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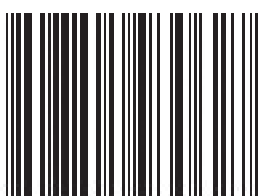
50 CENTS

THURSDAY,
March 23, 2023

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INDEPENDENT



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Newspaper Group

NEWS Briefs

PROJECT BREAD'S THE WALK FOR HUNGER MAY 7

One of Massachusetts' most iconic events is back! Project Bread's The Walk for Hunger, the Commonwealth's largest and oldest day of community action against hunger, is seeking walkers for a new 3-mile route. Back in-person for the first time since 2019, the one-day fundraising event is set for Sunday, May 7 at the Boston Common, featuring plenty of family-friendly activations along the 3-mile loop. The Walk for Hunger is a fundraiser that supports Project Bread's work to raise awareness for food insecurity and increase food access for people of all ages in Massachusetts. In its 55th year, Project Bread invites you to help us raise more than \$1 million to support food assistance resources and sustainable policy solutions to end hunger. Likeminded anti-hunger organizations can enroll in our co-fundraising program, The Commonwealth, forming teams to raise money to support their own work, while also furthering the statewide effort. To register for the event and create a personal or team fundraising page for the Walk for Hunger or to make a donation, visit projectbread.org/walk or call (617) 723-5000.

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'MUSIC FOR BABIES' CLASSES



National touring children's musician Evan from Music at the Blissful came to Winthrop recently to kick off a four-week series of "Music for Babies" classes held at the Winthrop Parent Network. The classes are free and open to the community thanks to a grant from the Winthrop Cultural Council, and are designed to help babies work on their physical, social and language development and social awareness. Local parent Julia Waller, who applied for the grant in partnership with the Winthrop Parent Network, says she hopes this is the first of many music, movement and enrichment programs made available to young children/babies and their caregivers in Winthrop in the coming months. More information can be found at tinyurl.com/musicforbabies.



The Somerset development is fully leased

Staff Report

The Somerset, a 29-unit mixed-used development on Somerset Avenue, is now fully leased and financially stabilized.

The announcement came from the project's real estate and construction management firm, the Procopio Companies, earlier this week.

The multifamily development, located at 10 Somerset Ave., is a 22,000 square-foot, zero lot-line, mixed-use property that brings 29 residential units and 1,119SF of ground-level retail space to downtown Winthrop. It offers studios and one- and two-bedroom units

ranging from 500-1300 square feet.

"The Somerset's success and rapid lease-up is a testament to the state of the suburban market," said Bryan Vitale, senior vice president of Strategy and Investments at Procopio. "Somerset has achieved major success, demonstrating the continued demand for multifamily housing in Boston's immediate suburbs, and the emphasis residents continue to place on convenience and lifestyle, electing for urban locations with easy access to shopping, dining, outdoor recreation, and public transit."

Procopio developed The Somerset in concert

with Khalsa Design (architect of record), North Shore Bank (lender), and a syndication (equity source). The building is now professionally managed by Charlesgate.

Initial plans for the project called for a 40-unit, five-story building, but many residents in the area found that proposal to be too tall and too large overall and had parking concerns about the project.

In his State of the Town address earlier this year, Town Council President James Letterie noted that while a 29-unit project might not be a huge de-

See DEVELOPMENT Page 3

Principal named for Gorman Fort Banks

By Adam Swift

An Arlington elementary school principal will take over as the new principal of the Gorman Fort Banks school.

Mark McAneny has most recently served as the principal of the Bishop Elementary School in Arlington.

"The superintendent (Lisa Howard), after a long process, and with an incredible amount of well-qualified candidates, selected Mark McAneny," said Town Council President James Letterie at Tuesday night's Town Council meeting. "He will be taking over for our current principal, Ilene Pearson, who is retiring. Ilene has been here over a decade, and has made incredible strides at the Gorman Fort Banks and will be missed very much by the community and by the Winthrop public schools

students."

In other business, the council approved sending out letters of acquisition for the approximately 60 properties that will be impacted by permanent or temporary easements for the Revere Street reconstruction project.

Most of the easements will be for small portions of property near the roadway.

"This just allows the letters to go out and to negotiate with people in regard to the amounts of money the appraiser gave us for what those easements are worth for both the temporary and permanent," said Town Manager Tony Marino.

Once the negotiations are completed, there will be an order of taking that will come before the council for those easements.

Marino said the letters

See GORMAN Page 2

Residents make donation for Green/Cooper tree memorial

By Adam Swift

A group of local residents are looking to make Shirley Street a beacon of unity in the light of tragedy.

Tuesday night, the Town Council accepted a donation of just over \$12,000 from Grace Kingsbery. That donation will be used to plant 19 trees along Shirley Street in memory of David Green and Ramona Cooper.

Green, a retired State Trooper, and Cooper, an Air Force Veteran, were murdered in June of 2021.

"I did this with my husband, and our neighbors,

Bob and Amy Carroll," said Kingsbery. "We organized the fundraiser, so I am speaking on behalf of them. We are representing dozens of neighbors and friends committed to dedicating a living memorial to David Green and Ramona Cooper."

"They were two members of our community whose lives were taken in a horrendous act of racially motivated crime."

Kingsbery said the funds will be used to plant a total of 19 October Glory Red Maple trees along Shirley

See DONATION Page 2

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ST. MICHAEL THE ARCHANGEL MUSICAL REVUE

Photos by Marianne Salza

Saint Michael the Archangel Parish youth will be presenting a Kids Musical Revue on Saturday, March 25, at 5pm, and Sun-

day, March 26, at 11am. "You are the Light of the World," (Matthew 5:14) is a joyful comedy of parodies, songs, readings, and skits inspired by the bible.



Aiden Mansified as the Bad Ad Destroyer.

Gorman // CONTINUED FROM PAGE 1

needed to go out by Friday, March 24 in order for the project to stay on track for a potential June bid date.

Letterie also introduced a motion seeking to increase the size of the Zoning Board of Appeals from six to seven members to make it easier to vote on appeals and conduct business.

“Right now, we have a six member board of appeals with two alternates and four (full) members,” said Letterie.

When three members handle an appeal, it needs a unanimous vote to pass.

“What we are trying to do here, and it leads to an inordinate amount of time sometimes, because

they are just inundated by requests, and if you have three certain people on one hearing and the hearing is continued, and those three people aren't available (at the next hearing), it has to be continued again and it is making the process harder," said Letterie. "What we would like to do is add another member to make it seven and have five full and associate members."

This would allow the board to have five members on a hearing with four votes needed to approve an appeal, giving it more flexibility.

The request will be discussed further at a future meeting of the council's rules subcommittee.

Donation// CONTINUED FROM PAGE 1

Street. Two of the trees were planted last summer to mark the one-year anniversary of the deaths.

"As citizens of the town, we are seeking to grow more unified in love and respect for each other," said Kingsbery. "We want to express gratitude to each individual who is committed to rising up from this tragedy with a sense of dedication to make Winthrop a better and stronger community. We'd also like to thank the town and (the council) for expressing unified support for this project and for handling the logistical challenge to help it come to fruition."

Kingsbery said the remaining 17 trees will likely be planted by the end of June.

"The Tree Committee, of course, appreciates this donation, and it's sad that it came because of such a tragedy," said Tree Committee member Tom Derderian.

Derderian also noted that Winthrop needs to find a way to plant more trees in the town in general.

"We need money in the town to do these green things," he said. "We have the great elephant in the room of global warming, climate change, and our ocean location."

Town Council President James Letterie noted that the Winthrop Foundation made a sizable donation to the town that will be used to plant a number of trees in town within the next six months.



"The Lost Sheep" with Victoria Connolly, Ellen Gaynor, Leo Dalton, and Michaela Connolly.



"Good Cop Bad Cop" with Joseph Dalton, Stella Sciaraffa, and Mackenzie Evans.



"The Wedding in Cana" with Giuliana Graygor, Sophia Sciaraffa, Grace Turco, and Connor Gaynor.



St. Michael the Archangel Musical Revue cast, crew, and production.



"The Hunt for Easter Eggs" with Stella Sciaraffa, Alexia Graygor, Joseph and Katerina Dalton, and Dominic Turco.



St. Michael the Archangel Musical Revue cast.

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Drawing for 1st and 3rd Prizes on game day at After Party at OHYC. 2nd Prize to be drawn one week prior to event.

March to the Title

Winthrop seventh graders claim Cape Ann League championship

By Cary Shuman

The Winthrop seventh-grade girls' travel team affirmed an adage that resonates at every level of competition: You want to be playing your best basketball in the month of March.

And that's what the Winthrop team did in the Cape Ann Youth Basketball League Group 3 playoffs under the leadership of head coach Bobby Nimblett and assistant coach Chris Connolly.

Winthrop stormed out of the losers' bracket in the 10-team league to defeat Masconomet twice, claiming the CAL championship with a 22-13 victory at the Pingree School in Hamilton.

Helena Gajica led the Winthrop offense with nine points and was the game's most outstanding player. Winthrop guards Holly Nimblett, Lyla McCarey, and Brianna Connolly played excellent

defense as Winthrop held Masco well below its average point total for the season.

Audrea Viera, Hailey DeMarco, Heba Essaouabi, Georgia Marx, and Sarah Tracy were superb in the rebounding department. "They were outstanding in rebounding the basketball for us, defending in the low post, and controlling the paint," said Coach Nimblett.

Winthrop had a 1-7 record after eight games, before regrouping to go 8-2 during the second half of the season.

What was the turning point in the championship season?

"Honestly, the turnaround was just playing good basketball," said Nimblett. "Initially, we got a little ahead of ourselves and were really focusing on winning basketball and that didn't really help us out – we needed to focus on playing good basketball and when they



The Winthrop seventh-grade girls basketball team won the Cape Ann League championship. Front row are Lyla McCarey and Brianna Connolly. Back row, from left, are coach Chris Connolly, Audrea Viera, Sarah Tracy, Hailey DeMarco, Helena Gajica, Holly Nimblett, Georgia Marx, Heba Essaouabi, and coach Bobby Nimblett.

all bought into that philosophy of playing great defense and rebounding – that's when we turned it around and went on the run."

Nimblett is in his third season as the head coach of the Winthrop team. Last year, as sixth graders Winthrop won seven

games and reached the Final Four.

"We've had great support from our fans," credited Nimblett. "We played four nights in a row in the playoffs, and the parents did a great job getting their kids to all four games. And we got great support from the eighth-

grade girls team."

Bobby Nimblett is one of Winthrop High football's all-time great wide receivers, earning All-NEC honors in the 1990 season before playing college football at Sacred Heart University and ultimately receiving his degree from Emerson Col-

lege.

Bobby is the son of Jim Nimblett, the widely admired assistant basketball coach who with head coach Ron Spinney, led the Winthrop High girls basketball program to incredible heights for decades.

Development // CONTINUED FROM PAGE 1

velopment for some of the surrounding cities in the area, it is a significant development for Winthrop.

The Procopio Companies is a fourth-generation real estate development and construction management firm based in Mid-

dleton. Founded in 1950, Procopio has developed luxury single-family developments, multifamily apartments and condominiums, mixed-use, and commercial-industrial projects throughout New England.

Meet Boston, the official destination marketing and sales organization for the Greater Boston area, will host a second annual Regional Career Fair on April 11, 2023, at The Hyatt Regency Hotel in Boston. The fair will connect over 200 students and job seekers with nearly 70 top hospitality employers in the region, providing a valuable opportunity to explore exciting career options and connect with industry leaders.

As part of their post-pandemic recovery efforts, Meet Boston is committed to supporting the regional hospitality industry through initiatives like this career fair. Hotel occupancy numbers, which plummeted to 25% in Boston and Cambridge in 2020, reached 68% in 2022 and are projected to exceed 74% in 2023. According to US Department of LaborJobs Reports for January and February, the US economy has gained over 800,000 jobs thus far in 2023 and nearly a third of them are in leisure and hospitality sector.

"As the hospitality in-

dustry continues to rebound, Meet Boston is thrilled to bring together members of our community to support its workforce and propel its growth," said Martha J. Sheridan, President & CEO of Meet Boston. "With new non-stop routes from Boston Logan International Airport to South America, Canada, Europe and Asia, we will see a surge in international visitation this summer as well. This is the perfect time for job seekers and employers to connect and explore the exciting career options available in this industry."

