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# WINTHROP

SUN TRANSCRIPT

EST. IN 1882

50 CENTS

THURSDAY,  
January 27, 2022

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## INDEPENDENT



Newspaper Group

## NEWS Briefs

### VOTERS SAY YES TO NEW METRO TECH VOCATIONAL SCHOOL

Superintendent David DiBarri, on behalf of the Northeast Metropolitan Vocational Technical School Committee, releases the following statement:

"We are deeply grateful to the voters in our 12 sending communities for their participation in Tuesday's vote, their collective support of a new school building, and for securing a vision for a 21st-century career technical education that will position our students for success after graduation.

"Input from the Northeast community has been an integral part of this process. School officials, construction experts, and School Committee and Building Committee members from all 12 communities worked diligently to create a proposal that reflects that community feedback, and respects the cost to taxpayers.

"Our work is just beginning. We welcome community feedback as we refine this project, and look forward to the day we celebrate a new chapter for Northeast Metro Tech."

### WINTHROP'S 2022 REPUBLICAN CONVENTION DELEGATE SELECTION

The Winthrop Republican Town Committee will be selecting delegates for the 2022 Republican State Convention. The selection process will take place on February 15, 2022 at 7:00pm at the Winthrop Senior Center. The State Con-

See BRIEFS Page 2



Shown above, Sen. Lydia Edwards with Mayor Michelle Wu and former Senators Joseph Boncore, Robert Travaglini, Linda Dorcea Forry and Anthony Petrucci. Shown right, Sen. Lydia Edwards was administered the oath of office by Gov. Charlie Baker last Thursday in the Mass Senate Chambers.



## Lydia Edwards sworn in as Senator

By John Lynds

At a State House ceremony last Thursday Senator Lydia Edwards was administered the oath of office by Gov. Charlie Baker in front of a room of new colleagues, friends and family.

After taking the oath Edwards addressed the Massachusetts Senate for the first time and promised to be a hard worker and asked for her colleagues' prayers as she embarks on a new journey in public service.

"I can only promise to do one thing and that's

to be myself and ask that you help me, pray for me, feed me because I'm a horrible cook, but also, educate me," said Edwards "I asked for your patience, your transparency, your honesty. To my colleagues

See EDWARDS Page 3

## Munson appointed Precinct 2 Councilor

By Laura Plummer

The new Winthrop Town Council met for its second meeting of the year on Tuesday, Jan. 18, where it filled a vacancy, elected a vice president and reappointed the interim town manager.

The Council held a vote to determine who would become its newest member. Karen Chavis, Kurt Millar and John Munson argued why they would be the best choice to fill the Precinct 2 Council vacancy left by Council Pres. James Letterie. Once Millar was dropped due to lack of support, Munson beat Chavis 5-2.

Next, the Council held a vote to elect its vice president, a position also previously held by now Pres. Letterie. The two nominees, Councilors Rob DeMarco and Stephen Ruggiero, spoke briefly about why they should be vice president. Ultimately, Ruggiero beat DeMarco 5-3. DeMarco congratulated Ruggiero on his win.

### COVID

DPH Dir. Meredith Hurlay reported that Winthrop was coming down from "an aggressive surge." Jan. 4 saw the highest reported

See COUNCIL Page 3

## WPS talks new COVID testing model

By Laura Plummer

On Monday, Jan. 24, the Winthrop School Committee met in the Harvey Hearing Room of Town Hall. It heard updates on COVID-19 testing and student athletics.

### COVID

There has been a recent improvement in case counts and attendance in the district. Jan. 6-12, there were 102 student absences and 27 staff absences. Between

See TESTING Page 3

## WPS misses the mark on cultural responsiveness

By Laura Plummer

The Winthrop Public Schools (WPS) School Committee met on Monday, Jan 24, where it reviewed the results of a study that examined the cultural responsiveness of its K-11 curriculum.

The study was conducted by the NYU/Steinhardt Metropolitan Center for

Research on Equity and the Transformation of Schools. Lori Gallivan, the Executive Director of Curriculum, Instruction & Technology for WPS, presented the results.

Culturally responsive education (CRE) is education that celebrates students' diverse cultures and identities through curriculum choices and teaching practices. It is

education that validates students' experiences, disrupts power dynamics, and empowers students.

Numerous studies have shown that CRE increases student performance, attendance, graduation rates and self-image.

The NYU study examines cultural responsiveness in three key areas: representation, social justice and

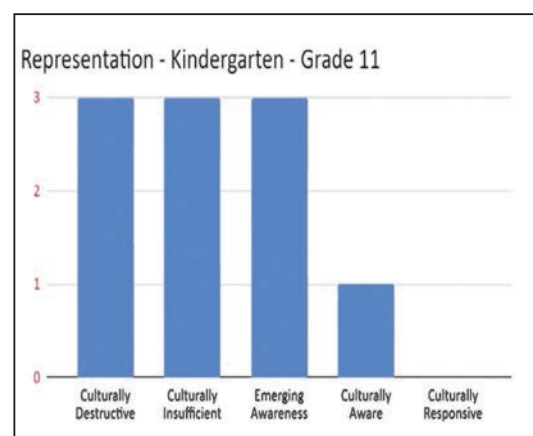
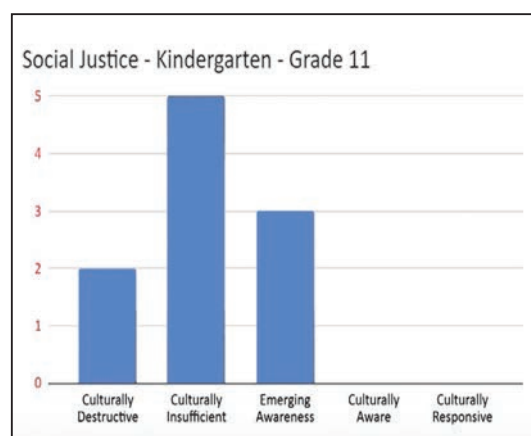
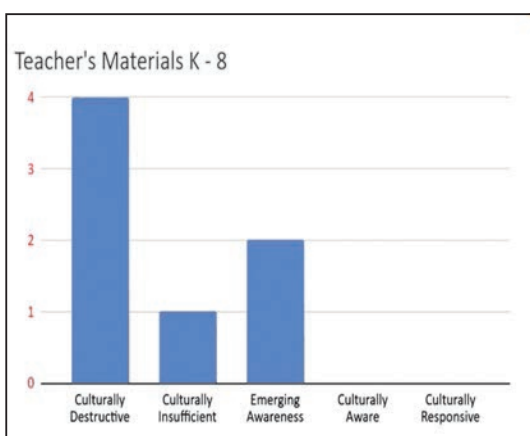
teachers' materials. Final scores are based on a continuum: culturally destructive, culturally insufficient, emerging awareness, culturally aware and culturally responsive.

Representation refers to how often students are exposed to diverse cultures in a positive way and engage with materials published by diverse contributors. The

WPS curriculum ranged from culturally destructive to emerging awareness, with only a small portion falling into the category of culturally aware.

The majority of the curriculum was deemed culturally insufficient from a social justice perspective. This is a curriculum that

See CULTURE Page 2



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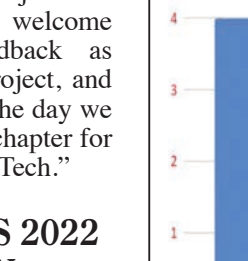
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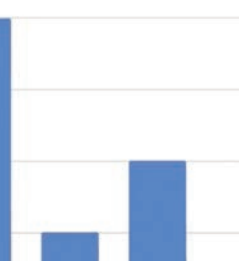
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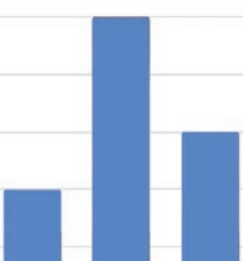
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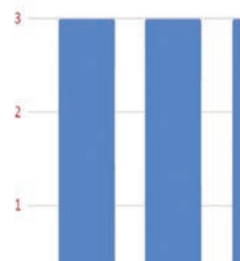
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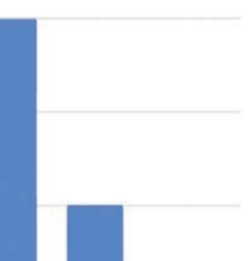
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## WINTHROP POLICE BLOTTER

*The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of law.*

### MONDAY, JAN. 10

0939: An officer stopped a motor vehicle on Shirley St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1606: Officers responded to a report of a hit-and-run motor vehicle accident on Revere St. near Magee’s Corner. There was minor damage to the victim’s vehicle. The officers were unable to locate the suspect vehicle. In addition, the victim was informed that the registation of her motor vehicle had expired and she was able to take care of that issue on-line.

2015: A person called the station to report that she had struck a parked motor vehicle in the 200 block of Shirley St., causing minor damage.

### TUESDAY, JAN. 11

0739: An officer responded to a minor two-car motor vehicle accident on

Main St. near the entrance to the town. There were no injuries and one of the vehicles was towed.

1140: An officer stood by while the operator of a disabled motor vehicle on Grovers Ave. awaited the arrival of AAA.

1202: A resident reported a case of identity fraud. An officer filed a report.

1329: A caller reported that the paint on the door of her motor vehicle had been scratched while she was shopping at the Cumberland Farms. An officer filed a report.

1540: A resident reported being the victim of identity fraud. The officer filed a report.

### THURSDAY, JAN. 13

0933: An officer performing a detail on Pleasant St. reported that a vehicle failed to stop in the construction area and almost hit another vehicle. The officer also reported that the operator was smoking marijuana and blew smoke in his face. Winthrop police notified Boston police that the vehicle likely was headed into East Boston. Boston police located the suspect vehicle. Winthrop police issued a citation to the operator, a 22 year-old Hyde Park man, for the criminal offenses of failing to stop for a police officer and reckless operation of a

motor vehicle. He also was cited for the civil moving infraction of speeding.

1720: An officer stopped a motor vehicle on Revere St. for the civil moving infraction of making a left turn at a red light. The officer gave a verbal warning to the operator.

### FRIDAY, JAN. 14

1006: A caller reported that a vehicle operated by an elderly male struck a parked vehicle at the end of Nevada St. and fled the scene the wrong way down Shirley St. Officers were unable to locate the offending vehicle and filed a report.

1317: An officer stopped a motor vehicle at Main and Douglas Sts. for the civil moving infractions of a red light violation and operating an unregistered motor vehicle. The officer followed the operator to her home and instructed her to keep the vehicle on private property until the registra-tion is renewed. The officer issued a citation to the operator for both violations.

1432: An officer stopped a motor vehicle at Main and Wilshire Sts. for the civil moving infraction of an equipment violation. The officer issued a citation to the operator.

1726: An officer stopped a motor vehicle at Revere St. and Crest Ave. for the

civil moving infraction of a headlight violation. The officer gave a verbal warning to the operator.

1733: An officer stopped a motor vehicle at Revere and Almont Sts. for a civil moving infraction and gave a verbal warning to the operator.

1737: A person reported that she was robbed at the Cumberland Farms on Revere St. and that medicine and cash were taken. The officer filed a report.

2057: An officer stopped a motor vehicle on Highland Ave. for the civil moving infraction of failing to stop for a traffic control sign. The officer issued a citation to the operator.

### SATURDAY, JAN. 15

0110: An officer issued parking tickets to five vehicles on Beach Rd.

0126: An officer issued parking tickets to eight vehicles on Hutchinson St.

0138: An officer issued parking tickets to six vehicles on Floyd St.

0140: An officer directd persons in a vehicle to leave Hannaford Park, which is closed after dark.

0912: Officers responded to a motor vehicle accident (MVA) at Winthrop and Main Sts. in which a vehicle ran into a utility pole. The MV was towed and the officer gave a courtesy ride to the occupants of the ve-

hicle to their home on Trident Ave. The officer filed a report.

1122: A person called the station to report that there was a hypodermic syringe on the ground on Pebble Ave. An officer came to retrieve the syringe and brought it back to the station for proper disposal.

1418: A person came to the station to report that a purse had been stolen from her vehicle on Myrtle Ave. The officer filed a report.

1804: An officer directed the owner of a motor vehicle that was blocking a driveway on Revere St. to move the vehicle to a legal parking space.

1949: An officer stopped a motor vehicle on Veterans Rd. for a civil moving infraction and issued a citation to the operator.

2300: An officer stopped a motor vehicle on Veterans Rd. for the civil moving infraction of a marked lanes violation. The officer gave a verbal warning to the operator.

2306: An officer responded to a report of a person yelling and screaming outside of an establishment on Putnam St. The officer determined that there had been an argument between patrons of the establishment and restored the peace.

2344: An officer stopped a motor vehicle (MV) on Main St. with a registra-tion revoked for insurance

cancellation. The officer ordered the MV to be towed and will issue a citation to the operator for the criminal offense of operating an un-insured MV.

### SUNDAY, JAN. 16

0202: An officer issued parking tickets to five vehicles on Hutchinson St.

0225: An officer issued parking tickets to three vehicles on Forrest St.

0248: An officer issued parking tickets to three vehicles on Beach Rd.

1250: An officer stopped a motor vehicle on Beacon St. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1257: An officer stopped a motor vehicle on Wash-ington Ave. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1627: An officer stopped a motor vehicle at Main and Wilshire Sts. for a civil moving infraction and gave a verbal warning to the operator.

### MONDAY, JAN. 17

0309: An officer provided traffic control in the area of 305 Revere St. where sparks were flying from a utility pole. The officer stood by for the arrival of National Grid.

## News Briefs // CONTINUED FROM PAGE 1

vention is where candidates are nominated to participate in the November election.

All Winthrop residents are eligible to become a delegate to the Republican State Convention as long as that individual is a Registered Republican in Winthrop by December 31, 2021 or May 21, 2021 if that individual was a member of another political party. Winthrop will select 18 delegates for the Conven-

tion by a voting process by the WRTC. The Republican State Convention will be held in Springfield on May 21, 2022.

Winthrop Republicans who wish to participate in the process and would like an opportunity to be a delegate to the Republican State Convention are encouraged to attend the meeting. If interested in participating, please notify the committee by calling Republican State

Committeeman Paul Ronukaitus at 617-846-9331 or emailing to winthroprtc@gmail.com by February 10.

What: Caucus to elect delegates

When: Tuesday February 15, 2022

Snow Date: Tuesday February 22

Where: Winthrop Senior Center on Harvard Street

Time: 7:00pm

### MVES SEEKS DONATIONS OF NEW BLANKETS

With winter upon us and plenty of cold weather still ahead, Mystic Valley Elder Services is seeking donations of new blankets, all sizes, for its Emergency Closet. The Emergency Closet provides its care managers who work with low-income older adults and people with disabilities a place to access not only new blankets but new towels, new sheets, toiletries, and large print puzzle books for their consumers who need them. Having these items in the agency immediately available can make a huge difference in someone’s life and they depend solely on donations.

If you are interested in donating blankets to the Emergency Closet, please contact the Mystic Valley Elder Services Development office at 781-324-7705 or development@mves.org.

### SJC FURTHER PAUSES JURY TRIALS

The Supreme Judicial Court (SJC) issued an order extending the current pause

on all jury trials in Massachusetts state courthouses for an additional two weeks, until February 14, 2022. All courts otherwise remain open for in-person business, with a continued emphasis on conducting matters remotely whenever possible.

“While we are encouraged by the trend in COVID-19 cases in the Commonwealth, the additional two week pause on jury trials is necessary to protect the health and safety of all who enter and work in our courthouses,” said Supreme Judicial Court Chief Justice Kimberly Budd. “Assuming the number of COVID-19 cases continues to decline as expected, we do not anticipate any further pause beyond February 14. As throughout the pandemic, however, all plans and expectations regarding the resumption of jury trials may be adjusted at any time in the ongoing effort to balance the safety of court users and personnel with the fundamental constitutional right to a trial by jury.”

