

## THURSDAY, March 2, 2023

#### **INDEX**

2 4

5 5 7

Police	2
Editorials	4
Through The Years	5
Then and Now	5
Sports	7
Business Directory	12
Classified	12



Newspaper Group **NEWS** Briefs

## LOCAL AIR **QUALITY AND HEALTH SUMMIT**

On Thursday, March 9, from 5 to 8 pm at East Boston High School, 86 White St, East Boston. an air quality and health Summitt is planned by Mothers Out Front.

Research has shown that exposure to extreme air pollution - like in East Boston, Chelsea, and Winthrop – is linked to an extensive number of health conditions for kids and adults. Neighborhood of Affordable Housing Inc., Mothers Out Front East Boston and Winthrop, GreenRoots, East Boston Social Centers, and Airport Impact Relief Inc. have organized a community summit where residents can learn how to protect themselves and loved ones from these impacts, what community groups and legislators are doing to address the problem, and what still needs to happen to see lasting change. "Environmental Justice is part of civil rights," said Liliana Arteaga of Mothers Out Front East Boston, "We have the right to breathe safe [and clean] air.' Attendees will hear the latest findings in local air quality research from field leaders, including envi-

## WINTHROP BOYS BASKETBALL WIN ROUND ONE OF PLAYOFFS



# **Council looks to** uses for former middle school

By Adam Swift

The future use of the old Winthrop Middle School has been up in the air for nearly seven years.

At last week's Town Council meeting, President James Letterie said it's time for the town to take more concrete steps regarding the building's future.

Past discussions have revolved around the use of the gym as a community center or for the parks and recreation department, the use of the auditorium as a public performance space, and the private development of the school itself to

bring in tax income for the town.

"We'd like to start making some decisions," said Letterie. "I think that some of the councilors have had walkthroughs through the middle school gymnasium and the thoughts on that, and looking into possibly having a building assessment done to give us an idea."

Letterie said that community space is at a premium in the town and it is a need.

"But, there is a limit to what we can afford to do,' said Letterie. "I would like

See MIDDLE SCHOOL Page 3

## **Gorman Fort Banks** principal search close to a conclusion

By Adam Swift

Two finalists for the Gorman Fort Banks School principal position were expected to visit the school this week, according to Superintendent of

they will meet with myself, parents, and administrators. They will also tour the school and visit some of our classrooms and engage in some learning that is taking place at the Gorman Fort Banks." After the candidate visits, Howard said she will be meeting again with some of the search committee members and she will then update the School Committee on her selection for the next principal of the school.

## TRACK TRAILBLAZER Pat McGee left an indelible record in WHS athletic program

## By Cary Shuman

on Monday night. See more photos on Page 9.

The Winthrop sports community is remembering Patricia "Pat" McGee as a brilliant track coach and intense competitor who motivated her athletes to achieve success in her program, in academics, and in their lifelong



pursuits.

Mrs. McGee, who coached the Winthrop High boys cross country and track teams to several championships, died on Friday, Feb. 24, 2023. She was 94 years old.

Mrs. McGee was the

See NEWS BRIEFS Page 4



**ENTURY 2** 

Seaport

Patricia 'Pat' McGee



## Town Council wants DCR input on beach access

#### By Adam Swift

Winthrop town councilors want the same respect for Winthrop Beach that the state's Department of Conservation and Recreation affords some of its better known properties.

At last week's council meeting, President James Letterie requested that the town meet with a representative from DCR in the next month or two to discuss access points to Winthrop Beach.

"I know we had discussion at the end of the summer on the DCR, they took one of the ladders off up by the green bars, one of the first points of access to the beach, and they took it down," said Letterie. "I think they had reasons to take it down, I think it was made by someone in the town and they didn't want

to take the responsibility for that. But they had promised to give us access back, and to the best of my knowledge, that is still not happening."

With the summer season sneaking up, Letterie said he wants to be proactive and make sure the access is there for residents.

"I've asked (the town clerk) to reach out, hoping that we might have a (DCR) representative sometime in March ... to give us an update on access to the beach to make sure our residents have access," he said. "It's very dangerous now to jump down five or six feet."

Precinct 6 Councilor Stephen Ruggiero said he walked by the access point recently and it was still boarded up.

"This is the type of thing

where DCR is responsible ... for state parks and beaches throughout the Commonwealth, and it is another example of us getting potentially overshadowed because there is something happening in Revere or Walden Pond," he said. "I think, just like we are doing with the MBTA, we need to rally together here and make sure we get some support from the council and the community as well to get some attention from them."

Letterie agreed that it seems like Winthrop gets short changed when it comes to the beach and its upkeep.

"You look at Revere Beach and how it's raked every day ... and we need to act instead of react," said Letterie.

Schools Lisa Howard.

"The principal search committee has completed all the initial interviews and narrowed it down to two candidates," Howard said at Monday night's School Committee meeting. "Both candidates will visit the Gorman Fort Banks this week individually on separate days and they will meet with staff,

"We look forward to the feedback from our parents See PRINCIPAL SEARCH Page 3



Check Out Our **O2152** Senior Page See Page 6



Buy or sell a home with Ed in 2023 and receive \$500 in gift cards to local restaurants! Curious what your home is worth? Call for a free and confidential

home sale consultation.

617.828.0048 | SellWithEd.com | edward.deveau@century21.com



CALL TODAY AND FIND OUT WHAT SETS US APART FROM THE REST! 617.846.1020 C21SEAPORT.COM 218 WINTHROP ST., WINTHROP 3-2

WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.

## MONDAY, FEB. 13

1029: An officer stopped a motor vehicle for the civil moving infraction of speeding on Washington Ave. The officer gave a verbal warning to the operator.

1036: An officer stopped a motor vehicle for the civil moving infraction of speeding at Shirley Ave. and Veterans Rd. The officer issued a citation to the operator.

1058: An officer stopped a motor vehicle for the civil moving infraction of speeding on Pauline St. The officer gave a verbal warning to the operator.

1150: A Waldemar Ave. resident reported that her unlocked motor vehicle had been broken into two nights previously and cash was taken.

1310: Officers assisted the Fire Dept. with traffic control at the scene of a fire on Faun Bar Ave.

1548: An officer stopped a motor vehicle for the civil moving infraction of a stop sign violation at Pauline and Pleasant Sts. The officer gave a verbal warning to the operator.

1705: An officer stopped a motor vehicle (MV) at Wilshire and Main Sts. for the civil moving infraction of a red light violation. Upon determining that the operator

did not have an active license, the officer issued a citation to the operator for the criminal offense of unlicensed operation of an MV and for the civil infraction of the red light nal offenses of trafficking in more than 10 grams of fentanyl and operating an MV with a suspended license.

1434: An officer responded to a disturbance between a tenant and landlord on Beacon St. and spoke to the parties. The officer filed a report.

1651: An officer responded to a motor vehicle accident at Pleasant St. and Sea View Ave. and assisted the parties with the exchange of papers.

2002: An Upland Rd. resident reported that her dog had gotten loose. The dog was found on Quincy Ave.

## WEDNESDAY, FEB. 15

0126: An officer issued parking tickets to 11 vehicles on Marshall St.

1314: An officer responded to a motor vehicle (MV) accident in the 300 block of Revere St. There were no personal injuries, but both vehicles were towed. The officer filed a report.

1811: An officer stopped a motor vehicle on Banks St. and arrested a 23 year-old Everett man on an outstanding warrant.

## **THURSDAY, FEB. 16**

1211: An officer stopped a motor vehicle (MV) in the 800 block of Shirley St. and arrested William Patrick Ford, 41, of 51 Siren St., for the criminal offenses of operating an MV with a suspended license, trafficking in more than 36 but less than 100 grams of fentanyl, illegal possession of a Class A controlled narcotic substance, and carrying a dangerous weapon. The MV was towed.

1235: An officer working a detail at the construction site at Nahant and Highland Aves. reported that he will be mailing a citation to a motor vehicle operator who drove through the construction

Ave.

2126: A resident came to the station to report being defrauded of \$5500 by means of a scam on his computer.

2321: An officer dispersed three persons in a motor vehicle from Hannaford Park, which is closed after dark.

#### FRIDAY, FEB. 17

1143: An officer stopped a motor vehicle for the civil moving infraction of a stop sign violation on Shirley St. The officer gave a verbal warning to the operator.

1244: An officer stopped a motor vehicle for a civil moving infraction at Main and Beal Sts. The officer gave a verbal warning to the operator.

1315: An officer stopped a motor vehicle for the civil moving infraction of violating the hands-free law at Pleasant St. and Girdlestone Rd. The officer gave a verbal warning to the operator.

1322: An officer stopped a motor vehicle for the civil moving infraction of speeding at Pleasant and Main Sts. The officer gave a verbal warning to the operator.

1409: An officer stopped a motor vehicle for the civil moving infraction of a crosswalk violation on Revere St. The officer gave a verbal

warning to the operator.

1447: An officer ordered a tow for a motor vehicle with a registration revoked for insurance cancellation at Shore Drive and Dolphin Ave. The officer filed a report.

1641: Officer Carter provided assistance to a family with the installation of a child car seat.

2029: An officer stopped a motor vehicle for the civil moving infraction of speeding on Grandview Ave. The officer gave a verbal warning to the operator.

## **SATURDAY, FEB. 18**

0919: An officer stopped a motor vehicle for the civil moving infraction of a one-way violation at Hagman Rd. and Pauline St. The officer gave a verbal warning to the operator.

1217: A Fairview St. resident came to the station to report that his family's two vehicles, which were unlocked, had been broken into overnight. The officer filed a report.

1325: An officer stopped a motor vehicle for the civil moving infraction of a stop sign violation on Lowell Rd. The officer issued a written warning to the operator.

1339: An officer stopped a motor vehicle for the civil moving

infraction of a stop sign violation on Walden St. The officer gave a verbal warning to the operator.

1757: An officer stopped a motor vehicle for a civil moving infraction on Walden St. The officer gave a verbal warning to the operator.

1857: An officer stopped a motor vehicle for the civil moving infraction of failing to stop for a traffic control sign or signal on Revere St. The officer gave a verbal warning to the operator.

1900: An officer assisted a motorist with a disabled motor vehicle at Banks and Main Sts. The MV was towed.

1950: A person came to the station to report suspicious activity on Main St. The officer filed a report.

2306: An officer stopped a motor vehicle for the civil moving infractions of failing to stop for a stop sign and failing to use a directional signal at Walden St. and Walden Place. The officer issued a citation to the operator.

#### SUNDAY, FEB. 19

0012: An officer issued a citation to the operator of a motor vehicle (MV) on Terrace Ave. for the criminal offense of operating an MV with a registration revoked for insurance cancellation. The MV was towed. 0141: An officer issued a parking ticket to a motor vehicle without a resident parking sticker on Neptune Ave.

1744: An officer stopped a motor vehicle for the civil moving infraction of a red light violation on Main St. The officer gave a verbal warning to the operator.

1823: A Sargent St. resident reported finding a small dog without a collar. An officer came to take possession of the dog and brought it to the Oceanview Kennels in Revere. The dog's owner, who lives on Circuit Rd., was reunited with the dog.

2140: An officer responded to a report of a person passed out in a motor vehicle on Shirley St. The person initially was unresponsive, but eventually came out of the vehicle. The person was transported to the Whidden Hospital and the officer issued a citation for an OUI-related offense. The vehicle was towed.

2315: An officer stopped a motor vehicle on Pleasant St. for the civil moving infraction of speeding. When the officer determined that the operator did not have an active license, which is a criminal offense, the officer issued a citation to the operator. A licensed operator came to the scene to take control of the vehicle.

## EBNHC appoints Dr. Ryan Boxill new COO

#### Staff Report

East Boston Neighborhood Health Center (EB-NHC), the largest community-focused health system in Massachusetts and among the largest in the country, is pleased to announce that Dr. Ryan Boxill, PhD MBA, has been appointed executive vice president and chief operations officer (COO). Bringing more than 20 years of experience in the healthcare industry, Dr. Boxill's clinical training, business expertise, and strategic vision will strengthen EBNHC's ability to provide accessible, compassionate, high-quality care across their health system. "As we grow to meet the needs of our community, we are thrilled to have a COO with a proven track record of expanding access to care and advancing clinical quality in a community setting. Dr. Boxill's unique combination of behavioral health training and operational leadership will add valuable expertise to our organization's diverse executive team, helping us to meet the complex demands of community health post pandemic," said Greg Wilmot, president and chief executive officer of EB-NHC. "We believe in care that goes beyond the clinic



Dr. Rvan Boxill.

the country. His previous work as system vice president at Steward Health-Care drastically improved the overall performance of acute inpatient psychiatric and detox beds in his service line.

Dr. Boxill is a licensed clinical psychologist in New York and Massachusetts and holds a PhD in Cross Cultural Clinical Psychology from the to those who need it," said Dr. Ryan Boxill, executive vice president and chief operations officer of EBNHC. "I am thrilled to join an institution with the compassion and drive to make impactful changes in fostering a healthier community in East Boston and beyond."

East Boston Neighborhood Health Center (EBNHC) is one of the

Page 2

violation. The MV was towed.

1741: An officer stopped a motor vehicle for the civil moving infraction of operating after dark without headlights on Winthrop St. The officer gave a verbal warning to the operator.

1902: A repossession company reported the repo of a motor vehicle.

#### **TUESDAY, FEB. 14**

1350: An officer stopped a motor vehicle (MV) on Walden St. and arrested the operator, Elvis Marquez, 20, of 160 Morton St., for the crimi-

per ticket

site despite the officer telling him not to do so.

1308: A call from a resident of a dead squirrel on Pleasant St. was referred to the DPW.

1309: An officer responded to a report of shoplifting at the CVS. The suspect had left the scene by the time the officer arrived. The officer filed a report.

2034: An officer directed the owner of a truck that was parked on the sidewalk on Madison Ave. to move his vehicle.

2120: An officer issued a parking ticket to a vehicle parked in a handicapped spot on Woodside

\$500

\$500

\$500

\$500

MAR 17 \$10,000

Grand Prize Pull at

**Drop Zone Brewery** 

Winthrop Chamber of

Commerce info@winthropchamber.com

617-846-9898

**O'Cold Raffle** 

Are you feeling lucky?