The April 11 event will be the second career fair that Meet Boston hosts in collaboration with Tourism Diversity Matters (TDM). TDM is Meet Boston's strategic partner in pursuing and advancing diversity and inclusion goals for the travel and hospitality sector in Boston and beyond. Last year, the two organizations joined forces to present a Town Hall and Career Fair, while also launching an Apprenticeship Program that will diversify

the travel and hospitality industry through robust workforce development initiatives that emphasize the importance of diversity, equity, and inclusion in this industry.

"We're proud once again to collaborate with Tourism Diversity Matters on this important event," said Hilina D. Ajakaiye, Executive Vice President, Meet Boston. "We believe that our continued partnership will have a substantial impact on how we strategically think about diversity, equity, and inclusion in the tourism sector."

Meet Boston's Regional Career Fair will showcase a diverse range of career options within the hospitality industry, with confirmed employers spanning hotels, restaurants, universities, attractions, event management companies, and more. The

festivities begin with an invite-only reception the night before, bringing together diverse hospitality workers. Then on Tuesday morning, job seekers will have the opportunity to hear from notable speakers during the Business Leadership Workshop, which both Governor Maura Tracy Healey and Mayor Michelle Wu have been invited to attend.

Attendees will also have the opportunity to:

- Participate in professional development workshops
- Get a free headshots
- Network with industry professionals
- Schedule on-site job interviews and more

The career fair is free and open to the public. For more information and to register, please visit, meet-boston.com/career-fair.

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Contact: Peg Dalrymple Walther
603-425-4253 or peg.walther@verani.com

WINTHROP MARKETPLACE

TROPICAL BAKED BANANAS

INGREDIENTS:

Marinade:	¼ teaspoon ground cloves
¾ cup butter, Softened	1 ½ teaspoons orange juice
1/3 cup brown sugar	6 bananas, peeled and halved lengthwise
	1/3 cup shredded coconut

DIRECTIONS

STEP 1: Preheat oven to 375 degrees F (190 degrees C). Grease a 7x11 inch baking dish.

STEP 2: In a small bowl, cream together butter and sugar. Stir in cloves and orange juice until smooth. Place the bananas in the prepared dish and spread the butter mixture evenly over the bananas. Sprinkle with coconut.

STEP 3: Bake in preheated oven until bubbly and heated through, 10 minutes. Serve over ice cream for a delicious treat!

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OUR

Opinions

THE ST. PATRICK’S DAY PARADE: THE GOOD, THE BAD, AND THE UGLY

For those of us of Irish descent, whose great-grandparents came to this country at the turn of the 20th century with not much more than the clothes on their backs, whose grandfathers served in WWI, and whose fathers and uncles fought in WWII, it has been with a mixture of pride and some degree of bemusement to see St. Patrick’s Day become widely-observed by Americans of all ethnicities all across the country over the past 20 years.

The contributions of Irish immigrants to America’s greatness, similar to those of other ethnic groups, have been ignored for decades, so to the extent that St. Patrick’s Day has served to highlight both the plight and pluck of our Irish forebears has been extremely gratifying.

It was not all that long ago when John F. Kennedy became the first Irish-Catholic President, though his candidacy was seriously debated in political circles because of the widely-held belief that he would be taking his orders from the Pope. Kennedy felt compelled during the primary campaign, when it was clear that he was the front-runner for the Democratic nomination, to give a long speech about “the Catholic question,” which he concluded by stating, “So I hope we can see the beginning of the end of references to me as ‘the Catholic candidate’ for President.”

Though St. Patrick’s Day has been a major celebratory holiday for generations of Irish-Americans in enclaves such as New York City, Boston, and Chicago, it only has become a major event across the country, from east to west and north to south, fairly recently.

But unfortunately, the recognition of the achievements of Irish-Americans also has been accompanied by the sort of revelry that has fed into the worst stereotype of Irish-Americans -- and of course, we’re referring to the heavy-consumption of alcohol that has become part and parcel of St. Patrick’s Day celebrations everywhere.

That brings us to the St. Patrick’s Day parade in South Boston this past Sunday. While it was nice to see the parade return in full force for the first time in a few years because of the pandemic, the degree of public intoxication by those along the parade route was both frightening and disgusting.

Here’s an excerpt from the Boston Globe story about the parade:

“In the days leading up to the parade, authorities warned people not to use it as an excuse for public drinking. Liquor stores, bars, and restaurants were required to close early Sunday in South Boston. Despite the warnings, many people were drinking along the route and on the subway Sunday....Some walked the South Boston streets carrying borgs — the nickname given to a ‘blackout rage gallon,’ a concoction of hard booze, water, and electrolytes, mixed together in a gallon jug. Left behind along the parade route were broken bottles, empty borgs...”

We had the misfortune to be traveling on the Red Line southbound at 4:00, soon after the parade had wrapped up. Every car was packed with young people, almost all under the age of 20, who were heavily-inebriated -- and we’re not talking about just a few bad apples. The entire train was filled with underage-drinkers from Quincy, Weymouth, Abington and other So. Shore communities, who were openly imbibing beer and hard-seltzer drinks, throwing their empties around the cars and striking other passengers, even as others among their group were falling into other passengers and vomiting along the route.

By the time the train pulled into No. Quincy station, the Red Line essentially had shut down because of the unruly, drunken youths who were running amuck in the trains and on the platforms. MBTA police had been visible on the platforms during the ride, but they were pulling a Sgt. Schultz (from Hogan’s Heroes) -- they feigned obliviousness to the chaos around them.

With the brawls and melees leaving us sitting at No. Quincy for more than 15 minutes, and escalating, we decided to get off the train and meet our ride (who had been having her own bad experience with drunken youths at Braintree Station, who were pounding on cars as they rambled through the parking garage) on Hancock St.

The image that came to mind was from the “Last of Us,” the HBO hit series in which humans are infected by a rapidly spreading pandemic in which a mutated fungus morphs people into zombie-like creatures -- except in this case, the “infection” was caused by heavy-alcohol intake.

So to the politicians and civic leaders who extolled the “success” of this year’s St. Patrick’s Day parade, we suggest that next year they get on the Red Line as we did after the parade and see if they still feel the same way about turning a blind eye to the heavy drinking in public along the parade route.

Yes, it was a great day to be Irish, but it also was a sobering (no pun intended) reminder that permitting public intoxication, especially by young people, should never be tolerated even -- and especially -- on St. Patrick’s Day.

GUEST OP-ED

Love cares enough to try

probably going to shorten your life.” This could pertain to any negative activity or addiction.

Having serious conversations with people is not easy. We are all busy. We aren’t close enough to most people to be this direct. Plus, we really have to care a lot about someone to be lovingly honest. We run the risk of the friendship becoming strained or evenly totally severed. The bottom line is do you care enough to be honest? Plus, don’t ever start making life recommendations to someone unless you truly love the person and are willing to help the individual work through the issues.

It’s easier to let people continue on their negative path to self destruction. Fast food and unhealthy food items are unfortunately much more affordable. It’s not cheap to eat healthy. It’s not cheap to be sick either. Medical bills can pile up quickly. Trips to the doctor are expensive. Diabetic medications are expensive. Kidney issues result in death for many Americans every year. Funerals are expensive.

Reverse Greenwashing. This small group has used environmental activists and well-known environmental rally cries to make false, misleading and deceptive claims about the Northeast Metro Tech construction project.

Like virtually all construction projects, the new NEMT building project will require site work and the removal of trees from the new building site. The School District and project team anticipated this in the years of lead-up to the project, as any construction project anywhere would require similar work. We have proactively taken measures to preserve woodlands on the project site to the maximum extent possible. The overall footprint of the school was reduced during planning, and an additional floor was added in order to provide more circulation around the building for safety which resulted in the removal of fewer trees and requiring less blasting of ledge.

The project team has also worked closely with the Wakefield Conservation Commission for alignment of the driveway and to reduce the width to minimize the impacts to both trees and wetlands. Also, an accessible ramp that traverses from the athletic campus/lower parking lot to the school building/upper parking lot has been included in the project reducing the tree removal and blasting scope of work.

The District also plans to plant new trees around the new school grounds to reverse our overall carbon footprint.

Northeast Metro Tech is a responsible steward of our environment and of the communities and people we serve. The District has partnered with the MSBA to gain site and funding approval utilizing the same process that every other school seeking MSBA funding must follow. This process was public, and we have conducted and attended over 100 meetings, presentations, and hearings and have participated in board and commission meetings in all 12 cities and towns.

We ask that you review the process as a whole and not be taken in by false claims by a small group trying to derail the biggest educational project in our region in a half century because they don’t want it in their neighborhood, and are willing to press false claims about environmental impact to push their agenda.

The location, chosen after years of deliberative labor, is final for all intents and purposes. The MSBA simply would not allow the District to reject

GUEST OP-ED

Northeast Metro Tech responds to inaccurate claims of building project opponents

years’ worth of planning, design and validation for sites we already deemed substandard and that may have even more expensive and challenging environmental requirements. The alternative sites did not undergo the detailed analysis that the approved location did and certainly would have included much more blasting, environmental impacts to not only non-jurisdictional wetlands but also streams, rivers and wetlands.

The site for the new NEMT building was selected as part of the MSBA’s Preferred Schematic Report (PSR) process and submitted to the MSBA on December 23, 2020. Fol-

SEND US YOUR NEWS

The Winthrop Sun Transcript encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to editor@winthroptranscript.com

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LETTER to the Editor

MY FIRST YEAR ON THE TOWN COUNCIL

To the Editor,

A little over a year ago, I was fortunate enough to be selected to fill a vacancy on the Winthrop Town Council as the Councilor representing Precinct Two. I am taking this opportunity to recap my first year as a Town Councilor and my hopes for the years ahead.

I started with a desire to do good for Winthrop but with a limited understanding of how things actually get done. In my first Town Council meeting I suggested that we have regular updates about the redevelopment of the middle school and also tackle the rampant non-compliance of AirBnBs with the transient lodging ordinance. But 14 months later, not much has happened on either issue. Part of the problem is that there is so much already going on that it never gets placed on the agenda, and even when things are placed on the agenda, the issues often have multiple layers of discussion before being voted upon, codified, and then enforced. Simply put, the pace of local government is considerably slower than what I am used to in the business world.

Nonetheless a lot has been accomplished, often by simply casting our votes. While I have been part of many votes over the last 27 meetings, I am especially proud of voting to hire Anthony Marino as our new Town Manager, whose leadership and experience has already had a big positive impact. As a group, the town council has all supported more accountability and transparency; voting to adopt automated body cameras for our police force, implement a new FOB system at the Department of Public Works gas pump, and install a new water meter to track and bill water usage to the gym and hockey rink. I am also proud to vote for an increased Cola Base for our current retirees and continued support

for Community Against Substance Abuse.

After a few meetings, I quickly realized that there is almost always a hot topic to discuss at each meeting, with folks upset on both sides of the issue, sometimes with no resolution in sight. Some of the hard-hitting topics included a water audit indicating an annual loss of \$1 million; an incensed LGBTQ community after no flag was flown for Pride month nor a flag policy that would allow for it; no activities held on Juneteenth; the debate whether to take down a tree; the countless discussions over the proposed changes to the charter by the Ordinance Review Committee; frustration over the future bike lanes on Revere Street... just to name a few. But despite the seemingly non-stop flow of frustration, somewhere along the way I realized this ebb and flow of heated debate was healthy and productive, like a family arguing but eventually working through the issue. So, I was happy to have a seat at the table, trying to always remain pragmatic while compassionate. And for most of these topics, some have been resolved and some we are still working through as a community.

And then sometime during the summer, the pace of the hot topics died down, but the workload of deliberating over the minutia grew. As a member of the Rules and Ordinance Committee, we were assigned the task of reviewing parking and traffic flow on Cottage Hill, then the same for the Center Business District, and the rules for each municipal parking lot. At first, I thought it was a bit tedious, but it quickly dawned on me that parking was one of Winthrop's greatest resources, and regulating parking ultimately had a big impact on the standard of living here. So, I came to embrace this aspect of my job, and we (Steve Ruggiero, Rob DeMarco and I), took whatever time it

needed, meeting with the Transportation Safety Advisory Committee (TSAC) as well as with residents and businesses. This subcommittee also went over the details of the upcoming Solid Waste Ordinance and the Tree Committee Ordinance, both of which will have a lasting positive impact on Winthrop.