Today’s order partially amends the existing order regarding court operations during the pandemic, which was issued by the SJC on July 1, 2021, and supercedes a prior amendment issued on December 31, 2021.

### BAKER PROCLAIMS “MASSACHUSETTS SCHOOL CHOICE WEEK”

“It is important for parents in Massachusetts to explore and identify the best education options available to their children,” reads a

proclamation just issued by Gov. Charlie Baker, recognizing this Jan. 23-29 as “Massachusetts School Choice Week.”

Gov. Baker’s proclamation highlights the importance of Massachusetts’ diverse educational environments, dedicated teaching professionals, and commitment to continuously improving the quality of K-12 education. In issuing the proclamation, Gov. Baker joined more than a dozen other governors and more than 300 city and county leaders nationwide who have proclaimed School Choice Week in their territories.

For Massachusetts School Choice Week, community members have planned 432 events and activities across the state, including rallies, discussions, school open houses, and more.

These activities aim to spread information about school types and learning opportunities, bringing encouragement and information as families school search. More than half of American families are considering, or have considered in the last year, choosing a new or different school.

More than 26,000 events have been independently planned for the public

awareness effort nationwide, which is celebrated by all types of schools.

“Massachusetts has many excellent schools to celebrate, and families are using the opportunity this January to look for learning opportunities and support in finding the best fit for them,” said Andrew Campanella, president of National School Choice Week. “We appreciate Gov. Baker proclaiming the Week and recognizing the importance of every child having access to effective options.”

National School Choice Week shines a spotlight on effective K-12 education options for children. As a not-for-profit effort, the Week focuses equally on traditional public, charter, magnet, online, private, and home education options. Every January, participants plan tens of thousands of events and activities — such as school fairs, open houses, and student showcases — to raise awareness about school choice across all 50 states. Year-round, National School Choice Week develops resources and guides to assist families searching for schools or learning environments for their children. The effort is nonpolitical and nonpartisan and does not advocate for legislation.

WINTHROP MARKETPLACE

BRAISED PORK WITH PEPPERS AND ONIONS

INGREDIENTS:

1 tsp ground black pepper

1 Tbsp tomato paste

2 bell peppers (1 yellow, 1 orange)

1 yellow onion

4 clove garlic

1/2 cup dry red wine

4 boneless pork loin chops, about 1-inch thick

2 tsp olive oil

2 tsp salt

STEP 1:

In a large nonstick skillet over medium heat, warm oil.

STEP 2:

Sprinkle chops with salt and pepper and cook until browned, 3 to 4 minutes per side.

STEP 3:

Remove chops to a plate and set aside.

STEP 4:

Add tomato paste to skillet and cook, stirring, for 15 seconds.

STEP 5:

Cut onions and peppers into 1/4 inch slices and add to skillet.

STEP 6:

Cook, stirring occasionally until vegetables are starting to brown, about 3 minutes.

STEP 7:

Add thinly sliced garlic and cook, stirring occasionally, for 1 minute.

STEP 8:

Add wine and bring to a boil, scraping up and stirring in any browned bits in the skillet.

STEP 9:

Return chops to skillet, nestling them in the liquid, and reduce to a simmer.

STEP 10:

Cover and cook 4 minutes.

STEP 11:

Turn chops, cover, and cook until internal temperature reaches 145 degrees Fahrenheit, followed by a 3-minute rest time.

STEP 12:

Serve pork with pepper and onion mixture spooned on top.

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Winthrop

SUNTRANSCRIPT



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## OUR Opinions

### SAFE INJECTION SITES ARE NEEDED NOW

Among the side-effects of the ongoing COVID-19 pandemic has been the increase in drug-overdose deaths in this country.

The death rate from opioids finally had begun to decline in 2019, but then came COVID-19 and the number of deaths from drug overdoses began to skyrocket once again.

The nation was reporting fewer than 50,000 fatal overdoses as recently as 2014, but in 2020, drug overdose deaths breached the 100,000 mark.

The chief cause of the surge in deaths is the increase in availability of the synthetic opioid fentanyl, which is being laced into all sorts of drugs -- from marijuana to cocaine to heroin -- by the drug cartels. According to some news reports, nearly half of drugs tested by the DEA contain a potentially fatal dose of fentanyl.

Fentanyl is up to 50 times more powerful than heroin, but is far cheaper to manufacture for drug dealers, who use it as a substitute for heroin powder or press it into black-market oxycodone pills. Fentanyl is now also finding its way into cocaine and party drugs like ecstasy and is even sprayed on marijuana.

It has been reported that fentanyl now has killed far more Americans than all U.S. conflicts since World War II combined. In the past decade, it has claimed more than a half million lives, a toll that is growing daily.

In view of the combination of the lethality and availability of fentanyl, now more than ever our nation needs to address the tragedy of drug overdose deaths with a realistic solution.

Those who think that we can stop the supply of fentanyl are living in a fantasy-world of the 1970s-era movie The French Connection. Fentanyl is so powerful that just a few automobile trunk-loads are enough to kill every American citizen.

If old-school heroin were to be compared to conventional weaponry, then fentanyl is a nuclear bomb.

The Massachusetts legislature has before it a number of bills that would allow for clean injection sites, similar to what New York City and the nation of Portugal (where drug overdose rates have been a fraction of the rest of the world for 20 years) are doing.

We urge our state legislators to enact this important legislation forthwith. Every day of delay means more lives lost needlessly to the scourge of drugs.

### OMICRON CAN LEAD TO LONG COVID

Public health officials have defined so-called long COVID as the physical, neurological, and cognitive symptoms that can persist indefinitely after infection.

Over the past two years, we’ve all seen the countless news stories about the devastating effects of long COVID upon those who are unfortunate enough to suffer from it.

Although the Omicron variant is causing less severe disease in those who are fully-vaccinated, the number of those infected who suffer from the loss of taste and smell, physical fatigue, and brain fog still is quite significant.

During this period of a surge in COVID because of Omicron’s high transmissibility, it only makes sense for all of us to continue to take the usual precautions -- wearing a protective face mask (such as an N-95), maintaining social distancing, and avoiding large crowds -- until the Omicron surge begins to wane.

Sure, we can play Russian roulette with our health.

But with the number of Omicron cases already declining (though still high) in Massachusetts, we figure that if we’ve made this far through the worst of the pandemic, sticking it out for another two months or so by making careful choices only makes sense.

Independent

Newspaper Group

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# Forum

## LETTERS to the Editor

### THE BENEFITS OF QUICK, CREATIVE STREET PROJECTS AND AN OPPORTUNITY TO REDUCE SPEEDING IN WINTHROP

**Dear Editor,**

Cities and towns across Massachusetts implemented a variety of changes to streets over the course of the pandemic, creating safer, more vibrant public spaces for all – particularly children and older adults, small business owners and employees, and essential workers. Winthrop was one of those communities, as we saw with the activation of sidewalks and parking lots for outdoor dining in ways we had never had before.

A new report provides results from 23 municipalities that pursued innovative street projects over the course of 2020 and 2021. These results show the projects reduced speeding and reckless driving, supported local businesses, and increased access to active transportation.

For example, in Ipswich, officials used haybales and pumpkins to make festive bump-outs at crosswalks that reduced vehicle speeds and made the crossings shorter and more visible. According to the report, pedestrians said it took them 30% less time to cross the street.

Ipswich created outdoor spaces with seating and tables so residents and visitors could gather safely. People could get takeout from downtown restaurants and then eat outside.

When Salem reduced the width of vehicle lanes, created separate bike lanes, and used markings and posts to increase awareness at driveways and intersections, there was an 8% drop in average vehicle speeds and a 61% drop in people driving over 40 miles per hour. In addition, Salem

installed a bike-share program.

Visit [www.streetimpact-ma.org](http://www.streetimpact-ma.org) to learn more and download the full report.

Fortunately, these improvements aren’t limited to other communities– thanks to the continuation of the highly successful Shared Streets grant program (via MassDOT) that has funded them. Here in Winthrop, we have already been the successful recipient of these funds in the past, including:

- 2021: Winthrop received \$40,000.00 to purchase and install four new bus shelters (in process!)
- 2020: Winthrop received \$105,000 to install parklets in local commercial districts and design and install signage for a town wide bicycle network (the parklets were deployed throughout the town).

Due to a sharp increase in traffic fatalities throughout the state in 2021, much of them a result of speeding, MassDOT has announced a new round of Shared Streets grant funding, this time targeted specifically at street interventions that lower vehicle speeds and reduce crashes. To help municipalities plan, they’ve released a new Safe Speeds website containing a robust toolbox of strategies that can be deployed and can be used in these grant proposals: <https://www.mass.gov/safe-speeds>

As the report states: “Using creative materials and methods, projects that often take years of study and construction were reimaged to deliver impacts overnight. While these projects may look simple – setting up a few chairs for strangers to talk, slowing down traffic so kids can play, and painting lanes to help buses move quicker – they strengthened community bonds, made our daily trips safer, and helped keep businesses afloat.”

Please contact your Town Councilor if you would like to see efforts made to reduce speeding

and make our streets safer for everyone here in Winthrop. The next deadline to request Shared Streets funding (zero municipal match) is 3/2/22.

**Julia Wallerice**

**LOOKING FORWARD TO SERVING MY CONSTITUENTS**

**Dear Editor,**

On January 18, I was appointed to be the Town Councilor for Precinct 2. As I have already sworn to do, I will faithfully perform the duties of this role impartially and to the best of my abilities. I will never compromise my ethics and will always vote for what I believe is right and best for Winthrop. I intend to serve with a fair and open-mind, while being analytical and thorough, resourceful and creative, and not deterred easily. I asked for this role because I love this town and believe I can help.

I am “all in” on Winthrop. I own a home here, I have two kids in the school system, and my parents and siblings live here also. I also own and operate a business in town, and I’m involved in many clubs and organizations through which I’ve developed many strong friendships.

To give you a little background of who I am, I grew up in Orono, Maine and graduated from the University of Michigan in 1995. I lived in Winthrop briefly with my best friend Eddie in 1996 and then returned to Winthrop in 2004 after marrying Angie in 2003. I had a career as a research analyst and ultimately became a Director of Research for a consulting firm before my sister Leila passed away from Leukemia in late 2005. That’s when I chose to pursue my passion for photography and officially launched Beacon Photography and Framing in Winthrop Center in 2007 and will celebrate 15 years in business on April 2022.

I have been actively involved in the community since moving to Winthrop, initially as a trustee of the condo association where we lived, and also as a coach for my kids’ sports teams with over 20 fun and winning seasons. Many people know me from the many events and fundraisers I’ve had at my gallery, or through my donation of framed Winthrop prints benefiting many people and organizations (i.e. David Green & Ramona Cooper Memorial, Mi Amore, Winthrop Police, Winthrop Veterans in Winthrop Housing, Viking Pride Foundation, Bike Winthrop, Winthrop Art Classrooms, Crossroads Homeless Shelter, CPYC Youth Sailing, Make a Wish Foundation, I LOVE Winthrop, etc.). I’m also a member of the Cottage Park Yacht Club, Winthrop Chamber of Commerce, Winthrop Art Assoc., and an officer at the Odd Fellows, where I help organize three blood drives per year. I strongly believe in the role of a community and Winthrop has a great one. Let’s keep it that way, by everyone doing their part and working together.

Lastly I would like to thank the town councilors who believed in me and I look forward to working with all the town councilors, as well as Karin Chavez and Kurt Millar in their respective committees. Karin and Kurt were both excellent candidates and I’m sure would’ve been great councilors. I also want to inform the residents of Precinct 2 that they can reach me through email [jmunson@town.winthrop.ma.us](mailto:jmunson@town.winthrop.ma.us) or by phone 617-846-1852 x1035 if they have any town issues I can help with or ideas to solve problems. In closing, I am honored to serve as Town Councilor and will do the best I can to help Winthrop.

**John Munson**  
**Town Councilor**  
**Precinct 2**

GUEST OP-ED

The 3Gpocalypse is coming — Is your car ready?

By Kane DiMasso-Scott

Just this week I heard about something that I’m surprised has not gotten more media coverage on the national level, as it’s extremely important to us as consumers. Beginning in February and continuing through the end of the year, 3G networks are being shut down by the major players in the cellular network industry AT&T, Verizon, and T-Mobile. This poses no problem to our use of cell phones, however, our automobiles are about to get a whole lot “dumber.”

Nearly every major brand in the auto industry has, from 2010 to as late as 2021, used these 3G networks in certain models for many of their included and on-board features in their cars. With the shutdown of 3G networks, features like GPS navigation, automatic crash detection, SOS emergency features, remote locking and unlocking, and the ability to connect with your phones (wirelessly), among others, will no longer be functional. Some companies have already announced their plans to address the issue, while others still have not said much.

Certain brands will be offering free over-the-air updates for your vehicle to ensure that the features continue to work such as Subaru, Honda, and GM, while others look to require a hardware upgrade at a dealership to re-enable your features or disable warning messages that may arise from the lack of connectivity.

The shutdown of 3G networks is not something that comes as a surprise, as it was always an inevitability

following 4G and now 5G rollouts. However, what’s embarrassing and downright frustrating is the fact that some automakers continued to produce vehicles using this same outdated network, fully aware of the ramifications down the line. I commend the aforementioned companies that are pushing out updates for their consumers, but others who have yet to announce what their plans are is maddening.

More often than not we, as the consumer, will spend tens of thousands of dollars on a vehicle, expecting the features included when we purchased the vehicle to always be available. Now, with the shutdown of 3G networks, it seems like a fair number of vehicles will lose those features permanently, or will require additional purchases to re-enable or modernize these vehicles for 4G.

So not only will some consumers lose access to features they thought they’d have throughout their vehicle’s lifetime, but others may also have to pay additional fees to get those features back. This shouldn’t be our responsibility. It’s on the automakers and dealers to make it right. They continued to produce vehicles on an outdated network knowing it would be obsolete, but now, the piper needs to be paid and some of them believe that responsibility falls on you.

You can visit <https://www.cnbc.com/2022/01/16/3g-networks-shutting-down-in-2022-could-affect-your-cars-gps.html> or scan the QR code at the end of this Op-Ed with your smartphone to see the current list of publicly known affected models. AT&T will shut down their 3G network next month, which certain Honda, Nissan and Volvo models rely on for their features. If this is your

**SUBSCRIPTION INFORMATION**

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See OP-ED Page 6



WINTHROP HISTORY WEBSITE: WIHAONLINE.ORG

# WINTHROP Then and Now

Winthrop Improvement and Historical Association

By G. David Hubbard, Town Historian • Photos courtesy of Stephen F. Moran

## ART 941 - THORNTON PARK NARROW GAUGE RAILWAY STATION



This is another article in our series on the nine Narrow Gauge Railroad Stations that existed in Winthrop during its almost 70 year adventure with rail transportation. Commencing with a very brief period of a horse drawn trolley in the early 1870's it developed, by 1888, into a successful railroad of narrow gauge (3 foot wide) track that ran a loop through the Town before returning to its origin. This train connected to the run through East Boston that end-ed at the terminal for Ferry service to Boston. This line started with steam driven locomotives pulling a small number of passenger cars on a single track. In 1903, the line was double tracked to be able to provide train service in both directions thereby reducing travel time for its passengers. In 1928, the entire system was electrified to reduce costs, but on January 27, 1940, its operation was regrettfully discontinued for financial reasons.

