stopped a motor vehicle on Washington Ave. for the civil moving infractions of speeding and excessive window tint. The officer issued a citation to the operator.

2353: An officer stopped a motor vehicle on Franklin St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator for that offense, as well as for not having his vehicle's registration in possession.

TUESDAY, SEPT. 10

0123: An officer issued parking tickets to six vehicles without resident parking stickers on Shirley St.

0158: An officer issued parking tickets to multiple vehicles without resident parking stickers on Atlantic, Lincoln, Belcher, and Centre Sts.

0310: An officer responded to a report of a disturbance among roommates in a Shirley St. apartment. The officer spoke to the parties and filed a report.

1045: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of violating the hands-free law. The officer issued a citation to the operator.

1101: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1320: An officer stopped a motor vehicle on Tafts Ave. for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator.

1326: An officer

stopped a motor vehicle on Shirley St. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1353: An officer stopped a motor vehicle at Kennedy Rd. and Main St. for the civil moving infraction of a marked lanes violation. The officer gave a verbal warning to the operator.

1530: A person came into the station to report that her parked motor vehicle had been struck and damaged by a hit-and-run operator on Harvard St. The officer filed a report.

1752: An officer advised the operator of an off-road vehicle at Yirrell Beach that it is illegal to operate a dirt bike on sidewalks, public streets, or public beaches.

2235: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer issued a citation to the operator.

2316: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer gave a verbal warning to the operator.

WEDNESDAY, SEPT. 11

0058: An officer issued parking tickets to 14 vehicles without resident parking stickers on Bowdoin St.

0132: An officer issued parking tickets to three vehicles without resident parking stickers in the municipal parking lot on Crest Ave.

0157: An officer issued parking tickets to five vehicles without resident parking stickers on Hagman Rd. and George St.

0327: An officer issued a parking ticket to a vehicle without a resident parking sticker on Hale Ave.

0601: A tow company reported the trespass tows of three motor vehicles from Governors Park.

0712: The Animal Control Officer responded to a report of two baby raccoons stuck in a dumpster at the Cottage Park Y.C.

0853: Officers arrested a 49 year-old Revere man on an outstanding warrant.

1100: A resident came into the station to report that a check he had placed in the mail was stolen and altered. The officer filed a report.

1135: A repossession company reported the repo of a motor vehicle.

1228: An officer stopped a motor vehicle on Veterans Rd. for the civil motor vehicle infraction of speeding. When the officer determined that the operator's license was suspended, the owner of the vehicle, who was working in the area, came by to take possession of the vehicle. The original operator was issued a citation for the criminal offense of operating a motor vehicle with a

suspended license and was given a warning for the speeding infraction.

1755: An officer issued a parking ticket to a vehicle partially overhanging a driveway on Trident Ave.

1901: A person called the station to report a hypodermic syringe was on the sidewalk on Shirley St. An officer came by to retrieve the needle and brought it back to the station for proper disposal.

1944: A juvenile came into the station with a head laceration and reported that he had been assaulted by three other juveniles in the park. The juvenile's father came to the station to take his son to the hospital. The officer filed a report.

2347: An officer stopped a motor vehicle on Lincoln St. for the civil moving infraction of failing to stop for a traffic control sign or signal. The officer gave a verbal warning to the operator.

THURSDAY, SEPT. 12

0001: An officer stopped a motor vehicle at Revere and Hutchinson Sts. for the civil moving infractions of failing to stop for a traffic control sign or signal and a number plate violation. The officer issued a citation to the operator.

0107: A tow company reported the trespass tow of a motor vehicle from Governors Park.

0809: The owner of a vehicle blocking a driveway on Trident Ave. was directed to move his vehicle.

1058: An officer stopped a motor vehicle at Winthrop and Lincoln Sts. for the civil moving infraction of a one-way violation. The officer issued a citation to the operator.

1112: A resident came into the station to report that she had been the victim of a "check-washing" forgery. The officer filed a report.

1520: A resident came into the station to report that he had been the victim of a "check-washing" forgery. The officer filed a report.

2012: An officer stopped a motor vehicle at Main and Walden Sts. for a civil moving infraction. The officer gave a verbal warning to the operator.

2218: An officer responded to a report from a Shore Drive resident who stated that she had just come home and that a screen on an open window was missing. The officer filed a report.

FRIDAY, SEPT. 13

0922: An officer responded to a minor motor vehicle accident on Cliff Ave. in which a person backed out of her driveway and struck another vehicle. The officer filed a report.

1332: An officer directed the operator of a motor vehicle blocking a driveway on Underhill St. to move her vehicle.

See POLICE Page 3

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Winthrop Police Civilian Police Academy sign-ups starting soon

Special to the Transcript

Winthrop Police announce sign ups for their annual Civilian Police Academy, beginning on Thursday, October 17, 2024, and continuing for 10 weekly sessions for Winthrop residents aged 18 and over.

Winthrop officers will instruct classes on subjects such as domestic violence, police exploring, motor vehicle law, patrol procedures, accidents, firearms, critical incidents, implicit bias, gangs, juvenile law, and narcotic enforcement, prevention, and treatment, along with many other topics relevant to law enforcement and community engagement. The academy will conclude with each student accompanying an

officer for a “ride-along” to experience a day in the life of patrol.

This experience is designed to bring citizens into the station to provide a clear picture of what it’s like to be a Winthrop police officer. While learning a great deal about all aspects of police work, the class is interactive, educational and fun.

Read reviews from a few past students.

“I can’t overstate how much I loved the Citizen’s Police Academy. I learned so much and it gave me a deeper appreciation for all that WPD does for our community.” Hannah Belcher, Town Council Vice President and Precinct 3 representative.

“The Civilian Police Academy offered a unique

opportunity to delve into the multifaceted world of law enforcement. The MILO simulator training and simulated traffic stops in particular, demonstrated the split second decisions officers must make to ensure safety. We got to see the human side of police work and the challenges officers may face both on and off the job.” Aaron Williams, Commission for Diversity, Inclusion and Community Relations, board member; Community Action for Safe Alternatives aka CASA Vice President, loving father and active community member.

“A great program! We learned a lot. It was very informative and fun. Everyone should try it!” the esteemed Mr. Peter Gill.

Classes will be held on Thursday nights from 6:30pm to 9:00pm for 10 sessions starting on Thursday, October 17, 2024, and running until January 16, 2025. Classes will not be held on Halloween (October 31), Thanksgiving

(November 28) and during the week leading up to and including Christmas (December 19 and December 26).

Applications can be picked up and dropped off at the police station, 3 Metcalf Sq. or can be

filled out online at www.winthroppublicsafety.com

Please feel free to contact Deputy Chief Stephen Rogers with any questions at (617) 846-1212 ex:2940 or srogers@town.winthrop.ma.us

WINTHROP DEMOCRATS CANVAS ACROSS THE BORDER IN NEW HAMPSHIRE



This past Saturday, members of the Winthrop Democratic Town Committee teamed up with the Mass Democrats and joined more than 100 volunteers in New Hampshire to door knock for Vice President Harris’ bid to be the next President of the United States. Massachusetts Democratic Party State Chairman Steve Kerrigan kicked off the canvass in Nashua. If you are interested in volunteering for the upcoming election, please feel free to reach out to the town committee at winthropdems@gmail.com. Pictured above, from left, are Hannah Belcher, Stephen Ruggiero, Steve Kerrigan, Alicia DelVento, and Cathy DelVento.

Development // CONTINUED FROM PAGE 1

for more space, more windows, especially on the ground level,” she said.

Planning board members said the changes were meaningful, but that the applicant would have to come back with more detailed plans before it could recommend approval of the project. The board also asked to see more detailed plans of the layouts of some of the units themselves.

The project will be before the ZBA in October before coming back to the planning board.

The second project that was back before the planning board last week was at 181 Winthrop St.

In May, the owner submitted a plan to develop and renovate the existing building to seven one-bedroom units in the Center Business District. The scope of the redevelop-

ment was for the construction of seven residential units within the existing building and one retail space with a maximum building height of three stories, or 43-feet plus.

