

COTTAGE HILL  
REAL ESTATE  
Winthrop, MA 02152 | 617-846-9900



144 Tafts Ave: U1

Rent a Private  
Beach Bungalow  
One Bed w/ Office Space

offered by:  
Kevin Ferrara

\$2,995/mo



Kevin Ferrara  
(617) 777-8143

cottagehillrealestate.com

WINTHROP

SUN  TRANSCRIPT

EST. IN 1882

50 CENTS

THURSDAY,  
August 24, 2023

INDEX

Police	2
Through The Years	3
Editorials	4
Sports	9
Obituaries	12
Business Directory	14
Classified	14



Back to School  
Special  
Section  
Pgs. 5-7

INDEPENDENT



0 08805 93062 7

Newspaper Group

NEWS Briefs

# NOTIFICATION OF ROAD WORK ON VETERANS ROAD AND LOCUST STREET

D&R Paving is notifying all residents on Veterans Road (Between Shirley St. and Locust Street) and Locust St. (Between Beach Rd and Winthrop Shore Drive) that asphalt milling and resurfacing work begins on Thursday, August 24. The milling work will consist of grinding away the deteriorated surface of the existing pavement and should take approximately two days to complete. This work will be followed several days later with the installation of a new asphalt surface. The asphalt re-surfacing is scheduled to occur from Tuesday, August 29 through Wednesday, August 30. Once started, the paving work on your street should take approximately four to six hours to complete and will require one

See NEWS BRIEF Page 2



NORTHEAST  
OIL DELIVERY  
781-286-2602

\$3.49

Price subject to change without notice

Per Gallon

• 100 Gal. Minimum • 24 Hour Service  
CALL FOR DAILY LOW PRICE

WINTHROP ART ASSOCIATION



HOSTS ART IN THE PARK

MARIANNE SALZA PHOTO

Tonia Tassinari and her children, Rowan, 4, and Freya, 2, admiring acrylic paintings by Chuck Guest. See more photos on Page 16.

# Football Vikings set for intra-squad scrimmage tonight at Miller Field

By Cary Shuman

Winthrop High School football supporters can get their first look at the 2023 team in the annual Blue and Gold intra-squad scrimmage today (Thursday) at 6 p.m. at Miller Field.

“We’ll divide the group into two evenly matched teams, and it will be a live (tackle football) scrimmage,” said Winthrop head coach Jon Cadigan.

Winthrop quarterbacks Matthew Noonan and George Galuris will be at the helm of the respective

offenses. Cadigan said there is a two-way battle for the starting quarterback position.

Forty-eight players have been participating in the opening week of preseason practices. “We have experience so we’re further ahead than normal,” said Cadigan. (Wednesday) was the first scrimmage with shoulder pads, so we’re a little rusty tackle and blocking wise, but for the most part, we know our assignments, and that’s what you get with an experienced team.”

Winthrop will host

Beverly and Malden in a tri-scrimmage Saturday at 10 a.m. at Miller Field.

Cadigan said he intended to announce the new football captains Wednesday afternoon.

And speaking of captains, Mike Eruzione, Winthrop’s own Olympic gold medalist, will be discussing his book, “The Making of a Miracle: The Untold Story of the 1980 Gold Medal-Winning U.S. Olympic Hockey Team,” Tuesday (Aug. 29) at 6:30 p.m. at the E.B. Newton Cultural Center, 45 Pauline St.

# MCB Comm. attends Winthrop Low Vision Group meeting

Story & Photos by Marianne Salza

John Oliveira, Acting Commissioner for the Massachusetts Commission for the Blind (MCB), Brookline, attended the August 16 Winthrop Low Vision Group meeting at the Robert DeLeo Senior Center to discuss the proposed \$27.1 million FY2024 state budget as well as agency resources, such as occupational therapy and home care assistance.

“The funding is helping people stay in the community, be more confident, and help people manage a situation that they’re not used to,” Oliveira said.

The meeting was attended by members of the Winthrop community and neighboring cities who suffer from vision

loss caused by optic nerve damage and eye conditions like macular degeneration, glaucoma, and retinitis pigmentosa.

Massachusetts Commission for the Blind serves approximately 30,000 visually impaired individuals. Through MCB, those with low vision can join adult support groups, enroll in educational opportunities, gain access to case managers, and partake in social rehabilitation services. Volunteers can assist in reading mail and grocery shopping, as well.

“We’re a social model and don’t charge for the services that we offer. Some tax dollars pay for the agency,” explained Oliveira. “We have additional money to buy technology; and with that equipment



John Oliveira, Acting Commissioner, Massachusetts Commission for the Blind talks to residents at the Robert DeLeo Senior Center.

See LOW VISION GROUP Page 8

# Fire House Building Committee focuses on communications

By Adam Swift

The Fire House Building Committee held its second meeting Monday night, focusing on the timeline for building a new fire station as well as highlighting the conditions at the current headquarters and Shirley Street fire houses.

Town Manager Tony Marino also provided an update on the eminent domain process for the potential taking of the Wadsworth Building and Kirby Funeral Home by the town.

A debt exclusion proposal is expected to go before voters at the November municipal election for the project, which would see a new fire station built on Winthrop Street.

A number of residents have raised concerns about the eminent domain process, which would necessitate the moving of several businesses at the Wadsworth Building, including the longstanding Meat Market.

As part of the eminent domain process, Marino said the town would pay the owners of the two buildings, as well as be responsible for covering the moving costs of the ten-

See FIREHOUSE Page 3

# COA COLLECTS FOR MVES



Mystic Valley Elder Services (MVES) offers its thanks to the Winthrop Council on Aging (COA), which recently led a collection to benefit the Emergency Closet at MVES. The Emergency Closet enables MVES care managers to provide essential items such as sheets, towels, and toiletries to low-income older adults and people with disabilities. COA Director Kathryn Dixon, who is also an MVES board member, spearheaded the drive. Pictured are MVES Development Director Jenny Vanasse and Development Coordinator Lisa McGovern with the newly restocked closet. To donate to the MVES Emergency Closet, visit [www.mves.org/emergency-closet](http://www.mves.org/emergency-closet) or contact 781-388-4822 or [development@mves.org](mailto:development@mves.org).

WINTHROP MARKETPLACE

CHECK OUT OUR WEEKEND SPECIALS FOR YOUR COOKOUT! WE HAVE BUTTER & SUGAR CORN-BONELESS RIBEYE STEAKS AND RESERS SALADS ON SALE 8/25-8/27

See our Ad on the Sports Page  
[www.winthropmktplace.com](http://www.winthropmktplace.com) • 35 Revere St. Winthrop

CENTURY 21  
Seaport



Ed Deveau wants to help you buy or sell a house .... and support local businesses!

Buy or sell a home with Ed in 2023 and receive \$500 in gift cards to local restaurants!

Curious what your home is worth?

Call for a free and confidential home sale consultation.

617.828.0048 | [SellWithEd.com](http://SellWithEd.com) | [edward.deveau@century21.com](mailto:edward.deveau@century21.com)



CALL TODAY AND FIND OUT WHAT SETS US APART FROM THE REST! 617.846.1020 C21SEAPORT.COM 218 WINTHROP ST., WINTHROP



*The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.*

MONDAY, AUG. 7

1016: An officer ordered a tow for an abandoned motor vehicle with a plate revoked for insurance cancellation on Winthrop St.

1108: An officer stopped a motor vehicle on Main for the civil moving infraction of having blue lights on the vehicle. The officer gave the operator a verbal warning and ordered him to remove the lights.

1331: The DPW was informed of a missing stop sign at the intersection of Fairview and Morton Sts.

1448: A person came into the station to report that a registration plate on his motor vehicle was either stolen or lost. The officer filed a report.

1527: An officer responded to a motor vehicle accident on Pearl Ave. in which a motor vehicle struck a parked vehicle. The officer assisted the parties with the exchange of papers. The officer filed a report.

1648: An officer directed the owner of a motor vehicle partially blocking a driveway on Revere St. to move her vehicle.

2254: An officer ordered a group in a motor vehicle to leave Hannaford Park, which is closed after dark.

2311: An officer stopped a motor vehicle at Main St. and Pleasant Park Rd. for the civil moving infraction of operating without headlights after dusk. The officer gave a verbal warning to the operator.

TUESDAY, AUG. 8

0727: An officer stopped a motor vehicle at Revere St. and Upland Rd. for a civil moving infraction. The officer issued a citation to the operator.

0738: An officer stopped a motor vehicle at Revere St. and Upland Rd. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

0746: An officer stopped a motor vehicle at Revere St. and Upland Rd. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

0753: An officer stopped a motor vehicle at Revere St. and Upland Rd. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

0809: An officer stopped a motor vehicle at Revere St. and Upland Rd. for the civil moving infractions of speeding (36 m.p.h. in a 25 zone) and for not having the registration in his possession.. The officer issued a citation to the operator.

0817: An officer stopped a motor vehicle at Pleasant St. and Waldemar Ave. for the civil moving infractions of speeding and not having a valid inspection sticker. The officer issued a citation to the operator.

0836: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of speeding (42 m.p.h. in a 25 zone). The officer issued a citation to the operator.

0842: An officer ordered a tow for a vehicle that was parked in a construction zone in the 800 block of Shirley St.

0851: An officer stopped a motor vehicle at Pleasant St. and Court Rd. for the civil moving infractions of speeding (37 m.p.h. in a 25 zone). The operator also did not have his license in his possession. The officer issued a

WINTHROP POLICE BLOTTER

citation to the operator.

0902: An officer stopped a motor vehicle at Pleasant St. and Waldemar Ave. for the civil moving infraction of speeding (37 m.p.h. in a 25 zone). The officer issued a citation to the operator.

0915: An officer stopped a motor vehicle on Washington Ave. for a civil moving infraction. The officer issued a citation to the operator.

0916: An officer stopped a motor vehicle on Winthrop St. for the civil moving infraction of making an improper turn. The officer issued a citation to the operator.

0936: An officer stopped a motor vehicle at Pleasant St. and Woodside Ave. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1014: An officer stopped a motor vehicle at Veterans Rd. and Locust St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1129: An officer responded to a two-car motor vehicle accident on Revere St. One vehicle was towed. There were no injuries. The officer filed a report.

1245: A resident came into the station to report being scammed by a real estate company. The officer filed a report.

1424: An officer ordered a tow for a motor vehicle blocking a driveway on Tileston Rd. The officer filed a report.

1603: Officer Carter assisted a family on Pleasant St. with the installation of a child car seat.

2029: An officer stopped a motor vehicle at Sea View Ave. and Pleasant St. for the civil moving infraction of operating without headlights after dusk. The officer gave a verbal warning to the operator.

2117: An officer stopped a motor vehicle at Shore

Drive and Ocean Ave. for a civil moving infraction. The officer gave a verbal warning to the operator.

2131: An officer dispersed two persons in a car from Hannaford Park, which is closed after dark.

2341: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of an equipment violation. The officer gave a verbal warning to the operator.

2351: An officer stopped a person operating a motor scooter at Beach Rd. and Shore Drive. The officer directed the person to walk his scooter home for the night.

WEDNESDAY, AUG. 9

0001: An officer dispersed a group of eight persons from the gazebo on Morton St.

1107: A resident came to the station to report that she was defrauded of \$150 by a person claiming to be a customer service rep from Xfinity. The officer filed a report.

1551: A Revere St. resident reported that his parked motor vehicle had been struck at some time earlier in the day. The resident reported that he has camera footage of the incident. The officer filed a report.

1820: A person came into the station to report that his motor vehicle had been struck by a hit-and-run operator at the Ft. Heath Apartments. The officer filed a report.

2121: A repossession company reported the repo of a motor vehicle.

THURSDAY, AUG. 10

0020: An officer stopped a motor vehicle at Revere St. and Summit Ave. for the civil moving infraction of speeding. The officer issued a citation to the operator.

0113: An officer issued parking tickets to three vehicles on Atlantic St.

0200: An officer moved along a group of four per-

sons at Winthrop Beach.

FRIDAY, AUG. 11

0821: An officer ordered a tow for a motor vehicle parked in the construction zone on Revere St.

1033: An officer stopped a motor vehicle at Pleasant St. and Waldemar Ave. for the civil moving infraction of speeding (41 m.p.h. in a 25 zone). The officer issued a citation to the operator.

1048: Officers responded to a report of an unwanted person on Crest Ave. The officers arrested a 53-year-old Everett man on an outstanding warrant.

1230: A Brookfield Rd. resident reported that a male walking past his home took a flag from his premises. The officer was unable to locate the suspect.

1433: A resident reported that her son stole her debit card and made purchases totaling more than \$2400. The officer filed a report.

1527: A resident reported an attempted scam by a person claiming to be from Norton Antivirus and asking for her bank account information, which she did not provide.

2023: An officer responded to a motor vehicle accident on Pleasant St. in which a car struck a wall. The vehicle was towed and the officer filed a report.

2031: A report of a large tree branch that had fallen and was blocking the sidewalk on Cottage Park Rd. was referred to the DPW.

SATURDAY, AUG. 12

0019: An officer stopped a motor vehicle at Winthrop St. and Chester Ave. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

0039: An officer stopped a motor vehicle on Cross St. for the civil moving infraction of a stop sign violation. The

officer gave a verbal warning to the operator.

0055: An officer stopped a motor vehicle at Washington and Willow Aves. for the civil moving infraction of speeding (36 m.p.h. in a 25 zone). The officer issued a citation to the operator.

0140: An officer issued parking tickets to 10 vehicles on River Rd.

0823: A resident came into the station to report an attempt to access his bank account over the phone. The officer filed a report.

1010: An officer stopped a motor vehicle with an expired registration on Shirley St. The owner was able to renew his registration on-line.

1059: An officer ordered the owner of a motor vehicle parked on the curve on Willow Ave. to move his vehicle.

1310: An officer stopped a motor vehicle being operated by an unlicensed operator at Pleasant St. and ingleside Ave. A licensed operator was able to take control of the vehicle.

1535: An officer responded to a report of two neighbors arguing about a property line on Wilshire St. The officer directed the parties to stay away from each other and informed them that the issue needs to be resolved in court.

2047: A person brought a wallet that he had found at the Atlantis Marina into the police station.

2233: An officer dispersed a group of noisy youths from Hannaford Park, which is closed after dark.

2309: An officer directed persons playing music loudly in a Hermon St. residence to turn it down for the night.

2314: An officer directed persons playing music loudly at a Locust St. residence to turn it down for the night.

2323: An officer stopped a motor vehicle

See POLICE Page 3

News Brief // CONTINUED FROM PAGE 1

to two hours of cool down time after the surface is fully rolled and compacted before it will be opened to vehicular traffic. Detail officers will be on site during all phases of work to ensure safety for pedestrians. However, there will be full road closures in the area of this work and no on-street parking will be permitted during the performance of this work.

The area has been posted for “No Parking” so please plan accordingly if vehicles will be needed during the hours of 7 a.m. – 4 p.m. while work is in progress. If so, please relocate your vehicle(s) from the limits of this work zone prior to 7 a.m. to avoid being blocked in your driveway after the work begins.

Because weather is a factor with all paving

projects and progress can be affected by many variables, the scheduled paving work in your area may carry into a second day if needed so please pay attention to the “No Parking” signage in your area as it will remain up and will continue to be enforced until the work is fully completed.

We apologize in advance for any inconvenience caused by this important roadway project and we thank you for your attention to this matter.