MAR 13

MAR 15 MAR 16

Purchase your tickets and be entered to win \$10,000!

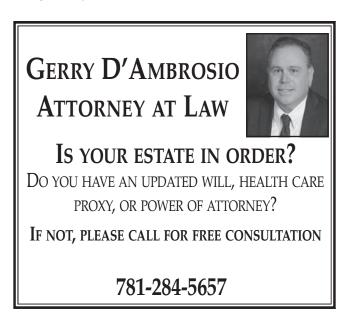
to address wellness where it starts: in the deeply interconnected lives of the people we serve. Dr. Boxill is the leader we need to advance this mission."

Prior to joining EB-NHC, Dr. Boxill served as the chief behavioral health officer for Boston Medical Center (BMC) Health System where he was responsible for leading behavioral health strategy and operations across the health system, including BMC Hospital, BMC's WellSense Health Plan, and BMC's Boston Accountable Care Organization (BACO). Notably, Dr. Boxill led the strategic planning, design, and implementation of BMC's recently launched Brockton-area Behavioral Health Center, regarded as one the most innovative, state-of-the art, and patient-centered behavioral health facilities in

California School of Professional Psychology in Fresno, CA. He completed his pre-doctoral training at the Hudson River Regional Psychology Internship Program at the New York State Office of Mental Health and his Harvard Medical School Postdoctoral Fellowship training at the MGH-OCD Institute at McLean Hospital. Dr. Boxill has an MBA from the University of Massachusetts with a specialization in Finance, and is a certified trainer in Diversity and Intercultural Sensitivity.

"Healthcare is a basic human right and East Boston Neighborhood Health Center is taking actionable steps towards improving patient care, committing to the wellbeing of its patients and workforce, and providing equitable healthcare opportunities

nation's largest Federally **Oualified Health Centers** (FQHCs) and the largest community health center in Massachusetts, serving over 100,000 patients and recognized by the Health Resources and Services Administration (HRSA) as a Health Center Ouality Leader. For more than 50 years, EBNHC has offered access to comprehensive care for the underserved populations of Chelsea, East Boston, Revere, Winthrop, Everett and Boston's South End. EBNHC is dedicated to promoting and sustaining healthy communities, families, and individuals by providing accessible, person-centered, compassionate, and high-quality health care services to all who live and work in our service area. For more information, please visit www.ebnhc.org.



THINK OF IT AS AN OWNER'S MANUAL FOR YOUR MONEY.



The free *Consumer Action Handbook*. It's in print and online at ConsumerAction.gov. For your free copy, order online at ConsumerAction.gov; write to Handbook, Pueblo, CO 81009; or call toll-free 1 (888) 8 PUEBLO.

## McGee // CONTINUED FROM PAGE 1

mother of four children, Dr. Paul McGee, Trisha McGee Diaz, Kevin Mc-Gee, and John McGee. She was the wife of the late Arthur J. McGee.

Kevin was a standout defenseman on the 1976 WHS hockey team that won the Division 1 state championship. Trish was an outstanding track athlete and like her brother. is an inductee in the WHS Athletic Hall of Fame.

In recognition of her achievements as a coach, Mrs. McGee was inducted into the Massachusetts State Track Coaches Hall of Fame in 2002. The track at Miller Field is dedicated in her honor. She was an outstanding athlete herself throughout her life, often winning gold medals at the Senior Olympics held in Rhode Island.

#### "A dedicated member of the WPS family'

Supt. of Schools Lisa Howard said, "Coach Pat McGee will be remembered as a dedicated member of the Winthrop Public Schools family. Pat impacted hundreds of students in the classroom as a dedicated substitute and on the track as Coach for 36 years. During her coaching career, Pat led our students to 16 NEC championships and coached multiple student athletes to obtain titles such as All-American,

New England Champion and State Champion. Coach McGee is a Winthrop High School Hall of Famer as well as a Massachusetts State Track Hall of Famer. Coach McGee had high expectations of her student athletes both on the track and in the classroom, but her coaching did not end there. Coach McGee spent endless amounts of time with her athletes off the track, providing them with guidance and encouragement to be successful in life by just being a good human. Pat will be missed, however her legacy will be with us forever."

#### **Former athletes** praise their beloved coach and mentor

John MacPhail and his brother, Warren MacPhail, have fond memories of their seasons in the Winthrop High athletic program.

"Coach McGee is a once-in-a-lifetime person that changed so many lives," said John. "She noticed something in me when I was young child and took me under her wing. It was an incredible opportunity to not only grow but enjoy four of the best years of my life in high school. She brought me into the family, and it was more than just success, it was an opportunity to become something spe-

cial."

Warren MacPhail competed in cross country for three seasons in Pat Mc-Gee's program in addition to plaving varsity basketball and baseball. He went on to serve as an assistant coach on Mrs. McGee's staff before becoming the girls track and cross country head coach. He is now a head coach at Fisher College.

"I've met a lot of really great mentors, but I really think what I do as a coach everyday stems from her," said Warren. "Coach Mc-Gee and Coach [Peter] Grimes were it. They were my biggest mentors as a coach."

Warren said Pat Mc-Gee's competitiveness was unmatched. "No one could ever question her will to win. I don't think I've ever met anyone as competitive as she was. There are so many memories that stand out for me, but one big memory was that we had to win a meet against Beverly in order to face Gloucester for the Northeastern Conference championship.

"The meet came down to the mile relay. And the coach of the Beverly team was not showing good sportsmanship, and it really ticked her off. We ended up winning that meet and beating Gloucester and finishing the season undefeated. After the meet



Winthrop High boys track coach Pat McGee is pictured with her athletes, from left, Rob Deeb, Jake Connors, Frank Ambrosino, Charlie Asquith, and Chris Berenger, during an outdoor track meet.

Mrs. McGee went up to the Beverly coach and instead of shaking his hand, she pointed at him and said, 'I'm so glad I beat you.'"

Warren said she was so loyal and supportive of her athletes. "The love she had for her boys, she would do anything for them. I always liked that. I feel I took that with me in my coaching now. I will do anything for my athletes, and I get that from Mrs. McGee. She was a special coach and a special person, and her im-

#### **'Those seasons are so** special to me'

pact in track and field can

never be touched."

WHS girls hockey head coach Butch Martucci was a shotputter and discus thrower for two NEC championship track teams coached by Mrs. McGee.

"Coach McGee was

percent fantastic," 100 said Martucci. "I loved every minute that I competed in her program."

Martucci remembers finishing second in the discus at the NEC Freshman-Sophomore Meet. "She selected me to go to the meet, and I was really proud of that," related Martucci. "I had the best day of my career."

Martucci said Mrs. Mc-Gee was the first female coach in his athletic career. "She was a great woman. It was different because I never had a woman coach up to that point, but being on her team was just great. She was a terrific teacher. I really enjoyed my three seasons in her program. A lot of my compassion comes from Mrs. McGee. She had a lot of compassion for her athletes. She always treated us well. If we weren't hitting our marks in our events, she

would give you a boost and little pointer on how to improve on your next throw."

Martucci said he still has his WHS varsity track jackets, "because those seasons with Mrs. McGee are so special to me."

Sun-Transcript (The had the opportunity to talk with former WHS track star Ken Sirianni. whose clutch victory as the anchor of the mile relay alongside teammates Buster Van Buskirk, Robert Jarvis, and Scott Lerner, helped Winthrop High complete an undefeated season and capture the 1984 NEC championship the first league title in 29 years. Sirianni's remembrances of that unforgettable season and his years in Coach Pat McGee's program will appear in next week's edition).

## Principal Search // CONTINUED FROM PAGE 1

and our staff members at the Gorman Fort Banks, as well as from the administrative team," said Howard. "This was a comprehensive, bigger look at bringing people to the district than we've had in the past. This is the first time we've not had an internal candidate looking to move

up the ladder."

Howard also updated the committee on negotiations for a new contract with the district's educational support professionals (ESPs), which are in mediation.

"We have the first mediation session with the ESPs on (March) 21," said Howard. "It's my hope

that we will have a quick resolution and an agreement, hopefully with the assistance of an impartial mediator to come in and do some work with both sides."

In other contract updates, the School Committee approved a new contract with school nurses.



terie.

to urge the Town Manager to look into, and to come back to us with thoughts and ideas as to a building assessment for that building."

Letterie noted that the gym at the middle-high school is available to the public, but that the single gym is also needed for a great number of activities and events for the schools.

"The availability and need for additional gym space in this town, I think it is undeniable, and not just for gym space, I'm talking about community center space," said Let-

He added that there is also a great need for a home for the town's parks and recreation department, which hasn't had its own space for years.

Precinct 5 Councilor Joseph Aiello said he agreed with the need for community space and the recreation department, but also noted that there has been a discourse in town for several years about using some of the middle school site for private development.

"The reality is, if we choose this path, as we get

•1 ½ tablespoons Dijon mustard

salt and ground black pepper to taste

up to the middle school site itself, that's the highest part of the site, and it is close to an existing residential neighborhood," said Aeillo. "It is likely that anything that is big and bold is not going to happen at that end of the site, which is fine. You can build some housing there, but we are not going to likely get a real revenue producing piece out of this whole thing."

Letterie said one of the goals is to make the property income producing, not only in terms of tax revenue, but also as an economic stimulus for the town center and other businesses in town.

"I think the gymnasium is extremely viable and needs to be pursued," said Letterie. "As much as I would like to do something on a community level with the auditorium, I don't know how financially stable that is. I'm thinking more that probably that piece and the middle school piece would be used in some sort of development project. The town has gone back and forth on this for seven years, and I think it is time we move on it and try to get some viable option."

Councilor-at-Large Rob DeMarco said the town needs to look at how the site can be best used for its residents.

"It's a unique opportunity to step up and do what's right for this town," he said.

Winthrop High boys track coach Pat McGee, pictured at Miller Field during her amazing career. The track at the new Miller Field was dedicated as the Pat McGee Track.



**BUYER 1** Driscoll, Matthew 24-40 Essex Street LLC Quijada Nino, Mario F

GHL

SELLER 1 **Castelmar Properties LLC** S & F Rt Leavy, Marilyn E

ADDRESS 5 Vine Ave #5 55-57 Bellevue Ave 116 Grovers Ave

PRICE \$495,000 \$800,000 \$750,000

Now more than ever, an experienced real estate agent with a proven record of success in all different markets, will make the difference between success and failure in a real estate transaction.



Meet our team by opening your phone's camera and holding it over the QR code

COMPASS For smooth sailing with your next move, call the Highland Group

Buying or selling, ask us about Compass Coming Soon and Compass Concierge

JIM POLINO - ELIZABETH POLINO - JAMES POLINO - JONATHAN POLINO - SHARON TALLENT – VIRGINIA BROWN – CHRISSY D'AMBROSIO – DAVID TALLENT – KATHY HICKEY – KENNY KELLEHER ATIYFH CASSIDY HIGHLANDGROUP@COMPASS.COM | 617.846.8000 75 CREST AVE, WINTHROP, MA | 126 NEWBURY STREET, BOSTON, MA

#### • 2 cups thinly sliced mushrooms INGREDIENTS: • 2 tablespoons dry white wine <sup>1</sup>/<sub>2</sub> cup milk (Optional) <sup>1</sup>/<sub>3</sub> cup all-purpose flour 1 ½ cups prepared chicken gravy 4 skinless, boneless chicken breast 1 cup half-and-half

WINTHROP MARKETPLACE

CHICKEN MUSHROOM DIJON

- halves, pounded to an even thickness
- 3 tablespoons vegetable oil
- 1 tablespoon butter

## DIRECTIONS:

STEP 1: Pour milk into a wide, shallow bowl. Spread flour into a separate wide, shallow bowl. Dip each chicken breast half into milk to coat; move to the dish with flour and press chicken into flour to coat entirely.

STEP 2: Heat oil in a skillet over medium-high heat. Fry chicken in hot oil until golden brown, about 3 minutes per side. Remove chicken to a plate; drain fat from the skillet and return to medium-high heat.

STEP 3: Melt butter in the skillet. Sauté mushrooms in hot butter until softened, about 2 minutes. Pour white wine over mushrooms. Stir gravy, half-and-half, and mustard with mushrooms; season with salt and pepper. Bring the liquid to a simmer and cook for 2 minutes.

**STEP 4:** Return chicken to the skillet and cook until chicken is no longer pink in the center and juices run clear, about 5 minutes. An instant-read thermometer inserted into the center should read at least 165 degrees F (74 degrees C).

## 35 REVERE ST., WINTHROP (617)846-6880

## Winthrop S u n 🚈 T r a n s c r i p t

PRESIDENT: Stephen Quigley - stephen.quigley@reverejournal.com MARKETING DIRECTOR: Deb DiGregorio - deb@reverejournal.com

## **OUR** Opinions PAT MCGEE

Winthrop lost one of its greatest all-time citizens this past week with the passing of Pat McGee, a person who did so much for our community during her long life.

Pat was a legendary track coach for decades of the Winthrop High boys track program. Her many Northeastern Conference titles and winning record -- while coaching the smallest school in the NEC -exceeded Belichickian-standards for which she was inducted into the Mass. High School Track Coaches Hall of Fame.

The new track at Miller Field was named the Pat McGee Track not only for her many years of exemplary coaching, but also for her dogged determination to ensure that future generations of Winthrop athletes would have a worthy track and field facility, particularly after the former track at Miller Field fell into such disrepair that Winthrop High was unable to host home track meets.

Pat also was an outstanding vocalist who was an active member of the Winthrop Playmakers for many years. It was thanks to Pat's leadership that the Playmakers were able to secure their playhouse at 60 Hermon St., a former church building, from the town.

But what we'll most remember about Pat is how much she loved Winthrop and the people of our community. Pat always could be counted upon to "tell it like it is" in her direct and straightforward manner that cut right to the heart of the issue at hand.

Pat McGee will be remembered as a woman of dignity, class, and sportsmanship who was a credit to Winthrop High, our town, and her family.

We know we join with all of our fellow townspeople in offering our condolences to her children, Paul, Kevin, Trisha, and John, as well as to her large extended family, for their loss.

May she rest in peace.