However, the applicants for the project were not able to make it to last week’s meeting, and the planning board continued it to the October meeting.

Police // CONTINUED FROM PAGE 2

1537: An officer stopped a motor vehicle on Revere St. for the civil moving infraction of excessive window tint. The officer gave a verbal warning to the operator.

1551: An officer stopped a motor vehicle on Summit Ave. for the civil moving infraction of a red light violation. The officer gave a verbal warning to the operator.

1850: An officer stopped a motor vehicle on Pauline St. for the civil moving infraction of excessive window tint. The officer gave a verbal warning to the operator and directed the operator to have the tint removed within two weeks.

2119: An officer stopped a motor vehicle on Revere St. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

2142: Officers responded to a motor vehicle accident on Summit Ave. in which a Volkswagen Tiguan struck two parked vehicles. The officers brought a female into custody. All three vehicles

were towed. The officers filed reports.

2200: An officer responded to a report of a motor vehicle accident in Governors Park. The officer filed a report.

2310: An officer responded to a report of a large group of about 15 adults playing music loudly at Brewster Ave. and Pratt St. The officer directed them to turn down their music.

SATURDAY, SEPT. 14

0026: A caller reported that a large number of motorcycles were speeding on Veterans Rd. The bikers had left Winthrop and were headed into Revere by the time the officer arrived.

0030: An officer directed a male and female playing music loudly on the beach at Nahant Ave. to turn down the music.

1042: A tow company reported the trespass tow of a motor vehicle from a Crest Ave. address.

1419: A person came into the station to report that a “blue bike” that he had rented was stolen

from Morton St., where he had locked it.

1529: An officer issued a parking ticket to a vehicle parked in the Fire Lane on Shirley St.

1601: An officer ordered the tow of two trailers from the Public Landing. One had an expired registration plate and the other had a registration revoked for insurance cancellation.

1645: An officer issued a parking ticket to a vehicle parked in a handicapped spot on Locust St.

1714: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of excessive window tint. The officer gave a verbal warning to the operator.

1734: An officer spoke to the operator of a moped without a registration plate on Walden St. The operator said the plate had been stolen and that he had filed a report.

1935: An officer stopped a motor vehicle on Franklin St. for the civil moving infraction of a one-way violation. The officer gave a verbal warning to the operator.

2001: An officer issued a parking ticket to a vehicle parked in the Fire Lane on Shirley St.

2129: An officer directed persons celebrating a birthday party in the backyard of a Main St. residence to lower their music.

SUNDAY, SEPT. 15

0759: Numerous reports of a rabid raccoon on Crest Ave. were referred to the Animal Control Officer.

1333: An officer issued a parking ticket to a vehicle parked in a handicapped spot on Winthrop St.

1523: An officer responded to a minor motor vehicle accident on Edgehill Rd. in which a traveling vehicle struck a parked car. The parties said they will resolve the matter between themselves.

Raneri // CONTINUED FROM PAGE 1

that attend the conference are called “Free Spirits,” people who, as the conference’s motto states, “Dream. Dare. Do.” While in D.C., Free Spirits learn about the power of journalism, the importance of the First Amendment, how they can be fused together to leave an impact powerful enough to change society’s thinking, and what it truly means to be a Free Spirit.

“I’ve always been writing. I like to say that my love for writing started in a blanket fort with my second-grade math book. From there, I wrote

throughout elementary and middle school and in high school, I joined my school newspaper where I am now editor-in-chief. During my time at the conference, I met someone from every state, found people with similar interests as mine, and made life-long friends. Touring D.C.’s monuments enriched my understanding of history and our daily panels broadened my view of journalism. The conference allowed me to explore different types of journalism as I learned from Pulitzer Prize-winning journalists, White

House Correspondents, and authors. There, I discovered my love of political journalism. I could not have asked for a better experience with a better group of people.” Said award recipient Shannon Raneri.

“Shannon’s selection and recognition at the Al Neuharth Journalism Conference is a recognition of her hard work and achievement. She is a credit to her family, our community and the Winthrop Public Schools,” said Representative Jeffrey Rosario Turco (D- Winthrop).

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3rd Annual

WINTHROP RECOVERY EVENT

ALERT! DATE CHANGE

PLEASE JOIN US IN REMEMBERING THOSE WHO HAVE LOST THEIR BATTLE TO OVERDOSE OR ADDICTION

NEW DATE: Thursday, October 3, 2024
5:30pm-8:30pm

WHERE: Winthrop Town Hall Lawn
*****If it rains, we will relocate inside OLD MIDDLE SCHOOL*****

Join us for a candlelight procession to French Square. Food and refreshments will be served.

Purple bows will be placed around different poles in Winthrop in remembrance.

Winthrop Department of Public Health & Clinical Services

Winthrop

SUN TRANSCRIPT

PRESIDENT: Stephen Quigley - stephen.quigley@reverejournal.com
MARKETING DIRECTOR: Deb DiGregorio - deb@reverejournal.com

OUR Opinions

FOREVER CHEMICALS

ARE IN ALL OF OUR BODIES

On top of the recent news that micro-and nanoplastics are in our bodies and in just about every living thing on the planet, a new study published last week has revealed that of the 14,000 known chemicals -- commonly referred to as 'forever chemicals' because they do not break down in the environment -- that are used in food packaging, about 3500 have been found in the human body.

Microplastics and forever chemicals, which long have been known to exist in fruits and vegetables, land animals and fish, plastic water bottles, cosmetics, and household dust, now have been found to exist in almost every part of the human body, including in breast milk, the placenta, testicles, hearts, livers, and kidneys.

In short, plastics and chemicals are coursing throughout our bodies and are being passed onto our newborn children.

Although scientists have not been able to link these substances to specific health issues in humans, we have long known that these chemicals disrupt the endocrine system and cause cancer and other diseases.

We do not pretend to be scientists, but you don't need a Ph.D. to surmise that the presence of this stuff in our bodies is not good -- and unfortunately bears out the truth of the old adage, "We are what we eat."

WE NEED TO BAN STYROFOAM

While on the subject of harmful chemicals and substances in our environment, we'd like to take the opportunity to commend the efforts of Revere City Councilor Joanne McKenna for ensuring that the city's ordinance banning the use of single-use styrofoam containers will go into effect on July 1, 2025.

The Revere City Council originally passed the ban in 2021, but held off on enforcing it because it was thought it would place a burden on local businesses, which were dealing at that time with the effects of the pandemic.

However, last week Councilor McKenna (who also led the effort to bar the use of plastic bags in Revere) made a motion to make the styrofoam ban become effective next summer, giving Revere businesses plenty of time to ensure compliance.

For those of us who are beachcombers and who bring along a bag to pick up trash that washes up on our shores, among the most common items we find are random pieces of styrofoam that have broken apart from styrofoam cups and other containers. However, styrofoam is not biodegradable -- so while it may break apart into small chunks, it doesn't break down -- and marine animals often ingest it.

Although about 20 percent of the communities in Massachusetts ban the use of single-use styrofoam containers, it is unfathomable to us that our state legislature has failed to do so in order to make the ban effective everywhere in our state.

Bills have been filed year-after-year, but they never get very far -- and we call upon our state legislators to make this legislative session the one that gets this important measure enacted.

As Councilor McKenna noted, "If we can help this environment just a speck, we are doing our job."

Forum



LETTERS to the Editor

A CROSSWALK

Dear Editor,
Hallelujah, thank you. We finally have a cross walk at Plummer and Pleasant St. After months and years of pleading and cajoling with messers. Calla, Letterie and other, we have success. Two cross walks would have been good, but we will settle for one. Due to various pipe and road work over the years the cross walks disappeared. They are very badly needed since this is a very busy corner. Thanks to all who were responsible for the return of one.

Ken Avery

CLARITY ON ZONING IN TOWN

Dear Editor,
Since there is a lack of clarity on how zoning will impact our community, here is how it works.