Another exciting development I have had is with my other subcommittee, the Capital Assets and Economic Development Committee. I serve as the Chairman, but really lean on the wisdom and experience of Councilor Joe Aiello and the Town Manager. Together with Councilor Rich Fucillo, we developed the first capital assets management plan for Winthrop, to help ensure the Town makes the most of our buildings, parks, roads and infrastructure with no surprise expenses.

In addition to the Town Council meetings, and the detailed role on subcommittees, I have really enjoyed helping individual residents in my precinct. Last year, I spoke and met with many constituents including a group of residents along Morton Street to see for myself some of their damaged sidewalks, and subsequently advocate for them. This among several other opportunities to help individuals has given a lot of fulfillment as a Town Councilor. I have and plan to continue hosting a quarterly "Conversations with the Councilors" meeting that has provided a place for healthy and informal discussions.

In all sincerity, it has been a pleasure working with my fellow Councilors and an honor to serve Winthrop as a Town Councilor. I love Winthrop and intend to work hard in the years ahead to keep it a wonderful place to live, raise a family, and own a business. Please do not hesitate to reach out to me with your comments, questions, or concerns.

John Munson
Winthrop Town
Councilor, Precinct Two



10 years ago March 21, 2013

Winthrop was struck by another snowstorm this week in what has been a difficult winter.

The Town Council's Spring Forum Tuesday night at the Cummings School accentuated the positive gains that the town has made under the administration of Town Manager James McKenna. The forum highlighted the outstanding staff of professionals who lead departments across town government, evidenced by speeches by our public safety department leaders, Fire Chief Paul Flanagan and Police Chief Terence Delehanty, about the dangers of illegal apartments, to the encouraging words from DPW Director Steve Calla and Parks and Recreation Director Sean Driscoll about the improvements underway at Pico Park and other playgrounds, to Town Clerk Carla Vitale's proposal to digitalize all past birth and death records for the town (Carla said it would cost between \$75,000-\$100,000 to do that). Long-time Council on Aging Director Nancy Williams spoke about the future for the town's seniors, the fastest-growing segment of Winthrop's population.

Police Chief Terence Delehanty is asking the community to support a sanitary fitness ordinance that would allow a pro-active approach to the inspection of homes, multi-family dwellings, and rental units in the town. Interim building commissioner John Barrett said there are 300-500 illegal apartments in the town. Delehanty said that in addition to that eye-opening revelation from the building inspector, the Winthrop Police Department over the past five years has had to respond to 392 calls to six properties "whose landlords live out of town."

The Croods, GI Joe: Retaliation, and The Host are playing at the Revere Showcase Cinemas.

20 years ago March 27, 2003

A stubborn three-alarm blaze at 5 Myrtle Avenue Monday morning displaced six persons from

THE MORE Things Change

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

the gutted four-unit house. Firefighters from Chelsea, Boston, and Massport assisted local firefighters in battling the blaze. A Chelsea firefighter received an electric shock at the scene but was treated and released.

Another fire at the Pleasant Park Yacht Club damaged 12 boats at 3:30 Sunday morning. PPYC members are calling the incident the worst case of vandalism in the club's history. Fire Chief Larry Powers estimated the damage to the 12 boats to be in the range of \$1 million.

The Board of Selectmen voted 2-1 to place a \$2 million Prop. 2 and 1/2 tax override question on the ballot for a vote in May. The override is necessary to close a \$1.7 million budget shortfall brought about by a reduction in local aid by Gov. Mitt Romney. The other \$300,000 from the override will be used for the town's stabilization fund.

All is in readiness for Wrestlemania to come to Winthrop High School tomorrow evening.

The St. John the Evangelist CYO basketball team, sparked by Courtney Finn and Meredith Soper, captured St. John's first-ever state title with a 30-26 win over St. John's of Swampscott. Finn scored 14 points on three three-pointers and Soper added 11 points to go with 10 rebounds.

Piglet's Big Movie, Gangs of New York, and Agent Cody Banks are playing at the Revere Showcase Cinemas.

30 years ago April 1, 1993

An architect hired by the Town Garage Study Committee has estimated the cost of a new town garage at between \$1.8-2.2 million, but said that a new garage would save the town money in the long run through consolidation of the DPW, Cemetery, Water, and Tree departments.

Winthrop police Officer John Marotta shot and killed one pit bull and wounded another when he responded to a call of the dogs mauling cats and chasing residents in the vicinity of the Cottage Park Y.C. Police said they will

seek criminal complaints against the owner of the dogs, David McInnis of Lincoln, whom they allege is in violation of a 1988 town by-law that bans pit bulls from the town.

Town Clerk Marie Turner reports that all is in readiness for what appears to be a quiet town election Monday with the new OPTEK voting machines to be used for the first time in place of the town's old voting machines. The School Committee race, featuring newcomers Steven Machcinski, Steven Inza, and Nancy O'Malley who are vying for the seats being given up by incumbents John Canavan and Donna Reilly, will highlight the election.

Long-time residents Florence and Elphie St. Pierre were tendered a fond farewell party by their many friends at the Elks. The couple will be relocating to the state of Washington to be near their only son and grandchildren.

40 years ago March 30, 1983

A large turnout is expected for Monday's town election that will be highlighted by the selectman's race between incumbent John Van Dalinda and challenger Ron Vecchia. The election also will feature a six-way race for Town Moderator, a post which was vacated by John L. Murphy Jr., who was appointed as a Superior Court judge by former Gov. Edward J. King in the fall.

New MDC Commissioner William Geary, fulfilling a promise made by Gov. Michael Dukakis during his campaign, will meet with town officials to discuss Winthrop's MDC-related issues.

State Senator Michael LoPresti and State Rep. Alfred Saggese have filed legislation calling for the reopening of Shirley Gut as a means of alleviating the pollution problem in Boston Harbor.

Gov. Michael Dukakis presented a citation to the town's Beautification Committee in recognition of the fine work the committee has been doing around the town in recent months.

See YEARS Page 9

Op-Ed // CONTINUED FROM PAGE 4

lowing this submission, and the approval from the MSBA Board of Directors in February 2021, the project continued into the Schematic Design Phase which led to a District wide vote on January 25, 2022 to approve the Project Scope and Budget.

The proposed layout, adjacencies and building configuration achieved the District's educational goals and vision and was supported by an overwhelming supermajority of voters.

The location of the new school also allows for construction to occur with the least amount of disruption to the existing school and allows for additional athletic fields.

Additionally, the proposed driveway has undergone extensive review by the Wakefield Conservation Commission and their third-party experts in cooperation with project designers and engineers. The driveway has been deemed a necessity by Wakefield representatives and will provide

much needed relief on the current traffic flow issues at the bottom of Hemlock Road and the existing Wakefield High School. It has also been remarked in public meetings by Wakefield officials that the relief in which the NEMT project is seeking through the Conservation Commission is not uncommon and has been approved on other Town projects.

The continued misinformation and claims by project opponents has the potential to be quite damaging to all 12 cities and towns in the NEMT district. Our shop areas no longer meet state standards. Our building does not comply with the Americans with Disabilities Act, denying some students equal access to a technical education. Starting over means continuing to provide less than our best for students. It means starting over, and accepting a much more expensive future price tag. And it means gambling that the state will approve, or help pay for, another project.

NEMT's student population is one of the most diverse throughout the state. Any delay in this project will deprive generations of students from 12 communities the ability to seek an alternative to unaffordable college loans and deny many of them the opportunity to become leaders in their career fields. The District and project team are supporting this plan as it is the one and only feasible project, which will undoubtedly provide education and opportunities for generations of students to come.

We urge our residents to call or write to their elected and appointed leaders statewide and urge them to support the Northeast Metro Tech building project, which more than 82% of voters supported at the polls last year.

Submitted by School Building Committee Chair Theodore Nickole, School Committee Chair Deborah Davis, and School Committee Vice Chair Judith Dymont

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Leone, Chris J

Mccormack, Debra

Sargavakian, Robert

SELLER 1

Faria, Carlos

Stetson Realty LLC

Spangaro-Babine LLC

Spangaro-Babine LLC

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FINANCE FOR SENIORS

Dealing With Medical Costs

Juggling Medicare, insurance and out-of-pocket expenses can be daunting

Unfortunately, health issues tend to become more common in our seniors years — and then the accompanying bills begin to pile up. Managing it all can start to feel like a return to full-time employment, in particular for those with chronic illnesses. Here’s how to deal with medical costs.

HEALTH SAVINGS

Consider putting away pre-tax money in order to cover the inevitable medical expenses that will come up later. Health savings account are an idea way to do it. This personal account allows you to save and then withdraw your money tax free, as long as it’s used for qualified medical expenses including co-payments and deductibles, among other things.

Eligibility for an HSA is based on being covered by health plans with deductibles that are deemed “high.” The monthly premium on these



plans is usually lower, but you end up paying more in out-of-pocket expenses before the insurance company takes over. HSAs are designed to fill that gap, potentially saving thousands. You aren’t eligible, however, if you have Medicare or a non-deductible insurance plan.

MEDICARE

As with Social Security, this benefit can be leveraged higher — if you know how to manage your account. Don’t simply auto-enroll, of you may end up higher out-of-pocket payments and less coverage for prescriptions. Part A and Part B cover hospital insurance and outpa-

tient services, respectively. Be aware, however, that you can expect annual changes to your prescription drug benefit so explore multiple Part D options. It pays to shop around.

Part C, meanwhile, is the so-called Medicare Advantage plan. This allows you to consolidate elements of Parts A, B and D through private insurance companies. Part C may include options not available through original Medicare plans, including dental, hearing and vision. Critically, Plan C also has an annual limit on your out-of-pocket expenses.

OTHER CONSIDERATIONS

Take the time to look into long-term care plans as soon as possible. Set aside reserves specifically for this often-needed health option, or consider a hybrid insurance plan that combines life and long-term insurance products. In the meantime, become an active patient. Ask plenty of questions, in particular about tests that may be unneeded but tend to run up your bill. Consider generics when filling prescriptions, which can also turned into huge savings.

Our Senior Life

DURING THE MONTHS OF MARCH + APRIL THE WINTHROP SUN TRANSCRIPT WILL BE RUNNING A SERIES OF INFORMATIVE ARTICLES AND SERVICE SPOTLIGHTS OF IMPORTANCE TO OUR SENIORS, AS WELL MEMORIES OF DAYS GONE BY.

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AGING IS AN EXTRAORDINARY PROCESS WHERE YOU BECOME THE PERSON YOU ALWAYS SHOULD HAVE BEEN - DAVID BOWIE

Making the Most of Social Security

There are ways to maximize your return on this investment

for full benefits and estimated monthly stipends.

HOW TO APPLY

You will need your Social Security number, of course, but also your birth certificate and paperwork detailing your income from the previous year, like a W-2 form or self-employed tax return. You’ll also have to update your status with the Social Security Administration should you decide to move, change your name, get married or divorced, begin receiving additional retirement income including pensions, expand your family through adoption or if there are any changes in your citizenship. Calling the national toll-free number at 1-800-772-121, or visit your local Social Security office.

FAMILY BENEFITS

If you qualify through dis-ability, members of your family may also be eligible for their own benefits, without cutting into your individual payments. Children must be minors, full-time students who are 18-19, or have a childhood disability. Spouses may also be eligible if they are 62 and older, but the payment may be reduced if they are also earning their own benefit. Spouses are also eligible if they reached retirement age but have not paid into the Social Security system. Both spouses and children may receive up to half of your full retirement payout each month. If you are divorced, your ex-spouse may qualify — even if you’ve remarried.


Rather than providing all you’ll need to retire, think of Social Security as a foundation for our golden years. If you’d like the make the most off this benefit, however, you’ll have to follow certain guidelines while sorting through the sometimes complicated process of applying.

