

THURSDAY. October 12, 2023

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NEWS Briefs A 'MEET THE CANDIDATES **NIGHT'**

The Winthrop Republican Town Committee is proud to announce Meet the Candidates Night. The Meet the Candidates Night will be held on Tuesday October 24, at 7:00pm. The event will be held at The Winthrop Senior Center on Harvard Street. Candidates Night is nonpartisan and free to attend. All Winthrop Candidates have been invited to participate.

The format of Candidates Night will be each candidate will have 2 minutes to describe their candidacy. Then the Moderator will ask two Questions to each candidate with 30



on October 8. Shown to the right, Eli and Verona Swanson at the pumpkin painting station. See more photos on Page 7.

Building Comm. holds public hearing on fire station proposal

million.

By Adam Swift

About a dozen residents took part in a public hearing on the proposed new fire station at Town Hall on Tuesday night.

A debt exclusion vote will be on the Nov. 7 town election ballot asking residents to approve funding for a new fire station at the location of the Wadsworth Building and Kirby Funeral Home. The total cost of the project is expected to fall between \$36-\$40

Tuesday night's public hearing featured questions about the location of the new station, comments on a potential second phase of the project that would see an addition and renovation to the police station attached to the new fire station, and comments about the need for a new fire station.

No timeline has been set for a potential vote on a second phase of the project that would include the police station, but consulting architect Kaestle Boos

See FIRE STATION Page 5

Chapdelaine announces candidacy for Precinct 2

Special to the Transcript

Marc Chapdelaine has announced his candidacy for Town Council Precinct 2. The following is his statement:

"I am proud to announce my candidacy



for Winthrop Town Council for Precinct Winthrop is a 2. community my family and I have called home since 2011.

Over the next four years, the Council

See CHAPDELAINE Page 3

Letterie announces candidacy for re-election

Special to the Transcript

Town Council President has announced his candidacy for re-election. The following is his statement:

My name is Jim Letterie, and I am a



candidate for re-election to the office of Town Council President. It has been my true honor to serve the citizens of Winthrop as a member of the Town Coun-

See LETTERIE Page 3

Meat Market owners thank town, customers for support

By Adam Swift

concrete plans for the relocation of the Meat Market



seconds to respond. Finally, after the Q&A is completed Winthrop voters can speak informally to any candidate who chooses to linger after the program's formal conclusion.

See NEWS BRIEF Page 2



When plans were first announced to build a new fire station on the site of the Wadsworth Building and Kirby Funeral Home, one of the big questions was the future of the businesses in the buildings, including the popular Meat Market.

Town officials have been working with the Meat Market and other tenants to help them relocate if the November 7 debt exclusion vote to build a new fire station passes.

At a public hearing Tuesday night, Town Council President Jim Letterie said the town should be ready to discuss more

and other businesses soon. In addition, Meat Mar-

ket owners Patsy and Sando Cimino submitted a letter to the Fire House Building Committee in favor of the new fire station plans that was read at Tuesday night's meeting.

"To our loyal friends and community, thank you for your ongoing support these past few months as we learn more about the future of our family business," stated the Ciminos. "We are happy to share with you that we have been actively working in good faith with the town to come to a resolution together where we can continue to come to a resolution together."

The Ciminos stated they are confident that they can make a plan to stay in Winthrop and continue to serve the community and partner with the town at community events.

"The Meat Market continues to support lo-

See MEAT MARKET Page 2

MARIANNE SALZA PHOTO

Winthrop Improvement and Historical Association members gathering in the Deane Winthrop House barn on October 3 for "Historic Boston Light 1716-2023," with Boston Light Keeper Sally Snowman. See more photos on Page 8.

WIHA hosts discussion on historic Boston Light 1716-2023

Story & Photos by Marianne Salza

Boston Light Keeper Sally Snowman was the guest speaker during the October 3 Winthrop Improvement and Historical Association (WIHA) meeting in the Deane Winthrop House barn. Her "Historic presentation, Boston Light 1716-2023,' described the 307 years that the lighthouse has



Sally Snowman, last lighthouse keeper in America

been a beacon for ships navigating into Boston Harbor.

Snowman announced that she will be retiring at the end of the year, after 20 years of protecting and caring for the tower and grounds of Little Brewster Island with her husband, Jay Thomson, of the US Coast Guard Auxiliary.

Snowman is the 70th

See BOSTON LIGHT Page 8

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WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

MONDAY, SEPT. 25

1031: An officer issued a parking ticket to a vehicle blocking a driveway on Tileston Rd.

1246: An officer stopped a motor vehicle at Shirley St. and Ocean Ave. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1301: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1310: officer An stopped a motor vehicle at Walden St. for the civil moving infraction of excessive window tint. The officer issued a citation to the operator.

1352: officer An stopped a motor vehicle on Harvard St. for the civil moving infraction of a number plate violation. The officer issued a citation to the operator.

1412: An officer stopped a motor vehicle at Walden and Pauline Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1418: A resident came into the station to report being the victim of a fraud of \$10,000 from his bank account. The officer filed a report.

officer 1455: An stopped a motor vehicle at Lincoln and Beal Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1624: An officer stopped a motor vehicle in Metcalf Sq. for the civil moving infraction of a crosswalk violation. The officer issued a citation to the operator.

1710: An officer stopped a person on a moped on Revere St. and issued a citation to the operator for a criminal offense. The officer allowed the operator to bring the moped onto private property. 2102: officer An stopped a motor vehicle on Pleasant St. and arrested Glen Allan Smith, 55, of 7 Willis Ave., for the criminal offense of operating a motor vehicle while under the influence of liquor. He also was cited for the civil infraction of failing to stop at a traffic control sign or signal.

TUESDAY, SEPT. 26

0107: An officer issued parking tickets to two vehicles without residential parking permits on Winthrop St.

Meat Market // CONTINUED FROM PAGE 1

cal Winthrop firefighters and their pursuit of a new fire station in any way we can," the owners continued. "Thank you to the town for their continued and open dialogue and to our customers for their ongoing support."

Letterie said he couldn't go into any more details about potential relocation

plans, but said there would be more to come shortly. He also thanked Town Manager Tony Marino

for his efforts in working with the tenants of the Wadsworth Building, and to the Ciminos for their willingness to work with the town.

wrtc@gmail.com.

November:

Jim Letterie

The following Winthrop

• Council President -

0722: An officer ordered a tow for a motor vehicle with four flat tires on Bartlett Rd. The officer filed a report.

0925: An officer assisted a family with the installation of a child car seat on Amelia Ave.

1239: officer An stopped a motor vehicle on Washington Ave. for the civil moving infraction of speeding (37 in a 25 m.p.h. zone). The officer issued a citation to the operator.

officer 1252: An stopped a motor vehicle on Washington Ave. for the civil moving infraction of speeding (37 in a 25 m.p.h. zone). The officer issued a citation to the operator.

officer 1418: An stopped a motor vehicle on Pleasant St. at Edgehill Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1427: An officer stopped a motor vehicle on Pleasant St. at Edgehill Rd. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1434: An officer stopped a motor vehicle on Pleasant St. at Waldemar Ave. for the civil moving infraction of speeding. The officer issued a citation to the operator.

1512: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident at Buchanan and Winthrop Sts. The officer filed a report.

1552: A caller reported finding a loose dog at Highland and Cliff Aves. The Animal Control Officer responded and returned the dog to its owner.

1805: A person came into the station to report that his vehicle was struck by a hit-and-run operator at Ocean View and Bowdoin Sts. The victim gave a description of the vehicle and operator to the officer. The officer filed a report.

2303: An officer directed a Shore Drive resident playing music loudly to turn it off for the night.

WEDNESDAY, SEPT. 27

0925: An officer responded to a report of a minor motor vehicle accident at Jefferson and Winthrop Sts. in which a person opened a car door into another vehicle. The officer assisted the parties with the exchange of papers and issued a citation to one of the parties for the criminal offense of operating a motor vehicle with an expired license.

0931: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident at Grovers and Crest Aves. The officer filed a report.

1019: A resident came into the station to report being the victim of a fraud in which a charge account to Bob's Discount Furniture was opened in his name through the Wells Fargo Bank in the amount of \$3400. The victim never has done any business with either Bob's or Wells Fargo. The charges to the account occurred in Worcester and Manchester. Conn.

1103: A resident came into the station to report being the victim of an identity theft in which a credit card account was opened in his name. The officer filed a report.

1110: A report of a dead seal at Deer Island was referred to the Animal Control Officer.

1358: An officer ordered a tow for a motor vehicle that had been on the 72-hour list on Winthrop St.

1601: Officers executing a search warrant at a Sea Foam Ave. address arrested Jacob James Desplaines, 20, of 209 Shir-

posted at the following

local businesses; Swetts

Liquors, Center Laundry,

Cafe Delite, Pro Shop,

Nick's Restaurant, Quick

Food Mart on Shirley St.,

Bobby Lou's Jewelers,

Crest Ave. Wine and Spir-

its, Aljay's Cafe, Ariana's

Cafe, Woodside Hard-

the Winthrop Republi-

can Committee connect a

wrtc@gmail.com.

S.P.I.R.I.T.S. OF

NEW ENGLAND

GHOST LECTURE

S.P.I.R.I.T.S. of New

England, in co-operation

with the Winthrop Im-

provement & Historical

Association (WIHA), will

host a fundraiser for the

To participate with

ware.

ley St., for the criminal offenses of trafficking in more than 18 grams, but less than 36 grams, of cocaine; illegal possession of a Class D controlled narcotic substance with intent to distribute; and possession of ammunition without an FID card. Officers also towed his motor vehicle.

2151: Officers respond to a report of two youths shooting pellet guns at passing vehicles on Revere St. The officers located the youths, spoke to their parents, and seized the guns.

THURSDAY, SEPT. 28

1003: An officer responded to a minor, twocar motor vehicle accident on Shirley St. The officer filed a report.

An 1210: officer stopped a motor vehicle on Washington Ave. for the civil motor vehicle infraction of speeding (41 in a 25 m.p.h. zone) and issued a citation to the operator.

-- An officer stopped a motor vehicle on Washington Ave. for the civil motor vehicle infraction of speeding (37 in a 25 m.p.h. zone) and issued a citation to the operator.

-- An officer stopped a motor vehicle on Pleasant St. at Bartlett Rd. for the civil motor vehicle infraction of speeding and issued a citation to the operator.

-- An officer stopped a motor vehicle at Pleasant St. and Woodside Ave. for the civil motor vehicle infraction of a one-way violation and issued a citation to the operator.

-- An officer stopped a motor vehicle at Pleasant and Main Sts. for the civil motor vehicle infraction of speeding (37 in a 25 m.p.h. zone) and issued a citation to the operator.

-- An officer stopped a motor vehicle on Pleasant St. and ordered it towed for the criminal offense of operating with a registration revoked for insurance cancellation. The operator also was cited for the civil infraction of speeding (39 in 25 m.p.h. zone).

1253: An officer stopped a motor vehicle on Terrace Ave. for the civil motor vehicle infraction of violating the hands-free law and issued a citation to the operator.

1317: A person came into the station to report being the victim of a hitand-run accident. The officer filed a report.

1335: An officer stopped a motor scooter at Revere St. and Sagamore Ave. He ordered it to be towed and issued a citation to the operator for the criminal offense of operating a motor vehicle with a suspended license and operating an uninsured motor vehicle. The operator also was cited for the civil infraction of operating an unregistered motor vehicle.

An officer 1447: stopped a motor vehicle on Pleasant St. The officer ordered it to be towed and issued a citation to the operator for the criminal offense of operating a motor vehicle with a registration revoked for insurance cancellation. The operator also was cited for the civil infraction of speeding (39 in a 25 m.p.h. zone).

2005: A report of a raccoon that was struck by a car and left in the middle of Banks St. was referred to the DPW.

FRIDAY, SEPT. 29

0714: A report of a dead possum on Shirley St. was referred to the DPW.

0941: An officer issued a parking ticket to a vehicle on Crest Ave. 1231:

An officer

See POLICE Page 3

Community members who would like to offer suggestions for the questions presented to the candidates can submit their questions to the WRTC. Please submit your questions for consideration to Republican "Winthrop

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S.P.I.R.I.T.S. OF NEW ENGLAND

A spooktacular fundraiser to benefit the Deane Winthrop House, 40 Shirley St. Saturday, Oct.

Deane Winthrop House Tour: 6PM

Ghost Lecture in the Deane Winthrop Barn, 7PM

Buy Tickets through Eventbrite. \$15 \$20 each at the Door

MORE INFORMATION: BOSTONSGHOSTLADY@GMAIL.COM

Town Committee" face-• Town Councilor at book group or via email to Large - Todd Sacco, Max Tassinari

• Town Council - Pre-Offices and Candidates cinct 2 - John Munson, are vying for election in Kurt Millar, Marc Chapdelaine

• Town Council - Precinct 4 - Suzanne Swope • Town Council - Pre-

cinct 6 - John Daros · School Committee -

Layne Petrie, Zachary Purinton, Gus Martucci

• Library Trustee - Anne Ferreira

Housing Authority - Frank Ferrara, John Tranfaglia, Rosann Trionfi- Mazzuchelli

For information about Meet the Candidates Night go to Winthrop Republican Town Committee on Facebook or see fliers

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historic Deane Winthrop House. The event will be held on Saturday, October 21st with tours of the House from 6-7pm and a Ghost Lecture in the Barn, 38 Shirley Street, Winthrop, MA at 7pm.

Hear from S.P.I.R.I.T.S. Paranormal Investigators who were featured on television shows such as "Paranormal Survivor", and "Haunted Case Files" as well as the investigations they have conducted on well-known landmarks such as the USS Constitution, the Mount Washington Hotel, and our own Deane Winthrop House.

The presenters for the evening will be S.P.I.R.I.T.S. Founder and WIHA Board Member, Ellen MacNeil, and S.P.I.R.I.T.S. team member, Jack Kenna. Both investigators have many stories to tell. A seasoned Paranormal Investigator, Ellen has appeared on television on episodes of the "Haunted Case Files" and "A Haunting Season" series.