If you have any questions related to this work, please contact the Winthrop Department of Public Works at (617) 846-1341

NOTIFICATION OF ROAD WORK ON MERMAID AVE./ TRIDENT AVE./ NEVADA ST./ PERKINS ST. / SHIRLEY ST.

D&R Paving is notifying all residents on Mermaid Avenue, Trident Avenue, Nevada Street, Perkins Street, and Shirley St. (Between Crystal Cove and the Public Landing) that asphalt milling and resurfacing work will begin on Thursday, August 24. The milling work will consist of grinding away the deteriorated surface of the existing pavement and should take approximately two days to complete. This work will be followed several days

later with the installation of a new asphalt surface. The asphalt re-surfacing is scheduled to occur from Tuesday, August 29 through Wednesday, August 30. Once started, the paving work on your street should take approximately four to six hours to complete and will require one to two hours of cool down time after the surface is fully rolled and compacted before it will be opened to vehicular traffic. Detail officers will be on site during all phases of work to ensure safety for pedestrians. However, there will be full road closures in the area of this work and no on-street parking will be permitted during the performance of this work. The area has been posted for “No Parking” so please plan accordingly if vehicles will be needed during the hours of 7 a.m. – 4 p.m. while work is in progress. If so, please relocate your vehicle(s) from the limits of this work zone prior to 7 a.m. to avoid being blocked in your driveway after the work begins.

Because weather is a factor with all paving projects and progress can be affected by many variables, the scheduled paving work in your area may carry into a second day if needed so please pay attention to the “No Parking” signage in your area as it will remain up and will continue to be enforced until the work is fully completed.

We apologize in advance for any inconvenience

caused by this important roadway project and we thank you for your attention to this matter.

If you have any questions related to this work, please contact the Winthrop Department of Public Works at (617) 846-1341.

NOTIFICATION OF ROAD WORK ON BOWDOIN ST./ WADSWORTH ST./ BUCHANAN ST./ CHESTER AVE./ BATES AVE.

D&R Paving is notifying all residents on Bowdoin Street (Between Wadsworth St. and Bates Ave.), that Wadsworth Street, Buchanan St., Chester Ave., and Bates Avenue will have started asphalt milling and resurfacing work. The milling work will consist of grinding away the deteriorated surface of the existing pavement and should take approximately two to three days to complete. This work will be followed several days later with the installation of a new asphalt surface. The asphalt re-surfacing is scheduled to occur from Monday, August 28 through Wednesday, August 30. Once started, the paving work on your street should take approximately four to six hours to complete and will require one to two hours of cool down time after the surface is

fully rolled and compacted before it will be opened to vehicular traffic. Detail officers will be on site during all phases of work to ensure safety for pedestrians. However, there will be full road closures in the area of this work and no on-street parking will be permitted during the performance of this work. The area has been posted for “No Parking” so please plan accordingly if vehicles will be needed during the hours of 7 a.m. – 4 p.m. while work is in progress. If so, please relocate your vehicle(s) from the limits of this work zone prior to 7 a.m. to avoid being blocked in your driveway after the work begins.

Because weather is a factor with all paving projects and progress can be affected by many variables, the scheduled paving work in your area may carry into a second day if needed so please pay attention to the “No Parking” signage in your area as it will remain up and will continue to be enforced until the work is fully completed.

We apologize in advance for any inconvenience caused by this important roadway project and we thank you for your attention to this matter.

If you have any questions related to this work, please contact the Winthrop Department of Public Works at (617) 846-1341

WINTHROP MARKETPLACE

SPICY THAI BASIL CHICKEN

INGREDIENTS:

- 1 pound skinless, boneless chicken thighs, coarsely chopped
- ¼ cup sliced shallots
- 4 cloves garlic, minced
- 2 tablespoons minced Thai chilies, Serrano, or other hot pepper
- 1 cup very thinly sliced fresh basil leaves
- 2 cups hot cooked rice

DIRECTIONS

**STEP 1:** Gather ingredients.

**STEP 2:** Whisk chicken broth, oyster sauce, soy sauce, fish sauce, white sugar, and brown sugar together in a bowl until well blended.

**STEP 3:** Heat large skillet over high heat. Drizzle in oil. Add chicken and stir fry until it loses its raw color, 2 to 3 minutes.

**STEP 4:** Stir in shallots, garlic, and sliced chilies. Continue cooking on high heat until some of the juices start to caramelize in the bottom of the pan, about 2 or 3 more minutes.

**STEP 5:** Add about a tablespoon of the sauce mixture to the skillet; cook and stir until sauce begins to caramelize, about 1 minute.

**STEP 6:** Pour in the rest of the sauce. Cook and stir until sauce has deglazed the bottom of the pan. Continue to cook until sauce glazes onto the meat, 1 or 2 more minutes. Remove from heat.

**STEP 7:** Stir in basil. Cook and stir until basil is wilted, about 20 seconds. Serve with rice.

**STEP 8:** Serve hot and enjoy

35 REVERE ST., WINTHROP (617)846-6880





# THE MORE Things Change

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

## 10 years ago August 22, 2013

Tuesday, Nov. 5, 2013 will be an important day in determining the future course of Winthrop. In addition to selecting a council president in the town election, the council voted this week to place on the ballot for Winthrop voters to decide whether to fund the town's share of the \$80 million middle school/high school project. The town's estimated share of that project is \$40 million. Many Winthrop residents were shocked recently when they received their quarterly water bill with some reporting bills as high as \$1,100. While some are blaming the high prices on mismanagement others like Winthrop Town Manager James McKenna are blaming some residents for bypassing meters and driving up usage costs. He said the town will start cracking down on water theft.

Grant Herbert, a 16-year-old student at B.C. High, traveled to China this summer with his classmates at Boston College High School for a Mandarin language studies program at Beijing Normal University before joining his father, Daniel Herbert, in Vietnam to participate in a service project at an orphanage. Disney's Planes, Elysium, and Lee Daniels' The Butler are playing at the Revere Showcase Cinemas.

## 20 years ago August 28, 2003

The selectmen have voted 3-0 to authorize the Trash Recycling Study Committee to hold a series of five public hearings on the matter of the proposed pay-as-you-throw trash program with the committee to report back to the selectmen by the end of September. This means that the issue of pay-as-you-throw, which has been discussed for the past four years, now will be brought to the forefront of the town's fiscal picture. School Supt. Tom Giancristiano announced this week that an agreement has been reached with the teacher's union that will allow for staggered openings and closings for the start of school for the town's two elementary schools, the Ft. Banks, which will start the day at 8:25, and the Dalrymple, which will start at 8:05. This means that parents who might have children at both schools will be able to get their children to both schools on time.

Forbes Magazine has ranked the Greater Boston area as the sixth most-overpriced housing market in the country. Local realtors say however, that Winthrop still provides a good value for those desirous of living near the city. After three years of testimony and deliberations, the Board of Appeals has given its approval to the request of a developer for a special permit to convert the former Winthrop Hospital building on Lincoln Street into a complex of 85 condominiums. American Wedding, Pirates of the Caribbean: The Curse of the Black Pearl, and Bad Boys are playing at the Revere Showcase Cinemas.

## 30 years ago September 2, 1993

The School Committee has embarked on the path of school reform as mandated by the new state education reform legislation. The committee approved School Supt. Joseph Laino's request to begin the selection process of the School Improvement Councils that must be established for each school and be up and running by October 12. Police Chief Angelo LaMonica said that his department now is deploying a low-profile police cruiser with radar detection equipment to stop speeders in response to the many complaints by citizens about speeding by motorists throughout the town. The selectmen have sent a letter to Time Warner Cable asking the company why it has increased rates locally even though the FCC has imposed a rate freeze on all cable TV rates across the country. Son of the Pink Panther, Father Hood, and The Man without a Face are playing at the Revere Showcase Cinemas.

has embarked on the path of school reform as mandated by the new state education reform legislation. The committee approved School Supt. Joseph Laino's request to begin the selection process of the School Improvement Councils that must be established for each school and be up and running by October 12. Police Chief Angelo LaMonica said that his department now is deploying a low-profile police cruiser with radar detection equipment to stop speeders in response to the many complaints by citizens about speeding by motorists throughout the town. The selectmen have sent a letter to Time Warner Cable asking the company why it has increased rates locally even though the FCC has imposed a rate freeze on all cable TV rates across the country. Son of the Pink Panther, Father Hood, and The Man without a Face are playing at the Revere Showcase Cinemas.

Police Chief Angelo LaMonica said that his department now is deploying a low-profile police cruiser with radar detection equipment to stop speeders in response to the many complaints by citizens about speeding by motorists throughout the town. The selectmen have sent a letter to Time Warner Cable asking the company why it has increased rates locally even though the FCC has imposed a rate freeze on all cable TV rates across the country. Son of the Pink Panther, Father Hood, and The Man without a Face are playing at the Revere Showcase Cinemas.

The selectmen have sent a letter to Time Warner Cable asking the company why it has increased rates locally even though the FCC has imposed a rate freeze on all cable TV rates across the country. Son of the Pink Panther, Father Hood, and The Man without a Face are playing at the Revere Showcase Cinemas.

Son of the Pink Panther, Father Hood, and The Man without a Face are playing at the Revere Showcase Cinemas.

## 40 years ago August 31, 1983

The selectmen have announced a ban on all parking along Pleasant Street and Washington Avenue with the exception of the areas in front of Dr. Clayman's office, Coast Marine, and Chico's Variety during business hours. Recent test results by the Board of Health have revealed that all of the town's beaches are fit for swimming. Six persons were rescued from the breakers on Winthrop Beach when they were caught by the incoming tide. All six appeared to have had too much to drink. School bells are set to ring on Wednesday, September 7. Selectman Ron Vecchia and officials from other communities will meet with Congressman Ed Markey to discuss proposed changes in the law regarding the regulation of cable TV. War Games is playing at the Kincade Theatre.

Recent test results by the Board of Health have revealed that all of the town's beaches are fit for swimming. Six persons were rescued from the breakers on Winthrop Beach when they were caught by the incoming tide. All six appeared to have had too much to drink. School bells are set to ring on Wednesday, September 7. Selectman Ron Vecchia and officials from other communities will meet with Congressman Ed Markey to discuss proposed changes in the law regarding the regulation of cable TV. War Games is playing at the Kincade Theatre.

Six persons were rescued from the breakers on Winthrop Beach when they were caught by the incoming tide. All six appeared to have had too much to drink. School bells are set to ring on Wednesday, September 7. Selectman Ron Vecchia and officials from other communities will meet with Congressman Ed Markey to discuss proposed changes in the law regarding the regulation of cable TV. War Games is playing at the Kincade Theatre.

War Games is playing at the Kincade Theatre.

## 50 years ago August 29, 1973

A second independent report commissioned by Massport has supported the findings of the first report in recommending the construction of an offshore oil terminal in the outer harbor about three miles off the Winthrop coastline to accommodate the new, deep-hulled ocean oil tankers. The report also recommends that an oil tank farm be located at Belle Isle inlet. Police were kept busy this week with reports of several housebreaks and the thefts of automobiles and bicycles.

Police were kept busy this week with reports of several housebreaks and the thefts of automobiles and bicycles.

## 60 years ago August 29, 1963

Special legislation filed by Gov. Peabody to provide emergency state funding to dredge the mudflats in Winthrop's inner harbor that have been the source of foul odors plaguing the Winthrop shoreline for the past few summers passed its first major hurdles with a favorable recommendation by the Joint Legislative Committee on Public Health. More than 250 local residents attended the committee's hearing on the bill to voice their support for the Governor's measure. The bill now will

go to the Joint Committee on Ways and Means.

Gov. Peabody will lead an array of dignitaries who will take part Sept. 8 in the laying of the cornerstone of the new Temple Tifereth Israel.

Steve McQueen, James Garner, and Richard Attenborough star in The Great Escape at the Winthrop Theatre.

## 70 years ago August 27, 1953

Judge Charles Brown, the Presiding Justice of the East Boston District Court and one of the best-known judges in the state, has announced that he will be retiring from the bench effective Sept. 1. Brown, a long-time Winthrop resident, has served on the E.B. court for 43 years. He is 80. St. John's parochial school has announced that it will open a ninth grade starting this year. Winthrop public schools will open September 14. Mrs. Anna G. Gorman will celebrate her 100th birthday at her residence at the Bay View Rest Home this week. Mrs. Gorman, who was born in North Adams but moved with her family to Cedar Rapids, Iowa, came to Winthrop 35 years ago. Kirk Douglas and Pier Angeli star in Three Loves at the Winthrop Theatre.

St. John's parochial school has announced that it will open a ninth grade starting this year. Winthrop public schools will open September 14. Mrs. Anna G. Gorman will celebrate her 100th birthday at her residence at the Bay View Rest Home this week. Mrs. Gorman, who was born in North Adams but moved with her family to Cedar Rapids, Iowa, came to Winthrop 35 years ago. Kirk Douglas and Pier Angeli star in Three Loves at the Winthrop Theatre.

Winthrop public schools will open September 14. Mrs. Anna G. Gorman will celebrate her 100th birthday at her residence at the Bay View Rest Home this week. Mrs. Gorman, who was born in North Adams but moved with her family to Cedar Rapids, Iowa, came to Winthrop 35 years ago. Kirk Douglas and Pier Angeli star in Three Loves at the Winthrop Theatre.

Mrs. Anna G. Gorman will celebrate her 100th birthday at her residence at the Bay View Rest Home this week. Mrs. Gorman, who was born in North Adams but moved with her family to Cedar Rapids, Iowa, came to Winthrop 35 years ago. Kirk Douglas and Pier Angeli star in Three Loves at the Winthrop Theatre.

Kirk Douglas and Pier Angeli star in Three Loves at the Winthrop Theatre.

## 80 years ago August 28, 1943

The tragic toll of war once again visited Winthrop this week with the announcement received from the War Department by Mrs. C.M. Hanna of Loring Road, that her son, Pfc. John M. Hanna, recently was killed in action. A joint meeting of the draft boards of Chelsea, Revere, and Winthrop resulted in a proposal to be presented by the three boards to Selective Service officials in Washington that pre-Pearl Harbor fathers not be subject to the draft. The principals of the various public schools will be in their offices this week to meet with parents prior to the start of the school year set for Sept. 8. Gary Cooper and Teresa Wright star in Pride of the Yankees at the Winthrop and State Theatres.

A joint meeting of the draft boards of Chelsea, Revere, and Winthrop resulted in a proposal to be presented by the three boards to Selective Service officials in Washington that pre-Pearl Harbor fathers not be subject to the draft. The principals of the various public schools will be in their offices this week to meet with parents prior to the start of the school year set for Sept. 8. Gary Cooper and Teresa Wright star in Pride of the Yankees at the Winthrop and State Theatres.

The principals of the various public schools will be in their offices this week to meet with parents prior to the start of the school year set for Sept. 8. Gary Cooper and Teresa Wright star in Pride of the Yankees at the Winthrop and State Theatres.