Zoning dictates the MAXIMUM number of units allowed per acre without extra permitting processes being required. There is still a site plan review required for all developments.

Seal Harbor and Governors Park are currently zoned Residential C and Residential B with a light manufacturing parcel adjacent respectively. You can view the town zoning map here. <https://tinyurl.com/Winthropmap>

Our Zoning code says many things, but starts off under the dimensional regulations section with: "17.16.020 General Regulations A.Number of One-or Two-Family Residential Buildings on a Lot. Any one lot in a residential A district shall not contain more than one single-family or two-family dwelling." The whole code can be found here. <https://tinyurl.com/Winthropzoning>

Specifically in the residential designations B and C, a single lot cannot have more than one home with up to two residences in it. This means our zoning does not recognize what is currently built at these locations. They either received a special permit or were built prior to the existing zoning limiting these locations in this way. This is why our magic number for the state is 882. Per our existing zoning there can only be

6 units in 3 homes at Seal Harbor and many more homes could be built here.

By updating our zoning to include these locations' true existing number of homes, we show an increase in housing without building any more. I've included both locations plans, so that folks can see the compared existing units with the number allowed under the proposed updated maximum per acre side by side. <https://tinyurl.com/propgov-spk> <https://tinyurl.com/propSealH> These slides are from RKG's presentation to the planning board on 8/27/24, which is on the town's website. The question of what is the maximum has been asked repeatedly at town council meetings and it is easily answered here. The maximum per acre proposed is less than the existing homes on all lots aside from the parcel currently identified as "Light Manufacturing".

The only location that shows more potential units than are already at that location is the current site of RPM fitness and is also owner occupied commercial. Technically 23 units are allowed there, but it is a very difficult and expensive location to build. The location is in a floodplain designated AE with EL of 12 and 11 per the attached map which is from the town's website: <https://tinyurl.com/RPMflood> A developer would have to follow the flood mitigation requirements stated from FEMA for a 100 year flood event and state building code requirements in floodplains in order to build here through an Order of Conditions with the Conservation Commission. These requirements include: requiring residential structures including basement or cellar elevated to or above the one hundred year elevation; or in the case of nonresidential structures be flood-proofed watertight to one hundred year level!

For an area designated EL 12, that base flood elevation for a 100 year flood event is 12 ft. If you look at the proposed zoning for Gov's Park, the maximum height allowed is 3 stories. This means that the reality is that only two stories of housing could actually be built here above that 12

ft starting point. To me, this is a smart choice of location to address people's concerns about more building, while still updating our zoning to comply with the law. The site would be incredibly difficult to build on. Others may feel differently, but I think the consultant took people's feedback to heart and came up with a smart plan to address concerns around future development.

I'm happy to discuss with folks.

Kind Regards,
Cassie Witthaus,
Member of Winthrop Working Together Precinct 6

REGARDING LETTER ON 3A

Dear Editor,
I find the letter submitted by the 61 co-signees relating to a potential 3A submission by the Town of Winthrop to the EO-HLC to be misleading.

To begin, the letter states that "the proposed compliance with 3A zoning law would not entail the building of a single building in Winthrop." Of course it does not. Rather the submission is part of a process to turn over Winthrop's zoning rights "by right" for three Winthrop districts to future developers. It goes on to say that: "It would therefore not entail population growth that would place a further burden on our already overcrowded schools or aggravate the rush-hour traffic that is already a serious problem."

It seems that the co-signees are clairvoyant. They seem to know that future developers, as yet unknown and unempowered by Winthrop's required submission and its acceptance by the EOHLIC will not build anything using their new zoning authority.

Furthermore, the letter states that Winthrop's Town Council "had been assured by the State Attorney General's office that the proposed rezoning plan would not have any negative impact on the current owners of condos at Seal Harbor or Governors Park." It further states that "a formal written statement from the State Attorney General's office" confirming this has been requested by a mem-

ber of the Town Council indicating that is the case. And the letter writers "are confident that the Town Council can obtain such a statement."

I am not so confident. For any such statement would probably set a standard for 3A compliance across 177 MBTA Communities Act affected towns.

The remainder of the letter praises past assistance from the state for over \$100 million in past discretionary grants. But penalties for non-compliance for 3A cover four grant types for which Winthrop has received less than \$2.5 million over the last decade. And if we permit growth equal to that proposed by the 3A guideline allotment, Winthrop will probably have new capital expenses - exceeding \$50 million just for a new school alone. (Recent research on new schools scheduled to start construction this year for Middle High Schools in Massachusetts range in estimated cost from \$52 million to \$146 million.)

From what little I have heard from Winthrop's Planning Board, the Board intends to submit a recommended plan to the Winthrop Town Council for its approval without a cost/benefit analysis. If that is the case the recommendation should be rejected out of hand.

As for the quoted positive 3A opinion of Mr. Delehanty, who stood up two Town Meeting ago and suggested that the rich people of Seal Harbor could hire their own attorney to contest the anticipated plan, I suggest that he prepare to open his own wallet with the rest of us to cover the cost of this unfunded mandate.

In conclusion, the MBTA Communities Act is a bad law. 3A takes away our rights to control our town and forces us to cover the ancillary capital costs of development -- not to mention the inconvenience that another 3,000 plus automobiles -- parking not required by developers -- will add to our current difficulties.

We should join the fight to repeal 3A. We must be complicit in its implementation. So, we must not comply.

Carl Eckstein, Precinct

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News Briefs // CONTINUED FROM PAGE 1

In place of the 11:00 and 12:00 Masses, there will be a special 11:30 Mass which will be followed by festivities. There will be live music by John Polino, face painting, crafts, games and a bouncy house. There will be a barbecue with cold drinks, fresh popcorn, cotton candy, desserts, and slush.

The picnic will take place in the parking lot on the corner of Winthrop Street and Ocean View Steet (Saint John the Evangelist Church), but will be moved inside the parish center if it rains. Donations of soda and Capri-Suns are being accepted and can be dropped off in advance.

Tickets are \$5 per person or \$20 a family and can be purchased at the door or by using Venmo @StMichaelParish. All are invited to enjoy fellowship, food, and fun!

BLESSING OF THE ANIMALS AND SHELTER PET SUPPLY DRIVE AT ST JOHN'S EPISCOPAL CHURCH

St John's Episcopal Church of Winthrop will host a Blessing of the Animals at 5:30pm on Sunday, Oct. 6, 2024. The Blessing celebrates the feast of Saint Francis of Assisi. All pets and people are welcome to attend the event at 225 Bowdoin Street. Animals must be leashed or in carriers. For pets unable to attend, their owners may bring a photograph.

At the same time, the church is holding a shelter pet supply drive to benefit local animal shelters. Donations of the following items may be dropped anytime inside the front porch of the St. John's Rectory at 231 Bowdoin Street, next to the church:

- Canned dog & cat food
- Cat litter
- Used but cleaned towels and blankets
- Dog beds
- Cat trees
- HE laundry detergent
- Paper towels
- Trash bags
- Bleach
- Pet store gift cards

CLIMATE EXPERT HOLDS TALK IN WINTHROP

A leading climate expert visited Winthrop to warn that the low-lying town faces not only rising sea levels but a dramatically increased risk of damaging storms due to planetary warming.

The expert, Kerry Emanuel, is an emeritus professor of meteorology at the Massachusetts Institute of Technology. He led a public presentation arranged by Winthrop Working Together in partnership with Mothers Out Front, two local groups focused on community improvement. Those attending included members of the town's new Citizens Advisory Commission on Climate.

Professor Emanuel described for the audience at the EB Newton School the centuries-long history of studying the Earth that has made clear that the planet is warming significantly due to human burning of fossil fuels, with disastrous effects already becoming evident.

The MIT professor acknowledged that there's

many questions about how fast the planet is actually warming and how quickly sea levels will rise. But he affirmed that there's no doubt the problem is profound, that it will keep accelerating decades into the future, and that it will get even worse the longer humans make routine and extensive use of fossil fuels.

