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SUNXTRANSCRIPT

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THURSDAY, January 13, 2022

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NEWS Briefs

TOWN PROVIDES CLARIFICATION ON PROPERTY TAX BILLS

Interim Town Manager Terence Delehanty and the Town of Winthrop wish to provide residents with an update on property tax bills.

Due to a software error, third-quarter tax bills displayed a 2021 assessed value on tax bills rather than the 2022 values they should have displayed. However, the amount due listed on individual bills is

The Town of Winthrop has engaged the Department of Revenue's Division of Local Services regarding the error.

"We would like to apologize for any confusion caused by this error, and encourage residents to reach out if they have any questions," Delehanty said. "However, they should rest assured that the listed

See BRIEFS Page 6



King Holiday on Monday January 17, 2022, Trash will be delayed by one day

Capitol Waste Services, Inc.



FIRST SNOWFALL OF 2022



Shown above, Saint John's **Episcopal Church on Bowdoin Street may have** showed signs of a wintery cold day on the outside, but all are warmly welcomed inside.

Shown right, Matteo Cantu was out with his dad Dane, building a snow castle.

Shown below, residents make their way Winthrop's boat launching ramp for a boat ride. See more photos on Page 8.





FKO Afterschool awarded \$5,000 grant towards scholarships for Winthrop families in need

Staff Report

For Kids Only Afterschool (FKO) received a \$5,000 grant award from East Boston Savings Bank Charitable Foundation for FKO's scholarship program to cover tuition costs for families in need.

"We are extremely grateful for this generous grant which expanded access to safe afterschool and summer enrichment activities for Winthrop youth," said

Deborah Kneeland Keegan, FKO Executive Director. 100% of grant funding was used to provide scholarship assistance that allows low and moderate income and at-risk school-aged youth from Winthrop access to quality out-of-school time enrichment.

FKO collaborates with Winthrop Public Schools and other community and government partners to design and provide outof-school-time (OST) ser-

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vices that meet the needs of local youth. Through its longstanding contract with the Massachusetts Department of Early Education and Care, FKO provides low-income families with subsidized programming and through its contract with Massachusetts Department of Family and Children's Services, provides Supportive Child Care services for children at risk of abuse or neglect, living in foster care, or exposed to trauma. Together, these collaborations help FKO connect Winthrop youth to safe, healthy enrichment opportunities.

With this generous funding from the East Boston Savings Bank Charitable Foundation FKO will con-

See FKO Page 3

As Omicron rages, WPS sees historic staff, student absences

By Laura Plummer

The Winthrop School Committee met on Jan. 10, where the dominant theme of the evening was the unprecedented staff and stu-

dent absences in the district.

The meeting was the first to be attended by newly elected Town Council Pres. James Letterie and School Committee member Suzanne Leonard. They joined Chairwoman Jennifer Powell, Vice Chair Julie Barrie, and members Gus Martucci and Suzanne Swope.

Supt. Lisa Howard congratulated and welcomed the committee's new members, calling it "an exciting time to start anew."

COVID

In her usual COVID update, Supt. Howard reported a level of student and staff absences never before seen in the district. The town had predicted a spike due to holiday gatherings especially with the Omicron variant already on the rise, but nothing like this.

On Monday, Jan. 3, the district was missing 446 students (almost a quarter of all enrolled) and 20 staff. While the student absences seemed to level off in the following days, the staff

See SCHOOL COMM. Page 3

Winthrop COVID cases on the rise

By John Lynds

It seems as though Winthrop is not immune to the rising number of COVID cases that have affected neighboring cities and towns and some are reassessing that bit of freedom we all enjoyed over the summer months.

According to the Director of the Winthrop Department of Public Health & Clinical Services

Meredith Hurley, RN, MPH, the weekly positive test rate jumped 82 percent when comparing the week ending January 1 with the week ending December 25.

For the week ending

January 1 3,386 Winthrop residents were tested for COVID and 15.8 percent were found to be positive. This was an 82 percent spike from the 8.7 percent that tested positive the week prior.

Six percent more residents were tested for the virus during the week ending January 1 so it seems the Omnicron variant, which makes up nearly all new cases in the US, is spreading rapidly through the

The number of confirmed cases jumped from 280 to 535 from Christmas

See COVID-19 Page 3

WINTHROP MARKETPLACE **HELP WANTED**

WE ARE LOOKING FOR CASHIERS TO WORK A VARIETY OF SHIFTS INCLUDING DAYS, NIGHTS AND WEEKENDS. QUALIFIED CANDI-DATES MUST POSSESS STRONG CUSTOMER SERVICE SKILLS, BE ABLE TO MULTITASK, AND HAVE A GREAT ATTENTION TO DETAIL. INQUIRE WITHIN. ASK FOR MARC OR CHRIS.

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The Independent Newspaper Group Offices will be closed on

MONDAY, JANUARY 17

in observation of

MARTIN LUTHER KING, JR. DAY

The office will reopen on Tuesday, Jan. 18

Deadlines for ads & copy is Friday, Jan. 14.

ENTURY 2

231 GLADSTONE ST. **EAST BOSTON** Don't miss this large 2 family home in the desirable Orient leights Section of East Boston

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37 HORACE ST. **EAST BOSTON** Now available at The ENZO - 1

2 & 3 bedrooms luxury condo units. Bosch stainless steel appliances, quartz countertops in-unit Electrolux washer & dryer, engineered hardwood floors and so much more. With prices ranging from \$450,000-\$850,000



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full bathrooms & so many updates. **\$629,900**

WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Winthrop Police Department responded on the listed dates. The log is a public record and available for review. All persons who are arrested or charged with a crime are presumed innocent until proven guilty in a court of

MONDAY, DEC. 27

1015: A resident came into the station to report a case of identity fraud involving her bank. The officer spoke to bank officials and filed a report.

1307: A resident reported a case of assault and battery. The officer filed a report.

1351: A resident came into the station to report a case of identity theft. The officer filed a report.

1605: An officer directed the owners of two vehicles blocking a driveway on Ocean Ave. to move their vehicles.

1907: An officer directed the owner of a vehicle blocking a driveway on Shirley St. to move the ve-

2323: An officer stopped a motor vehicle (MV) at Revere St. and Sagamore Ave. for the civil moving infraction of an obstructed registration plate. The officer gave the operator a verbal warning and instructed the operator to fix the problem forthwith.

2329: An officer stopped a motor vehicle (MV) at Revere St. and Crest Ave. for the civil moving infractions of excessive window tint and not having a front plate. The officer issued a citation to the operator.

TUESDAY, DEC. 28

0042: An officer stopped a motor vehicle (MV) at Magee's Corner for the civil moving infraction of failing to stop for a traffic control signal. The officer issued a citation to the operator.

0706: A Lincoln St. resident reported that his motor vehicle had been broken into overnight. The passenger front window was smashed and a wallet was

1641: An officer stopped a motor vehicle (MV) at Bowdoin and Centre Sts. for a civil moving infraction and gave a verbal warning to the operator.

1744: An officer directed a person playing music extremely loudly in his motor vehicle at the car wash on Main St. to leave the area.

1956: An officer responded to a report of a group of persons engaged in an argument on Moore St. The officer will issue a summons to a male party for a court hearing before a magistrate for the criminal offense of assault & battery.

2248: An officer dispersed persons in a motor vehicle from Hannaford Park, which is closed after

2308: An officer stopped a motor vehicle (MV) on Shirley St. for the civil moving infraction of a headlight violation. The officer gave a verbal warning to the operator.

2322: An officer stopped a motor vehicle (MV) at Revere St. and Summit Ave. for the civil moving infraction of failing to stop for a traffic control signal. The officer issued a citation to the operator.

2328: An officer responded to a report of an unruly customer at a local convenience store and restored the peace.

WEDNESDAY, DEC. 29

0225: An officer issued a parking ticket to a commercial vehicle for parking overnight in the street on Hutchinson St.

1200: An officer stopped

a motor vehicle (MV) on Washington Ave. and issued a citation to the operator, a 53 year-old Winthrop man, for the criminal offenses of unlicensed operation of an MV, attaching plates, and

operating an uninsured MV.

He also was cited for the

civil violation of operating an unregistered MV.

1334: An officer responded to a minor motor vehicle accident at Walden and Main Sts. and filed a

1938: An officer stopped a motor vehicle (MV) at Shirley St. and Veterans Rd. for the civil moving infraction of failing to stop for a traffic control signal. The officer issued a citation to the operator.

2002: An officer stopped a motor vehicle (MV) at Shirley and Crescent Sts. for the civil moving infraction of a headlight violation. The officer gave a verbal warning to the operator.

2315: An officer stopped a motor vehicle (MV) on Washington Ave. for the civil moving infraction of speeding. The officer issued a citation to the operator.

2351: An officer stopped a motor vehicle (MV) on Pleasant St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

THURSDAY, DEC. 30

0000: An officer stopped a motor vehicle (MV) at Waldemar Ave. and Pleasant St. for the civil moving infractions of two equipment violations. The officer gave a verbal warning to the operator.

0008: An officer stopped a motor vehicle (MV) on Main St. for the civil moving infraction of speeding. The officer issued a citation to the operator.

0033: An officer stopped a motor vehicle (MV) on Washington Ave. for the civil moving infractions of an equipment violation and speeding. The officer gave a verbal warning to the op-

0044: An officer stopped a motor vehicle (MV) on Shirley St. at Washington Ave. for the civil moving infraction of speeding. The officer gave a verbal warning to the operator.

1008: An officer stopped a motor vehicle (MV) at

Hermon and Main Sts. for a moving violation. The officer gave a verbal warning to the operator.

1317: An officer stopped a motor vehicle (MV) on Walden St. for a civil moving violation. The officer gave a verbal warning to the operator.

1453: A Shirley St. resident reported that a motor vehicle backed into his fence the previous day. The officer filed a report and issued a citation to the operator of the vehicle. 1512: An officer stopped

a motor vehicle (MV) on Shore Drive for the civil moving infraction of a stop sign violation. The officer gave a verbal warning to the operator. 1706: An officer stopped a motor vehicle at Lincoln

and Walden Sts. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator. 1717: An officer stopped a motor vehicle on Walden

St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator. 1724: An officer stopped a motor vehicle at Revere and Taylor Sts. for the civil moving infraction of a red

issued a citation to the op-1749: An officer stopped a motor vehicle (MV) on Shore Drive for the civil moving infraction of a headlights violation. The officer gave a verbal warn-

light violation. The officer

ing to the operator. 1912: An officer stopped a motor vehicle (MV) on Jefferson St. for the civil moving infraction of a headlights violation. The officer gave a verbal warning to the operator.

2019: A resident reported possibly being the victim of a scam email. The officer filed a report. 2111: An officer stopped

a motor vehicle (MV) on Veterans Rd. for a civil moving infraction and arrested the operator, Jesus Sierra-Santiago, 28, of Boston, for the criminal offenses of trafficking in more than 10 grams of fentanyl, operating an MV with a suspended license, illegal possession of a Class B controlled narcotic substance with intent to distribute, and providing false identifying information after being arrested. He also was cited for the civil moving motor vehicle infraction of a failure to stop for a traffic control sign.

2115: An officer assisted the parties with the exchange of papers at a minor motor vehicle accident on Bellevue Ave. in which a vehicle backed up into a parked vehicle.

FRIDAY, DEC. 31

0015: An officer stopped a motor vehicle (MV) on Main St. for a civil moving infraction and gave a verbal warning to the operator.

0934: An officer stopped a motor vehicle (MV) on Banks and Main Sts. and issued a citation to the op-

1334: An officer stopped a motor vehicle on Main St. for the civil moving infraction of a stop sign violation. The officer issued a citation to the operator.