## THE PLANET IS SO MESSED UP

Our warm winter -- December was unseasonably warm and January was the warmest on record, while February had only a very, very brief cold snap, but also had many days of record-high warmth — is a classic good news/bad news situation.

The good news is that our heating bills, with oil prices near record-high levels because of the war in Ukraine, are much lower than they would have been. Europe similarly has had a record-warm winter, which has reduced its usage of natural gas, averting what could have been an economic disaster ...

The mild winter also has been a boon for the budgets of cities and towns. The dearth of snow and ice has meant that relatively small amounts have been expended for snow removal (at least so far).

But the long-term effects of our ever-warmer winters are not good. The warm winter of 2023, coming on the heels of warm winters for the past few years, means that climate change has firmly taken root in New England. According to a recent analysis by the federal Environmental Protection Agency, winters in Massachusetts have warmed by 4.5 degrees since 1896, a rate that is faster than the national average.

Part of the explanation for this may lie in another study recently released by scientists. According to their report, ocean heat content reached a new record high for the fourth year in a row, based on measurements of ocean heat accumulating down to a depth of more than a mile.

But here's the really depressing part: According to the scientists' findings, published in the journal Advances in Atmospheric Science, the warmth keeps working its way deeper into the ocean because greenhouse gases have trapped so much heat that the oceans' deeper waters will continue to warm for centuries even after humans stop using fossil energy.

# Forum

## GUEST OP-ED

## America's wars, who are the winners?

America was involved in Vietnam for 20 years. Our presence started small but by 1965 had significantly escalated. 3.1 million troops saw combat and at least 58,300 were killed. We spent over \$120 billion from 1965 to 1973 which led to an oil crisis and rampant inflation. Are you better off today

because America fought in Viet-

By Dr. Glenn Mollette

nam? Are you safer? America spent over \$2 trillion fighting in Iraq and Afghanistan. Then, we hurried and pulled out of Afghanistan leaving hundreds of millions of dollars in vehicles, buildings, bases, and weapons to be used by the Taliban. The country is now in shambles. Girls are not allowed to go to school beyond the sixth grade. Women are treated horribly by the Taliban. What did we do to help Afghanistan? Are they better off now? Are we better off for our 13 years in that country?

We invaded Iraq. We lost over 15,000 active service members and contractors in Iraq and Afghanistan. Take a look at Iraq and Afghanistan today. What did we accomplish?

We approved \$113 billion in aid to Ukraine in 2022 alone. Most Americans do not want Russia to succeed in conquering

Ukraine. Efforts to help Ukraine have been supported by most Americans. How far do we go? How much can we afford? How long are we able to keep this up? Does this become another Afghanistan? American troops are not there, yet. When will this happen?

When do we start fighting in Taiwan? China wants to control Taiwan. Taiwan is rich in resources and technology. Like Russia wanting Ukraine because of its proximity and resources, China figures it just makes sense for them to control neighboring Taiwan.

China is reportedly on the verge, if not already sending military arms to Russia. As America depletes our own defense stockpile of missiles, tanks and more, China knows we will have less to send to Taiwan. We have recently sent 200 soldiers to Taiwan and more will be going. It is scary to ponder how many more will be going in the next year or two.

In the middle of all this, who is really profiting from America's forever wars? The Military Industrial Complex will continue to make hundreds of millions of dollars with no end in sight. Manufacturers of mass weapons used in war have no end to their financial gains. Politicians who own stock in these massive companies only stand to get richer and richer. How many thousands of shares of stock in these companies do our longterm Senators and Representatives own? Stopping or slowing our military aggressions around the globe would mean their stock would go down and their massive financial fortunes would be diminished.

Politicians should not be allowed to buy stock while in office. Before running for a political office they should be required to cash their stock out so they are not financially persuaded to promote the success of certain industries.

We don't want Ukraine to fall to Russia or Taiwan to China. However, what will our country have left to fight with after we have spent billions of dollars defending them? If your livelihood comes from investments in the massive military weapon sales industries, then you are probably spending most of your time counting your money.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.



Members of the Winthrop Police Department show of autism-awareness themed police apparel, which is available for purchase with the proceeds going to the Doug Flutie Jr. Foundation.

So while it may be true that governments and industry are turning "greener," the bottom line is that it may not make any difference, and that's especially true because even under the best-case scenarios, the world will not be carbon-neutral for decades.

The effects of our warming planet have been visible for years with the onslaught of droughts, wildfires, devastating floods, and Category 5 storms that have left no part of Earth untouched, with implications that only now we are beginning to understand.

We don't mean to be the bearer of bad news, but the reality is this: As bad as things are today for the environment, they're only going to get worse before they get better.

## THE ECONOMISTS ARE STILL JUST **GUESSING**

If you're like us, then no doubt you've been frustrated with the lack of consensus by economists and other so-called experts about the future of our economy. In the morning, we'll hear a prediction of a full recession in the coming months; in the afternoon, someone else will predict a mild recession with a "soft landing": and in the evening, another talking head will say that everything is fine for the indefinite future.

The combination of the COVID-19 pandemic, the ensuing supply-chain issues, and a land war in Europe for the first time since WWII has skewed everything for which there is no direct precedent in the modern era. Today's economy is an amalgam of every economic era since WWII. We can draw some parallels to previous situations, but there are no direct analogies.

In addition, two factors are having a huge effect on the labor force, which in turn are affecting the overall economy.

The first is the retreat from the workforce of Baby Boomers, a trend that was accelerated by the pandemic. The Baby Boomer cohort has had an out-size effect on the economy and American life since they were born and they continue to do so today. In addition, Boomers are staying in their homes longer (which diminishes the supply of housing for Millennials) and, now that they have more leisure time, are traveling more (instead of buying stuff), and thus inflating the demand for service sector workers.

The other big factor accounting for the labor shortage is the trend of many younger workers both for remote work and to work fewer than 40 hours per week. These new realities are having ripple effects throughout the economy, particularly for the office real estate market and the small businesses in our major cities that depend on foot traffic from office workers.

The only thing that is clear to us is that none of the so-called experts have any idea what is going on with the economy and have even less of a clue about the future. To paraphrase Plato (quoting Socrates), the only thing they know is that they know nothing.

## News Briefs // CONTINUED FROM PAGE 1

ronmental scientists, as well as recent gains made by partner organizations in a fun and easily digestible way. The event is family-friendly and accessible. Spanish and English interpretation will be provided, as well as food, child care, breakout groups with experts, and supplies to assemble your own home air purifier. The summit is free to the public.

"The problem of pollution is daunting," said Sonja Tengblad of Mothers Out Front East Boston. "But I am excited by all the data we now have that links pollution sources to many health impacts. This is what drives change. We also have proven strategies that can protect our kids. We just need to implement these on a systematic level and fast. This summit is a real opportunity for community members and major stakeholders to share our stories and information and change our communities for the better."

The Winthrop Sun Transcript reserves the right to edit letters for space and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Transcript publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Transcript. Text or attachments emailed to editor@reverejournal.com are preferred.

## WPD TO RAISE FUNDS FOR DOUG FLUTIE, JR FOUNDATION

Winthrop Police will once again take part in Doug Flutie Jr. Foundation Autism Awareness Police Patch Fundraiser for the month of April. Starting March 15, 2023 we will be selling t-shirts and patches. This year's t-shirts (the gray t-shirts seen in picture below) will sell for \$20. Last year's black t-shirts are \$15 each and patches are \$10. 100% of all monies raised are donated to the Dough

Flutie Jr. Autism Awareness Foundation.

On Saturday, April 15, 2023 at 6:30PM we will also be having a hockey game to celebrate the month and raise awareness. The Winthrop Police/Fire Departments will take on The Winthrop All Stars at Larsen Rink Mike Eruzione Center.

You can purchase t-shirts and patches at the game or contact Lt. Steve Rogers, Lt. Mary Crisafi, Detective Samantha Ferrino or Officer Anthony Sorrentino at the police station to purchase t-shirts or patches prior to the game.

## Independent Newspaper Group

## DIRECTORY

#### President

Stephen Quigley; stephen.quigley@reverejournal.com Marketing Director Deb DiGregorio; deb@reverejournal.com Assistant Marketing Directors Maureen DiBella; mdibella@winthroptranscript.com Legal Advertising Ellen Bertino; ebertino@eastietimes.com Ad Design Kane DiMasso-Scott

Managing Editor

Cary Shuman; cary@lynnjournal.com Copy Editing, Layout

Kane DiMasso-Scott, Scott Yates

**Business Accounts Executive** 

Judy Russi; judy.russi@eastietimes.com Printer Gannett Office Phone Number: 781-485-0588

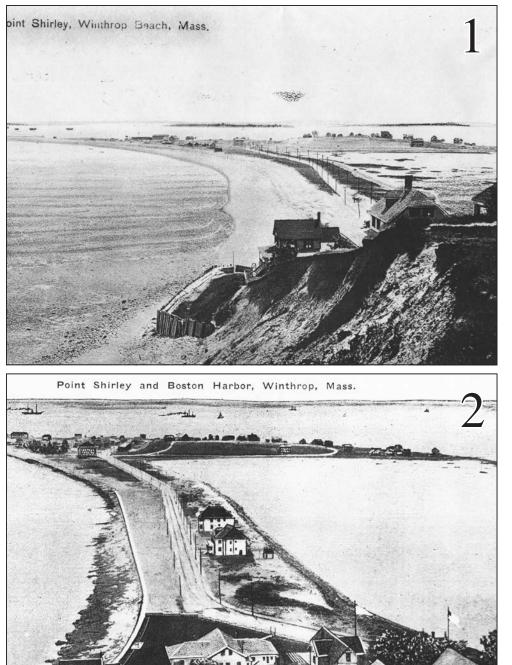
## Page 5

## WINTHROP HISTORY WEBSITE: WIHAONLINE.ORG

# **WINTHROP** Then and Now

Winthrop Improvement and Historical Association By G. David Hubbard, Town Historian • Photos courtesy of Stephen F. Moran

## ART 992 - EARLY DEVELOPMENT OF YIRRELL BEACH AREA



One of the most enjoyable sequences of pictures to assemble in a Then and Now article is one that depicts a recognizable early development of a familiar location with photographs depicting such changes. Picture one was taken from the top of Cottage Hill about 1888, the year when electricity was introduced in Winthrop and the power poles along Shirley Street were installed. None of the homes now along the bay side of Shirley Street opposite Yirrell Beach had yet been built. The three houses on Cottage Hill are there in most of these pictures. Pictures two and three depict the development of this area up to when the Water

Tower was built in 1910. Picture four was taken from Point Shirley looking north back up Shirley Street at about the same time as picture one was taken before the homes were constructed facing Yirrell Beach with a view of the Boston Harbor seen from the rear of each. On the far left, the Winthrop Yacht Club can be seen beyond where the Public Landing is today. If one looks closely most of the buildings shown on Cottage Hill are still there. today.

to have access to our ocean front land for tribal use as a summer resort. Tribes from Everett, Malden and Melrose use to have annual battles each spring with the Indian Tribes north of here (sort of an annual spring Olympics) after which they would spend time here in the summer. Tribal burial sites have been located in a number of places on our peninsula, one of which was at what is now French Square where Indian skeletons were unearthed when the Center Narrow Gauge Railroad Station was built there about 1888. These skeleton remains are now on display at Harvard University in their Peabody Museum.



## 10 years ago February 28, 2013

From Speaker of the House Robert A. DeLeo to Town Manager James McKenna to Airport Hazards Committee Chairman Anthony Majahad, to virtually every resident in Winthrop, there is much anticipation about the upcoming release of the Massachusetts Department of Health report on the environmental impacts of Logan Airport on the health of Winthrop residents. Majahad, whose committee includes Attorney Jerome Falbo and Bob Driscoll (who have about a combined 80 years of experience on the committee), has termed the study (which also looks at other communities within a five-mile radius of Lo-"groundbreaking" gan) and unprecedented in the country. The study has compiled three years of data and is expected to be released in the spring.

Fisherman's Bend Residents can weigh in on the Fishermen's Bend trail project at a public forum tonight at the Winthrop Cultural Center, E.B. Newton School building. Joseph Domelowicz Jr., assistant to the town manager, Steve Calla, DPW director, and a member of the Conservation Committee will answer questions about the project.

Jack the Giant Slayer, Beautiful Creatures, and Escape from Planet Earth are playing at the Revere Showcase Cinemas.

#### 20 years ago March 6, 2003

An undercover narcotics investigation involving the DEA, the State Police, and police officers from Winthrop and Chelsea reached its climax in Winthrop this past week with the arrests of three men and a woman after an undercover sale here. grant a special permit to allow heretofore "illegal" apartment units to become legal and allow those owners to obtain certificates of occupancy for those units.

Winthrop Fire Captain Paul Flanagan and firefighter Dennis Boudreau played key roles in the evacuation of workers from a tunnel at the MWRA plant on Deer Island that had filled with smoke from an electrical fire.

The selectmen have sent an invitation to new President Bill Clinton to attend the upcoming Winthrop Town Meeting.

Amos and Andrew, Mad Dog and Glory, and The Crying Game are playing at the Revere Showcase Cinemas.

#### 40 years ago March 9, 1983

Hundreds of persons were on hand for ribbon-cutting ceremonies for the Senior Center at its new location in the Old Church Building on Hermon St. this past week.

Hundreds of local residents were holding their breaths as they watched a jet take off from Logan Airport and one of its engines catch on fire shortly after takeoff. However, the pilot noticed the problem immediately and promptly guided the jet back to the airport.

Congressman Edward J. Markey has called for an investigation into the dramatic rise in the price to consumers of natural gas in the Boston area.

Boston Herald columnist Margery Eagan will be the guest speaker at the Winthrop Rotary Club luncheon next week.

Lords of Discipline, One Dark Night, and 48 Hours are playing at the Revere Showcase Cinemas.

#### 50 years ago March 7, 1973

Committee. Voters rejected two ballot questions, one calling for life tenure for Town Clerk John Clark and the other calling for consolidation of the Town Treasurer and Tax Collector offices.