In the Boston area, the average sea level is up about a foot over the past century, and it's expected to rise at least another two feet in just the next 50 years.

On top of that, Professor Emanuel made some calculations specific to Winthrop, and found that planetary warming is bringing the town dramatically increased risks of highly damaging storms and rainfall. While a storm with 70 mile-per-hour winds – enough to cause major damage to houses – was calculated to be likely every 218 years in Winthrop, the odds of that happening in the world's current warmer environment has now increased to about once every 46 years, Professor Emanuel estimated.

And a storm bringing at least 3 inches of rain, which in the past would happen about once every 577 years in Winthrop, is now looking likely to occur once every 38 years, he said.

HEALTH OFFICIALS ANNOUNCE 12TH HUMAN CASE OF WEST NILE VIRUS

The Massachusetts Department of Public Health (DPH) today announced the twelfth human case of West Nile virus (WNV) in the state this year. The individual is a man in his 50s exposed in Essex County.

As a result, WNV risk levels in the following communities are being raised to moderate: Beverly, Danvers, Essex, Manchester, Peabody, Salem, and Wenham in Essex County.

"This has been an active year for mosquito-borne disease, including West Nile virus," said Public Health Commissioner Robbie Goldstein, MD, PhD. "The risk for disease will continue until the first hard frost, so we continue to recommend that people take steps to protect themselves."

There have been 330 WNV-positive mosquito samples so far this year detected from Barnstable, Berkshire, Bristol, Dukes, Essex, Franklin, Hampden, Middlesex, Norfolk, Plymouth, Suffolk, and Worcester counties. Last year, there were six human cases of WNV and no animal cases. No animal cases of WNV have been detected so far this year.

Starting this week, DPH will update the public on WNV cases in Massachusetts via weekly press releases each Friday as necessary if new cases are confirmed. Surveillance information, including cases, will continue to be updated on a daily basis and posted online at Massachusetts Arbovirus Update. DPH encourages everyone to use this online resource regularly to stay up to date on risk levels in their community and around the state.

People have an important role to play in protecting themselves and their loved ones from illnesses caused by mosquitoes.

OBITUARIES

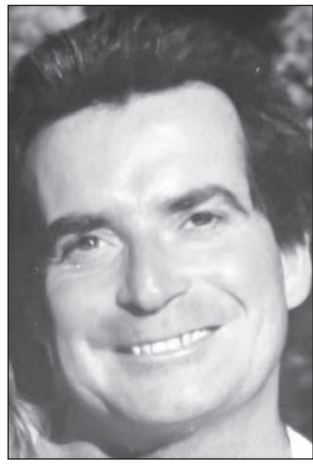
William Phillip "Grizz" McGinness

Boston Children's Hospital Supervisor

William Phillip McGinness, affectionately known as Grizz, passed away unexpectedly at his home in Winthrop on September 13, 2024. He was 64 years old. Born in Malden, he was the beloved son of the late Catherine M. (Mortimer) McGinness and the late Walter J. McGinness.

Grizz was a life-long resident of Winthrop, graduating from Winthrop High School in 1979 and going on to become a supervisor at Children's Hospital in Boston where he leaves behind many friends and colleagues. He was also a member of several local social organizations, an avid golfer and an overall sports enthusiast. Grizz enjoyed attending many of these events with his great friend, Fred "Butch" Gass.

Grizz leaves behind his dear sister, JoAnn M. Marshall and her husband, Dennis, his brother, Walter S. McGinness and his wife, Lois and his brother, Edward J. McGinness and his husband, Dane. He is also survived by his additional loving family members: Ellen, Bobby, Robert Joseph (R.J.), Colleen, Matt, Anna, Molly, Evie, Katie and many cherished



friends.

Family and friends are cordially invited to attend the visitation from the Caggiano-O'Maley-Frazier Funeral Home, Winthrop to share their memories of Grizz today, Thursday, September 26th from 4 to 7 p.m. and on Friday, September 27th from 10 to 11 a.m. A memorial service will be conducted at the funeral home on Friday at 11 a.m. followed by interment in the Cross Street section of Winthrop Cemetery.

In lieu of flowers, memorial contributions may be made to Boston Children's Hospital or the charity of your choice.

To sign the online guestbook, go to www.caggianoofuneralhome.com.

Antoinette "Dolly" Passaro

"Nana Dolly" has left a piece of herself in every life she touched

Antoinette "Dolly" Passaro, a longtime resident of Winthrop, passed away peacefully on September 22, 2024 at the age of 98. After being born in New York on May 9, 1926, she married the late Nat C. Passaro and they moved to Winthrop almost 70 years ago.



She was sister to Vita Salomon and the late Frances Baccellieri, both of New York and the loving mother of Philip and Dominic, who predeceased her, and Richard who currently resides in Wallingford, CT with his wife, Robbin. Dolly is also survived by her daughters-in-law, Angela Passaro and Sue Passaro. She was blessed with six grandchildren: Gina and her fiancé, Michael Bailey, Matthew and his wife, Valerie, Nicholas, Richard, Daniel and Rachel, and four great grandchildren: Francesca, Lucia, Donato and Dominic. She also enjoyed her many cousins, nieces, nephews, and friends.

Dolly loved spending time with, and cooking for gatherings of family and friends. Many of her favorite memories were of holidays when all could get together around the table creating wonderful meals and memories. During her life she also enjoyed travelling, the beach, occasional trips to the casino, and her amazing ocean view.

"Nana Dolly" was loved by all who knew her and will be sorely missed, but she has left a piece of herself within each life that she has touched.

Many thanks to her caregivers during recent

years, especially those at The Parc at Harbor View Senior Living and the Leonard Florence Center for Living. And she greatly appreciated all her family and friends who kept her in their thoughts, or were able to send a card, call, or visit.

Family and friends are cordially invited to attend the visitation from the Caggiano-O'Maley-Frazier Funeral Home, Winthrop on Saturday, September 28th from 9 to 11 a.m. followed by a funeral service in the funeral home at 11 a.m. Services will conclude with the interment in the Cross Street section of Winthrop Cemetery.

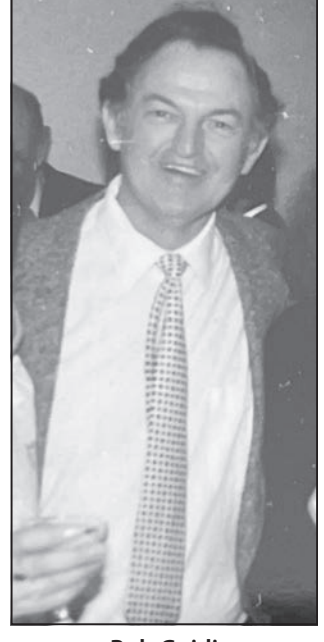
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Guidi // CONTINUED FROM PAGE 1

"We both grew up in Winthrop. He was a few years ahead of me in school. He was a very good student. Everyone called him 'Bobby,'" recalled Green, who is a school nurse and lives in Connecticut.

Tami said she attended some of her cousin's games at Winthrop High School where Bob played alongside future Major League catching prospect Bob DeFelice.



Bob Guidi

"Bob played a lot of sports in town, and he had a very good reputation as being a very good athlete, especially baseball," related Tami.

Bob Guidi was immensely enthusiastic about coaching multiple sports and he helped many

of his players go on to college athletics.

"He just loved being involved in sports," said Tami. "If you wanted to talk sports, Bob was your man. Even I could talk sports with him, and I'm not even that big on sports. We played golf, so we had that in common."

Tami said the Guidi family would often gather for holiday dinners.

"We're a big Italian family and we had a lot of family parties for the holidays," remembered Tami. "There were six Guidi siblings and they all lived in the Winthrop area, so we got together a lot."

Tami said her cousin, Bob Guidi, loved the town of Winthrop and treasured being a resident here.

"He seemed to love Winthrop a lot," said Tami. "He lived in the apartment where he grew up on Johnson Avenue. He had a special place in his heart for Winthrop."