Jack is a recognized Paranormal Investigator, Speaker, and Author. He has appeared on episodes of "Haunted Hospitals", "A Haunting", and "My Worst Nightmare." Jack has written several books which he can offer for purchase at the Lecture.

Light refreshments will be served. Tickets cost \$15 when purchased on Eventbrite or \$20 when purchased at the Door. Space in the Barn is limited to only 99 souls so

don't get turned away at the Door!

Please direct any questions about the event to bostonsghostlady@gmail. com.

It'll be a spooktacular evening.

FALL EVENTS AT THE RUMNEY MARSH BURIAL GROUND

The Rumney Marsh Burial Ground Restoration Committee is proud to announce two big events this Fall at the burial ground.

On October 21st Revere's historian Jeff Pearlman will be leading a guided tour of the burial ground starting at 3pm. This tour will teach you everything there is to know about Revere's oldest historic landmark. Tour attendees will meet RMBG luminaries such as Captain Samuel Sprague, Reverend Thomas Cheever, and many more.

On October 28th the burial ground will once again be a part of Revere's All-Hallow's Eve festivities. RMBG will be open from 4 to 8, giving the public a rare opportunity to explore the burial ground after dark. Attendees can learn all about the spooky side of RMBG!

Rumney Marsh Burial Ground will close for the winter on December 1st. Until then the gates will be open daily except for days when the forecast calls for rain. RMBG can be found on Facebook, Instagram and at rmgbrc.org.



Police // CONTINUED FROM PAGE 2

stopped a motor vehicle on Quincy Ave. for the civil moving infraction of excessive window tint. The officer gave a verbal warning to the operator.

1312: A report of two dead seals on the beach at Tafts Ave. and Otis St. was referred to the DPW.

SATURDAY, SEPT. 30

1008: An officer stopped a motor vehicle on Walden St. for the civil moving infraction of a crosswalk violation. The officer issued a citation to the operator.

1146: An officer directed a person hitting golf balls in the cemetery at

Belle Isle to cease doing so and to leave.

1515: An officer issued a parking ticket to a vehicle parked on the sidewalk on Circuit Rd.

1605: A person came into the station to report an attempted identity theft from her grandmother.

2303: An officer stopped a motor vehicle at Main and Pleasant Sts. for the civil moving infraction of operating without headlights after dark. The officer gave a verbal warning to the operator.

2321: An officer stopped a motor vehicle at Main St. and Court Rd. and issued a citation to the operator for the criminal offense of unlicensed operation of a motor vehicle and for the civil infraction of excessive window tint. The office stood by while a licensed operator came by to take control of the vehicle.

2348: An officer stopped a motor vehicle on Shirley St. and issued a citation to the operator for the criminal offenses of operating a motor vehicle with a registration revoked for insurance cancellation and for operating a motor vehicle with a suspended license. He also was cited for the civil infraction of operating an unregistered motor vehicle. The motor vehicle was ordered towed.

Letterie // CONTINUED FROM PAGE 1

cil for the past 18 years. I have served in various capacities, representing Precinct 2, Vice President, and the past 2 years as the Town Council President. We have accomplished much over the past couple years, most notably was the hiring of Tony Marino as our town manager. When sworn in, it had been 8 months since we had a permanent town manager. I stated my goal was to immediately create a search committee, hire a consultant and have a manager in place by June 1st. Tony started on the job May 1st and we have forged ahead with many initiatives that have put Winthrop in a better place.

We have settled all town department contracts, re-directed the center bus to a far safer route, we have done multiple infrastructure upgrades making our roads and utilities safer while also addressing our loss water to much

more manageable levels. After many years of trying we are now officially out of the ferry business, and have the MBTA running the operation, while also extending the operating season. After many years we have begun the TIPS project which will completely upgrade the roads and sidewalks, while also helping with traffic concerns at the Gorman Ft Banks school. After much discussion with the DCR, I was able to have stairs built at the Locust Street access point, enabling much better community access to the beach.

I believe, by far, the most critical at this time is the new fire house proposal. This has been discussed for over 30 years without any real action. Like every proposed new building in town it has had its share of criticism. We absolutely did not propose this project blindly; we were extremely cognizant of location, cost, effect, and need. We have been completely transparent on every issue and have reached out to the public in many different ways from public meetings and hearings, creating a website, participated in community events such as the farmers market, attended coffee hours, hosted tours of the existing stations, and we will continue this right up until November 7th. I encourage you to visit www. WinthropFireStation.com more information. for Over the past 23 years we have done four major projects in Winthrop, 3 school buildings as well as Miller Field. Each project had its challenges. Each project had its detractors. However, the need and opportunity far exceeded the challenges of each and in the end they were all passed and have been extremely well received by the town. Change is never easy, but as JFK once said,

"Change is the law of life, and those who look only at the past or the present are certain to miss the future." This project has been vetting thoroughly and is so much needed. The opportunity is now, it's been well over 100 years since we last built a fire station, we owe it to our fire fighters to live and work in safe and up to code facilities, and we owe it to our citizens to provide the best protection we possibly can.

I have worked on my Middle School presentation for the past 10 months. A public/private partnership where a company would lease our land, build a state of the art, multi functional sports complex, which Winthrop would have much more use and options than currently, and the company

would generate revenues by renting out the facility for various camps and tournaments is a win win for everyone. In my inaugural address, while talking about the middle school site as yet another top priority, I stated, "I would expect to make a proposal which would be cognizant of Winthrop's density, respectful of the neighbors and residents of the town, mindful of the economic stimulus needs and well aware of impacts to different segments of the town including the schools. " I strongly believe that this proposal hits all that and needs to go forward with an RFI, to show the town the validity of this project.

I am supported in my candidacy by my wife Dawn, a Winthrop School Teacher for over 37 years.

I am a parent of two amazing young adults, Jake (25) and Jenna (23), a homeowner, and a small business owner in Winthrop. I have a good understanding of our resident's frustrations and struggles I am uniquely qualified to be your Town Council President - I have the energy, experience, and willingness to not only hear, but listen to all sides of every issue and then take decisive action forward I want to work with my fellow Councilors, our incredible town employees and most importantly our residents - young and old. new residents and townies – together we can do incredible things for Winthrop, while keeping the fabric of our community intact.

Chapdelaine // CONTINUED FROM PAGE 1

will navigate decisions shaping Winthrop for decades, including negotiating contracts for vital community developments like a first-class Recreation Center at the old Middle School site, a new firehouse, the MWRA Agreement, Mitigation and the MassPort PILOT Agreement.

Leveraging over 20

My previous leadership roles, including Chair of the Board of Licensing, Chair of the Ordinance Review Committee, and President of Winthrop's Chamber of Commerce, have equipped me to understand and address our town's challenges headon.

My vision for the old Middle School site inaccessible to all, whether it aligns with the current Rec Center proposal or adopts a new model.

Addressing our schools, ranked in the bottom-third in Massachusetts, is paramount. As a parent and Councilor, I will strive to maximize funding for our school system, providing the School Committee with the necessary

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\$810,000

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SELLER 1 Mclaughlin Fenton K Est



years of experience as an attorney, I have helped clients navigate complex challenges and find solutions - a skill set I will bring to our Council from day one.

volves no use of taxpayer funds, exploring avenues like lease agreements, grant money, mitigation funds, and private-public partnerships to develop a first-facility beneficial and



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If elected, I will work tirelessly to improve our schools, reduce our taxes and fees, boost municipal revenue, and ensure safety, all while preserving and supporting our town.

For more details on my vision for Winthrop, visit my campaign website: www.Marc4Winthrop. com. Let's work together to forge a prosperous future for Winthrop."

N MASA HICKEN WINGS

• ¹/₄ teaspoon ground cloves

1 tablespoon vegetable oil

1 teaspoon salt, or more as needed

• 5 large chicken wings, cut in 2, tips

1 tablespoon water

discarded

INGREDIENTS:

- 2 teaspoons ground coriander
- 2 teaspoons ground cumin
- ¹/₂ teaspoon ground cardamom
- ¹/₂ teaspoon hot chile powder • ½ teaspoon ground black pepper

DIRECTIONS

STEP 1: Combine coriander, cumin, cardamom, chile powder, pepper, and cloves in a dry pan over low heat. Stir until fragrant. Remove from heat, add oil and water, and stir until combined. Set spice paste aside.

STEP 2: Rub salt over wings in a shallow dish, then rub spice paste all over. Cover and refrigerate, 4 hours to overnight.

STEP 3: Preheat an outdoor grill for high heat and lightly oil the grate. Add wings and cook, turning halfway, until well browned, 15 to 20 minutes. An instant-read thermometer inserted near the bone should read 165 degrees F (74 degrees C).

35 REVERE ST., WINTHROP (617)846-6880

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Winthrop S u n 🚈 T r a n s c r i p t

Page 4

PRESIDENT: Stephen Quigley - stephen.quigley@reverejournal.com MARKETING DIRECTOR: Deb DiGregorio - deb@reverejournal.com

OUR Opinions

THE TRAGEDY IN ISRAEL

The incursion into Israel by terrorists from Gaza this past weekend, resulting in the indiscriminate and wilful slaughter of 900 innocent civilians, including young children, rates as one of the most heinous events in the world in this century.

The terrorists' actions had one and only one objective: To kill as many Israelis as possible and to capture dozens more to serve as hostages.

The terrorists' deeds could not have been accomplished without the support of the Iranian government, whose only objective on the world stage is the destruction of the State of Israel.

Both the terrorist thugs and Iran's leaders know fully well that the repercussions of their nefarious deeds will fall most heavily on the two million people of Gaza, of whom half are children, who are being used as pawns by the terrorists and the Iranians and whose land now will become the stage for a full-scale Israeli military assault that will be necessary to root out the terrorists and their leaders.

The sheer hatred exhibited by the Iranian-backed terrorists this weekend has shown to all the world that Iran and its proxies have no desire for peace with Israel. We trust that the perpetrators of this past weekend's horrors will be brought to justice -- and we can only hope that Iran's leaders somehow can be held to account for their role in this terrible event.

DEMOCRATS SHARE IN THE **BLAME FOR THE CHAOS IN** THE HOUSE

There are many who are to blame for the complete breakdown in the operations of the U.S. House of Representatives, but a large share of that blame belongs to the Democrats, all of whom voted to oust former Speaker Kevin McCarthy from his post.

Yes, McCarthy is a Republican, but sometimes, SOMETIMES — politicians have to put the interests of the country above their party. And yes, Kevin McCarthy is a sniveling snake on so many levels, but he did do the right thing in June when he achieved a compromise with President Joe Biden to raise the debt ceiling and again recently to pass a budget to avert a shutdown.

Democrats complain that McCarthy could not be "trusted" and that he's a liar (all of which are true) — but really? All politicians are liars, from Joe Biden on down. Do they think the people don't know that?

So for a few weeks - or however long it takes for the GOP to choose a new speaker - the Democrats will have their chance to gloat over the dysfunction of the Republicans. But absent some grand strategy on their part, the country will fail to function, while also leaving aid to Ukraine and Israel twisting in the wind — and the only ones who truly will benefit from our chaos will be Putin, Donald Trump, and the terrorist organizations. In addition, as odious as McCarthy may be (in the eyes of Democrats), his possible successors will be far worse. By siding with the loathsome Florida Congressman Matt Gaetz -- whose only goal is to bring anarchy to our government -- the Democrats not only have plunged Congress, the country, and the world into darkness, but they also have forgotten the cardinal rule of politics: The enemy of my enemy is my friend. Or, to put it another way, sometimes you have two choose the lesser of two evils — and the devil you know is better than the devil you don't.

SUPPORTS SACCO **Dear Editor,** Winthrop Citizens/ Voters

I am writing to express my support for Mr. Todd Sacco for Winthrop Town Councilor at large.

I have known Todd for most of my life, we both grew up on Sunnyside Ave, we both proudly went through the Winthrop Public Schools together, we both stayed in Winthrop and happily raised our families here .

In the past, politically, Todd and I had our differences and those differences were heavily publicized. Todd is very passionate about his political beliefs and that passion is sometimes misconstrued. However, make no mistake, Todd is focused on his beliefs, cares deeply for this town and its betterment. Todd has grown and learned from his past years in town politics that will greatly benefit the Town Of Winthrop and its citizenry.

I will be voting for Todd Sacco on November 7, 2023 and I hope you will too!

Thank you for listening **Gus Martucci** Member, Winthrop **School Committee**

SUPPORTS TASSINARI

Dear Editor,

With respect to Winthrop's coming election of a town councilor at-large: If you want a town councilor who believes that all residents of Winthrop deserve to be treated with respect regardless of their ethnic background, religious or political affiliation, gender orientation, or how long they have lived in Winthrop, vote for Max Tassinari.

If you want a councilor who is willing to listen to--and learn from--people with perspectives that differ from his own, vote for Max Tassinari.

If you want a town councilor who believes that Winthrop's health guidelines should be based on science, vote for Max Tassinari.

If you want a town councilor who recognizes that coastal communities like Winthrop need to prepare for rising sea levels caused by global warming, vote for Max Tassinari.

If you want a town councilor with an MBA and many years of experience managing and balancing large budgets in both the public and private sector, vote for Max Tassinari.

Winthrop is lucky to have an excellent candidate like Max Tassinari running for councilor-at-large. We wholeheartedly support him. And we hope you will too.

(The Tassinari campaign has not reviewed or endorsed this letter. Signatories listed in alphabetical order.)

> **Elaine Abrahms** Joe Aiello **Michael Alabiso**

Rachel Alabiso Lisa Albergini **Alan Billing Barbara Bishop Nicole Bishop** Carina Campobasso **Amy Johnson Carroll Bob Carroll Julie Clark Alicia DelVento Alyson Dewar Katrina Donavan Chris Farnsworth Amy Farrell Daniela Foley Erica Foley** Leonora Foley

Cheri Fucillo Kelly Gaule Tracey Honan Jonathan LaMaster **Suzanne Leonard Cindy Luppi Cormac Macphail** Annie Mahoney **Scott Mahoney Wright** Suzanne Martucci Gallo **Henry Munson** Mary Lou Osborne **Susan Postell** Luis Santiago Lisa Schad **Gary Skomro** George Spagnoli Marci Spagnoli **Eric Tennen** Leah Tennen John Vitagliano **Chris Wallerce** Julia Wallerce **Astrid Weins**

TASSINARI IS A CANDIDATE FOR US Dear Editor,

My name is Cathy Del-Vento. I am a mother, a wife, and a proud daughter of Winthrop. I have spent a lifetime supporting Democrats in our beloved town. From helping elect our town's most steadfast champion, former speaker Bob DeLeo, to running our town's Democratic Committee for longer than a decade. Making sure those in power represent us and the values we hold dear is incredibly important to me.