As the "History Buffs" in town know, the nine stops along the Narrow Gauge Railroad Line in Winthrop were at the (1) Pleasant Street, (2) Cherry Street (Battery), (3) High-

land, (4) Ocean Spray, (5) Shirley Street (Playstead), (6) Beach, (7) Thornton Park, (8) Center and (9) Ingalls Stations. As was stated in a previous Article, we are randomly devoting an article to each of the nine stations along the Narrow Gauge railroad loop that served the commuters in Winthrop. This week's article addresses the Thornton Park Station which was located in the marshland at the end of what is now Winthrop Street extension. The small Narrow Gauge Station shown in the first picture, with the little foot bridge leading to it, is the only one of the original nine stations still existing in Winthrop. This station was named after John Wingate Thornton who owned the land where the Thornton Park residential area is now situated. In the right side of the picture, one can see Apple Island in the background which, in the mid 1940's, became part of the airport. This station was then moved about 1903, when the NGRR system was double tracked, to the rear of Kate S. Payne's 17 Thornton Park home where it was then converted into Mr. C.S. Adam's Bea-con

Press. In 1949, the porch was closed in as a living room, followed behind by a dining room, kitchen and bathroom. Two bedrooms were added to the rear of the building, one above the other and it was then used as the residence that still exists today. The second picture depicts the replacement station as it appeared shortly after being built in 1903. One can see the double tracks as you look east along the trestle that ran behind Washington Avenue toward the Beach Station at Delby's corner. The third picture, taken from the same direction, shows the station with the overhead wires shortly after the NGRR was electrified in 1928. If one visits the marsh today a small bridge, similar in design to the one in the first picture of the early station, now stands near the original site. This current bridge was designed and built as a science project by Mr. Robert Hudd's sixth grade class in 2002. With the demolition of this station, as shown in picture four, another memento of "less hurried times" has been removed from the scene.



10 years ago  
Jan. 26, 2012

Mad Dogg Athletics Spinning has named Move Fitness, located at 1 Michael's Mall, as the national spinning facility of the month. Mad Dogg cited the new facility's state-of-the-art multi-media spinning studio that features 22 spinning bikes. Move Fitness also hosts workshops and orientations for people seeking to become certified instructors. It is co-owned by Jennifer Lee and her brother, Ronald Merryman.

Town Manager James McKenna has presented a plan that would result in the televising of all board and commission meetings in the town to allow residents to view them on their home computers.

The Town Council is expected to vote at the Feb. 7 council meeting on the issue of whether the poll location for Precinct 4 should be returned to O'Connell Hall on Golden Drive for the fall elections. Last June the council voted unanimously to move the polling location from O'Connell Hall to the Winthrop Senior Center beginning with the Massachusetts Presidential Primary on March 6, 2012. Seniors came to the last council meeting and urged the Council to reinstate O'Connell Hall as the polling location, citing easier accessibility and convenience.

Chronicle, The Grey, and The Woman in Black are playing at the Revere Showcase Cinemas.

20 years ago  
Jan. 31, 2002

Super Bowl fever has gripped the town, with Patriots' fans of all ages preparing for Sunday's game with the St. Louis Rams at the Superdome in New Orleans. New England never has won a Super Bowl in two previous attempts and are heavy underdogs in the battle with the Rams.

Barbara Bishop has been named the new Executive Director of the Chamber of Commerce.

Local Catholics are going through trying times as Cardinal Bernard Law attempts to apologize for lapses by the Archdiocese in its handling of the sexual abuses cases by priests.

The third annual Winthrop Chowderfest held Saturday at the Senior Center was a big success.

I Am Sam, Snow Dogs, and The Lord of the Rings: The Fellowship of the Rings are playing at the Revere Showcase Cinemas.

30 years ago  
Jan. 29, 1992

The local election season is heating up. Four candidates have taken out papers for the two School Committee seats on the ballot, with incumbents Phyllis Fluet and Deborah D'Avolio being challenged by John Lyons and Joe Clark. A large number of candidates also have taken out nomination papers for the Town Treasurer post for which long-time incumbent Rosemary Sennott is not seeking re-election.

The selectmen have decided against trying to purchase the former gymnasium building at the Deer Island jail for use as a new town garage facility because the asking price for the prefabricated structure by state officials is too high.

WHS students have presented a petition to the School Committee seeking to enforce the no-smoking policy at the high school, particularly in the girls room.

Speculation is mounting about the status of this district's State Senate seat,

# THE MORE Things Change ...

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript.

with long-time incumbent Mike LoPresti indicating he may not run for re-election.

Fried Green Tomatoes, The Hand That Rocks the Cradle, and Shining Through are playing at the Revere Showcase Cinemas.

40 years ago  
Jan. 27, 1982

The Planning Board has submitted nine articles to the selectmen for inclusion on the upcoming Town Meeting warrant, including articles addressing condo conversions, a non-binding referendum on so-called illegal apartments, and the establishment of a Beautification Committee.

Richard Poliferno has resigned as the head of the town's Public Health Dept., a post he has held only since November of 1980.

The local Dukakis for Governor Committee has been very active in recent weeks.

Winthrop Hospital provided emergency assistance to the 195 passengers of a World Airways jet that skidded off the runway at Logan Airport into the icy waters of Boston Harbor.

Jeannie Belcher, Judy Riley, and Deborah Powers were elected Assistant Treasurers at the annual meeting of the Winthrop Savings Bank recently.

Chevy Chase stars in Modern Problems at the Kincade Theatre.

50 years ago  
Jan. 26, 1972

Arthur J. Soper, President of the Winthrop Community Hospital, has announced plans for a \$300,000 fundraising drive to expand the emergency outpatient unit. David Housman, Winthrop philanthropist and industrialist, will head the campaign.

John A. Canavan Jr. has announced his candidacy for re-election to the School Committee on which he has served for 12 years.

Atty. Robert Indresano has announced his candidacy for the Board of Selectmen.

60 years ago  
Jan. 25, 1962

Winthrop residents, business leaders, and everyday citizens put aside party interests and other differences to band together Tuesday in an impressive show of unity before a legislative committee to support construction of a roadway over the marshland to connect Winthrop with Route C-1 in East Boston, thereby allowing local motorists to bypass the Orient Heights bottleneck.

One of the most spectacular and unusual fires in this area in recent years destroyed the piggery on Deer Island, claiming the lives of 300 pigs. Firefighters from Winthrop and Boston were joined by prison guards and inmates in helping to fight the inferno. They had to contend not only with the ferocious blaze, but also with the fierce charging of pigs escaping the inferno, some of whom weighed up to 500 pounds. The pig farm, one of the largest of its kind in New England, was part of the operation of the Deer Island jail and has been deemed a total loss.

An increase in juvenile crime and the growing numbers of young people roaming the streets at late hours have prompted town officials, at the request of Police Chief Henry Roberts, to reinstate the curfew of 9:00 p.m. for young people, which requires all youths 16 years of age and under to be home by 9:00. Roberts said that the law has been on the books since 1922. He also said that most of the youngsters

who are out at all hours of the night come from broken homes or have parents who don't care where their children are.

A hearing was held at the State House on a bill that would provide for the dredging of the mudflats around the Winthrop inner harbor to eliminate the strong odors that occur during the hot summer months from algae that rots in the sun at low tide.

Tony Curtis and Debbie Reynolds star in The Errand Boy at the Revere Theatre. Kirk Douglas stars in Town Without Pity at the Revere Drive In.

70 years ago  
Jan. 24, 1952

School Committee Chairman Joseph Barry died suddenly in his sleep of a heart attack in his home on Upland Rd. over the weekend. He was 46.

Elaborate plans have been set for a gala sports night and dance at the junior high gymnasium to benefit the Winthrop Infantile Paralysis Fund. The police and fire departments will square off in a basketball game, followed by dancing to the strains of the famed dance orchestra of the 26th Yankee Division National Guard.

Raymond J. Crowe, 53, a hero of World War I who had been tagged dead in the Argonne Forest, passed away Friday at the Soldiers Home in Chelsea. Crowe was a veteran of the Mexican campaign and was one of just six survivors of his battalion in WWI. He was wounded, gassed twice, and finally left for dead for six hours in the Argonne.

Winthrop Republicans will present a panel discussion on the topic of Crime, Corruption, Taxes, and You at the Odd Fellows Hall on Pauline St. Guest speakers will be State Senator Sumner Whittier of Everett, former State Asst. Atty. General George Fingold, and former FBI man Frederick Ayer.

Howard Keel, Fred MacMurray, and Dorothy McGuire star in Callaway Went Thataway at the Winthrop Theatre.

80 years ago  
Jan. 29, 1942

Chairman Percy Sterling of the Winthrop Committee for Public Safety has announced that a mass meeting will be held at the junior high school next Tuesday. Sterling said that all who attended the recent air raid meeting and other interested citizens should attend.

The Greater Boston War Fund campaign, built on unity of purpose and determination for victory, rolled on this week toward its goal of \$7.6 million. More than 200 local residents have volunteered to support the drive and to be local solicitors. Chairman George Hamilton of the local committee urges all Winthrop residents to make a contribution so that Winthrop will reach its quota of \$4100.

Edward G. Robinson and Laraine Day star in Unholy Partners at the Revere and Boulevard Theatres.

90 years ago  
Jan. 30, 1932

The Winthrop Unemployment Committee states to all citizens that local residents who work in Boston cannot be compelled to contribute to that city's unemployment fund. Winthrop residents need only show a receipt to Boston officials indicating that they already have made a contribution to the local unemployment fund, which is assisting the 300 Winthrop families who



## OBITUARIES

### Roberta Palange

Retired Hairdresser

Roberta A. Palange of Winthrop passed away at the Massachusetts General Hospital in Boston on January 22. She was 76 years old.

Born in Winthrop, she was the beloved daughter of the late Frances (Zeigler) and Charles McGowan. A life-long resident of Winthrop, she worked as a hairdresser for many years.

She was the devoted wife of Mathew P. Palange and the loving mother of Robert M. Palange and his wife, Alicia of Lynn, Jodi Fitzpatrick of Winthrop and Marc Palange and his wife, Elizabeth of Londonderry, New Hampshire; dear sister of the late William “Butch” McGowan, beloved cousin of Marion Ouellette and cherished grandmother of Aaliya, Lorelai, Lucas and Owen.

A funeral service



was held in the Caggiano-O’Maley-Frazier Funeral Home, Winthrop on Wednesday, January 26. Deacon Jim Leo celebrated the services and offered prayers at the interment in the Cross Street section of Winthrop Cemetery.

Memorial donations may be made to the Northeast Animal Shelter at [www.northeastanimalshester.org](http://www.northeastanimalshester.org).

To sign the online guestbook, go to [www.caggiano-funeralhome.com](http://www.caggiano-funeralhome.com).

### Bob “Puppy” DePippo

Star Fullback for Winthrop High School, Class of ‘57 and Honored United Airlines Retiree



Bob DePippo, known by everyone as “Puppy,” was a longtime Winthrop Resident.

The son of the late William and Constantina DePippo, he graduated from Winthrop High School, Class of ‘57. He played WHS football and excelled as a fullback, compiling numerous write-ups in the newspapers highlighting his successful career. After high school, he enlisted and served in the Marine reserves for six years.

Puppy was known to many as an extension of their own family for many of his children’s friends, nieces, nephews and their children. He was informally known as “Pup.” He was a regular at the Center Coffee Shop and each morning he looked forward to meeting up with his friends at French Square, which he always referred to as “Shady Acres.” They caught up on all the latest gossip and reminisced on old times. He was an avid Patriots fan and never missed the opportunity to attend the games at Gillette Stadium with his family.

Pup had a zest for life, a twinkle in his eye along with a sly smile. He and his wife Susan opened their home on South Main Street to everyone with 4th of July pool parties, Christmas and Super Bowl gatherings for close to four decades. If you came to their home, you instantly felt like family. He adored his wife, Susan with whom he shared 39 years of marriage and he loved his four children. He was especially proud of his grandchildren. He happily attended all their sporting events, dance recitals, award ceremonies, birthdays and graduations with pride and admiration.

He was employed by United Airlines for over 35 years and upon retiring was honored with a special



dinner in Washington DC, recognizing him as ‘Employee of the Year.’ During his retirement he and his wife traveled by cruise to so many places, Alaska being his all-time favorite. He would light up telling the story of the 28-mile rail excursion that descended over the White Pass Summit and into Skagway, then shop, have lunch, or just stroll around the unique and historic area.

Just as much as friends and neighbors adored him, he was absolutely loved by his wife and his four children. Pup was a wonderful husband, father, grandfather, uncle, and friend who always put the needs of everyone else first. He will be sorely missed by all who had the privilege of knowing him.

He leaves behind his Wife, Susan DePippo (Trainor) of Winthrop; his children: Robert DePippo and his partner, Adele Centola of Topsfield, Michael DePippo and his wife, Margaret of Swampscott, Patty Cresta and her partner, John Donovan of Salem, NH and Barbara Cole and her husband, Greg of Hamilton; grandchildren: Christopher Cresta, Jennifer Cresta, Stephanie Cresta, James Evans, Jessica Rich and her husband, Carmen, Capria Cole, Amanda DePippo, Michael DePippo, Stephanie and Pete DiOrio and predeceased by his granddaughter Julia Evans and his brother, the late William DePippo. He also leaves his great grandchildren: Anthony Cresta and Sophia Cresta and his brothers: Thomas DePippo and his wife, Dolly of Florida and Richard DePippo and his wife, Fran of Florida.

Family and friends are cordially invited to attend the visitation from the Caggiano-O’Maley-Frazier Funeral Home, Winthrop today, Thursday, January 27 from 4 to 8 p.m. The funeral will be conducted from the funeral home on Friday, January 28 at 9 a.m. followed by a Funeral Mass in St. John the Evangelist Church, 320 Winthrop St., Winthrop at 10 a.m. Interment will be private.

In lieu of flowers, the family asks donations be made to his favorite charity, The Jimmy Fund at [www.dana-farber.org](http://www.dana-farber.org) in honor of his late granddaughter, Julia Evans.

### William Gordon

Of California, formerly of Winthrop



William M. Gordon, 68, of West Hollywood, California, passed away November 25, 2021.

The beloved brother of Amy Francer and her husband, Gary and David Gordon and his wife, Natalie, he was the dear uncle to Jacob Francer and niece, Rachel Keeling and her husband, Josh.

He was born on August 2, 1953, the son of the late Robert and Natalie Gordon. Bill grew up along the ocean in Winthrop. Recently retired, he was beginning a new phase of his life when he succumbed to cardiovascular disease.

A good student and an avid reader at an early age, Bill loved finding meaning in nearly everything. Whether exploring the universe with a home telescope or scrutinizing the miniscule under his microscope, he sought comfort in learning about and being part of the natural world.

After receiving his bachelor’s degree in psychology from Boston University and a brief period working for an environmental firm, Bill was a long time employee of Delta Airlines in the 80’s. Florida, Cali-

fornia and England were favorite destinations. He moved to California in the mid nineties and found a home in West Hollywood. He worked as an Assistant Director of Admissions at USC for over 20 years.

Wanting to keep close to longtime friends and family, he made several trips back to the Boston area. His study of Astrology, Tarot Cards and The I Ching drew people into his circle of friends. He wrote many articles on the subject but it was the interaction with people and their lives he enjoyed most.

He was active in West Hollywood and California gay politics working for various candidates. Memorial donations may be made to the American Heart Assn.

## Meals on Wheels program essential during winter months

Staff Report

The winter months are notoriously harder on older adults, especially during this pandemic, which is why Mystic Valley Elder Services (MVES) stresses the importance of virtual and phone assessments, proper heating, physical checkups by your doctor, social interactions, even if we cannot do it face-to-face, transportation assistance and nutritious meals.

“Eating good, whole, nutritious foods in the winter months can go a long way in helping older adults regulate their body temperature and stay warm. For those who may not want to or lack the ability to cook, the Meals on Wheels program provides regular nutritious food,” says Mystic Valley Elder Services Registered Dietician Candace Quigley.