1347: Officers pursued a motor vehicle into Revere for numerous civil and criminal violations. The vehicle was pulled over at No. Shore Rd. and Oak Island St. and was towed back to Winthrop. The operator was cited for various civil and criminal motor vehicle infractions. The operator and passengers were released to their parents.

1808: An officer stopped a motor vehicle (MV) on Cross St. for a civil moving infraction and gave a verbal warning to the operator.

1820: An officer stopped a motor vehicle at Revere St. and Sagamore Ave. for the civil moving infraction of failing to stop for a traffic control signal. The officer issued a citation to the operator.

1841: An officer stopped a motor vehicle on Putnam St. for the civil moving infraction of a one-way violation. The officer issued a citation to the operator.

2011: An officer stopped a motor vehicle (MV) at Revere and Hutchinson Sts. for a civil moving infraction and gave a verbal

warning to the operator. 2307: Officers provided assistance at the scene of a building fire on Locust St.

SATURDAY, JAN. 1

0350: An officer directed

the owner of a home in the 800 block of Shirley St. to turn off the music at his party for the night. 1101: A resident reported

that a large sum of cash was taken from her home during the night. The officer filed a report. 2142: A Pleasant St. resi-

dent reported that her fence had been damaged overnight. 2143: A Winthrop St. resident reported that the

side view mirror of her motor vehicle had been damaged, presumably by a passing car, overnight. The officer filed a report. 2218: An officer stopped

a motor vehicle (MV) in Metcalf Sq. for a civil moving infraction and issued a citation to the operator.

SUNDAY, JAN. 2

1228: An officer directed a person playing drums loudly on Sagamore Ave. to stop doing so. This has been an ongoing issue in the neighborhood.

2007: An officer stopped a motor vehicle (MV) at Pleasant St. and Villa Ave. and issued a citation to the operator for the civil moving infractions of operating without headlights and not having a license in posses-

0317: An officer responded to a report of a disturbance at an apartment on Jefferson Ave. and restored the peace.

News Briefs // CONTINUED FROM PAGE 1

amount due is correct and no action is needed on their

part."

Residents may view their updated property valuation in the town's online system, Vision, by clicking here. Any residents who would like an amended printed tax bill may obtain one by contacting the town treasurer/ collector's office at 617-846-1750.

The abatement period for third-quarter bills has been extended until May 2.

MVES OFFERS VIRTUAL HEALTHY AGING WORKSHOP

Mystic Valley Elder Services (MVES) will present a FREE Virtual Healthy Aging

Life; My Health: Healthy Eating for Successful Living, offered on Mondays, 10:00 am to 12:00 pm from January 24 to March 7, 2022 (no class February 21). Throughout the series, you'll learn more about how nutrition, physical activity and lifestyle changes can promote better health. This virtual workshop series focuses on heart- and bonehealthy nutrition strategies to help maintain or improve wellness and prevent chronic disease development or progression in older adults. Healthy Eating uses the US-DA's MyPlate as a frame-

Mystic Valley Elder Services works with our neighbors in Chelsea, Everett,

workshop series called My Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield, and Winthrop.

Learn how to connect

virtually thru a Zoom platform and take the classes from the comfort of your home. Class size is limited so reserve your spot today. To register, or if you have any questions about the program, contact Donna Covelle at dcovelle@mves. org or call 781-388-4867.

Celebrating 45 Years of helping older adults keep their independence, Mystic Valley Elder Services is a non-profit agency located in Malden, Mass., that provides essential home- and community-based care and resources to older adults, adults living with disabilities, and caregivers who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and

wininrop, regardless of their income level. Agency services include coordination of home care, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit www.mves.org.

ARCHDIOCESE OF BOSTON **EXTENDS MASK** REQUIREMENTS FOR MASSES

In the light of the continued growth in the numbers of new COVID cases, Cardinal Seán is extending the current mask mandate.

It is mandated that that throughout the Archdiocese of Boston all people attending public Masses, including weddings and funerals, wear masks. This is an extension of the mandate currently in effect, and expires on Thursday, March 3,

2022, which is the day after Ash Wednesday. Mass celebrants, dea-

cons, readers, servers, choir members, and instrumentalists, must all wear masks except when they are speaking. Children under the age of

five are not required to wear masks. Children under the age of two should not wear masks. In addition, all churches

must continue to provide a designated area in which social distancing is respected for those who want to use it.

Parishes should have masks available for people inasmuch as possible.

CHA RENAMES OBSTETRICS AND GYNECOLOGY CENTERS

Cambridge Health Alliance (CHA) Women's Health Centers have a new name. All three centers in Cambridge, Somerville and Revere are now called CHA Obstetrics and Gynecology Centers.

CHA Obstetrics and Gy-

necology Centers focus on providing safe and equitable gynecological, reproductive health as well as prenatal and postnatal care. "We care about all of our patients, every day," said Kate Harney, MD, CHA's chief of obstetrics and gy-

necology. In 2021, CHA's Labor, Delivery and Postpartum services were named among the top 100 in the country by Newsweek magazine. This recognition, along with a Leapfrog A grade and distinguished awards from the Lown Institute for Value of Care, Health Equity, Cost Efficiency, Inclusivity and more, demonstrate the high quality Obstetrics & Gynecology care patients receive at CHA.

"One of the important reasons we were added to the list of best maternity services in the country is our commitment to equity,' said Dr. Harney. "The department prioritizes removing barriers to care and by changing our name, we're making our centers more inclusive, especially for transgender and gender diverse patients."

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Many groups of people have been left out of research in the past. That means we know less about their health. When you join the All of Us Research Program, you'll help researchers learn more about what makes people sick or keeps them healthy.

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treatments that benefit all of us.

completion of their visit. To complete the visit, participants must create an account, give consent, agree to share their electronic health records, answer health surveys, and have their measurements taken (height, weight, blood pressure, etc.), and give blood and urine samples, if asked. All of Us and the All of Us logo are service marks of

the U.S. Department of Health and Human Services

*All participants will receive \$25 after



BOSTON MEDICAL

AllofUs MASSACHUSETTS GENERAL HOSPITAL

WINTHROP PLANNING BOARD **PUBLIC HEARING**

Notice is hereby given in accordance with Massachusetts General Law Chapter 40A Section 9 of the Zoning Codes that the Winthrop Planning Board will conduct a Public Hearing on January 24, 2022 at or after 7:00 p.m.in the Harvey Hearing Room/ Via Zoom on the application of Glen and Jason Calla for a Definitive Subdivision located at 40R

PUBLIC HEARING-PLANNING

BOARD-JANUARY 24, 2022

Banks St., Winthrop, MA. All information in regards to this project can be requested at the Town Clerks office, Room 5 Town Hall. Denise Quist

1-6-2022, 1-13-2022, W

GERRY D'AMBROSIO **ATTORNEY AT LAW**

IS YOUR ESTATE IN ORDER? DO YOU HAVE AN UPDATED WILL, HEALTH CARE

PROXY, OR POWER OF ATTORNEY?

IF NOT, PLEASE CALL FOR FREE CONSULTATION

781-284-5657

Lydia Edwards becomes Senator-elect Edwards following election

On Tuesday, voters in Winthrop and the rest of the First Suffolk & Middlesex district went to the polls and

elected City Councilor Lydia Edwards to serve as their next state senator. Once sworn in Edwards will become the first woman and the first person of color to represent the district.

"I am grateful to the people of Boston, Cambridge, Revere and Winthrop for sending me to Beacon Hill to fight for our communi-

Edwards. "I know how to fight for what you believe in, build a movement and win, and I am looking forward to continuing the work in the state house. When in 2014 we passed the Domestic Workers Bill of Rights, we showed the world that nannies and house cleaners can write laws: they know as workers, as women, as immigrants and people of color, about the dignity they deserve and they know when our government needs to do more to guarantee their rights and

said Senator-Elect

wellbeing." Edwards continued, "Like so many in our communities, I know what it's like to be unable to afford school lunch, to lose a job and panic about next month's rent, to live each day breathing in air pollution and to worry about tomorrow as the sea levels continue to rise. Together, with our pain and purpose, we will fight for laws and the social conditions that protect people, communities and our planet. I am excited for the journey ahead."

The election took place across the district during Tuesday's frigid state general election and included Wards and Precincts in Winthrop, Revere, Eastie, Beacon Hill, the North End, Bay Village, Chinatown, the South End and Cambridgeport. With no Republican or Independent challenger on the ballot Edwards's win was all but guaranteed Tuesday.

On Tuesday, in a very low voter turnout election, Edwards received 1,764 votes across the senatorial district to secure the senaSenator-Elect Lydia Ed-

wards.

torial seat.

Edwards beat Revere School Committee member Anthony D'Ambrosio during the December 14 state Democratic Primary to fill the seat left vacant in the fall by Joe Boncore.

Edwards won every Precinct in her hometown of Eastie and beat D'Ambrosio nearly 80 to 20 in the rest of Boston's Wards and Precincts. While D'Ambrosio won

his hometown of Revere handidly Edwards was able to pull out a victory in the hotly contested Town of Winthrop—winning all but one Precinct in the town.

Edwards is a career advocate, activist, and voice on behalf of society's most vulnerable. She was raised all over the world by her military mom but chose to make Eastie her home.

Prior to her public service, Edwards worked extensively in the legal field and on workers rights. She worked as a public interest attorney with Greater Boston Legal Services focusing on labor issues such as fighting for access to unemployment insurance, back wages, fair treatment

for domestic workers, and combating human trafficking. At GBLS, she proudly became a member of UAW 2320. She coordinated a statewide campaign to pass the Domestic Workers Bill of Rights in 2014 - and

She was subsequently appointed the founding Deputy Director of the Boston Office of Housing Stability and worked to prevent evictions and foreclosures in Boston, to strengthen local and state laws and to resolve landlord-tenant

In 2017, she won election to the Boston City Council. As a councilor, she wrote and advanced legislation to protect low-income renters and elder homeowners, combat discrimination divest from fossil fuels, and protect civil liberties. She also partnered with state leaders to introduce legislation and passed a new state law prohibiting the naming of minors in eviction proceedings.

In addition to legislation, Edwards spearheaded a ballot initiative to reform the 1909 Boston Charter by enabling a more open and participatory budgetary process-an initiative which passed with over 68 percent of voters casting a ballot in support.

Edwards was raised by her mother, a veteran of the U.S. Air Force. Lydia graduated from American University Washington College of Law and received a LLM in taxation from Boston University School of Law. She lives in Eastie and loves to run along the waterfront, practice martial arts, and sometimes, she even skydives.

Baker-Polito Administration secures contract for 26 million rapid antigen tests

Staff Report

The Baker-Polito Administration announced an order was placed with iHealth to supply the state with 26 million rapid antigen tests over the next three months. The tests will be prioritized to support K-12 schools and childcare settings. The agreement allows for shipments of tests to arrive on a rolling basis in the Commonwealth, but the Administration warns that the timing and shipment amounts will vary depending on international shipping and production variables.

The Baker-Polito Administration also released a public health advisory this week to advise all residents on when to seek tests for COVID-19. The advisory advises all residents to seek COVID-19 tests when exhibiting COVID symptoms, or five days following a known close contact with someone diagnosed with COVID pursuant to MA DPH quarantine and isolation protocols, updated as of December 29 in accordance with the new CDC guidance.

The new isolation protocols do not require a COVID-19 test to exit isolation after having COVID. This general rule also applies to childcare and K-12.

The new quarantine protocols recommend, but do not require, all exposed individuals get a test five days after exposure. Exposed individuals do not need to quarantine in the following circumstances:

- If fully vaccinated and not yet eligible to receive a booster OR
- · If fully vaccinated and have received their booster

• If they had COVID and

it is less than 90 days since they were diagnosed. DPH advises that a pos-

itive COVID-19 rapid antigen does not need to be confirmed with a PCR test.