As Tip O'Neill used to say, "All politics is local," and that is especially true in our upcoming town council elections. On November 7, the choice for Town Councilor At-Large could not be more apparent. I am supporting Max Tassinari.

Max is an exemplary candidate who, as a young father of two, cares deeply about building a better Winthrop of tomorrow. He prioritizes the well-being of our community elevating diverse voices and building a sustainable future for everyone. His strong moral compass and ability to create positive change will make him an invaluable asset. Max is a bridge builder, a passionate collaborator, and a person of high integrity who will amplify our voices to enable positive change for our community.

I encourage everyone to learn more about Max by visiting maxtassinari.org, and I ask you to join me in voting for him as our next Town Councilor At-Large on November 7th.

Cathy DelVento Chair, Winthrop Democratic Town Committee

North Shore Music Theatre presents 'Elvis: A Musical Revolution'

Special to the Transcript

It's time to get those blue suede shoes ready... Bill Hanney's award-winning North Shore Music Theatre (NSMT) is bringing the New England premiere of Elvis: A Musical Revolution to the North Shore. Elvis: A Musical Revolution will play from Tuesday, October 31 thru Sunday, November 12, 2023 "To this day, Elvis' name still evokes excitement and immediate recognition from people all over the world as reflected by the recent smash success of Baz Luhrmann's 2022 film and the strong early ticket sales for this new musical authorized by Elvis Presley Enterprises," said NSMT owner and producer Bill Hanney. "Director and choreographer, Kevin P. Hill will helm this production featuring a talented cast led by the dynamic newcomer, Dan Berry as Elvis Presley. We are working hard to live up to the expectations of our devoted audiences as well as the legions of Elvis' beloved fans who will be visiting us for the very first time!" Authorized by Elvis Presley Enterprises, this bio-musical takes a closer look at the rock star and cultural icon whose impact shaped the history of music and culture. This new musical explores the pivotal moments in Elvis' life through the perspectives of those who knew him best. Using different lenses to dig deeper into ductions of The Sound of fact vs. fiction, ELVIS: A MUSICAL REVOLU-TION spans from his impoverished childhood in Coffee from his 28 sea-Tupelo, Mississippi to his sons of playing Ebenezer triumphant 1968 "Comeback Special," and his ascent to be "The King." It features more than 40 Elvis hits and iconic songs including: "That's All Right," "Blue Moon of Kentucky," "All Shook Up," "Heartbreak Hotel," "Burning Love," "Good Rockin' Tonight," "Earth Angel," "Hound Dog," "Don't Be Cruel," "Jailhouse Rock," "Are You Lonesome," and "Blue Suede Shoes". This brand-new production, written by David Abbinanti (Book, Orchestrations, Arrangements) and Sean Cercone (Book) based on a concept by Floyd Mutrux, will star newcomer Dan Berry as Elvis Presley. Dan is a 2023 graduate of The University of Oklahoma with a BFA Musical Theatre Performance. He has performed in productions of Natasha, Pierre & the Great Comet of 1812, Rent, and Spring Awakening, as well as appearing in the film The Line. The show will also feature Mary Callanan as Gladys Presley, David Coffee as Colonel Tom Parker, and Bronson Norris Murphy as Sam Phillips and Frank Sinatra. Mary Callanan has appeared on Broadway in Mamma Mia!, Bandstand, and the most recent revival of Annie, as well as in the NSMT pro-

Music, Kinky Boots, and Damn Yankees. Audiences will recognize David Scrooge in A Christmas Carol as well as his other 34 credits at NSMT, including recent productions of Disney's Freaky Friday, Singin' in the Rain and Disney's Beauty and the Beast. Bronson Norris Murphy has appeared at NSMT in West Side Story, Cats, Saturday Night Fever and six seasons of A Christmas Carol. Bronson spent the last 9 years in the Broadway company of The Phantom of the Opera and starred as The Phantom in the American premiere of Love Never Dies:

The Phantom Returns.

Tickets are priced starting from \$68 - \$93. Performances are October 31 - November 12, 2023, Tue - Thurs at 7:30 pm, Fri & Sat at 8 pm, matinees Wed, Sat and Sun at 2 pm. Kids 4 - 18 save 50% at all performances. \$25 Student Rush tickets are available. For tickets and information call (978) 232-7200, visit www nsmt.org, or visit the box office in person at 54 Dunham Rd., Beverly, MA. North Shore Music Theatre will conclude the 2023 season with the annual production of A Christmas Carol once again starring David Coffee (December 7 - 23).

LETTERS to the Editor

Forum

TV NETWORKS: PLEASE, NO MORE PATS' GAMES

For those of us who have been Patriots' fans since we were kids in the 1960s, the dreadful and pathetic performances of the Pats these past two weeks have resurrected painful memories of the era when the then-Boston Patriots were the worst team in football.

Thanks to the Pats' success during the first two decades of this century, we had blocked out the traumatizing thoughts of those pathetic teams from more than 50 years ago.

So the last thing we want to do is to watch the Patriots get hammered in the coming weeks. Unfortunately however, the TV networks will be televising the Patriots' games exclusively in this market each week -- which means that if a really good game between two real teams is being played somewhere else, we'll be blacked out in favor of the pathetic Pats.

So the best thing that a Pats' fan can do is to not tune into their games each week -- and perhaps the networks will realize that they can get better ratings by bringing us a game between two teams who will be entertaining.

In addition, any true Pats' fan should be rooting for them to lose. A worst-in-league record will give the Pats the chance to draft Caleb Williams, the Heisman Trophy quarterback from USC, who represents the only hope that our New England team will be able to compete in this decade with the likes of the Chiefs with Mahomes, the Bills with Allen, the Dolphins with Tua, and the Eagles with Hurts.



The Independent Newspaper Group reserves the right to edit letters for space and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Independent Newspaper Group publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Independent Newspaper Group. Text or attachments emailed to editor@reverejournal.com are preferred.

DUELING PIANOS FUNDRAISER AT PPYC TO BENEFIT SURVIVORS BY THE SEA



Pleasant Park Yacht Club was filled with guests who came out to support a good cause and enjoy a night of entertainment,



THE MORE Things Change

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

10 years ago **October 10, 2012**

Town Council President Peter Gill and challenger Jeffrey Turco offered contrasting views about how they would lead the town in the next two years during a spirited Council President Debate Tuesday night broadcast live on WCAT. The candidates disagreed on just about every issue - the new schools construction project, the water and sewer rates and enterprise fund, the approach to negotiations with Suffolk Downs officials for the casino mitigation package, and their style of leadership.

The annual Fall Crafts Fair sponsored by the Winthrop Parks and Recreation Department will be held Saturday at Ingleside Park. Parks and Recreation Director Sean Driscoll and his staff do a great job organizing this annual event and families always have a fun-filled day at the fair, which as always will feature something for folks of all ages to enjoy. Voters will go to the polls this Tuesday in a primary election to select the Democratic and Republican nominees for the Congressional seat formerly held by Ed Markey, who now is one of our U.S. Senators. Speaker of the House Robert A. De-Leo has endorsed Middlesex County Sheriff Peter Koutoujian for the Fifth District seat, which has given Koutoujian a big boost in the Democratic primary.

youths in Winthrop in recent weeks.

A group of 130 Winthrop school teachers picketed at the corner of Revere Street and Kennedy Road prior to the School Committee meeting at the Ft. Banks School to make known their demand for a fair contract.

A group of Winthrop students were guests of Massport for a visit onboard the Concorde supersonic jet airplane, which was stopping in Logan for its final flight before it is decommissioned.

Long-time residents are mourning the passing of former Winthrop police officer Arthur Floyd, who served the town for more than 40 years. He was 76.

30 years ago October 21, 1993 The Appeals Board has

40 years ago **October 19, 1983** Selectman Robert E.

Noonan has been named to the newly-formed MDC Sewer District Committee. The MDC also announced the publication of a newsletter that will keep the public informed of its plans and progress for a new sewage treatment plant on Deer Island.

A meeting to discuss an alternative Halloween program for the town's children drew a small crowd to the selectmen's office. Last year's alternative program was in response to the Tylenol scare. However, with so few people showing up for this year's meeting, it was the general consensus that there are not enough volunteers to conduct an alternative program this year.

without approving it. The selectmen acted upon the advice of Town Counsel Joseph Harvey, who told the board that expenses greater than \$550 must be documented properly in accordance with state law.

John Fenton, the New England correspondent for the New York Times, was the guest speaker at the weekly Rotary Club luncheon. Fenton spoke about the recent disaster involving the U.S. Navy nuclear submarine Thresher.

Edward J. King, local resident and Massport Executive Director, will be the guest speaker at the upcoming Kiwanis Club dinner to be held at the Town Lyne House in Lynnfield.

The annual Sun-Transcript Cooking Demonstration to be held at the K of C in conjunction with the Mystic Valley Gas Co. will feature prizes galore for those in attendance.

September 16, On Pleasant Park Yacht Club (PPYC) Commodore, Dan Abbott and his partner, event coordinator, Amy Wheeler hosted a fundraiser along with tireless volunteers from PPYC and Survivors by the Sea (SBTS) to benefit SBTS. The event featured food and refreshments, as well as many raffle prizes. Ul-\$22,000 was timately, grossed and raised for Survivors by the Sea.

Courtesy photos

Dan and Amy couldn't be more proud and honored to be a part of this amazing event. They would like to thank: Balloon City, McCor-

mack's Flowers, Christopher Flowers, Honan Sign Company Overnight stay at the Marriott, Cafe Delite, AV Nails, Pleasant Park Yacht Club, Ray Bourque Jersey, tickets with dinner, Patriots tickets and all the local businesses that donated gift cards. We would also like to thank all who attended. You made the evening fun as well as successful. We are all so overwhelmed with the generosity of our community.

Survivors by the Sea is a 501c3, originating with a local group of cancer survivors, whose motto is Pay It Forward. We operate with no administrative overhead.



Signed sports memorabilia was one of the more popular raffle items throughout the event.

Fire Station // CONTINUED FROM PAGE 1

Boos has provided some preliminary renderings of the project.

Town Council President Jim Letterie cautioned that the renderings are a very early stage of the project and are subject to change.

the site, about businesses, about cost, about you name it."

The former chief said residents need to realize that the town decided in the 1960s that it needed a new fire station because However, he said the the two stations in town architect did take resident were already starting to deteriorate at that time. There was an effort to get a new station built in the 1990s, but Powers said that didn't happen because of other priorities in town with the schools. "What people forget is that in those intervening 60 years, those stations continued to deteriorate year after year after year," said Powers. "It's like having an old car, first it's the tires, then it's the brakes, then it's the starter ... then you get to the point where you say to yourself, 'is it worth putting any more money into this car? It's not worth it."" Powers said the town is asking its firefighters to work in buildings with mold, asbestos, and other health issues. "The only reason those buildings are anywhere near functional on the second floors is because of the work done by the firefighters, many times with their own money."

20 years ago **October 16, 2003**

Trash Recycling Study Chairperson Emilie Di-Mento said that her committee is putting the final touches on a Pay As You Throw program to be presented to the Special Town Meeting in two weeks.

State and local police, together with drug-sniffing dogs, conducted a search at Winthrop High last Friday morning for illicit drugs. Although no drugs were found, a group of 15 parents and school officials met on the steps of the high school later that afternoon to discuss the problem of drug use by teens. Police authorities said that the reason for their search at the high school was because of drug overdoses by local

requested a full traffic study before committing to a decision on the request for a special permit by Gilbert Lima to build a Dunkin' Donuts on Pauline St. The Appeals Board said that a traffic count conducted by Lima's daughter was not sufficient.

New Massport Executive Director Steven Tocco confirmed for the first time this week that the new Massport Board of Directors, which now is under the control of appointees made by Republican Gov. William Weld, will proceed with plans for construction of a new runway at Logan Airport, Runway 14/32, an issue that has been dead for 17 years when Massport agreed to an injunction barring the runway's construction. Tocco said that the time has come for Massport to resurrect the plan because of the increase in air traffic since that time.

The Winthrop Civil Defense Department has opened its annual Haunted House in the bunkers at Ft. Banks for the Halloween season. The Haunted House will be open every night through Halloween. Those who already have gone through the Haunted House say it is the best and scariest one yet.

The new hearing room in the basement of the Winthrop Town Hall, formerly the quarters of the police station, was dedicated Monday in honor of long-time Town Counsel Joseph Harvey.

Security at the junior high school has been stepped up after a 14 year old female student was assaulted by a 30 year old man who had been seen roaming the corridors of the school.

The Winthrop Art Association is holding its annual fall art exhibit at the Winthrop Savings Bank.

Residents are mourning the passing of 19 year old Kelly Ann Barry, who died this week from injuries suffered in an automobile crash on Main Street.

50 years ago **October 17, 1973**

Police are investigating the attempted arson of a Shirley Street building in which lighter fluid was used to douse the rear entrance of the building. Firefighters arrived to find the rear of the building in flames, but were able to extinguish it before it spread.

The question of when the new skating rink will open is still up in the air because of the contractor's failure to meet the deadlines imposed by the contract.

Winthrop police and firefighters were among hundreds of personnel who responded to Sunday's great Chelsea fire.

60 years ago **October 17, 1963**

The selectmen have returned for the second time a voucher submitted by the School Committee for travel expenses of School Supt. Arthur Dalrymple

70 years ago **October 15, 1953**

The selectmen have named Malvern C. Buchanan of Thornton Park as the new director of Civil Defense. He succeeds Matthew Lambert who recently stepped down from that post.

AAA has honored the town for a perfect automobile safety record in 1952 with no auto-related fatalities recorded in the town for the entire year.