MVES’ Meals on Wheels program is dedicated to

providing seniors with the necessary nutritional support to protect them against food insecurity, and to help them continue to live independent and fulfilling lives. MVES has provided home-delivered meals for more than 45 years.

“Meals on Wheels is for vulnerable older adults who require nutritional support to safely continue living in the community,” says Angie Fitzgerald, Director of Nutrition at Mystic Valley Elder Services. “Despite the challenges COVID-19 has brought, we have continued to serve home-delivered meals to consumers, and the number of those needing meals delivered has increased.”

Since the pandemic started nearly two years ago, the program is serving closer to 60,000 meals per month vs. 50,000 prior to the pandemic to home bound, frail

See MEALS ON WHEELS Page 7

### James Richard Sullivan

Proud member of Winthrop Yacht Club, Knights of Columbus and American Legion



James Richard Sullivan, 75, of Naples, Florida, peacefully passed away on January 7 with his family by his side.

James was born on November 16, 1946 to

Doris (MacLauchlan) and John F. Sullivan in Winthrop. He graduated from Winthrop High School, enlisted in the US Navy and served a tour in the Vietnam War on patrol boats.

James built a career in the construction industry as a member of the Piledrivers Local Union 56 for 40 years and as a Superintendent for

both Franki Foundation and NEFCO. He was a proud member of the Winthrop Yacht Club, Knights of Columbus and the American Legion.

He was the dedicated husband of Diana who he married in 1974 and the proud of father of James Jr., Michael and Stephen.

James was known for his culinary skills and his love for entertaining family and friends.

He is survived by his wife, Diana, his three sons, his brother, Jack and sister of Winthrop and two nephews.

A memorial will be held in Winthrop at a later date.

Donations may be made to your favorite charity.

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#### 4th Anniversary Alfonso A. Micale January 28, 2018



*Those we love don't go away, They walk beside us every day. Unseen, unheard, but always near So loved, so missed, and held so dear.*

Your Loving Family

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To place a memoriam in the Winthrop Sun Transcript, Please call 781-485-0588

## Op-Ed // CONTINUED FROM PAGE 4

first-time hearing about it as well, I suggest you call your dealer, figure out what, if anything, could be done if you have an affected model, and hope for the best.

Good luck.

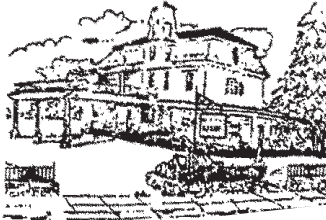
Kane DiMasso-Scott is an art director for the Independent Newspaper Group. The views expressed in this Op-Ed do not necessarily



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# Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152    Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m.  
Website: town.winthrop.ma.us/council-aging    Email: COARception@town.winthrop.ma.us    Phone: 617-846-8538

*Facemasks are required while in the Senior Center and on the Senior Van.*

**\*\*The Senior Van will be off the road on February 2 & 3**

## Thursday, January 27

9:30am: Exercise  
11am: Grab and Go Lunch  
12:15-2:30pm: Bingo

## Friday, January 28

10am: Ceramics with Gerry  
10am: Line Dancing with Cindy  
11am: Grab and Go Lunch

## Monday, January 31

11am-12pm: Blood Pressures  
11am: Grab and Go Lunch  
12:30pm: Art Class

## Tuesday, February 1

9:30am: Exercise  
10am: Spanish Class  
11am: Exercise for Arthritis  
11am: Grab and Go Lunch

## Wednesday, February 2

9:30am: Yoga with Kathleen  
11am: Grab and Go Lunch  
11am: Zumba with Cindy  
1:15: Italian Class

All participants are required to have an updated Emergency Contact Form on file with the office before participating in any activities. Emergency Contact Forms are available at the front desk, and on our website.

We are unable to offer any snacks or drinks at this time. Participants should bring their own bottled water, coffee, or tea. Shared food is not allowed, please bring individual snacks only.

**Grab and Go Lunches** will be available for pick up Monday – Friday at 11am. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and in our monthly newsletter.

**Meals on Wheels** also continues to operate. To sign up, contact Mystic Valley Elder Services at 781-324-7705.

**Van Transportation is available** Monday – Thursday between 9am and 3pm (return trips must be completed by 3pm). Reservations must be made at least 2 weekdays in advance of your trip. A full list of our destinations and pricing is available on our website, at the Senior Center and in our newsletter.

**Public Computers are available** for use Monday-Thursday from 10am-2pm and Fridays from 10am-12pm.

**Blood Pressures:** Nurses from the Medical Reserve Corps will be at the Senior Center offering blood pressure readings on the first and third Monday of each month from 11am to 12pm. No appointment needed.

**Caregiver Support Group:** Being a caregiver can be fulfilling, exhausting and everything in between. Gain comfort and support from others who are doing

the same work. Open to all caregivers, this group meets on the second Wednesday and fourth Monday of each month. To join, please contact Jessica Phelan, Caregiver Support Coordinator at 781-388-2319.

**Podiatry:** Barbara Ullman, RN, a registered nurse and pedicurist from Seen Your Feet will be at the Senior Center on Thursday, February 3, 2022, from 9:30am to 2:30pm. Cost: \$20 (cash only). Appointment required. To schedule, please call the Senior Center.

**Senior Phone Buddy Program.** Senior Center volunteers are available to make friendly phone calls to homebound seniors. If you, or someone you know would like to receive a call, please contact the Senior Center at 617-846-8538, or email COARception@town.winthrop.ma.us.

Subscribe to the Senior Center's monthly newsletter. Go to [www.town.winthrop.ma.us/subscribe](http://www.town.winthrop.ma.us/subscribe), enter your email address and select "Senior Center Newsletter" from the options.

## Upcoming Trips

Sign-Up at the Senior Center. More information (including trip flyers) is available at the Senior Center and on our website.

**March 10, 2022:** Celtic Angels of Ireland at the Danversport Yacht Club. Price: \$98 (includes transportation) or \$74 (drive on your own). Make checks payable to: Friends of the WCOA. Meal choices: Corned Beef and Cabbage or Baked Schrod.

**April 9, 2022:** Red Sox-Yankees in New York. Price: \$119. Make checks payable to Friends of the WCOA.

**May 19, 2022:** Comedy Hypnosis Show Featuring Richard Barker. Price: \$98. Makes checks payable to Friends of the WCOA. Meal: Cranberry Cornbread Stuffed Chicken (vegetarian meal option also available).

**May 25, 2022 – May 26, 2022:** A Victorian Age Getaway. Travel via Amtrak's Downeaster to Maine and spend the night at the Nonantum Resort in Kennebunkport. Trip includes

guided tours of Portland and Kennebunkport, Maine and also Portsmouth, NH, evening entertainment at the resort and a vineyard tour with winetasting. For full tour information, pick up a flyer at the Senior Center (flyers are also available at [www.town.winthrop.ma.us/council-aging](http://www.town.winthrop.ma.us/council-aging)).

Pricing (make checks payable to Best of Times Travel):

\$389 per person double occupancy or \$489 single occupancy

Portside (water view guaranteed) room price: \$419 per person double occupancy or \$519 single occupancy

Option Chubb travel protection: \$33 per person (\$52 for single portside room)

A deposit of \$50 per person, plus insurance fee (if selected) is due upon registration. Final payment due by April 8, 2022.

The Friends of the Winthrop Council on Aging are offering a CASH FOR GAS Raffle. First prize: \$300, second prize: \$200. Tickets are \$1 each or 6 for \$5 and can be purchased at the Senior Center. Drawing will take place April 1, 2022.

## Winter weather is a danger to us all, including pets; five tips to keep our furry friends safe

Staff Report

With major winter storms hitting the East Coast and other parts of the US, it's important for everyone to take the necessary precautions to stay safe – including your pets.

Trupanion, a leader in medical insurance for cats and dogs, offers the follow-

ing 5 tips to keep your furry friend warm and protected all winter long. Please let me know if you would like additional information or to speak with one of our staff veterinarians for further tips. Thank you.

### 1) Frigid Cold Temperatures

Many people may see

their pet's fur coat and assume that it's perfect protection from the winter weather. But given the severe drop in temperature and windy conditions, your pet may be in danger of hypothermia if their body temperature falls below normal at this time. This drop in body temperature has the potential to lead to frostbite

to your pet's ears, paws and tail. Consider a sweater for your pet, especially if they are small or have short hair.

### 2) Blizzard Conditions

Your pet should not be left outside alone if you your area is experiencing blizzard conditions. Blizzards can be scary and dangerous for pets as their senses can be overwhelmed – leading to disorientation. Make sure yourpet has proper ID (tags or micro-chip) in case they become

lost.

### 3) Shelter

If possible, keep your pets indoors during extreme winter weather. If they are in an outside shelter, make sure that it is free of drafts. Also, keep the shelter well insulated with thick blankets and bedding for the comfort and safety of your pet.

### 4) Undernourishment/Dehydration

Colder weather means

expending more energy to keep warm. Make sure to keep your pet on a balanced and healthy diet. Also provide plenty of water for proper hydration.

### 5) Antifreeze

A common chemical for our vehicles – antifreeze is toxic to your pet. Make sure to monitor your garage floors for any possible leaks that your pet might find tempting (antifreeze is sweet tasting to pets).

## Meals on Wheels // CONTINUED FROM PAGE 5

older adults, many with significant health conditions or mental impairments, and not a serving day or meal has been missed.

The home-delivered meals service includes the following options as needed: chilled-to-be-heated noontime meals, cold-pack breakfast and supper, clinical diet meals, kosher meals, and frozen weekend meals. In some cases, we

can provide cultural or ethnically preferred meals in certain communities.

“MVES” Meals on Wheels program ensures that a friendly face of the driver and healthy meal arrives during the cold months and all year round to those who need this essential service to remain healthy, well fed, and safe in their homes,” explains Fitzgerald.

When providing the meals to the individual, drivers also offer regular check-ins—at a safe distance—to make sure the older adult is doing well during the cold weather. This can be done by a warm smile and welcoming wave.

If you are interested in knowing more about our Meals on Wheels program, please visit us at [mves.org](http://mves.org) or call at 781-324-7705.

## Years // CONTINUED FROM PAGE 5

are in desperate need because of the Depression.

With the opening of two new precincts for representation at Town Meeting, precincts 2 and 5, an entirely new set of Town Meeting members in both precincts will be necessary to be elected.

Mrs. I.W. Crowell, chairman of the Winthrop Community Hospital's Linen Fund Ball, announces that tickets now are on sale for the event, which will be held in the Elks ballroom.

Wallace Beery and

Jackie Cooper star in The Champ at the Winthrop and State Theatres.

### 100 years ago Jan. 28, 1922

The committee that has been charged with taking over the Metcalf Hospital and keeping it in operation is soliciting from local residents as to whether to renovate the present facility or to build a new hospital.

One of the boldest burglaries in many years here occurred Sunday night when thieves made off with

a 600-pound safe from the second floor apartment at 266 Main St. The thieves took off with the safe, which contained an estimated \$3000 in cash, jewelry, and bonds, in a motor vehicle which had been reported stolen from the area of the Strand Theatre in Boston where the auto's owner had gone to see a show. However, police recovered both the safe and the car on Hermon St., where apparently the car had gone dead.

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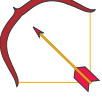
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# Celebrate Catholic Schools Week 2022

## January 30 -February 5

### #CSW22

*This year's theme is "Catholic Schools: Faith. Excellence. Service." Catholic schools have a specific purpose to form students to be good citizens of the world, love God and neighbor and enrich society with the leaven of the gospel and by example of faith.*

*As communities of faith, Catholic schools instill in students their destiny to become saints. Academic excellence is the hallmark of Catholic education intentionally directed to the growth of the whole person – mind, body and spirit. Finally, service is fundamental to Catholic education and the core of Catholic discipleship. Service is intended to help form people who are not only witnesses to Catholic social teaching, but also active participants through social learning.*

## What is Catholic Schools Week?

Special to the Journal

Catholic Schools Week is a national celebration of Catholic education and an opportunity to recognize the importance, the value, and the contributions of Catholic education to the Church and the world. Catholic Schools Week is sponsored by the National Catholic Educational Association (NCEA).

An annual tradition that began in 1974, Catholic schools across the nation commemorate Catholic Schools Week with celebrations, Masses, open houses, and activities for students, families, parishioners, and community members. Catholic Schools Week events showcase and celebrate the rich traditions and the incredible value of Catholic education on both

a local and national level.

Each year, Catholic Schools Week is celebrated during the last week of January. This year, Catholic Schools Week will be celebrated from January 30th through February 5th.

### Catholic Schools and the Students They Serve

According to NCEA, there are more than 6,000 Catholic schools nationwide. These schools—serving elementary, middle, and secondary school students—are located across all regions, giving many families the opportunity for accessible Catholic education.

### The Benefits of Catholic Schools

- The integration of faith with academic subjects, culture, and everyday life
- The emphasis of living

out the faith as missionary disciples

- Catholic virtues and values and Catholic Social Teaching, which contribute to productive citizenship and responsible leadership
- An environment that encourages and nurtures prayer and is safe, welcoming, and supportive for children

- A favorable student to teacher ratio
- High graduation and college attendance rates
- Teacher commitment

For further reading and in addition to these benefits, explore NCEA's A Dozen Reasons to Choose Catholic Schools Info Graphic.

### Celebrating Catholic Schools Week

Throughout Catholic Schools Week, schools, parishes, and dioceses schedule activities and

events to provide opportunities for celebration and engagement with students and families related to the annual theme. Parishioners and community members are also often invited to participate in some events. Events invite participants to reflect on the value and importance that Catholic education to the school and community, the Church, and the world.

Many Catholic schools also host an open house to start or during Catholic Schools Week. An open house is an opportunity to celebrate the mission of the Catholic school, welcome visitors and newcomers, and perhaps showcase original student artwork inspired by the 2022 theme. Families, visitors, and special guests can see firsthand the benefits of students learning, playing, praying

and living out their faith and school.

Each year, Catholic Schools Week has a theme. The theme for this year's Catholic Schools Week is Catholic Schools: Faith. Excellence. Service.

Each day of Catholic Schools Week focuses on a particular celebration. Within the overarching theme for the week are the following daily themes:

- Sunday: Celebrating your parish
- Monday: Celebrating your community
- Tuesday: Celebrating your students
- Wednesday: Celebrating the nation
- Thursday: Celebrating vocations
- Friday: Celebrating faculty, staff, and volunteers
- Saturday: Celebrating families

### Celebrating Your Parish on Sunday

On the opening day of Catholic Schools Week, many parishes devote a Mass to Catholic education. These celebrations show the connection between Catholic schools and parishes, on both a local and national level, and reflect the support and guidance parishes provide.

Families and catechists can prepare children and students for this Mass by reflecting with them on the support they witness through the assembly of school, Church and community. Students can be reminded that Catholic school students, families, and supporters are gatherings all over the country as they beginning Catholic Schools Week at Mass in their own parishes.

## St. Mary's golf star Aidan Emmerich will attend Michigan State

By Cary Shuman

Aidan Emmerich started playing golf at St. Mary's High School as a sixth grader. In the eighth grade, Aidan said he decided to "get serious" about golf.

Four seasons later, Aidan Emmerich has established himself as one of the best golfers in Massachusetts, having followed the path of his older brothers, Max (Salem State) and Christian (Holy Cross) into Coach Jay Fiste's powerful golf program.

He will now be continuing the family's collegiate golf tradition. An All-Scholastic and Catholic Central League MVP, Aidan signed his National Letter of Intent to attend Michigan State University, a Division I school in the famous Big-10 Conference. He also considered Penn State and Illinois.