DPH recommends individuals that have COVID symptoms and test negative with a rapid antigen test should isolate and either repeat an antigen test or get a PCR test in 24-48 hours if they continue to exhibit symptoms. Additionally, DPH does not advise employers, or schools and childcare, to require a test

as a condition of returning to work or school. Vaccination and getting

a booster remain the best possible protection against COVID. There are almost 1,000 locations in the Commonwealth for residents to receive a COVID-19 vaccine or booster. Visit Vax-Finder.mass.gov to book an appointment.

Massachusetts **National Guard**

Governor Baker also today activated 500 additional members of the Massachusetts National Guard to support the state's health care system. This order expands the National Guard activation of 500 members announced on December 21 to support non-clinical functions in the Commonwealth's hospitals. Prioritized uses for the newly activated 500 members will be to provide additional non-clinical staffing at community hospitals and high-volume emergency departments, public hospitals, skilled nursing facilities and dialysis centers. These guard personnel will be deployed beginning the week of January 17.

School Committee // CONTINUED FROM PAGE 1

numbers went in the opposite direction, with 39.5 absences on Jan. 10. Not all absences were confirmed to be COVID-related.

"These numbers are not familiar to us and are concerning," said Howard.

Staff absences increased when COVID tests were made available to them. Many had been asymptomatic and were not planning on getting tested. The result was a district scrambling to get coverage for its class-

"We don't have a wealth of substitutes out there," Howard told the committee. "This is a day-to-day, minute-to-minute coverage issue."

In addition, the superintendent reported that contact tracing has become "almost impossible." Nurses and nursing assistants stationed in each building are working around the clock managing not only COVID, but common illness and injury. Some even

1:00 AM and 5:00 AM.

If you have applied

for a 2022 permit and

days, please call City

have not received it

after 14 business

Date	Student Absences	Staff Absences
Jan. 3	446	20
Jan. 4	392 ↓	25 ↑
Jan. 5	385 ↓	32.5 ↑
Jan. 6	415 ↑	39 ↑
Jan. 7	SNOW DAY	SNOW DAY
Jan. 10	318 ↓	39.5 ↑
Jan. 11	371 ↑	28 ↓

The Dept. of Education

To date, there has been no in-school spread of COVID, something Howard attributed to staff and students being "incredibly compliant" and "extremely cooperative" when it comes to following protocols.

The district is still waiting for parents to send in

an. 4	392 ↓	25 ↑
an. 5	385 ↓	32.5 ↑
an. 6	415 ↑	39 ↑
an. 7	SNOW DAY	SNOW DAY
an. 10	318 ↓	39.5 ↑
an. 11	371 ↑	28 ↓
rk weekends to support their children's vaccination		

student athletics.

has extended the indoor mask mandate until at least Feb. 28. In addition, WPS will continue social distancing, regular disinfecting and rapid testing.

WINTHROP

SAMPLE

00000

12/31/2022

Town of Winthrop

Office of the Treasurer/Collector

Motorists are reminded that a resident parking permit is

If your vehicle has a blue permit with an expiration date

accepted by mail or online at www.town.winthrop.ma.us

of 12/31/2021 or any permit with an earlier date, you

must apply for a 2022 permit. Applications are only

required to park on all town streets and lots between

records. Only 205/565 at the high school, 171/434 at the middle school, 71/414 at the Cummings School, and 81/493 at Fort Banks report being vaccinated. (Not all Fort Banks students are eligible.)

Hospitalization and serious illness from COVID remains low for those under 18, but the district is urging all eligible students to get vaccinated and boosted.

ANNOUNCEMENTS

There is an immediate opening for a physical education teacher at the Gorman Fort Banks School.

The Committee voted to accept the revisions to policies pertaining to transfer students, unaccompanied youth, and homeless and foster children.

The committee is considering two homeschool applications, one for a sixth grader and one for a third District staff is starting

the budget planning process, which Supt. Howard called "significantly

For example Betsy

COVID-19 // CONTINUED FROM PAGE 1

The rise in cases has also forced some to start rolling back planned events.

to the New Year.

Shane, Executive Director Winthrop Chamber of Commerce, announced due to climbing COVID numal installation swearing in of the board planned for Wednesday morning had been moved to a remote ceremony. "We are postponing the

bers the Chamber's annu-

dinner for January and will have it when our numbers

come down," she explained in an email. "I spoke with Meredith (Hurley) last week and our rate went up from 8.7% to over 15% so it's better to be safe right now."





Now available, three new services for both EBNHC patients and non-patients at our 20 Maverick Square pharmacy.

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Winthrop SUNTRANSCRIPT

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OUR Opinions

WE MUST NEVER FORGET THE LEGACY OF DR. MARTIN LUTHER KING JR.

As we were watching the recent coverage by the media of the events of a year ago on January 6, we were struck by the contrast between the Trump Mob's violent storming of the Capitol and the many peaceful marches on Washington that have occurred during our lifetime.

Perhaps the most-famous of the non-violent protests occurred on a steamy summer day in August, 1963, when more than 250,000 Americans from all across the country gathered at the Lincoln Memorial to demand "jobs and freedom," an event that was climaxed by Dr. Martin Luther King Jr.'s immortal "I Have a Dream" speech.

The March on Washington was famous not only for Dr. King's iconic words, but also because the unprecedented mass gathering of Americans was completely calm. Pundits and others had predicted rioting, but there were no arrests, no incidents, no violence -- a stark contrast to the events perpetrated by Trump's Mob.

The March on Washington and Dr. King's many other peaceful protests of that era galvanized support for the goals of "jobs and freedom," eventually resulting in laws such as the Voting Rights Act and the Civil Rights Act that ended segregation in the South and discrimination in the

Even though the best efforts of a revered figure such as Dr. King could not stem the tide of violent rioting that marked the 1960s, most notably Watts in 1965, Detroit in 1967, and Chicago in 1968, it is Dr. King's legacy of peaceful protest that endures today.

For those of us old enough to remember the 1960s, it's hard to believe that it has been almost 54 years since Dr. King was assassinated while he was standing on a balcony in a motel room in Memphis, where Dr. King was marching to show his solidarity with that city's striking trash collection workers.

Every school child for the past generation knows well the story of Dr. Martin Luther King Jr. But an elementary school textbook cannot truly convey the extent to which he brought about real change in our country. To anyone under the age of 50, Dr. King is just another historical figure.

But for those of us who can recall the 1960s, a time when racial segregation was lawful throughout half of our country and a stealthy racism prevailed throughout the other half, Dr. Martin Luther King Jr. stands out as one of the great leaders in American history, a man whose stirring words and dedication to his cause changed forever the historical trajectory of race relations in America, a subject that some historians refer to as the Original Sin of the American experience.

However, as much as things have changed for the better since 1968 in terms of racial equality in our society, the events of the past year -- from the January 6 riot to the countless voter-restriction laws aimed at minority communities in Southern states -- also have made it clear that we still have a long way to go before it can be said, as Dr. King put it in his speech at the Lincoln Memorial in 1963: ,ÂúI have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character.,Äù

"What would Dr. Martin Luther King Jr. do if he were alive today?" we often ask ourselves. We can't say for sure, but we do know that although Dr. King accomplished much in his lifetime, he would be the first to understand that the work for which he gave his life still is far from

Dr. King advocated for non-violent protest and he practiced what he preached. That's a lesson that must be relearned by each succeeding generation. We can only hope that his courage and perseverance will continue to inspire present and future Americans to bring about a world in which all persons are treated with fairness, dignity, and

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GUEST OP-ED

Be "Idle-wise"

By Marianne Dalton, RN

Idling is the act of leaving a car engine running while the vehicle is parked. A state law (M. G. L. Chapter 90, Section 16A), rarely enforced in Massachusetts, levies a penalty for idling unnecessarily for more than 5 minutes. The first offense is \$100, and subsequent offenses are \$500 each. Section 16B of the same law prohibits extended idling on school grounds with the same penalties. Why is such a law necessary?

Many buildings [such as schools] have fresh air intake systems to pull outdoor air into the indoor environment. If vehicles are idling alongside or near the building, indoor air can become polluted with exhaust (http://cleanair-stlouis. com/turn-the-key-on-vehicle-idling-for-a-healthier-school-environment/). The exhaust from idling vehicles creates "hot spots" of localized air pollution, especially when there are many cars idling in a particular area for an extended length of time. Monitoring of air quality around schools has shown spikes of different air pollutants during drop off and pick up times (https://www.becausehealth.org/why-you-shouldnt-idle-your-vehicle-inschool-zones-2639718146. html).

Children in classrooms only feet away from dropoff/pick-up areas are in-voluntarily inhaling the car exhaust of a large congregate of vehicles, every day, for an extended period of time, over the course of a school year. This long-term exposure to car exhaust has been shown to raise the risk of acquiring asthma, causing respiratory problems and other ad-verse health effects (http://cleanair-stlouis.com/turn-the-key-onvehicle-idling-for-a-healthier-school-environment/).

Car exhaust affects children's lungs more severely than it does adults due to various factors. The lungs of a growing child have not fully ma-tured, and children also have a more rapid rate of breathing than adults. Additionally, children breathe 50% more air per pound of body weight (https:// www.washtenaw.org/DocumentCenter/View/2963/ Information-Idling-at-Schools-for-Newsletter-PDF?bidId=). Children have more respir-atory infections than adults [as any parent or teacher can attest to], which also seems to increase susceptibility to air pollution (https://www. lung.org/clean-air/outdoors/who-is-at-risk/children-and-air-pollution).

If it has been established that idling is causing children's lungs and over-all health to be at risk, what can be done? One way to curb the emissions our children are exposed to is to arrive as close as possible to the school pickup time, and simply turn off your vehicle engine when you have ar-rived and it is clear there won't be an opportunity to move forward for more than a few minutes. When weather permits, roll down the windows for fresh air

and comfort. While the law in Massachusetts allows idling for up to 5 minutes at a time, the long-held belief that it is better for a car battery or starter to idle rather than turn off and re-start the engine is no longer true (https://www.jdpower.com/ cars/shopping-guides/howlong-can-you-leave-yourcar-running). Due to the electronic ignition used in modern vehicles as well as improvements in car batteries and starters, frequent restarting will not cause excessive wear of the battery or starter (https://www. jiffylubesocal.com/jiffylube-blog/2015/10/answering-the-question-to-idle-ornot-to-idle/).

Idling for longer than 10 seconds uses more fuel than restarting your en-gine. Two minutes of idling uses the same amount of fuel as driving one mile. Idling vehicles emit 20 times more pollution than a car traveling at 30 mph.

(http://cleanair-stlouis. com/turn-the-key-on-vehicle-idling-for-a-healthierschool-environment/).

The Town of Winthrop already has its share of air pollution from diesel trucks and planes from Logan Airport. If drivers can alter their idling be-havior, particularly when picking up and dropping off children at school, and idle for 5 minutes or not at all (unless weather conditions such as snow/icing do not permit), it will have a positive impact on the health of our schoolchildren as well as the air quality for everyone in Winthrop. Please be cognizant of the risks posed by idling and make every reason-able effort to avoid it.

Marianne Dalton, RN, is a member of the Winthrop Board of Health.

GUEST OP-ED

The way to combat the horror of January 6 is to abolish the filibuster

By Assistant Speaker Katherine Clark (MA-5)

In 1787, upon exiting the Constitutional Convention, Benjamin Franklin was approached by a group of people who asked him what kind of government the delegates had created. His answer: "A republic, if you can keep it."

On January 6, 2021, we almost lost it.

As I approached the Capitol one year ago today, rioters waving white supremacist flags were at the top of the Capitol steps. The smell of tear gas and an angry roar filled the air. For seven years, I had been coming to my Capitol Hill office, prepping for hearings, writing remarks, preparing for votes and meeting with constituents. But that day, my home away from home, our nation's democratic heart, was on fire.