## 90 years ago September 2, 1933

The 1933 playground season came to a close Thursday with the largest-ever attendance of children, nearly 700 youngsters, on hand. Supervisor Henry J. Rock directed the festivities, assisted by Eileen Hayes and Frances Lill. Pt. Shirley residents are relieved with the announcement that four additional guards have been assigned to the jail at Deer Island in the wake of the recent riot and escape by a large number of prisoners. The Blue Eagle drive being undertaken by the federal government in conjunction with local communities as part of the National Recovery Act is underway in Winthrop. It is the aim of the drive to have every consumer sign a pledge card that he or she will shop at local businesses displaying the Blue Eagle sticker. Businesses receive the Blue Eagle if they agree to abide by certain business and employ-

Pt. Shirley residents are relieved with the announcement that four additional guards have been assigned to the jail at Deer Island in the wake of the recent riot and escape by a large number of prisoners. The Blue Eagle drive being undertaken by the federal government in conjunction with local communities as part of the National Recovery Act is underway in Winthrop. It is the aim of the drive to have every consumer sign a pledge card that he or she will shop at local businesses displaying the Blue Eagle sticker. Businesses receive the Blue Eagle if they agree to abide by certain business and employ-

The Blue Eagle drive being undertaken by the federal government in conjunction with local communities as part of the National Recovery Act is underway in Winthrop. It is the aim of the drive to have every consumer sign a pledge card that he or she will shop at local businesses displaying the Blue Eagle sticker. Businesses receive the Blue Eagle if they agree to abide by certain business and employ-

See YEARS Page 4

# Namastay Sober, Revere Recreation holding third Tina Hinojosa memorial yoga class and dodgeball tourney

Special to the Transcript

On September 24, Namastay Sober partners with Revere Recreation and will host their third annual Tina Hinojosa memorial yoga class and dodgeball tournament at Harry Della Russo Stadium.

Tina Hinojosa was a Revere resident, a beloved yoga teacher, and an advocate for people in recovery from addiction-celebrating over 8 years sober herself! She was also a founding member of local

non-profit, NamaStay Sober. She was killed in August of 2021 when a drunk driver colliding with her car in Winthrop in Winthrop Center.

This event is an opportunity to honor her beautiful life and to raise money for an organization and mission she was passionate about. To learn more and join the fun this year, please visit the event website: <https://www.namastaysober.com/dodgeball2023>.

Last year, this event had a great turnout that result-

ed in the organization raising \$4,250 in donations. The event saw teams from the City of Revere, led by Michael Hinojosa, Director of Revere Parks and Recreation, Revere Firefighters Local 926, 3rd Alarm Pizza, as well as a Namastay Sober team, other teams, and including one sponsored by Power of Recovery, a local addiction treatment company. Even Mayor Arrigo joined in on the fun and hopped on a team for a couple of games.

## Firehouse // CONTINUED FROM PAGE 1

ants within the buildings.

Marino said the town has continued to talk to the Meat Market owners and other building tenants about plans for moving them to another location in the town. He said there are tentative numbers for the cost of the eminent domain taking to the town, but that it was too early to put that number out.

"We're in the process now, but the number fluctuates depending on the landlords and the tenants, so we don't want to put that number out there yet," said Marino.

The town manager said he's also had conversations with the Meat Market owners about their future in the town.

"I don't want to go public, yet, but we will shortly, it will be in the next few weeks," said Marino.

Marino also laid out the timeline for building a new fire station if the debt exclusion vote passes in November.

"Right now, we have a feasibility study with Kaestle Boos architects, they are doing the overview of the building, what it could look like, and why the (current) sites don't

work," said Marino.

The first step if there is a positive vote is to hire an owner's project manager to oversee the project, as well as an architect that will complete more detailed plans.

Once the town gets full drawings, the project would be ready to go out to bid, Marino said.

"That usually takes from eight to 10 months," said Marino.

The most likely scenario is that the demolition of the existing buildings on Winthrop Street would take place next fall with construction beginning in the late fall to winter of 2024.

In other business, Fire Chief Scott Wiley presented a video produced by WCAT highlighting the deficiencies at the current Pauline and Shirley Street stations.

Both stations were built more than a century ago for horse-drawn fire apparatus, and Wiley said there have been limited updates since then.

The chief pointed out issues with the lack of storage, myriad code issues, and mold, water, asbestos, electrical wiring, heating, and rodent problems at

both stations. Wiley also pointed out that the department is limited in the fire apparatus it can store within the station bays and the lack of training and sanitary facilities in both buildings.

Wiley also appointed a public relations subcommittee, consisting of Town Council President James Letterie, Josh Costellano, and Karen Chavis.

As part of the public relations outreach, the FHBC is drafting a Frequently Asked Questions (FAQ) brochure to be distributed to the public.

Town Councilor Stephen Ruggiero was among those who encouraged the FHBC to use all avenues available to get out information about the project and the debt exclusion vote to the public.

"A lot of the questions that we heard tonight, and a lot of the questions that the committee talked about are sort of the same questions we have been hearing since the initial presentation to the council," said Ruggiero. "We have to cast a wide net to communicate...we have to reach out to the 12,000 voters we have."

## Police // CONTINUED FROM PAGE 2

on Winthrop St. for the civil moving infraction of opening his car door into the path of moving vehicles. The officer issued a citation to the operator.

### SUNDAY, AUG. 13

0021: An officer dispersed a group of loud youths from Woodside Park.

1119: An officer stopped a motor vehicle on Pauline

St. for a civil moving infraction. The officer gave a verbal warning to the operator.

1329: An officer responded to a two-car motor vehicle accident on Circuit Rd. in which a moving vehicle struck a parked vehicle. The officer assisted the parties with the exchange of papers.

1644: An officer direct-

ed the owner of a motor vehicle parked in the fire lane in the 400 block of Shirley St. to move the vehicle.

### MONDAY, AUG. 14

0135: An officer issued parking tickets to seven vehicles on Court Rd.

0227: An officer dispersed a noisy group of persons who had lit a fire on Yirrell Beach.

## Real Estate Transfers

### BUYER 1

Rodriguez, Patricia  
Wickersty, Jeffrey J  
Macon, Allison  
Stetson Realty LLC

### SELLER 1

Morales, Telesforo  
Brandi, Elisa  
Hoffart, Justin  
Merullo Marian F Est

### ADDRESS

27 Trident Ave  
35 Fremont St #2  
110 Summit Ave #3  
242 Main St

### PRICE

\$1,185,000  
\$427,500  
\$570,000  
\$455,000

Take the guesswork out of your next move.

COMPASS

For smooth sailing with your next move, call the Highland Group

Buying or selling, ask us about Compass Coming Soon and Compass Concierge

JIM POLINO – ELIZABETH POLINO – JAMES POLINO – JONATHAN POLINO – SHARON TALLENT  
ATYEH CASSIDY – VIRGINIA BROWN – CHRISSEY D'AMBROSIO – DAVID TALLENT – KATHY HICKEY – KENNY KELLEHER  
HIGHLANDGROUP@COMPASS.COM | 617.846.8000  
75 CREST AVE, WINTHROP, MA | 126 NEWBURY STREET, BOSTON, MA

Meet our team by opening your phone's camera and holding it over the QR code



OUR Opinions

TRUMP AND BIDEN: WORST CANDIDATES EVER?

As it becomes increasingly apparent that the candidates for President in 2024 will be Joe Biden and Donald Trump in a rematch of their 2020 campaign, it is understandable why Americans are so pessimistic about the future direction of the country.

Both men by far will be the oldest presidential candidates ever in our history, with Biden clocking in at 82 and Trump at 78. (Ronald Reagan was 69 when he first ran for President). And please, don't tell us that we're being ageist. The job of President of the United States is 24/7/365 and requires stamina and energy, traits that both men are sorely lacking.

Both are barely able to put together a complete sentence, let alone two (just read the transcripts of any of their interviews or speeches without a teleprompter) and Biden's mental faculties are diminishing almost on a daily basis. Biden has barely held any press conferences and when he does, he only responds to questions that mostly have been submitted in advance, a sign that his handlers know fully well that his mental acuity is severely diminished.

However, even more troubling than their advanced age are the scandals and legal troubles that will become the focus of their upcoming campaigns. We do not need to go into Trump's well-known myriad of legal problems, but Biden's issues with his son Hunter have become front-and-center in recent weeks.

What is most troubling about the Hunter Biden matter is Joe Biden's insistence, "My son has done nothing wrong," the President said on MSNBC in May. "I trust him. I have faith in him, and it impacts my Presidency by making me feel proud of him." (Whatever that's supposed to mean.)

However, Hunter Biden was willing to plead guilty to income tax charges, acknowledge his guilt in obtaining a handgun in violation of the law, AND wanted to be cleared of other possible crimes in a plea bargain deal that ultimately fell apart -- yet Joe Biden insists his "son has done nothing wrong?"

Even more significant and troubling are the many shady business deals by which Hunter Biden enriched himself based solely on his father's position. For example, when Hunter Biden flew with his father, who was then the vice-president, to China, he met with his "business associates" and 10 days later made a deal that netted him millions of dollars.

Although the majority of Americans would like to move on from both Biden and Trump, it would appear that we're stuck with them -- creating a campaign that will feature the most unpopular, and arguably the worst, candidates in American history -- one of whom is running to keep himself out of jail and the other to keep his son out of jail.

OUR AGE OF ANXIETY

The Wall St. Journal this past week featured a front page story entitled, "The Booming Business of American Anxiety." The issue of New York Magazine two weeks ago touched on the same subject with the cover story, "Trauma: America's Favorite Diagnosis."

Just this week, CNBC released a survey that reveals that confidence in the future of business conditions by small business owners is at an all-time low.

Statistics suggest that American society is coming apart, both mentally and physically. Our life expectancy has been declining for the past few years -- the pandemic had a lot to do with that -- but the opioid crisis, and gun violence also are factors playing a huge role in our collective demise.

In addition, 40 percent of Americans are considered obese and another 32 percent are overweight -- which means that almost 3/4 of Americans have lifestyles that will lead to a future of diseases (diabetes, cancer, etc.) and physical limitations that will create a lifetime of anxiety and depression.

Our unhealthy food -- i.e., high in saturated fat, salt, and sugar -- is addictive, no less so than opioids. Just as the Sacklers gave us Oxycontin, the fast-food industry has given us triple-bacon-cheeseburgers with fries and super-size soft drinks -- the more we eat, the more we crave them.

It is not a coincidence that the average American male today weighs 30 pounds more than the average male in 1960 and the average female today weighs the same as that man in 1960 -- and in those same 60 years, the number of fast food franchises has grown exponentially. (In 1960, there were about 400 McDonald's and Burger King franchises in the U.S. and today there are about 20,000).

When you add in all of the "big picture" challenges presented by climate change, economic inequality, the conflicts with Russia and China, and the elimination of individual rights by a reactionary Supreme Court, it is not surprising that Americans are feeling more anxious than ever before.

It is not an exaggeration to say that anxiety is our new national disease -- and there is no cure in sight.

By the Winthrop Board of Health

Today, we are going to talk about ticks: Where they breed, what can be done to reduce the risk of harboring ticks on your property, tick-borne illnesses, personal protection for you and your pets against ticks, and how to properly remove a tick.

Ticks are tiny pests that live in dark, thick vegetation, wooded areas, or places where the grass is not mowed. They latch onto people, pets, and even clothing, and often evade detection due to their minuscule size.

To maximize a tick-unfriendly environment in your backyard, the following are suggested:

- Keep your lawn mowed, with no more than two-inches of growth.
- Don't place playsets/picnic tables closer than three-feet from wooded areas. Create a three-foot buffer zone between picnic table and play areas, consisting of gravel, mulch, and wood chips.
- Keep leaves raked and do regular weeding around trees and shrubs.
- Trim plants, shrubs, and bushes to allow more sunlight into the depths of the plant. Ticks don't like dry, sunny areas.
- Make your yard tick-host hostile: ensure that

mice and rodents do not have woodpiles or stone walls where they can set up housekeeping. Ticks love to attach to rodents.

- Move any bird feeders or bird baths as far from the house as possible. Birds are lovely to look at, but immature ticks hitch rides on them. Use binoculars to watch the birds from afar.

For more information, follow the links below:

(<https://www.mass.gov/service-details/tick-management-around-the-home>)

([https://www.cdc.gov/ticks/avoid/in\\_the\\_yard.html](https://www.cdc.gov/ticks/avoid/in_the_yard.html)).

We won't attempt an exhaustive list of all the tick-borne illnesses. However, the black-legged (deer) tick carries Lyme disease. All the tick-borne illnesses have common symptoms: fever, headache, fatigue, muscle aches. Since all those symptoms can be linked to any number of ailments, it is best to see your healthcare provider. He or she can evaluate if the symptoms are tick related.

(<https://www.mass.gov/service-details/diseases-spread-by-ticks>).

How should one prepare to go outside during tick season? It's not welcome news to hear "wear

long sleeves and long pants" during summer weather. However, there are precautions (and compromises) one can make when venturing forth into the great outdoors:

- Wear light-colored clothing, on which ticks are more visible.
- Wear long-sleeved shirts and pants, with white socks pulled up over the pants bottoms (bad for fashionistas, good for tick avoidance).
- Treat clothing with the chemical permethrin (EPA approved for tick repellent, on clothing only).
- For any repellent, always read product labels before applying, to ensure proper use and effectiveness.

When returning from your outside excursion, check your body for ticks. Check children and pets as well. Ticks gravitate to areas of the body that are warm and dark, such as in or around hair, belly buttons, ears, underarms, groins, waists, etc. Talk to your vet about tick prevention products for your pet.

(<https://www.cdc.gov/ticks/avoid/index.html>).

If you follow all the above instructions, and you find a tick with its jaws attached to your flesh anyway, don't panic.

There are a few things to remember when removing a tick.

Don't coat it with petroleum jelly or touch a recently blown-out match head to its body. Ticks have delicate nervous systems, and when stressed by suffocation from Vaseline or barbecue by matchhead, the critters react by regurgitating their saliva into your bloodstream. This is in effect the tick vaccinating you with any number of tick-borne diseases. This is to be avoided.

The correct way to remove a tick, from either yourself, a child, or your pet:

- Get clean tweezers.
  - Grab hold of the tick as close to the skin as possible.
  - Pull straight up, slowly, and steadily. Twisting will behead the tick with his jaws still under your skin.
  - After removal, wash the area with alcohol, iodine, or soap and water. (<https://www.mass.gov/service-details/personal-protection-against-ticks>).
- You are now equipped with all you need to know for a safe, tick-free rest of the summer!
- Don't forget the sunblock!

Years // CONTINUED FROM PAGE 3

ment practices. It is hoped that the drive will help lead the nation away from the economic ills and troubles of the past few years.

A Special Town Meeting is set for Sept. 6 to seek appropriation of \$20,000 for the Public Welfare Department, \$7000 for Soldiers and Sailors benefits, and \$6000 for Old Age Assistance for the remainder of the year.

Loretta Young stars in Heroes for Sale at the Winthrop and State Theatres.

100 years ago  
August 23, 1923

Commodore Charles A. Blazo of the Winthrop Yacht Club says there will be something happening every minute of the day from 12 noon to midnight during the yacht club's feature day Sunday that will include sailboat races, a water parade of boats, and music.

110 years ago  
August 30, 1913

The new bridge and approaches to it that have been under construction at Orient Heights for the past 10 months rapidly are approaching completion. The bridge, which spans the tracks of the Narrow Gauge Railroad and will eliminate the grade crossing there that backs up traffic, is 90 feet long and 20 feet above the tracks. In constructing the bridge and its approaches, the roadway had to be regrad-

ed and some 25 buildings raised up to the new level.

The protests from local residents about the foul odors emanating from the Spectacle Island fertilizer plant and garbage dump will go before the City of Boston Board of Health shortly. Ever since the Ward and Son Company has set up its plant there, Winthropites have been complaining about the noxious smell that drifts our way across the harbor.

Eliot and Whittier, local real estate agents, report that there is good demand for lots on Pt. Shirley. Many have been sold in recent weeks with houses already being built on some lots.