WHEN TO BEGIN

Benefits can kick in as early as 62 years old for those who’ve paid into the program, but with reduced payouts. Retirement age for most Americans is pegged at 66. Your particular monthly pay-out is based on your income. If you want until turning 70, however, your monthly benefit grows. Those who enjoy their work or who’ve started their own business may con-sider this option.

If you begin Social Security payments and then return to work, you will see your benefit shrink. Want to learn more? The U.S. Social Security Administration includes a retirement-estimating feature on its web-site where users can look up key details, including the age in which they’ll be eligible

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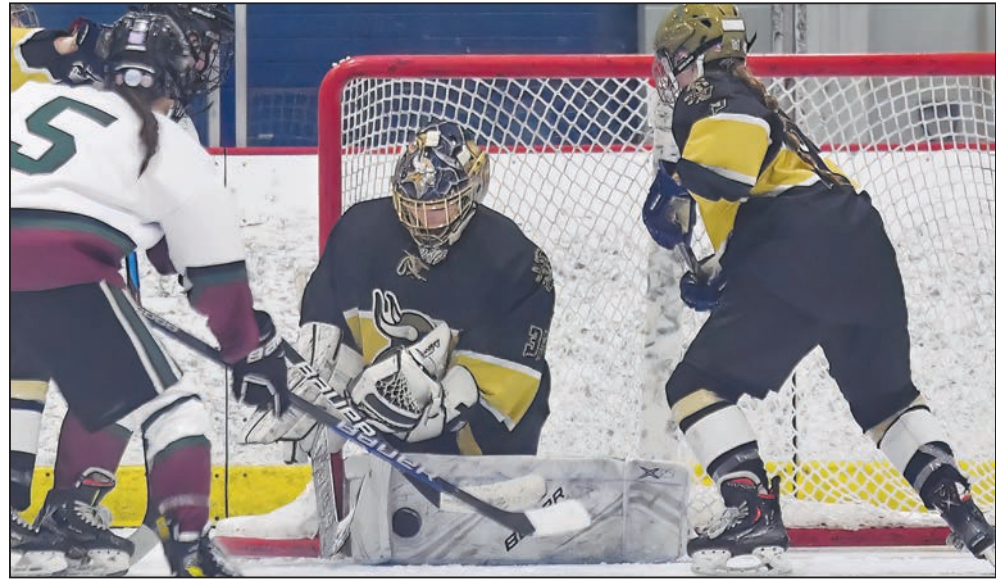
WHS GIRLS HOCKEY TEAM IN TOURNEY ACTION VERSUS BILLERICA

BOB MARRA PHOTOS

The Winthrop High girls hockey team completed an undefeated (18-0-0) regular season and then defeated Hopkinton and Whitman-Hanson/Silver Lake in the MIAA Division 1 playoffs. The Vikings' quest for a state

title ended in the Round of 8 in a 3-2 loss to Billerica at Cronin Memorial Rink in Revere. Winthrop's four seniors - Emma Holmes, Julia Holmes, Abby Holmes, and Mia Norris - led the Vikings well through a

memorable season in which they won the league title and set a school record for victories. Coach Butch Martucci's 2023 champions will celebrate their historic season at the team's awards banquet later this spring.



Sophomore goaltender Riley Towse makes a pad save during a scramble in front of the Winthrop net.



Mia Norris hops out of the way of a shot by Billerica/Chelmsford's Remore Serra (10).



Winthrop's Amelia Spencer (left) and Julia Holmes are all smiles after Spencer scored a short-handed goal that gave Winthrop a 2-1 lead in the second period.



Avalina Coffey is tripped up by Billerica/Chelmsford's Mia Amato.



Abby Holmes takes aim on the Billerica/Chelmsford net.



Adrianna Rizzotto fires a shot toward the net but the path is obstructed by defenders Alyson Roark and Remore Serra.



Hannah Parker (10) builds up speed as she creates space from defender Greta Tucker (37)



Talía Martucci finds herself at the bottom of a pile near the Billerica/Chelmsford net.



Amelia Spencer checks Billerica/Chelmsford's Remore Serra near center ice.

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Coaches Brynn Durkee and Mike Gagnon with the 2023 Winthrop Middle School girls basketball team.



Coach Aaron Daigneault and the 2023 Winthrop Middle School boys basketball team

Successful season for Middle School basketball teams

The Winthrop Middle School girls and boys basketball teams both enjoyed successful seasons this past year.

On the girls' side, the junior Lady Vikings capped off a superb campaign with a 24-12 victory over Swampscott in their season finale to conclude the 2023 season with an impressive 9-2 record.

Head coach Brynn Durkee's squad was led all season by a strong starting five consisting of eighth graders Grace McCurdy, Alex Ross, Sophia Sarnaglia, and Sara Yepes, and seventh grader Helena Gajica. The team was round-

ed out by four newcomers to the game, seventh grader Mia Rosas-Young and sixth graders Isabella Costigan, Jolee Hanson, and Diana Stockbridge, all of whom showed great improvement throughout the season.

The Lady Vikings prided themselves on their relentless defense, which generated much of their offense.

"They never were afraid to grab the ball out of an opponent's hands," said Durkee. "The team, especially Sara (Yepes) and Helena (Gajica), excelled at forcing jump balls and turnovers. Alex (Ross) and

Sophia (Sarnaglia) were always ready for the steal, turning many opponent's mistakes into lay-ups, while Grace (McCurdy) worked hard underneath grabbing rebounds.

"The team was very competitive and brought their never give-up attitude day-in and day-out," continued Durkee, who was assisted in the coaching duties by Mike Gagnon. "Throughout the season, they endured some tough game-time situations and every player stepped up when needed in order to help the team succeed.

"It was a pleasure for the coaches to work with

such a great group of girls," Durkee added.

For the boys, the team was comprised of players whom head coach Aaron Daigneault described as "some veteran good kids, a few all-around ball players, and some of the higher young potential we have had in years.

"We notched several wins with a focus on zone defense and half-court traps, coupled with an early offense at the rim that transitioned to a patient offense that moved the ball," added Daigneault.

"The backcourt duo of Desmond Cassidy and CJ Cifuni carried the load of

pushing the ball, directing the O & D sets, and settling us down to our tempo," said Daigneault. "Our notable 'bigs,' Lucas Dos Santos Souza and Adam Mouhib, defended and attacked the paint and provided strong rebounding.

"A promising future Viking to watch is swingman Joseph Schettino," continued Daigneault. "Joseph is the Swiss Army knife of hoopers, who can do it all, from point guard to mixing it up in the paint. If Joe stays focused on skill improvement and mental toughness with that positive attitude, he will be a very special player."

Rounding out the 2023 squad were Dario Cerasani, Alex Correa, Chris Crocker, Thomas D'Amico, Johnny and Michael Ferrara, Michael Noonan, Jeremy Pena, Owen Pumphret, Nick Rich, and Cleison Sarnaglia.

"They all showed up working hard each and every day, always challenging their teammates to be better players," Daigneault added. "It was a great season and a fun group to coach. It's an exciting future for Winthrop basketball."

Hoop-A-Thon raises funds in memory of Mike Conti Sr. for WYC youth sailing program

What started as a fun choice to benefit and improve one's cardiovascular fitness to celebrate February's Heart Health Month at the "It's Personal with Becky Bennett" exercise studio, turned into an awesome FUNdraiser to honor a kind, caring friend with a golden smile and character to match, Mike Conti Sr., who lost his short battle with cancer on February 24.

To preserve Mike's legacy, the 1st Annual Hoop-a-Thon was created to benefit youth who wish to learn how to sail through the Winthrop Yacht Club Youth Sailing Program.

With the suggestion from Christine O., and the blessing from Mike's best friend and wife, Ellen, the 1st Annual Hoop-a-Thon was born.

The incredible outpouring of support from the community yielded great raffle items and donations from all over. Boating, being a true passion for Mike which he shared readily with family and friends creating lifelong memories, was a natural choice to benefit from the fundraiser.

Mike adhered to the old adage of "start them when they're young," similar to fitness professionals who encourage instilling good nutritional choices and daily exercise at a young age. As such, the scholarship for sailing students, a legacy to honor Michael A. Conti Sr., was created.

With an opportunity to introduce many Winthrop residents to the many fun ways of incorporating exercise, coordination, fitness, and brain power to all ages through hula hoops, skip-its, and jump rope, the first annual hoop-a-thon focused on hula-hooping in two age categories, under-40 and over-40.

Mary McCann, hula-hooping for 30.5 minutes, won the over-40 division, with Diane Nalen coming in a close second with a time of 30:28 -- a very exciting contest! Ni-

colena Leone captured the under-40 competition and, in the greatest act of kindness Mike would be smiling upon, she shared her Golden Hoop with Diane for her valiant efforts.

With so many kids in attendance, a spontaneous Tween category was formed and Giana Streeter won the Hooping Gnome and a \$25 gift card from Target.

Raffle items were awarded and \$4000 was raised along with an opportunity to obtain a pre-owned N10 boat for the youth program.

A big "Thank you" goes out to all for the help, support, and love shown throughout this event and for gathering in remembrance of Mike and his many acts of kindness. Planning for the 2nd Annual Hoop-a-thon has already begun with expansion of even more activities such as corn hole, old school hopscotch, and giant Jenga for all ages!

In the words of exercise guru Becky Bennett, "It's never too late to move your body and have fun!"



Teen Hoop winner Giana Streeter with event organizers Ellen Conti and Becky Bennett.



Hoop-A-Thon winners Nicolina Leone and Mary McCann.



Supporters and participants in the 1st annual Hoop-a-Thon fundraiser for the Winthrop Yacht Club youth sailing program in memory of the late Mike Conti Sr.

WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

MONDAY, MARCH 6

0804: An officer stopped a motor vehicle in the 500 block of Shirley St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

0814: An officer stopped a motor vehicle on Pleasant St. The officer arrested one person, a 25 year-old Winthrop man, on an outstanding warrant.

1005: A resident came into the station to report being the victim of identity theft. The officer filed a report.

1237: A person came into the station to report harassment via social media by a person against whom she has an Harassment Prevention Order pursuant to M.G.L. c. 258E. The officer filed a report.

TUESDAY, MARCH 7

0130: An officer issued parking tickets to 10 vehi-

cles on Grovers Ave.

0132: An officer issued parking tickets to eight vehicles in the area of Atlantic St.

1129: An officer stopped a motor vehicle at Shirley and Tewksbury Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1831: An officer directed the owner of a motor vehicle blocking a driveway on Wave Way Ave. to move his vehicle.

2045: A person came into the station to report being the victim of an assault and battery. The officer filed a report.

WEDNESDAY, MARCH 8

0131: An officer issued parking tickets to nine vehicles on Cottage Park Rd.

0953: An officer directed the owner of a motor vehicle blocking a driveway on Seymour St. to move her vehicle.

1057: A resident came into the station to report being the victim of fraud involving his checking and savings accounts at a local bank in the amounts of \$500 and \$2250 respectively. The officer filed a report.

1156: An officer stopped a motor vehicle on Pleasant St. for the

civil moving infraction of failing to stop for a traffic control sign or signal. The officer issued a citation to the operator.

1436: An officer responded to a report of a possible assault by a youth upon another youth with a knife at the 7/11 on Revere St. The officer went to the store to view the video footage.

2332: A repossession company reported the repo of a motor vehicle.

THURSDAY, MARCH 9

0103: An officer issued a parking ticket to a vehicle parked in the area of a designated bus stop on Shirley St.

0124: An officer issued parking tickets to four vehicles on Bartlett Rd.

0136: An officer issued parking tickets to two vehicles on Woodside Ave.

0830: A person came into the station to report that his parked motor vehicle on Shore Drive had been struck by a hit-and-run operator, causing damage along the length of the driver's side, two nights previously.

1038: An officer directed the owner of a pick-up truck parked on the sidewalk on Madison Ave. to move his vehicle.

1424: An officer direct-

ed a person whose parked motor vehicle was blocking the road on Chester Ave. to move the vehicle.

1510: Officers responded to a report of a disturbance involving a physical altercation between an adult and a group of youths at Governor's Park. The officers restored the peace and filed reports.

1516: A Central St. resident reported that students from the high school have been damaging her fence. The officer filed a report.