A rash of small fires broke out all over the town this past week. Firefighters responded to seven separate alarms of fire.

Four local men went off to join the Army, fulfilling the town's draft quota for this month.

Townspeople are mourning the passing of Frank Hatfield, a wellknown figure for decades who was involved in scores of community and civic endeavors through the years.

Gregory Peck and Audrey Hepburn star in Roman Holiday at the Winthrop Theatre.

80 years ago October 16, 1943

Ernest W. Hardy will head up the 1944 United War Fund campaign in Winthrop.

The Winthrop Catholic Woman's Club opened its 24th season Monday eve-

See YEARS Page 6

feedback from an earlier meeting and changed the rendering so that the second floor of the police station would more closely match the look of the first floor of the existing building.

Some residents said they still had concerns about the amount of glass in the architectural rendering of the second floor. Letterie noted the renderings were designed to give the public an idea of how a combined public safety could look, and that there would still be plenty of time for more suggestions from the public.

Fire House Building Committee member and former Fire Chief Larry Powers gave a summary of the history of the efforts to build a new fire station in town, which stretches back to the 1960s, as well as the need for a new, modern facility.

"The common sentiment I've been getting around town is that we need a new fire station, the fire stations are old," said Powers. "But then there is the segment that does the but statement, and that statement runs the gamut about everything we've talked about - about

The next public hearing on the fire station project is scheduled for Monday, Oct. 23.

There are also tours of the existing Pauline Street and Shirley Avenue fire stations scheduled for Saturday, Oct. 21.

Please Recycle this Newspaper Thank You

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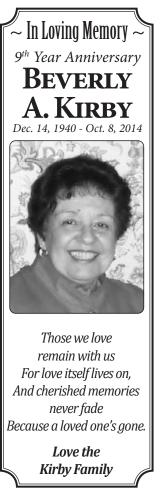
Ralph Perrotti

Of Winthrop

Ralph J. Perrotti, in Winthrop, formerly of Charlestown, passed away unexpectedly on Tuesday, October 3 at 71 years of age.

The devoted son of the late Josephine and Jaffrie Perrotti, he was the dear brother of Jaffrie and his wife, Sue and Eda and her husband, Bobby and the father of three children and their families.

A memorial gathering will take place on Saturday, October 14th from



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11 a.m. to 1 p.m.at the Ruggiero Family Memorial Home, 971 Saratoga Street, East Boston. To leave an online condolence visit www.ruggieromh.com.

6th Year Memoriam JUNELLE **AVERY OCTOBER 10, 2023**



We think about you always We talk about you still You have never been forgotten and you never will. We hold you close within our hearts, and there you will remain, to walk and guide us through our lives until we meet again

Love Dearie, Ken, Melissa & families

To place a memoriam in the Winthrop Sun Transcript, call 781-485-0588



Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152 Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m. Website: town.winthrop.ma.us/council-aging Email: COAReception@town.winthrop.ma.us

Additional information on our activities and programs can be found in our monthly newsletter, which is available at the Senior Center and on our website.

Thursday, October 12

9:00am-3:00pm: Computer Usage

9:00am-10:30am: Exercise Class (\$1) $12:00 \, \text{pm} - 12:30 \, \text{pm}:$

Lunch-Dine In / Grab and Go Lunch Pick-Up

12:45pm-3:00pm: Bingo

Friday, October 13

9:00am-12:00pm: Computer Usage

10:00am-11:00am: Line Dancing (\$5) 10:00am-12:00pm: Ce-

ramics (\$3) 11:00am: Grab and Go

Lunch Pick-Up

11:00am-12:30pm: Creative Writing Workshop

Monday, October 16

9:00am-3:00pm: Computer Usage

10:00am-11:30am: Representative Turco Office Hours

10:00am-11:00am: Yoga with Kathleen (\$5)

11:00am: Grab and Go Lunch Pick-Up

11:30am-2:30pm: Game Day/Mahjong

12:30pm-2:30pm: Art Class with Dawn (\$6)

Tuesday, October 17

9:00am-3:00pm: Computer Usage 9:30am-10:30am: Exer-

cise Class (\$1) 11:00am-12:00pm:

Blood Pressures 11:00am: Grab and

Lunch Pick-Up

Wednesday, October 18

9:00am-3:00pm: Computer Usage

9:30am-10:30am: Yoga with Kathleen (\$5)

10:00am-12:00pm: Bereavement and Caregiver Support Group 10:00am-12:00pm: Low Vision Support Group 10:30am-11:30am: Zumba with Cindy (\$5) 11:00am: Grab and Go Lunch Pick-Up 11:30am-12:30pm: Tai Chi/Qi Gong (\$5) 12:00pm-3:00pm: Shine Counseling 1:15pm-2:45pm: Italian Class

Please Note: The Seaside Tappers meet on Wednesdays at 10:00am at the Methodist Church (217 Winthrop Street). \$5. Per Class. All are welcome! For more information contact Gail at 617-763-7311.

Senior Lunch Program: The Senior Center offers in-person dining on Thursdays from 12-12:30pm. Grab and Go Lunches are also available for pick up Monday - Friday between 11am and 1pm. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and at the Senior Center. Please note, lunches cannot be held overnight, they must be picked up on the day that it was requested for.

Senior Van. The Senior Van runs Tuesday, Wednesday and Thursday from 9am-3pm. Reservations are on a first come, first served basis, and can be made by calling the Senior Center. Medical rides will be prioritized. A list of destinations and pricing is available on our website and in our newsletter.

Upcoming Activities and Programs

Bereavement and Caregiver Support Group: October 18 (10am) This group meets on the first and third Wednesday of each month. All are welcome to attend.

Blood Pressures: October 17 (11am-12pm) 1st & 3rd Tuesdays of each month. No appointment required.

Low Vision Supday of each month. No appointment required.

SHINE Counseling: October 18 (1pm-3pm) Our SHINE Counselor, Charlie Randall, is available to help you with any health insurance questions you have. Appointments are required; to schedule, please stop by the front desk or call us at 617-846-8538.

Technology Class: October 24 (10am-12pm) Volunteers will be available to help you with any tech support you need. If you would like to attend, you must sign up at the front desk, or call the Senior Center.

Programing & Activities

A full listing of the Senior Center's programs and activities is available in our newsletter and on our website.

Fall Into Healthy Habits: October 19,2023 (11:00am-3:00pm): Join us for our 1st annual health and wellness fair. Learn from experts in various fields and gain valuable knowledge to lead a healthier life. Enjoy free refreshments and hourly raffles. Contact Kristin Kilburn at kkilburn@bayada.com or call 617-pppp337-2000 with any Questions.

Know the signs of Stroke and Be Fast: October 25 (12:30) Speaker: Gwen Larsen PT, DPT. Community Outreach Coordinator for Tedy's Team Center of Excellence in Stroke Recovery, MGH Institute of Health Professionals. Acting fast at the first symptoms of stroke for yourself or someone you know is critical. People who arrive at the emergency room within three hours of their first symptoms often have less disability three months after a stroke than those who have received delayed care. Through this interactive educational session learn what a stroke is, how to recognize initial symptoms, and what emergency treatments are available. Be informed and be fast-it might even save a life!

October10 (10am-2pm) MGH will be offering a blood pressure clinic at the Senio Center. No appointment necessary, just stop by!

Phone: 617-846-8538

Suffolk County Sheriff-Senior ID Program: October 10 (10:30am-12pm) The Senior ID Program provides seniors with a free medical identification card. This card provides important information to emergency first responders when the holder is unable to communicate. The ID cards include a photo of the cardholder, their name, address, blood type, emergency contact and other information as the holder requests, which might be important to an EMT or other First Responders. Sign-up at the front desk.

Upcoming Trips

Flyers, with additional trip information, are available at the Senior Center.

Christmas Time at the Reagle Theater of Greater Boston: Sunday, December 10,2023: The Boston Christmas one spectacle to warm any heart! Children of all ages are enchanted by Santa's Workshop, Teddy Bears Nutcracker, Parade of the Wooden Soldiers, Victorian Christmas, precision dancers and the Living Nativity. The cast of 200 comes gift wrapped in the Chateau Restaurant in Waltham, Ma.

Meal Choice: Veal Parmigiana, Sirloin Tips, or Broiled Schrod.

Price: \$145.00. Make checks payable to Friends of WCOA.

An American Bandstand-New Years Eve Day at the Danversport Yacht Club: Sunday, December 31,2023: Ring in the New Year with entertainment from the incredibly dynamic Tom LaMark Orchestra. There will also be a champagne toast.

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147 Winthrop Street • Winthrop, Massachusetts 02152 (617) 846-8700 www.CaggianoFuneralHome.com. www.CremationsbyCaggianoFH.com port Group: October 18 (10:00am) All are welcome to attend. The meeting is being led by John Morgan.

Representative Turco Office Hours: October 16 (10am-11:30am) State Representative Jeffrey Turco will be holding office hours at the Senior Center on the third Mon-

Mass General Hospital Blood Pressure Clinic:

Meal Choice: Stuffed Breast of Chicken or Baked Schrod.

Price: \$95.00 (drive on your own) or \$125.00 (with transportation).

Years // CONTINUED FROM PAGE 5

ning in the hall of St. John the Evangelist.

90 years ago October 21, 1933

The selectmen granted a permit Monday to the Pan-Am gasoline and oil company for the installation of a gasoline filling station at the corner of Revere Street and Crest Avenue at the Highlands Bridge.

Winthrop schools will conduct tuberculosis clinics, it has been announced by School Supt. Edward R. Clarke. Clarke and the Board of Health favor the introduction of the Chadwick system, a tuberculin test which detects the disease in young schoolchildren and initiates immediate treatment.

100 years ago October 18, 1923

Jesse L. Leonard, editor of the Winthrop Sun, writes in an editorial that there should be strict enforcement of the Prohibition laws. She writes that

OBITUARIES All obituaries and death notices will be at a cost of \$150.00 per paper. Includes photo.No word Limit. Please send to obits@reverejournal.com or call 781-485-0588

unless all citizens place a high priority on the enforcement of Prohibition, which came about as the result of a Constitutional amendment, the Constitution itself will mean nothing.

The recent planting of grass and trees at the newly laid-out Ingleside Park gives the promise of good things to come in the spring.

110 years ago October 18, 1913

Harry D. Wood, 28, who resides on Nahant Avenue on the further side of the Highlands, has two badly-discolored eyes as the result of a beating administered to him not a stone's throw from his home Friday night. Wood had been at a boxing picture show at the theatre at the Beach with his friends when he went home and saw two lights on in his house. As he approached closer, two men pounced upon him from behind, one of them dealing him a stinging blow with a blunt instrument. Wood lay on

the ground for 15 minutes before he regained consciousness.

Elks Hall was filled Monday night for a cabaret show given under the auspices of the Elks members. More than 300 persons were on hand in the audience.

A unique dance called a Poodle Party was given at the Cottage Park Yacht Club Saturday night.

The Progressives of Winthrop held flag-raisings in Columbia Square and the Beach. Progressive principles were expounded and the party's nominees were lauded.

130 years ago October 20, 1893

The Methodist Church never was more attractively decorated than last Sunday with autumn foliage and ripened grain, suggestive of the aged of our community, for whom the services were held.

The **Prohibitionists** have nominated Frank Rich as their candidate for representative in the General Court.

WINTHROP PARKS & RECREATION FALL FAIR AND CRAFT SHOW



Friends, Mila Chizauskas, 9, and Evelyn Dellascio, 9.



Micah and Jason with their family.

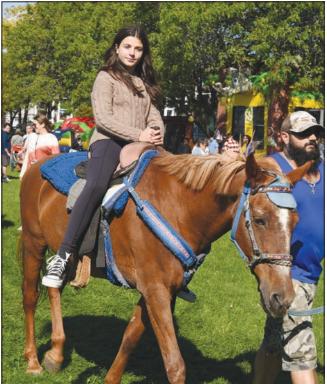


Emma Gaughan, 6, having her face painted by Ginny Colangelo, courtesy of Todd Sacco, candidate for councilor-at-large.





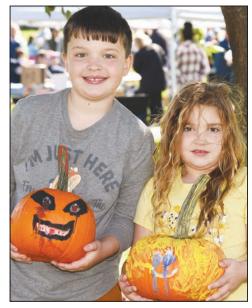
Quinn and Julia Howington and Orla and Grace Toomey.



Evelyn Trafton, 12, riding Banner around Ingleside Park.



Tami Boncore and Lucy choosing a pumpkin from the patch.





Sean Driscoll, Director, and Jill Caputo.



Representative Jeff Turco with his daughter, Mary, and son, Joseph, with Vasili and Dino Mallios.

Photos by Marianne Salza Little ones' fingers and painted faces were sticky from cotton candy during the Winthrop Parks & Recreation Fall Fair and Craft Show on October 8. Local artisans displayed their crafts along the side-

walk of Ingleside Park, where attendees had the opportunity to speak with local officials, and enjoy a barbecue lunch. Children picked pumpkins from a patch to paint, rode ponies, and played in bouncy houses.

Tito Gautier and Winston.



State Rep. Jeffrey Turco was on site at the Fall Festival, handing out fresh pretzels from Philly Pretzel Factory.

Eli and Verona Swanson holding their painted pumpkins.



Sarah, Aaron, Leroy, and Lawrence Williams.



Fiona and Kennedy, 4, jumping out of a bouncy house obstacle course.



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Boston Light // CONTINUED FROM PAGE 1

keeper of Boston Light, and the final lighthouse keeper in America. The Coast Guard will be eliminating the position, and soon announce that the last manned, Coast Guard light station in the country will no longer be operated by a keeper.

"I'm humbled and honored that I'm the first woman keeper of Boston Light, and the last," said Snowman, 72-years-old. "Boston Light is the first, established lighthouse in Colonial America."



President Michael Herbert describing the care and devotion of Sally Snowman and Jay Thomson.

Little Brewster Island and Boston Light are in the process of a stewardship transfer through the Lighthouse Preservation Act of 2000, established to maintain landmark lighthouses in the United States by assigning them to new owners.