I spent the next six hours alone in my office checking in on colleagues and staff. I was in disbelief that this was happening in our country and praying no one would be harmed.

Even now, I can't comprehend the violence, destruction, and mayhem of that afternoon.

But finally, in the late hours of January 6, with broken glass and blood on the floors, we certified the election of Joe Biden. A

few weeks later, I attended President Biden's inauguration on the very platform the rioters had scaled. As I listened to the familiar question of the national anthem—"does that star-spangled banner yet wave?"—it took on a new poignancy and answer: for now. The Capitol building

has been repaired. But the threats we face are as real now as they were a year ago. Despite a seditious coup attempt meant to overthrow the election, not a single piece of federal voting protection legislation has been signed into law.

In fact, Republicans continue to lead a coordinated effort to push misinformation and erode voting rights. Encouraged by Republican party leaders and lawmakers, 68 percent of Republican voters believe the November 2020 election was fraudulent—even though there is zero evidence to support this false claim. In 2021 alone, 33 voter suppression laws have been passed in 19 states across America, and more than 425 bills with provisions that restrict voting have been introduced.

Democracy cannot survive voter suppression laws that substitute the will of the people for the will of a

In response, House Democrats passed H.R.1, the For the People Act, in March,

a package of pro-democracy and anti-corruption reforms that will reduce the influence of money in politics, strengthen ethics laws, ensure accurate elections, and protect voting rights. In July, we passed H.R. 4, the John R. Lewis Voting Rights Advancement Act, to restore key protections of the Voting Rights Act of 1965, modernize it, and protect voters from discrimination. And in December, we passed the Protecting Our Democracy Act to strengthen America's democratic institutions and protect them against future presidents who seek to abuse the power of their

But as of this writing, they are all languishing in the Senate.

The vast majority of Republicans in the House and Senate simply won't put democracy ahead of their own desperate pursuit of power. Every day, they attack our democracy by promoting the Big Lie, refusing to participate in the January 6 investigation, and supporting voter suppression laws. They have proven time and again that their political goal is undermining our democracy instead of standing up for its survival.

So, we must go it alone. And to do that, we must abolish the filibuster.

In the past year, it has become clear that the Senate filibuster has been weaponized against voting rights. The filibuster was designed to give the minority party in the Senate a counter to simple majority rule. In practice, a Senator could speak on the floor to stall a vote and attempt to sway their colleagues to join them in opposition by prolonging debate. In the decades since, the filibuster rule has been modified four times, changing from a rare practice that required standing on the Senate floor for hours at a time into its current form: a routine, 60vote supermajority requirement for almost every piece

of legislation. Our country's future depends on our ability to be honest about the prospects of bipartisanship, the state of the Republican Party, and what we all witnessed on January 6. President Biden, too, has acknowledged that we can't allow the filibuster to stand in the way of passing voting rights legislation.

We must abolish the current filibuster to protect the vote and fair elections. The future of the republic depends on it.

Congresswoman Katherine Clark is a member of the House of Representatives representing the 5th District of Massachusetts since 2013.

The Winthrop Sun Transcript reserves the right to edit letters for space and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Transcript publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Transcript. Text or attachments emailed to editor@reverejournal.com are preferred.

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WINTHROP HISTORY WEBSITE: WIHAONLINE.ORG

WINTHROP Then and Now

Winthrop Improvement and Historical Association By G. David Hubbard, Town Historian • Photos courtesy of Stephen F. Moran

ART 939 - BEACH NARROW GAUGE RAILWAY STATION

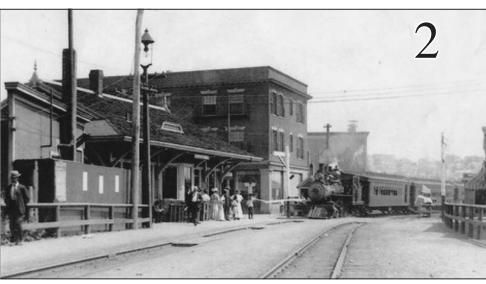


Winthrop were at the (1)

This is another article in our series on the nine Narrow Gauge Railroad Stations that existed in Winthrop during its almost 70 year adventure with rail transportation. Commencing with a very brief period of a horse drawn trolley in the early 1870's it developed, by 1888, into a successful railroad of narrow gauge (3 foot wide) track that ran a loop through the Town before returning to its origin. This train connected to the run through East Boston that end-ed at the terminal for Ferry service to Boston. This line started with steam driven locomo-tives pulling a small number of passenger cars on a single track. In 1903, the line was dou-ble tracked to be able to provide train service in both directions thereby reducing travel time for its passengers. In 1928, the entire system was electrified but on January 27, 1940, its operation was regretfully discontinued for financial reasons.

As the "History Buffs" in town know, the nine stops along the Narrow Gauge Railroad line in Pleasant Street, (2) Cherry Street (Battery), (3) Highland, (4) Ocean Spray, (5) Shirley Street (Playstead), (6) Beach, (7) Thornton Park, (8) Center and (9) Ingalls Stations. As was stated in previous Articles, we are randomly devoting an article to each of the nine stations along the Narrow Gauge railroad loop that served the commuters in Winthrop. This week's article addresses the Beach Station which was located at the junction of Washington Avenue and Veteran's Road on the parcel of land extending across to Shirley Street next to D'Parma Restorante. Picture one was taken about 1890 from approximately in front of what had been the Close Encounters Clothing Store looking South. This is an extremely fascinating picture because it shows this area before roads were constructed. The original single track on pilings, shown to the right of the station, was lo-cated where Veteran's Road is today and, after passing the station it crosses Washington Avenue, which at that time

was also on a bridge crossing the lower end of what is today Lewis Lake. As we look over Washington Avenue, a train is shown coming to the station from the South on a trestle from behind where the Washington Chambers and Lodge of Elks are today. The part of the trestle where the train is shown became a filled levy in 1903 when the system was double tracked. Note that the Water Tower had not yet been built on Cottage Hill. Picture two, which also looks South down what will become Veteran's Road, shows the engine of an approaching train as it crosses Washington Avenue. Note that the small station shown in the previous picture has been replaced with a larger structure and the double tracks are visible. Picture three depicts the station from the same direction but the poles and wires required to electrify the train in 1928 have been installed. Picture four looks across from the current High Tide Restaurant to the rear of the station as it is being disman-tled in 1940.









THE MORE Things Change ...

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

10 years ago Jan. 12, 2012 The MBTA has present-

ed two budget scenarios in order to close a \$160 million budget deficit, one of which would call for the elimination of four private bus lines, including the one operated by Paul Revere Transportation in Winthrop. "Cutting our bus would be more than devastating," said Eric Gaynor, executive director of the Winthrop Chamber of Commerce. "I really just can't imagine it. It's really all we have in terms of public transportation. So many people use it to get to Orient Heights, but a lot of people also depend on it to come shopping in the Center."

A thoroughly unscientific Winthrop Chamber of Commerce poll, placed on the organization's website about one year ago, reveals that a majority of the respondents favor a resort-style casino at Suffolk Downs with only a small minority of respondents voting against any gambling at all.

After 41 years in business, Brothers Restaurant owners George and Nancy Bitopoulos and Nick and Dee Dee Bitopolous will end their four-decade relationship with Winthrop diners on Wednesday, Jan. 18. The business will continue under new ownership at the same location. Nancy Bitopoulos, who came to the United States from Greece in 1960 six years after her husband George arrived here, held back tears as she talked about the family-run business and the affection she has for Winthrop residents who became loyal customers. "We're not closing, we're selling the business," said Bitopoulos. "My husband is getting older (he's 82) and it's time to retire. I love Winthrop. I want to thank all the people for being kind to us. They put my kids [Alexandria, Vasilia, and Vasili] through

The Devil Inside, Contraband, and The Iron Lady are playing at the Revere Showcase Cinemas.

20 years ago Jan. 17, 2002

school."

Selectman Gerry Ogus and Police Chief Michael McManus have refuted a report on WCAT on the "Eye on Winthrop" show which alleged that the selectmen were not renewing the license of the Inn at Crystal Cove because of alleged problems there. Ogus said that the report was misleading and that the inn's license has never been revoked. East Boston Presiding

Judge Domenic Russo, a Winthrop resident, retired from the bench this week. Russo has served as the Presiding Judge in the E.B. court for eight years and had served in the judiciary for 27 years before that. State Senator Robert

Travaglini of this district has endorsed the candidacy for governor of State Senate President Thomas Birmingham. Michael Soper is the

Middle School Geography Bee champion. Selectman Gerry Ogus

has announced that he will not be a candidate for re-election. Ogus has served for six years on the board. School Committeeman

Rick Roberts also has announced that he will not be

a candidate for re-election. Police are investigating a string of burglaries at the Pillar House apartments on Walden St. Entry into the

The Royal Tenenbaums,

apartments appears to have been carried out with the use of keys.

Ali, and Monsters Inc. are playing at the Revere

30 years ago Jan. 15, 1992

Showcase Cinemas.

The School Committee has passed a budget for FY 1993 that is one percent above level-funding for the present year. The increase, totaling \$89,000, is attributable to the need for school crossing guards, additional first and second grade classes, and increased busing.

The selectmen are awaiting word from the Jay Cashman Construction Company of a final price for the former gymnasium at the Deer Island jail which the selectmen want to use as a new town garage facility. The prefabricated building measures 125 x 50 feet.

Freejack, Grand Canyon, and Juice are playing at the Revere Showcase Cinemas.

40 years ago Jan. 13, 1982

The selectmen have submitted a request to the Advisory Committee for a transfer from the Reserve Fund to purchase a violation control system in order to implement the new Winthrop Parking Division's enforcement and collection capabilities.

Frank Costantino, an avid gardener and longtime civic-minded resident, has donated the \$475 fee he recently received from the town for his work in updating the town map to be used to purchase plant stock from the Arbor Day Foundation to beautify areas of the town.

The Winthrop Housing Authority has finalized a plan for the purchase from the federal government of a 2.23 acre parcel of land at the former Ft. Banks site to be used for the construction of 41 elderly and eight low-income housing units.

Paul Newman and Sally Field star in Absence of Malice at the Sack Cinemas at Assembly Square.

50 years ago Jan. 12, 1972

The selectmen met with Robert Hodgkins, the head of the town's Highway and Sanitation Dept., to discuss the diminishing capacity of the town's dump and the pros and cons of establishing a recycling program. Resident Leo Rabinovitz offered to contact a paper recycling firm. Selectman Richard Dimes said it would be necessary to educate the public about the importance of separating their recyclables from other trash.

Dr. William Herbert, Exec. Director of the Mass. Teachers Assoc., predicted that within 15 years American schools will follow a 12-month school year. Gov. Francis W. Sargent has signed a bill that allows local communities the option of adopting a 12-month school calendar, with one fourth of students on vacation at any given time. Burglars used a 12-foot

ladder to break into Bandy's Pharmacy at Magee's Corner over the weekend in which they stole cash and drugs. Paul J. Roy has been

named the local Heart Fund chairman for 1972. Construction Zoppo

Co., which owns 23 acres of land off Revere St. adjacent to the marsh, appeared before the Planning Board seeking support for a proposal to subdivide the acreage into house lots for 80, two-family homes. Town Meeting two years ago rejected an article put forward by Zoppo seeking to rezone the area for construction of eight-story apartment buildings. The area presently is

zoned for light industry.

60 years ago Jan. 11, 1962

There will not be a Special Town Meeting to take up the recommendation of the School Building Committee for a new Winthrop High School, but instead the matter will be taken up at the regular Town Meeting in March. The School Building Committee asked for more time to make its presentation. Not holding a Special Town Meeting will save \$6000.