**THE MORE** Things Change

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The

Sun-Transcript

A public hearing will be held at the State House on a bill calling for a new, 2.5 mile roadway to be constructed across the marshes in East Boston to connect Winthrop directly with Route C-1 and by-passing Orient Heights. The bill was given a favorable recommendation by a legislative committee, but a hold-up in matching federal funds prevented the full legislature from voting on it. However, State Rep. Fred A. Baumeister said that federal funds now will be available if the legislature approves the bill. Total cost of the roadway is estimated at \$2.7 million.

Natalie Wood, Rosalind Russell, and Karl Malden star in Gypsy at the Revere Drive In. Kirk Douglas, Tony Curtis, and Laurence Olivier star in Spartacus at the Revere Theatre.

#### 70 years ago March 5, 1953

A large turnout of the town's voters, 6522 voters, about 65 percent, gave incumbent Selectman William Pierce a victory for the three year seat on the Board of Selectmen over fellow incumbent Fred Baumeister. Andrew Benson, the third incumbent selectman, won the two year seat and Harold Katz won the race for the oneyear seat. Edward Sharkey was re-elected Town Meeting Moderator. In the contest for Park Commissioner, William Pepicelli upset incumbent Melvin T. Carver.

Chris Craft boat kits are available at Brill's Television and Radio on Shirley St. A 21-foot sportsman kit, complete with genuine Philippine mahogany frames, can be assembled in 40 hours. The kit costs \$884. Winthrop Transcript editor Bob Remer is leaving this newspaper to take a new post as night city editor for the Boston Herald. Remer has been active in journalism since 1937 when he started working for the Winthrop Review. Bob will continue to write his weekly sports column in the Transcript covering all of the Winthrop High sports action. Robert Taylor and Eleanor Parker star in Above and Beyond at the Revere Theatre.

Shirley Street, from Revere Street, was an aboriginal trail that came from Beachmont to what is now Point Shirley which was used by the Indian tribes





Sreat Head from Point Shirley, Winthrop Mass.

Police seized two kilos of cocaine, several pounds of marijuana, thousands of various pills, and \$10,000 in cash.

Thursday night's meeting of the Board of Appeals concerning the application of the developers of the former Winthrop Hospital site for a proposed condominium complex was bogged down in a quagmire of arguments and frustration with no apparent resolution to the issue, which has been ongoing for the past 22 months.

Dalrymple School art teacher Carol Merola, who has been teaching in the local schools for nine years, has been named the 2002 Elementary Art Teacher of the Year by the Massachusetts Art Education Association.

Fundraising has begun to raise the \$40,000 needed to save the Winthrop High spring sports programs, which were eliminated from the budget by the School Committee thanks to the mid-year budget cuts at the state level implemented by Gov. Mitt Romney.

Old School, Gangs of New York, and Chicago are playing at the Revere Showcase Cinemas.

#### 30 years ago March 11, 1993

The Board of Appeals is set to take up the first of what promises to be a large number of applications by property owners under the new town by-law, that was passed by Town Meeting last spring, that will allow the Board of Appeals to

In one of the closest elections for the Board of Selectmen in town history, incumbent Dick Dimes edged challenger Richard Tacelli by 63 votes, 3081-3018. Incumbent Town Treasurer Myer Brill lost to challenger Edward Keough, 2449-2216. In the School Committee contest, incumbent William Miner was defeated by Richard Gill, with a third candidate, Mrs. Sylvia Kane, also turning in a strong showing. In other contests, Robert Driscoll won a seat on the Planning Board and Joseph Clark was elected to the Winthrop Housing Authority Board.

Winthrop's state representative district may include two precincts from East Boston under a proposed redistricting plan.

The School Committee has postponed a decision whether to allow WHS students to smoke cigarettes in the outdoor courtyard in the hope that this will prevent the students from smoking in the lavatories.

Fear is the Key is playing at the Winthrop Cinema.

#### 60 years ago March 7, 1963

All three incumbents on the Board of Selectmen, Melvin T. Carver, John Van Dalinda, and Henry O'Connell, won re-election in Monday's annual town election. John A. Canavan Jr. and George Hill handily won the two open seats on the School

#### 80 years ago March 6, 1943

Only 4032 of the town's 9355 registered voters turned out for Monday's annual town election. The lone incumbent member of the Board of Selectmen, Roy Pidgeon, to seek re-election was returned by the voters. He will be joined by newcomers George Hamilton and Walter Smith. George Downie was re-elected Town Treasurer and Joseph O'Hern was re-elected Town Clerk. A. Walter Larkin defeated Melvin T. Carver for the lone seat on the School Committee.

Errol Flynn and Alexis Smith star in Gentleman Jim and Cary Grant and Ginger Rogers star in Once Upon a Honeymoon at the Winthrop and State Theatres.

See YEARS Page 11

# Our Senior Life

# Annual Wellness Exam is Key to a Healthy Year for Older Adults StatePoint) You've selected your insur- visit for customers who have just reached thing you'd like to discuss with your health adverse reactions, such as cognitive important to the provide the providence of the provide

(StatePoint) You've selected your insurance plan for the year. Now, it's time to start using your benefits, beginning with an annual wellness exam.

An annual wellness exam with a health care provider is important for everyone, but especially for older adults. As we age, we are more likely to develop chronic health conditions, according to Dr. J.B. Sobel, chief medical officer for Cigna Medicare, which serves hundreds of thousands of older adults through its products. An annual wellness exam can help detect potential health issues early so they can be addressed before they worsen, he added.

"By meeting with your primary care provider early in the year, you can highlight the things that are important to you, and work together to develop a plan for your care for the year ahead," Sobel said. "This will ensure you live each day with vitality, happiness and improved health."

Many providers will reach out to schedule an annual wellness exam. If your provider doesn't contact you, make sure to call them.

A number of annual check-ups are available at no extra cost to those with Medicare. They include a "Welcome to Medicare" Medicare eligibility and an "Annual Wellness Exam" for existing customers. Many Medicare Advantage (MA) plans offer more extensive annual visits at no extra cost. Some even offer incentives for completing a visit. Talk with your provider and Medicare insurer about your benefits.

Each annual exam may be a little different. Regardless of the type, Sobel offers the following tips to ensure you get the most from your visit.

Prepare. Before you go, write down any-



ges / iStock via Getty Images Plus

care provider, including changes to your health over the past year. Bring your prescription and over-the-counter medications with you. Ask plenty of questions and take notes. You might even want to take along a family member, trusted friend or caregiver to ensure you understand everything your provider has shared.

Be open and honest. It's tempting to make things look rosier than they are when talking to your health care provider, but minimizing what you are feeling can lead to an incorrect diagnosis or prescription. Speak openly about unhealthy habits, like smoking or lack of exercise. Your provider won't judge you. Being honest is the only way your health care provider can help you reach your goals.

Mind mental health. Your emotional health impacts your physical health. Many people think depression is a natural part of aging, but it doesn't have to be. Talk to your doctor if you are feeling sad, anxious or hopeless. Treatments, such as talk therapy, medication or both, may be covered by Medicare.

Monitor medications. Adults age 65 and older tend to take more medications than other age groups, increasing the risk for adverse reactions, such as cognitive impairment and falls. It's a good idea to take your medications to your annual wellness exam and discuss any potential problems or side effects you're experiencing. Don't forget about over-the-counter drugs, vitamins or nutritional supplements you take.

Schedule screenings and get vaccines. There are a number of important health screenings and vaccines that you may need depending on your age and gender, such as colon cancer screening, bone density test, mammogram, flu shot or COVID-19 immunization. Ask your provider about the screenings and vaccines you've had already and schedule any you need as soon as possible. You may even be able to do that before you leave the office. Also, don't forget to visit your eye doctor and dentist. These visits are covered by many MA plans as well. Find out more at www.cignamedicare.com.

"You wouldn't drive your vehicle without proper preventive maintenance, so please don't ignore preventive maintenance for your most prized possession - your health," Sobel said. "An annual wellness exam is a great place to start!"

# **3** Ways to Protect Your Finances and Your Family

(StatePoint) To protect your finances and family in the long term, it's important to not only reevaluate your saving and spending, but also commit to creating a more holistic

ed. It's important to have a well-rounded financial plan that can address those risks, protect assets and create positive outcomes for today's families."

ability to provide for your family or drive you into additional debt. If you have an employer-sponsored retirement plan, make sure you are contributing and getting a match, if offered. Tap into any financial wellness tools offered at work to help provide you with an solid financial future for you and your family.

accurate picture of your holistic financial situation and lower stress.

Visit www.lfg.com for more tools and resources.

With a robust plan, you can help ensure a

financial plan.

Consumers are seeking stability and preparedness in today's uncertain economic environment, according to a recent Consumer Sentiment Tracker study by Lincoln Financial Group. With ongoing inflation and market volatility, 56% of respondents cited protection from risk as being most important to them. When it comes to thinking about their finances, people said they have the greatest interest in protecting their family (39%) followed by their income (26%).

"Our research reinforced the importance of financial solutions that can help consumers navigate through market cycles and protect their loved ones," said David Berkowitz, president, Lincoln Financial Network, Lincoln Financial's wealth management business. "People are not only concerned about having enough to pay their bills, but also saving for retirement and preparing for the unexpect-



To achieve a stronger financial future, don't neglect your finances - instead, add a little TLC (Talk, Learn, Commit). Create a robust financial plan using these three tips from Lincoln Financial:

1. Talk about it. Financial conversations play a crucial role. Be transparent with your loved ones about financial priorities so you can set expectations and work toward your shared financial goals. Initiate ongoing discussions to stay on track with everything from saving for retirement to paying for a long-term healthcare event, which can happen suddenly and be very costly. Also, consider talking to a financial professional who can help identify solutions that best meet your individual needs, as well as drive better outcomes. Lincoln's research found those who work with financial professionals are more likely to prioritize retirement savings (26% vs. 10%).

2. Learn more about tax-deferred investments. Life insurance can be more than just a death benefit, with some types of policies offering income replacement for unforeseen events. It can also protect your financial security from the impact of taxes, market volatility and longevity. It's not just for individuals and families either, but businesses too. Also, consider diversifying your portfolio with an annuity, which can provide protected growth and monthly lifetime income to help cover expenses in retirement and ensure you have a stream of income.

3. Commit to maximizing your workplace benefits. Look into supplemental coverages like disability, accident and life insurance that may be available through your employer. Solutions like these protect against unexpected events that can disrupt your

C Adobe Stock



DURING THE MONTHS OF MARCH + APRIL THE WINTHROP SUN TRANSCRIPT WILL BE RUNNINGASERIESOFINFORMATIVEARTICLESAND SERVICE SPOTLIGHTS OF IMPORTANCE TO OUR SENIORS, AS WELL MEMORIES OF DAYS GONE BY.

## Let's help your local business make the most of your ad dollars in both print AND online!

Showcase your business card or offerings! Call the office 781-485-0588 to get started or email deb@reverejournal.com · mdibella@winthroptranscript.com FULL PAGE IMPACT - FULL PAGE IMPACT

COLOR DIRECTORY BLOCKS

**4-WEEK COMMITMENT** 

ONLY \$200

\$50.00

AN EXTRAORDINARY PROCESS WHERE ON YOU ALWAYS SHOULD HAVE BEEN -

PER

**AD SIZES** 

3.17"w-by-2"h

ONLY

Almost all my middle aged & eldery acquaintances, including me, feel about 25 – unless we haven't had our coffee, in which case we feel 107 – Martha Beck

# Sports

# RESERVE VOUR SPACE NOW! DON'T WAIT! RESERVE YOUR SPACE NOW AND GET YOUR AD IN THE EYES OF THOUSANDS. CALL 781-485-0588

**WHS** SPORTS ROUNDUP

## WINTHROP HONORS ITS BASKETBALL SENIORS

# **IT'S MARCH** MADNESS TIME **IN WINTHROP!!!**

## WHS BOYS HOCKEY PLAYS IN TOURNEY OPENER AT LARSEN TODAY

The Winthrop High boys hockey team, the undisputed champion of the Northeastern Conference with a 9-1-1 record, will open play in the MIAA Division 4 hockey tourney this afternoon (Thursday) when coach Dale Dunbar and his crew take to the ice at Larsen Rink for a Round of 32 contest.

The opening face-off is set for 4:00.

The Vikings, who are seeded #3 in D-4 with a 16-3-1 overall record, are scheduled to meet the winner of the contest between #30 Belchertown and #35 Nashoba Valley Regional who were playing last night (Wednesday).

Dunbar's squad dominated the NEC for which they received numerous accolades. post-season Dunbar was named the NEC's Coach of the Year and junior Petey Silverman was named the conference's MVP for a season in which he scored 25 goals and had 27 assists.

Senior captain Jack Hayes (19 goals, 24 assists) and senior goalie Nico Babine (14-2-1 record with a GAA of 1.70) were chosen for the prestigious all-conference team, which recognizes only the top eight players among all of the eight NEC schools. In addition, junior defenseman Billy Hayes (five goals, 22 assists), sophomore forward Phil Boncore (14 goals, 13 assists), and freshman defenseman Colin O'Leary (two goals, five assists) were named to the 16-member NEC all-star squad. If Winthrop is successful today, the Vikings will advance to the Sweet 16 to take on the winner of the matchup between #14 Assabet Regional and #19 Amesbury.

is when the Vikings turned the tide, closing out the half with a 12-0 run that gave Winthrop a 26-15 edge at the intermission.

"We stiffened our defense, but the key to that run, as was the case throughout the game, was the team's hustle," said WHS head Mike Triant. "We hit the floor for every loose ball and created second-chance opportunities out of missed shots."

Both teams came out hot to start the second half, with Winthrop outscoring Mahar 18-16 in the third period to take a 44-41 advantage heading into the final eight minutes.

Both teams continued their torrid scoring pace in the final period, but it was the Vikings who had a bit more of offense, outscoring the Senators 24-18 in the final eight minutes, for the 68-59 triumph.

Senior captain Zack Bogusz (who was 7-for-9 from the free throw line and hit three three-pointers) and Jeremy Matias both struck for 22 points. George Galuris also reached double figures with 19 points.

Vasili Tsiotos added three points and Andrew Faretra chipped in two points.

eastern South (Lynch) Division, will open play in the Division 4 MIAA state basketball tournament when coach Anthiony Hatzisavas and his crew entertain Monomoy Regional tomorrowe (Friday) evening in the Round of 32.