Sports were a huge part of the life of Bob Guidi. Through his superb coaching career, he was able to impart his wisdom and knowledge on his players and fellow coaches. Tributes to his mentorship and friendship have poured into the Guidi family since his passing. He will be remembered fondly by all who knew him and had the honor of being in his wide circle of friends.

— IN LOVING MEMORY —
SECOND ANNIVERSARY
 2022 SEPTEMBER 27 2024

ALVIN B. CHAVIS
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 We love and miss you everyday

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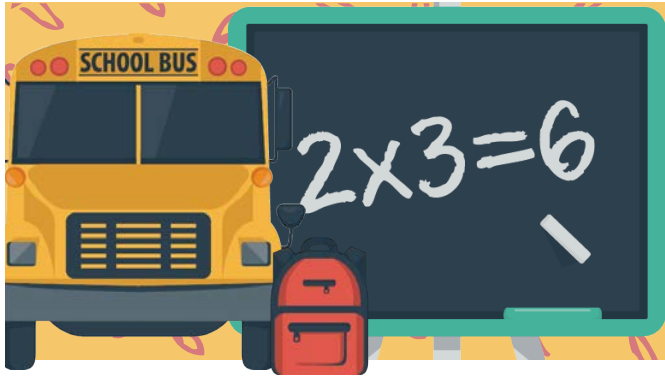
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2024

BACK TO SCHOOL!



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GABRIELLA & RJ



NORA



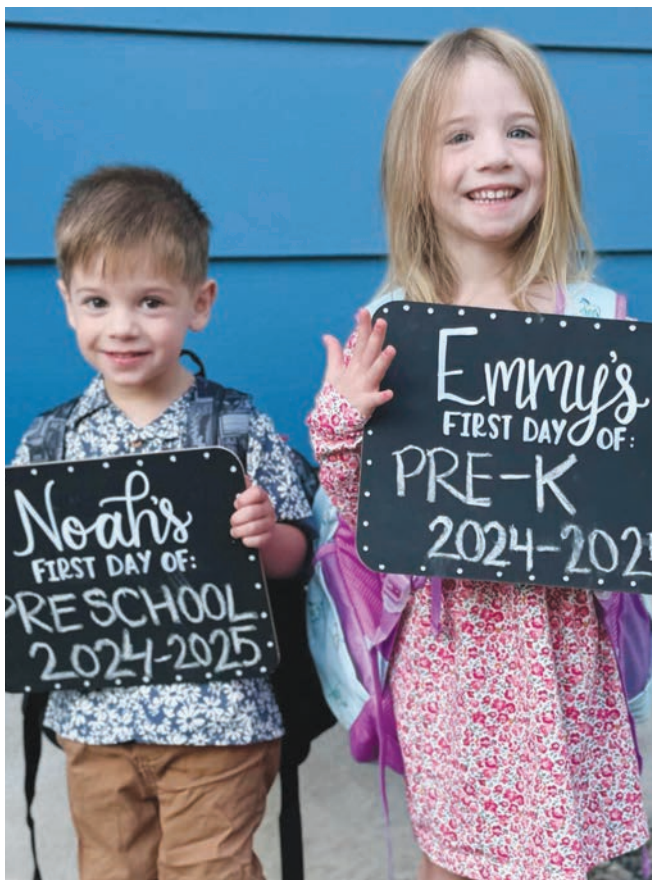
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Sports

WHS SPORTS ROUNDUP

WHS BOYS SOCCER TOPS ARLINGTON CATHOLIC

The Winthrop High boys soccer team earned a 2-1 victory at Arlington Catholic last Friday. Captain Sebastian Yepes scored the first Viking goal on a header and Yahya Jafar scored the game-winner with a great finish.

WHS goalkeeper Jackson Faber made a brilliant, game-saving stop in the waning moments of the contest to preserve the victory.

The Vikings came up just short in their other two matches this past week with Danvers (2-0) and Gloucester (1-0).

"We thoroughly outplayed Danvers in vast stretches of the game, but our inability to finish is our weakness," said WHS head coach Phil Ronan. "We had plenty of opportunities, but no goals.

"It was the same story at Gloucester, a 1-0 loss with excellent chances," Ronan noted. "We clearly outplayed them, but let them off the hook by not hitting the back of the net.

"The boys are working hard and as a coach, that's all you can ask," Ronan added.

The Vikings were scheduled to play at Salem yesterday (Wednesday), at Saugus on Monday, and at Swampscott on Tuesday.

GIRLS SOCCER WORKING HARD

Although the Winthrop High girls soccer team came up short in its recent matches with Swampscott and Danvers, WHS head coach Tracey Martucci saw encouraging signs from her squad.

"In our game with Swampscott, it was 2-0 at the half, which was great for us," said Martucci. "We played well, but we just can't seem to get our team chemistry on the field going. The final was 5-0..

"Then we traveled to Danvers, which is always very tough competition

. They have been strong even as far back as when I played. They have a very good program," Martucci said. "We unfortunately lost 9-0. But Poli Tsiotos had a great game, as well as junior JV goalie Marissa MacMullen, who had to step into the net for us and played about 65 minutes. That's a big game for her to jump into and despite the score, she made high double-digit saves and we were super proud of her.

"My defense has been working hard all season with all the pressure from our opponents' strong offenses, so I have to give them a shout-out as well," Martucci added.

Martucci and her crew were scheduled to host Salem yesterday (Wednesday), Saugus on Monday, Swampscott on Tuesday, and Latin Academy next Thursday.

BUSY WEEK AHEAD FOR VOLLEYBALL TEAM

Although the Winthrop High volleyball team came up short in its contests with Northeast Regional and Saugus this past week, first-year head coach Jeremy Wein is seeing progress with his team's performances.

"We had a tough couple of tough matches with Northeast Metro Tech and Saugus, but we will see them again and hopefully have a better result," said Wein. "I think everyone is doing everything they can with the time they have. We have some incredible athletes who go to school like everyone else, get their homework done, come to practice, and go as hard as possible. I couldn't ask for a better group of kids and parents to build a program with."

The Lady Vikings have a busy stretch this week and next. They were scheduled to take on Pioneer Charter of Saugus this past Monday and perennial Northeastern Conference pow-

See ROUNDUP Page 8

SCENES FROM WHS VIKINGS SOCCER VERSUS DANVERS



Sebastian Yepes takes a shot on goal for the Vikings in the first half.

Last week the WHS Vikings Varsity Soccer Team met the Falcons of Danvers High at Miller Field for a regular season match.

It was a closely fought game with a slight advan-

tage going to the Falcons. Despite several attempts on goal the Vikings failed to score and lost 2-0, they did manage an away win against ACHS, 2-1.



Cleison Sarnaglia fights for a loose ball. See more photos on next page.



The 2024 WHS Varsity Viking Soccer Team, with Head Coach Phil Ronan and Asst. Coach Alex Brown.