"I picked Michigan State because my father [David Emmerich] is from East Lansing and my uncle is ten minutes from the campus – it's been like my second home," said Emmerich. "And they have a good program. They have a new practice facility, and the

team travels in the winter to Georgia, Hawaii, and the Dominican Republic."

David Emmerich, who is a member of the Kernwood Country Club and has a 19 handicap, said St. Mary's has provided an excellent environment for his sons. "It's a very family-oriented environment," said Emmerich. "The last couple of years have been challenging (due to COVID-19), but the school has done really, really well. We're thrilled. We couldn't be any happier. The St. Mary's culture and everything they've done for Aidan and all the kids (Gretchen Emmerich is a freshman at St. Mary's) is just overwhelmingly positive."

Born in East Lansing, Michigan, Emmerich has been in the Spartans' corner for a long time, all the way back to the days of Earvin "Magic" Johnson and before.

"Our blood runs green in the Emmerich family in Michigan," said Emmerich. "My brother, Tom, is very active in the whole Michigan State community."

Aidan's mother, Kim (Pennybaker) Emmerich grew up in Winthrop and

was a cheerleader at Winthrop High School. The Pennybakers are a well-known and highly respected family in the town. Her parents, David and Joyce Pennybaker, still live in Winthrop. She has a sister, Lisa, and a brother, David Pennybaker Jr.

Kim said she's proud of Aidan's accomplishments. "We're very excited and very proud," said Kim. "He's worked really hard for this, so he deserved this. It's going to be great."

### Inspired by his brothers

Individually, Aidan Emmerich, 17, earned his place among the school's all-time great athletes. Teamwise, Emmerich helped the Spartans win three state titles in 2017, 2018, and 2019.

He credited his older brothers for inspiring him to improve his golf game. "They've pushed me and motivated me," said Emmerich. "I hate losing to them, but it kind of fires me up. They've helped me a lot."

Emmerich, who is 5-feet, 8 inches tall, drives the ball 280 yards on average. "My chipping is probably the best part of the game," said

Emmerich, who is a fan of PGA star Richie Fowler.

### Coach Fiste guides the way

Jay Fiste has been Emmerich's coach for the past seven seasons.

"Back then in the sixth grade, Aidan hit the golf ball dead straight down the middle and he had a phenomenal short game," said Fiste.

The coach said he recognized Emmerich's long-range potential during that initial season.

"I knew he had talent. His brothers used to rave about his short game back when he was in the sixth-seventh grade. Now he has driving length and he's seasoned and has experience," said Fiste. "He's been around big-time golf. He's played in the state tournaments and




St. Mary's High School senior and golf star Aidan Emmerich signed his National Letter of Intent to attend Michigan State University during a ceremony at the school. Front row, Aidan Emmerich is pictured with his parents, David Emmerich and Kim Emmerich. Back row, from left, brother, Christian Emmerich, sister, Gretchen Emmerich, and brother, Max Emmerich.


the AJGA (American Junior Golf Association). He's just so talented."

Fiste said he enjoyed coaching the three Emmerich brothers. "I was just

lucky to have the whole Emmerich family going through the program," said Fiste. "It was really good having those guys."



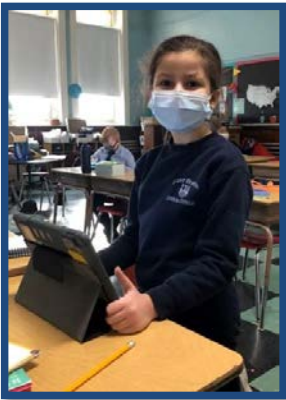
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**Picture Caption:** East Boston Central Catholic School is successfully conducting in person classes with the Covid Test and Stay program. So far this year, 1500 tests have been administered with only a 2.47% positivity rate. Well under the state and city averages. Student success is of the utmost importance. At EBCCS, every student matters.

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## Holmes triplets have Winthrop High hockey in title contention

By Cary Shuman

The Holmes triplets – Winthrop High School juniors Abby Holmes, Julia Holmes, and Emma Holmes – have been synonymous with the town’s excellence in girls’ hockey for a decade.

And the three very talented sisters have the Winthrop High girls hockey team soaring again this season with an 8-0-1 record and a high ranking in Massachusetts.

“You’re talking about three of the best players we’ve had – ever,” said WHS head coach An-tho-

ny “Butch” Martucci when asked about the Holmes’ contributions to the team’s undefeated season to-date. “They’re just that good – they’re the real deal. They work really hard. They play extra hockey throughout the year.”

Abby Holmes has been an All-Star defenseman for the Vikings. All-Star Julia Holmes centers the team’s top line alongside All-Conference play-ers Emma Holmes and Mia Martucci. The Vi-kings’ “JEM Line” is one of the state’s most pro-lific lines in Massachu-setts, with 60 points in nine games.

Martucci said he has been coaching the Holmes sisters since they were seven years old and competing for Winthrop Youth Hockey travel teams. “They were a big part of our state championship teams in U-10 and U-14,” said Martucci.

There is still plenty of hockey to be played this season. In fact, the Holmes sisters and the WHS hockey team have a major show-

down against Peabody High next Wednesday (6 p.m.) at the Larsen Rink at the Mike Eruzione Center with the Northeast League title likely on the line. The two teams battled to a 2-2 tie in overtime in their first meeting with Julia Holmes and Mia Martucci netting Winthrop’s goals.

Butch Martucci noted that Jay and Jen Holmes have been very supportive

of their daughters’ hockey careers. “Jay especially has been great for us. He’s been

awesome for the program. He’s a great hockey guy,” said Martucci.

### WHS SPORTS ROUNDUP

#### GIRLS HOCKEY WINS TWO MORE, NOW 8-0-1; HOSTS PEABODY WEDNESDAY

The Winthrop High girls hockey team remained undefeated with a pair of victories this past week, defeating Northeastern Hockey League (NHL) rival Beverly and non-league foe Latin Academy/Fontbonne.

The Lady Vikings will host Peabody next Wednesday in a battle for first place in the NHL in the biggest game of the season. The teams sport identical 7-0-1 league records and engaged in a 2-2 deadlock earlier in the year.

Winthrop this week was ranked second in the state in Division 1 according to the Hockey Night in Boston poll, with Peabody (which has two non-league losses to St. Mary’s of Lynn and Malden Catholic) ranked sixth.

The opening face-off on the ice of the Mike Eruzione Center at Larsen Rink is set for 6:10.

Saturday evening’s battle with Beverly at Endicott College saw the Lady Vikings sprint to a 4-0 lead in the opening period. Julia Holmes provided most of the offensive firepower, netting a natural hat trick.

“This was all about Julia Holmes,” said WHS head coach Anthony Martucci. “She went full beast mode and had a natural hat trick in the first period.”

The host Lady Panthers regrouped after the initial Lady Viking onslaught, but proved unable to make a run in the final 30 minutes.

Winthrop’s other two goals came off the sticks of eighth grade defenseman Tegan Pereira, who scored her first career goal on a bullet of a slapshot, and freshman Mia Martucci on a shorthanded goal.

Martucci’s lamplighter came on a superb individual effort in which Mia stole the puck off a Beverly player’s stick and placed a wrist shot into the top corner.

WHS goalie Summer Tallent once again turned in a strong performance, stopping 16 Beverly shots to record her 48th career win.

Two nights later the Lady Vikings hosted Latin Academy/Fontbonne and skated to a 5-1 triumph.

including a goal on which she pounced on a loose puck and ripped it under the bar for a goal.

“Latin was a very good team,” said Martucci. “They worked hard and played tough hockey. It was a battle from start to finish, but in the end we were just too much for them.

“In addition to the impressive performance from Emma Holmes, this one was all about our grind line of Lily Tallent, Sami DiMento, and Hannah Parker,” Martucci added.

“Hannah had two goals, but it was their chemistry that made it possible,” the coach continued. “Lily Tallent had the assist on Hannah’s first goal on which they executed a two-on-one perfectly, and Lily’s shot came right out to Hannah who deposited it into the back of the net.

“On Hannah’s second goal, it was a beautiful pass from Sami DiMento that created a bing-bang play in which Hannah sent the puck right past the Latin Academy goalie,” said Martucci.

“That line has great chemistry and they have always played well together,” Martucci added. “They were a key to us winning two U-10 state championships at the youth level.”

Emma Holmes and Talia Martucci also worked together perfectly to provide the Lady Viking firepower.

“Emma and Talia Have meshed well together this year and it has been great for us offensively,” noted the coach. “Emma had three goals and Talia had the assists on all three of those goals. So those two are working well together.

“We were without the services of Julia Holmes, who is an incredible offensive player,” said Martucci. “So we had to have some players fill in to pick up the slack. Gabby Buonapane and Izzy Cash did a tremendous job in this game. They really worked hard and gave us some quality minutes.”

Tallent was excellent once again in the net, earning her 49th career win with 14 saves.

“The leadership of our three captains has been immense this season,” said Martucci. “Mia Martucci, Summer Tallent, and Elle English have really helped guide this team.”

Martucci and his crew are scheduled to travel to



Left to right Julia, Abby, and Emma Holmes



Emma Holmes, No. 7



Julia Holmes, No. 14



Abby Holmes, No. 4

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# Winthrop’s Jillian Dempsey will play in PHF All-Star Game Saturday in Buffalo

By Cary Shuman

Winthrop resident Jillian Dempsey will be playing in the Premier Hockey Federation (PHF) All-Star Game Saturday in Buffalo.

Dempsey, the league’s all-time leading goal scorer and captain of the Isobel Cup defending champion Boston Pride, will be a captain of one of the teams in the game that will be broadcast live on ESPN Plus.

It’s been a whirlwind two weeks for the 31-year-old Cummings Elementary School teacher. Dempsey was invited to play in the East Coast Hockey League

All-Star Classic Jan. 17 in Jacksonville, Fla. That game was televised live on the NHL Network.

“It was a really cool experience,” said Dempsey, who suited up for the host Jacksonville Icemen team in the game. “It gave us some viewership and a little bit different eyes on women’s hockey. It was nice to be able to get our league’s name out there and I was happy that people tuned in and that it created some interest in women’s hockey. The players were very welcoming to us.”

Dempsey will board a jet at Logan Airport Friday night for the trip to Buffalo.

“The game has a different format this year with three different teams playing and the top two advancing to the finals,” said Dempsey. “I think it’s going to be more creative and exciting than your typical 5-on-5 all-star game.”

Dempsey will be making her fourth consecutive appearance in the game. In the last game held at Warrior Arena in 2020, Dempsey won the shooting accuracy competition in a record time of 9.6 seconds, obliterating the previous record by three seconds.

Dempsey will be wearing a specially designed PHF hockey jersey in the

game. The former Harvard University captain, Dempsey is the league’s most recognizable and most marketable star. Dempsey is the reigning championship game MVP and hoping to lead the Pride to a second consecutive Isobel Cup.

Also playing in the PHF All-Star Game is Dempsey’s Boston Pride linemate, McKenna Brand, the former Northeastern University standout who lives in Winthrop.

As of Wednesday, Dempsey hadn’t told her students about her latest honor of being an All-Star Game captain.

“I usually give them a



NWHL All-Star Captain Jillian Dempsey won the Shooting Accuracy Competition and led Team Dempsey to a 5-2 victory in the 2020 All-Star Game .

heads-up on Fridays,” she said humbly. “Hopefully some of my students will be able to watch the game.”

## Roundup // CONTINUED FROM PAGE 9

Janas Memorial Rink in Lowell to play Shawsheen this Saturday morning. Winthrop handily skated past Shawsheen by a score of 10-1 in the season-opener at the beginning of December.

They then will return home on Wednesday to face Peabody in the showdown for first place in the NHL.

### FARRELL HITS FOR 21 AS WHS GIRLS ROUT SALEM

Sophomore Kaylee Farrell struck for 21 points to lead the Winthrop High girls basketball team to a 55-33 victory over Northeastern Conference rival Salem this past Tuesday on the Chris Tsiotos Court at Winthrop High.

The Lady Vikings overcame a slow start in which they found themselves trailing by a 12-2 margin with 57 seconds remaining in the first period. Winthrop’s lone bucket in the opening 7:03 came from Farrell off a nice steal-and-pass from junior Maddie Stiglets.

However, Winthrop closed the gap in a hurry, reeling off seven unanswered points before the period ended. Buckets by Farrell, sophomore Grace Fleuriel on an offensive rebound, Farrell again (off a steal-and-feed from sophomore Reese Brodin), and a free throw by Fleuriel (who was fouled after pulling down an offensive rebound) left matters at 12-9 at the first buzzer.

Fleuriel, who reached double-figures with 12 points, brought the Lady Vikings within one, 12-11, to open the second period. The momentum clearly had swung to Winthrop’s favor and the Lady Vikings took the lead for good midway through the period when Fleuriel took a pass from Stiglets, made the bucket, and was fouled.

Grace sank her free throw, boosting Winthrop into an 18-16 lead that the Lady Vikings never relinquished.

The teams battled evenly

for the remainder of the first half, with Winthrop taking a 26-20 advantage into the locker room.

It is an axiom in basketball that the last minutes of the first half and the opening minutes of the second half often can be decisive and that proved true in this one, as Winthrop expanded its six-point edge at the intermission with a run of 13 unanswered points to start the second half to open up a 39-20 bulge at exactly the four-minute mark of the third period.

The Lady Vikings combined a pressure, trapping defense with a series of nice passes to girls cutting to the middle to pull away from the Lady Witches. Stiglets (from Fleuriel), Farrell (from Brodin), Fleuriel (on a spinning post move), Farrell (from the corner), Farrell again (with a three-pointer), and Brodin (on a driving layup) accounted for the Winthrop offensive flurry before Salem finally got on the board with a three-pointer and then a free throw

But by then the damage had been done. Two buckets by Stiglets and another by sophomore April Ferguson before the third buzzer made it a 45-24 contest after three periods.

Freshman Lily Conway, who was in the starting lineup, finished the game with a flourish for the Lady Vikings, hitting on three consecutive shots in the closing minutes for the 55-33 finale.

In addition to the 21 points from Farrell and the 12 from Fleuriel, Stiglets hit for eight points, Brodin and Conway scored six apiece, and Ferguson had two.

Also making nice contributions throughout the contest were sophomore Sophia Lindinger, sophomore Hailey Forsyth, senior Emma Forsyth, and senior Julia Marcoccio,

Lowe and his crew, who now stand at 7-5 on the season, are scheduled to play at Danvers tonight (Thursday), make the long trek to Gloucester tomorrow (Friday), and will travel to Masconomet on Tuesday. They will return home to entertain Marblehead next Friday.

### WHS GYMNASTICS TOPS BP. FENWICK, NOW 3-0

The Winthrop High School gymnastics team improved to 3-0 on the season with a 135.8-122.55 triumph over Bishop Fenwick Sunday afternoon at the Winthrop Gymnastics Academy.

Rebecca Lindstedt, a senior exchange student from Sweden, opened the meet for the Vikings on the uneven bars.

“Rebecca had never touched a set of uneven bars in her life before entering the gym in September,” said WHS co-coach Pete Gobiell, but she has done a great job in such a small amount of time.”

Lindstedt stuck her routine to get her teammates pumped up from the outset of the competition

Sara Jurovich, covering for Isabella Rice (who was ill), was next up and scored a 6.4. Sophomore standout Shannon Abbott hit her routine for the third straight meet. Senior captain Megi Zogasi, leading the way after working incredibly hard all week in practice, earned a score of 8.05.

Junior Alayna Ronan hitting her bar routine with her signature dismount and brought the crowd to their feet. Capt. Brandi DiCicco, just getting back from quarantine, hit her routine for the third time this season, scoring a 7.75. Capt. Mary O’Donnell, Winthrop’s best bar worker, led the way, beating all the other competitors with her mistake-free routine to score an 8.25.