The Lady Vikings enter the tourney as the 12th seed in D-4, while Monomoy is seeded 21st.

"Monomoy is a good team from the Cape who just recently beat 11th-seeded Bourne a week ago," said Hatzis-avas. "The Herald and Globe both have this game as the best first round matchup in Division 4, so it should be a good one.



season last week. See more photos on Page 8.



## WHS BOYS WIN STATE TOURNEY **OPENER**, 68-55; TREK TO WAREHAM TONIGHT

The Winthrop High boys basketball team overcame a slow start to defeat Mahar Regional High School, 68-59, in a preliminary round contest of the MIAA Division 4 state tourney Monday evening before a packed house at Winthrop High School.

Winthrop entered the tourney as the 32nd seed in Division 4 with a 7-13 record, while Mahar Regional, which is located in Orange, was seeded 33rd with an 11-9 mark.

The visiting Senators jumped out to a 20-11 lead in the opening period and held a 25-14 advantage midway through the second frame. However, that

"We watched a lot of their film and saw that they have two excellent bigs, 6'-5" and 6'-6", so we knew that we had to push the ball with every chance we had," said Triant. "Even when we were up by nine midway through the fourth quarter, we didn't let them get comfortable. The combination of our defensive pressure, with Zach and George on the ball, and then pushing the ball upcourt, is what made the difference," said Triant. "We used eight players and every one of them left everything out

The coach also complimented the support of the Winthrop student body. "They were loud and really gave us a boost," said Triant. "Our players really fed off their energy."

on the floor."

The Vikings now proceed to the Round of 32, earning the right to travel to the South Coast to take on Wareham, the topranked team in D-4 with a 17-3 record, this evening (Thursday) for a 6:00 opening tip.

"We've been watching a lot of film of Wareham and we are aware that they're a very good team," said Triant. "But we are too, and we will go down there and give it everything we've got."

## **GIRLS BASKETBALL** HOSTS MONOMOY FRIDAY EVENING

The Winthrop High girls basketyball team, the co-champs of the North"We have been dealing

See ROUNDUP Page 8



F Love Unleashed Winthrop 🕜@LoveUnleashedWinthrop

## WINTHROP MARKETPLACE

## Your Independent Grocer, Where Old Friends Meet And New Ones Are Made SALE DAYS THURSDAY, MARCH 2ND THROUGH WEDNESDAY MARCH 8TH, 2023

Gzocezu

<b><i>Creat grocery specials</i></b> Classico Pasta Sauce	
Classico Pasta Sauce	<b>2/≑6.00</b>
Progresso Soups	<b>2/≑6.00</b>
Kellogg's Special K Cereal	2/\$ <b>7.</b> 00
Best Yet Mayonnaise	
Tuttorosso Canned Tomatoes	<b>2/÷3.00</b>
Progresso Bread Crumbs 15 oz	<b>2/\$3.00</b>
Dole Canned Pineapple	<b>2/÷3.00</b>
"All" Liquid Laundry Detergent	
Ellios Pizza	
Rays Bagels	2/ <b>\$4.</b> 00
Pillsbury Cinnamon Rolls	2/\$6.00
Hood Lactaid Milk 64 oz	
Breakstone Sour Cream 16 oz	
DeWaffle Pancakes	

## Deli

Kretschmar Rotisserie Chicken Breast	<b>≑8.99/ </b> b
Great Lakes Swiss Cheese	<b>≑5.99/ </b> b
Freirich Cooked Corned Beef	
Margherita Hot Cappicola	<b>≑6.99/l</b> b

## Produce

All Purpose Yellow Onions 2 lb bag
"Pick Your Own" Red Potatoes
California Sweet Navel Oranges
Fresh & Tasty Grape Tomatoes Pint

Bakery

Golden Cannoli Chips	2/ <i>\$</i> 7.00
Isabella's Sugar Free Muffins 4 pk	
Sweet Sophia Brownies 4 pk	<b>÷5.9</b> 9

Meat.	

"Meat Cut Fresh Every Day" Family Pack, Specials

	uus
Grade A Chicken Drumsticks	99¢/lb
Assorted Bone In Pork Chops	≑1.99∕lb
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	~~~~~~
Boneless Chuck Pot Roast	<b>≑4.99/l</b> b
Mrs. Budds' Fancy Vegetable	
Chicken Pot Pies 12 oz	2/ <b>÷8.00</b>
Steak Umm Sandwich Steaks	

## Weekend Specials

#### Friday, March 3rd through Sunday March 5th

"while supplies last"

	DARERT	ľ
8	Table Talk 8" Cherry Pie	(
2	Boston Coffee Cake	$\langle$

#### DELI

S	Best Yet Imported Cooked Ham	<b>≑5.99/ </b> b
2	Stella Slicing Provolone Cheese	<b>≑5.99∕l</b> b

#### PRODUCE

)	Giorgio Whole or Sliced White Mushrooms2/\$4.00	(
)	Fresh Sweet & Crunchy Seedless	(
1	Red Grapes	(

#### MEAT

)	Family Pack Boneless Chicken Breast	<b>≑2.1 9/l</b> b	(
)	Family Pack Center Cut Steaks	<b>≑3.99/</b>  b	(

#### GROCERY

	New England Bagged Coffee	
(	DeCecco Pasta	Ş

## 35 REVERE ST., WINTHROP • (617) 846-6880 WWW.WINTHROPMKTPLACE.COM

New Store Hours starting June 22: Mon-Sat 7:30 am-8pm; Sun: 7:30am-7pm Not responsible for typographical errors. We have the right to limit quantities.

## WHS VIKING VARSITY BASKETBALL SENIOR NIGHT

Last week the WHS Vikings honored their seniors at half court before

the start of the final home game. The annual ceremony recognizes the senior

players for their contributions and dedication to the Viking program.



Senior Raesean Bebri with his parents Ilda and Drini and family.



Senior Jeremy Matias with his parents Claribel and Roberto and family.



Senior James Faretra with his parents Deanna and James and family.



Senior Eljo Hysa with his parents Mimoza and Fatmir and family.



Senior Zachary Bogusz with his parents Julie and Tom and family.



Senior Eddie Ramadani with his parents Arbenita and Qerim and family.

# Winthrop High girls hockey begins MIAA playoffs Thursday at 7 p.m.

Senior David Gonzalez with his mom Leriane and family.

## Roundup // CONTINUED FROM PAGE 7

with a couple injuries," said the coach. "Maddie Stiglets has been out the last couple games, but she will be back Friday, so it will be nice to have our captain back on the court for the state tournament. She really has had a great season and has been a great leader for us.

"Zoey Bogusz has stepped up in her absence to be our point guard along with Reese Brodin, who has also been dealing with an ankle injury," Hatzis-avas continued. "Grace Fleuriel and Kailey Farrell have been tremendous for us down low all season and I expect them to have a big impact on the game Friday night.

"This will be my first

game as a head coach for a state tournament game and I am very excited for the challenge and I know the girls are as well," Hatzisavas added. "We've had four great days of practice leading up to this contest. The biggest thing we can do is take it one day/ game at a time and never get caught looking ahead. We've faced many tough opponents this year and I hope they have prepared us for Friday night."

The winner Friday night will advance to the Sweet 16 where they most likely will travel to 5th seeded Cohasset, which is taking on the winner of the Monument Mountain vs. Fellowship Christian encounter.

By Cary Shuman

With a perfect record and a league championship banner in hand, the Winthrop High girls hockey team will open the MIAA State Tournament against Hopkinton High Thursday at 7 p.m. at Larsen Rink at the Mike Eruzione Center.

Winthrop is the No. 5 seed in Division 1 with an 18-0 record. Coach Butch Martucci's Vikings are the only remaining undefeated team in Massachusetts girls hockey.

The Vikings won their second NEHL title in a row, led by the fabulous Holmes triplets, All-Conference honorees Emma Holmes and Julia Holmes and All-Star defenseman Abby Holmes, and All-Stars Mia Norris, Talia Martucci, and Adrianna Rizzotto. Freshman Riley Towse has enjoyed an excellent rookie season as the Vikings' goaltender.

Coach Martucci expects a tough, opening-round test from Hopkinton, a town known for being the starting point of the Boston Marathon.

"Hopkinton is a very good team," said Martucci. "They have a couple of really fast skaters, solid defensemen, and a good goalie. This will be a battle."

The Vikings played in a scrimmage versus Belmont Saturday. The intensity has picked up in practices.

"Everybody seems ready to go," said Mar-

"Practices have tucci. been great. The girls' attitudes are unbelievable and they're ready to attack this tournament."

Winthrop's tournament game is part of a doubleheader at Larsen Rink, with the boys hockey team taking the ice at 4 p.m. for its playoff opener.



The Winthrop High girls hockey team proudly displays its NEHL championship banner.

## WHS SPORTS Through the Years

#### 10 years ago February 28, 2003

The Winthrop High boys hockey team earned a tight 2-1 victory over Triton in the first round of the Division 2 North state hockey tournament Tuesday evening at Salem State College. Coach Dale Dunbar and his crew, who compiled a 10-5-5 record in the regular season and are the seventh seed in the North Sectional, now will travel to the Stone-

ham Arena tomorrow evening (Friday) to take on the second seeded Lincoln-Sudbury Warriors, who finished the year with a 15-2-3 mark. Winthrop led all the way against Triton. Junior Chris Page lit the lamp in the first period, assisted by Pierce Lamberton. An apparent goal by Pat Todisco early in the second period was waved off by the refs for interference with the goaltender (though no

penalty was called), but the Vikings got an insurance goal with about 6:00 to play in the game when Stephen Goddard scored from the point, assisted by Page and Lamberton. Triton pulled its goalie in the final minutes in favor of a sixth skater, a strategy that paid off with a goal with about 30 seconds to play. However, the Vikings held the fort after that for the victory.

The Winthrop high boys basketball team will open play in the Division 4 North Sectional of the MIAA state basketball tournament this evening (Thursday) at St. Mary's of Lynn. The Vikings, who finished the season with a 6-12 record, are seeded 11th of the 11 teams in the North Sectional, while St. Mary's is seeded sixth in the North with a 12-8 mark.

See SPORTS YEARS Page 10

## THE WHS VIKINGS DEFEAT THE MAHAR SENATORS AT HOME 68-59 IN ROUND ONE OF PLAYOFFS





George Galuris hits a big jump shot.

Eddie Ramadani fights for a layup.

Andrew Faretra goes after a loose ball.



Head Coach Mike Triant directs his team to a victory in round one last Monday evening.

and down by 9 points at the end of the first quarter, the WHS Vikings battled back and had a one-point lead by the end of the half. This lead exchanged

Despite a slow start hands many times, but by 3. The fourth quarter strong defense against a very fast paced offensive of the Senators and at the end of the 3rd, the lead was in Winthrop's favor

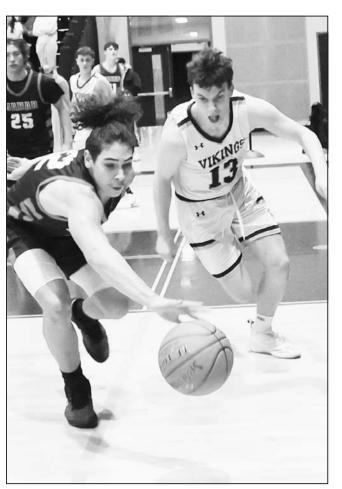
the Vikings kept up a was all Winthrop, point after point was tacked on the scoreboard and at the buzzer, the Vikings tallied 68 points to take the win.



Whatever Head Coach Mike Triant said at the end of the 1st quarter, certainly lit a fire under the Viking offense.



Raesean Bebri hustles for a rebound.







Alexander Daigneault fights for a loose ball.



The WHS lady Vikings Basketball Team were on hand to cheer on the boys last Monday evening. The girls are at home this Friday at 6pm, round 1 on the playoffs.



Vasili Tsiotis fights off a tough defense to make a play.

Zachary Bogusz had a great game on both ends of the court, as he adds two more points to the Vikings tally.



Vasili Tsiotos hits a huge 3 pointer for the Vikings.

Shown to the right, double team defense kept the Senators at bay. Zach Bogusz and a teammate make it difficult for the Senators to make a play.

Alex Daigneault had a great game on defense for the Vikings.



Jeremy Matias was outstanding with his outside jump shot.



site.

go

ramics

cal pedicures

cise Class (\$1)

Go Lunch Pick-Up

Line Dancing (\$5)

with Kathleen (\$5)

Game Day / Mahjong

Class with Dawn (\$6)

cise Class (\$1)

Blood Pressure

Gerard

ercise for Arthritis

Go Lunch Pick-Up

with Gerard (\$5)

1:30pm-2:30pm:

Pick Up

Lunch Pick-Up

Additional information

on our activities and pro-

grams can be found in our

monthly newsletter, which

is available at the Senior

Center and on our web-

Thursday, March 2

9:00am-3:00pm; Medi-

9:30am-10:30am: Exer-

12:00pm-12:30pm:

12:45pm-3:00pm: Bin-

Friday, March 3

10:00am-12:00pm: Ce-

10:00am-11:00am:

11:00am: Grab and Go

Monday, March 6

9:30am-10:30am: Yoga

11:00am: Grab Lunch

 $11:30 \,\mathrm{am} - 3:00 \,\mathrm{pm}:$ 

12:30pm-2:30pm: Art

**Tuesday, March 7** 

9:30am-10:30am: Exer-

11:00am-12:00pm:

11:00am-12:00pm: Ex-

11:30am-12:30pm:

12:00pm-12:30pm:

Cre-

Ballroom Dancing with

Lunch-Dine In / Grab and

ative Writing with Gerard

Lunch-Dine In / Grab and

## **Winthrop Senior Center News**

35 Harvard Street, Winthrop, MA 02152 Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m.

Website: town.winthrop.ma.us/council-aging Email: COAReception@town.winthrop.ma.us Phone: 617-846-8538

## Wednesday, March 8

9:30am-10:30am: Yoga with Kathleen (\$5) 11:00am-12:00pm: Zumba with Cindy (\$5) 11:00am: Grab and Go

Lunch Pick-Up 1:00pm-3:00pm: SHINE Counseling

1:15pm-2:45pm: Italian Class

Senior Lunch Program: The Senior Center offers in-person dining on Tuesdays and Thursdays from 12-12:30pm. Grab and Go Lunches are also available for pick up Monday - Friday between 11am and 1pm. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and at the Senior Center. Please note, lunches cannot be held overnight, they must be picked up on the day it was requested.