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Classico Pasta Sauce	2/ \$6.00
Best Yet Mayonnaise 30 oz	2/ \$7.00
Kellogg's Corn Flakes	2/ \$8.00
Kraft Macaroni & Cheese	4/ \$5.00
(Single Box Only • Ex: gluten free)	
V-8 Splash Fruit Juice	2/ \$5.00
Best Yet Ground Coffee	2/ \$7.00
Cool Whip 8 oz	2/ \$4.00
Eggo Waffles (ex: Thick & Fluffy)	2/ \$5.00
Newman's Own Lemonade	2/ \$4.00
Plant Oat Milk 52 oz	2/ \$6.00

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8" Pecan Pie	\$7.99
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Sweet & Seedless Navel Oranges	\$1.59/lb
Tropical Golden Pineapples	\$2.99/each
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Locally Grown Crisp Green Bell Peppers	\$1.79/lb
Fresh & Mild Red Onions	\$1.29/lb
Locally Grown Fresh Romaine Lettuce	\$1.39/each
Locally Grown Fresh Green Leaf Lettuce	\$1.29/each

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Margherita Genoa Salami	\$7.99/lb
Best Yet Corned Beef	\$8.99/lb
Sara Lee Honey Ham	\$8.99/lb
Citterio Mortadella	\$5.99/lb
Corner Shop Provolone Cheese	\$4.99/lb

Meat

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Boneless Chuck Pot Roast	\$6.99/lb
Fresh Chicken Wings	\$3.99/lb
Grade A Whole Fryer Chickens	\$1.89/lb
Center Cut Pork Chops	\$2.99/lb
Al Fresco All Natural	
Cooked Chicken Sausages	2 pkgs/ \$8.00
Kayem Sliced Bacon	\$6.99/pkg

Weekend Specials

Friday, September 27th through Sunday, September 29th

"while supplies last"

BAKERY	
Our Own Chocolate Chip Cookies 10pk	\$2.49
Our Own Blueberry Muffins 4pk	\$4.99
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Our Own Antipasto	\$6.99/lb
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Fresh & Tasty Bite Size Grape Tomatoes	2/ \$3.00
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A NIGHT FOR JUNE

OCTOBER 2, 2024 AT LA SIESTA 4:30 - CLOSING

AS MANY OF YOU MAY OR MAY NOT KNOW, ONE OF OUR OWN, JUNE (HARDWICK) BROYLES, SUFFERED A DEBILITATING STROKE BACK IN JULY. SHE HAS MADE HUGE STRIDES, BUT A LONG ROAD IS STILL AHEAD. TO HELP RELIEVE SOME OF HER FINANCIAL BURDEN, LA SIESTA HAS GENEROUSLY AGREED TO DONATE 10% OF ALL PROCEEDS FROM WEDNESDAY, OCTOBER 2ND ORDERS, BOTH DINE-IN AND TAKE-OUT.

THERE WILL BE MANY RAFFLES AND A "JINGLE FOR JUNE" JUG WHERE OTHER DONATIONS CAN BE MADE.

WE ARE DEEPLY GRATEFUL FOR YOUR SUPPORT. FOR THOSE UNABLE TO ATTEND BUT WOULD STILL LIKE TO CONTRIBUTE, AN ACCOUNT HAS BEEN SET UP IN JUNE'S NAME AT ROCKLAND TRUST, @JUNEBROYLES, AND A VENMO DIRECTLY LINKED TO THE ACCOUNT. PLEASE KEEP JUNE IN YOUR THOUGHTS AND PRAYERS.

June Broyles

@junebroyles



SCENES FROM WHS VIKINGS SOCCER VERSUS DANVERS



Eron Muja intercepts a pass in the midfield.



Keeper Jackson Faber blocks one of many Falcon shots on goal.



The seniors of the WHS Varsity Soccer Team with Head Coach Phil Ronan and Asst. Coach Alex Brown. Luigi Santalucia, Eron Muja, Samuel Acero, Christian Bower, Sebastian Yepes, Lazzaro DeOliveira, Aaron Armistead, and Wyatt Teixeira.



Head Coach Phil Ronan and Asst. Coach Alex Brown with the WHS Viking Captains of the varsity Soccer Team, Sebastian Yepes, and Noah Baysdofer.



Luigi Santalucia sets up a play for the Vikings.

WINTHROP HIGH FOOTBALL

Vikings football starts fast, but falls to Shawsheen Tech, 28-6

By Cary Shuman

After quarterback Matt Noonan engineered a 72-yard drive on the game's first possession that culminated with All-Scholastic Nick Cappuccio's 27-yard touchdown run, everything looked optimistic for the Winthrop High School football team.

"That was as impressive a drive as we've had this season and even in our previous couple of seasons considering the quality of our opponent," said head coach Jon Cadigan in an interview this week.

But the visitors from Shawsheen Valley Tech of Billerica quickly seized the momentum with a scoring drive and two other first-half touchdowns.

The undefeated Rams would ultimately tally four unanswered touchdowns and leave Miller Field with a 28-6 victory over the Vikings Friday night.

A combination of injuries to two key starters, Phil Boncore and Nick Romano, and the Shawsheen defense's control of the line of scrimmage were key factors in the game's turnaround.

"Shawsheen really took the momentum away with their first drive [for a touchdown]," said Jon Cadigan. "I think they really out-toughed us and bullied us, and that carried over to their defense and our offense. The momentum got away from us when they stopped us on a key play in the first half. We made our adjustments at halftime and played tougher in the second half, but we couldn't get anything going substantially on offense."

First Drive Success

The Vikings' opening drive encompassed all the good things you want to see from your offense: an exceptional pass from Matt Noonan to Todd Sacco for 28 yards, powerful blocking by Nick Romano, Matt Reardon, Todd Sacco and others, and Cappuccio's 27-yard display of speed around the corner for his fourth touchdown of the season.

Sacco returns the favor to Cappuccio

Seth Sacco, setting up at fullback, delivered the "block of the night" on Cappuccio's touchdown run when he crunched a Shawsheen defender on the edge. Romano handled his assignment flawlessly on the play while Reardon was the lead blocker downfield.

Conversely, it was Cappuccio, on the previous play, who submitted a football version of a basketball pick-play on the Shawsheen linebacker to help spring Sacco after his "power-pass" reception and ensuing jaunt down the sidelines. One play later, Cappuccio made it a 6-0 game.

Gabe Grein is defensive player of the game

Senior captain Gabe Grein was the Vikings' Black Shirt Defensive Player of the Game.

"Gabe has been one of our most consistent players," said Coach Cadigan. "He also had the team's highest blocking percentage, making him the highest-rated offensive lineman this week as well. He's had a very good start to the season on both sides of the ball. He's developing into an All-Star-caliber

two-way lineman."

Sophomore safety CJ Cifuni was singled out by Cadigan for making a couple of tackles.

Cadigan also noted that Matt Noonan moved to a new position on defense following the early-game injuries to two starters.

The good news is that Nick Romano (injured hand) has been cleared to return to the field this week. In fact, Romano was at practice Monday after his doctor's appointment.

Boncore is also expected to be in the starting lineup Friday.

A tough non-league schedule

Jon Cadigan always schedules the toughest teams in the division, and this season is no exception. Stoneham (2-0) and Shawsheen (3-0) are undefeated while Northeast (1-1) came to Winthrop having defeated Pentucket in its opener.

Shawsheen's program is on a roll right now. They have the two-time CAC Most Valuable Player in Sidney Tildsley and are two-time defending CAC champion. Shawsheen is a 1,300-student regional vocational school that draws students from five communities: Billerica, Bedford, Burlington, Tewksbury, and Wilmington.

The MaxPreps poll has Shawsheen ranked No. 17 in Massachusetts.

Winthrop hosts Danvers Friday night at Miller Field. Danvers' run-focused offense is similar in nature to Stoneham, according to Cadigan.

"Danvers is going to be a really tough challenge for us because of the all physicality," said the head coach.

Roundup // CONTINUED FROM PAGE 7

er Masconomet this past Tuesday. They will play at Pioneer Charter of Everett tomorrow (Friday), at Northeast Regional next Monday, at Swampscott next Tuesday, and at Beverly next Thursday.

"Nothing gets easier, but we continue to work through fear and stay focused on making progress," Wein added.

WHS CROSS COUNTRY TEAMS GETTING FASTER

Although the Winthrop High girls and boys cross

country teams came up short in their meet this past week with Beverly on the course at Deer Island, WHS head coach Eric Ferguson was pleased with his runners' improving performances.

"Although we lost to Beverly, we had multiple runners improve their race times from 1-3 minutes," said Ferguson.

The members of the team who improved their times included Vienna Cardoza (1:15), Haley DeMarco (3:01), Bailey Ferguson (1:59), Annabelle

Giardino (1:38), Emma Holgersen (0:42), Sean McGloin (0:49), Owen Nargi (1:34), Gabriel Perez (1:48), and Miguel Rabuske (1:32).

"We continue to improve and have a collective goal of sending two teams (boys and girls) to the MIAA Divisional meet," Ferguson added.