School Committeeman James Holland has questioned the statistics used by School Supt. Arthur Dalrymple in support of Dalrymple's call for implementation of a four-year high school, instead of the present 6-3-3 program.

The Chamber of Commerce has called upon all Winthrop residents to attend the hearing at the State House to voice their support for a proposed connector highway over the marshland to connect Winthrop with Route C-1. The new highway would alleviate traffic congestion for local motorists who now must drive through Orient Heights. However, East Boston residents on the other side of the marsh are opposed to the connector highway proposal.

The Citizens Committee Against Forced Evictions has called for the construction of federally-subsidized elderly housing as an alternative to the urban renewal program being proposed for the Winthrop Beach area by the Winthrop Redevelopment Authority.

Audrey Hepburn stars in Breakfast at Tiffany's at the Revere Theatre. Chubby Checker and Dion star in Twist Around the Clock at the Revere Drive-In.

70 years ago Jan. 10, 1952

A wave of protest has greeted the issuance of the 1952 personal property tax forms. William F. Abely, Chairman of the Board of Assessors, said he was unaware that his two colleagues, John Fielding and Arthur Sullivan, had voted to send the forms along with the town's census form, which never had been done before in the 100-year history of the town. The issuance of the forms has been the talk of the town in shops and beauty parlors. Fielding tried to calm the public mood by explaining that the forms had been sent to inform residents that the new state law has increased the exemption for personal property from \$1000 to \$5000. He said there is no intent on the part of the assessors to impose a personal property tax on residents.

Building Inspector Wilfred Bennett reports that new building permits for 1951 were slightly above the figure for 1950, but that permits for repair work showed a slight decrease. Incumbent selectmen

Fred Baumeister and William O. Pierce have announced their candidacies for re-election. Robert Mitchum and

Robert Ryan star in The Racket at the Revere The-

70 years ago Jan. 8, 1942

More than 600 serious-minded residents packed the senior high school auditorium to hear a talk by Air Raid Precaution School instructor John DiMento on the subject of types of bombs. The group also saw three movies on life in the Navy.

Gary Cooper and Joan Leslie star in Sergeant York at the Revere and Boulevard Theatres.

Celebrating 20 Years of partnership, Dreaming A Future Together

Special to the Transcript

On Monday, January 17, the Museum of Fine Arts, Boston (MFA), and Citizens will invite the community to commemorate the life and work of Dr. Martin Luther King Jr. at a free open house. This year's event marks the 20th anniversary of the MFA's partnership with Citizens on this annual celebration, which has welcomed more than 120,000 attendees over two decades. The event offers free admission—including access to special exhibitions—to Massachusetts residents, and tickets will be available in person on a first-come, first-served basis. Upon entry, visitors will be asked to validate their Massachusetts zip code to enjoy free

The open house runs from 10 am to 5 pm, welcoming visitors to experience over a dozen exhibitions on view, including Paper Stories, Layered Dreams: The Art of Ekua Holmes. Also sponsored by Citizens, the exhibition features more than 40 vibrant illustrations by the Roxbury native that reflect her commitment to Black imagery and representation. Visitors will also

admission.

have their final chance to experience Black Histories, Black Futures, the teen-curated exhibition focusing on works by 20th-century artists of color, which ends its successful run on MLK Day—the same day its opening was celebrated in 2020. Programming offerings connected to both exhibitions will be announced in January.

"Thank you to the MFA for their continued partnership in this effort to honor and celebrate the legacy of Dr. Martin Luther King Jr.," said Lisa Murray, Massachusetts State President, Citizens. "This annual event is an opportunity for families and friends to come together and enjoy the incredible artwork on display, and we encourage everyone to take advantage of it this January."

uary 3, 2022, the Museum will be open for visitors Thursday through Monday and remain closed to the public on Tuesdays and Wednesdays. Citizens

Effective Monday, Jan-

Financial Group, Inc. is one of the nation's oldest and largest financial institutions, with \$187.0 billion in assets as of September 30, 2021. Headquartered in Providence, Rhode Island, Citizens offers a broad range of retail and commercial banking products and services to individuals, small businesses, middle-market companies, large corporations and institutions. Citizens helps its customers reach their potential by listening to them and by understanding their needs in order to offer tailored advice, ideas and solutions. In Consumer Banking, Citizens provides an integrated experience that includes mobile and online banking. a 24/7 customer contact center and the convenience of approximately 3,000 ATMs and approximately 1,000 branches in 11 states in the New England, Mid-Atlantic and Midwest regions. Consumer Banking products and services include a full range of banking, lending, savings, wealth management and small business offerings. In Commercial Banking, Citizens offers a broad complement of financial products and solutions, including lending and leasing, deposit and treasury management



Two visitors to the museum stop for a selfie in the "Paper Stories, Layered Dreams: The Art of Ekua Holmes" exhibit.

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Founded on February 4, 1870, the Museum of Fine Arts, Boston (MFA), stands on the historic homelands of the Massachusett people, a site which has long served as a place of meeting and exchange among different nations. The Museum opened its doors to the public on July 4, 1876—the nation's centennial-at its original location in Copley Square. Over the next several decades, the MFA's collection and visitation grew exponentially, and in 1909, the Museum moved

tington Avenue. Today, the MFA houses a global collection encompassing nearly 500,000 works of art, from ancient to contempo-

The Museum is located at 465 Huntington Avenue, Boston, MA 02115. For more information, call 617.267.9300, visit mfa. org or follow the MFA on Facebook, Twitter and Instagram.

LOCAL STUDENTS EARN ACADEMIC HONORS

DIMARO NAMED **TO FALL 2021 DEAN'S LIST**

Kylie DiMaro of Winthrop and a student at Lasell University was recognized for academic performance in the fall 202.

Students who receive this honor have completed at least 12 credits as a full-time student and have achieved a semester GPA of 3.5 or higher.

KFOURY GRADUATES FROM UNH

Jillian Kfoury of Winthrop graduated Summa Cum Laude from the Uniin December 2021. He/she earned a BS in HumanDevelopmnt&Family Studies.

Students who received the honor Summa Cum Laude graduated with a GPA of 3.85-4.0: Students who received the honor of Magna Cum Laude graduated with a GPA of 3.65-3.84; and students who received the honor of Cum Laude graduated with a GPA of 3.50-3.64.

Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. Participating in the commencement ceremony is the act of honoring and celebrating academic

achievement.

The University of New Hampshire, founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 13,000 undergraduate and 2,500 graduate students.

services, foreign exchange,

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NEARLY 2,500 MAKE THE DEAN'S LIST AT CCU

Nearly 2,500 undergraduate students at Coastal Carolina University were named to the Dean's List for the Fall 2021 semester. Stu-

dents who make the Dean's List have achieved a grade point average between 3.5-3.99 for the semester. Students recognized include:

Special Education Multi-Categorical major of Winthrop Caroline Earl, a Exercise

Capone,

Francesca

and Sport Science major of Winthrop Coastal Carolina University is a dynamic, public comprehensive liberal arts

institution located in Conway, located just minutes from the resort area of Myrtle Beach, S.C. CCU offers baccalau-

reate degrees in 95 major fields of study. Among the University's graduate-level programs are 27 master's degrees, two educational specialist degrees, and the doctorates in education and in marine science: coastal and marine systems science. CCU boasts a growing array of internship, research, and international opportunities for students, as well as numerous online programs through Coastal Online.

to its current home on Hun-

More than 10,400 students from across the country and around the world interact with a world-class faculty, and enjoy a nationally competitive NCAA I athletic program, an inspiring cultural calendar, and a tradition of community interaction that is fueled by more than 180 student clubs and organizations.

STUDENTS NAMED

TO DEAN'S LIST The following local students were named to the Dean's List at Stonehill College. To qualify for the Dean's List, students must have a semester grade point average of 3.50 or better and must have completed successfully all courses for

which they were registered. Isabella Kennedy of Winthrop

Charles Page of Win-

About Stonehill College Stonehill College, a Catholic institution of higher learning, was founded by the Congregation of Holy Cross in 1948. Located on the beautiful 384-acre campus and former estate of Frederick Lothrop Ames in North Easton, Massachusetts, it is a community of scholarship and faith, anchored by a belief in the inherent dignity of each

Through more than 100 academic programs in the liberal arts, sciences, business and pre-professional field, Stonehill College provides an education of the highest caliber that fosters critical thinking, free inquiry and the interchange of ideas for over 2,500 stu-

Stonehill College educates the whole person so that each Stonehill graduate thinks, acts and leads with courage toward the creation of a more just and compassionate world.

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Baker-Polito administration launches tool for residents to access COVID-19 Digital Vaccine Card

Staff Report

The Baker-Polito Administration today announced a tool that gives residents a new way to access their COVID-19 digital vaccine card and vaccination history. The new tool, called My Vax Records, allows people who received their vaccination in Massachusetts to access their own vaccination history and generate a COVID-19 digital vaccine card, which would contain similar vaccination information to a paper CDC card. The COVID-19 digital vaccine cards produced by the system utilize the SMART Health Card platform and generate a QR code that can be used to verify vaccination. The Administration is not requiring residents to show proof of vaccination to enter any venue, but this tool will help residents who would like to access and produce a digital copy of their record.

Access the new tool at MyVaxRecords.Mass.Gov. How It Works: The new tool is easy to use: a person enters their name, date of birth, and mobile phone

number or email associated

with their vaccine record. After creating a 4-digit PIN, the user receives a link to their vaccine record that will open upon re-entry of

The electronic record shows the same information as a paper CDC vaccine card: name, date of birth, date of vaccinations, and vaccine manufacturer. It also includes a OR code that makes these same details readable by a QR scanner, including smartphone apps. Once the SMART Health Card is received, users are able to save the QR code to their phone, such as the Apple Wallet, screenshot the information and save it to their phone's photos, or print out a copy for a paper record. The system follows national standards for security and privacy.

This system provides an optional way that residents can access their vaccination information and a COVID-19 digital vaccine card. This will provide residents with another tool to provide proof of COVID-19 vaccination, should it be requested by businesses, local governments, or other enti-

The system leverages the Massachusetts Immunization Information System (MIIS), the official database used by health care providers across the state to record vaccination information. The system relies on hundreds of providers inputting demographic and health information. Some users may not be able to immediately find their record, or may find an incomplete record. Residents whose record cannot be found or is incomplete can either contact their health care provider or contact the MIIS team to update their records. Learn more about the tool and view frequent-

Massachusetts worked with VCI,TM a voluntary coalition of public and private organizations which developed the opensource SMART Health Card Framework in use by other states. The VCI coalition is dedicated to improving privacy and security of patient information, making medical records portable and reducing healthcare

ly-asked-questions at www.

mass.gov/myvaxrecord.

My Vax Records is just

obtain their COVID vaccination record. Pharma- health care providers also viding additional options.

COVID vaccine and many

one way residents can cies that administered the are making SMART Health Cards available, or are pro-

COVID 19 Test Result

What to do if you test positive mask around others for an concerning, please call your

Most people have mild COVID-19 illness and can recover at home without medical care.

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additional 5 days.

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- like symptoms • Stay at home for 5 days.
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- If your symptoms are

primary care provider for a telehealth visit.

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Please check our website www.ebnhc.org for more information.

USPS accepted more than 13.2 billion mailpieces and packages this holiday season el: 2.8 billion mailpieces address year-round space

The United States Postal Service reported preliminary performance metrics for the 2021 holiday season showing the organization saw volume increase when compared to the same time last year. Between Thanksgiving and New Year's Eve, it took on average 2.7 days to deliver a mailpiece or package across the Postal Service network. During the same timeframe, the network accepted more than 13.2 billionletters, cards, flats and packages for delivery, exceeding 12.7 billion accepted for delivery during the same timeframe in 2020.