1807: A female resident came into the station to report being harassed by another female on social media. The parties have mutual harassment prevention orders. The officer filed a report.

FRIDAY, MARCH 10

0124: An officer issued parking tickets to 11 vehicles on Bellevue Ave.

0131: An officer issued a parking ticket to a vehicle without a resident parking sticker on Wave Way Ave.

0944: Officers responded to a two-car motor vehicle (MV) accident at Grovers and Crest Aves. The occupants of one MV were transported to the hospital and one MV was towed. The officer filed reports.

0955: An officer re-

sponded to a report of a possible breaking and entering into an apartment at Governor's Park. The officer observed that the lock on the door had been tampered with. The officer filed a report.

1505: A resident called the station to report that she had received a call from the U.S. Customs and Marshal's Service asking whether she ever had lived in Colombia or Mexico because they had a package, with \$60,000 in cash, with her name on it that they had seized in a raid. The officer explained to the resident that this is a scam, even though the phone number on her caller ID is the phone number of the U.S. Marshal. The U.S. Marshal's office was made aware of the incident and said this is not the first time this has happened.

1615: A resident came into the station to report being the victim of identity fraud. The officer filed a report.

1629: A person came into the station to report that her son had been assaulted at the 7/11 the previous day. The officer filed a report.

2230: A person reported being bitten on the calf by a dog on Shirley St. The officer spoke to all parties and filed a report.

2252: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of a red light violation. The officer issued a citation to the operator.

SUNDAY, MARCH 12

0737: A person called the station to report that her parents' home and motor vehicles on Dolphin Ave. had been vandalized with blue paint. An officer came to the scene and determined that three or four balloons that were filled with paint had been thrown at the home the previous evening. The officer will be checking for video surveillance from homes in the area and filed a report.

0813: An officer directed the owner of a motor vehicle parked in a handicapped spot on Bowdoin St. to move the vehicle.

1328: An officer put back a water main cover that had come off its place and was in the middle of Pleasant St.

1524: The DPW was informed that the same manhole cover from the previous call once again was in the middle of the street.

2121: An officer dispersed persons who were in vehicles from Hanaford Park, which is closed after dark.

Advocate Healthcare of East Boston under new management

Story & Photo by Marianne Salza

Advocate Healthcare of East Boston, formerly the Don Orione Home, is under new management. Administrator Ryan Gaughan, of Winthrop, began working at the Orient Heights nursing home and rehabilitation facility on October 1, 2022; and he hopes to create quality care and a welcoming atmosphere for the community.

"I believe in good care," expressed Gaughan, who served in the United States Coast Guard for four years. "Treating families with respect, welcoming them, and being transparent with them is key to running a successful building."

The 100,000-square-foot structure was constructed in 1954; and Gaughan recognizes that improvements must be made to provide a more comfortable and functional space for residents and their families.

"It's an old building, but it has charm and history," admitted Gaughan. "My goal is to make the building the top nursing home

in the area."

Advocate Healthcare is in the planning stages of major renovations. Architects and contractors are being consulted to improve and upgrade the building.

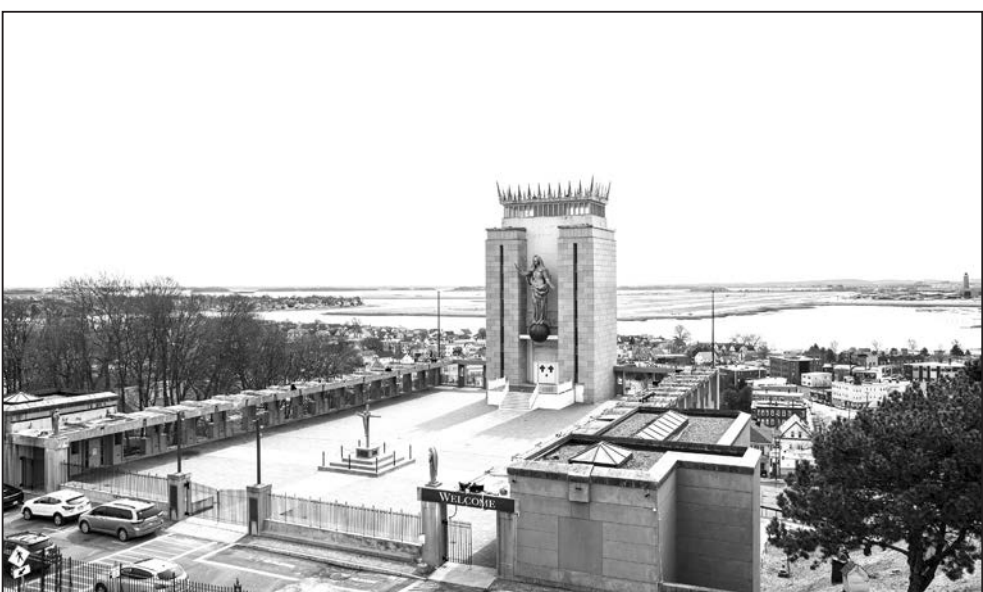
A physical therapy gym is proposed to be built in what had been a recreation area, with an expansive deck overlooking the airport runway, and the Madonna Queen of the Universe National Shrine. The space will include an occupational therapy area to help develop residents' abilities to live more independently.

"We're looking at putting it on the fourth floor, which is stunning. It's one of the best views around," said Gaughan. "It's going to be great. I'm excited."

Advocate Healthcare is also arranging to renovate the 134 units that house long-term and short-term residents.

"We have so much space that we have an opportunity to upgrade the building with little disruption to our residents," said Gaughan.

In the nearly six months



View of the Madonna Queen of the Universe National Shrine, Logan International Airport, and the Orient Heights neighborhood from the fourth floor of Advocate Healthcare of East Boston.

that Gaughan has been employed at Advocate Healthcare, the facility has increased from measuring a two star quality rating to achieving three out of five stars, as evaluated by the Centers for Medicare & Medicaid Services, a government organization that regulates guidelines for the Department of Health and Human Services.

"My goal is to be a five star building," Gaughan declared.

According to Gaughan, nurse staffing was low during the COVID-19 pandemic, and many nursing homes relied heavily on contracting agencies to fill positions. Although staffing has increased at Advocate Healthcare, the facility is hiring quality nurses and certified nurse assistants.

"We use very little agency staff here. There is an adjustment period. Cutting down on agencies

is important to providing consistent care," explained Gaughan. "We want to make sure our staff is familiar and get to know the residents to provide the best care possible."

Advocate Healthcare offers individualized care for patients, and is staffed by licensed professionals, including a specialized wound doctor, and 24-hour nurse management.

"Staffing for a lot of buildings has been a chal-

lenge; and in the past, it has been here," Gaughan acknowledged. "Now we are in a good place for staffing. We have in-house nurses who have been here a long time. They're experienced and know the residents and systems. That's comforting."

Advocate Healthcare provides short-term and long-term services. The first floor cares for patients in rehabilitation, the second floor houses long-term residents, and the third floor is a more secure dementia unit. Rooms are shared, but there are also private units available. There are currently vacancies; but Gaughan shared that units are filling quickly.

"Our nurse managers care about the patients and know families well," Gaughan asserted. "We offer that personal touch."

Learn more about Advocate Healthcare of East Boston, located at 111 Orient Avenue, East Boston, by calling (617) 569-2100, or visiting www.AdvocateHealthcareEast-Boston.com.

Years // CONTINUED FROM PAGE 5

50 years ago March 28, 1973

Town Meeting members rejected an article calling for the creation of the full time job of Town Assessor. Town Meeting also rejected an article seeking to rezone 54,000 square feet of land on Belle Isle Marsh owned by Joseph DeFlumeri to permit the construction of garden-style apartments. However, members approved an appropriation of \$40,000 from the town's federal revenue sharing funds for the purchase of a new fire engine.

The School Committee has elected Robert DeGregorio as its new chairman. However, the committee has come under fire in recent weeks in editorials in the Sun-Transcript and in letters to the editor for the secretive manner in which

the committee named Asst. Supt. Michael Fortunato as the new Superintendent of Schools.

Diana Ross stars in Lady Sings the Blues at the Winthrop Cinema.

60 years ago March 28, 1963

A long debate over a proposal to construct a public boat landing on Crystal Cove on the southern side of Washington Avenue at Veterans Road slowed action on the rest of the warrant in Town Meeting's third session Thursday. Strong opposition to the project was expressed by area residents and Fred Smith, who owns land nearby on the waterfront, said he intends to build a private marina in the same area. State law requires that all cities and towns on a tidal shore to construct a

public boat landing. Town Meeting thus far has completed action on only 20 of the 78 articles on the warrant over the three nights of meetings.

Groundbreaking ceremonies were held Saturday for the construction of a 30-unit housing complex for the elderly on Putnam St.

A state helicopter will spread lime on the mudflats of Winthrop's inner harbor at low tide in hopes of stemming the stench from the rotting algae on the flats that have plagued the town the past few summers.

Local attorney John L. Murphy Jr., Chairman of the School Building Committee, said this week that the School Building Assistance Board has given initial approval for a new, three-year high school at

Veterans Field and will pay 30 percent of the cost.

The high school band from Fairfield, Maine, will arrive here Friday evening for the annual concert exchange with the Winthrop High band, which will go to Fairfield in the near future. The bands will perform a joint concert Saturday evening in Memorial Auditorium.

Dorothy's Delight ice cream shop announces that it will open for the season tomorrow. The grand opening special will allow the purchaser of a regular price cone (of either 10 or 15 cents) to buy a second cone for a penny.

Yul Brynner and Tony Curtis star in Taras Bulba at the Winthrop Theatre.

70 years ago March 26, 1953

Although Town Meet-

ing rejected pay raises for department heads and clerks, members approved raises for other town employees who were not included in the payraises voted last week. Town Meeting next is expected to take up the burning issue of an addition to the high school on Pauline St., a move opposed by the Advisory Committee.

The Transcript notes that its recent editorial warning of the alarming increase in juvenile delinquency in the town was proven true by the planned gathering of some 250 youths from Chelsea, Revere, and Winthrop in the Center this past week for what apparently was a planned free-for-all among the rival groups of youths. Fortunately, Winthrop Police Chief William Pumphret learned of the situation the night before

and alerted Revere police, who assisted the Winthrop P.D. and auxiliary officers in squelching the disturbance by preventing the teens from entering the town. The potential battle stemmed from a fight that took place at a party last weekend and then a retaliation the following night by Revere youths at a dance in Revere.

Townpeople are in grief over the death of little three-year old Cynthia Millette, who perished in a blaze in her attic apartment in a two and one-half story home on Sewall Ave. where she lived with her mother. Winthrop firefighters made a heroic rescue of the mother from a ledge in the front of the building after she unsuccessfully had tried to reach her daughter, who was in the rear of the building.

Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152 Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m.
Website: town.winthrop.ma.us/council-aging Email: COARception@town.winthrop.ma.us Phone: 617-846-8538

Additional information on our activities and programs can be found in our monthly newsletter, which is available at the Senior Center and on our website.

Thursday, March 23
9:30am-10:30am: Exercise Class (\$1)
12:00pm - 12:30pm: Lunch-Dine In / Grab and Go Lunch Pick-Up
12:45pm-3:00pm: Bingo

Friday, March 24
10:00am-12:00pm: Ceramics
10:00am-11:00am: Line Dancing (\$5)
11:00am: Grab and Go Lunch Pick-Up

Monday, March 27
9:30am-10:30am: Yoga with Kathleen (\$5)
11:00am: Grab Lunch Pick Up
11:30am-3:00pm: Game Day / Mahjong
12:30pm-2:30pm: Art Class with Dawn (\$6)

Tuesday, March 28
9:30am-10:30am: Exercise Class (\$1)
10:00am - 12:00pm: Technology Class
11:30am-12:30pm: Ballroom Dancing with Gerard
12:00pm-12:30pm: Lunch-Dine In / Grab and Go Lunch Pick-Up
1:30pm-2:30pm: Creative Writing with Gerard (\$5)

Wednesday, March 29
9:30am - 12:00pm: CAPIC Fuel Assistance
9:30am-10:30am: Yoga with Kathleen
11:00am-12:00pm: Zumba with Cindy
11:00am: Grab and Go Lunch Pick-Up
1:15pm-2:45pm: Italian Class

Senior Lunch Program: The Senior Center offers in-person dining on Tuesdays and Thursdays from 12-12:30pm. Grab and Go Lunches are also available for pick up Monday – Friday between 11am and 1pm. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and at the Senior Center. Please note, lunches cannot be held overnight, they must be picked up on the day it was requested.