A rumor has been going about town that there are many cases of typhoid. However, only six cases in all have been reported, all of which have been traced to returning vacationers.

During the recent electrical storms and showers, the town's streets were turned into veritable streams.

120 years ago  
August 29, 1903

Gov. Bates, in response to a letter calling for the state police to take action against illegal wagering and pools in the Commonwealth, stated that the state police already are overburdened with their duties.

Mr. C.D. Ornes of Cambridge entertained Reed's Brass Band at his camp

on Pt. Shirley, after which the band performed a few numbers to the delight of the party-goers.

A Winthrop man and woman were crossing the railroad tracks when their horse became frightened by the oncoming train. Their carriage was swung into the train, but fortunately only a wheel of the carriage of the light rubber variety was damaged.

130 years ago  
September 1, 1893

With a large number of Winthrop residents on hand, the City of Boston

Board of Aldermen delayed taking action upon the request by the electric rail line company, which already has received permission from the Winthrop Board of Selectmen for a rail line here, for construction of a track through East Boston to connect to Winthrop. The Boston aldermen wondered why so many Winthrop residents were opposed to the electric line and why Winthrop needed an electric line when we already have the Narrow Gauge railroad steam line.

Independent Newspaper Group

DIRECTORY

President

Stephen Quigley; stephen.quigley@reverejournal.com

Marketing Director

Deb DiGregorio; deb@reverejournal.com

Assistant Marketing Directors

Maureen DiBella; mdibella@winthroptranscript.com

Legal Advertising

Ellen Bertino; ebertino@eastietimes.com

Ad Design

Kane DiMasso-Scott

Managing Editor

Cary Shuman; cary@lynnjournal.com

Copy Editing, Layout

Kane DiMasso-Scott, Scott Yates

Business Accounts Executive

Judy Russi; judy.russi@eastietimes.com

Printer

Gannett

Office Phone Number: 781-485-0588



# BACK TO SCHOOL

Are you ready?

## Tips for parents and kids to stay organized this back-to-school season

(StatePoint) The start of a new school year carries with it so much potential, particularly when students -- and their parents -- stay organized. Amid the back-to-school chaos, use these tips and gear recommendations to help keep everyone on track, whether they are at school, at home or on-the-go:

### Notes and Big Ideas

Color-coded notebooks and binders, along with labeled dividers, can help you keep your coursework straight and your note-taking organized. Take your color-coding a step further by extending the concept to the tools you write with. Pilot Pen's G2 gel pen is a go-to for busy students and parents with its smooth, long-lasting gel ink that's able to keep up with busy schedules. Science has shown that writing a to-do list with an appealing color can lead to greater productivity. Inspired by color trends and color psychology, the G2 Harmony Collection colors were developed to promote balance, relaxation and hope, helping students get more done,

stay positive and achieve their highest potential this school year. G2 is available in four point sizes and over 35 colors, so it's ideal for note-taking, writing down big ideas, goal-setting and more.

### Planning and Scheduling

With the back-to-school season comes a flurry of planning and scheduling -- from after-school activities to field trips. Parents and kids alike can stay on top of all the last-minute changes with a desk calendar and an erasable pen. Pilot's FriXion line of erasable pens and markers write smooth and erase clean, so you can edit plans as often as they change. It's much easier to remember tasks and events when you've recorded the details in a central location, so start a habit of entering all activities into your calendar as soon as they're planned. The smooth gel ink and precise point of the FriXion Synergy Clicker is great for detailed planning, while FriXion Fineline brings colorful, mistake-free writing to notes and calendars.

WSPA PERFORMS THE JUNGLE BOOK

Shown are some students from Winthrop School of Performing Arts theatre camp who were featured on Channel 5's eye opener and performing in their production of the Jungle book Jr.

### Lockers, Backpacks, and Desks

Use organizational tools anywhere school supplies are stored, such as lockers, backpacks, and home study areas. Simple shelving and magnetic door organizers can maximize storage potential in any locker, whereas a backpack with multiple pockets allows you to arrange items by subject. Periodically empty your backpack completely; you may be surprised by the loose papers you find at the bottom. Use the opportunity to re-order items as-needed and to wipe down the bag's interior. Parents and kids should keep clutter to a minimum in home workspaces with filing systems and supply trays. This will help prevent important papers and other items from

going missing and improve productivity.

for organized notes and homework.

### Down to the Details

If you're smudge-prone, use quick-dry ink for effortlessly clean lines. When it's time to study, this will make reading your notes a lot easier. Pilot's Precise Rolling Ball, available in capped and retractable styles, features a precision tip -- great

for organized notes and homework.

For more back-to-school inspiration and tips, visit [powertotheopen.com](http://powertotheopen.com).

Staying organized is easier said than done for families and students. However, relying on tools meant for the task at hand, whether that's note-taking or event scheduling, can make it much simpler.

## Must-have items for your high schooler's back-to-school shopping list

(StatePoint) Setting your high schooler up for a successful school year all starts with having the right educational tools and personal supplies. Here are the must-have items to add to your cart this back-to-school shopping season:

### A Tablet or eReader

If you remember your own high school years as being defined by lugging heavy textbooks around campus all day and then home with you each night, consider sending your teen back to school with an e-reader or tablet. This slim, back-saving technology makes it possible for students to access the educational content of all their many courses in one place. What's more, some studies suggest electronic devices facilitate learning better than physical textbooks. Look for options that offer annotation and note-taking capabilities, as well as a full-color display, so that textbook diagrams and images can be

fully understood.

### A Graphing Calculator

In high school STEM classes such as trigonometry, calculus and physics, students need to go beyond simply arriving at the correct answer. They must also understand the theory and foundation behind the mathematical principles they are studying. That's where a highly-functional graphing calculator can come into play. Designed for high school students and beyond, Casio's affordable fx-9750GIII graphing calculator builds on the cutting-edge capabilities of its predecessors, offering a more seamless learning experience, an enhanced natural display and an improved keypad for fractions, standard-to-decimal conversion and scientific notation. Expanded menu options include Exam Mode, to comply with major standardized test-taking rules, as well as a Python Add-In, giving students the ability to create, save, edit and run

Python files, as well as import and export these files with streamlined computer connectivity.

### Personal Items

Send your teenager to school with some basic personal supplies that they can leave in their locker. Having access to these items between classes will help them feel their best throughout the day and eliminate distractions, so they can better concentrate on learning. A stick of deodorant is especially useful for students enrolled in physical education or who are involved in sports. Also include a bottle of hand sanitizer to help fight infections, particularly as cold and flu season draws near, feminine hygiene products, dental floss and tissues. An extra layer is also always helpful in both cooler weather and during the warmer months when the air conditioning may be running at full force.

In high school, the

coursework becomes much more challenging and the social terrain much

more complex. However, with the latest tech tools and a stash of personal

supplies, your teenager can navigate both arenas with less stress.

### WHY CHOOSE WINTHROP SCHOOL OF PERFORMING ARTS AS YOUR STUDENTS' PERFORMING ARTS HOME?

- ★ SPECIALIZING IN YOUNG DANCE DEVELOPMENT
- ★ DANCE CLASSES START AT AGE 3
- ★ ACTING LESSONS START AT AGE 5
- ★ MORNING TODDLER DANCE AND MUSIC CLASSES

WSPA  
WINTHROP SCHOOL OF PERFORMING ARTS  
45 PAULINE ST., WINTHROP 02152

### Open House

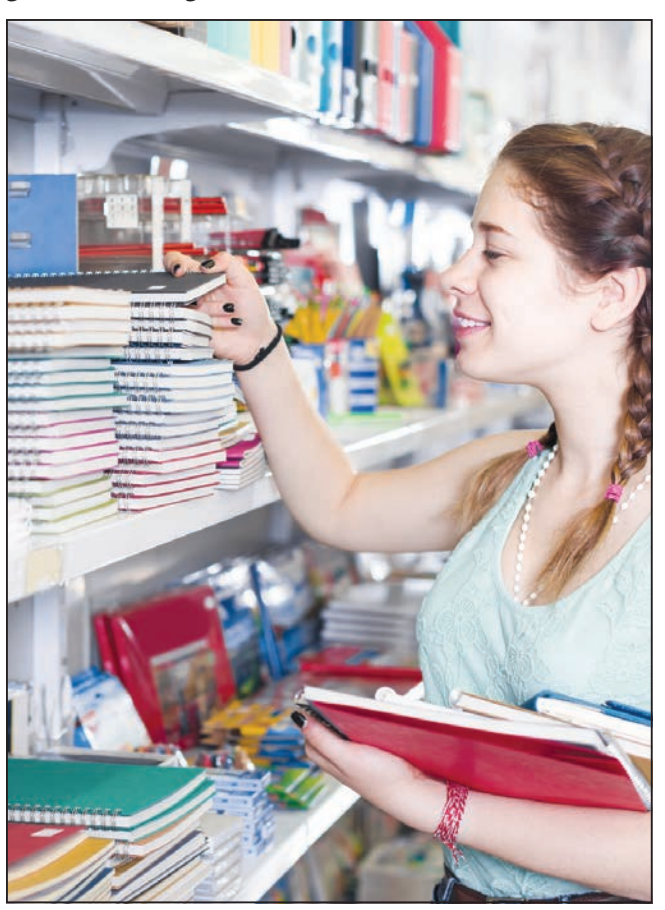
COME SEE OUR NEWLY RENOVATED SPACE.

WEDNESDAY	8/30, 5-8PM
THURSDAY	8/31, 5-8PM

VISIT OUR WEBSITE TO REGISTER FOR FALL, ACTING, MUSIC AND DANCE CLASSES!

[WWW.WSPADANCER.COM](http://WWW.WSPADANCER.COM)

FOR MORE INFO: [WSPAINFORMATION@GMAIL.COM](mailto:WSPAINFORMATION@GMAIL.COM)



## nicole zervas

dance academy

- Open House at Studio  
Thursday, August 24<sup>th</sup> & 31<sup>st</sup>, 6-8 p.m.  
Saturday, August 26<sup>th</sup>, 10 a.m. - 1 p.m.
- Classes begin Wednesday, September 6<sup>th</sup>
- New Students Welcome  
Beginner through Advanced
- Tiny Toes Program ages 3-6 years
- Tiniest Toes Program ages 18m - 3 years
- Latin Dance
- Contemporary
- Tumbling for dance (tricks & stunts)

## Celebrating 35 years!

ballet : tap : jazz : contemporary : hip hop : latin : tumble

[nzdarevere.com](http://nzdarevere.com)

781.284.3137 • [nzdance1989@gmail.com](mailto:nzdance1989@gmail.com)  
790 broadway, revere, ma 02151





Are you ready?

# BACK TO SCHOOL

## Tech-friendly ways to ace the school year

(Statepoint) American families are expected to spend record-high amounts this back-to-school season. According to the National Retail Federation (NRF), families with children in elementary, middle and high school will spend \$890 on average for school items, while those with college-aged students are looking at more than \$1,360 in shopping expenses.

Whether your kids are off to kindergarten or college, here's how you can shop smarter and prepare for the school year:

1. Upgrade Your Devices. Electronics and tech



© MONKEYBUSINESSIMAGES / ISTOCK VIA GETTY IMAGES PLUS

are a top priority for families this school season. The NRF says Americans are expected to spend a collective \$15 billion on electronics for back to school and \$23 billion for back to college. The good news is that you may be able to score deals this back-to-school season to help save on smartphones, wearables and more. T-Mobile is offering a free REVVL 6 Pro 5G, OnePlus Nord N30 5G or Samsung Galaxy A14 5G when adding a voice line for each device on a qualifying plan via 24 monthly bill credits plus tax. Plus, if T-Mobile customers prefer to gear up

with a wearable, they can score the wireless company's exclusive SyncUP KIDS Watch for free when adding a qualifying watch line via 24 monthly bill credits plus tax. To learn more about T-Mobile's back-to-school deals, head to [t-mobile.com/offers/back-to-school-deals](https://www.t-mobile.com/offers/back-to-school-deals).

2. Keep Track of School Items. It's the time of year when backpacks, lunchboxes and musical instruments tend to go missing. Ensure your child or college student never loses their items again by placing a T-Mobile SyncUP TRACKER in items of importance. It's a simple, easy way to help you keep track of belongings.

3. Stay Connected for Study Time. For families or college students looking for an affordable option to stay connected at home, T-Mobile has them covered with 5G Internet for only \$30 per month with a Go5G Plus or Magenta MAX plan and AutoPay. For those unsure about making the switch, the wireless company offers a worry-free Test

Drive of its 5G Internet for 15 days. And, T-Mobile 5G Internet comes with a Price Lock Guarantee, so you can rest easy knowing your monthly rate won't increase (exclusions like taxes and fees apply). Learn more by visiting <https://www.t-mobile.com/homeinternet>.

4. Prioritize a Sleep Routine. A recent "Lancet Journal" study found that children need at least nine hours of sleep each night to support healthy neurocognitive development. Set your kids up for success by creating a school bedtime and wake-up routine a couple weeks before school begins to help ease into the new academic year. Apps like Moshi use sounds, sleep stories and even meditations to encourage better sleep for kids, and Calm can be used for college students and parents to ease stress.

Get ready to rock the school year with some savvy planning, deal-hunting adventures and a dose of healthy habits that create an epic year ahead for you and your family.

## STAR POWER NATIONALS



COURTESY PHOTO

Sheila Rosanio School of Dance and Gymnastics recently competed in the Star Power Nationals in Connecticut. They were chosen one of eight performances out of 2000 performances.

## WINTHROP PUBLIC SCHOOLS DAILY SCHEDULE

	STUDENTS START	STUDENTS END	EARLY RELEASE END	TEACHERS START	TEACHERS END
PreK	8:00 a.m.	1:00 p.m.	10:30 a.m.	7:30 a.m.	2:30 p.m.
PreK a.m.	8:00 a.m.	10:30 a.m.	Split year for ½	7:30 a.m.	2:30 p.m.
PreK p.m.	10:30 a.m.	1:00 p.m.	Day Attendance	7:30 a.m.	2:30 p.m.
Kindergarten	7:40 a.m.	1:40 p.m.	10:40 a.m.	7:30 a.m.	2:30 p.m.
Grades 1-2	7:50 a.m.	2:10 p.m.	11:00 a.m.	7:30 a.m.	2:30 p.m.
Grades 3-5	8:15 a.m.	2:35 p.m.	11:25 a.m.	7:45 a.m.	2:45 p.m.
Grades 6-8	8:00 a.m.	2:25 p.m.	11:10 a.m.	7:45 a.m.	2:45 p.m.
Grades 9-12	7:35 a.m.	2:00 p.m.	10:45 a.m.	7:25 a.m.	2:25 p.m.

## HOLIDAYS RECOGNIZED BY WPS

Winthrop Public Schools serves children from many different religious and ethnic backgrounds. With that in mind, the School Committee recognizes the list below may not include all holidays observed by Winthrop families, but there has been an attempt to identify the major ones.