'Our mission to deliver for America is an enormous responsibility, especially during the holidays," said Postmaster General Louis DeJoy. "I am humbled by the hard work and dedication of each and every one of our 650,000 employees who, despite the challenges of the pandemic, helped bring joy and commerce to people across the nation."

The Postal Service began preparing for the 2021 peak holiday season at the start of last year. Those preparations, which not only corresponded to challenges faced last year but aligned to the Postal Service's 10year Delivering for America plan, helped mitigate delays even as mail and package volume surged to its highest peak-season lev-

and packages the week after Thanksgiving (Saturday, Nov. 27 to Friday, Dec. 3).

"Under our 10-year plan, we made major operational improvements and strategic investments across the organization throughout 2021. It has made a significant difference and contributed to our success this holiday season, but our work isn't done. Every day is an opportunity to fulfill our commitment of service excellence to the American people - and on that, we intend to deliver," continued DeJoy.

The Postal Service's peak season preparations included:

- Stabilizing the Workforce and Preparing for Chal-Pandemic-related lenges: The conversion of 63,000 pre-career employees into career positions and the onboarding of more than 185,000 employees since the beginning of last fiscal year, including the backfilling of the 63,000 pre-career employees and the national drive to hire an additional 40,000 seasonal
- employees. Expanded Facility Footprint to Resolve Bottlenecks and Improve the Flow of Mail and Packages:The leasing of 13 million square feet of additional space across more than 100 locations to accommodate mail and packages, including over 50 annexes with multiyear leases to

constraints due to parcel growth.

- · New Package Sorting Equipment to Expedite Handling and Sortation of Increased Package Volumes: The installation of 112 new package sorting machines and more than 50 package systems capable of sorting large packages. As a result of an organization-wide focus on improving operations and strategic investments, the Postal Service boosted daily processing capacity by 13 million packages Package sortation capacity enables efficient movement of mail over the integrated USPS delivery network as mail and packages travel together. These machines also reduce the physical toll on our workforce.
- Diversified, Reliable Transportation Options: The leasing of nearly 3,300 trailers just for peak season and the diversification of volume traveling across the air network among additional air carriers. The Postal Service also expanded the surface transfer center network by adding 1.6 million additional square feet and over 300 dock doors to, among other things, increase long-haul transportation utilization and mitigate

The Postal Service generally receives no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.

driver shortage issues.

Winter Weather Advisory Check CO alarms and keep vents clear of snow

clear of falling, drifting, snow onto them if using a Staff Report

With the season's first significant snow, State Fire Marshal Peter J. Ostroskey reminded residents to test their carbon monoxide (CO) alarms and keep dryer, furnace, and other exhaust vents clear of snow.

"Carbon monoxide is the leading cause of fatal poisoning, and home heating equipment is the primary source of carbon monoxide in the home," State Fire Marshal Ostroskey said. "As part of your storm planning, check your CO alarms to be sure they're working properly, and if an alarm is more than five to seven years old, replace it."

Residents should also be sure to keep outside vents or shoveled snow. In January 2005, 7-year-old Nicole Garofalo died when a heating vent was blocked by snow drifts outside, allowing carbon monoxide to accumulate inside her Plymouth home. This tragedy led toNicole's Law, which requires CO alarms

on every habitable level of

a Massachusetts residence. "Fuel-fired heating appliances like dryers, furnaces, boilers, and fireplaces are all sources of carbon monoxide," State Fire Marshal Ostroskey said. "If the vent or flue is blocked, this poisonous gas can reach deadly levels inside the home. Know where the vents on your home are, be sure to clear them when shoveling, and be careful not to blow

snowblower." Massachusetts fire de-

partments reported nearly 18,000 CO incidents in 2020, officials said, and 92% were in residential settings. The poison gas can cause headache, fatigue, dizziness, and/or nausea at lower concentrations and death at higher concentrations. Exposure while asleep is particularly dangerous.

"We can't see, smell, or taste carbon monoxide, but we can detect it with working CO alarms," State Fire Marshal Ostroskey said. "If your alarm sounds, get outside and call 9-1-1."

For more information on carbon monoxide and CO alarms, visit the DFS web-

FEMA awards more than \$14.6 million to Massachusetts for COVID PPE expenses

Staff Report

The Federal Emergency Management Agency will be granting more than \$14.6 million to the Commonwealth of Massachusetts to reimburse the costs of purchasing personal protective equipment (PPE) for use during the COVID-19 pandemic in 2020 and 2021.

The \$14,659,688 in Public Assistance grants will go to the Massachusetts Executive Office of Health and Human Services (EO-HHS) to reimburse it for purchasing nitrile gloves, hand sanitizer, alcohol wipes, N95 disposable respirators, disposable face masks, non-surgical isolation gowns, medical goggles and hand sanitizing wipes for healthcare workers, patients with confirmed or suspected COVID-19 infection, and first respond-

In total, EOHHS received and managed the distribution of emergency materials and equipment on behalf of over 250 state agencies, group homes, congregate facilities, and essential healthcare facilities, including hospitals and nursing homes.

"FEMA is pleased to be able to assist Massachusetts with these costs," said FEMA Region I Acting Regional Administrator Paul Ford. "Providing resources for our partners on the front lines of the pandemic fight is critical to their success, and our success as a nation."

FEMA's Public Assistance program is an essential source of funding for states and communities recovering from a federally declared disaster or emer-

So far, FEMA has provided almost \$835 million in Public Assistance grants to Massachusetts to reimburse the commonwealth for pandemic-related expenses.

Additional information about FEMA's Public Assistance program is available at https://www.fema. gov/public- assistance-local-state-tribal-and-nonprofit. To learn more about the COVID-19 response in Massachusetts, please visit https://www.fema.gov/disaster/4496.

FKO // CONTINUED FROM PAGE 1

tinue meeting the needs of Winthrop working families and children whose lives and education have been upended by the impact of the COVID-19 pandemic.

FKO is a nonprofit organization providing out of school time care to communities in and around the Metro Boston area.

The East Boston Savings Bank Charitable Foundation was established in 1998 by East Boston Savings Bank to provide funding to support charitable causes and community de-

velopment activities within the communities of East Boston Savings Bank. The Foundation distributed millions in funding to support many deserving charitable causes and community development activities.

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SCENES FROM A SNOWY MORNING AROUND WINTHROP

A snow storm made its way across the town late Thursday night and continued into the afternoon on Friday, cloaking the town in about eight inches of fluffy snow before warmer temps turned to rain later in the weekend..



A little protection while waiting for a bus goes a long way on wintery days.



Entering Winthrop from Scarpa Bridge you are greeted by Old Glory and on this day lots of snow.



No school but still out early shoveling snow in the neighborhood, Gabby Buonopane, Reese Ferrara and Jillian Buonopane.



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Shown above, Winthrop's Town Hall and library were deserted during the early morning snow fall.

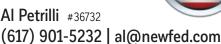
Shown to the left, this happy dog is Ellie and was having a ball in the snow on Court Road.



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BEST



WHS SPORTS ROUNDUP

CAPPUCCIO'S TREY IN FINAL SECONDS LIFTS WHS BOYS OVER **SWAMPSCOTT**

Chris Cappuccio sank a three-pointer with 2.5 seconds left on the clock to give the Winthrop High boys basketball team a dramatic win for the ages, a 64-63 triumph at Northeastern Conference South Division rival Swampscott Tuesday evening.

Cappuccio was not alone among the Vikings who shone brightly for coach Mike Triant's squad. Zach Bogusz (11 points) sank three clutch free throws down the stretch to keep Winthrop within striking range and was one of four Vikings to hit for double figures.

Luca Zanelli turned in a powerful two-way effort, leading Winthrop in the scoring column with 22 points, while also playing strong defense at the other end as the main Viking defender against the Big Blue's 6'-9" big man, Riad Benagour.

"Benagour was immense for them around the hoop," noted Triant. "Luca did a great job being physical with him and the other four guys were constantly helping."

Viking backcourt man Mikey Chaves struck for 11 points to provide additional scoring balance for Triant's

Winthrop sprinted to an early 20-11 advantage by the end of the opening quarter, but Swampscott, which plays a fast-paced offense. sliced the lead to 35-33 at the half.

"We let Swampscott leak out and throw deep for eight of their 11 points in the first quarter," said Triant. "They do such a great job of it. We talked about it in practices leading up to the game and we burned a timeout early to get after the guys a little bit about sprinting and being more accountable.

"They answered the challenge and then some," added Triant. "After the first period we did a better job of preventing it, but their offense really cooked in the second quarter."

Swampcott forged ahead, 38-35, at the third buzzer, but the Vikings refused to cede the momentum to the Big Blue in the last eight minutes, setting the stage for the frenetic and decisive final minute.

Trailing by four points, Bogusz got a clean look and was fouled. Zach was ice at the line, calmly sinking all three charity stripe tosses to close the gap to one, 62-61. Triant called a time-out and set up some pressure

"We gambled for a steal and came close, but George Galuris, who had four points and who played some great defense, and helped facilitate some great sets throughout the game, Triant.

picked up his fifth," said The Big Blue player made 1-of-2 shots, leaving Winthrop trailing, 63-61, with 28 seconds on the

clock. "We called timeout and gave the kids two sets, one for man-to-man defense and one for a zone," said

the coach. "They were patient as they identified the defense, ran the exact play, moved without the ball, and reversed it to Chris for a great look at a three that he stepped into and knocked down as if it were in a text-

Swampscott called timeout and tried throwing fullcourt to Benagour, but Triant left the inbounds-passer unguarded to have two Vikings double-teaming the Big Blue's big man. The strategy worked and the Winthrop defenders knocked down the pass, allowing time to expire.

"This was a huge road win for us against a very good team," said Triant. "It was a physical battle where both teams had guys in foul trouble throughout. Our execution late in the game was on-point and I felt like our guys were locked-in mentally tonight. It was a phenomenal high school hoop game.

"I'm so proud of my guys," Triant added. "They were beyond tough."

Winthrop, which now stands at 3-4 overall on the season, will take on a pair of non-conference rivals in the coming week. They will play at Pioneer Charter of Everett this evening (Thursday) and then at Northeast Regional on Tuesday.

WHS GIRLS **HOCKEY REMAINS** UNBEATEN,

TOPS MASCO, 5-2

The Winthrop High girls hockey team, which is ranked sixth in the state in Division 1 in the Hockey Night in Boston poll, remained undefeated with a 5-2 victory over Northeastern Hockey League (NHL) rival Masconomet Regional this past Saturday at the Haverhill Valley Forum.

The Lady Vikings, who now stand at 4-0-1, grabbed a quick 1-0 lead on a goal by Mia Martucci, assisted by Mia Norris and Kendall

"That line has been great for us, game-in and gameout," said WHS head coach Anthony Martucci. "It was nice to see them start the game off with a goal.

Masco However, brought the contest back to level with a goal with just 2.3 seconds left in the period when a Chieftain player blocked a shot by a Winthrop defenseman, setting up a 2-on-1 rush that led to the goal.

"It was a tough one to give up as we had dominated the period, outshooting Masco 17-2," noted Mar-

The second period was more of the same, with the Lady Vikings dominating play, but unable to find the handle. The opportunistic Masco squad made the most of its chances, striking for another tally midway through the frame to move out to a 2-1 advantage.

The Lady Vikings refused to let Masco seize the momentum. Winthrop turned the tide when Lily Tallent sent a nice pass to sophomore defenseman Adrianna Risotto, who took the pass, collected it, and ripped a beautiful wrist shot into the top corner to bring the game back to level.

See ROUNDUP Page 10

VIKINGS FALL SHORT IN FACE OFF AGAINST MARBLEHEAD



KEEP OUT: Winthrop goaltender Anthony Indrisano guards the post against a bid by Marblehead's Eli Feingold (10) as Viking James Sicurella backs up the play. See more photos on page 11.