Senior Van. The Senior Van runs Monday – Thursday from 9am-3pm. Reservations are on a first come, first served basis, and can be made by calling the Senior Center. Medical rides will be prioritized. A list of destinations and pricing is available on our website and in our newsletter.

Senior Citizen Property Tax Abatement Program. Applications for the 2023 Senior Citizen Property Tax Abatement Program are available at the Senior Center and on the COA’s website. This program allows seniors, aged 60 and older, to volunteer their services in exchange for a reduction in their property tax bill. For more information, and full program requirements, please visit www.town.winthrop.ma.us/council-aging, or stop by the Senior Center. Applications must be returned to the Senior Center by noon on Friday, April 7, 2023.

CAPIC Fuel Assistance. CAPIC will be at the Senior Center to assist in signing up for fuel assistance from 9:30am to 12:00pm on March 29, 2023, and April 19, 2023. Appointments are on a first come, first served basis. For more information on the Low-Income Home Energy Assistance Program (LIHEAP), go to: www.capicinc.org, or call 617-884-6130.

Breakfast with Dennis. Friday, March 31 (8:30am) at the Senior Center
Cost \$5.00. Sign up buy Friday, March 24.

Programming and Activities
A full listing of the Se-

nior Center’s programs and activities is available in our newsletter and on our website.

Ballroom Dancing: Ballroom dance is a set of partner dances, which are enjoyed both socially and competitively around the world. We will tackle Waltz, Swing and Rumba, plus Cha Cha, and Foxtrot. This class will be held on Tuesdays from 11:30am-12:30pm.

Blood Pressures: First and third Tuesday of each month from 11:00am to 12:00pm. No appointment needed.

Bowling: Tuesdays at 10:00am at the Winthrop Elks.

Coffee and Conversation. Join us on the third Thursday of each month at 10:30am for an informal chat and some coffee and cookies too.

Computers are available for use Monday-Thursday from 9:00am-3:00pm and Fridays from 9:00am-12:00pm.

Podiatry: Barbara Ullman, RN, a registered nurse, and pedicurist from Seen Your Feet will be at the Senior Center on the first Thursday of each month. Cost: \$20 (or \$25 to have toe and fingernails

done). Cash only. Appointment required; to schedule, please call the Senior Center.

Seaside Tappers: The Seaside Tappers meet on Wednesdays for Tap Classes from 10:00-11:00am, at the Methodist Church. For more information, contact Gail at: 617-763-7311.

SHINE Counseling: Our SHINE Counselor, Charlie Randall, is available to help you with any health insurance questions you have. Charlie will be at the Senior Center on the second Wednesday of the month from 1pm-3pm. Appointments are required; to schedule, please stop by the Senior Center or call us at 617-846-8538.

Technology Class: Volunteers will be available from 10am-12pm on the fourth Tuesday of each month to help you with any tech support you need. Bring your laptops, smartphones, or tablets, along with your questions. To register, call the Senior Center.

Upcoming Trips
Flyers, with additional trip information, are available at the Senior Center.

Sunday, April 30, 2023: Lunch & Show at the Newport Playhouse (WAIT LIST ONLY)

Provider: All Around New England
Cost: \$127
Make checks payable to: Friends of WCOA

Saturday, May 20, 2023: Lobster Roll Cruise (WAIT LIST ONLY)
Provider: All Around New England
Cost: \$114
Make checks payable to: Friends of WCOA
Meal choice: Lobster Roll, Roast Beef Rollup, Vegetarian Rollup, or Chicken Caesar Salad

Wednesday, June 21, 2023: The Texas Tenors at Danversport Yacht Club
Provider: Best of Times Travel
Cost: \$89 (drive on your own) or \$119 (with transportation)
Make checks payable to: Friends of WCOA
Meal choice: Stuffed Breast of Chicken or Baked Scrod

Thursday, August 10, 2023: Corvettes Doo Wop Revue and traditional Maine Lobsterbake at Fosters Lobsterbake in York ,Me.
Provider: Best of Times Travel
Cost: \$119.00
Make checks payable to: Friends of WCOA
Meal Choice: Whole broiled 1 ¼ lb. or ½ BBQ Chicken

CITY PAWS

Special needs animals

By Penny & Ed Cherubino

There are animals with life-long special needs and some who, with their families, have to adapt due to injury, illness, or aging. Thankfully, there are ways to support these animals and many devices to help them live safer and more rewarding lives.

Vision

One of the sweetest stories we’ve heard over the years was about a senior dog who gradually lost his vision. One day the guardians noticed their younger pup blocking the older one from a stairway. As time went by, they would see the two coming up and down the stairs, moving in unison, with the senior member of the pair safely positioned between himself and a wall by the youngster. The family never taught the dogs any of this behavior. However, they did reward both dogs as it progressed.

Stairway gates are one adaptive device recommended for blind animals. A halo harness for blind dogs protects their heads by bumping into things before the dog does. Scented toys allow a blind animal to find and play with a toy.

Hearing

As our Maggie Mae lost her hearing in old age, we were happy we had taught her to respond to hand signals. Now research is testing the ability of dogs to learn both American Sign Language and “K9Sign” language. This communication can be used when a dog or a family member is deaf. Best Friends Animal Sanctuary is one place using this training.

You can test the dog’s range of deafness to see if you can use their remaining hearing. Dogs start with far better hearing than we do. A dog may not hear your voice but may pick up the sound of a dog whistle beyond the

range of human hearing. You can also shake a can of pennies or squeak a toy.

If that fails, turn to other strong canine senses. Vibration is a great tool. As you approach, you can make your footsteps heavier, setting off vibrations the dog can feel. If the dog is on a dog bed or sofa, gently tap the cushion. There are “vibration only” communication and training collars. Be sure the device you choose does not have an electric shock option.

Arouse that finely tuned nose with an odoriferous treat like dried mussels, salmon jerky, or smelly cheese.

Mobility

In the Boston area, we’re fortunate to have an excellent source for custom dog mobility carts—Eddie’s Wheels in Shelburne, MA. We’ve been following the amazing work of Ed Grinnell since we met our first of



Canine wheelchairs are available for dogs and cats of all sizes, from tiny to giant.

his canine customers more than 15 years ago. Penny admits to visiting the website www.eddieswheels.com for the joy of reading his success stories.

Pet strollers are another option. They are perfect for keeping an older dog in the social game. This is the solution if your pooch loves to be out and about

with you but can’t walk to a favorite spot. A stroller lets you provide just enough exercise and a ride for the rest of the way.

Your veterinarian, groomer, or local pet supply store can be a resource for the latest assistive harnesses and support devices you can use as needed. More and more of these products come to the mar-

ket each year.

You and your special needs animal may enjoy better quality time together if you explore and use the many options available to a specific situation.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

Northeast Metro Tech School-based store recognized by DECA

Superintendent David DiBarri is pleased to announce that Northeast Metro Tech’s in-school store, NE Things, has been recognized by DECA Inc. NE Things, which operates inside the school Monday to Friday from 9:30 a.m. to 1:20 p.m., offering various Northeast Metro Tech clothing and gear, achieved Bronze Certification as a school-based enterprise (SBE) for the 2022-2023 school year, and will be recognized during DECA’s International Career Development Conference in Orlando, Florida. The store has been in operation for seven years.

A school-based enterprise (SBE) is an entrepreneurial operation in a

school setting that provides goods and services to meet the needs of the market. At Northeast Metro Tech, Business Technology students operate the store with support from DECA Chapter Advisor Jaime-Lyn Pickles.

SBEs serve as hands-on learning laboratories that integrate National Curriculum Standards in marketing, finance, hospitality and management. DECA advisors have utilized this effective educational tool for over four decades to provide their students with realistic and practical learning experiences that reinforce classroom instruction, enhance 21st century skill development, and prepare students for college and careers.

The Northeast Metropolitan Regional Vocational High School DECA members who contributed to the certification were Melissa Domingos, of Revere, and Ashley Estrada Ramos, of Revere, with Pickles’ assistance.

“DECA’s School-based Enterprise Certification Program is a rigorous process designed to help DECA members demonstrate their classroom learning in a practical learning laboratory, and then translate that into meaningful outcomes,” said Christopher Young, CAE, Chief Program Officer at DECA Inc. “These DECA members are practicing important workplace readiness skills while preparing for col-

lege and careers.”

DECA’s School-based Enterprise Certification Program provides recognition for outstanding achievement by school-based enterprises and motivates SBEs to strive for excellence and growth. SBEs can be certified at three levels: bronze, silver or gold. NE things is one of 461 school based enterprises nationwide to earn bronze certification.

In order to apply for the certification, SBEs must submit extensive documentation that explains how the SBE demonstrates the practice of various marketing and retail standards. A review committee evaluates the documentation to determine

which level of certification has been achieved.

“Achieving this certification is a major challenge, but our students stepped up to the plate and earned certification while also spreading school spirit with each sale,” said Superintendent DiBarri. “We are proud to have earned this honor, and I hope this will encourage more members of our Northeast community to check out all that NE Things has to offer.”

To view the products on sale at NE Things, visit: <https://nethings.square.site/>.

DECA is a career and technical student organization that prepares emerging leaders and en-

trepreneurs who are interested in careers in marketing, finance, hospitality, and management. DECA enhances the preparation for college and careers by providing co-curricular programs that integrate into classroom instruction, apply learning, connect to business and promote competition. DECA student members leverage their DECA experience to become academically prepared, community oriented, professionally responsible, experienced leaders. DECA is a 501(c)(3) nonprofit with more than 225,000 members in 4,000 high school and college chapters in all 50 United States, Canada, Guam, Puerto Rico and Germany.

OBITUARIES

Florence D'Avella

Dedicated community advocate
and activist

It is with great sadness that we announce the passing of Florence Rita (DeAngelis) D'Avella. Florence passed on March 6 in her 102nd year in her home in Brooksby Village surrounded by her family.

Florence was born in East Boston on November 8, 1921, the daughter of the late Amelia (Colantuono) and Henry DeAngelis. She graduated from East Boston High School. "Flossie" was employed at Western Union, Johns Manville and, after raising her children, for the Boston Public Schools for over twenty years. She volunteered for many years as a Girl Scout leader with her close friend, the late Rose Christopher. She was also a dedicated community advocate and activist with her sister, Dr. Edith DeAngelis at Trinity House and Camp. They worked to save Wood Island Park from Massport takeover and tirelessly participated in committees establishing Piers Park, the East Boston Greenway and the Belle Isle Marsh.

In the company of family and friends, Florence celebrated her 100th Birthday at which she was honored by both the Boston City Council and the Governor's Office.

Florence relocated to Brooksby Village in 2005 where she was an active member of the commu-



nity and was well loved for her generosity, kindness and shining joyful smile. While at Brooksby Village, she participated in many organizations, enjoyed swimming and discovered a new talent through her pottery.

She was devoted to her family. She was known for her cooking, always welcoming everyone into her home.

A loving wife to her late husband, Mario, she is survived by her children: Richard and his wife, Lisa of Winthrop, Patricia of Londonderry, NH; her grandchildren, Gabriella, Robert and Richard, great-granddaughter Aurora, as well as many nieces and nephews.

She was predeceased by her siblings, Robert, Joseph, Catherine Zarba and Edith DeAngelis Ph.D.

At Florence's request a private wake and prayer service was held at Magrath Funeral Home. She will be interred with her husband, Mario at St. Michael Cemetery.

Lynda McCormick

Avid Boston Sports Fan

Lynda S. (Bianco) McCormick of Winthrop passed away on March 9. She was 77 years old.

The beloved wife of the late Harold P. McCormick, she was born in Malden, the cherished daughter of the late Allen and Irene (Cartwright) Bianco.

Lynda was an avid Boston sports fan. She enjoyed watching all the local professional sports teams, especially Tom Brady. Lynda also had a "sweet tooth" and enjoyed tasting many fine deserts and candies.