2023-2024 RELIGIOUS AND ETHNIC OBSERVANCES	
WPS Classes Begin for Students	Wednesday, Aug. 30, 2023
Rosh Hashanah* (day 1)	Friday, Sept. 15 – Sunday, Sept. 17, 2023
Navratri	Sunday, Oct. 15, 2023
Yom Kippur*	Monday, Sept. 25, 2023
Dasera/ Dussehra	Monday, Oct. 23, 2023
Sukkot*	Friday, Sept. 29, 2023
Diwali	Sunday, Nov. 12, 2023
Chanukah/ Hanukkah*	Thursday, Dec. 7, 2023
Christmas Eve	Sunday, Dec. 24, 2023
Christmas	Monday, Dec. 25, 2023
Kwanzaa	Tuesday, Dec. 26, 2023
New Year's Day	Monday, Jan. 1, 2024
Orthodox Christmas	Sunday, Jan. 7, 2024
Lunar New Year	Saturday, Feb. 10, 2024
Maha Shivaratri	Friday, March 8, 2024
Ash Wednesday	Wednesday, Feb. 14, 2024
Ramadan*(month long)	Sunday, March 10, 2024
Passover* (day 1)	Monday, April 22, 2024
Good Friday	Friday, March 29, 2024
Easter Sunday	Sunday, March 31, 2024
Orthodox Good Friday	Friday, May 3, 2024
Orthodox Easter Sunday	Sunday, May 5, 2024
Eid al-Fitr* (Sundown)	Tuesday, April 9, 2024
Shavuot* (Evening)	Tuesday, June 11, 2024
Juneteenth	Wednesday, June 19, 2024
*Holidays begin at sundown the day before.	

# SHEILA ROSANIO SCHOOL OF DANCE & GYMNASTICS

CLASSES START SEPTEMBER 5TH!  
AGES START AT 2 ½

- GYMNASTICS
- JAZZ
- HOP HOP
- TAP

- BALLET
- HEELS
- CONTEMPORARY
- LYRICAL

- BOYS CLASSES
- COMBO CLASSES & MORE

**OPEN HOUSE & REGISTRATION**

- Aug. 25<sup>th</sup> 5 — 8:00 p.m.
- Aug. 26<sup>th</sup> 10 — 4:00 p.m.
- Aug. 28<sup>th</sup> 4 — 8:00 p.m.
- Aug. 30<sup>th</sup> 4 — 8:00 p.m.

**WWW.SHEILAROSANIO.COM**  
**SHEILAROSANIO@GMAIL.COM**

**233 WASHINGTON AVE., REVERE**  
**781-284-4060**      **781-771-9758**

*Lasting Friendships Are Formed at the Dance Studio*

# REVERE SELF STORAGE

**YOUR #1 SELF-STORAGE CHOICE!**

**NEWLY CONSTRUCTED**  
State-Of-The-Art Facility  
Climate Controlled  
24/7 Surveillance  
Keyless Smart Phone Entry  
Online Bill Pay

**GO TO REVERESELFSTORAGE.COM TO RESERVE ONLINE OR CALL 781-284-8888**

**LOCALLY OWNED & OPERATED**  
727 Revere Beach Parkway - Revere

**GRAND OPENING SPECIAL**  
**50% OFF**  
First 2 Months  
*Expires 9-30-2023*



# WPS 2023-2024 CALENDAR

**IMPORTANT DATES**  
28: Teacher PD – No School  
29: Teacher PD – No School  
30: First Day of School  
4: Labor Day

**AUG/SEPT 2023**

M	T	W	Th	F
PD	PD	FIRST DAY	31	H
H	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

**IMPORTANT DATES**  
4: Teacher PD – Half Day  
9: Columbus Day  
11: Elementary Half Day Conferences  
18: Elementary Half Day Conferences  
25: Elementary Half Day Conferences

**OCTOBER 2023**

M	T	W	Th	F
2	3	4	5	6
H	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

**IMPORTANT DATES**  
8: Teacher PD – No School  
10: Veterans Day  
22: Early Release  
23-24: Thanksgiving

**NOVEMBER 2023**

M	T	W	Th	F
		1	2	3
6	7	PD	9	H
13	14	15	16	17
20	21	22	H	V
27	28	29	30	

**IMPORTANT DATES**  
13: Teacher PD – Half Day  
15: WMS Half Day Conferences  
25-29: Vacation

**DECEMBER 2023**

M	T	W	Th	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
H	V	V	V	V

**IMPORTANT DATES**  
1: New Year's Day  
15: Martin Luther King Jr. Day  
31: Teacher PD – Half Day

**JANUARY 2024**

M	T	W	Th	F
H	2	3	4	5
8	9	10	11	12
H	16	17	18	19*
22	23	24	25	26
29	30	31		

**IMPORTANT DATES**  
19-23: Vacation

**FEBRUARY 2024**

M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
H	V	V	V	V
26	27	28	29	

**IMPORTANT DATES**  
6: Teacher PD – Half Day  
27: Elementary Half Day Conferences

**MARCH 2024**

M	T	W	Th	F
	3			1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

**IMPORTANT DATES**  
3: Elementary Half Day Conferences  
10: Elementary Half Day Conferences  
15-19: Vacation

**APRIL 2024**

M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
H	V	V	V	V
22	23	24	25	26
29	30			

**IMPORTANT DATES**  
8: Teacher PD – Half Day  
27: Memorial Day

**MAY 2024**

M	T	W	Th	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
H	28	29	30	31

**IMPORTANT DATES**  
11: Last Day of School – Half Day  
19: Juneteenth

**JUNE 2024**

M	T	W	Th	F
3	4	5	6	7
10	LAST DAY	12	13	14
17	18	H	20	21
24	25	26	27	28

**Welcome Back to School**  
*Give it your all this year!*



**State Senator**  
**Lydia Edwards**  
Paid Political Ad

**Welcome Back Students!**  
*Good luck in School this Year!*



**State Representative**  
**Jeffrey R. Turco**  
Paid Political Advertisement

**Welcome to another school year students! Good Luck!**



**JIM LETTERIE**  
**COUNCIL PRESIDENT**  
Paid Political Ad

**Welcome Back Winthrop Students!**  
  
Have an excellent and safe school year!!  
  
Best of luck!!  
  
*The Todd Sacco Campaign*  
Councilor-At-Large





**WISHING YOU EVERY SUCCESS THIS SCHOOL YEAR!**  
  
**DR. PAUL C. McGEE**  
**OF McGEE FAMILY CHIROPRACTIC**  
  
DOT/CDL physical  
Neck Pain • Back Pain • Any Kind of Joint Pain  
*Specializing in Soft Tissue Injuries such as Plantar fasciitis, Tendonitis*  
Call For a FREE initial consultation or to schedule an appointment  
617-846-4553 • [www.mcgeechiropractic.com](http://www.mcgeechiropractic.com) • 57 Putnam Street  
We accept Medicare and most other health plans



ARE YOU READY?

WELCOME

BACK  SCHOOL

*Have a great school year*

*– The Martucci Family*



# Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152      Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m.  
Website: town.winthrop.ma.us/council-aging      Email: COAReception@town.winthrop.ma.us      Phone: 617-846-8538

Additional information on our activities and programs can be found in our monthly newsletter, which is available at the Senior Center and on our website.

**Thursday, August 24**  
9:30 a.m.-10:30 a.m.: Exercise Class  
10:30 a.m.-12:00 p.m.: Prediabetes & Diabetes Self-Management Education  
12:00 p.m.-12:30 p.m.: Lunch-Dine In / Grab and Go Lunch Pick-Up  
12:45pm-3:00 p.m.: Bingo

**Friday, August 25**  
10:00 a.m.-11:00 a.m.: Line Dancing (\$5)  
10:00 a.m.-12:00 p.m.: Ceramics (\$3)  
11:00 a.m.: Grab and Go Lunch Pick-Up  
11:00 a.m.-12:30 p.m.: Creative Writing Workshop

**Monday, August 28**  
9:30 a.m.-10:30: Yoga with Kathleen (\$5)  
11:00 a.m.: Grab and Go Lunch Pick-Up  
11:30 a.m.-2:30 p.m.: Game Day/Mahjong  
12:30 p.m.-2:30 p.m.:

Art Class with Dawn (\$6)  
**Tuesday, August 29**  
11:00 a.m.- Grab and Lunch Pick-Up  
12:00 p.m.-2:00 p.m.: Lunch & Entertainment with David Maloof

**Wednesday, August 30**  
9:30 a.m.-10:30 a.m.: Yoga with Kathleen (\$5)  
10:30 a.m.-11:30 a.m.: Zumba with Cindy (\$5)  
11:00 a.m.: Grab and Go Lunch Pick-Up  
11:30 a.m.-12:30 p.m.: Tai Chi/Qi Gong (\$5)

**Please Note:** Beginning in August, Zumba will meet on Wednesday's from 10:30 a.m.-11:30 a.m. and Tai Chi/Qi Gong will take place from 11:30 a.m.-12:30 p.m.

**Italian Classes will resume September 13th**

**Senior Lunch Program:** The Senior Center offers in-person dining on Tuesdays and Thursdays from 12-12:30 p.m.. Grab and Go Lunches are also available for pick up Monday – Friday between 11am and 1pm. To reserve a lunch, please

stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and at the Senior Center. Please note, lunches cannot be held overnight, they must be picked up on the day it was requested.

**Senior Van.** The Senior Van runs Tuesday, Wednesday and Thursday from 9am-3pm. Reservations are on a first come, first served basis, and can be made by calling the Senior Center. Medical rides will be prioritized. A list of destinations and pricing is available on our website and in our newsletter.

**Cash & Scratch Raffle:** The Friends of the Winthrop Council on Aging, a nonprofit that supports the Senior Center, is selling raffle tickets for a chance to win \$50 in scratch tickets plus \$50 cash. Tickets are 1 for \$5 or 3 for \$10 and can be purchased at the Senior Center. The drawing will be held on August 31st and the winner will be no-

tified by phone.

**Upcoming Activities and Programs**  
**Prediabetes and Diabetes Self-Management:** Thursday, August 24th @ 10:30 a.m.

Facilitated by Mary Gynn, RN, MPH, CDE, ADCES. Learn to face the challenge of prediabetes and diabetes while continuing to enjoy a fulfilling life. You can still live, laugh, and love. Reference materials will be provided.

**Programming & Activities**  
A full listing of the Senior Center's programs and activities is available in our newsletter and on our website.

**Blood Pressures:** First and third Tuesday of each month from 11:00 a.m. to 12:00 p.m.. No appointment needed.

**Bowling:** There will be no Bowling from May through August. Bowling will resume in September.

**Coffee and Conversation.** Join us on the third Thursday of each month at

10:30 a.m. for an informal chat and some coffee and cookies too.

**Computers are available** for use Monday-Thursday from 9:00 a.m.-3:00 p.m. and Fridays from 9:00 a.m.-12:00 p.m..

**Podiatry:** Barbara Ullman, RN, a registered nurse, and pedicurist from Seen Your Feet will be at the Senior Center on the first Thursday of each month. Cost: \$20 (or \$25 to have toe and fingernails done). Cash only. Appointment required; to schedule, please call the Senior Center.

**Seaside Tappers:** The Seaside Tappers meet on Wednesdays for Tap Classes from 10:00-11:00 a.m., at the Methodist Church. For more information, contact Gail at: 617-763-7311.

**SHINE Counseling:** Our SHINE Counselor, Charlie Randall, is available to help you with any health insurance questions you have. Charlie will be at the Senior Center on the second Wednesday of

the month from 1pm-3pm. Appointments are required; to schedule, please stop by the Senior Center or call us at 617-846-8538.

**Technology Class:** Volunteers will be available from 10 a.m.-12pm on the fourth Tuesday of each month to help you with any tech support you need. Bring your laptops, smartphones, or tablets along with your questions. To register, call the Senior Center.

**Upcoming Trips**  
Flyers, with additional trip information, are available at the Senior Center.

**Thursday, September 6, 2023:** Neil Diamond & Friends at Lake Pearl in Wrentham, Ma. Please note change in Date & Location.

Provider: Best of Times Travel

Cost: \$79.00 (drive on your own) or \$109.00 (with transportation)

Make checks payable to: Friends of WCOA

Meal choice: Apple Cranberry Stuffed Chicken or Vegetarian Lasagna

## Hayden announces Youth Advisory Council, encourages Suffolk County teens to apply

Special to the Transcript

District Attorney Kevin Hayden has announced the creation of the Suffolk County District Attorney's Youth Advisory Council, which will meet regularly throughout the school year to give Hayden's office insight into issues such as youth violence, gun possession, bullying, peer pressure, and substance abuse.

Applications for the council are available on the SCDAO website. Hayden is encouraging high school-aged teens throughout Suffolk County to apply.

The council will augment the office's other juvenile-focused initiatives, such as the Juvenile Alter-

native Resolution (JAR) program, which provides diversion options to eligible juvenile offenders.

"We are always seeking to better understand the factors that lead some of our young people down dangerous paths. We want to ensure that our youth have the resources and support in our communities to be safe. A helpful tool in doing so is to hear directly from them. We've seen over the past few weeks some disturbing incidents involving violence committed by teens, including attacks on strangers and on police, and other young people being harmed. Our hope is to hear directly from our young residents what

they think might be contributing to these types of behaviors and experiences. Arraigning young people on criminal charges is, sadly, something we sometimes need to do, but never something we want to do," Hayden said.

Members of Hayden's community engagement team and juvenile unit will guide the council discussions and solicit participation and input from members on the array of issues facing teens throughout the county. Recent societal events have presented teens with particular challenges, Hayden said.

"The COVID pandemic has had a unique impact on today's young people. Put simply, teenagers in

Boston and Suffolk County—and across America—have had their lives impacted in ways unlike any other time in our history, and our goal is to learn directly from them the pres-

sures they face on a daily basis. The Youth Advisory Council will not only provide our youth with an opportunity to voice concerns, but can empower them to take on a greater

initiative. We're hoping their insight will help us develop approaches that keep teens away from behavior that can short-circuit their futures," Hayden said.

## Low Vision Group // CONTINUED FROM PAGE 1

comes the commitment to do the training to learn how to use it."

Oliveira explained that organizations, such as The Carroll Center for the Blind and the Massachusetts Association for the Blind and Visually Impaired, advocated for earmarks to Governor Maura Healey's proposed budget to provide additional services to social rehabilitation consumers.

"On the vocational side, we get our money from the federal government, and match it with state funds. On the social rehab side, we look for state dollars for services that we provide for the social rehab consumers," said Oliveira. "The advocates did not think there was enough for the rehab consumers, so over the past few years, they have proposed additions. Those earmarks were passed: one for The Carroll Center, and one

for the Massachusetts Association for the Blind and Visually Impaired."

Oliveira encouraged attendees to contact The Carroll Center for technology lessons, and independent living skills training, and the Massachusetts Association for the Blind and Visually Impaired for counseling, and day programs.

"Even if you get services from the earmark funding, we have rehabilitation teachers who can come to your home, work with you in your kitchen, or in any skill set you're looking for," described Oliveira. "We have orientation and mobility instructors who work with you in your neighborhood to get you acclimated to using a cane."

Oliveira recommended that those with low vision use white canes to navigate sidewalks, and locate where dips, curbs,

and unexpected objects are to avoid injuries. Bicycle lanes have presented a new challenge for those using canes because they are an additional obstacle to cross while having to avoid bicycle and scooter traffic.

Massachusetts Commission for the Blind has received many complaints concerning bicycle lanes; especially in Boston; but Oliveira assured attendees that instructors can guide them in using canes effectively to ensure their safety while approaching bicycle lanes.

"Aging-related disorders are the leading factor in losing vision for most in the U.S.," revealed Oliveira. "Use groups like this for early intervention, and learn how to rely not so much on your vision, so when your vision changes, you can use more non-visual techniques."