GOOD START: Winthrop's Robert Rich celebrates with teammates after a first-period goal put the Vikings up 1-0.

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WINTHROP YOUTH HOCKEY MITE HOLIDAY SHOWDOWN WAS A GREAT EVENT

The Winthrop Youth Hockey Mite Holiday Showdown was held Dec. 27 at the Lawrence Larsen Rink at the Mike Eruzione Center.

Here's how this enjoyable game between the Mite Gold and Mite Blue hockey teams, consisting of Winthrop Youth Hockey's 6-8-year-old hockey players, came to be:

With the support of the coaching staff and parents, the Mite Gold team was entered into the Boston Bruins Holiday Tournament to be held in Haverhill. Unfortu-

nately, news was then delivered that the Tournament was over-booked, and Winthrop Mite Gold was left without a seating. At the weekly coaches meeting at Cottage Park Yacht Club, Coaches Dan Fitzmaurice, Jay Nalen, Conor O'Brien and

Equipment Manager Travis Paquette scrambled to find other tournaments when the idea arose to host an exhibition game between the two Winthrop teams. Head Coach Jay Nalen went to work coordinating with Mite Blue Head Coach Michael DiMento and the organization, while raising funds from team parents, turned a sim-ple idea into what became known as the Win-throp Youth Hockey Mite Holiday Showdown.

In a great addition to the game itself, Winthrop's Olympic gold medalist,

USA Hockey Captain Mike Eruzione, conducted the ceremonial opening faceoff between his grandsons, Leo and TJ Callinan. There was also the introduction of the players and the playing of the National Anthem before the game.



The Winthrop Youth Hockey Mite Gold team is pictured before the Holiday Showdown held Dec. 27 at the Lawrence Larsen Rink at the Mike Eruzione Center. Front row, from left, are Taha Naim, Liam Fitzmaurice, Nathan Upton, Colin O'Brien, and TJ Callinan. Middle row, from left, are Reese Upton, Jonathan Paquette, James Mazzarella, Cash Upton, Quinn Nalen, and Brayden Tinsley. Back row, from left, are Head Coach Jay Nalen, Assistant Coach Dan Fitzmaurice, Assistant Coach Conor O'Brien, and Assistant Coach Mike Upton.



The Winthrop Youth Hockey Mite Blue team is pictured before the Holiday Showdown held Dec. 27 at the Lawrence Larsen Rink at the Mike Eruzione Center. Front row, from left, are Leo Callinan, Fritz Paulson, Caleb Skelton, Nickolas Previte and Max Hanlon. Middle row, from left, are Nickolas Diprisco, JoJo Shea, Da-vid Petrucelli, and Michael DiMento. Back row, from left, are Head Coach Mike DiMento, As-sistanr Coach Mark Paulson and Assistant Coach Joe Hanlon.

WHS SPORTS Through the Years

10 years ago **January 12, 2012**

The Winthrop High boys basketball team turned in one of its most stunning regular season victories in the Northeastern Conference in many years with a 67-52 triumph over Lynn English Monday night on the latter's home court. "This was a great

win for us," said WHS head coach Dave Brown. "We hadn't beaten them in

seven or eight years. English is a Division 1 school that every year is ranked as one of the top teams in the state. For us to go into their place and beat them is quite an accomplishment." Viking front court man Quinton Dale, who

has been developing and improving upon every aspect of his game every time he takes the floor, turned in a dominating performance with a triple double of 22 points, 13 rebounds, and 11 blocked shots. Joe D'Amore, despite playing with a sprained back which he had injured the week before, came through with a

21 point effort, including 9 for 11 from the free throw line. Jeff Laguerre reached double figures with 10

The triumph came on the heels of a 61-57 conquest of Peabody Friday in the WHS gym that was not as close as the final score might indicate. Winthrop held a double digit lead throughout the game, including the final minutes. Dale was immense at both ends of the court, pouring in 23 points, pulling down 12 rebounds, and blocking nine shots. Ervin DeJesus also played a key role in the victory, raining down four three-pointers over the Peabody zone defense.

The Winthrop High boys

ahead for a 4-2 lead with

a goal at the start of the fi-

nal 15-minute period. Sil-

verman, assisted by Jack

Hayes, closed the gap for

the Vikings with a marker

late in the period, but de-

spite intense pressure in

the closing minutes, the Vi-

kings were unable to notch

Indrisano made a number

of superb saves throughout

the game to keep his team

his crew have a busy week

ahead. They were sched-

uled to make the long trek

to NEC rival Gloucester

yesterday (Wednesday) and

will take on Swampscott at

Salem State Saturday eve-

ning at 7:30. The Vikings

will host non-league oppo-

nent Medford at the Eruzi-

one Center on the holiday

on Monday afternoon for a

2:00 face-off and will en-

tertain another non-league

foe, Bishop Fenwick, next

Wednesday evening at 6:10.

WHS TRACK TEAMS

The Winthrop High boys

and girls indoor track and

field teams engaged in a

quad-meet with Northeast-

ern Conference rivals Bev-

erly, Salem, and Saugus last

week at the Beverly field

feated Salem, 46-13, and

Saugus, 47-12, but came up

short vs. the host Panthers,

defeated their Salem (49-8)

The WHS girls likewise

The Winthrop boys de-

TOP TWO NEC

RIVALS

house.

65-8.

Coach Dale Dunbar and

within striking distance.

Viking goalie Anthony

the equalizer,

hockey team enjoyed a rare (in the Northeastern Conference) easy go of it last Wednesday, thumping Salem 8-3. The contest was a memorable one for a number of Vikings. Chris LeBlanc reached the 100th career point milestone with an

Roundup // CONTINUED FROM PAGE 9

"Rizzo is a heart and soul player for this team and that goal by her ignited the fire for us," said Martucci. "Although

the period ended 2-2, you could kind of feel the vibe in the locker room that we would own the third period and that is exactly what we did."

Winthrop once again outshot Masco in the second period, 16-4, to hold a 34-6 edge in the SOG col-

The Lady Vikings came out flying in the third peri-

"This was just us saying that we were not going to be denied," said Martucci.

Brant scored what would prove to be the eventual game-winning goal off an amazing assist by captain Mia Martucci on a 2-on-1 break. Mia criss-crossed with Kendall just over the Masco blue line and once they crossed paths, Martucci sent a nice saucer-pass over to Brant, who deposited the puck into the back of

"It was a fantastic play by a fantastic leader and athlete," noted Martucci. "Mia is the ultimate leader, and a very unselfish play-

the Masco net.

That goal shifted the momentum to Winthrop and the Lady Vikings took

control of the contest. Freshman Talia Martucci, assisted by Julia and Emma Holmes, made it 4-2 and that line would strike again when Julia Holmes buried a beautiful shot, assisted by Talia Martucci and Emma Holmes.

"That line has really been tremendous for us since game one," said Martucci. "Julia, Emma, and Talia are just three phenomenal hockey players.

"We were just too much for them in the third period, and it was nice to get the win at that rink," said the coach. "That rink has been a house of horrors for us. I honestly think I have won

only five games as a coach there and Saturday night was one of those five.

"I am so impressed with this group's resilience and grit," added Martucci, whose squad outshot Masco by a 44-11 margin. "No matter what the situation is, this team finds a way to rise up."

WHS goalie Summer Tallent earned her 45th career win and finished with nine saves, one of which was a fantastic breakaway stop on one of Masco's top

"Every game that Summer wins is another game she is adding to her program record," said Martucci.

Martucci and his crew are scheduled to host Medford this evening (Thursday) at 6:00 and will entertain Gloucester on Saturday afternoon at 1:30.

CLOSE **ENCOUNTER FOR BOYS HOCKEY** IN 4-3 LOSS TO MARBLEHEAD

hockey arena. opening The

and Saugus (53-10) rivals, decision. assisted by Silverman, regained the advantage for formers were: Winthrop with a lamplighter, but the Magicians

took second place overall in

with a leap of 4'-2".

unassisted goal in the third See SPORTS YEARS Page 14

The Winthrop High boys hockey team engaged in their usual hard-fought battle with Northeastern Conference (NEC) rival Marblehead, but came up on the short end of a 4-3 decision to the Magicians this past Saturday afternoon at the Salem State University period

proved to be a see-saw battle. Senior captain JD Parker, assisted by sophomore Pete Silverman and Jack Hayes, gave the Vikings an early 1-0 lead, but Marblehead responded to knot matters at 1-1. Sophomore Robert Rich,

level at 2-2 by the end of

to a 3-2 edge in the mid-

dle stanza and then forged

Marblehead moved out

the period.

but could not overcome Beverly, dropping a 67-19 The Lady Viking per-Sarah Delehanty, who brought the contest back to

the high jump wth a leap of 4'-4". Sophia Munson also

did well in the high jump

Lewis place third overall

In the shot-put, Venus

with a toss of 25'-.5". Caroline Hickey grabbed fourth place overall with a throw of 21'-3.25" and Ava Basher was sixth overall with

her toss of 17'-5.5". In the 50 yard hurdles, Alley Ford took third place

with a time of 8.9 seconds. In the 50 yard dash, Sophia Munson out-sprinted the field to take first place with a clocking of 6.6 seconds. Teammate Jennifer Delehanty ran a sprint of

In the 300 dash, Nora McCarey grabbed third place overall with a time of 51.8. Olivia Skomro ran well with a clocking of

54.2. In the 600 dash, Amanda Jurovich (2:42) and Miya Grein (2:44) placed fourth

and fifth overall. Libby Carney took fourth

place in the mile in 6:45. For the WHS boys:

Juan Sanchez placed sec-

ond overall in the shot-put with a throw of 35'-4.5". Gerald Hysaj (27'-11.25") and David Buckley (27'-2") also earned points for Winthrop in the Saugus and Salem portions of the meet.

Ryan Cash grabbed third overall in the 50 yard hurdles in 8.3 seconds.

Evan Rockefeller finished in second spot overall in the 50-yard dash with a sprint of 6.2 seconds. Eric Azbegu and Daniel Guauque turned in solid performances with identical dashes of 6.5.

William McMullen was the top Viking performer in the 300 dash with a time of 48.5. Michael Racow came across in eighth overall in 54.3.

Luke Riley finished in fourth overall in the 600 in 1:52. Owen Nargi turned in a time of 2:08 for a sixth-

place finish overall. In the 1000, Chad Bernstein finished in fourthplace overall with a time of 3:48.7.

Benjamin Prew was the Winthrop entrant in the mile, coming across in 6:01.

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VIKINGS FALL SHORT IN FACE OFF AGAINST MARBLEHEAD



WHERE IS IT? The puck bounces in the crease just inside JD Parker's left skate as Marblehead goalie Griffin Winter scrambles to cover up.

Photos by Bob Marra

The Vikings came up short against Marblehead, dropping a 4-3 decision to their Northeastern Conference foe Saturday at O'Keefe Arena at Salem State University.



PIVOT PLAY: Winthrop's Phil Boncore cuts away from a Marblehead defender as the Winthrop bench watches the



GOING NOWHERE: Winthrop's Robert Noonan (11) pins Marblehead's James Caeran along the boards during Winthrop's 4-3 loss to Marblehead Saturday January 8 at Salem State University.



GO GET IT: Winthrop's JD Parker (17) and Marblehead's Eli Feingold have their sites on a loose puck near center ice.





center ice.

CRASH COURSE: Winthrop's Billy Hayes (19) and Marblehead's Connor Jalbert collide near



TOE THE LINE: Winthrop's Jay Fotiades is on his toes as he gets off a pass in front of Marblehead's Connor Jalbert.



The Independent Newspapers 385 Broadway, Suite 105 Revere, MA 02151

For more information call us at 781-485-0588

John Herbert

Of Winthrop

John J. Herbert of Winthrop passed away unexpectedly on January 10, 2022. He was 80 years old.