“Mary has been working hard at practice with a new bar routine we hope to showcase in our next competition.” said co-coach Daria Millerick.

On the Vikings’ next

event, the balance beam, first up was freshman Julia Hurley, hitting her routine and scoring a personal best score of 8.2. Sophomore Ellie O’Donnell was up next and kept the ball rolling, hitting her routine for her personal best of 8.8 to take first place on the beam.

“Ellie works hard at practice, never misses a day, and pushes everyone around her to be their best,” said Gobiell.

Ronan, Zogasi, and DiCicco all finished their bar performances with superb scores of 8.5.

In the next event for Winthrop, the vault, Brooklyn Banfield led off and hit both of her handspring vaults for a score of 8.1, her season’s best score. Jurovich was next up and scored an 8.2. Ellie O’Donnell stuck both her vaults to earn a score of 8.5.

Zogasi, throwing her flipping vault for the second time this season, scored a 9.3.

“Megi goes above and beyond at practice, leading by example and always doing everything the coaches want and more,” said Gobiell. “She’s a pleasure to work with.”

All-around Winthrop performer Ronan, doing her twisting vault, scored an 8.6. Lindstedt then performed her flipping vault to post a score of 8.4. Though Mary O’Donnell over-rotated her first vault, taking a few steps and crashing into the wall, that didn’t stop Mary from hitting her second vault and scoring an 8.6.

DiCicco, who had very limited time at practice because of her quarantine, was off slightly on her first vault, taking one step on the landing. After some last-minute advice from coach Gobiell, she performed her second vault to perfection, scoring a personal best score of 9.6.

“We haven’t seen scores like that since Christa Vaccaro, the Viking record-holder in virtually every event, competed here years ago,” noted Gobiell.

Heading into their last event, the floor exercise, the Vikings had a lock on the meet and were trying to hit their routines to achieve their highest team score. The average of their four highest team scores are used to make the tournament.

First up, filling in for Isabella Rice, Shannon Abbott performed her first floor routine of the season and hit it perfectly, scoring a 7.35. Gabby Currier was up next and did a great job, scoring the same 7.35.

Ellie O’Donnell got the crowd clapping to her routine, scoring a 7.85. The all star from Sweden, Lindstedt, hit her routine with an 8.4.

“I’ve never seen her routine performed like that before. Rebecca was clearly in the zone,” said Millerick.

Ronan then scored an

8.55. “I can’t wait until Alayna puts in some of the new skills she’s been working hard on in practice,” said Gobiell.

Last up in the meet was senior captain DiCicco, who hit her routine to take first place with an 8.7. “Brandi has been working on some new skills to put in for the last few meets of her senior season,” added Gobiell.

The Vikings have a busy weekend on tap. They will host Essex Tech Saturday afternoon at the Winthrop Gymnastics Academy at 3:00 and then trek to Danvers on Sunday morning for a 10:00 match with the Falcons.

### WHS BOYS HOCKEY SPLITS TWO CONTESTS

The Winthrop High boys hockey team split its two contests this past week.

Last Saturday evening the Vikings trekked to the Essex Sports Center in Middleton to take on Masconomet, the first-place team in the Northeastern Conference with a 5-0 conference record.

Winthrop, which entered the contest with two losses in the NEC, had hoped to move within striking range of Masco in the quest for the NEC title. The Vikings put up a fierce battle, but proved unable to overcome a strong Chieftain defense and came up on the short end of a 3-1 decision.

The teams battled to a 0-0 standoff after one period in which WHS net minder Anthony Indrisano made a number of outstanding saves (as Anthony did throughout the game) and Viking sophomore Petey Silverman rang the post on a breakaway.

However, Masco took control in the middle stanza, scoring three goals, two of which were of the short-handed variety, to move out to a 3-0 advantage.

Viking freshman Phil Boncore, assisted by Hunter Fife, lit the lamp at the buzzer, but the Vikings were unable to carry the momentum into what would prove to be a scoreless final period.

Winthrop bounced back two days later to claim a 4-2 victory over Cambridge in a non-league encounter at Larsen Rink on Monday evening.

After a scoreless first period, goals by senior captain Ari Hain (assisted by Jake Hayes and Silverman) and captain JD Parker (unassisted) moved the Vikings out to a 2-0 lead in the middle stanza.

Silverman (assisted by captains Joey Hayes and Hain) reached the back of the Cambridge net to start the third period, but Cambridge refused to quit and scored two goals to make it a tight 3-2 affair heading into the closing minutes.

The Cantabs pulled their goalie in the final minute, but Hain put the game on ice for Winthrop with an empty-net goal for the 4-2 finale.

Coach Dale Dunbar and his crew, who now stand at 3-3 in the NEC and 5-4 overall, presently are ranked fourth in Division 4 in the MIAA’s power rankings that will determine the teams that qualify for the post-season state tournament.

Winthrop, which will be busy with four games in the coming eight days, was scheduled to play at non-league foe Somerville last night (Wednesday) and will host NEC rival Beverly at Larsen at 1:30 on Saturday. They will entertain Bishop Fenwick Monday evening at 5:30 and trek to Danvers next Wednesday.

### YOUTH NIGHT IS FRIDAY FOR WHS BOYS BASKETBALL

The Winthrop High boys basketball team will hold its annual Youth Night tomorrow (Friday) evening when the Vikings host Gloucester at the WHS gym. The opening tip is set for 7:00.

The Vikings will be seeking to get back on the winning track after taking on two of the top teams in the Northeastern Conference this past week.

The Vikings came up on the short end of a 61-42 decision at Peabody last Friday.

“I thought Peabody was one of the better games we played this year,” said WHS head coach Mike Triant. “We played with great poise and tenacity. We started out shooting the ball very poorly as a team and trailed 12-2 in the first quarter. We continued that slump into the second and could never really dig out of it. We fought them until the end, but ended up taking the loss.”

This past Tuesday’s contest at Salem was a tale of two halves. Winthrop fought hard in the first half and trailed 37-22 at the intermission.

“Unfortunately we ran out of steam and lost 80-41,” noted Triant. “Both Peabody and Salem shot the ball very well against us.”

Triant and crew are scheduled to host Danvers this evening (Thursday) and entertain Gloucester tonight (Friday). All three of the Viking boys hoop teams will be in action, with the freshmen playing at 4:00, the junior varsity at 5:30, and the varsity contests at 7:00.

The Vikings then will host Masconomet next Tuesday.

They’re all big this time of year in that all games impact our power rating and our seeding toward the D4 state wide tournament.

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VIKINGS BASKETBALL FALLS TO THE PEABODY TANNERS AT PHS

Photos by Bob Marra

The Vikings fell, 61-42, to the Peabody Tanners Friday night, January 21, at Peabody High School.



IN MY WAY: Winthrop's Nick Cappuccio fights his way past the defensive effort of Peabody's Shea Lynch.



NARROW PASSAGE: Chris Cappuccio (4) stays inbounds as he gets past a Peabody defender.



CLEARING A PATH: Luca Zanelli gets separation from Peabody's Dan Barrett.



PAYING A PRICE: Aiden Green gets the rebound but takes a hit off the head from Peabody's Nathan Braz.



TRAFFIC JAM: George Galuris tries to fight his way through the Peabody defense as he heads to the hoop.



LOW ROAD: Zach Bogusz seeks a low route around Peabody's Shea Lynch.



THE CHASE IS ON: Mike Chaves (2) pursues a loose ball ahead of Peabody's Danny Barrett.



ELBOW ROOM: Winthrop's Zachary Bogusz and Peabody's Shea Lynch lock elbows as they fight for a rebound.



FRIENDLY FIRE: Shown to the left, Winthrop's Luca Zanelli pulls down a rebound from Peabody's Luke Roan (22) while Viking teammate Mike Chaves gets caught in between.

WHS SPORTS THROUGH THE YEARS

10 years ago  
January 26, 2012

The Winthrop Lady Bulldog hockey team will host one of its biggest games of the season when perennial power St. Mary's of Lynn makes a visit to Larsen Rink Saturday evening. Face off time is 6:10 p.m. St. Mary's presently sports a 9-2 record. As for the Lady Bulldogs, who are a co-op team comprised of girls from Winthrop, Lynn, Saugus, and Revere, they have built up an impressive 6-2-1 mark, including their most recent wins of 6-1 over Everett and 4-1 over Masconomet. The Lady Bulldog first line of McKenzie Clark (one goal, two assists), Chelsey Bartlett (three assists), and Hannah LoPresti (two goals, one assist) did most of the damage in the Everett contest. Freshman Caroline McKinnon also had a big night, lighting the red lamp twice. The triumph marked the second victory of the season for 7th grade goalie Brittany McPherson. The triumph over Masco was not as close as the final score of 4-1 might indicate.

The Lady Bulldogs outshot Masco by a whopping 59-14 margin, but only some stellar play by the Masco goalie (who is recognized as one of the best in the area) kept things from becoming a rout. Junior Kara Donati scored two goals for the Lady Bulldogs. Clark lit the lamp for her 157th career point and eighth grader Flora English scored on what Martucci termed a "highlight reel goal" when she made an end to end rush, skating around a couple of Masco defenders, and then deking the Masco goalie.

The Winthrop High boys basketball team dropped its first contest of the season to a Northeastern Conference rival, falling at Salem 52-43 Friday night. The contest was a close battle all of the way, with Salem holding a slim two point edge at the half, but the Vikings proved unable to overcome a Salem run in the third period that opened up the Witch-es' lead to five points. Jeff Laguerre led Winthrop with 17 points, while Quinton Dale came through with yet another impressive dou-

ble-double, popping in 12 points and pulling down 18 rebounds.

The Winthrop High girls basketball team has had more than its share of close contests this season and Friday's encounter with Salem added another to that list of nail biters down the stretch. After trailing at the sound of the first three buzzers, 14-10, 27-21, and 37-30, the Lady Vikings rallied in the fourth quarter to draw even when freshman Kristen Siscamanis came through yet again in the clutch, sinking a bucket at the final buzzer to knot matters at 45-45 and sending the game into overtime. Winthrop coach Ignacio Oyola had called a timeout with 2.9 seconds to play and brought in Siscamanis, who had been on the bench at the time, to take the final shot. The four-minute OT frame proved to be a close battle which finally came down to a call by the ref with 1.9 seconds to play when he whistled a Winthrop girl for a foul on a putback by a Salem player off an offensive

See SPORTS YEARS Page 16

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# MBTA board proposes several fare changes for riders

Staff Report

MBTA staff presented several fare change proposals that aim to improve equity by closing gaps in existing fare structures for Reduced Fare Riders, minimize pandemic-related revenue implications and budget uncertainties while increasing ridership where possible, and simplify fare tariff rules as the MBTA's Fare Transformation Program (AFC 2.0) moves forward. If approved by the full MBTA Board in March, these fare changes would go into effect on July 1, 2022. The MBTA welcomes public comment on these proposals.

"We're excited about our upcoming fare proposals that prepare for technology updates to come as part of AFC 2.0, increasing equity through improvements to LinkPasses, especially for our Reduced Fare Riders, and making the popular mTicket 5-Day FlexPass permanent for Commuter Rail riders," said MBTA General Manager Steve Poftak. "If approved by the MBTA's Board in March, these proposals will allow the T to continue to best meet the needs of riders through incremental fare improvements that reflect

how they travel now and in the future, while minimizing revenue implications in this time of continued uncertainty."

## Making Permanent 5-Day FlexPass on mTicket for Commuter Rail:

First introduced as a pandemic fare pilot in June 2020, the 5-Day FlexPass available on mTicket for the Commuter Rail is a bundled fare valid for any five days of travel within a 30-day period. Good for unlimited travel within a 24-hour period, these five passes are available for 10% off the cost of 10 one-way trips. An attractive option for riders whose travel patterns have changed due to hybrid work schedules and the availability of remote-work options, the 5-Day FlexPass on mTicket is proposed to be made permanent. If approved, the permanent 5-Day FlexPass would go into effect on July 1, 2022, or sooner.

## Reducing Price of the 1-Day LinkPass:

In an effort to increase ridership by encouraging more riders to buy passes and increase equity for low-income and minority riders who often purchase this fare product, MBTA

staff have proposed to lower the cost of the 1-Day LinkPass from \$12.75 to \$11. An \$11 LinkPass pays for itself with five subway rides taken in 24 hours. If approved, the \$11 1-Day LinkPass would go into effect on July 1, 2022.

## Expanding Second Transfers on Buses, Express Bus Routes, and/or Subway:

Currently, the MBTA only allows one transfer between Bus and/or Subway with one recent addition – CharlieCard riders may transfer from Bus to Subway to Bus. To simplify complexities in the T's transfer policy, MBTA staff have proposed standardizing the transfer process to allow all combinations of second transfers involving Buses, Express Bus Routes, and/or Subway, including Bus-Bus-Subway, Subway-Bus-Bus, and Express Bus-Express Bus. If approved, the second transfers on Subway and Buses and transfers between Express Routes would go into effect on July 1, 2022.

## Proposed Changes for Reduced Fare Riders:

Some riders are eligible for reduced fares, including people with disabilities

and Medicare cardholders, people 65 and older, some middle and high school students, and people 18 – 25 with low income. MBTA staff have proposed three fare change proposals that aim to improve equity by closing gaps in existing fare structures for Reduced Fare Riders:

## Introducing the 7-Day LinkPass for Reduced Fare Riders:

Aiming to increase equity by increasing the benefits of purchasing fares in bulk for Reduced Fare Riders, MBTA staff have proposed the introduction of a 7-Day LinkPass for Reduced Fare Riders, which is not currently available. This 7-Day LinkPass for Reduced Fare Riders is proposed to be available for \$10, which breaks even after nine subway rides. This product is designed to meet the needs of individuals who might not have enough cash on-hand to afford a monthly pass, but who qualify for Reduced Fare programs. Reduced Single Ride fares for Reduced Fare Riders are \$1.10 for the subway and \$0.85 for the bus with a Reduced Monthly LinkPass available for \$30. The Full Fare 7-Day LinkPass is available for \$22.50. If approved, the expansion of

Reduced Fare 7-Day LinkPass would go into effect on July 1, 2022.

## Introducing Monthly Passes for Reduced Fare Riders on Commuter Rail, Ferry, and Express Bus:

In order to increase equity by closing gaps in the T's offering of products for Reduced Fare Riders, MBTA staff have proposed introducing monthly passes on Commuter Rail, Ferry, and Express Bus for Reduced Fare Riders. This proposal would offer a full set of monthly passes for Reduced Fare Riders at approximately 50% of the full fare pass prices. Currently, Reduced Fare Riders have to purchase Single Ride tickets to benefit from the Reduced Fare pricing. If approved, the expansion of Monthly Passes for Reduced Fare Riders would go into effect on July 1, 2022.

## Expanding Availability of the LinkPass for Reduced Fare Riders on Commuter Rail Zone 1A and Inner Harbor Ferry:

Currently, a LinkPass for Reduced Fare Riders is only available on CharlieCard fare media instead of a printed "flash pass" CharlieTicket that Commuter Rail conductors and ferry staff can see to visual-

ly validate a fare. As more updates take place as part of AFC 2.0, customers will be able to use tappable tickets as well as CharlieCards to travel on the Commuter Rail and Ferries. As such, and to increase access and equitable pricing on Reduced Fare passes, MBTA staff have proposed making the LinkPass for Reduced Fare Riders valid for Commuter Rail travel in Zone 1A and on the Charlestown Ferry. If approved, this expansion of the LinkPass for Reduced Fare Riders would go into effect on July 1, 2022.

The public is invited to comment on these proposed changes at a virtual public meeting to be held on Thursday, February 10, 2022, at 6 PM well as the official public hearing to be held virtually on Thursday, February 17, 2022, at 6 PM. The public is also welcome to submit comments online through Thursday, March 3, 2022, at mbta.com/2022FareChanges or by email to publicengagement@mbta.com. The Title VI analysis will be shared with the MBTA's Board and posted to mbta.com prior to the scheduled March 24, 2022, Board meeting.