Following severe weather in 2018, Coast Guard inspections revealed major issues in need of repair: water damage, lead paint, stonework on the tower, and erosion. Since then, Snowman and Thomson have not lived on the island.

"The reason why I am happy about the transfer process is because the Coast Guard only needs to maintain the light at the top of the tower, and the fog signal," explained Snowman, member of the Coast Guard Auxiliary since 1976.

Boston Light became a light station in 1716 and a fog station in 1719. A cannon was fired to signal to ships sailing through the fog from 1719-1851, when it was replaced by a bell.

"As ships got faster, they were firing it off every hour, and then every half hour," Snowman de-



Sandy Joneck-Schiff, past president, encouraging members to join the new Garden Club



Sandy Joneck-Schiff, past president, volunteers, David and Denise Bass, Michael Herbert, president, Carole Brown, board member, Sally Snowman, Boston Light Keeper, and her husband, Jay Thomson.

scribed. "This was just a family lighthouse keeping at the time. How many kids were taught how to light up black powder to keep the fog signal going for days or weeks?"

Boston Light lantern has 336 individual crystal prisms that were manufactured in France, and shipped to Boston with no cracks. There are 12 sides to the lens with a 1,000 watt lamp that is magnified to 2 million panel power, and can be seen 27 miles out to sea.

"It looks like an eye

with eyelashes watching over the sea, keeping it safe. When the light hits the prisms, you see rainbows," beamed Snowman, who loved gardening and planting marigolds on the island.

Snowman recalled her most cherished memories, like sailing to Little Brewster Island on the "True Love," to exchange vows with Thomson at Boston Light on October 8, 1994. After the two married, they began training as volunteer assistant keepers.

Snowman, a former education professor at Curry College, developed an interpreter guide for Boston Light. During tower tours,



Former WIHA vice president, Frank Costantino, presented greeting cards with watercolor renditions of Boston Light and Little Brewster Island to Boston Light Keeper Sally Snowman, and her husband, Jay Thomson.

Snowman would sit at the kitchen table of the keeper's house with binoculars, maintaining a vigil on guests to ensure that

they were not touching the Fresnel lens, as oils from hands can cause discoloration or cracks in the glass.



Crossword Puzzle



Wednesday, October 18, 2023 6pm-8pm, Winthrop High School



Commonwealth Clinical Services. Inc.



Winthrop Board of Health

Winthrop Foundation

Winthrop Chamber of Commerce

Dr. Pramodchandra & Devila Shah Family Foundation

6pm—7pm: Your opportunity to consult with over 30 local businesses and organizations that specialize in health and wellness.

7pm –8pm: Guest Speakers: We are excited to welcome Chris Wayland, President and General Manager of WBTS-TV, NECN, Telemundo, and NBC Sports Boston and Latoyia Edwards, two-time Emmy-award winning anchor on NBC10 Boston and NECN.





Flu shots will be provided by the East Boston Neighborhood Health Center.

Blood pressure screenings provided by Commonwealth Clinical Services, Inc. Despite our prior announcement, we have been notified that the Covid-19 vaccination is unavailable at this time.

Rapple Prizes & Represhments

ACROSS

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- 71 Couples
- 72 **Russian-born illustrator**
- 73 Tears

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"My Cousin Vinny" star

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- Fencing sword 63 Nurse, as a drink
 - Actress Lupino
- 64 65 Nero's dozen



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Donovan Cassidy (55) celebrates with his teammates after recovering the football in the end zone for a touchdown on an onside kick.

Highlight Reel

Cappuccio explodes for three TDs in Vikings' 35-0 win over Gloucester

By Cary Shuman

It was just what the Winthrop football team needed heading into one of the more impactful regular season games in recent years tonight (Thursday) versus undefeated Peabody High at Miller Field. Head coach Jon Cadigan's Vikings produced a a five-star effort in all three phases - offense, de-

fense, and special teams as Winthrop rolled to a 35-0 victory over Glouces-

Miller Field.

Junior running back Nick Cappuccio was the star among stars with a three-touchdown performance in the first half during an economical package that consisted of only four carries for 114 yards, translating to a healthy 28.5 YPC (yards per carry). The touchdowns were for 46, 7, and 54 yards, with receiver Mark Johnson getting credit for a double-block

ter last Friday night at downfield that helped Cappuccio cut across the terrain and sprint to paydirt.

> Cappuccio credited the Vikings' team-wide blocking concept for his success in the running game.

> "It was a really good start to the game, obviously," said Cappuccio. "We had great blocking by all of our linemen, backs and receivers. I was able to get outside because of the blocking and then I just outran some defenders. We all want more plays like we had tonight and

to score as many points as we can."

Gloucester head coach Dan O'Connor said afterwards that he was familiar with Cappuccio's speed and skills. "Winthrop's a good team and they're well coached," said O'Connor. "They run hard, play hard, and execute their system very well. He's [Cappuccio] a really good football player. We knew that from a couple of years ago when we played here. He impressed me then, and he's

See FOOTBALL Page 10



Following his third touchdown of the night, Nick Cappuccio is congratulated by his teammate.

HS SPORTS ROUNDUP

GOLF TEAM MEETS THE IRON

The Winthrop High golf team went up against some of the top teams in the area this past week.

In a match at the Winthrop Golf Club (WGC) against perennial Northeastern Conference power Marblehead, freshman Ryan Murphy and sophomore Tomas Babine turned in impressive performances to top their Marblehead counterparts.

Next up for the Vikings was another North Shore powerhouse, St. Mary's of Lynn. Winthrop fell short by a score of 47-25 in the

match held on the links at the WGC. Murphy, playing in the #1 spot for coach Jack Wallace's crew, improved his individual record this season to 7-1 with a triumph over St. Mary's top player. Sophomore Louk Belghiti continued his hot play, winning his match, 5-4.

The Vikings then made the long trek to the Ipswich Country Club and fell by a score of 108-93 to the host team.

"I was very proud of our team playing on a very difficult golf course," said

See ROUNDUP Page 11



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Duncan Hines Cake Mixes	.2/ \$4.00
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Xtra Laundry Detergent	.2/\$ 5.00
Knorr Side Dishes	
Wishbone Salad Dressing 15 oz	
Kellogg's Special K Cereal	2/ \$ 7.00
Motts Applesauce 6 pk	. 2/ \$ 5.00
Tuttorosso Canned Tomatoes	.2/ \$3.00
Eggo Waffles (ex: thick & fluffy)	
Banquet Pot Pies	
Rays Bagels	
Best Yet Soft Cream Cheese 8 oz	
Daisy Squeeze Sour Cream 14 oz	

Rakery	
Blonde Brownies	\$4.99
4" Carrot Cake	<i></i> †7.99
8" Baked Apple Crumb Pie	÷5.99

Deli

Kretschmar Rotisserie Chicken Breast	≑8.99/ b
Butterball Oven Roasted Turkey Breast	. ≑7.99/ b
Russer Virginia Style Baked Ham	ė6.99/l b
Freirich Cooked Corned Beef	÷9.99/ b
Margherita Hot Cappicola	. ≑7.99/ b

Produce

California Navel Oranges	÷1.39/ b
Fresh & Sweet Delicious	
Tropical Mangoes	2/\$3.00
Hot House Slicing Tomatoes	
Fresh & Crisp Green Cabbage	59¢/l b
Fresh Super Select Cucumbers	
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London Broil Shoulder Steaks	\$4.99/ b
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Gra	de A Whole Fryer Chickens	÷1.89/ b
	tYetCooked Shrimp 21-25 ct 1 lb	
	ers Main St. Bistro Sides	
AI F	resco Original Chicken Bacon 8 oz	2/\$8.00

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Friday, October 13th through Sunday, Oct. 15th

("while supplies last")
(BAKERY)
	Our Own Chocolate Chip Cookies 10pk	
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DELI

Kayem Natural Casing Franks	≑6.99/ b	
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PRODUCE

resh & Nutritious Potassium Rich Bananas 59 إن/1

MEAT

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Family Pack Grade A Chicken Wings	. ≑1.99/l b

GROCERY

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(Pepsi 2 Liter	ζ

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WHS VIKINGS ROUT GLOUCESTER FISHERMEN AT MILLER FIELD



Demetri Koutsouflakis introduces himself to a Gloucester running back.



Bringing awareness to breast cancer and cheering on the WHS Vikings is a great way to spend a Friday night.



Using a block by Mark Johnson (11), George Galuris finds space to pick up a first down.

Football // CONTINUED FROM PAGE 9 done nothing but impress first guy down

myself and other coaches in the conference."

"Nick's a special player, and he's getting better and better, and that's the scary thing for the rest of the league, and obviously a good thing for us," said Cadigan.

Cassidy scores a TD on special teams

Senior captain Donovan Cassidy scored a touchdown on a rare special teams' play, recovering George Galuris' onside kick in the end zone.

Coach Cadigan explained the circumstances that led to Cassidy's touchdown. "I think the Gloucester player thought the ball was going to go in the end zone. If the ball goes into the end zone, it's an automatic touchback. But the ball landed right around the 3-yard line. Nick [Cappuccio] was the first guy down the field and he realized the ball couldn't go into the end zone, so he batted the football back. A Gloucester player and Donovan Cassidy basically fell on the ball, and Donovan recovered it in the end zone for a touchdown. Just a pretty head-ups play by Nick and Donovan, realizing what the situation was."

Galuris finishes in style

George Galuris capped off the scoring with a 64yard jaunt in the fourth quarter. Galuris booted his third PAT of the game immediately after his touchdown.

Running back Robert Rich provided the kickout-block, offensive lineman Ryan Harris opened the path, while Donovan Cassidy and Alessio Marcoccio "did a great job blocking down," said Cadigan.



It was an interesting game for Rich, who rushed for a two-point conversion and nearly had an interception in the fourth quarter.

Marcoccio named Defensive Player of the Game

Alessio Marcoccio was the main contributor to the Vikings' shutout performance, said Coach Cadigan, "Alessio was tremendous. He's been our best defensive linemen in terms of being active all the time. He gave Gloucester fits up front all game. He just plays with a motor and he doesn't stop, and a lot of the times, he makes his plays just on sheer effort."

Marcoccio had six tackles, two for a loss (TFL).

Galuris played very well at safety with four tackles, a sack, and a fumble recovery, while linebackers Donovan Cassidy, Phil Boncore, and Demetri Koutsouflakis were other solid contributors. Koutsouflakis had a TFL on a play that appeared to result in a fumble, but the referees ruled otherwise.

"Good things happens when you fly to the football," said Cadigan.

Ferrara Has Jersey No. 16 Freshman quarterback



Philip Boncore with a great pass rush.



It was Breast Cancer Awareness Night at Miller Field for last Friday's WHS football game.

of his grandson, Matthew Noonan.

Matt has drawn praise from Coach Cadigan for managing the game well for Winthrop.

"Matt's done a great job all year running the offense," said Coach Cadigan. "He's making sure that everyone in the offense is set and the motion and timing are good."



A long run from scrimmage, George Galuris ended up in the endzone for another Viking touch down, closing out the Fishermen 35-0.



Alessio Marcoccio with a big tackle to stop a Gloucester attack.

Charlie Ferrara, son of assistant coach Chris Ferrara, took some snaps late in the fourth quarter. Charlie is wearing No. 16 on his Vikings' jersey, the number worn by two of Winthrop High's greatest players, Anthony Palmer and Anthony Fucillo.

Attorney Robert E. Noonan in the house

Attorney Robert E. Noonan, the highly respected former town counsel and selectman, was seen in line waiting to purchase his ticket at the booth.

Noonan, who served on the Board of Selectmen with Speaker Robert A. DeLeo, is enjoying his time following the Vikings and the play at quarterback

A true showdown with Peabody tonight

The Vikings face a challenge Thursday when Peabody comes to Miller Field. An opportunity to claim the NEC South title is on the line (though Salem is also undefeated). Peabody is one of the larger schools in Massachusetts.

"It's a program gauge for us, in the sense that we've made our mark playing the big boys all the time," said Jon Cadigan. "It's certainly a tall task.

Teddy Bailey gets a Fisherman in his sights.

Peabody has some good talent and they're huge. But these are the games where Winthrop has made its name over the years."

Nick Cappuccio, who was named Boston Herald "Star of the Week" for his performance versus Gloucester, spoke briefly about the Vikings' key matchup with Peabody, who is ranked No. 15 in the state.

"We're improving as a team each week and that's great to see, said Cappuccio. "We're looking forward to playing Peabody. I want to play the best teams we can and see how we match up. Our coaching is excellent, and I know they'll have us ready."



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East Boston Neighborhood Health Center South End Community Health Center

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WHS SPORTS THROUGH THE YEARS

0 years ago October 10, 2013

This weird and wonderful season continued with another impressive victory for the Winthrop High football team. After dismantling Revere in a non-Thanksgiving game, the Vikings played Salem High, but not at Bertram Field which won't be ready until November. Instead Sean Driscoll and his football team traveled to Hurd Stadium in Beverly for their matchup with the Salem Witches and the Vikings took another step forward with a 21-0 victory Saturday afternoon. Team captain Jordan Corbett-Frank continued to be an onfield leader extraordinaire with 89 yards rushing and two touchdowns, including a nice leaping catch in the end zone of a Dylan Driscoll pass for a 25-yard score. Corbett-Frank was also involved in 15 tackles on defense. Driscoll, the Vikes' junior quarterback, was again very effective at the controls of the offense. In addition to his connection with Corbett-Frank, Driscoll helped Vinny Sparacino celebrate a very happy 18th birthday with a 23-yard pass play for a touchdown. Sparacino, who is the team's placekicker, also had a PAT for the 21st and final point of the day. The Winthrop defense,led by linemen Sean Gillis, Dillon O'Dell, and James Baxter and linebackers Chris Beaudry and Alex Anzuoni dug in and kept Salem off the scoreboard.

20 years ago October 16, 2003 A late interception and 75 yard return for a touchdown in the fourth quarter by Anthony Fucillo sealed an upset 22-13 win for the

an upset 22-13 win for the WHS football team over a favored Lynn English squad Friday night at the Manning Bowl. Fucillo also completed seven passes for 116 yards and a touchdown at the quarterback position for the Vikings. Michael Adelstein scored a TD for Winthrop on a seven yard run.