Senior Van. The Senior Van runs Monday Thursday from 9am-3pm. Reservations are on a first come, first served basis, and can be made by calling the Senior Center. Medical rides will be prioritized. A list of destinations and pricing is available on our website and in our newsletter.

Friends of the Winthrop Council on Aging Restaurant Night at La Siesta (70 Woodside Ave). Wednesday, March 22 starting at 5pm. Enjoy a great meal and support the Friends of WCOA! 10% of all dine-in, take out and bar orders will go to the Friends of the WCOA, a 501(c)3 nonprofit that supports the Senior Center. There will also be a 50/50 and other raffles available from 5-8pm.

Senior Citizen Property Tax Abatement Program. Applications for the 2023 Senior Citizen Property Tax Abatement Program will be available at the Senior Center and on the COA's website, beginning Monday, March 6th. This program allows seniors, aged 60 and older, to volunteer their services in exchange for a reduction in their property tax bill. For more information, and full program requirements, please visit www.town.winthrop. ma.us/council-aging, or stop by the Senior Center. Applications must be returned to the Senior Center by noon on Friday, April 7, 2023.

CAPIC Fuel Assistance. CAPIC will be at the Senior Center to assist in signing up for fuel assistance from 9:30am to 12pm on:

March 15, 2023 April 19, 2023

617-884-6130.

Appointments are on a first come, first served basis. For more information on the Low-Income Home Energy Assistance Program (LIEHAP), go to: www.capicinc.org, or call

Pizza Party. Wednesday, March 15 at 1-3pm Cost \$2.00. Sign up at

the front desk.

Fall Risk Prevention Clinic. Tuesday, March 21 at 11:30am Join Dr. Maegen Brady

De Leo, Physical Therapist from Cummings Physical Therapy for this interactive

And engaging workshop designed to help minimize the risk of falling, as well as information on

modifications that can be made to the home.

## Programming & Activities

A full listing of the Senior Center's programs and activities is available in our newsletter and on our website.

Ballroom Dancing: Ballroom dance is a set of partner dances, which are enjoyed both socially and competitively around the world. We will tackle Waltz, Swing and Rumba, plus Cha Cha, and Foxtrot. This class will be held on Tuesdays from 11:30am-12:30pm.

Blood Pressures: First and third Tuesday of each month from 11:00am to 12:00pm. No appointment needed.

Bowling: Tuesdays at 10:00am at the Winthrop Elks.

Coffee and Conversation. Join us on the third Thursday of each month at 10:30am for an informal chat and some coffee and cookies too.

Computers are available for use Monday-Thursday from 9:00am-3:00pm and Fridays from 9:00am-12:00pm.

Podiatry: Barbara Ull-

## man, RN, a registered nurse, and pedicurist from Seen Your Feet will be at the Senior Center on the first Thursday of each month. Cost: \$20 (or \$25 to have toe and fingernails done). Cash only. Appointment required; to schedule, please call the Senior Center.

Seaside Tappers: The Seaside Tappers meet on Mondays for Tap Classes from 10:30-11:30am, at the Methodist Church. For more information, contact Gail at: 617-763-7311.

SHINE Counseling: Our SHINE Counselor, Charlie Randall, is available to help you with any health insurance questions you have. Charlie will be at the Senior Center on the second Wednesday of the month from 1pm-3pm. Appointments are required; to schedule, please stop by the Senior Center or call us at 617-846-8538.

Technology Class: Volunteers will be available from 10am-12pm on the fourth Tuesday of each month to help you with any tech support you need. Bring your laptops, smartphones, or tablets, along with your questions. To register, call the Senior Center.

## **Upcoming Trips**

Flyers, with additional trip information, are available at the Senior Center.

Wednesday, March 8, 2023: Celebrate Saint Patrick's Day with Emmet Cahill at Danversport Yacht Club

Cost: \$89 (drive on your own) or \$119 (with

#### transportation)

Provider: Best of Times Travel

Make checks payable to: Friends of WCOA

Meal choice: Corned Beef & Cabbage or Baked Schrod

Sunday, April 30, 2023: Lunch & Show at the Newport Playhouse

Provider: All Around New England Cost: \$127

Make checks payable to: Friends of WCOA

Saturday, May 20, 2023: Lobster Roll Cruise (trip full; wait list only)

Provider: All Around New England Cost: \$114

Make checks payable to: Friends of WCOA

Meal choice: Lobster Roll, Roast Beef Rollup, Vegetarian Rollup, or Chicken Caesar Salad

Wednesday, June 21, **2023**: The Texas Tenors at Danversport Yacht Club

Provider: Best of Times Travel

Cost: \$89 (drive on your own) or \$119 (with transportation)

Make checks payable to: Friends of WCOA

Meal choice: Stuffed Breast of Chicken or Baked Scrod

Thursday, August 10, 2023: Corvettes Doo Wop Revue and traditional Maine Lobsterbake at Fosters Lobsterbake in York ,Me.

Provider: Best of Times Travel

Cost: \$119.00

Make checks payable to: Friends of WCOA

Meal Choice: Whole broiled 1 ¼ lb. or ½ BBO Chicken

## LOCAL STUDENTS EARN Academic Honors

LOCAL STUDENTS WHO MADE THE

2022 semester. In order to qualify, an Ari Hain

Olivia Michelle Driscoll undergraduate student Jillian Karen Johnson Grace Kamba Ryan Louis Kfoury Christina Deborah MacLean Natalia Hart McDonald Anomu Meggison Oghanranewode Meggison Alexia Maria Piazza

Isabella Sarah Quilty Christopher Honan Rodriguez

## Sports Years // CONTINUED FROM PAGE 8

basketball team opened inating performance in the its play in the Division 3 North Sectional last night (Wednesday), hosting Weston of the Dual County League. The Lady Vikings, who finished at 16-6 on the year, are seeded fifth in the North, while Weston is seeded 12th with a 10-10 mark. WHS head coach Ignacio Oyola expected a tough battle with Weston, which plays in the Dual County League and, like Winthrop, is a small school that plays a lot of higher-division teams throughout the year. The Winthrop Lady Bulldog girls hockey team dropped a 2-1 decision to Andover in a preliminary round contest of the Division 1 girls state hockey tournament Monday evening at Larsen Rink. The Lady Bulldogs were seeded 16th in the tourney with a 9-5-4 record, while Andover was the 17th seed with an 11-7-2 record. All of the goals were scored in the second period. Andover got on the board first early in the frame, but Ariana Dembro knotted matters for Winthrop just 1:30 later. Andover scored what would prove to be the game-winner later in the stanza. Winthrop eighth grade goalie Gretchen Howard turned in a stellar performance in the net, turning aside an official 42 shots on goal.

The Winthrop High girls game in hand with a domsecond period in which they

## UMASS AMHERST FALL 2022 DEAN'S LIST

Below is a list of local students who were named to the dean's list at the University of Massachusetts Amherst for the fall

must receive a 3.5 gradepoint average or better on a four-point scale. Ava Joan Bertino Ryan Patrick Carney Camden Joseph Conway Sage Olivia D'Amelio Colby Charles Dassau

Matthew Conway Rudser Fatma Tufa Gabriella Vecchio Jared John Vecchio Michael Joseph Vecchio



Call (781) 485-0588 or email your advertising rep to get started

## 20 years ago March 6, 2003

The Winthrop High hockey team saw its season come to a sudden end with a 4-3 upset loss to Lynnfield in the first round of the state hockey tournament. The Vikings appeared to have the

outshot Lynnfield 12-2 and took a 2-1 lead. However, Lynnfield struck for two goals in the third period and led 3-2 until WHS freshman Evan O'Brien scored the equalizer with 1:16 to play. The contest appeared headed to overtime, but Lynnfield notched the game winner with 15 seconds left in the game. Andrew Brugman and Frank LeClair scored the other goals for Winthrop.

#### 30 years ago March 11, 1993

The entire town is buzzing about the Winthrop High girls basketball team which now stands at 25-0 after capturing the Eastern Mass. Division 3 championship. The Lady Vikings now will go to the Worcester Centrum to take on Western Mass. champ Lee for the state crown. Winthrop defeated Hopkinton 54-46, in the Boston Garden for the EMass title, paced by Liz Doherty, who scored 21 points, and Lori Thomas, who netted 13 points. Guard Krissy Indresano accounted for eight steals and hit for eight points. Senior Kathleen Sullivan made the biggest hoop of the game when she cut to the basket and received a backdoor pass from Joanna Saggese to put Winthrop up by five points after Hopkington had mounted a comeback that had sliced the Winthrop lead to 47-44 with 1:36 to play. The Lady Vikings had advanced to the Garden with a 61-34 win over Notre Dame of Tyngsboro in the Division 3 North final.

## Years // CONTINUED FROM PAGE 5

#### 90 years ago March 11, 1933

Incumbent John J. Murray topped the voting for the Board of Selectmen with 4099 votes. He will be joined by newcomers Leonard Atkinson, who was next with 3182 votes, and William H. Walsh with 2884 votes. Incumbents Gordon Fullerton and Preston Churchill did not seek re-election.

The First Church of Winthrop Methodist Episcopal held its annual meeting in its handsome edifice on Winthrop Street Friday. The financial condition of the church was found to be most satisfactory and the pastor, Rev. C. Oscar Ford, was invited to remain for a ninth year.

#### 100 years ago March 9, 1923

Mrs. Jessie Leonard, editor of the Winthrop Sun, failed in her effort to become the first woman to be elected to the Board of Selectmen in Monday's annual town election. Leonard finished fourth among the four candidates vying for the three seats, receiving 1332 votes, but was just 133 votes shy of the third seat on the board behind Nelson Floyd. Joshua Remby and Harry Wright were the other two candidates elected to the board. Leonard wrote in the Sun, which is owned by her husband, that although she was defeated in her first attempt for public office, she will continue pursuing the idea of a town manager for Winthrop. She said she also will continue her investigations into whether the town can give out certain contracts for more than a one-year period. Leonard also criticized the 60 per cent of voters who stayed at home which, she wrote, "Only goes to show that the final results are not democratic."

An editorial in the Sun about the recent election states, "There is but one political center in this town of 16,000 people. Let the thinkers in this town of p.m The contests for selectmen and School Committee overshadowed everything else. Selectman Walter Thayer, who was defeated for re-election by 24 votes, will seek a recount. After an absence of several years from the board, Winthrop Magee and James S. Carr will be returning as selectmen to join Joseph Barry. Mrs. Miriam Watts received a fine vote for School Committee in defeating Dr. O.E. Johnson and will become the first woman to serve on the School Committee in many years. Of the 2632 men eligible to vote, 1601 turned out to vote. Of the 521 women eligible to vote for School Committee, 277 voted. In 1882, Mrs. Judith C. Tewksbury was elected to the School Committee and was re-elected in 1885.

Winthrop voters once again handily defeated the liquor license question, 1102-213.

One of the best social events of the season was the recent Commodore's Ball at the Cottage Park Yacht club. The hall was filled to capacity with women beautifully gowned and their escorts in their evening dress. Dancing continued until after midnight.

#### 120 years ago March 7, 1903

The most exciting election in the history of our town is over and the announcements of the victors at 7:00 p.m. carried joy to some and sorrow to others. Winthrop Magee topped the selectman's contest with 688 votes, followed by Ahrend C.J. Pope with 624 votes and John R. Neal with 595. Of the 1402 registered male voters, 1106 cast votes. In addition, 87 women voted in the School Committee contest.

The Winthrop Band will give its annual concert Friday evening in Wadsworth Hall, Winthrop Centre. The band members are in fine trim and they have engaged some excellent artists to assist them. A 29 year-old local man was arrested Monday evening for an alleged snatch thieving. The victim was a traveling man who is lodging at the American House on Hanover Street in Boston. The victim was standing in front of his hotel when two men pushed him, went through his pockets, and grabbed cash and a gold watch. As the Winthrop thief made good his escape, his accomplice blocked the victim from pursuing him. However, police were nearby and rounded up both thieves. It is said about the Winthrop man that he is a hard drinker which is responsible for his downfall. He is being held on \$500 bail while awaiting action by the grand jury.

## Patricia Ann McGee

She had many talents and interests in her long life

Patricia Ann McGee of Winthrop passed away peacefully on February 24th at the age of 94. Born in Somerville and educated at St Mary's High School, she moved to Point Shirley in Winthrop after World War II with her parents, Charles and Helen Beattie and her five siblings. She always loved living on "The Point" and resided there for the next 80 years.

Pat was the devoted wife to the late Arthur J McGee and sister to Norma Gobiel (and her late husband, Jim), Brenda Bertino (and her husband, Joe), the late Gina Cerulli (and her late husband, Fred), and the late Charles Beattie, all from Winthrop and Joan Pitts of California.

Her beloved children: Paul McGee and his partner, Rosemary MacDonald of Winthrop, Trisha McGee Diaz and her partner, Paul O'Sullivan of Winthrop, Kevin McGee and his wife, Joanne of Derry, NH and John Mc-Gee and his wife, Joan Durkee of Newton survive her.

She was the grandmother to Marissa Eruzione (and her husband Paul), Robert "Bo" Diaz, Michael Diaz of Winthrop, Max McGee and his partner, Molly Ann of Middletown, CT and Caitlin McGee (and her husband, Patrick Woodall) of Los Angeles, CA. She became a recent great grandmother to Juniper McGee Woodall of Los Angeles.