## LOCAL STUDENTS EARN ACADEMIC HONORS

### ANNA MARIA COLLEGE ANNOUNCES FALL 2021 DEAN'S LIST

Anna Maria College recently announced academic honors for students named to the Dean's List for Fall Semester 2021. Anna Maria College awards Dean's List recognition to students enrolled in a full-time undergraduate day program in good standing who have

attained in the previous semester a GPA of 3.5 with no grade lower than "B" for a minimum of four courses.

The following student is from Winthrop:

Alana Conti

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[www.annamaria.edu](http://www.annamaria.edu).

### CURRY COLLEGE CONGRATULATES ROUGHLY 1,000 STUDENTS WHO WERE NAMED TO THE FALL 2021 DEAN'S LIST.

Michael Dichiaro of Winthrop was named to the Fall 2021 Dean's List at Curry College.

Olivia Robson of Winthrop was named to the Fall 2021 Dean's List at Curry College.

Curry College, founded in Boston in 1879, is a private, co-educational, liberal arts-based institution located on 131 acres in Milton, Massachusetts. The College extends its educational programs to a continuing education branch campus in Plymouth. The College offers 19 undergraduate majors in specialized and liberal arts programs, as well as graduate degrees

in accounting, business, education, criminal justice, and nursing to a combined enrollment of nearly 2,500 students. The student body consists of 1,700 traditional students and nearly 800 continuing education and graduate students. The College offers a wide array of co-curricular activities ranging from 16 NCAA Division III athletic teams to an outstanding theatre and fine arts program. Visit us on the web at [www.curry.edu](http://www.curry.edu)

### DIMENTO NAMED TO ST. LAWRENCE UNIVERSITY'S FALL 2021 DEAN'S LIST


Gemma DiMento from Winthrop has been named to St. Lawrence University's Dean's List for achieving academic excellence during the Fall 2021 semester.

DiMento is a member of the Class of 2025. DiMento attended Winthrop High

School.

To be eligible for the Dean's List, a student must have completed at least four courses and have an academic average of 3.6 based on a 4.0 scale for the semester.

Founded in 1856, St. Lawrence University is a private, independent liberal arts institution of about 2,500 students located in Canton, New York. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit [www.stlawu.edu](http://www.stlawu.edu).



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# New regulations requiring public notification of sewage discharges into waterbodies

Staff Report

The Baker-Polito Administration announced final regulations establishing rules and procedures requiring permittees to notify the public of untreated or partially treated wastewater, including discharges caused by weather events, into the Commonwealth’s surface waters. Discharges of this nature can have negative health impacts and these new rules will ensure that the public has the most up-to-date information on water quality.

“Our Administration continues to take significant steps to implement these new public notification regulations to ensure both greater transparency and awareness of when discharges into local waterbodies occur,” said Governor Charlie Baker. “Importantly, Massachusetts residents will now know in a timely fashion when water quality is impacted and potentially unsafe to use, providing the Commonwealth with an important tool to protect public health.”

“With aging infrastructure, discharges of untreated and partially treated sewage into the Commonwealth’s waterways continues to be a significant challenge for many of the state’s cities and towns,” said Lieutenant Governor Karyn Polito. “With these new regulations, public awareness will be further raised as we work with our local partners to address infrastructure improvements.”

Notifications must be issued within two hours of the discovery of the discharge to specific local, state, and federal government agencies, as well as to any individual who has subscribed to receive such notifications. The regulations also require notifications to be sent to the two largest news organizations that report on local news in nearby communities and be published on permittees’ websites. Follow-up reporting to MassDEP will be required monthly. Permittees with combined sewer overflows (CSOs) will also be required to maintain sig-

nage at public access points affected by CSO discharges. Furthermore, the regulations will also require municipal boards of health or health departments to issue public health warnings and post signage under certain circumstances.

“With the promulgation of these regulations, the Baker-Polito Administration is seeking to ensure the public will receive timely information related to pollution entering waterbodies,” said Energy and Environmental Affairs Secretary Kathleen Theoharides. “We appreciate the contributions of stakeholders who have advocated for the law and those who provided valuable input for the development of the regulations.”

“We are committed to protecting and improving Massachusetts’ water quality,” said Commissioner Martin Suuberg of the Massachusetts Department of Environmental Protection (MassDEP). “While we recognize there is more work to be done to achieve this goal, these regulations serve an important purpose of in-

forming the public about potentially unsafe conditions while we work toward eliminating these risks for the future.”

MassDEP kicked off the regulation development process with stakeholder meetings in April 2021. The draft regulations went out for public comment in early October 2021, with two public hearings held in late October. The final regulations benefitted from extensive public comments from watershed advocacy organizations, municipal wastewater officials, and municipal health officials. For more information about the sewer discharge regulations, please visit MassDEP’s website.

“These regulations are the next step to protect people from sewage in rivers,” said State Senator Patricia Jehlen (D-Somerville). “Thanks to all those

who have supported the bill through passage and now in providing comments. And thanks to MassDEP for listening and taking a comprehensive approach to public notification. I hope that increased awareness will encourage investment in our water infrastructure so we can get rid of sewage overflows.”

“I commend MassDEP for their collaboration in crafting these regulations to implement the Legislature’s sewage discharge notification law and for their diligent work to carry out the Legislature’s vision. I am very much looking forward to continuing this close collaboration,” said State Representative Linda Dean Campbell (D-Methuen), the lead House sponsor of this legislation. “My thanks also to the Massachusetts Rivers Alliance and the many environmental organizations

for their continuous advocacy. Communities across the Commonwealth will be safer and healthier because of this law and these regulations, and we are already collaborating on the next steps to upgrade our infrastructure.”

MassDEP’s mission is to protect and enhance the Commonwealth’s natural resources – air, water and land – to provide for the health, safety and welfare of all people, and a clean and safe environment for future generations. In carrying out this mission, MassDEP commits to address and advance environmental justice and equity for all people of the Commonwealth, provide meaningful, inclusive opportunities for people to participate in agency decisions that affect their lives and ensure a diverse workforce that reflects the communities served by the agency.

# National Grid US crosses milestone, connects 3 GW of clean distributed generation

Staff Report

National Grid has announced that the company has reached a milestone in connecting more than three gigawatts (GW) of renewable distributed generation across its network.

With 3 GW total of renewable distributed generation now connected to its network, enough to power approximately 600,000 homes, National Grid is the #2 utility in the nation for nonresidential solar installations and #7 for residential solar installations.

“This milestone reflects our company’s commitment toward making a Net Zero future a reality,” said Badar Khan, President of National Grid US. “We are striving to connect solar and distributed generation projects as quickly as possible and are proud to be making rapid progress. By connecting these projects to the grid, we’re helping states meet their clean energy goals, and delivering more renewables to our customers. We are committed to finding a way to ensure fair, and equitable clean energy for our customers and connecting clean, affordable solar power is one way we’re doing that.”

The connection of renewable projects, primarily solar energy, broke previous records in 2021, as more than 525 megawatts (MW) of solar projects – enough to power more than 100,000 homes -- were interconnected across New York, Massachusetts, and Rhode Island. The previous high was in 2020, when the company connected 470 MW of solar projects to its network.

In Massachusetts, National Grid has connected a total of 1,644 MW of distributed generation. In 2021, 236 MW of distributed generation projects was connected, most of it from solar projects.

The success is expected to continue into 2022 as connection applications continue to increase and both New York and Massachusetts are implementing new cost allocation arrangements that will reduce the cost barrier where significant electric distribution modifications are needed.

The states where National Grid operates, New York, Massachusetts, and Rhode Island, have ambitious clean energy goals. In New York, the state hopes to have 70 percent of 1,644 MW of projects connected in Massachusetts electricity from renewable sources by 2030. Rhode Island is striving for 100 percent renewable electricity by that year, and Massachusetts’ goal is for 40 percent by 2030.

National Grid has worked closely with solar developers to conduct studies to find solutions to maximize the amount of distributed generation that is connected to the grid.

The states have ranked highest in overall solar integration, with Rhode Island ranking #1 in total solar installed per square mile where National Grid serves most of that territory.

Massachusetts ranks #3 and New York at #11, where the majority of those solar installations are located in National Grid’s service territory.

National Grid is also ex-

ploring the use of new technologies including distributed energy resource (DER) management systems and smart inverters through scalable demonstration projects that will help to enable DG interconnections throughout the Company’s service territory.

“In the race to reach 100% clean energy, every electron counts. And when those electrons lead to gigawatts, that’s when you’re making serious progress. National Grid has reached a milestone worthy of recognition,” said Northeast Clean Energy Council President Joe Curtatone. “Utilities are-- and must continue to be-- partners in the just transition to a clean energy economy. We look forward to many gigawatts to come.”

National Grid aims to develop and construct nearly \$5 billion in necessary transmission and distribution upgrades to, in part, help meet the renewable targets in the states where it operates, including up to \$4 billion in New York for up to 5,000 MW of new renewable capacity and up to \$700 million in Massachusetts for up to 1,200 MW of new capacity.

National Grid (NYSE: NGG) is an electricity, natural gas, and clean energy delivery company serving more than 20 million people through our networks in New York, Massachusetts, and Rhode Island. National Grid is transforming our electricity and natural gas networks with smarter, cleaner, and more resilient energy solutions to meet the goal of reducing greenhouse gas emissions.

# ABCD Fuel Assistance can help you stay warm

Staff Report

Bitter January cold is hitting Massachusetts and ABCD (Action for Boston Community Development) wants to remind residents that households at or below the federal poverty level can now receive as much as \$1,650 in fuel assistance, while those with slightly higher incomes receive increased benefits on a sliding scale.

Due to the huge spike in energy costs and the ongoing economic crisis battering our most vulnerable households, benefits from the federal Low Income Home Energy Assistance Program (LIHEAP) have been increased. Last year the highest fuel assistance benefit was \$1,210.

“We are thankful for this increase and look forward to the allocation soon of the significant funds committed by President Biden to get everyone safely through the winter and reduce the number of utility shut-offs in April,” said ABCD President/CEO John J. Drew.

families and elders from falling through the cracks, help with fuel costs is also available to those slightly above poverty level. For example, a family of four earning \$78,751 or a single person with an income of \$40,951 may currently qualify for \$989 in fuel assistance.

more.

ABCD also offers more than 70 programs to meet basic needs and to equip individuals with the knowledge and resources to pursue their goals and achieve financial stability. For information about and referrals to all ABCD programs and services, contact abcdconnect@bostonabcd.org or 617.348.6329.

**Sky-rocketing costs**

Home heating oil in Massachusetts is currently at \$3.43 a gallon and up, almost twice the cost last year. It costs about \$800 to fill a tank, and that can run out in a matter of weeks in bitter New England weather. Vulnerable elders and others who cannot afford to keep their thermostats at a comfortable level put themselves at risk of getting sick – or worse.

The rise in home heating costs is sparked by a 30 percent increase in the cost of natural gas. Based on national data, the average residential natural gas bill will increase from \$572 to \$859 this year while heating oil costs per household can rise from \$1,272 to \$1,900. Costs are higher in the Boston-New England region.

Last year a total of 21,501 applications were received for the 2020-2021 heating season, 2,000 more than the previous year. To date this season, ABCD has received more than 16,000 applications. Based on an early surge of applicants, fuel assistance programs are predicting a significant increase in the number of households seeking aid.


Qualifying for fuel assistance opens the door to a comprehensive range of no-cost energy services to keep families warm, safe and healthy including repair and replacement of heating systems, energy-efficient appliances, utility discounts, weatherization, programs to improve energy conservation, and much

**Donations gratefully accepted**

ABCD is grateful for any private donations to the ABCD WINTER FUND which will be used to help those in fuel assistance emergencies after using up their allocation. Your generous gift can save a household from hypothermia, stop a family from turning to dangerous heating substitutes, prevent sickness, and dramatically improve the quality of life. If you’d like to donate to the ABCD WINTER FUND, please call 617-348-6559, email give@bostonabcd.org or visit bostonabcd.org/donate.

A nonprofit human services community action organization, ABCD provides low-income residents in the Boston and Mystic Valley areas with the tools, support and resources they need to transition from poverty to stability and from stability to success. Each year, we’ve served more than 100,000 individuals, elders and families through a broad range of innovative initiatives as well as long-established, proven programs and services. For more than 50 years, ABCD has been deeply rooted in every neighborhood and community served, empowering individuals and families and supporting them in their quest to live with dignity and achieve their highest potential. For more, please visit bostonabcd.org.

# LEGAL NOTICES



**LEGAL NOTICE**  
REQUEST FOR PROPOSALS

For MANAGED INFORMATION TECHNOLOGY SUPPORT SERVICES at the WINTHROP POLICE DEPT.

The Town of Winthrop is requesting proposals for Managed IT Support Services at the Winthrop Police Dept. RFP documents may be picked up at the Procurement Office, Room 6, Town Hall, Winthrop, MA beginning Monday, January 31, 2022. Proposals are due no later than Tuesday, February 15, 2022 at 2:00 p.m. Please refer to RFP package for more

information. The Town reserves the right to accept or reject any or all proposals. Proposals should be submitted to: Town of Winthrop, Attn: Monica Ford, Town Hall, Rm 6, 1 Metcalf Sq., Winthrop, MA 02152. This bid is being procured in accordance with Massachusetts General Laws Chapter 30B.

Monica Ford  
Procurement Officer  
1/27/22 W

**LEGAL NOTICE**  
COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT Suffolk Division INFORMAL PROBATE PUBLICATION

**NOTICE**  
Docket No. SU21P1892EA  
Estate of: Robert E. Tully  
Date of Death: June 21, 2021

To all persons interested in the above captioned estate by Petition of Petitioner Ellen Poveromo of Beverly, MA  
A Will has been admitted to informal probate. Ellen Poveromo of Beverly, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.  
The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code

1/27/22

without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

1/27/22

**LEGAL NOTICE**  
TOWN COUNCIL PUBLIC HEARING DATE OF FEBRUARY 15, 2022

Notice is hereby given in accordance with Section 2.9 (c) of the Code of the Town of Winthrop that the Winthrop Town Council will conduct a Public Hearing on Tuesday, February 15, 2022 at on or after 7:00 p.m., in the Harvey Hearing Room / Via Zoom that the Town Council grants permission to National Grid on the following:  
The following Streets and Highways referred to: Plan 30471298-Mugford St. -Relocate 1 JO Pole on Mugford St. beginning at a point approx. 10' N.E. of the centerline of

1/27/22

the intersection of Tafts Ave. and Mugford St. and continuing approx. 100' in a N.E. direction. Relocate pole 1931 to the opposite side of the street. Install pole 1931 near 179 Strand and bring secondary wires from existing pole 1194 (Tafts Ave.). Old pole 1931 and secondary wires will be removed when work is completed. All documents, legally accessible, pertaining to this hearing(s) and Zoom information can be requested by email to councilclerk@town.winthrop.ma.us or calling 617-846-1852 x 1034. Zoom information will also be available on the Town Website  
Denise Quist, Town Clerk Council Clerk

1/27/22

**LEGAL NOTICE**  
PUBLIC HEARING BOARD OF LICENSE LEGAL NOTICE

Notice is hereby given in accordance with Chapter 138 of the Massachusetts General Laws and Title 5 of the Town of Winthrop’s Board of License Commissioners will conduct a public hearing on Monday February 14, 2022 at or after 6:00pm. In the Harvey Hearing Room, upon the application of Drop Zone Brewery, LLC 10 Putnam St. #6, Winthrop, MA requesting an Annual Brewery License to be served on premise and off premise selling of malt brewed beverage only.  
All documents pertaining to this hearing can be viewed by calling 617-846-1852 x1035 Clerk of the Board of License during normal business hours of which a copy or email can be sent for review.  
Denise Quist Clerk-Board of License 1/27/22 W

**LEGAL NOTICE**  
PUBLIC HEARING BOARD OF LICENSE LEGAL NOTICE

Notice is hereby given in accordance with Chapter 138 of the Massachusetts General Laws and Title 5 of the Town of Winthrop’s Board of License



CITY PAWS

Mindfulness for Your Dog

By Penny & Ed Cherubino

The next time you're walking without your dog, try to notice how connected and aware dogs and their guardians are to one another. Occasionally you'll see a dog that keeps looking up, checking to see what the person on the other end of the leash is doing. That can be a sign that some good training has taken place. The dog and person have learned that the first step for any change in behavior is for both to pay attention.