Pat Gunn scored two goals and added two assists to lead the WHS boys soccer team to a 4-3 win over Lynn English. Gunn now has 14 goals and seven assists on the season.

Danielle Doherty finished in second place overall in a time of 17:06, a full 51 seconds over her previous personal best over the 2.7 mile Deer Island course, to pace the WHS girls cross country team to victories over Swampscott and Salem in a tri-meet. Soph Andrea Buono was the next Winthrop runner in 17:51, followed by freshman Shelagh O'Connell in 18:28, Caitlin Doherty in 19:05, and Rachele DeLeo in 19:30. Salem freshman Katie Jinks took first place in a course record time of 16:33. The Lady Vikings ended their dual meet season in the NEC with a 6-3 mark, good for third place in the league.

Maria Milano and Andrea Tavares scored goals to lead the WHS girls soccer team to a 2-2 tie with Lynn English.

30 years ago October 21, 1993

The WHS football team improved to 5-0 on the season with a 35-20 triumph over Swampscott Saturday. Quarterback Ryan Gaughan scored two touchdowns and running back Anthony Palmer (who carried the ball 37 times) reached the end zone three times. The Vikings rolled up 309 yards on the ground.

WHS star cross country runner John Mullane brought home a third place finish at the Catholic Memorial Invitational cross country meet Saturday for the highest-ever finish by a Viking in that meet. .Mullane also this week set a course record of 16:45 over the 2.9 mile Beverly course, shattering the previous mark by more than a minute.

The WHS golf team has qualified for the state tourney for the first time since 1986 with a 45-27 win over Salem. Top Viking player Scott Kneeland won his match in the No. 1 slot, 5-4. Teammates Alan Hersey, Michael Graham, George McGrath, Mike Reinhold, and Eric Monahan also defeated their Salem counterparts.

40 years ago October 19, 1983

The WHS football team kept alive its three year unbeaten streak with yet another cardiac finish to defeat Gloucester, 29-27, before 4000 stunned home team fans at Newell Stadium in Gloucester. The Vikings were trailing 27-22 with 42 seconds to play when Gloucester fumbled the ball and Winthrop recovered at its own 42 yard line. The Vikings needed just 17 seconds to march down the field and Dave Gallo cracked over from the two yard line for the winning score with 25 seconds left on the clock.

The WHS girls cross country team concluded its best season ever with a 17-42 romp over Salem to finish at 6-1. In addition, this past week Colleen Cash, the Lady Vikings' top runner, came across in ninth place at the prestigious Catholic Memorial Invitational.

50 years ago October 17, 1973

Undefeated Swampscott dealt a good Winthrop High football team a heartbreaking loss by a slim 3-0 margin Saturday. Despite coming into the game as heavy underdogs against the heavily-favored Big Blue, which sports a 45game undefeated streak under head coach Stan Bondelevitch, coach Bob DeFelice's grid men almost pulled off the upset of the decade. The contest marked the first time since 1964 that Bondelevitch's squad has not scored a touchdown, which also was against Winthrop. In that year, a Northeastern Conference champion Winthrop squad defeated Bondy's team, 14-0.

60 years ago October 17, 1963

WHS head coach Ed MacFarland said some changes in his backfield are in order in wake of his team's 6-6 tie with Newburyport last week. Winthrop heads into a showdown with Swampscott this week and the big question for Winthrop fans is whether star fullback Steve "The Tank" Adamson, who is on crutches with an ankle injury, will be able to play.

70 years ago October 15, 1953

The WHS football team, which compiled a record of 16-3-1 in the previous two seasons, still is looking for its first victory of 1953 after a 31-6 loss to a powerful Winchester squad. Winthrop now faces Swampscott, a team that had lost 18 straight games in the last two seasons, but which now is 2-1 under new head coach Stan Bondelevitch.

80 years ago October 16, 1943

The largest crowd to watch a Winthrop High football game in many years was on hand Saturday to see Winthrop knock Watertown from the unbeaten ranks with an 8-0 victory. A pass from quarterback Eddie Gingrich to Wilbur Halliday accounted for the only touchdown of the day. Gingrich also played a major role in the win as the Winthrop punter, as his long punts kept Watertown deep in its own end all day. One of his kicks, from his own 20 yard line, rolled all the way to the Watertown halfyard line before it rolled dead, which ultimately led to a Winthrop safety. Winthrop's Alan Walker suffered a broken leg after recovering a fumble and went directly to Winthrop Community Hospital.

100 years ago October 18, 1923

The Winthrop High girls field hockey team defeated Swampscott 7-1 at Ingleside Park. Irene Peterson scored four goals to lead the way for Winthrop. Gladys Wood had two goals and Marjorie Douglas added one.

110 years ago October 18, 1913

In a drizzling rain and on a heavy field, Cambridge Rindge Technical School defeated Winthrop 32-0. Allen at center and Jordan at tackle did some clever defensive work for Winthrop, but in truth, Rindge was master of the situation from the start and outplayed Winthrop in every aspect of the game. The police protection was hardly sufficient as the crowd flowed onto the field often during the game. Talcott of Winthrop was relieved of a pair of shoes and cufflinks from the locker room.

Roundup // CONTINUED FROM PAGE 9

Wallace. Leading the way for Winthrop on the scorecard was Belghiti with 22 points. Senior Joey Rich and Murphy both tallied 17 points, with seniors Petey Silverman and Andrew Ferretra adding with 14 and 12 points respectively. "We'll be looking forward to playing them at home in match play, noted Wallace. The Vikings' contest with Danvers last Thursday at the WGC was not finished because of darkness. "I was happy with how the guys responded to the darkness with the other team showing up late," said Wallace. "Danvers is an impressive team and a result will be determined soon." All of the Winthrop golfers kept their matches within two points or won. When the match was called, Murphy was shooting three over par through seven holes. Senior Jake Galurus and freshman Nikita Rossi each had 2.5 points through six holes. Captain Eli Wickham played strong through seven holes.

Gloucester," said Wallace. "We need to split to keep alive our hopes for the state tourney."

The Vikings have a busy final week of the season. After yesterday's (Wednesday's) tri-match at the Rockport Country Club with Rockport and Gloucester, they will host Ipswich on Monday and then trek to the Ferncroft Country Club to meet Masconomet on Tuesday and to Tedesco Country Club next Wednesday to take on Marblehead. away.

The match with Salem similarly was a tight affair in the first half with the teams level at 1-1 at the half. Salem notched a goal shortly after the intermission, but though the Vikings pressed the Witches until the final two whistles, they were unable to score the equalizer. This past Monday the Vikings took on a strong Swampscott team and dropped a 5-0 decision. "We came out daydreaming and, coupled with some game-time adjustments by me that didn't pan out and mental errors, we fell behind 2-0 within the opening 10 minutes," said WHS head coach Phil Ronan. "We chased the game the rest of the way and lost 5-0, the worst game we played all year. I bear full responsibility for that. We need to pull up our bootstraps and get ready for our next game." Ronan and his crew are scheduled to play at nonleague opponent Arlington Catholic tomorrow (Friday) and will trek to Masconomet next Tuesday and to Gloucester next Thursday.

VOLLEYBALL TEAM CONTINUES TO BATTLE

Although the Winthrop High volleyball team came up short in its matches this past week with Beverly (3-1) and East Boston (3-0), there were some highlights for coach Lauren aces.

"The team has been working really hard," said Kelly. "We are working through a few injuries on the team right now and I am grateful to all of the team for being flexible and keeping a positive attitude. We are hoping to finish the season strong and

3-0 at the half and we held them to 0-0 in the second half. The girls played great and they just never gave up. Senior Reese Brodin took the net again for us and did amazingly. We also welcomed back senior Samantha Dimento. who has been out since the beginning of the season due to an injury, so it's great to have her back." The Lady Vikings then traveled to Swampscott and fell by a score of 7-0. "We had sophomore JV goalie Marissa Macmullen in net for us and despite the score, she played a great first game at varsity. Senior Daniela Gomez has been locking down the back field for us." Martucci and her crew travel Excel Academy today (Thursday) and will host Lynn Classical at Miller Field on Saturday at 10:15. They will entertain Swampscott on Monday, Masconomet on Tuesday, and Gloucester next Thursday.

"We're hoping for a big week in our upcoming match vs. Rockport and

BOYS SOCCER TEAM FIGHTS IN CLOSE LOSSES

The Winthrop High boys soccer team came up on the short end of a pair of hard-fought contests with Northeastern Conference rivals Peabody and Salem this past week.

In a battle last Wednesday with Division 1 Peabody, the Vikings trailed 2-1 at the half. Fabiano Alcala Rodrigues.delivered the Winthrop goal with a spectacular strike from 50 yards out. However, the Tanners pulled away with two goals in the dying moments of the game to pull Kelly's squad in both contests.

In the encounter last Wednesday with Beverly, captain Bridget Hickey delivered two successful serves; Zoey Bogusz had eight successful serves; Anastasia Gajica served three aces; Samantha Correa had two digs and a kill, with an assist from Gianna Indrisano; and Mira Ivanis scored two kills.

In last Friday's match at Eastie, Gianna Indrisano, Emily Maddalone, Adrianna Ferrera all served aces in the first set; Lily Conway had two kills in the second set; and in the third set, junior Tina Fabiano served two successful

enjoy our last few weeks together."

Kelly and her crew were scheduled to meet Salem yesterday (Wednesday) and will trek to Danvers next Tuesday and to Saugus next Wednesday.

GIRLS SOCCER BATTLES NEC FOES

Although the Winthrop High girls soccer team came up on the short end of their contests this past week with Peabody and Swampscott, the Lady Vikings turned in some strong performances.

"A 3-0 loss to Peabody is a solid game for us," said WHS head coach Tracey Martucci. "It was





NEWS FROM AROUND THE REGION

MALTEZ SELECTED AS NEW CITY MANAGER

Page 12

CHELSEA - Former Chelsea public works director and current Reading Town Manager Fidel Maltez is the City Council's unanimous choice as the next City Manager.

The council took the vote last week, ending a search process to replace former City Manager Tom Ambrosino that began after his resignation in January.

The vote came after a full day of interviews of the four finalists for the position on Saturday, and some debate on Monday on whether to table the vote to the council's next meeting on Oct. 16.

Ultimately, the council voted to move ahead with the selection process on Monday night, with many of the councilors offering glowing praise for Maltez.

In the first vote, Council President Leo Robinson voted for City Solicitor Cheryl Watson Fisher, praising her long service to the city and many accomplishments. But after a 10-1 vote for Maltez, Robinson made the motion to make Maltez's selection unanimous.

The other two finalists for the position were state consumer affairs undersecretary James Duggan

D and Shirley Town Administrator Michael McGovern.

"I'm incredibly thankful and incredibly humbled," said Maltez. "I did my best to be honest in the process and to share my professional experience, but most importantly, who I am as an individual, my personal story. I really tried to share that I am an immigrant and that I fought hard to get to where I am, and I feel that that is the story of Chelsea.

"It is a community of immigrants, but also a community of strong people who fight and struggle and there is nothing that phases us that we cannot take on."

Maltez said his time running the public works department in Chelsea for five years, as long with his last two years as town manager in Reading, has provided him with invaluable experience.

"Public works is very much involved in the dayto-day operation of a city," said Maltez. "That experience gave me a lot of knowledge citywide - all the challenges folks are facing on a day-to-day basis - and public works also has the ability to collaborate with public safety, planning, and other departments."

Maltez said he was thankful for his opportu-



CHELSEA PUBLIC SCHOOLS AMONG STATE LEADERS IN STAFF

DIVERSITY GROWTH RATE

Chelsea Educators of Color gathered together at the Chelsea Station on Sept. 27 for the CPS' Educators of Color Beginning of the Year Gathering hosted by the Office of Equity and Wellness.

nity in Reading and to get more experience in the running of a government.

"I certainly got a lot of hands-on municipal experience in finance and in the running of a government on a day-to-day basis, things that you would never see unless you were in the seat," said Maltez. "These past two years have been incredibly important to me, and I've

please send

in "png"

format

grown a lot both personally and professionally."

The council still needs to negotiate a final contract with Maltez, so there is no set start date for him at this point.

However, Maltez said he does plan on getting resituated to Chelsea in the ramp up to taking over as city manager, meeting with city leaders and residents.

Maltez and his wife have lived in Chelsea for nearly a decade, and they bought a home in Admiral's Hill in 2017.

"My goal is, between today and the time that I officially start in the job, to really spend a lot of time reintroducing myself to the city," said Maltez. "I think a lot of people know me because of my time in Chelsea and because I live in Chelsea, but this is going to be a new role, a new level of engagement, so I plan to spend a lot of time in the community meeting with organizations and meeting with different

Street Citizens Association's (GSCA) monthly meeting last week to detail how PLAN: East Boston would impact the Gove Street area.

Kristina Ricco, a Senior Planner with the BPDA, highlighted the purpose of the planning initiative that kicked off in 2018 and had its complete draft released at the beginning of September.

"The purpose of PLAN: East Boston is really to update the neighborhood's zoning code and make short and long-term planning level recommendations for the neighborhood's public realm, which is primarily streets and sidewalks," said Ricco.

In what Ricco referred to as most relevant for those in attendance at the meeting, the BPDA plans to make "modest changes" to the Gove Street area's zoning code.

One of the first proposed changes is a boundary update on Maverick Street to zone it in a temtial (EBR)-3 subdistrict, allowing heights up to four stories.

Describing the change in allowed height in the area, Ricco said, "We found through our analysis that there was a lot of nonconformity and that structures — many, many structures — were actually three and a half stories already."

"So we felt like infill development, which is really the kind of target of our zoning changes, could reasonably accommodate a four-story building without seeming much taller than its neighbors," she added.

Ricco also explained that most of the area is in a Coastal Resilience Zoning Overlay District, which indicates a high vulnerability to future flooding.

This means properties that voluntarily raise the ground floor out of the flood zone would have their heights measured from the ground floor rather than the sidewalk.