The Vikings were scheduled to trek up the coast to take on Marblehead at Gatchell's Park yesterday (Wednesday) and will host Swampscott in two weeks.



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THE MORE Things Change ...

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

10 years ago September 29, 2014

The Winthrop Republican Town Committee unanimously has voted to endorse Charlie Baker for the office of Governor of the Commonwealth of Massachusetts.

The Suffolk County District Attorney and the Massachusetts State Police have released a video interview with the mother of a young woman who was brutally murdered 22 years ago this past weekend. The video urges anyone with information about the homicide of Susan Taraskiewicz to share that information with State Police. In the video, Marlene Taraskiewicz talks about her daughter's life, interests, and generous spirit, and notes that the murder prevented Susan from ever realizing her dreams and devastated their family.

The Winthrop Fall Festival this Sunday, September 28, in French Square. A DJ will provide musical entertainment, there will be local bands, and the Blackstrap BBQ will serve the best BBQ foods in the area.

20 years ago October 7, 2004

School Supt. Thomas Giancristiano told the School Committee that the soon-to-be-released MCAS results are expected to reveal that Winthrop students continue to pass the tests at an average rate compared to other school districts.

The Chamber of Commerce has announced that it will honor local members of the armed services who served in Operation Enduring Freedom and Operation Iraqi Freedom as part of the Chamber's annual kickoff dinner January 14.

Tink Martin reports in her column Around the Waterfront that a Chelsea youth last week reported catching a striped bass that had a whole seven-pound lobster inside it, which Martin says is not uncommon.

30 years ago October 13, 1994

After three years of discussion, the Army Corps of Engineers finally has awarded a contract for the repair of the seawall along the inner harbor on Grandview Ave. on Pt. Shirley.

AmVets Post 48 has announced that its presti-

gious Pilgrim Award for service to the community will be presented to Fr. Don Milligan, pastor of St. John's Episcopal Church, on November 5.

40 years ago October 13, 1984

The School Committee has rescinded its decision to create a new first grade class because of parent opposition. Parents cited the disruption of first grade students if they were to move into a different class at this time.

The selectmen have named Richard M. Kennedy as the town's new Veterans Agent.

A study has revealed that Winthrop will face massive traffic congestion if a new sewage treatment plant is built in Deer Island. At least 2000 vehicles would enter the town each day during the course of the plant's five-year construction period. The local Concerned Citizens Committee is planning a protest at the State House to voice their opposition to the recent state and federal decisions that eliminated Long Island as a site for the new sewage treatment plant.

50 years ago October 16, 1974

A 40-foot Coast Guard boat and a helicopter searched the waters off Ft. Heath in vain Sunday afternoon upon a report of a capsized motor boat in a strong east wind and choppy waters.

Michael Dukakis, the Democratic candidate for governor, and his running mate, Thomas P. O'Neill III, cut the ribbon at the opening of the Democratic campaign headquarters in Winthrop this week.

The Winthrop Woman's Club welcomed new members at its meeting last week. Mrs. Edward C. Centofant is the new Chairman.

Robert Redford stars in Jeremiah Johnson at the Kincade Theater.

60 years ago October 15, 1964

Winthrop Police Officer Robert Crawford arrested nine armed youths as they were making their way out of town on Pleasant St. after a series of fights had erupted at the high school dance sponsored by the Mother's Club at the senior high school. The evening began with a brawl

between Winthrop youths and the out-of-town youths. When the out-of-towners were ejected from the dance, they returned and smashed the rear door of the gymnasium to get back at their adversaries. Officer Crawford stopped the youths at Coast Marine, lined them up against a wall, and frisked them for weapons. Although he found no guns, he seized several small bats, knives, and a short length of pipe sharpened at one end. Future school dances have been banned in wake of the incident.

The Winthrop Community Hospital has obtained a new device, known as a Mechrolab Clot Timer, for use in the clinical laboratory.

Sphia Loren who reportedly was paid \$1 million for her role, and Alec Guinness star in Fall of the Roman Empire at the Winthrop Theater.

70 years ago October 14, 1954

An analysis of the town's party voter affiliation shows some big changes since 1940. In that year, there were 4223 registered Republicans, but there are only 3122 now. However, Democrats have increased in number from 2582 to 3700 and Independents have jumped from 3391 to 3934.

Frank Belcher, 89, who now lives in Orlando, Florida, has made the trip to Winthrop for the annual meeting of the Winthrop Savings Bank. Belcher, who was a conductor on the old Narrow Gauge Railroad for 58 years, was a founder and original incorporator of the bank.

More than 400 residents have signed up for evening courses of the Adult Education program at Winthrop High.

Jack Webb stars in Dragnet at the Winthrop Theatre.

80 years ago October 14, 1944

Winthrop's toll of war dead increased this week with the announcement by telegram from the War Dept. to Mr. and Mrs. Henry J. Dwyer of 96 Loring Rd. that their son, Sgt. Paul J. Dwyer, was killed in action on a battlefield in France on July 15. Dwyer was tending to wounded comrades when he fell. The flag on the Town Hall

lawn was flown at half-staff for the week.

The 1944-45 Red Feather United War Fund campaign will soon be underway. Norman J. Horigan will head the Winthrop unit.

The recent USO Block Party held in Metcalf Square for soldiers stationed in the Boston Harbor forts was a big success.

Jane Powell, Edgar Bergen and Charlie McCarthy, and an all-star cast appear in Song of the Open Road at the Winthrop and State Theatres.

90 years ago October 6 1934

A massive meeting of all Republican organizations in town was held last week to map out a strategy for an all-out effort to elect Bacon for Governor and Haigis for Lieut. Governor in the upcoming state election.

The Rev. William J. Day gave his farewell sermon at the Baptist Church to mark the end of his 21-year tenure of service here. A huge crowd filled the church for the event.

The first meeting of the season of the Winthrop Improvement and Historical Assoc. attracted more than 100 members. An excellent lamb and dressing dinner was served in the Deane Winthrop Barn.

Bing Crosby stars in She Loves Me Not at the Winthrop and State Theatres.

100 years ago October 18, 1924

A number of breaks into businesses in the Centre district Friday evening has caused considerable apprehension among merchants of the town who fear they are not being adequately protected. It is believed that a small group of young boys is causing the mischief. All agree that parents have a duty to perform in this matter.

Ocean Exchange now is having machine-ringing installed for all incoming calls. It is being accomplished at the telephone exchange building on Madison Ave. The new switchboard will have 10 positions and will be manned by some of those who now attend the manual switchboard. The automatic ringing will allow the operators to have more time to handle more calls.

Oliver F. Green, a Yale

graduate and World War veteran, is the Democratic nominee for State Representative. He is in his third year at Suffolk Law School.

Six Winthrop High graduates currently are at Harvard, where they are in the top standing of this celebrated seat of learning.

110 years ago October 17, 1914

David Belcher will be installed as the new Worshipful Master of the local Masonic Lodge this week.

Two local men, Herman Kuchmeister and C.H. Squires, rescued a woman from drowning after she

apparently tried to commit suicide. The woman, employed as a maid locally, had been despondent after an operation about five weeks ago. She walked into the water, but as the waves started to overcome her, she cried for help, to which the two men responded.

120 years ago October 15, 1904

The Revere Town Hall once again was the scene of a veritable love affair among Republicans from Chelsea, Winthrop, and Revere, as they nominat-

See YEARS Page 11



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Detailed circulation data table for The Winthrop Sun Transcript, showing distribution by class (paid/free, in/out of state) and total circulation figures.

Statement of Ownership, Management, and Circulation for The Winthrop Sun Transcript, dated 9/26/24. Includes publication details, circulation data, and owner information.

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Years // CONTINUED FROM PAGE 10

ed former Chelsea mayor Eugene Endicott for State Representative for the 28th Suffolk District.

The Town Meeting Thursday evening proved to be a record-breaker for the number of articles acted upon in just two hours. Altogether, there were 18 articles that either were passed, voted down, or postponed.