Pat had numerous interests and professions in her long life. She was a local real estate broker for 40 years in Winthrop, a church soloist at the Holy Rosary Church in Point Shirley and a long time board member of the Winthrop Chamber of Commerce. Pat was a dedicated Winthrop Playmakers Theatre member for 60 years as president, director, producer of numerous musical review fundraisers and a performer. Her lovely soprano voice was heard in many successful productions and favorite roles were Marion in "The Music Man," Fiona in "Brigadoon" and Guinevere in "Camelot." She took enormous pleasure every summer leading the Point Shirley 4th of July parade and kicked off the day's festivities by singing the Star Spangled Banner. Coach Pat McGee began her career first as a volunteer and next as an assistant track coach at WHS in 1974. When the head-coaching position became available in 1981 she proudly landed the job coaching boys cross-country, indoor and spring track, making her the first woman in Massachusetts to coach a boy's high school team. She encouraged all students



to join her teams, asking only for a positive attitude and hard work both on the track and in the classroom.

Named Coach of the Year nine times in 36 years, she won 14 NEC championships, 14 conference championships, 5 class D state relay championships, and 3 state track championships. She is a member of the Winthrop High School Hall of Fame, received Winthrop Chamber of Commerce service awards and was one of the first women to be inducted into the Massachusetts Track Coach Hall of Fame. In recognition of her accomplishments the new track at WHS was named the Patricia "Pat" McGee Track in her honor.

Family and friends are cordially invited to attend the visitation from the Caggiano-O'Maley-Frazier Funeral Home, Winthrop today, Thursday March 2 from 4 to 8 p.m. The funeral will be conducted on Friday, March 3 from the funeral home at 9 a.m. followed by a Funeral Mass in St. John the Evangelist Church, 320 Winthrop St., Winthrop at 10 a.m. Services will conclude with the internment in the Cross St. section of Winthrop Cemetery.

In lieu of flowers please consider a donation to the Viking Pride Foundation www.vikingpride.org at or to Winthrop Charities at www.winthropcharities. org. in her name.

Patricia's spirit will live on through the memories she created with her family, friends, community and the student athletes she supported all her life.

## Michael Angelo Conti

He had a tremendous work ethic and was incredibly likable

Michael Angelo Conti, 70, of Winthrop, passed away on February 26 after a two-year battle with cancer.

**OBITUARIES** 

Mike was born on January 20, 1953 to Mildred and Frank Conti in Boston. After graduating from Winthrop High School in 1971 where he was affectionately known as "Hubby" by his classmates, Mike went on to Mass Maritime before entering the workforce.

Mike had a tremendous work ethic and was incredibly likable. His smile was infectious. He was an entrepreneur who owned his own liquor store and car detailing business. Mike was loyal and honest.

He believed that being nice was easy, so why be anything else?

Mike loved bringing his family and friends together through boating and trips to Cape Cod, creating a lifetime of memories. Mike was the life of the party and a light in the lives of those around him. He was a lifetime member of the Winthrop Yacht Club and Winthrop Lodge of Elks.

Mike is survived by his wife, Ellen (Streeter) Conti, his daughter, Andrea (Conti) Schwartz, her husband, Scott, and their son, Cole - as well as his son, Michael Angelo Jr. and his wife, Brittany. A true family man, Mike's memory lives on with his brothers-in-law, Greg, Kenny and Michael Streeter, their families, and his many nieces and nephews.

In addition to his parents, Mike was predeceased by his parents-inlaw, Betty and Irv Streeter, as well as his siblings:

## עווחו ח'פ

Agatha Schultz, Charles Conti, Rose MacDonald and Frank Conti.

Visiting hours will be held in St. Michael the Archangel Parish (St. John the Evangelist Church) 320 Winthrop St., Winthrop on Saturday, March 4 from 9 to 11:30 a.m. followed by a Funeral Mass beginning at 11:30 a.m. Interment will be private.

At the family's request, please omit flowers. If you wish to make a donation in Mike's memory, please consider St. Jude Children's Research Hospital (stjude.org) or Kaplan Family Hospice House (caredimensions.org/support-our-mission).

Funeral arrangements from the Maurice W. Kirby Funeral Home, 210 Winthrop St., Winthrop. To sign Michael's guestbook, please visit: www. mauricekirbyfh.com.

#### **TORF FUNERAL SERVICE**

Pre-need planning with our price protection guarantee. Arrangements made at our facility or in the comfort of your own home 4 generations of the Torf Tradition: Deborah Torf Golden Amy Torf Golden Hyman J. Torf (1903-2000) M.L. Torf (1867-1940)

(617) 889-2900 (800)428-7161 www.torffuneralservice.com

71 years decide who will attack the machine and dethrone the dictator unless, like the oxen, they are used to the yoke and patiently endure or enjoy the goad." The editorial refers to Mrs. Leonard not as the "defeated candidate," but as the "deferred candidate."

Cogswell and Tewksbury Service Station, 16 Woodside Ave., advertises a new device called the Turn Auto, which rotates your car 45 degrees so that a mechanic underneath can check the auto for proper lubrication and wear and tear.

#### 110 years ago March 8, 1913

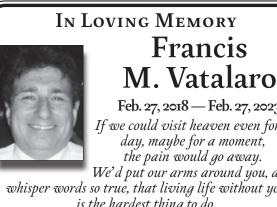
Monday's town election was one of the quietest in many years. The polls opened promptly at 6:00 a.m. and closed at 6:00





Along the path of memories, we walk with you each day. Just how much we miss you, no words could ever say.

Lovingly remembered and sadly missed, Shawna, Chris, Mom & Marty



## IN LOVING MEMORY Francis

Feb. 27, 2018 — Feb. 27, 2023 If we could visit heaven even for a day, maybe for a moment, the pain would go away. We'd put our arms around you, and whisper words so true, that living life without you is the hardest thing to do. No matter how we'd spend our days, no matter what we do, no morning dawns or evening falls, when we don't think of you.

Love the Vatalaro Family



781-322-4068

Vuolo's has a room and menu to suit your needs for personal gatherings and larger family or group events.



## All types of services for all types of people.

Some people prefer traditional funeral services. Others prefer cremation. Some want an elaborate ceremony. Then there are others who don't want any ceremony at all. When it comes to funerals, there are as many options as there are people. And we take pride in being able to say we offer them all.

aggiano FUNERAL HOM

147 Winthrop Street • Winthrop, Massachusetts 02152 (617) 846-8700 www.CaggianoFuneralHome.com. www.CremationsbyCaggianoFH.com

To place a memoriam in the Winthrop Sun Transcript, Call 781-485-0588





## FUNERAL HOME, INC.

- COMPARE OUR PRE-ARRANGED FUNERAL PLANS
- SPACIOUS PARKING AREA
- SERVING ALL FAITHS

CALL FOR MORE INFORMATION

(617) 846-0909 210 WINTHROP ST., WINTHROP WWW.MAURICEKIRBYFH.COM

LEGAL NOTICES

#### **LEGAL NOTICE** NOTICE OF

all unpaid taxes, tax

titles, tax liens, water

MORTGAGEE'S SALE OF REAL ESTATE By virtue and in execution of the Power of Sale contained in a certain mortgage given by Cara M. Gilmore to JPMorgan Chase Bank, N.A., dated January 20, 2010 and recorded in the Suffolk **County Registry of Deeds** in Book 46033, Page 134, of which mortgage the undersigned is the present holder, by assignment from: JPMorgan Chase Bank, National Association to NewRez LLC F/K/A New Penn Financial, LLC D/B/A Shellpoint Mortgage Servicing, recorded on May 20, 2022, in Book No. 67673, at Page 3 for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 5:00 PM on March 20, 2023, on the mortgaged premises located at 15 Ocean Avenue, Unit 105, Chase Condominium, Winthrop, Suffolk County, Massachusetts, all and singular the premises described in said mortgage, TO WIT: ALL THAT CERTAIN CON-DOMINIUM IN TOWNSHIP OF WINTHROP, SUFFOLK COUNTY, COMMON-WEALTH OF MASSACHU SETTS, DESCRIBED AS FOLLOWS: BEING SHOWN AS UNIT 105 OF THE CHASE CONDOMINIUM CREATED BY MASTER DEED FILED 08/16/1988 IN BOOK 14949 PAGE 178 AS AMENDED. ALSO INCLUDED IS PARKING SPACE NO. 10. For mortgagor's(s') title see deed recorded with Suffolk County Registry of Deeds in Book 29376, Page 78. These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way,

restrictions, easements,

in the nature of liens,

improvements, public

assessments, any and

covenants, liens or claims

and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements improvements, liens or encumbrances is made in the deed. TERMS OF SALE: A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication. Other terms, if any, to be announced at the sale. NEWREZ LLC, F/K/A NEW PENN FINANCIAL LLC, D/B/A SHELLPOINT MORTGAGE SERVICING Present holder of said mortgage By its Attorneys HARMON LAW OFFICES, 150 California St. Newton, MA 02458 (617)558-0500 22479 2/16/23, 2/23/23, 3/2/23

<u>LEGAL NOTICE</u> MORTGAGEE'S

P.C.

NOTICE OF SALE OF REAL ESTATE By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Eduardo N. Del Castillo to Mortgage Electronic Registration Systems, Inc., as nominee for Accredited Home Lenders, Inc., its successors and assigns, dated March 27, 2007 and recorded with the Suffolk County Registry of Deeds at Book 41564, Page 1, subsequently assigned to Deutsche Bank National Trust Company, as Trustee for the holders of Morgan Stanley Asset-Backed Certificates, Series 2007-1 by Mortgage Electronic Registration Systems, Inc., as nominee for Accredited Home Lenders, Inc., its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 45024, Page 245. subsequently assigned to Deutsche Bank National Trust Company, as Trustee for Morgan Stanley Structured Trust I 2007-1 Asset-Backed Certificates, 2007-1 by Deutsche Bank National Trust Company, as Trustee for the holders of Morgan Stanley Asset-Backed Certificates, Series 2007-1 by assignment recorded in said Suffolk County Registry of Deeds at Book 67940, Page 105 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 12:00 PM on March 23, 2023 at 33 Tewksbury Street, Winthrop, MA, all and singular the premises described in said Mortgage, to wit: A certain parcel of

land with the buildings or structures now or hereafter standing or placed thereon comprising part of Lot 90, on a plan by Whitman and Breck, Surveyors, dated August 1878, recorded with Suffolk at the end of Book 1437, bounded and described as follows: Beginning on a point on the Southerly side of Tewsksbury Street at the dividing lien between Lots 89 and 90 on said plan; thence running WESTERLY: on said Street, thirty-nine (39) feet to a point which is sixteen feet Easterly from dividing lien between entitled only to a return Lots 90 and 91 on said plan; thence running SOUTHERLY: by a line parallel with and sixteen feet Easterly from said dividing line between Lots 90 and 91, one hundred (100) feet, thence turning and running EASTERLY: at right angles on Lot 97 on said plan, thirty-nine (39) feet to said dividing line between Lots 89 and 90; thence turning at right angles and running NORTHERLY: by said last named line, one hundred (100) feet to point of beginning For grantor's title see deed recorded with the Suffolk Registry of Deeds Deed Recorded herewith The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession. and attorney's fees and costs TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be

of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE. Other terms, if any, to be announced at the sale. Deutsche Bank National Trust Company, as Trustee for Morgan Stanley Structured Trust I 2007-1 Asset-Backed Certificates, 2007-1 Present Holder of said Mortgage, By Its Attorneys, 21-002410/189/NO-TOP\_DR ORLANS PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 21-002410 3/2/23, 3/9/23,

3/16/23 <u>LEGAL NOTICE</u> ADVERTISEMENT TO BID The Winthrop Housing Authority, the Awarding Authority, invites sealed bids from Contractors for the Curb and Street Repair in Winthrop, Massachusetts, in accordance with the documents prepared by BSC Group. The Project consists of: The removal and replacement of asphalt driveway areas, curbing, asphalt sidewalks, accessible curb ramps and other associated site improvements. The work is estimated to cost \$322,000. Bids are subject to M.G.L. c.30ss39 & to minimum wage rates as required by M.G.L. c.149 ss26 to 27H inclusive. THIS PROJECT IS BEING

**ELECTRONICALLY BID AND** HARD COPY BIDS WILL NOT BE ACCEPTED. Please review the instructions in the bid documents on how to register as an electronic bidder. The bids are to be prepared and submitted at www. biddocsonline.com. Tutorials and instructions on how to complete the electronic bid documents are available online. General Bids will be received until 10:00 AM on Thursday, 30 March 2023 and publicly opened online, forthwith. All Bids should be submitted online at www biddocsonline.com and received no later than the date and time specified above. General bids shall be accompanied by a bid deposit that is not less than five (5%) of the greatest possible bid amount (considering all alternates) and made payable to the Winthrop

Housing Authority. **Bid Forms and Contract** Documents will be available for pick-up at www. biddocsonline.com (may be viewed electronically and hardcopy requested) or at Nashoba Blue, Inc. at 433 Main Street, Hudson, MA 01749 (978-568-1167). There is a plan deposit of \$50.00 per set (maximum of 2 sets) payable to BidDocs ONLINE Inc. Plan deposits may be electronically paid or by c heck. This deposit will be refunded for up to two sets for general bidders and for one set for sub-bidders upon return of the sets in good condition within thirty (30) days of receipt of general bids. Otherwise the deposit shall be the property of the Awarding Authority. Additional sets may be purchased for \$50.00. **Bidders requesting** 

Contract Documents to be mailed to them shall include a separate check for \$40.00 per set for UPS Ground (or \$65.00 per set for UPS overnight), non-refundable, payable to the BIdDocs ONLINE Inc., to cover mail handling costs. **Contract Documents** maybe seen, but not removed at: Nashoba Blue, Inc. 433 Main St., Hudson, MA 01749 (978)568-1167 and Winthrop Housing Authority, 9 Golden Drive, Winthrop, MA 02152 (617)846-7100 PRE-BID CONFERENCE/ SITE VISIT: Date and Time: Tuesday, 14 March 2023 at 10:00 AM Address: 9 Golden Drive, Winthrop WHA Executive Director:

Peg Tiernan Lyons 3/2/23, 3/9/23

## **DO YOU NEED TO RUN A LEGAL NOTICE?** DON'T FORGET TO CHECK WITH THE COURTS **TO SEE IF YOU QUALIFY FOR A FEE WAIVER**



Winthrop's Professional Service Directory

**CLEANING SERVICES** 

CONTRACTOR

ELECTRICIAN

HANDYMAN

DISPOSAL



## WHS VIKING VARSITY HOCKEY SENIOR NIGHT



Senior Colin Banfield with his parents, Nancy and Michael and his family.