"In some cases, people are going to need to raise their ground floor maybe five or six or seven feet to get it up out of the flood zone, and so a building could conceivably be 45, 46 or 47 feet, but that's not how their height would actually be calculated," said Ricco. Regarding public realm improvements, Ricco highlighted recommendations to upgrade the Maverick and Sumner Street bus stops, create welcoming entrances to the Mary Ellen Welch Greenway at the Gove Street and Orleans Street intersection, and more. When the floor was opened to questions and comments, a topic touched on several times concerned building height. Previously in the meeting, Ricco explained that the BPDA is trying to move from foot height limits to story height limits. However, one resident asked how tall a story could be and if there were limits; out of concern, developers could game the system and build vertically. Ricco explained that the thought is for most stories to be between 10 and 12 feet, and there is an ongoing conversation within the BPDA on limiting story height dependent on use. Another resident brought up how he thought the predominant existing form in the subdistrict, which is proposed to al-

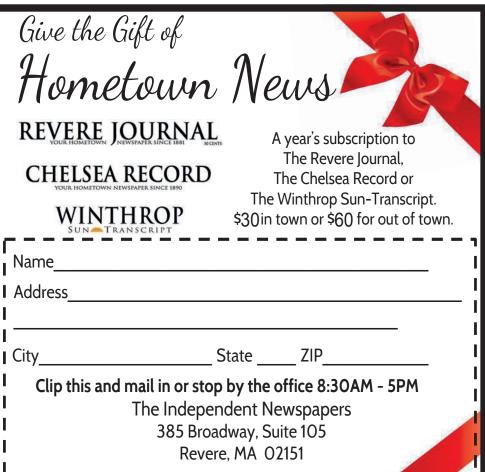


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groups.

Maltez said he also plans to spend time with city employees to help ease the transition.

District 4 Councilor Tanairi Garcia said she worked with Maltez helping residents during the Covid pandemic and was impressed by his commitment to do whatever it took to help residents. As an immigrant, Maltez will also serve as someone many youth in the city can look up to, Garcia said.

District 2 Councilor Melinda Vega said her vote came down to Maltez and Watson Fisher, and that she was ultimately swayed by the closing statement Maltez made during Saturday's interview.

"His story resonates with the majority of the community, and he is representative of the community," said Vega.

District 1 Councilor Todd Taylor cast his vote for Maltez, and said his vote was based solely on who he thought was going to do the best job for the city of Chelsea. He said Maltez stated that the long-term financial stability of the city was his number one priority, an issue that Taylor said has always been of utmost importance to him.

RESIDENTS GET TO SEE PLAN: EAST BOSTON

EAST BOSTON -Staff from the Boston Planning and Development Agency (BPDA) joined the Gove porary bucket subdistrict called MFR/LS (Multifamily Residential/Local Shopping).

Ricco explained that this designation would treat both sides of Maverick Street similarly to how Gove Street is today. Additionally, this subdistrict prefers developments to have retail on the ground floor.

"We think that Maverick Street is essentially very different than the top of Jeffries Point or even really the core of the Gove Street area, and we are proposing to make that official with a zoning designation," said Ricco.

Another proposed change is to retire the corridor enhancement subdistrict in the area. Ricco identified that this area contains parcels owned by the East Boston Neighborhood Health Center (EBN-HC). With this retirement, most of the subdistrict would be turned over for open space.

However, South of Porter Street, a "special" subdistrict boundary containing sites like those owned by the EBNHC would be retained.

Ricco also pointed out another proposed zoning change in the area. The draft plan details that the residential fabric of the Gove Street area is currently governed by an MFR subdistrict that allows heights up to three stories.

However, the plan proposes to zone this area in the East Boston Residen-

See REGION Page 13

Region // CONTINUED FROM PAGE 12

low four stories, is actually three stories. He wanted to know how many parcels could add a fourth story without a zoning variance.

In response to the variance question, Ricco explained that she felt modification of most existing buildings could not go forward without needing a variance, citing off-street parking requirements, which some buildings do not meet.

There were also comments about the MFR/LS subdistrict along Maverick Street and concerns from a few residents about parking becoming worse due to potential retail coming to the area.

Lastly, there was a discussion about the enforcement of the zoning code. A GSCA Board Member made the point that with the variances granted now by the Zoning Board of Appeal (ZBA), what is stopping developers from asking to erect buildings that are five stories, especially since the height limit is proposed to increase to four stories in the area.

"It is our hope that updating 30-year-old zoning to more accurately reflect what exists in the community will be a signal to the ZBA about those things that we're very serious about enforcing," said Ricco in response.

To learn more about the plan, you can view the complete draft at https:// www.bostonplans.org/ planning/planning-initiatives/plan-east-boston and leave feedback until October 27.

COMMUNITY BOWL AT EVERETT

EVERETT - Mayor Carlo DeMaria is pleased to announce the City of Everett will host the second annual Community Bowl on Saturday, Oct. 21, from 1 p.m. to 4 p.m.,

known as the "three-peat" years. This is the time period when EHS football won the championship three years in a row.

The City is still seeking more players to participate in the event. If you graduated from Everett High School and are interested in participating, please email Simone Holyfield at Simone.Holyfield@ci.everett.ma.us stating your interest and to learn more information.

"Sports are a great way to bring members of the community together, and that's what our goal is with the Community Bowl," said Mayor DeMaria. "We're inviting EHS alums from any graduating year to participate in this event that is a great opportunity for old friends to reunite as well as make new ones while playing flag football. All are welcome to attend, even if you're not interested in playing."

The game is set to kick off at 1:30 p.m. For more information, please visit cityofeverett.com/events/ community-bowl-2023.

CITY CLOSES MAGNOLIA PARK

LYNN - The City of Lynn has shut off all access to a portion of Magnolia Park, after testing connected to the new Pickering Middle School project determined the presence of heavy metals in the soil a foot beneath the ground, requiring notification to the Mass. Department of Environmental Protection.

The materials found require limiting access prompting the City to completely close off the area, according to Inspectional Services Director Michael Donovan, who noted there is no danger to residents or the two schools that sit above the park.

"Unless you're growing vegetables on it or literally eating the dirt, there is

thorough in all aspects of the project," Nicholson said. "The most important thing is that we were able to discover this problem and will address it as necessary."

The City will be working with groups and individuals who had previously reserved the park on finding suitable alternative space.

ZBA GRANTS **REQUESTS FOR SMALL PROJECTS**

REVERE -The Revere Zoning Board of Appeals (ZBA) held its regular monthly meeting last Wednesday, September 27 in City Councillor Joseph A. DelGrosso City Council Chamber at Revere City Hall. On hand for the session were chairman Michael G. Tucker and fellow members James O'Brien, Aklog Limeneh, John Lopes, and Arthur Pelton.

The board took up a light agenda consisting of three applications for small projects, all of which the members approved.

The first matter came from Robert Mahoney, 2 Paul Street, who requested a variance of Revere Revised Ordinance (RRO) Section 17.28.110 with respect to the maximum grade requirement of 8% for unenclosed parking areas, to enable him to exceed an 8% as-built slope of a completed driveway in connection with the construction of a single-family dwelling at 121 Walnut Street.

The owner of 121 Walnut St., who said he purchased the home three weeks ago, told the commissioners that the slope "has been working perfectly" during the recent heavy rainfalls to drain water away from his property and that he feared that reducing the slope would cause flooding on his property.

There were no opponents and the commissioners unanimously approved granting the variance.

Next up was an application from RLS Realty Investment, LLC c/o Jeffrey B. Moll, (50 Salem Street, Bldg. A, Suite 108, Lynnfield) requesting a variance of RRO Section 17.28.020 (minimum parking requirements) to enable him to convert a single-family dwelling to a two-family dwelling at 95 Centennial Avenue.

The attorney for the applicant presented the application to the commission. He explained that the

structure on the property now is a single-family, three bedroom building and that the developer is seeking to convert it into two, one-bedroom apartments. However, there is no available off-street parking, though the property is located just 500 feet from public transportation.

Ward 2 Councillor Ira Novoselsky, who lives around the corner from the building, spoke in favor of the variance. "I have no problem with it being established as a two-family house," said Novoselsky. "It's so close to the T and we've been giving variances for these sorts of properties in the neighborhood."

The commissioners approved the application 4-1, with Limeneh opposed, but with the stipulation (in addition to the usual conditions) that both units shall be limited to one-bedroom apartments.

The final request came from Eric Gonzalez, 23 Blake Street, who requested a special permit in accordance with RRO Section 17.40.040 to enable him to alter and extend the pre-existing, non-conforming, two-family structure, which was damaged by a recent fire, at 23 Blake Street. Robert Cordes, the contractor for the project, presented the application to the commission.

Novoselsky spoke in favor of the application. "I know this property very well, but under the new rules, he needs to raise the building because it is in a floodplain. I think we should grant him some latitude to make this property useful," said Novoselsky.

Tucker said he spoke to the Site Plan Review Committee members, who said that they required the owner to remove the basement so he can provide onsite parking underneath. However, Tucker raised a question about the height of the proposed structure and when the architect pointed out that a new plan with a roof deck, which had not been presented with the original application, increased the height slightly, Tucker said that the applicant either could stick with the plan that was submitted with the present application or file a new application with the new plan.

The applicant chose the former and the commission unanimously granted the special permit.

The commission then adjourned until its next meeting in October.



at Everett Veterans Memorial Stadium, Cabot Street.

As part of Mayor De-Maria's Everett for Everyone initiative, all are welcome to watch Everett High School alums battle each other in a fun and competitive game of flag football. The goal is to bring the Everett community together to enjoy some flag football and catch up with old friends while making new ones.

The event will have free admission for all who plan to attend. Families are invited to arrive early for a chance for kids to participate in a skills and drills session with professional women's football team the Boston Renegades from the Women's Football Alliance (WFA).

The two competing teams will be comprised of Everett High School (EHS) graduates from different graduation years split into an "Odd Years" team and an "Even Years" team. Some participants will include players who played in the championship seasons 2001, 2002 and 2003, which are nothing to worry about," said Donovan, who explained that the park was built on a swamp more than 100 years ago.

"Most people had coal furnaces at that time, so there was a lot of coal ash used to fill it in and there were some heavy metals in that ash," he said. "The presence of these metals in the soil requires notification to the DEP."

Donovan said there would be follow-up testing and that the park would remain closed until further testing and mitigation work are completed. The area in question is intended to be used as a parking lot when the new Pickering Middle School is built. Soil testing in the area where the new school will be sited, along with the existing Sisson Elementary School, came back clean, Donovan said.

Mayor Jared C. Nicholson reinforced that there has been no danger to the public.

"This shows how detailed the process of building a new school is and why it is critical to be

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Winthrop Sun Transcript

Malden Catholic hires David Valdez as Varsity Baseball Coach

Special to the Journal

Malden Catholic has hired former MLB coach David Valdez to head its Varsity Baseball program announced Malden Catholic Director of Athletics, William Raycraft.

Prior to joining Malden Catholic, David Valdez spent several years coaching in Major League Baseball as a hitting coach, international player's assistant and most recently as a player development coach in the Milwaukee Brewers system. In prior years, he was named Manager of the Year after his club finished as Division Champions in the Piedmont Collegiate Summer League in Richmond, VA and had a six-year stint as Manager for the Men's Baseball team at Bunker Hill Community College.

He was also a coach for the Dominican Summer League and US Heroes of the Diamond US Team and for fourteen years owned Valdez Baseball Academy, a successful instructional camp designed to train little league, high school, college and professional baseball players and provide athletes with position-specific instruction. In addition, Valdez coached several AAU programs including National Champions in 2013 and 2014, runner-up in 2015 and he was selected as Most Influential Latin Person in Massachusetts.

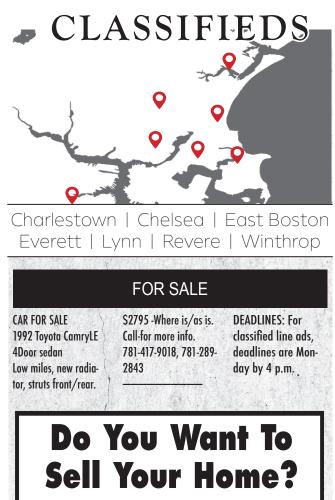
Plus, David Valdez's career as a professional athlete included playing for the Seattle Mariners, Los Angeles Dodger systems as well as the Dominican Winter, Columbian Winter, Frontier and Northern Leagues.



David Valdez

"I have wanted to be a part of the MC baseball program for a long time and I'm extremely excited about having the opportunity to work with the Lancers." Valdez stated. "I am confident that we will make extraordinary things happen on the diamond and bring back the baseball performance that MC enjoyed in its rich history to the Catholic Conference. I look forward to making the alumni base and greater school community proud," added Valdez.

Valdez emerged out of a strong pool of applicants with outstanding qualifications. According to William Raycraft, "Coach Valdez is considered to be one of the most respected minds in baseball and will be a great asset to our program on and off the field. His major league experience along with the ability to teach at all levels of baseball experience will significantly benefit our student-athletes and build an outstanding MC program." Raycraft added, "Valdez is an incredibly passionate person who not only loves the game but knows how to inspire, listen, teach and win – all of these qualities will translate well to our students."



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Winthrop's Professional Service Directory



2023-2028."

lentils. We were intro-

lentils because they ben-

budget. They fit into plant-

based diets and emerging

culinary trends from coun-

and Algeria, where lentils

less water and puts nutri-

Nutrition

has an informative, med-

ically reviewed article

bottom line summary

makes three main points.

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CHANGE OF NAME

Docket No.

SU23C0494CA

In the matter of:

Frank Daniel

ents back into the soil.

love for Indian food.

FRESH & LOCAL Lentils 101

By Penny & Ed Cherubino

On a recent food shopping trip, we noted various offerings that included lentils. We could purchase bulk lentils and packages of uncooked or cooked lentils- with or without flavorings. There were cans of lentil soups, housemade lentil soups, packages of precooked lentils with assorted grains, lentil pasta, lentil crackers, and lentils in frozen meals.

We know we use more lentils in our meals than in the past. Our pantry has red, yellow, chana dal, and French lentils de Puy. We are not alone in this increased consumption.