Lynda was the devoted mother of Keith H. McCormick and his wife, Allyson of Methuen, Ryan P. McCormick and his wife, Jennifer of Winthrop and Sophia McCormick of Lowell.

She was the adored grandmother of Matthew, Michael and Shea McCormick, Haley and Emma McCormick,



Robert and Derek Lambert, Nariya Haley and Toni Fincher and the dear sister of Candace Carr of Marblehead, Stephen Bianco of Naples, ME, and David Bianco of Bedford.

A Graveside Service was held in the Winthrop Cemetery (Cross St. Section) on Wednesday, March 22 at 12 noon. Funeral arrangements were from the Maurice W. Kirby

Funeral Home, 210 Winthrop St., Winthrop. To sign Lynda's guestbook, please visit:

www.mauricekirbyfh.com.

Stephen Murray Koretz

Longtime owner of Steve's Family Daycare
in Coolidge Corner, Brookline

Stephen (Steve) Murray Koretz, 80, of Winthrop (formerly of Brookline) passed away on March 16.

He was born to Robert and Gertrude (Trudi) Koretz in Boston and leaves behind his wife, Heidi Koretz, son, Nate Koretz, sisters, Ellen Koretz and Ilene Kidd, nephews, Lloyd and Andy Caplan, niece, Phyllis Heyburn and friend/caretaker, Paul Doty.

He was the longtime owner and proprietor of Steve's Family Daycare in



Coolidge Corner, Brookline. He will be missed by many former students, parents and friends.

*To place a
memoriam in the
Winthrop Sun
Transcript, Call
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Eugene Cohen

Retired proprietor of Schair's Fuel Service



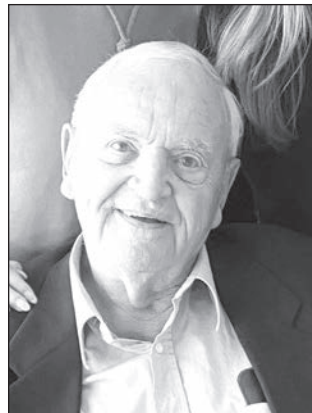
Eugene G. Cohen, AKA "Mean Gene" of Scituate,

MA formerly of Winthrop died peacefully on March 20, 2023. Devoted husband of the late Penuel "Penny" Sullivan. He was the son of the late Israel "Itchy" and Elsie Cohen. Brother of the late Donald Cohen and Richelle Saunders. Loving father of Jeffrey S. Cohen of Winthrop, Jennifer A. Casey and her husband John of Scituate, and David B. Cohen and his wife Linda (McDonald) of Winthrop.

Beloved Papa of Emma, Jake, and Grace Casey and Olivia and Maxwell Cohen.

Gene was a proud member and Class President of the Scituate High School class of 1951. He attended Brown University as a history major, before entering the U.S. Army. He met the love of his life, Penny, in 1962, who he went on to share 59 wonderful years.

Gene was a very active member of Winthrop Little League and Winthrop Youth Hockey as a coach and father and also the proprietor of Schair's Fuel Service until his re-



tirement.

Gene was an avid reader and lifetime collector of knowledge, which he enjoyed sharing with anyone who would listen. He has left us with a lifetime of stories.

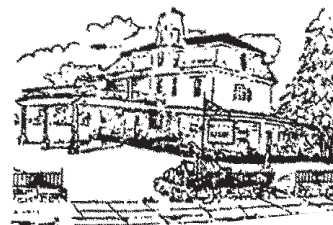
Family and friends are cordially invited to attend the graveside service in the Belle Isle section of Winthrop Cemetery on Saturday, March 25, 2023 at 11:00 AM.

In lieu of flowers, donations may be made to Life Care Center of the South Shore, 309 Driftway, Scituate, MA 02066 or the National Museum of the United States Army, 1775 Liberty Drive, Fort Belvoir, VA 22060

To send flowers to the family or plant a tree in memory of Eugene G. Cohen, please visit our floral store.

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OBITUARIES

All obituaries and death notices will be at a cost of \$150.00 per paper. Includes photo.No word Limit. Please send to obits@reverejournal.com or call 781-485-0588

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LEGAL NOTICES

LEGAL NOTICE



**BOARD OF APPEALS
PUBLIC HEARING
3/30/2023:
Case 008-2023**

Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday March 30, 2023, at or after 6:30 p.m. held in the Harvey Hearing Room upon the application of person requesting: Winthrop Hospitality LLC - Property Address 312 Shirley Street The applicant is appealing a 'cease and desist' issued by the Building Commissioner regarding long-term rentals at a location licensed for short-term rentals. The public is invited to attend, and interested parties shall have an opportunity to be heard. Copies of the application and plans are on file and available to review at the Town Hall Planning Office, Room 2A, Winthrop Town Hall. Darren Baird, Chairman Denise Quest, Town Clerk Winthrop Board of Appeals

3/16/23, 3/23/23 W

LEGAL NOTICE



**BOARD OF APPEALS
PUBLIC HEARING
3/30/2023:
Case 010-2023**

Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday March 30, 2023, at or after 6:30 p.m. held in the Harvey Hearing Room upon the application of person requesting: Donald Falzarano - Property Address 24 South Main Street

3/16/23, 3/23/23 W

LEGAL NOTICE



**BOARD OF APPEALS
PUBLIC HEARING
3/30/2023:
Case 009-2023**

Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday March 30, 2023, at or after 6:30 p.m. held in the Harvey Hearing Room upon the application of person requesting: Donald Falzarano - Property Address 24 South Main Street

3/16/23, 3/23/23 W

The applicant seeks a permit to convert the current pre-existing, non-conforming 1-family to a 2-family home and/or construct a dormer on the right and left side of the structure as well as a 2-story addition on the rear existing structure. The public is invited to attend, and interested parties shall have an opportunity to be heard. Copies of the application and plans are on file and available to review at the Town Hall Planning Office, Room 2A, Winthrop Town Hall. Darren Baird, Chairman Denise Quest, Town Clerk Winthrop Board of Appeals

3/16/23, 3/23/23 W

LEGAL NOTICE

**LEGAL NOTICE
Winthrop Board of Health Regulation
Regarding the
Keeping of Animals**

On December 13, 2022, the Winthrop Board of Health voted to adopt a Regulation Regarding the Keeping of Animals with an effective date of April 1, 2023. The purpose of the regulation is to protect the health and safety of the public as well as animals (primarily chickens and bees) in the Town of Winthrop. The regulation requires that anyone who wants to keep chickens or beehives in the town must obtain a permit from the Inspectional Services Department. A written application, plot plan and examination of the animals and premises are required. Regarding the keeping of chickens: the maximum number of chickens on any given lot shall be six (6); all coops must be located at least ten (10) feet from any side or rear property lines; and coops shall not

be located in the front yard of any property. Regarding the keeping of bees: the maximum number of hives on any given lot shall be two (2); no hive shall exceed twenty (20) cubic feet; all hives shall be located at least ten (10) feet from any side or rear property lines; hives shall not be located in the front yard of a property; and no hive shall be located closer than ten (10) feet from a public sidewalk. For a copy of this Regulation, please go to the Winthrop Board of Health website at www.town.winthrop.ma.us/board-health.

3/23/23 W

LEGAL NOTICE

**COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT**

Suffolk Probate And Family Court
24 New Chardon St.
Boston, MA 02114
(617)788-8300
CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. SU23P0546EA
Estate of: Paula Marie Flynn
Also Known as: Paula M. Flynn
Date of Death: 06/15/2021
To all interested persons: A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Patricia F. Flynn of Winthrop, MA requesting that the court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: Patricia F. Flynn of Winthrop, MA be

appointed as Personal Representative(s) of said estate to serve Without Surety on the bond unsupervised administration. IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 04/21/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you. UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: March 10, 2023 Felix D. Arroyo Register of Probate

3/23/23 W

LEGAL NOTICE

**COMMONWEALTH OF MASSACHUSETTS
SALE OF REAL ESTATE
UNDER M.G.L. c. 183A, §6 AND M.G.L. c. 254, §5 AND §5A
UNIT #3 GOVERNOR'S PARK CONDOMINIUM
600 GOVERNORS PARK, WINTHROP, MASSACHUSETTS**

By virtue of Judgment of the East Boston Division, Boston Municipal Court (Civil Docket No. 2205CV000129) in favor of the GOVERNOR'S PARK CONDOMINIUM against DANIEL T. WIENER establishing a lien pursuant to M.G.L. c. 183A, §6 on the real estate known as 600 Governors Drive Unit #3, in the Governor's Park Condominium, for the purpose of satisfying such lien, pursuant to M.G.L. c. 254, §5 and §5A, the real estate be sold at Public Auction at 11:00 O'CLOCK A.M. on the 6th DAY OF APRIL, A.D. 2023 at the premises located at 600 Governors Park, Unit #3, Winthrop, Massachusetts. The premise to be sold is more particularly described as follows: POST OFFICE ADDRESS: 600 GOVERNORS PARK UNIT #3, WINTHROP, MA 02152. GRANTORS, ROBERT GILLIS AND BRENDA GILLIS, owners of the unit ("UNIT") known as No. 600-3 described above in the condominium located at 600 Governors Park, Winthrop Massachusetts known as GOVERNOR'S PARK CONDOMINIUM and created pursuant to and subject to the provisions of Chapter 183A of the General Laws of Massachusetts ("Chapter 183A") by Master Deed dated July 10, 1986 and recorded with Suffolk Registry of Deeds in Book

12658, Page 189, being a portion of Governor's Park Condominium which stands on the land described in said Master Deed, which land is located at Governor's Drive, Winthrop, Suffolk County, Massachusetts. Said Unit contains the number of square feet, more or less, and is laid out as shown on a plan recorded with said Master Deed and the first Deed conveying the Unit to which is affixed a verified statement in the form provided for in General Laws Chapter 183A, Section 9, certifying that the plan fully and accurately show the unit designation of the Unit and immediately adjoining units, and that it fully and accurately depicts the layout of the Unit, its location, dimensions, approximate area, main entrance, and immediate common area to which it has access, and which plan is a copy of a portion of the plans recorded with said Master Deed. Said Unit is conveyed together with: 1. The undivided .24418 PERCENTAGE INTEREST described above pertaining to such UNIT in the common areas and facilities of said Condominium. 2. The exclusive right to use any portion or balcony adjacent to the Unit and to which there is direct access from the interior of such Unit; and 3. All easements, rights, reservations, restrictions, agreements, provisions and obligations to pay common expenses contained in the Master Deed, the Declaration of Trust creating Governor's Park Condominium Trust, and the By-Laws contained therein, all duly recorded with the Suffolk County Registry of Deeds on July 11,

1986 Book 12658, Page 236 and the Rules and Regulations from time to time promulgated thereunder as authorized therein, and including, without limitation, the restrictions set for in said Master Deed that this Unit may be used only for residential purposes as prescribed therein. The provisions of said Master Deed, the Plans recorded therewith, and of said Declaration of Trust and the By-Laws contained there in (as the same may from time to time be amended by instrument duly recorded with the said Registry of Deeds) are hereby incorporated by reference and constitute covenants running with the land and are all remain binding upon any person or persons having at any time any interest or estate in these Units, persons claiming through or under them, and their family, servants, visitors and Lessees; 4. Such taxes attributable to this Unit and its undivided percentage interest in the Common Areas and Facilities for the current fiscal year and the following fiscal year as are not due and payable on the date of this Unit Deed, all of which taxes the Grantee, by acceptance and recording of this deed, covenants and agrees to pay; 5. Provisions of existing building and zoning codes and laws; 6. The title exceptions listed in Exhibit A of the Master Deed; and 7. Rights of other Unit Owners to exclusive use of certain common areas and facilities as set forth in the Master Deed. This conveyance is also made subject to and with the benefit of the provisions of said General Laws, Chapter 183A as

now in force and as from time to time amended. The condominium and each of the units is intended for residential purposes and other uses permitted by the applicable zoning ordinances and as set forth in the Master Deed. Being the same premises conveyed by Unit Deed from Robert Gillis and Brenda Gillis to Daniel T. Wiener and Ellen M. Wiener dated July 1, 1999 and recorded with the Suffolk County Registry of Deeds in Book 23944, Page 069. Said Unit is subject to any/all covenants, easements, encroachments, conditions, restrictions and agreements effecting the unit whether recorded or unrecorded. TERMS: A deposit payable in cash or certified bank check or money order of \$5,000.00 shall be payable at the Auction and the balance of the payment shall be payable by cash, certified bank check, money order or wired funds within thirty (30) days of the Auction. Other terms to be announced at the sale, including a minimum bid and the right to reject all bids if none are acceptable. GOVERNOR'S PARK CONDOMINIUM By Its Attorney, Dated: February 17, 2023 David R. Chenelle (BBO #628424) Gina M. Desrochers (BBO # 681910) Perkins & Ancil, P.C. 6 Lyberty Way, Suite 201 Westford, MA 01886 (978) 496-2000 dchenelle@perkinslawpc.com gdesrochers@perkinslawpc.com 3/9/23, 3/16/23, 3/23/23 W

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An evening with Winthrop Police

Story & Photos by Marianne Salza

When Winthrop Police Lieutenant Mary Crisafi joined law enforcement over 20 years ago, she wondered what she could offer the department as a woman in a male-dominated field. She realized that being an officer did not merely involve forcefulness, but the ability to remain calm and reassuring when de-escalating a situation.