Senior Asst. Captain Nate Evangelista with his parents, Katie and Joseph and his family.



Senior Nico Babine with his parents, Stephen and Mariana, and brother Thomas.

Last week the WHS Vi- for their valuable contriking Boys Hockey Team butions to the team and recognized their seniors their dedication to the Vi-

king program.

Senior Captain Jack Hayes with his parents, Steph and John, cousin Billy and family.



Senior Asst. Captain Rob Noonan with his parents, Rob and Megan, and brothers Matt and Michael.



The WHS Viking Stick Boys at Larsen Rink, Joseph Pumphret, Dominic Spinelli, Mike D'Angelo, Nathan Previte and Charlie Ferrara.

## **NEWS FROM** AROUND THE REGION

## **INPUT FROM** RESIDENTS SOUGHT

CHELSEA - Chelsea City Councilors have stressed the importance of community input when it comes to hiring a new City Manager.

The council has two current initiatives to gather public input for the search process.

On Tuesday, Feb. 28, Chelsea residents went to a council subcommittee meeting beginnin at City Hall to provide input on the search for a new City Manager. Residents will have two minutes to speak to the council. For residents who are unable to attend the meeting, there is an online form available on the city's website at www. chelseama.gov. The deadline to complete that form is Friday, March 3. The form includes questions about challenges facing the city and that will face the new city manager, as well as the characteristics, training, and experience residents would like to see in a new manager. The form is in English and Spanish. Earlier this month, the City Council officially voted to make Deputy City Manager Ned Keefe the interim manager as the search process gets underway. District 8 Councilor Calvin Brown has said that Keefe's experience in the city will allow him to focus on a lot of projects over the next six months that are already underway, and that having the deputy city manager in place will help make the transition to a new city manager easier when the time comes. Earlier this year, the council also approved hiring the Edward J. Collins, Jr. Center for Public Management to consult and assist with the City Manager search process. The Collins Center is based out of UMass-Boston, and helps municipalities with a number of local government efforts, including recruiting.

Late last year, former City Manager Thomas Ambrosino left his position after more than seven years to take a new position as the Court Administrator of the Trial Court for Massachusetts.

## **OVER 1,000 FAMILIES RECEIVE** ASSISTANCE

EAST BOSTON - The Residential Assistance

## THE DANDEE DONUT FACTORY HOLDS GRAND OPENING CELEBRATION



crease. In FY22, 6,548 households received assistance, compared to 3,289 in FY21 and 554 in FY20.

"COVID-19 has impacted all of us in so many ways, but none as severe as families with low incomes not being able to pay your rent or mortgage while facing eviction or foreclosure," said Chris Norris, Executive Director of Metro Housing-Boston. "RAFT has been a lifeline for thousands of households over the years, and its importance during the pandemic cannot be overstated. However, until more permanent, viable solutions are identified and implemented, a safety net for those most at risk of homelessness needs to be dependably and heavily funded. The data in this report shows the need for a more sustainable solution, from additional rental assistance vouchers and the production of below-market-rate housing to the critical shortage of affordable housing in the metro Boston area.

for Families in Transition (RAFT) program, a homelessness prevention program funded by the Department of Housing and Community Development (DHCD), provided a lifeline for 18,317 families in the region, providing more than \$162 million in assistance during FY22.

By comparison, FY21 saw 10,251 households receive a total of \$63 million in assistance.

In East Boston, 1,062 households received more than \$11.2 million in emergency housing assistance, accounting for 15.4 percent of all households that received assistance in Boston. In comparison, 650 East Boston households received \$4.7 million in emergency rental assistance in FY21.

Metro HousinglBoston has documented the effectiveness of RAFT since 2013. This year's report continues this examination of the impact of the pandemic through the infusion of state and federal funds, the expansion of eligibility to access those funds, the streamlining of the application process, and quicker release of dollars. These changes resulted in a complete shift in Metro Housing's housing payment assistance programs, requiring greater flexibility and increased staff capacity.

Partnerships with community-based organizations provided another valuable way to assist more families in Metro Housing's region in FY22.



The Dandee Donut Factory held a ribbon-cutting ceremony to celebrate the new business located at 1141 Revere Beach Parkway. The Dandee Donut Factory serves more than 50 varieties of delicious, old-fashioned donuts. It also has a menu of homemade breakfasts, lunches, and dinners. There is a drive-thru window.

Participating in the ribbon-cutting ceremony for The Dandee Donut Factory Tuesday morning are, from left, Brand Manager Charles Crowley, Vice President of Operations Dave Pilarski, Regional School Committee member Anthony Caggiano, Ward 2 Councillor Ira Novoselsky, General Manager David Ferrara, Mayor Brian Arrigo, and Rep. Jessica Giannino.

Partnerships with the Action for Boston Community Development, Asian Community Development Corporation,

East Boston Neighborhood Health Center, The Neighborhood Develop-(TND)/CONNECT, ers WATCH, and Vietnamese American Initiative for Development (VietAID) provided not only venues for getting the word out about available assistance, but also provided places for people to complete applications and get assistance with language barrier issues.

"The pandemic hit TND's communities of Chelsea and Revere hard," says Rafael Mares, Executive Director of TND (The Neighborhood Developers). "Our close, pre-existing partnership with Metro Housing became the bedrock of our response.

With their support, our team took on the responsibility to assist tenants in filling out rental assistance applications, Metro Housing staff trained our team, and jointly we developed systems for working together."

Key Findings from RAFT/EHPA in Review FY2022:

Rental arrears remained the largest category for assistance. In FY22, \$80 million was awarded for arrears, the largest amount ever.

Total rental stipend assistance increased to 42 percent of all EHPA assistance, totaling more than \$67 million. In FY21, it represented only 22 percent of assistance.

The average housing assistance benefit increased from \$6,167 in FY21 to \$8,870 in FY22.

Mortgage assistance in

FY22 totaled \$1.8 million, a decrease from the \$2.5 million in FY21.

The total number of Black/African American households helped in FY22 jumped to almost 8,000, a seven-fold increase over FY20.

In FY22, 1,121 Asian households, or 6% of the total - received assistance. In FY20, 21 Asian households, or 1% of the total – were assisted.

The number of Hispanic/Latino households receiving assistance continues to see a sharp in-

## **DiDOMENICO ST.** PATRICK'S PARTY **ALMOST HERE**

EVERETT - Sen. Sal DiDomenico and his wife, Tricia DiDonemico, president of the DiDomenico Foundation, will host the

See REGION Page 14



**FRESH** & **LOCAL** 

**Nacho World Tour** 

## By Penny & Ed Cherubino

Often, a food adventure begins when leftbecome second overs acts. Our non-traditional nacho world tour started with a container of roasted root vegetables, leftover braised beef, and some black beans.

Penny spread tortilla chips on a sheet pan; added pieces of roasted carrot, onion, potato, rutabaga, and squash; sprinkled a layer of grated cheese; dotted it with black beans; and topped that with shredded braised beef. After a few minutes under a hot broiler, she added cherry tomatoes and scallions. She served it with sour cream and lime wedges on the side.

**Recipe Development** Research The following day, we began tossing ideas around for recipes. We discussed everything from Chinese nachos with char siu (bbq pork) and hoisin sauce to Polish nachos with kielbasa and horseradish.

Now in research mode, we borrowed a copy of



Our non-traditional nacho world tour started with a container of roasted root vegetables, braised beef, and some black beans.

#### Dan Whalen's "Nachos for Dinner" from the library. We soon learned to enjoy his system for taking foods you love and turning those flavors into nachos. Whalen starts with a chapter on building blocks. You'll find recipes for nacho-friendly sauces, salsas, guacamoles, beans, vegetables, and proteins. For most of these, he adds a few ways to use that in-

gredient in nachos. He follows with chapters for turning popular soups, salads, appetizers, sandwiches, tacos, comfort foods, brunch, and snack items into trays of nachos. We've bookmarked his recipes for Chicken Larb, Banh Mi, Chicken Parm, and Italian Sub Nachos. Whalen even invented an array of dessert nachos. We can't wait to try the S'mores, Apple Pie, and Strawberry Shortcake nacho recipes.

#### **Your Nachos**

From what we learned, the dish was named for Ignacio Anaya, the inventor, whose nickname was "Na-

cho." The snack he created for a favorite customer in 1940 was fried tortilla triangles with shredded Colby cheese, heated and topped with pickled jalapeños. He was working with what he had- something crispy, cheesy, and spicy. We honor his creativity by using his formula with any ingredients that fit the role.

You can replace tortilla chips with any base layer that will work with your theme and be easy to pick up. We like toasted naan for Indian nachos. Whalen uses pie crust triangles for his Apple Pie nachos.

#### Nacho Tips

We suggest following the best tip we took from "Nachos for Dinner." Whalen wrote, "... sometimes it is better to reserve the toppings on the side for dipping. This keeps the chips crispy and the nachos themselves less messy, and it lets the eaters decide how much salsa, sour cream, or other cold topping they want."

Enjoy the fact that Na-

chos are casual food. Go ahead and serve them right on the baking sheet. This can be a perfect time to use smaller 1/4 or 1/8 size sheet pans for individual servings. And line your pan with parchment paper or foil for fast cleanup.

Another favorite tip from the book was, "Spread them out so that every chip has at least 50 percent of its surface area exposed to the pan's surface."

Finally, many of us first tasted Nachos in a favorite pub. These were likely to be a big pile of "loaded nachos" that became soggy long before the plate was empty. Try for a more straightforward array of ingredients with cold toppings on the side. You may find that you prefer your clean and crispy homemade nachos better than the pile from the pub.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

## Region // CONTINUED FROM PAGE 13

Foundation's annual St. Patrick's Day Dinner on Thursday, March 9 at the Knights of Columbus in Charlestown.

The event has traditionally kicked off the season for the Irish holiday celebrations in Massachusetts.

Sen. DiDomenico's roast-style party has always drawn a "who's who" of political leaders in Massachusetts, and this year is no exception.

The Massachusetts Senate's popular and charismatic assistant majority leader, DiDomenico said that Gov. Maura Healey, Lt. Gov. Kim Driscoll, Boston Mayor Michelle Wu, Attorney General Andrea Campbell, Senate President Karen Spilka, State Auditor

Gabriela Coletta, Suffolk County DA Kevin Hayden, and Middlesex County DA Marian Ryan will be a part of the speaking program.

Well-known Boston radio personality Hank Morse will make an appearance at the event. DiDomenico will serve as master of ceremonies.

The Platters, a legendary vocal group, will provide the musical entertainment. A well-known comedian will also perform at the event.

"We expect 75 state and local officials to attend," said DiDomenico. "We'll be serving a delicious, corned beef and cabbage dinner. This is our ninth year and it's always a fun event that attracts a large per person, or \$300 for a is being represented by

table of ten, can be purchased by calling 617-387-3327, or by emailing the DiDomenico Foundation at ttankevich@hotmail.com.

## WONDERLAND **OWNERS FILE SUIT OVER EMINENT** DOMAIN TAKING

**REVERE** - The owners of the Wonderland property have filed a lawsuit against the city over the taking of the 33-plus acre property by eminent domain.

CBW Lending, LLC vs. City of Revere was filed in Suffolk Superior Court on Friday, Feb. 17.

CBW Lending, a group that includes local businessman Joe O'Donnell Flynn. "We feel that we Dinner tickets, at \$35 and Vornado Realty Trust, have been grossly under-

attorneys Peter Flynn and Jason Scopa of the Saugus-based Law Offices of Peter Flynn, which specializes in eminent domain cases.

Last November, the City Council approved a \$29.5 million bond to purchase the property, which consists of 12 individual lots, for use as the home of the new Revere High School.

Flynn said the current landowners are not contesting the validity of the taking itself, but the price that was approved to pay for the property.

"Our complaint against the city of Revere so far is just a complaint seeking additional damages over the original award," said paid."

The official date listed for damages in the case is Nov. 18, which Flynn said is the date for which everyone involved in the case has to value the property.

"That's the date the city recorded the order of taking, because they voted it on (Nov.) 17," said Flynn.

While Flynn's firm has handled a number of high-profile eminent domain cases in the region and throughout the state, Flynn said the Wonderland case could be the biggest one yet.

"This case represents potentially the largest eminent domain case in the history of the state," said Flynn.

The taking price is well

building on the current high school site.

Councilors Anthony Zambuto and Dan Rizzo have been among those who have cautioned on taking the property off the table for future private development, while Mayor Brian Arrigo has noted that the land has sat empty with no viable development offers for the land.

At a ways and means subcommittee meeting on Feb. 13, Brian Dakin of project manager LeftField estimated that going back to the current site would have a price tag of \$525 million.

On Monday, Feb. 27, the council is being asked to forward a schematic plan to the Massachusetts School Building Authority with an estimated cost of \$470 million, with a cost to the city of \$290 million after the MSBA loan. That estimate does not include the acquisition costs for the Wonderland site. "I think we were all prepared for some form of legal posturing during this land taking," said Council President Patrick Keefe. "It's not uncommon (and) not unexpected." Flynn said he has a good relationship with the legal counsel representing the city, and said everyone will be wondering if there is some imaginative way the city and the landowners can resolve the issue.

Diana DiZoglio, Sen. Lydia crowd." Edwards, Rep. Dan Ryan, Boston City Councilor

WWW.BOBSAUTOBODY.COM

**Conveniently located On The Blue Line** 

 PICK-UP & DELIVERY SAFE DEPENDABLE QUALITY REPAIRS with a lifetime Guarantee

## Licensed • Bonded • Insured

Registered by the Commonwealth of Massachusetts Reg. #3053

## 1456 NORTH SHORE RD., REVERE • 781-289-1300

#### below what other market indicators have indicated the property could be worth, Flynn said.

"If you were to say to me, what's the low, what's the high?, it would run anywhere from \$50, \$60 (million) to \$120 million," said Flynn.

The potential for a lawsuit and for the city 's cost of the land taking going past the initial \$29.5 million that was approved for bonding has been a concern raised by several city councillors.

In the recent debate over the price tag of the project itself, several councillors have requested that the city look at the costs for