**What Is Mindfulness?**  
The website Mindful.org has defined mindfulness as, "... the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us."  
Dogs may not understand the concept of mindfulness but people can and should. This is especially true for some portion of the time they give to their dogs. We call them companion animals. We talk about the bond between a human and

a canine. But, we don't always give these pack-oriented animals enough of our full and focused attention.  
As you make your walking observations, notice the people with a phone in one hand and a leash in the other. Or, even worse, the person on the phone while their illegally off-leash dog wanders down the sidewalk or interacts with other dogs in a legal off-leash recreation area.  
Of course, we all have times when we feel the need to multi-task and phone addiction is a real thing. There are also some dog walks that are quick trips outside to get the job done and get back to work.

**Just How Focused Are You?**  
Now, think back over the past week and estimate how much time you spent really focused on your dog in an enjoyable and relaxed way. Consider tucking your phone and earbuds away for a dog walk. If it's something your dog enjoys, consider a mutual time-out, just

sitting with your dog and simply stroking or massaging her in an attentive way.  
Are there other experiences your dog seems to enjoy that might be made better for both of you if you focused on just that for a time? For example, one part of being outside that our Poppy loves is sitting on benches and watching what's happening. We both enjoy doing this with her when the weather permits.  
For many dogs, exploring the scents of the world is the best part of any dog walk. While a bit of aerobic exercise is important for both of you, try to allow time for your dog to enjoy sniffing and exploring.  
While he is doing his thing, you can put on your "protective person hat" and watch for any dangers that a busy nose might encounter from dropped food to nasty critters. Most of the time, all you'll see is your dog enjoying himself but this task will give you a reason to stay engaged.



(PHOTO: ISTOCKPHOTO.COM)

Yes, you might need your phone on a dog walk. However, keeping it in your pocket can ensure a more mindful time with your canine companion.

**Make Dog Time a Calm Time**  
Finally, try to make your mindful, bonding time with your dog a calm time for both of you. We can all use some relaxation and calm in our lives. We all have to spend a part of our time

with our dogs doing chores we don't love, protecting them from dangers, and correcting unwanted behaviors. It's good to remember why we have a dog in our lives and consciously make some calm time for the relationship. Take a few deep

breaths, relax and enjoy a half-hour of quality time focused on your best friend.  
*Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.*

Baker-Polito Administration to file for \$200 million in Chapter 90 funding

Staff Report

The Baker-Polito Administration announced plans to file legislation next week seeking \$200 million in Chapter 90 funding to help all 351 cities and towns in Massachusetts improve transportation infrastructure and address needs within their local communities. Governor Charlie Baker made the announcement at the Massachusetts Municipal Association's (MMA) Annual Meeting earlier this week.

This funding request complements the \$31.5 million increase in unrestricted local aid that will be included in the Administration's Fiscal Year 2023 (FY23) budget proposal, as announced by Lt. Governor Karyn Polito at the MMA meeting this past week. Keeping a commitment made by the Governor and Lt. Governor in 2014, the Administration's budget proposals over the course of their time in office have increased local aid consistent with tax revenue growth.

The Administration's full FY23 budget proposal will be released in the coming days.  
"As former local officials, Lt. Governor Polito and I pledged to be strong partners with cities and towns throughout our administration, and with these proposed investments in our cities and towns and local infrastructure, we are proud to sustain that commitment," said Governor Charlie Baker. "The budget proposals we have filed throughout our time in office kept our promise to cities and towns to increase local aid funding consistent with the growth in state tax revenue, and we have consistently filed for additional Chapter 90 funds to make critical improvements for local roads and bridges."  
"Our commitment to cities and towns has remained a vital part of our Administration's approach, and we are proud to once again increase support for local aid through our FY23 budget

proposal," said Lt. Governor Karyn Polito. "We look forward to partnering with our legislative colleagues to ensure our municipalities get the support they need to serve their residents and improve their local infrastructure."  
This \$200 million in Chapter 90 funding would be available to local cities and towns for FY23. After taking office in 2015, Governor Baker quickly directed MassDOT to release \$100 million in Chapter 90 funds that had been promised the previous year, fulfilling a commitment made to cities and towns. The Baker-Polito Administration has released a total of \$1.56 billion in funding through the Chapter 90 formula, and if approved by the Legislature, this most recent request would bring the total to \$1.76 billion.  
"The Baker-Polito Administration continues to focus on supporting cities and towns by providing critical resources through

the Chapter 90 program and through increases in local aid," said Administration and Finance Secretary Michael J. Heffernan. "We are proud to once again request these important resources which give municipalities the tools they need to effectively improve their communities."  
In her remarks to the MMA, Lt. Governor Karyn Polito also announced that the Administration's FY23 budget proposal will include \$1.2 billion for unrestricted general government aid (UGGA), a \$31.5 million increase over Fiscal Year 2022, and equal to a projected 2.7% increase in tax revenue in the FY23 consensus revenue estimate. Including the FY23 budget proposal, the Administration has increased the total annual UGGA distribution by \$253.9 million since taking office.  
"The Chapter 90 funding program is a lifeline for municipalities as they manage and maintain their

roadways and bridges," said Transportation Secretary and CEO Jamey Tesler. "Additionally, the Baker/Polito Administration has created and funded municipal programs like the Complete Streets Funding Program, Shared Streets and Spaces, Municipal Small Bridge, Municipal Pavement and Local Bottleneck Reduction, which have not only provided a generational investment directly to communities but helped repair and modernize the transportation network of the Commonwealth."  
Through the Chapter 90 program, the Massachusetts Department of Transportation (MassDOT) reimburses cities and towns for costs incurred for eligible transportation projects. Funding is awarded by municipality and is predetermined by a formula that includes factors such as population, road miles, and employment.

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Goldberg and Citizens launch Worth and Wealth Seminars

Staff Report

State Treasurer Deborah Goldberg's Office of Economic Empowerment and Citizens have launched registration for their new Worth and Wealth Seminars. These free virtual trainings will equip Massachusetts women with

financial skills and knowledge to build confidence in their economic futures. Participants can choose to enroll in one of the two English-speaking sessions taking place in February and March, or in the Spanish-speaking session scheduled in April.  
During each session, participants will attend a kick-off event and four subsequent weekly webinars where they will learn about salary negotiation skills, employment rights, investing strategies, and many other topics that will benefit them in their career and personal life. Registration is open now and all Massachusetts women are encouraged to sign up. The first cohort kicks off on January 26th and will meet on Wednesdays at 6pm for the following four weeks.  
"By providing women access to quality financial education resources and tools, we help level the economic playing field all across Massachusetts," said

State Treasurer Deborah B. Goldberg. "These seminars will empower participants with the skills to overcome barriers and to attain the jobs they desire and the pay they deserve."  
The Worth and Wealth Seminars are funded by a generous grant from Citizens to the Economic Empowerment Trust Fund. Citizens staff also volunteer their time to support the program through one-on-one financial wellness check-ups for interested program attendees, and lead regional breakout groups to help encourage deeper learning of the topics addressed in the sessions. The Office of Economic Empowerment also created a "Partners Circle" for Worth & Wealth presenters, non-profit organizations, and state agencies to get involved in the events, and spread the word to their constituencies.  
"We must remain steadfast in our efforts to ensure that women, who we know have been disproportionate-

ly impacted by the pandemic, are not left behind as the Commonwealth builds back," said Lisa Murray, President, Citizens Massachusetts. "Financial knowledge is a key lever for economic mobility, and we're proud to continue our work with the Office of Economic Empowerment helping women build the skills to take control of their financial futures."  
Treasurer Goldberg created the Office of Economic Empowerment, led by a deputy treasurer, with the deliberate goal of implementing a range of economic empowerment initiatives that include closing the race and gender wage gap, addressing racial equity, increasing access to financial education, improving college affordability, and investing in STEM careers and education.  
More information is available at [www.citizensbank.com](http://www.citizensbank.com) or visit us on Twitter, LinkedIn or Facebook

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# Unemployment in the Commonwealth drops 1.3 percent from the November estimate

Special to the Transcript

The state's December total unemployment rate dropped by 1.3 percentage points at 3.9 percent from the revised November estimate of 5.2 percent, the Executive Office of Labor and Workforce Development announced Friday.

The Bureau of Labor Statistics' preliminary job estimates indicate Massachusetts gained 20,100 jobs in December. This follows last month's revised gain of 14,200 jobs. The largest over the month private sector job gains were in Leisure and Hospitality, Trade, Transportation, and Utilities, and Educational and Health Services. Since the employment trough in April 2020, Massachusetts has gained 537,000 jobs.

From December 2020 to December 2021, BLS estimates Massachusetts gained 222,200 jobs. The largest over the year gains occurred in Leisure and Hospitality; Professional, Scientific, and Business Services; and Education and Health Services.

The December unemployment rate of 3.9 percent was the same as the national rate reported by the Bureau of Labor Statistics.

The labor force decreased by 41,700 from 3,732,000 in November, as 7,900 more residents

were employed, and 49,600 fewer residents were unemployed over the month.

Over the year, the state's seasonally adjusted unemployment rate was down by 4.5 percentage points.

The state's labor force participation rate – the total number of residents 16 or older who worked or were unemployed and actively sought work in the last four weeks – was down seven-tenths of a percentage point at 65.4 percent. Compared to December 2020, the labor force participation rate is down 1.1 percentage points.

- December 2021 Employment Overview**
- Leisure and Hospitality gained 4,400 (+1.4%) jobs over the month. Over the year, 65,200 (+25.6%) jobs were added.
  - Trade, Transportation and Utilities gained 3,600 (+0.6%) over the month. Over the year, 19,700 (+3.6%) jobs were added.
  - Education and Health Services gained 3,300 (+0.4%) jobs over the month. Over the year, 36,400 (+4.9%) jobs were added.
  - Professional and Business Services gained 2,900 (+0.5%) jobs over the month. Over the year, 40,600 (+7.0%) jobs were added.
  - Construction gained

- 2,000 (+1.2%) jobs over the month. Over the year, 10,000 (+6.2%) jobs were added.
- Government gained 1,300 (+0.3%) jobs over the month. Over the year, 23,200 (+5.5%) jobs were added.
- Manufacturing gained 1,100 (+0.5%) jobs over the month. Over the year, 9,900 (+4.3%) jobs were added.
- Other Services gained 800 (+0.7%) jobs over the month. Over the year, 7,900 (+7.0%) jobs were added.
- Information gained

- month. Over the year, 7,900 (+9.2%) jobs were added.
- Financial Activities had no change in jobs over the month. Over the year, 1,300 (+0.6%) jobs were added.

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# First woman takes command of USS Constitution

Staff Report

Cmdr. Billie Farrell relieved Cmdr. John Benda as commanding officer of USS Constitution during a change of command ceremony, Jan. 21.

Cmdr. Farrell became Old Ironsides' 77th commanding officer and the first woman to serve as the ship's commanding officer in the ship's 224 years of history, dating back to 1797.

"There is a picture floating around of me standing next to this remarkable ship back in 1998," said Farrell. "I could never have imagined that 24 years later that

I'd be here today taking command of Old Ironsides. USS Constitution serves as a living piece of history. She can be visited and experienced firsthand, connecting us to those who had a vision of what this country and government would be. She is also a somber reminder of those service members that gave the ultimate sacrifice on her decks to create the nation we know today."

Farrell previously served as the executive officer aboard the Ticonderoga-class guided missile cruiser USS Vicksburg (CG 69).

She is a native of Paducah, Ky. and a graduate of the U.S. Naval Academy



PHOTO BY MC2 JACOB MILHAM  
**Commander Billie Farrel.**

and the University of Arkansas.

As USS Constitution's crew welcomed Farrell's historic achievement, they said farewell to the ship's 76th commanding officer, and local Dedham, Massa-

chusetts, native.

"I know the crew is in great hands with Commander Farrell," said Benda. "This historic barrier is long overdue to be broken. I cannot think of a better candidate to serve as USS Constitution's first female commanding officer. I look forward to watching what she and the crew accomplish in the next few years."

He served as USS Constitution's executive officer from 2017 to 2019 before taking command of Old Ironsides in 2019.

Benda's next command will be teaching at the U.S. Naval War College in Newport, Rhode Island.

The first female com-

missioned officer to serve aboard USS Constitution was Lt. Cmdr. Claire V. Bloom, who served as executive officer and led the historic 1997 sail, the first time Old Ironsides sailed under her own power since 1881.

The first female crew member was Rosemarie Lanam, an enlisted Sailor, who joined USS Constitution's crew in 1986.

Today women comprise more than one third of the 80-person crew.

USS Constitution is the world's oldest commissioned warship afloat and played a crucial role in the Barbary Wars and the War of 1812, actively defend-

ing sea lanes from 1797 to 1855.

The active-duty Sailors stationed aboard USS Constitution provide free tours and offer public visitation as they support the ship's mission of promoting the Navy's history and maritime heritage and raising awareness of the importance of a sustained naval presence.

USS Constitution was undefeated in battle and destroyed or captured 33 opponents.

The ship earned the nickname of Old Ironsides during the war of 1812 when British cannonballs were seen bouncing off the ship's wooden hull.

## Sports Years // CONTINUED FROM PAGE 11

rebound. With the score tied at 53-53, the call for a shooting foul all but sealed the Lady Vikings' fate. The Salem girl sank her first free throw to provide the margin of victory, 54-53. Temison Meggison came through with her best game of the season, putting together a fine double-double with 15 points and 13 rebounds. Ashelyne Babb and Theresa Jones also

came up big for Winthrop with 12 points each. Sis-camanis hit for nine points, with Angelina Favaloro adding three (plus seven rebounds) and Alyssa Mackey chipping in with two.

**20 years ago**  
**January 28, 2002**  
The WHS boys hockey team improved to 9-1 in the

NEC and 10-3 overall with a 5-2 win over Gloucester. Lucas Guarino, Danny Wilson, Bobby Kneeland (two goals), and Matt Driscoll scored the goals for the Vikings.

Freshman Rachel DeLeo scored 12 points to spark the WHS girls basketball team to a second half comeback, but the Lady Viking

rally fell just short in a 41-39 loss to Beverly. Kristen Costello pulled down 16 rebounds for Winthrop.

The WHS boys basketball team shocked Danvers, 55-54, on a last-second bucket by captain Mark O'Brien, who hit for 29 points on the night.

**30 years ago**  
**January 29, 1992**  
Cheri Lee scored 13 points to lead the WHS girls basketball team to a 50-33 win over Swampscott. Liz Doherty scored a career-high 30 points to pace the Lady Vikings, who now are 13-0. to 58-31 romp over Lynn English.

Freshman Erica Towilson

won the high jump with a leap of 5'-0" at the Red Auerbach Freshman/Sophomore Meet held at MIT on Sunday. Erica also took fourth place in the 50 yard hurdles in a time of 7.9 seconds.

The WHS boys basketball team dropped a 79-69 decision to Swampscott despite a 25-point effort by Mike Mason.

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