“It’s all about the manner you speak to someone and listen,” revealed Lt. Crisafi. “Use your command presence, stand tall, and use your voice to set people at ease.”

Lieutenant Crisafi discussed prevalent topics -- such as theft, human trafficking, and police resources -- at her March 13 presentation, “An Evening with Winthrop Police,” during a Winthrop Catholic Women’s Club meeting at Saint Michael the Archangel Parish.

She explained how to identify and protect oneself against fraud and scams. Common signs include receiving unusual solicitation from a known organization. One may receive emails from government services or businesses that appear legitimate and direct readers to pages that mimic authentic websites.

Another hint is winning

a contest that one did not enter.

Also emphasized was being told that there is a problem with one’s account. Fraudsters may send deceptive messages asking for verification of information. Emails often have spelling or grammatical errors.

Government impersonators may threaten victims with legal action if steps are not taken immediately. Scammers may instruct oddly specific means of non-negotiable payments, like gift cards or money wiring.

Finally noted was being asked to keep relationships a secret by scammers pretending to be romantically interested or even a relative.

“Ring security cameras are awesome. I would get one. They’re cheap and you don’t even need an electrician. It works,” suggested Lt. Crisafi about protecting one’s home from intruders. “You download the application on your phone. Anytime the Ring goes off, you can pull it up and look. You can talk through it, too. It’s not a security system, but it’s a deterrent.”

Lieutenant Crisafi believes in the importance of youth involvement, and community policing to build positive relationships with residents. Winthrop Police Department

is a small division with four full-time, and one part-time female officer; and Lt. Crisafi hopes more youth will join law enforcement.

Lieutenant Crisafi revealed that more females than males are participating in the Winthrop Police Department’s Police Explorers program for youth, ages 14-21. The organization teaches teens and young adults about potential careers in law enforcement.

“There is a week-long summer program we just started for younger kids,” said Lt. Crisafi. “It was so much fun. We did a mock trial in a courthouse.”

Lieutenant Crisafi stressed the significance of police training and officer wellness.

“Winthrop Is getting more professionalized, which is good. You have to keep up with the times,” Lt. Crisafi reported. “We were just given training about addressing mental health. I think we’re doing a good job at the department right now.”

At the conclusion of her presentation, Lieutenant Crisafi proudly announced that in 2022 the Winthrop Police Department raised the most money in the state to benefit autism awareness, and encouraged residents to donate to the Flutie Foundation.



Winthrop Police Department Lieutenant Mary Crisafi speaking with Winthrop Catholic Women’s Club members.



Winthrop Catholic Women’s Club members learning about police training, youth involvement, fraud, scams, and other prevalent topics during a March 13 meeting with Police Lieutenant Mary Crisafi.



Winthrop Police Department Lieutenant Mary Crisafi speaking at St. Michael the Archangel Parish.



Guest speaker, Lt. Mary Crisafi, presenting, “An Evening with Winthrop Police,” during the March 13 Winthrop Catholic Women’s Club meeting.

BRUNT WORKWEAR DELIVERS GEAR TO NORTHEAST METRO TECH STUDENTS

Superintendent David DiBarri is pleased to share that Northeast Metro Tech students in several pathways were gifted gear from BRUNT Workwear, a North Reading company, in exchange for earning points during their studies.

Representatives of BRUNT Workwear, as well as Founder and CEO Eric Girouard, visited Northeast Metro Tech in October and again in December to deliver workwear to students. Company officials are expected back again this spring.

Founder and CEO Eric Girouard grew up in a working-class family, and

started the e-commerce company three years ago after more than a decade in leadership positions at several businesses. Girouard collaborated with friends from his Connecticut hometown to design six styles of boots and several types of apparel that meet the needs of workers in specific trades.

The relationship between Northeast Metro Tech and BRUNT Workwear began after Northeast Metro Tech Dean Joe Papagni became aware of BRUNT CEO Eric Girouard’s commitment to vocational school students.

Dean Papagni reached out to the company, and he and Brian Peluso, a Design & Visual Communications Instructor at Northeast, designed a reward system to have Northeast students earn their boots. Students needed to meet expectations in four areas: safety, vocational achievement, citizenship, and academic achievement. Once students earned 25 points in each area they were able to exchange points for BRUNT Workwear during several visits made to the school by company officials.

So far, over 200 students have received BRUNT



Northeast Metro Tech Metal Fabrication Students Anthony Lampedecchio of Woburn and Tyler Constantino of Melrose try on new BRUNT Workwear boots outside the school. (Courtesy Northeast Metro Tech)



Metal Fabrication students Ave Ivie, of Stoneham, Gabriela Arevalo Aguirre, of Winthrop, Joshua Lewis, of Chelsea, and Seamus Quinn, of Melrose, check out various BRUNT work boots during the company’s visit to Northeast Metro Tech. (Courtesy Northeast Metro Tech)

gear, and the school is expecting the delivery of another 150 pairs of boots this spring.

“At BRUNT we always look to support the hard-working men and women in the trades in any way we can, and we especially enjoy supporting the future generation,” said BRUNT’s Founder and Chief Executive Officer Eric Girouard. “We decided to partner with Northeast Metro Tech because we saw the level of effort and dedication the faculty and staff put into preparing these students for successful careers in the trades and knew that that was something we wanted to be a part of. Too of-

ten a career in the trades doesn’t get the attention it deserves, even though the opportunity for a highly successful career in the trades is bigger than it’s ever been. We wanted to support a school that encourages and champions those career opportunities. The Tool Token program that the school has put together has blown us away, and the students’ hard work in the program and appreciation for the BRUNT products they received has been unbelievable. We look forward to continuing to support Northeast Metro Tech for years to come. This is just the start.”

“Dean Papagni wanted our students to feel pride

in their hard work when they were given the boots, so our team came up with an innovative points system to motivate students to work hard,” said Superintendent DiBarri. “Meanwhile, Dean Papagni also worked with our Guidance Department to ensure that any student in need of assistance could also receive boots.”

Design and Visual Arts Instructor Brian Peluso also contributed by designing a card system for students to keep track of their points, and he also helped students create thank you cards.

To learn more about BRUNT Workwear, visit: <https://bruntworkwear.com/>.

BIRDS & CRYSTALS ART SHOW

By Marianne Salza

Winthrop Cultural Council’s (WCC) Birds & Crystals Art Show, on display through April 15 at The Clock Tower Gallery, features the artwork of friends, and former colleagues, Shane Maxwell and Nellie Kurz, whose pieces are expressive of their hobbies: mineral collecting, and bird watching. “Our artwork isn’t controversial or conceptually heavy. It’s based on escapism and aesthetically-pleasing environments. There is a lot of interesting detail in our work,” explained Maxwell, who hopes that the exhibition will encourage viewers to appreciate mineralogy and bird watching.

Maxwell is a full-time crafts costume technician at the Boston Ballet, specializing in textile dying and painting. Maxwell assembles breathable, flexible costumes for performers.

“It’s different from painting on canvas, because, with a canvas, you are priming first, sealing it, and the paint is going on top. What I’m doing is painting on untreated fabric,” Maxwell described. “Instead of the paint sitting on top, it’s sinking in. You have less control, and have to work with that. It’s a different skill set that I’ve been developing.”

Maxwell spent five years painting and dying fabric for the Santa Fe Opera, in New Mexico, and freelances for other companies and designers.

“I’ll paint on anything,” Maxwell chuckled. “It’s a fun challenge. My goal when I see something in the world is, ‘How do I make this wearable?’”

Maxwell’s six, crystal-inspired fabrics were created in 2023, and explore his textile dying and painting method.

“For this new series, it was exciting to take techniques that I have been building over the past decade, and combining that with one of my other hobbies: mineral collecting and crystal hunting,” said Maxwell, who majored in fashion design at Massachusetts College of Art and Design.



Shane Maxwell digging for quartz crystals in Arkansas in February. (photo provided by Shane Maxwell)

The Jamaica Plain artisan loves the colors, shapes, and forms of minerals; and uses their pigmentations and transparencies as inspiration for his textile paintings.

“The piece titled, ‘Fluorite,’ is purples and yellows. The geometry is complex,” depicted Maxwell, who placed crystals around The Clock Tower Gallery for visitors to bring home. “To capture that with paint and dye successfully was exciting for me. I am surprised and proud.”

Kurz also shares an interest in rocks and crystals, as her father is a geologist.

“Not to brag, but I have great fluorite specimens,” Kurz chuckled boastfully. “I ordered a glass display case for them.”

Kurz is proud to have compiled a collection of bird paint drawings that can be seen in the Birds & Crystals Art Show. “My work is focused on lines. The basis of everything that I do is drawing. I use acrylic ink and I layer the lines. The effect is one of painting, but it’s really drawing,” Kurz pointed out with a laugh.

Spotting birds in their natural habitats inspires Kurz to paint. She began working on this body of work in 2020, during the COVID-19 pandemic

quarantine.

“I think it’s great to see birds here because it’s such an urban space; and yet you still see birds and native plants here,” Kurz noticed. “I wanted to capture that.”

Kurz studied textile art; and worked as a first hand in the Boston Ballet’s costume department. She currently works as a framer at Beacon Framing, in Winthrop, where she lives with her wife, Ashley, and their dog, Sage.

“I have really supportive parents, too. When I wanted to make art growing up, my parents didn’t discourage me,” Kurz noted.

Maxwell also recognized his encouraging family, friends, and fellow artists from nearby and around the country.

“I have an extremely supportive network that inspires and motivates me to continue making art,” Maxwell mentioned. “It would be no fun without them.”

View the Birds & Crystals Art Show (which includes additional pieces of artwork that Maxwell and Kurz previously created) at The Clock Tower Gallery, in the EB Newton School, located at 45 Pauline Street, Winthrop, Thursdays 1:30-4pm, and Saturdays 1-3pm.



Birds & Crystals Art Show opening reception on March 5 at The Clock Tower Gallery. (photo by Donna Maxwell)



“Amethyst,” textile paint on hand-dyed couil, by Shane Maxwell.



“Veterans Road,” acrylic ink on paper, by Nellie Kurz.



“Fluorite,” textile paint on hand-dyed couil, by Shane Maxwell.



“American Pokeweed and Cedar Waxwings” acrylic on paper by Nellie Kurz.

ZONTA CLUB OF CHELSEA AND NORTH SHORE NEWS

Members of the Zonta Club of Chelsea & North Shore recently delivered Scholarship Checks to the School Districts of Chelsea, Revere, Winthrop, Everett and Saugus. For

many years the Zonta Club has donated these scholarships to 5 Senior High School women who will be attending college. We are pleased to continue awarding these scholar-

ships to deserving young women. We are proud to be able to support the High School’s scholarship program and we wish the recipients all the best in their future endeavors.



From left to right: Barbara Lawlor- Zonta Member, Matthew Crombie- Winthrop High School Principal, Mary Jane O'Neill-Zonta Member.

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