WE'VE GOT YOUR MORTGAGE NEEDS COVERED

Residential, Commercial, Home Equity, Fixed Rates, and Adjustable Mortgages

Call or stop by today to see what we can do for you

617.482.4787  
100 Swift St.,  
East Boston

FIRST PRIORITY CREDIT UNION

firstprioritycu.com

Federally insured by NCUA. Shares & Deposits in excess of NCUA limits are fully insured by MSIC.

ROYAL MORTGAGE LENDER



Winthrop Low Vision Group gathering for a meeting with the Massachusetts Commission for the Blind on August 16 at the Robert DeLeo Senior Center.

PLEASE PATRONIZE OUR ADVERTISERS! THANK YOU





# LOCAL COLLECTOR

## SINCE 1985

# CARDS - CARDS - CARDS - CARDS

We buy cards and We'll come to you! Highest prices for  
**VINTAGE cards. All Sports. Call Paul to schedule an appointment ☎ 617-791-5274**

*Specializing in Sports Cards Coins, Comics, & Toys*



# Sports

## WHS SPORTS THROUGH THE YEARS

**10 years ago**  
**August 22, 2013**  
The playoffs for the rejuvenated Winthrop Summer Basketball League that were just completed saw close contests with games being decided in the final minutes and others extending into overtime. In the opening round the Seigal Club took the eventual champion, K-K Contractors, to a two-possession game with less than three minutes remaining. In the other game, a few unlucky breaks by the Feeley Club late in the contest let the Williams Club sneak by with a three-point win. In second round play Kathy's Place, who was undefeated going into the last week of season, had the misfortune of playing K-K Contractors, who were definitely hitting their stride at the right time. The final game came down to a last-minute possession where K-K Contractors was able to thwart a last-minute comeback by Mutual Beef to become the town's summer basketball league champion for 2013.

**20 years ago**  
**August 28, 2003**  
The first annual Brian Hudd Memorial Golf Tournament held at the Winthrop Golf Club this past week was a big success, raising more than \$12,000 that will be given to the WHS Band program.

The WHS football team opened up its pre-season with a scrimmage against Alvirne High School of New Hampshire Monday at Miller Field.

**30 years ago**  
**September 2, 1993**  
Residents are mourning the passing of Lawrence N. "Larry" Larsen, who was long active in youth sports programs in the town. The town's hockey rink was named after Larsen when it was built in recognition of his long involvement with youth hockey. He was 76.

**50 years ago**  
**August 29, 1973**  
Winthrop's Joey Petrucci placed third in the Junior U.S. Snipe Regatta held recently at Mission Bay, California.

**60 years ago**  
**August 29, 1963**  
Winthrop's Joe Duplin is in the lead at the midway point of the Star Class National Championship Regatta that is being held in Rye, N.H. Nearly 450 local youngsters made the trek to Fenway Park on buses as guests of the Winthrop Elks for a Boston Red Sox game.

**100 years ago**  
**August 23, 1923**  
The Winthrop Highlands Association has made plans for its first-ever Summer Sports Carnival on Labor Day weekend. There will be a baseball game at Ft. Banks between the married men and the single men, boxing contests, and swimming races.

**110 years ago**  
**August 30, 1913**  
The baseball games at Ingleside Park between past and present town officials continue to be the talk of the town.

## WHS VIKING HOCKEY BOOSTERS HOLD THE VIKING CUP STREET HOCKEY TOURNAMENT AT INGLESIDE PARK



The Red Team, Brendan Murphy, Ryan McKenzie, Ethan Herdt, Nicholas Previte, and Max Murphy.



The WHS Viking Hockey Boosters, Heather Fife, Kim Hayes, and Lori Calla set up the refreshment area.



Nathan Upton goes full pads for the Viking Cup. See more photos on Page 10.

### WINTHROP LITTLE LEAGUE

### 2ND ANNUAL COMEDY NIGHT FUNDRAISER!

Saturday, September 9  
Cottage Park Yacht Club  
Doors open at 6:30pm  
Tickets \$30



FEATURING  
PAUL D'ANGELO!  
w/Mitch Stinson



**Tickets on sale now!**  
Email: winthroplittleleague@gmail.com  
or Venmo @winthroplittleleague

YOU'RE INVITED TO THE  
*WHS Class of 1973*  
*50th Reunion*

**Sept. 23, 2023 | 7 - 11pm**  
**Cottage Park Yacht Club**  
**\$50 per person, Guests Welcome**

*Make the Most out of the Reunion!*  
**Ask about our Accommodations and Weekend schedule!**  
*Friday + Sunday events planned*

**Any Questions?**  
Reach out! jeanideangelis@outlook.com  
dennymahoney@aol.com | ellenH617@aol.com

**Checks payable to: WHS CLASS OF 1973**  
**Mail to, 131 Sewall Ave, Winthrop 02152**

## WINTHROP MARKETPLACE

**Your Independent Grocer. Where Old Friends Meet And New Ones Are Made**  
**SALE DAYS THURSDAY, AUGUST 24TH THROUGH WEDNESDAY AUGUST 30TH, 2023**

### Grocery

*Great grocery specials*

Bush's Baked Beans 28 oz.....	2/¢5.00
Best Yet Apple Juice 64 oz.....	2/¢4.00
Hellmann's Mayonnaise 30 oz.....	¢4.99
Barilla Pasta.....	4/¢5.00
(ex: gluten free-protein-tortellini-pasta ready)	
Prego Pasta Sauce.....	2/¢5.00
Kellogg's Rice Krispies.....	¢4.99
Motts Apple Sauce 6 pk.....	2/¢6.00
Heinz Ketchup 38 oz.....	¢4.99
Lindsay Olives.....	2/¢5.00
Cool Whip 8 oz.....	2/¢3.00
Hood Cottage Cheese 16 oz.....	2/¢5.00
Hood Sour Cream 16 oz.....	3/¢5.00
Silk Soy Milk 64 oz.....	2/¢7.00

### Meat

"Meat Cut Fresh Every Day"

### Family Pack Specials

Assorted Bone-In Pork Chops.....	¢2.29/lb
London Broil Steaks.....	¢4.99/lb
Chicken Drumsticks.....	¢1.09/lb
Boneless Chicken Thighs.....	¢2.99/lb

---

Ball Park Meat Franks.....	2/¢7.00
Al Fresco Chicken Sausages.....	2/¢8.00

### Weekend Specials

Friday, August 25th through Sunday, August 27th

"while supplies last"

**BAKERY**

Double Chocolate Chip Cookies.....	¢3.99
Rocky Road Brownies 4pk.....	¢4.99

**DELI**

Resers Salads

Potato-Macaroni-Cole Slaw.....	¢1.99/lb
--------------------------------	----------

**PRODUCE**

Locally Grown Butter & Sugar Bi-Color Corn.. 6/¢2.99

**MEAT**

Family Pack Boneless Ribeye Steaks ....	¢12.99/lb
---	-----------

**GROCERY**

Starkist Solid White Canned Tuna.....	10/¢10.00
Hood Ice Cream.....	2/¢7.00

### Bakery

Leonard's Cookies Assorted Varieties.....	¢6.99
Mini Chocolate Eclairs.....	¢3.99
8" Baked Lemon Crumb Pie.....	¢5.99

### Deli

Belgioioso Slicing Provolone.....	¢5.99/lb
Kretschmar Black Forest Ham.....	¢7.99/lb
Kayem Natural Casing Franks.....	¢6.99/lb
Russer Wunderbar German Bologna.....	¢3.99/lb
Carando Genoa Salami.....	¢8.99/lb

### Produce

Fresh & Sweet Mangos.....	5/¢5.00
Sweet & Juicy Honeydew.....	¢4.99
Red or Green Seedless Grapes.....	¢2.99/lb
Fresh & Crisp Green Bell Peppers.....	¢1.69/lb
Hydro Seedless Cucumbers.....	2/¢3.00

**35 REVERE ST., WINTHROP • (617) 846-6880**  
**WWW.WINTHROPMKTPPLACE.COM**  
New Store Hours starting June 22: Mon-Sat 7:30 am-8pm;  
Sun: 7:30am-7pm  
Not responsible for typographical errors.  
We have the right to limit quantities.



# WHS VIKING HOCKEY BOOSTERS HOLD THE VIKING CUP STREET HOCKEY TOURNAMENT AT INGLESIDE PARK

The Booster Club of WHS Varsity Hockey held the 2023 Viking Cup Tournament last Sunday morning at Ingleside Park. A \$50 per skater entry fee got the player a tee shirt, refreshments, and snacks during the tournament and a chance at lots of great prizes as well as the championship.

Teams could register as a five man or go with the luck of the draw that morning. A double elimination series with two 10-minute halves, running time.



The WHS Varsity Vikings and the many skaters at the 2023 Viking Cup Tournament at Ingleside Park, sponsored by the WHS Viking Hockey Boosters.



Joseph Shea dresses for the tournament last Sunday morning.



Brady Emmanuel looks over the competition before the game starts.



Tony Bordonaro waits for his teammates.



WHS Viking Head Coach Dale Dunbar is shown with boosters, Heather Fife, Kim Hayes, Jeanne Holgerson. Coach Dunbar has run a very successful hockey program for the Vikings and has stated many times how grateful he is for the help from the WHS Hockey Boosters and the local businesses that do so much for the program throughout the year.



Some of the WHS Vikings, Nolan Upton, Jay Fotiades, Mikey Donahue, Thomas Babine, back row: Luke Githinji and Aiden Survilas.



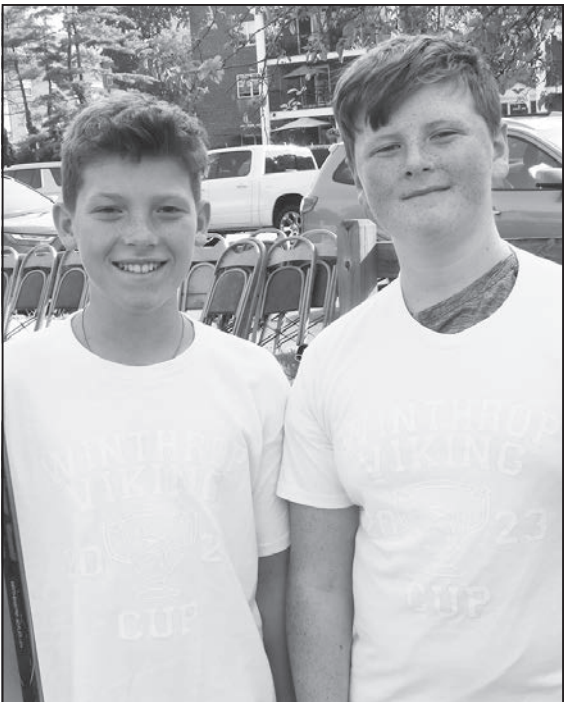
A donut is a great pick me up before a game, just ask goalie Ethan Herdt.



Jessie Barnby adjusts his helmet before the game.



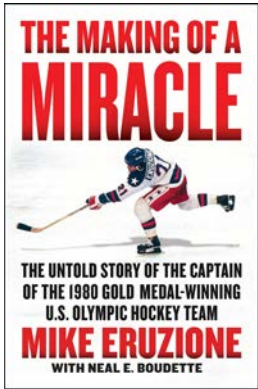
Lots of sponsors stepped up to make the Viking Cup Tournament a success and fun for all.



On the Green Team, Max Dassau and Ryan O'Leary.

At the **E.B. Newton Cultural Center, Lyceum Room**, 45 Pauline St.

Winthrop Public Library welcomes  
Winthrop's own **Mike Eruzione**  
as he discusses his book



Mike will talk on how  
the book came to be.  
Q & A to follow.

**Tuesday, August 29th**  
**6:30 - 8:00 p.m.**

Books will be available for signing, in partnership with  
Winthrop Book Depot. Please pay by cash or check.

Winthrop Public Library & Museum  
617 846-1703 [www.winthroppubliclibrary.org](http://www.winthroppubliclibrary.org)

While you are there visit the  
**Winthrop Heritage Room**  
and **The Clock Tower Gallery**  
from 5:30 to 8:00 p.m.

## Do You Want To Sell Your Home?

*Our Advertisers  
have clients  
waiting to buy!*

List your property with one of the fine  
realtors who advertise regularly in the...



**Winthrop**  
SUN TRANSCRIPT  
Published by the Winthrop Sun Transcript Company





FIRST PRIORITY CREDIT UNION HOSTS A BACK-TO-SCHOOL BLOCK PARTY

Marianne Salza Photos

Last Saturday First Priority Credit Union in East Boston on Swift Street had a neighborhood block party. It was their way to get the children in a back-to-school state of mind, while at the same time enjoying

lots of fun activities. Back to school back packs were given out to the children, and a petting zoo was also a hit with the young ones. Face painting, hot dogs and a moon bounce as well as many give aways made the day a memorable one for all who attended.



Nicole Vanderlaan from Kids Party Productions offered balloon animals and face painting for the kids.



Revere School Committee member Aisha Milbury-Ellis with her daughters, Evangeline and Etienne Ellis try their hand at some of the many fun games at the First Priority Block Party



Milo Poole with Buggs Bunny from the Enchanted Animal Parties.



President/CEO Tony Paciulli (left) is shown with his staff at First Priority Credit Union.



Molly Roark from 1st Priority Credit Union at the raffle table with the Urban family, David, Heidi, Fiona, and brother David.



Luck Ducky with Nina and Romie Fetherston.

New England Meow Outfit brings CFA show to MetroWest on August 27

Special to the Transcript

What do community organizer and radio talk show host Ron Bell and Boston Globe travel writer and columnist Christopher Muther have in common? On Sunday, August 27, the answer will be CATS!

Both men are guest judges for an event that’s always the highlight of New England Meow Outfit, Inc’s (NEMO) annual cat show – the Cat and Owner Costume Contest! The contest celebrates the human-animal bond in a most a-mewsing way: Participants and their cats in coordinated (or otherwise related) outfits will slowly parade past the two judges, each of whom will select a different winning pair to receive a \$40 Petsmart gift card. Russell Webb, allbreed judge and Vice President of the Cat Fanciers’ Association (CFA), will serve as Master of Ceremonies for the event. It’s all part of a two-day cat show being held at The VERVE Hotel Boston, 1360 Worcester Street, in Natick, August 26 and 27. (Costume contest participants must be entered in the cat show in order to compete.)

Bell is a prominent community organizer and activist from Boston’s Mission Hill neighborhood. He is also a tireless advocate for social justice, best known as the founder of the Dunk the Vote organization, which focuses on increasing participation and voter turnout. He is affiliated with Boston Black News and co-hosts the Morning Crew radio show on WBPB-LP 102.9 FM Radio.

Muther is a travel writer and columnist for the Globe, a part-time DJ and

a full-time feline enthusiast. A graduate of the University of Massachusetts at Amherst, he formerly covered fashion and style for the G section of the Globe and served as an Adjunct Professor at Massachusetts College of Art and Design.

The contest is just one small part of the cat show, which is expected to bring together over 100 cats and over 30 pedigreed breeds, as well as a clowder of household pets. Eight professional judges affiliated with the Cat Fanciers’ Association (the world’s oldest and largest registry of pedigreed cats) will present and evaluate the cats for awards. Pedigreed cats will be judged based on their breed standard, which details the “perfect” example of each breed – for example, head shape, body length, coat quality,

and color. Household pets are judged on an individual level – their looks, personality, and grooming come heavily into play. Any cat may be entered in this class – it is very inclusive and fun to watch.