A group of lads shouted themselves hoarse upon coming home on the train the other day after the ballgame, but an older crowd is expected to be shouting quite a lot at this time next month after the election in which Pres. Theodore Roosevelt is the Republican candidate.

130 years ago
October 13, 1894
 The steamer Winthrop of the Winthrop Steamboat line will make her last trip to Boston for this season on Monday, Octo-

ber 15. A meeting to discuss whether Winthrop should be annexed into Boston along with the other cities and towns in Greater Boston to promote efficiency of government services will be held in the selectmen's chambers next week.

140 years ago
October 17, 1884
 Mr. David Floyd 2d has completed his compilation of the Winthrop Town Reports for the period 1852-83. At 620 pages, it is the only volume containing the complete set of financial reports for the town for that period.

Ocean Spray now presents a deserted and almost forlorn appearance as almost every cottage is boarded up for the winter. Mr. O.A. Taft has closed his famous house on Pt. Shirley for the season.

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Forum // CONTINUED FROM PAGE 1

my thought only from that forum, that people seem to be leaning toward the basketball court site.”

There is no date set for a vote on a debt exclusion to fund a new fire station, but at a previous council meeting, Letterie said there is a possibility there could be a special election in the spring.

Letterie said there are still some questions about the school override and how the education stabilization fund will help fund expected school budget shortfalls in the coming years.

As expected, there were also questions about the MBTA 3A Communities



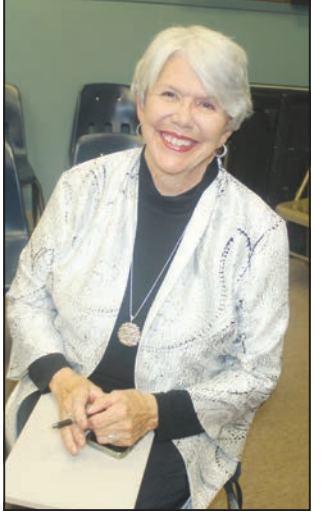
Former Town Council President Peter Gill and Precinct 3 Councilor Hannah Belcher.

Act. “The first or second question I got was questioning me on the fact that I have stated in the past that I am a no and wanted to know if I have changed my opinion,” said Letterie.

“I made it abundantly clear that I have done everything I can to share my feelings on 3A and that has not changed, I am still a no. My integrity is incredibly important to me, and I don’t feel (3A) is a good fit for Winthrop.”



Winthrop Town Council President Jim Letterie, pictured at the informational forum that he hosted Tuesday night in the Joseph Harvey Room at Town Hall.



Precinct 4 Councilor Suzanne Swope, pictured at the informational forum held Tuesday night at Town Hall.



Kathleen Riley Cappuccio and Todd Sacco.

Sports Years // CONTINUED FROM PAGE 9

country team defeated Lynn Classical, 16-35, to capture the South Division title of the Northeastern Conference, marking the first league crown of any kind for the Lady Viking cross country program since 1991. Danielle Doherty was the first Winthrop girl across the line in 17:02 over the 2.7 mile course. Andrea Bruno, Shelagh O’Connell, Kristen Finn, and Nicole Giacquinto were the next four finishers for Winthrop.

from Paul Pearl on a fake field goal attempt and sophomore Steve Holgersen enjoyed a fine day running.

The WHS golf team will be looking to complete its finest season ever after two wins this week raised Coach Bud Dasey’s team’s record to 5-1-2. Co-captains David Mills and Bobby Crossman continue to excel for the Vikings.

The young WHS field hockey team, led by co-captains Karen Mason and Nina Ficaro, continues to improve despite recent losses.

night. Winthrop’s 210 pound fullback Steve “The Tank” Adamson, who has been riddled with injuries the past two seasons, but who now is 100 percent, rushed for three touchdowns and gained 140 yards on nine carries. Billy Dooley scored twice and John Tipping added another TD. Coach Ed MacFarland’s squad now will face archival and nemesis Swampscott, which has won the past five meetings between the schools. In the past three seasons Winthrop has entered the game undefeated, including last year’s squad that was 7-0, only to suffer defeats to Coach Stan Bond-levitch’s gridders.

50 years ago
October 17, 1974

Despite Coach Bob DeFelice’s statement that his football team “had played its worst game of the season,” the Vikings earned their first victory of 1974 with a 14-6 win over Lynn Classical. Paul DeGregorio scored his first career TD and fullback Teneyke Smith also scored for Winthrop.

70 years ago
October 14, 1954

The Winthrop High football team, despite sporting a new look in which coach Ed MacFarland moved most of his offensive line into the backfield, dropped a 19-6 decision to Newburyport in a game marred by costly penalties by Winthrop. Fred Laidlaw, a tackle-turned-fullback, took off on a 33-yard jaunt for Winthrop’s lone score.

60 years ago
October 15, 1964

The WHS football team improved to 3-0 on the season with a 46-6 rout of Newburyport Friday

30 years ago
October 13, 1994

The WHS golf team improved to 6-1 in the NEC and 10-2 overall with a 44-28 win over Gloucester. Capt. George McGrath, Eric Monahan, Pat Lally, Rick Coscia and Robert Boncore all had winning scores.

40 years ago
October 17, 1984

A 16-11 loss to Marblehead dropped the WHS football team to 0-5 on the season. The Vikings enjoyed a wide margin in first downs (16-4), but Winthrop’s bad luck that has plagued them all season continued. Matt Lanza scored the lone Winthrop TD on a pass reception



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FRESH & LOCAL

Same Flavor, New Form

By Penny & Ed Cherubino

Many traditional, charming, and well-loved foods are delicious but fiddly and time-consuming. These include stuffed cabbage rolls, lasagna, cassoulet, moussaka, French onion soup, and empanadas. You can enjoy them when you find an excellent example on local menus. However, you can restyle the ingredients for your favorite recipe for one of these into a more manageable form, like a soup, salad, one-pan dish, or casserole.

Stuffed Cabbage & Kielbasa Soup

Fiddling with stuffed cabbage rolls is fussy work. You have to separate the leaves, blanch the cabbage, make the stuffing, fill and roll the cabbage leaves, and then bake your creation in a special tomato sauce.

However, cabbage soup is easy and routinely appears on our menu roster. For a flavor kick, we sautéed sliced kielbasa with onions and ground beef, then added chicken stock, shredded cabbage, tomatoes, rice, smoked paprika, sweet paprika, and a dash of vinegar right at the end. It has the flavor of stuffed cabbage with a lot less work.

Another twist on cabbage rolls is a layered casserole of the ingredients. Layers of sauce, meat, rice mixture, sliced kielbasa, and shredded cabbage are put in a baking dish and baked until everything is cooked and tender. For a potluck, you can make a big pan of this without the fuss of rolling individual servings.

More Recipe Sources

While experienced cooks might be happy to create a dish from the ingredients and flavor profiles, some people like to work from recipes. If you

search for deconstructed recipes, you may find references to molecular gastronomy that El Bulli’s Chef Adrià followers use to create more elaborate and time-consuming dishes. That’s not what you’re seeking.

Instead, search for “simple deconstructed recipes” or, for example, “simple deconstructed cassoulet recipes,” and you’ll find versions of your favorite fiddly dishes.

Our next quest is to find a simple cassoulet recipe. Our search yielded dozens of recipes, and we’ll begin by outlining the common ingredients that most recipe developers use. Next, we’ll pick the recipe that fits our time to cook and taste. With a little trial and error (which will most likely produce a good weeknight meal), we’ll soon enjoy cassoulet in our regular meal rotation.

Think about that traditional food your family made when there was more time to devote to cooking. You may be fortunate to have someone who can share the recipe. Search for a recipe in your family cookbook or recipe cards.

Do you have a question or topic for Fresh & Local? Email Penny@BostonZest.com with your suggestion.



This stuffed cabbage & kielbasa soup has all the flavor of traditional stuffed cabbage rolls with a lot less work

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