The International Market Analysis Research and Consulting Group (IMARC Group) report found, "The global lentil market size reached 14.2 Million Tons in 2022. Looking forward, expects the market to reach 26.7 Million Tons by 2028, exhibiting a growth rate

(CAGR) of 10.96% during "Whether brown, green, yellow, red, or black, len-Canada is the leader tils are low in calories, in lentil growth, providrich in iron and folate, ing nearly 35% of global and an excellent source production. India is the of protein." "They pack health-promoting polysecond largest producer. However, regarding conphenols and may reduce sumption, India consumes several heart disease risk roughly half of the world's factors." Finally,

"They're easily cooked

in 5–30 minutes, which – like soaking - reduces their antinutrient content."

Adding Lentils to Your Diet

We've reduced our red meat consumption by substituting lentils for up to half of the meat in favorite recipes like meat pies,



In cultures where lentils are a diet staple, market vendors sell a wide selection of legumes in any quantity you choose.

LEGAL NOTICE

NOTICE OF PUBLIC FORUM TUESDAY OCTOBER 17, 2023 7:00 PM **ROBERT DELEO SENOR CENTER AT** 35 HARVARD ST. In accordance with the Section 9-12 of the Town of Winthrop's Home Rule Charter, you are hereby notified that the Town Council President will hold a public forum on the Delivery of the Town's Services. The Public Forum will be held at the Robert DeLeo Mahoney-Burroughs Sr. Center at 35 Harvard A Petition to Change St., Winthrop, MA 02152 Name of Adult has been on Tuesday, October 17, filed by Frank Daniel 2023 at 7:00 P M. Mahoney-Burroughs of Denise Quist Winthrop, MA requesting Clerk-Town Council that the court enter a 10/5/23, 10/12/23 Decree changing their W name to: Francis Richter Belmont

LEGAL NOTICES

Copies of the application and plans are on file and available to review at the Town Hall Planning Office, Room 2A, Winthrop Town Hall. Darren Baird, Chairman **Denise Quest, Town Clerk** Winthrop Board of Appeals 10/12/23, 10/19/23 **LEGAL NOTICE BOARD OF** APPEALS

PUBLIC HEARING 10/26/2023: Case 035-2023/036-2023 Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday October 26, 2023, at or after 6:30 p.m. held in the Harvev Hearing Room upon the application of person requesting: Ryan Acone - 172 River Road, Winthrop, MA The applicant seeks a variance and special permit to demolish a detached garage, rebuild the garage, and extend from the original footprint. The public is invited to attend, and interested parties shall have an opportunity to be heard. Copies of the application and plans are on file and available to review at the Town Hall Planning Office, Room 2A, Winthrop Town Hall. Darren Baird, Chairman **Denise Quest, Town Clerk** Winthrop Board of Appeals 10/12/23, 10/19/23 W

requesting: LightHouse Construction, Steve Stoddard - 40 Willow Avenue, Winthrop,

MA The applicant seeks a variance to convert the existing two-family home to a three-unit residential structure, with off-street parking; and a special permit to alter or extend a pre-existing nonconforming structure. The public is invited to attend, and interested parties shall have an opportunity to be heard. Copies of the application and plans are on file and available to review at the Town Hall Planning Office, Room 2A, Winthrop Town Hall. Darren Baird, Chairman Denise Quest, Town Clerk Winthrop Board of

Appeals 10/12/23, 10/19/23

consumers in the Town of Winthrop, however it is of greatest importance to homes that still have a full lead water service line, old plumbing fixtures, or lead solder still in place. During our most recent Lead Monitoring sampling system exceeded the lead drinking water action level at several locations. Winthrop routinely monitors for lead in water in homes with full lead service lines as they are more likely to have elevated lead levels. There are currently 323 homes throughout town that still have a full lead service line and 377 homes throughout town that have a partial lead service line. We are required to collect at least 20 samples from the group of full lead services semi-annually

during the months of

were sampled and 4 had

elevated lead levels. The

results of these routine

samples for lead gave a

final combined 90th per-

centile calculation of 23

ppb. This level exceeds

the lead action level of

15 parts per billion. This

means that more than 10

percent of the lead sam-

ples collected were above

Our system's water mains

you are made of cast and

ductile iron piping, and

to water. However, lead

can get into tap water

through the service line

that connects your home

may also leach into your

to the water main if it

is made of lead. Lead

drinking water from

old lead solder used to

connect pipes in home

some older brass faucets

drinking water can cause

serious health effects in

all age groups. Infants

and children can have

decreases in IQ and

attention span. Lead

learning and behavior

problems or exacerbate

existing learning and

behavior problems. The

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are exposed to lead be-

can have increased risk

of these adverse health

effects Adults can have

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Exposure to lead in

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What does this mean

for the residents of

Winthrop?

being sent to all water

system problems.

What should I do to reduce my exposure to lead?

 Check whether your home has a lead service line. IF YOU DO, HAVE IT REMOVED. Please contact the Winthrop Water Department for more information about your home's service line, how to have it removed, or for information about plumbing materials in your home that may contain lead.

• Use only cold, fresh water for drinking, cooking, and preparing baby formula. Run the water for at least 1 minute or until after it turns cold. Do not boil the water to remove lead.

 Contact your health care provider if you have any health-related questions or contact your local health department

soups, bolognese, stuffed peppers, taco filling, and hash. You can mix lentils with rice to serve alongside curries.

Cans of lentil soup can be seasoned with many flavor profiles or turned into a curry. Dried lentils have a long shelf life and are still quick to cook. Pre-

cooked lentils just need a

bit of microwaving. The

lentils mixed with grains

make an excellent base for a grain bowl or layered

You could try lentils as

a part of a restaurant meal.

In any Indian restaurant,

lunch in a mason jar.

just add dal to your order. Dal is seasoned legumes, most often lentils.

Lentils have been added to other menus to appeal to vegetarians and vegans. For example, The Bebop is an Irish pub with a lentil shepherd's pie. (Perhaps they should refer to it as a Farmer's Pie.) Whatever you call it, this twist on a classic comfort food dish is a hearty and delicious meal.

Chef and humanitarian José Andres raves about the memory of his mother's lentil stew and explains that in Spain, everyone eats lentil stew. He calls it their chicken soup. Since many cultures readily accept these little pulses, which are both inexpensive and highly nutritious, we can bet they are included in the recipes used by his World Central Kitchen effort to feed the victims of disasters.

On your next shopping trip, add a few lentils to your pantry. Pick the form that works best for you. Here's one food fad that we can highly recommend.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.



"By participating in the **All of Us** Research Program, I am helping to shape health research. By providing my health information to **All of Us**, I am learning things about myself, like how my body responds to certain

medications. This information empowers me to work with my doctor to find the right dose. Health research hasn't always included people like me, but All of Us is changing that. I'm ready for it.



round, our water

LEGAL NOTICE COMMONWEALTH **OF MASSACHUSETTS** THE TRIAL COURT PROBATE AND FAMILY COURT **Suffolk Division INFORMAL PROBATE** PUBLICATION NOTICE Docket No. SU23P1942EA Estate of: Lila H. Taylor Also Known as: Lila Tavlor Date of Death: September 22, 2022 To all persons interested in the above captioned estate by Petition of Petitioner Lisa R. Tardif of Winthrop, MA. A Will has been admitted to informal probate. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any,

Petitioner. 10/12/23 W

can be obtained from the

IMPORTANT NOTICE Anv nerson may app for purposes of objecting to the petition by filing an appearance at:Suffolk **Probate and Family** Court before 10:00 a.m. on the return day of 11/02/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: September 28, 2023 Vincent Procopio, **Register of Probate** 10/12/23

LEGAL NOTICE

BOARD OF

APPEALS

PUBLIC HEARING

10/26/2023:

Case 038-2023

Notice is hereby given in

accordance with Chapter

40A of the Massachu-

setts General Laws and

Chapter 17 of the Code

of the Town of Winthrop

requesting:

throp, MA

structure.

LEGAL NOTICE

that the Winthrop Board of Appeals will conduct a public hearing on Thursday October 26, 2023, at or after 6:30 p.m. held in the Harvey Hearing Room upon the application of person Jonathan Rivera – 482 Winthrop Street, Win-40A of the Massachu-The applicant seeks a Chapter 17 of the Code permit to convert a current preexisting 3-family residential structure to a 4-family residential The public is invited to attend, and interested parties shall have an opportunity to be heard.

BOARD OF APPEALS PUBLIC HEARING 10/26/2023: Case 037-2023 Notice is hereby given in accordance with Chapter setts General Laws and

of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday October 26, 2023, at or after 6:30 p.m. held in the Harvey Hearing Room upon the application of person

LEGAL NOTICE

WINTHROP PLANNING BOARD

PUBLIC HEARING **PUBLIC HEARING-**WINTHROP PLANNING

BOARD Notice is hereby given in accordance with Massachusetts General Law Chapter 40A Section 9 of the Zoning Code and the Winthrop Zoning Code Section 17.50.020, that the Winthrop Planning Roard will conduct a Public Hearing on October 16, 2023 at or after 7:00 p.m.in the Harvey Hearing Room on the request of a Major Site Plan and Design **Review with Faretra** Family Trust in reference to 50 Somerset Avenue, Winthrop, MA 02152 for a mixed-use building, with 20 housing units, in the Center Business District. All information regarding this project can be requested at the Town Hall, Room 2A. Chris Boyce Winthrop Planning Board Chair

10/05/23, 10/12/23

WINTHROP WATER DEPARTMENT DRINKING WATER NOTICE

Some homes have high levels of lead This notice contains important information about your drinking water. Have someone translate it for you or speak with someone who understands it. This notification is

to find out if your child needs to be tested for March and September. lead. During the September What is our system sampling round, 22 of doing? these higher risk homes

Our public water system is taking the following actions to address the situation:

• The Town of Winthrop has committed to replacing 100 full lead services per year over the next four years to remove the 323 full lead service lines that remain in our distribution system. This program utilizes a municipal MWRA lead replacement loan program and the replacement is offered free of charge to the resident.

• The Town will continue our annual Lead Monitoring Program of 20 homes per year.

 The Town will continue to offer educational brochures on how to reduce lead exposure in your drinking water. For more information, contact Steve Calla or Kathy Gutowski at 617-846-1341 or email any questions or concerns to scalla@town.winthrop. ma.us or kgutowski@ town.winthrop.ma.us

Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail. This notice is being sent to you by The Winthrop Water Department PWS ID#: 3346000 10/12/23



STICK TO II! Share your message in our paper with a STICKY NOTE



Call or Email Your Rep Today!

MDIBELLA@WINTHROPTRANSCRIPT.COM DEB@REVEREJOURNAL.COM

781-485-0588



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NEED-TO-KNOW INFO? **STICK IT!**

Keep your name in the eyes of our thousands of readers!

2-COLOR

4-COLOR

CAMPAIGN RECEPTION FOR PRECINCT 2 CANDIDATE MARC CHAPDELAINE

Cary Shuman Photos

Attorney Marc Chapdelaine, candidate for the Precinct 2 seat on the Winthrop Town Council, hosted a campaign reception Oct. 4 at Hong Kong Dragon restaurant on Woodside Avenue.

Town Council President Jim Letterie, a former Precinct 2 councilor, delivered the introductory remarks to the large gathering.

"To see anybody put their name on the ballot is a big deal," said Letterie. "It takes a lot of time. It takes time away from family, friends, work. And to basically be a businessman in the town, it makes it an even bigger deal. So, I want to thank Marc for putting his name in the hat, so to speak, because it's needed.



Town Council President Jim Letterie introduces Marc Chapdelaine at the campaign reception, expressing his strong support for his candidacy for the Precinct 2 Council seat.

"We've had a Council form of government for the past 18 years, and all but two of those years, we've had an attorney as a member of the Council, so, I think that's something that is very important, and we can't underestimate that," continued Letterie.

"Marc just brings a wealth of knowledge to the Council. He's a voice of reason. He's very steadfast. Being a voice of reason in this day and age is incredibly important.'

Chapdelaine said he and his wife moved to Winthrop 11 years ago. "We fell in love with the community and realized how amazing it was. We have amazing restaurants. We have amazing beaches. We have an amazing golf course. You can have a boat in this community. You can have anything you want in this community. It's yours for the taking, if it's something that makes you happy.

"When we decided to settle down, soon we had kids and our family grew," said Chapdelaine.

Chapdelaine said he's often asked why he would run for office at this point in his life. "It's because there's something greater here going on. Over the next four years, we're going to make decisions as a town that's going to impact our next 40 years. The decisions that we make a Town Council will affect every single resident's life."

Chapdelaine expressed his support for the development of a new recreational facility at the site of the old Middle School. He also said he would work hard to maximize funding for Winthrop schools to enhance each student's education. He also said he is in favor of building a new fire/public safety station in the town.

Chapdelaine said he has knocked on many doors in Precinct 2 to talk individually with residents about town issues and will continue to so in the days leading up to Election Day on Tuesday, Nov. 7.





Marc Chapdelaine joins some of his youngest supporters for a photo at his campaign reception.



Town Council President Jim Letterie (left) and past Council President Peter Gill (right) join Precinct 2 candidate Marc Chapdelaine for a photo at his campaign reception.



Seth Ross and Marc Chapdelaine hold a "Marc Chapdelaine Town Council Precinct" sign at the campaign reception.





Attorney Marc Chapdelaine, pictured with his wife, Christina Chapdelaine, and their three children, Maggie Chapdelaine, Maya Chapdelaine, and Marc Chapdelaine Jr., at his Precinct 2 Council campaign reception Oct. 4 at Hong Kong Dragon.



Maggie Chapdelaine holds a campaign sign in support of her father, Marc Chapdelaine, at the reception.

Town Council President Jim Letterie, Councilor-at-Large candidate Todd Sacco, Precinct 2 Council candidate Marc Chapdelaine, and Councilor-at-Large Rob DeMarco.

Christina Marenghi and Precinct 2 Council candidate Marc Chapdelaine.



Precinct 2 Council candidate Marc Chapdelaine welcomes Atty. Sean Donahue (left) and Karin Chavis to his campaign reception at Hong Kong Dragon.



Joe Hanlon, Precinct 2 Council candidate Marc Chapdelaine, and Town Council President Jim Letterie.