Breeders will be on hand to meet spectators and help them learn about the different breeds. Vendors of cat-related articles will also be on hand for your shopping pleasure, and a raffle will offer visitors a chance to win everything from cat trees to jewelry to wine.

For kids, there’s even a stuffed animal contest with prizes, held on Saturday afternoon. Also on Saturday afternoon, Show Manager Iris Zinck (who is a CFA affiliated judge) will conduct the Kitty Playoffs, a contest to determine the most playful cat or kitten entered in the

show.

Area cat lovers are welcome to enter their own cats (by August 21) so they can participate in the show, too. Kittens and Household Pets can be entered without a registration number, but all others must obtain a number from CFA. (More info at <https://cfa.org/blog/events/new-england-meow-outfit-aug23/> )

Spectators are welcome throughout the event, which runs from 9:30 a.m.-4 p.m. each day. Admission is \$12 for adults, \$10 for children under 12 and those under five are FREE!!

Advance tickets are highly recommended due to limited capacity!

Tickets are available via: <https://nemocatshow.ticketleap.com/dont-miss-bostons-only-cfa-cat-show>.

STICK TO IT!

Share your message in our paper with a STICKY NOTE

OPEN HOUSE? STICK IT!

FUNDRAISER? STICK IT!

NEED-TO-KNOW INFO? STICK IT!

Keep your name in the eyes of our thousands of readers!

WINTHROP SUN TRANSCRIPT

Sticky size: 3 in. x3 in. Shown sized to scale above covers approx. 2 columns

Copy for a Sticky due 3 weeks prior to run date

7,000 COPIES 2-COLOR \$600

7,000 COPIES 4-COLOR \$700

12,000 COPIES 2-COLOR \$800

12,000 COPIES 4-COLOR \$900

4-COLOR STICKIES CAN BE A COMBINATION OF COLORS. 2-COLOR STICKIES CAN BE MADE WITH ANY 2 COLORS

Call or Email Your Rep Today!

MDIBELLA@WINTHROPTTRANSCRIPT.COM DEB@REVEREJOURNAL.COM

781-485-0588

EAST BOSTON NEIGHBORHOOD HEALTH CENTER

We take care of our team.

Visit [ebnhc.org/apply](https://ebnhc.org/apply)

BOSTON GLOBE TOP PLACES TO WORK

8-TIME RECIPIENT







# BOOK REVIEW

## "Let me Finish: Trump, the Kushners, Bannon, New Jersey and the power of in-your-face politics"

By Chris Christie with Ellis Henican  
Reviewed By Bernie Kelly

This book is a compilation of the accomplishments and achievements of Chris Christie, a former governor of New Jersey, a presidential aspirant in 2016, and once again a candidate for the country's highest office in 2024.

Prior to governing New Jersey, Christie served as U.S Attorney for several years. He was vigilant in his prosecution of criminal offenders, as well as of political appointees who stretched the limits of patronage and legal procedure.

Christie was born and raised in Newark, New Jersey, from which vantage point his family moved to the wealthier suburbs. His mother was a strong-willed woman, a Democrat, who admon-

ished Christie to work hard and make something of himself. His father on the other hand, was an accountant and a stalwart of the Republican Party. Young Christopher took his cue from his father, becoming a lifelong Republican. His grandmother also influenced the future governor, teaching him to watch the Sunday morning political shows, from which juncture young Chris received his motivation to become politically affiliated.

As a youth, Christie was a devout Catholic who attended Sunday Mass regularly. He was also a catcher on his high school baseball team. After graduation, he attended Seton Hall University, where his interest in pol-

itics afforded him considerable distinction; he was elected president in his senior year!

In addition, it was at Seton Hall that Christie met his future wife, "A fun loving business student named Mary Pat Foster," who was "the ninth of ten children from an Irish American family in the Philadelphia suburb of Paoli."

Mary Pat proved to be a good wife — a godsend in fact. After graduation from Seton Hall, she went to work for a prominent Wall Street Firm. Her income helped the Christie family through some difficult financial hardships; The Christies have been married for years now, and they have enjoyed a happy life together.

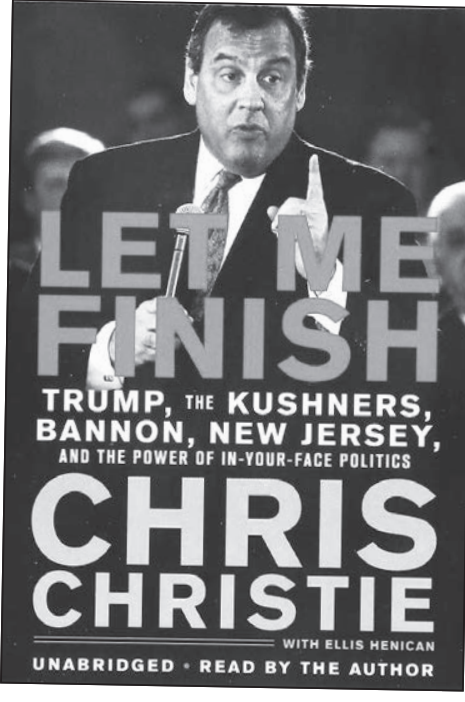
In 2016, Chris Christie ran for president of the United States. Among his opponents was an old friend — the man who would eventually be elected; Donald J. Trump. Trump had courted the Christie family over the years, inviting them over to the Trump Towers which he owned. Trump was and remains today a billionaire. Christie lost out in the primaries, and he switched his allegiance to Trump in the hopes of securing a Vice Presidential position, one which he almost attained. He was under consideration, but he eventually lost out to Mike Pence, a Midwesterner from Indiana.

This year, the former governor is once again running for president. As

in 2016, he will be facing off against Trump, who presided over a contentious stint as our benefactor from 2016 to 2020. He lost his bid for reelection to Joe Biden, the current president. Based on what I could surmise from reading his book, Chris Christie seems like a decent family man. His qualifications to become president will have to be balanced by the American

people. As a Democrat, I will stop short of endorsing him, but I wish him the best of luck!

Bernie Kelly



## Healey-Driscoll Administration announces updates to MBTA communities guidelines

Special to the Transcript

The Executive Office of Housing and Livable Communities (EOHLC) has announced updated Guidelines relative to the MBTA Communities law. In response to feedback from municipal leaders in several MBTA Communities, EOHLC is revising the Guidelines to offer cities and towns either directly served by or adjacent to MBTA services a path to receive some credit for residential unit capacity in mixed-use zoning districts. The guideline revisions also specify 13 additional discretionary grants that will take non-compliance of the law into consideration when awarding funds.

The MBTA Communities law (Section 3A of the state's Zoning Act) defines 177 cities and towns as MBTA Communities. These are municipalities that either host MBTA services or abut a city or town that hosts MBTA services. The law requires that an MBTA community shall have at least one zoning district of reasonable size in which multifamily housing is permitted as of right and meets other criteria set forth in the statute. The lack of zoning for multi-family housing is a barrier for new housing development in Massachusetts. By allowing multifamily housing near transit, we can create new housing options for families in walkable neighborhoods closer to transit options.

"The MBTA Communities law is a vital tool to incentivize and expedite much-needed housing development across the state," said Ed Augustus, Secretary of Housing and Livable Communities. "These updated

guidelines demonstrate a collaborative effort with MBTA Communities to implement the law, ensure compliance, and provide reasonable adjustments to zoning requirements without reducing the total number of required housing units. Nevertheless, compliance with the law is mandatory and today's updates specify thirteen additional discretionary grant programs that will now take 3A non-compliance into consideration when awarding funds."

To date, EOHLC and the Massachusetts Housing Partnership have provided more than \$2 million in technical assistance to over 50 cities and towns. A total of 176 MBTA Communities are currently compliant.

**New Consideration for Mixed-Use Development**  
Under the updated Guidelines, EOHLC will take into account the existence and impact of "mixed-use" zoning that requires ground floor commercial uses in buildings that also allow residential use as-of-right on other floors. MBTA Communities always could allow ground floor commercial in their proposed multi-family zoning districts. However, before the changes, residential unit capacity in a property that required ground floor commercial could not "count" in any way towards its compliance with the law.

The updated Guidelines specifically:

- Allow an MBTA community to "offset" the minimum multi-family unit capacity requirement in certain multi-family zoning district(s) by up to 25-percent, based on the unit capacity of a mixed-use zon-

ing district that meets key requirements of Section 3A and the Guidelines, but for requiring a ground floor non-residential component. Such "offset" – only available where existing village-style or downtown development is essential to preserve pedestrian access to amenities – still requires a municipality to demonstrate the same total amount of unit capacity.

- Protect the financial feasibility of achieving housing goals where mixed-use zoning requires ground-floor non-residential uses by (i) setting forth location criteria for mixed-use development districts and requiring that EOHLC has pre-approved the location before the MBTA community's vote on its zoning changes; (ii) capping the percentage floor area of each development that may be required to be non-residential (ground floor only); (iii) requiring a broad mix of non-residential uses allowed as of right; and (iv) prohibiting minimum parking requirements for non-residential uses.

These revisions to the Guidelines are intended to provide greater flexibility to MBTA communities to adopt new zoning districts in mixed-use neighborhoods, and to promote housing opportunities for residents in such neighborhoods. The revisions do not reduce the total unit capacity required by the Guidelines.

"We urgently need to clear the way to build more housing in our suburban communities, but we don't want to squeeze out our restaurants, retailers, and other merchants in the process. These guideline adjustments will go a long way towards protecting our mom-and-pop merchants and small downtowns while – thanks to additional

housing – will also create the vibrancy and foot traffic our small businesses need to thrive. We appreciate that the Healey-Driscoll administration listened to the concerns many of us shared and put forth this thoughtful solution." Greg Reibman, president, Charles River Regional Chamber (Serving Newton, Needham, Watertown, and Wellesley).

Additional Discretionary Grant Programs Where Non-Compliance Will Be Considered

Section 3A states that any MBTA Community not in compliance with the law will not be eligible for three state discretionary grant programs: MassWorks, the Housing Choice Initiative, and the Local Capital Projects Fund.

The updated Guidelines list 13 discretionary grant programs that will take compliance with Section 3A into consideration when making grant award recommendations, emphasizing the seriousness with which the Healey-Driscoll Administration views compliance.

Those 13 additional grant programs are as follows:

1. Community Planning Grants, EOHLC,
2. Massachusetts Downtown Initiative, EOED,
3. Urban Agenda, EOED,
4. Rural and Small-Town Development Fund, EOED,
5. Brownfields Redevelopment Fund, MassDe-

- velopment,
6. Site Readiness Program, MassDevelopment,
7. Underutilized Properties Program, MassDevelopment,
8. Collaborative Work-space Program, MassDevelopment,
9. Real Estate Services Technical Assistance, MassDevelopment,
10. Commonwealth Places Programs, MassDevelopment,
11. Land Use Planning Grants, EOEEA,
12. Local Acquisitions for Natural Diversity (LAND) Grants, EOEEA, and
13. Municipal Vulnerability Preparedness (MVP) Planning and Project Grants, EOEEA.

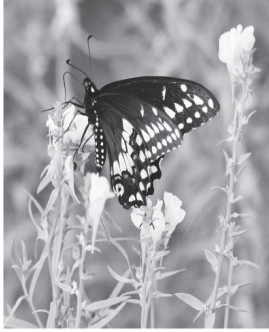
### KAYAK EXPEDITION

WITH FRIENDS OF BELLE ISLE MARSH

AUGUST 26, 2023 | 9-11 AM | BELLE ISLE MARSH

Note: Meet at the parking lot at 1399 Bennington St.

Life jackets provided! RSVP by scanning the QR code:



Piers Park  
Sailing Center  
EAST BOSTON



## Adopt-a-thon //

CONTINUED FROM PAGE 12

this adoption event, please visit the Dropbox folder using the following link:

<https://tinyurl.com/RJ-ARL-ADOPTA-THON>.

The Animal Rescue League of Boston (ARL) is an unwavering champion for animals in need, committed to keeping them safe and healthy in habitats and

homes. Founded in 1899, ARL provides high-quality veterinary care, adoption, and rescue services; while also confronting the root causes of animal cruelty and neglect through innovative community programs, police investigations, and public advocacy. In 2022, ARL served 20,601 animals throughout

Massachusetts. ARL is a non-profit 501(c)3 organization. The Animal Rescue League of Boston does not receive government grants or public funding and relies on the generosity of our supporters to help animals in need. For more information please visit [arlboston.org](http://arlboston.org).



## LEGAL NOTICES

**LEGAL NOTICE**  
LEGAL ADVERTISEMENT  
The Winthrop Housing Authority, the Awarding Authority, invites sealed bids from Contractors for the Exterior Stairway Repairs REBID Project #346118 in our 667-3 Development, Overlook Dr Winthrop, Massachusetts, in accordance with documents prepared by Reverse Architecture. The Project consists of: Replace 25 existing exterior wood-framed stairways using pressure-treated wood framing and solid plastic lumber guardrails. The work is estimated to cost \$454,275. Bids are subject to M.G.L. c.149 §44A-J & to minimum wage rates as required by M.G.L. c.149 §26 to 27H inclusive. THIS PROJECT IS BEING ELECTRONICALLY BID AND HARD COPY BIDS WILL NOT BE ACCEPTED. Please review the instructions in the bid documents on how to register as

an electronic bidder. The bids are to be prepared and submitted at [www.biddosonline.com](http://www.biddosonline.com). Tutorials and instructions on how to complete the electronic bid documents are available online (click on the "Tutorial" tab at the bottom footer). General bidders must be certified by the Division of Capital Asset Management and Maintenance (DCAMM) in the following category of work, General Building Construction, and must submit a current DCAMM Certificate of Eligibility and signed DCAMM Prime/General Contractor Update Statement. General Bids will be received until 2:00 PM on Tuesday September 12, 2023 and publicly opened online, forthwith. All Bids should be submitted online at [www.biddosonline.com](http://www.biddosonline.com) and received no later than the date and time specified above. General bids and sub-bids shall be accompanied by a bid

deposit that is not less than five (5%) of the greatest possible bid amount (considering all alternates), and made payable to the Winthrop Housing Authority. Bid Forms and Contract Documents will be available for pick-up at [www.biddosonline.com](http://www.biddosonline.com) (may be viewed electronically and hardcopy requested) or at Nashoba Blue, Inc. at 433 Main Street, Hudson, MA 01749 (978-568-1167). There is a plan deposit of \$50.00 per set (maximum of 2 sets) payable to BidDocs ONLINE Inc. Plan deposits may be electronically paid or by check. This deposit will be refunded for up to two sets for general bidders and for one set for sub-bidders upon return of the sets in good condition within thirty (30) days of receipt of general bids. Otherwise the deposit shall be the property of the Awarding Authority. Additional sets may be

purchased for \$50.00. Bidders requesting Contract Documents to be mailed to them shall include a separate check for \$40.00 per set for UPS Ground (or \$65.00 per set for UPS overnight), non-refundable, payable to the BidDocs ONLINE Inc., to cover mail handling costs. General bidders must agree to contract with minority and women business enterprises as certified by the Supplier Diversity Office (SDO), formerly known as SOMWBA. The combined participation benchmark reserved for such enterprises shall not be less than 10.4% of the final contract price including accepted alternates. Request for waivers must be sent to DHCD (David. McCleave@mass.gov) 5 calendar days prior to the General Bid date if the work is estimated to cost less than \$500,000 OR 10 calendar days prior to the General Bid date if the work

is estimated to cost \$500,000 or more - NO WAIVERS WILL BE GRANTED AFTER THE BID DATE. See Contract Documents - Article 3 of the Instructions to Bidders. PRE-BID CONFERENCE / SITE VISIT: Date and Time: Wednesday, AUGUST 30, 2023 at 10:00 AM Address: Top of Overlook Drive, Winthrop, MA Meet Outside the Community Building, upper entrance at Overlook Drive, Winthrop, MA Contract Documents may be seen, but not removed at: Winthrop Housing Authority 9 Golden Drive Winthrop, MA 02152 617-846-7100 Nashoba Blue Inc. 433 Main Street Hudson, MA 01749 978-568-1167 Submitted: Peg Tier-nan Lyons, Winthrop Housing Authority 8/24/23, 8/31/23 W

Charlestown Chelsea East Boston  
Everett Lynn Revere Winthrop

Independent Newspaper Group Weekly Classifieds Section

### OFFICE SPACE FOR RENT

EAST BOSTON - Approx 1120 sq ft. Open space, 2 bathrooms & private office.  
956 Saratoga St., E. Boston. 781-484-8947 8/23

**DEADLINES:** For classified line ads, deadlines are Monday by 4 p.m. Call 781-485-0588

**SELLING YOUR AUTO?**  
Call for our 4 week special! Call 781-485-0588.

### APARTMENT FOR RENT

#### WINTHROP 7RM 3BD APARTMENT

2 Level Apartment on Main Road w/ parking

**Available Now**

**\$2,700/mo**

Call 617-201-1801

**MP REALTY**

### 2 BEDROOM APARTMENT WANTED!

Young retired senior couple seeking Seal Harbor 2BR apt. 700's credit, ample income & assets. Very clean & neat. *Ready to move out of Charlestown!*  
Please call Duncan 617-242-2926  
Thanks!

Give the Gift of  
*Hometown News*

REVERE JOURNAL

CHELSEA RECORD

WINTHROP

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Clip this and mail in or stop by the office 8:30AM - 5PM  
The Independent Newspapers  
385 Broadway, Suite 105  
Revere, MA 02151

For more information call us at 781-485-0588

# Winthrop's Professional Service Directory

## CLEANING SERVICES

### SPARTAN CLEANING SERVICE

Since 1978  
COMMERCIAL  
RESIDENTIAL  
CARPET AND UPHOLSTERY  
CLEANING  
Satisfaction Guaranteed  
Call  
617-593-4532  
617-567-2926  
Removes Dirt • Cleans • Deodorizes  
Complete Office Cleaning

### Feeley & Daughters Clean-Up Service

WE REMOVE ALL  
SORTS OF JUNK!  
QUICK &  
CONVENIENT SERVICE.  
**FREE ESTIMATES!**  
TOMMY FEELEY 781-777-4707

## CONTRACTOR

**L. P. CONTRACTING**  
Building & Remodeling  
Kitchen ♦ Bathroom  
Additions ♦ Porches  
Replacement windows  
Garages ♦ Decks  
Siding - All Types  
**LUIGI:**  
(617) 846-0142  
FREE ESTIMATES  
... LICENSED ...  
INSURED

## ELECTRICIAN

**MOONEY ELECTRIC LLC**  
Residential & Commercial  
Fully Licensed & Insured  
**KEVIN MOONEY**  
781-799-1862

## CONSTRUCTION

**DI PIERRO CONSTRUCTION**  
Design • Build • Remodel  
Boston, MA  
In business for over 40 years!  
**Let us turn your house into a home**  
Schedule a free estimate  
617-592-6447  
[www.dipierroconstruction.com](http://www.dipierroconstruction.com)

## HANDYMAN

**DH HANDYMAN**  
• Painting & Decor  
• Light Carpentry  
• Finish Carpentry  
**More than 30 years experience**  
**Call Dennis**  
**781-307-0947**

## CARPENTRY

**JACK DOWD CARPENTRY**  
Residential  
Interior/Exterior  
Doors, windows  
Porches, siding  
45 years  
experience  
617-962-6037

## HANDYMAN

**mr. fix it**  
HANDY MAN SERVICES  
REPAIR MOST  
ANYTHING. DOORS,  
WINDOWS PORCHES,  
REPLACEMENT  
WINDOWS, FENCES,  
SIDING, FLOORS ETC.  
SNOW PLOWING  
LICENSED AND INSURED  
CALL AL  
617-429-0606

**HOME REPAIR?**  
Call AL COY  
617-539-0489  
Masonry &  
Chimney Pointing,  
Carpentry & Odd Jobs  
**We Clean & Repair Gutters**

## MASONRY

**MORELLI MASONRY & TILE**  
All Types of Masonry Repair, Ceramic Tile,  
Concrete Pours, Chimneys, Stairs, Walls,  
Cutting & Pointing • Restoration Cleaning  
Fully Insured • No Job Too Small  
Dennis Morelli  
781-632-8812

## MOVERS

**Ronnie Z.**  
Leave Your  
Moving To Us  
Whether It Be One Piece or More!  
10% OFF FOR SENIOR CITIZENS,  
VETERANS & DISABLED  
**Call Ronnie**  
**781-321-2499**  
For A Free Estimate

## ROOFING REPAIRS

**MARCELO DE SOUZA**  
BOSTON HOME SOLUTIONS  
**HOME RENOVATION**  
ROOFING-SIDING-PAINTING  
SERVING THE BOSTON AREA SINCE 2002  
**617-507-1703**  
LIC. & INSURED CSL 100141

## LANDSCAPING

**RAY'S LANDSCAPING GARDENING SERVICES**  
Mowing • Weeding  
Trimming: Bushes Shrubs  
Everywhere in Front & Back Yard  
New Lawn, Patios, Concrete, Brick work  
Call RAY — 781-526-1181 Free Estimates!

**STEVEN'S LANDSCAPING & HARDSCAPING**  
Spring & Fall Clean Up • Tree Trimming  
Mowing, Weeding & Edging  
Hedge Trimming & Removal (shrub & bushes)  
New Lawns Installed (seed or sod)  
Planting & Mulching • Fence Installation  
Patio, Retaining Walls & Other Hardscapes  
And more!  
Call or Text  
Steven 781-244-9997  
Diego 978-876-6566  
For a free estimate

## HOME REPAIR

**RICH BUILDERS**  
Winthrop, MA 02152  
Licensed & Insured  
617-212-7792 Cell  
Interior & Exterior • Construction  
Remodeling • Painting  
Over 25 years in business  
FREE Estimates

## PLUMBING

**PATRIOT**  
Sewer & Drain Plumbing Services, LLC  
24 HR. SERVICE  
**CALL**  
**781-656-4884**

## PAINTING

**JOHN J. RECCA**  
PAINTING  
Interior/Exterior  
Commercial/Residential  
Fully Insured  
Quality Work  
Reasonable Rates  
Free Estimates  
781-241-2454

## CLOVERS LAWN CARE

• New Lawns Installed  
• Trees and Branches  
• Mulch & Hedges  
• Mowing & Fertilizing  
• Junk Removal  
FREE ESTIMATES  
Call Kevin  
**617-884-2143**  
[cloverslawncare@gmail.com](mailto:cloverslawncare@gmail.com)

## PAINTING

**Bertino Painting Company**  
Call For Free Estimates!

Joe Bertino Owner  
978-376-6661  
Interior and Exterior Painting  
[Bertinopaintingcompany@gmail.com](mailto:Bertinopaintingcompany@gmail.com)

**2 col. x 1 inch**  
**\$120.00**

## PLASTERING

**AUGUSTA PLASTERING**  
Interior/Exterior  
• Blueboard • Plastering  
Jim 978-777-6611  
Free Estimates  
978-777-6611

**1 col. x 1 inch**  
**\$60.00**  
**For 3 Months**  
**(\$5/wk)**

## POOLS

**COMMERCIAL POOL**

ABOVE & INGROUND POOLS

Opening & Closing - Liners  
Accessories - Tile replacement  
Filters - Concrete reconditioning

**781-632-5750**



HARBOR FOSTER CLOSET HOLDS BACK TO SCHOOL EVENT



Courtesy Photos

The First Annual Harbor Foster Closet Back to School Event was a huge success. Watching the children's eyes light up as they picked out their back-

pack and school supplies was amazing to watch.

A huge shout out to Harbor City Church, Winthrop MA, Harbor Area Family Resource Center and Foster MA - Massachusetts DCF, and all our

volunteers.

You can find out more about the Harbor Foster Closet MA by visiting their website at [www.harborfosterclosetma.org](http://www.harborfosterclosetma.org) or their Facebook page.

Shown above and to the left, representatives from the State Department of Children and Families, as well as from Harbor City Church were prepared and ready to get the excitement for back to school season building in the Winthrop youth that attended the event.

Fire officials emphasize safety for incoming college students

Special to the Transcript

As thousands of young adults make their way to Massachusetts colleges and universities, fire service leaders are reminding students and parents to be sure their living spaces have working smoke alarms and carbon monoxide (CO) alarms, and that they know two ways out in an emergency.

“In the weeks and months ahead, many young people will be living away from home here for the first time,” said State Fire Marshal Jon M. Davine. “We’re particularly concerned about off-campus housing because that’s where the data shows the greatest loss of life, but fire safety is vitally important whether you live in a dorm, apartment, single-family home, multifamily dwelling, soror-

ity, or fraternity. Everyone should have working smoke and CO alarms on every level of their residence and know two ways out in an emergency.”

Hyannis Fire Chief Peter J. Burke, Jr, who serves as president of the Fire Chiefs Association of Massachusetts, echoed that message.

“If your rental doesn’t have smoke and carbon monoxide alarms, insist on them,” said Chief Burke. “Landlords are required to provide them, but don’t spend a single night unprotected in the meantime. For the price of a pizza, you can go to a hardware store and pick up smoke and CO alarms that could save your life. Choose photoelectric smoke alarms with sealed, long-life batteries, and test them once a month to be sure you’re protected. And

if you hear that alarm, leave everything and get out right away. Waiting to evacuate or stopping to retrieve personal items increases your chances of being trapped.”

State Fire Marshal Davine said 2,608 fires occurred in student dormitories, fraternities, and sororities in Massachusetts between 2018 and 2022, causing six civilian injuries, 11 fire service injuries, and more than \$3 million in damages. He also noted that fire safety precautions should remain in place all through the year. Windows, doors, and stairways should always be clear of boxes, furniture, bicycles, and anything else that might hinder an escape. Fire doors should never be blocked or choked open. And smoke and carbon monoxide alarms must remain

operational all year long, as required by law.

“Never, ever disable a smoke alarm,” said Chief Burke. “Modern fires burn and spread faster than they did in past decades, and we have less time than ever before to escape a fire at home. Smoke alarms give you the warning you need to get out, stay out, and call 9-1-1.”

Working alarms, clear exit routes, and practicing a plan for using them are crucial for when a fire breaks out, but students can also take steps to prevent them from starting in the first place:

Smoking: There is no safe way to smoke, but if you must smoke then do it responsibly. Don’t flick them on the ground, where they can smolder and ignite debris, or grind them out on porches or steps. Use a heavy ashtray on

a sturdy surface and put it out, all the way, every time.

Electrical: Always plug appliances such as air conditioners and space heaters into wall sockets that can handle the current, not power strips or extension cords. Don’t overload outlets with multiple devices.

Heating: Turn space heaters off when leaving the room or going to sleep. Never leave a space heater unattended.

Cooking: Stand by your pan! Don’t leave pots and pans unattended on a lit stovetop, and keep flammable items away from burners. In the event of a grease fire, smother the flames with a lid and then turn off the heat. Cook only when you’re alert, not when you’re drowsy or impaired.

Candles: Never leave candles burning unat-

tended. Extinguish them before leaving the room. Even better, switch to battery-powered candles.

Lithium-Ion Batteries: Use the charging equipment provided by the manufacturer and disconnect it when the device is charged. Charge phones, laptops, e-cigarettes, e-bike batteries, and other devices on a hard and stable surface – never a bed, couch, or pillow. If you notice an unusual odor, change in color, change in shape, leaking, or odd noises, stop using the device right away. If you can do so safely, move it away from anything that can burn and call your local fire department.

For more fire safety tips for both on and off campus, visit [www.mass.gov/dfs](http://www.mass.gov/dfs).

It's time to end the Stigma

Revere's Overdose Memorial

Thursday, August 31, 2023

7:00 pm - 8:00 pm

Remembrance Park

Located at the corner of Broadsound Ave. and Leverett Ave.

You may pre-register a loved one's name or submit a loved one's picture by emailing [csalemme@revere.org](mailto:csalemme@revere.org)

You may register in person between 6:00—6:45 pm

Every day we remember.....

Let's spend a moment remembering

Extend your Business's reach with Online Advertising!

Clients and Customers are just a click away!

\$300<sup>00</sup> per month per site

THE INDEPENDENT NEWSPAPERS

REVEREJOURNAL.COM • WINTHROPTRANSCRIPT.COM  
LYNNJOURNAL.COM • EVERETTINDEPENDENT.COM  
EASTIETIMES.COM • CHELSEARECORD.COM  
CHARLESTOWNBRIDGE.COM • BEACONHILLTIMES.COM  
NORTHENDREGIONALREVIEW.COM • THEBOSTONSUN.COM  
JAMAICAPLAINGAZETTE.COM • MISSIONHILLGAZETTE.COM

Combo Rates available!  
Buy any 3 sites, get 4<sup>th</sup> FREE

Call 781-485-0588 to get started!

AD SIZE

in pixels  
W: 160px  
H: 600px

please send in "png" format



WINTHROP ART ASSOCIATION HOSTS ART IN THE PARK AT CREST AVENUE PARK



Photos & Story by Marianne Salza

Mixed media artists and painters, Maureen MacAdams and Karla Murphy, became friends while enrolled in a colored pencil drawing class at the Winthrop Public Library. The two believe in the importance of supporting fellow artists, and shared a display table during the August 19 Winthrop Art Association Art in the Park, at Crest Avenue Park.

“Art is friendship,” said MacAdams and Murphy, who meet twice a week. “All we do is laugh, make art, and eat.”

The Winthrop Art Association held an Art in the Park at Crest Avenue Park on August 19.



Andrew Whitney, 6, and his papa, Chuck Guest.



Rich Olsson and Ray Montgomery, of Olsson's Arts and Crafts.



Judy Dion and Hanna Gerhard.



Debra Martelli and Dawn Mahoney, WAA President.



Phyllis Poor and Brenda Curry, WAA Founder.



Maureen MacAdams, Gerard Leary, and Karla Murphy.



Frank Rowe performing folk song, "Viagra Falls."

BROADWAY

MOTORS

FULL SERVICE

INSPECTION

STATION

Free Estimates and Quotes Online!

john@broadway-motors.com

Call to schedule service

781-284-4675

GET FALL READY

Give your car a check up!!

Winter can be rough on cars...

so schedule a visit today.

DIGREGORIO FAMILY OWNED + OPERATED

TOM DIGREGORIO • JOHN DIGREGORIO

HEAD MECHANIC PAUL FLORIO

OPEN MON - FRI \ 88 BROADWAY REVERE \ BROADWAYMOTORSREVERE.COM

Shop Local

Dining • Shopping • Workout • Home Base

The Winthrop Transcript will be publishing a once a month shop local business listings.

3x2 Advertisement

\$50<sup>00</sup> 12 Month Commitment

Contact Maureen DiBella 781-485-0588 ext 103 or email

mdibella@winthroptranscript.com

YOUR BUSINESS HERE

Sized to Scale: 87%