Born in Winthrop, the cherished son of the late John J. and Marguerite (Fitzpatrick) Herbert, John was the dear twin brother of Cynthia H. Otter and her late husband, Raymond of Lynn and the late Caryl Devlin. He was the loving uncle of Virginia Otter, Janice D. Devlin, Caryl J. Devlin, John H. "Jack" Devlin and the late William B. "Billy" Devlin Jr. and Jean M. Sloan. John is also survived by several great nieces and nephews.

A visiting hour will take place in the Maurice W.

In lieu of flowers, donations in his name can be made to the American Lung Assn. of the Northeast, 1661 Worcester Rd, UNIT 301, Framingham, MA 01701. To sign John's guestbook, please visit: www.mauricekirbyfh.com.

Richard 'Dick' Moscato

Longtime member of the Winthrop Yacht Club and Winthrop Elks

Richard C. "Dick" Moscato, 71, of Winthrop, formerly of Revere, passed away peacefully on January 8 with his wife of 37 years, Mary Katherine (McGovern) by his side at the Lahey Clinic Hospital in Burlington.

"Dick" was born on January 2, 1951 to the late Vincent and Dorothy (Mc-Dougall) Moscato. He was a devoted husband and loving father to Lauren Maher and her husband, Gerald, and adoring grandfather to Ella Maeve. He also leaves behind many beloved family members including his brother, Joseph and his wife, Roberta, sister, Nancy Amos, sister- in- law, Judith Williams and her husband, Brian and brother- in- law, Richard McGovern and his wife, Colleen and many nieces and nephews.

Dick cherished time spent with his family. He raised his family in Wakefield and spent the summers boating and winters skiing at their vacation home in Bridgton, ME. Dick enjoyed volunteering his time coaching various youth sports teams in Wakefield throughout the years. A few special lifetime memories were his trips to Australia for his daughter's 21st birthday and to Italy for his 35th wedding anniversary, his daughter's wedding and the birth of his granddaugh-

Growing up in Revere in the 60's and 70's, everyone had a nickname and got in some kind of trouble. His

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Kirby Funeral Home, 210 Winthrop St., Winthrop on Friday, January 14 from 10 to 11 a.m. followed by a funeral service in the funeral home beginning at 11 a.m. Relatives and friends are invited. Interment will be private

nickname was "The Bird" as he was the fastest runner on the sports teams and he was well known for sharing outlandish stories of the "pool room" and the "corner" where everyone knew he was quite the trouble-Following his retirement

from the Sheet Metal International Union Local 17, Dick enjoyed golfing, boating, yard work and annual trips to Florida. He was a longtime member of the Winthrop Yacht Club and Winthrop Elks.

The Moscato family would like to respectfully thank Dr. Edward Jewell of the Vascular Surgery Department at Lahey Clinic and his team for the unconditional care, treatment and support they have given Dick over the past eight years.

Due to covid restrictions, Dick's Celebration of Life will be held at a future date at the Boston University Marsh Chapel, Fellow boaters will be welcomed this summer to the spreading of his ashes at Spectacle Island where he and Mary would spend Sundays picnicking among the sea glass.

Donations can be made in his memory to Hebrew Senior Life, 1200 Centre Street, Boston, MA 02131 or by visiting www.hebrewseniorlife.org

The staff at Vertuccio & Smith, Home for Funerals of Revere is most honored to have assisted the family in completing funeral arrangements. To send online condolences, please visit www.vertuccioandsmith.

OBITUARIES

Alice Marie Matarazzo

Dearly loved sister, wife, mother and friend

Alice Marie (Keohane) Matarazzo, 79, formerly of Winthrop, passed away peacefully in her sleep surrounded by family on Monday, January 10 at Brightview Senior Living in Wakefield after a long

She was born on August 22, 1942 in Chelsea to the late John Joseph Keohane and the late Camilla Cecile (Cronin) Keohane. She attended St. Rose High School in Chelsea, Class of 1960, followed by dental nursing school.

On September 3, 1966, she married the late James Michael "Jim" Matarazzo (1941-2018). After briefly living in Everett, Alice and Jim moved to Winthrop. At first a stay-at-home mom with two children, she later worked as a corporate librarian for Putnam Investments in Boston for over two decades starting

She is survived by her son, the Rev. James M. Matarazzo, Jr. and his husband, Tom, of Shrewsbury; her daughter, Susan E. Abrego, and her husband, Jose and her beloved granddaughter, Katherine of Lynnfield. She is also survived by her sister, Eileen M. Regan of Hingham, her sister-in-law, Donna Keohane of Wakefield, her sister-in-law, Barbara Matarazzo, her brother-in law, Ronald Matarazzo and his wife, Mary Ann and sister-in-law, Marie



Matarazzo, all of Winthrop and by many nieces, nephews, and friends. She was preceded in death by Jim, her husband of 51 years, in April 2018; her brother John "Jackie" Keohane, Jr. (1951-1984) and her brother Kevin Keohane (1955-

Donations may be made in Alice's name to the Parkinson's Foundation, 200 SE 1st Street, Suite 800, Miami, FL 33131 (www. parkinson.org) or the Michael J. Fox Foundation, P.O. Box 5014, Hagerstown, MD 21741-5014 (www.michaeljfox.org).

Visiting Hours: Family and friends are cordially invited to attend the visitation from Ernest P. Caggiano and Son Funeral Home, 147 Winthrop Street, Winthrop on Friday, January14 from 4 to 8 p.m. The funeral will be conducted from the funeral home on Saturday, January 15 at 11 a.m. followed by a Funeral Mass at St John the Evangelist Church, 320 Winthrop Street, Winthrop at 12 Noon. Interment to follow at the Belle Isle section of Winthrop Cemetery.

Theresa MacDonald

Member of the Winthrop Catholic Women's Club, Winthrop Senior Center and Winthrop

Art Association

Theresa M. MacDonald of Winthrop passed away at home on January 5. She was 91 years old.

Born in Boston, the beloved daughter of the late Mary (Hollohan) and Richard Young, she grew up in East Boston and graduated from the Fitton High School in East Boston. She moved to Winthrop in 1955 where she raised her five children with her husband, Edwin, Sr. She went on to work as an administrative assistant for the Suffolk County House of Corrections for many years. She was also a member of the Winthrop Catholic Women's Club, the Winthrop Senior Center and the Winthrop Art Asso-

She was the devoted wife of the late Edwin T. MacDonald, Sr. and the loving mother of Theresa O'Connor and her husband, John, Peggy Griffiths and her husband, Bill, Edwin T. MacDonald, Jr. and his wife, Karen Lee and Rosemary MacDonald, all of Winthrop and Maryann McGreehan of S. Portland,



Maine; cherished grandmother of Danny, Julie, Jennifer and her husband, Sean, Michael, Amanda and her husband. Paul. Gregory, Katelyn, Evan, Charly, Joe and Jessica and her husband, Andrew and great grandmother of Jackson and Camden.

Services and interment were private. A memorial service will be held at a later date. Memorial donations may

be made to the MSPCA at www.mspca.org.

To sign the online guestbook, go to www.caggianofuneralhome.com.

Arrangements were under the direction of the Caggiano-O'Maley-Frazier Funeral Home, Winthrop.

Maria Virginia Isaak

She had the kindest loving heart, a very positive attitude, was very generous and always smiling

Maria Virginia (Castillo) Isaak passed away January 3. She was 101 years young.

The cherished daughter of Maria Albelo and Mercedes Castillo, she was born in Córdoba, Argentina, lived in Buenos Aires and was a long-time resident of Winthrop and East Boston.

She was married to the late Liebmann Isaak and was the adored loving mother of Virginia Leonor Isaak and Liliana Isaak Snyder and her husband, Thomas J. Snyder, Jr. She was the adored abuela of Nicholas Isaak Snyder of East Boston and Jonathan Snyder, sister of Nilo Castillo and was predeceased by three brothers, Alfonso, Nicolas and Francisco and a sister, Elisa Castillo, all of Argentina. She is also lovingly survived by many nieces, nephews and dear friends.

In Argentina, she was a nurse, a nurse anesthetist and had other diplomas in the medical field. Throughout her life, she loved classical music and tango and enjoyed time spent with family and friends singing



and dancing. She read everything and anything that she came across. She liked traveling and especially loved eating ice cream and empanadas. She had the kindest loving heart, a very positive attitude, was very generous and was always smiling. May she be at peace in the company of her dear family and friends who have gone before her.

Mami, you have always been our angel. We love you very much, you will be forever in our hearts. A Celebration of Life

God bless you dear

will be held at a later date. To sign the online guest-

book, go to www.caggianofuneralhome.com.

Arrangements were under the direction of the Caggiano-O'Maley-Frazier Funeral Home, Winthrop.

Kelly Lounsbury

Active member of the Winthrop community

Kelly L (Tallent) Lounsbury, 44, a lifelong Winthrop resident, passed away on January 7 after a courageous 20-month battle with Ovarian Cancer. She is survived by her husband, Geoff and three sons: Braedon, Camden and Logan, all of Winthrop.

A lifelong Winthrop resident, she was the daughter of James W Tallent III and stepmother, Elena Todisco of Winthrop and Debra E Silck of Vero Beach, FL, loving younger sister of Kimberly (Tallent) Dufresne and her husband, Jeff of Cumberland, RI. She the daughter-in-law of David Lounsbury and the late Maryann of Winthrop, sister in-law to Jonathan Lounsbury and his wife, Michelle of Sharon and Brian Lounsbury of Winthrop. She also leaves behind many aunts, uncles, cousins, nieces and nephews and an amazing friend squad.

Kelly was a graduate of Winthrop High School, Class of 1995 and Suffolk University, Class of 1999 with a Bachelor of Science in Business Administration. She was most recently employed by State Street Corporation for over 14 years. Kelly was a very active member of the community. A proud hockey mom to countless teams helping to organize many of the boys'

First Anniversary



tournaments. She was also a coach for their soccer and Little League teams and was on the board for Winthrop Little League. She was also a former Elk.

Family and friends are cordially invited to attend the visitation from the Caggiano-O'Maley-Frazier Funeral Home, Winthrop today, Thursday January 13 from 4 to 8 p.m. The funeral will be conducted from the funeral home on Friday, January 14 at 9 a.m. followed by a Funeral Mass at St. John the Evangelist Church, 320 Winthrop St, Winthrop at 10 a.m. Services will conclude with interment in the Belle Isle section of the Winthrop Cemetery.

Cards and flowers can be sent to the funeral home as part of her celebration of life. If you prefer to make a donation, please consider the Marie C. Petrilli foundation at www.mariecpetrilli.com.

To sign the online guestbook, go to www.caggianofuneralhome.com.

NICHOLAS R.

Puopolo

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OBITUARIES

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Sean and Great grandchildren

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Winthrop Senior Center News

35 Harvard Street, Winthrop, MA 02152 Hours: Mon-Thurs: 9am-3p.m. / Friday: 9am-1p.m. Website: town.winthrop.ma.us/council-aging Email: COAReception@town.winthrop.ma.us Phone: 617-846-8538

Facemasks are required while in the Senior Center and on the Senior Van.

Thursday, January 13

9:30am: Exercise 10am-2pm: Computer Usage

11am: Grab and Go Lunch

12:15-2:30pm: Bingo

Friday, January 14

10am: Ceramics with

9am-1pm: Computer Us-

10am: Line Dancing with Cindy

11am: Grab and Go Lunch

Monday, January 17

The Senior Center will be closed in observance of Martin Luther King Jr. Day

Tuesday, January 18

9:30am: Exercise 10am-2pm: Computer Usage

10am: Spanish Class Healthcare 10:30am: Discussions: Starting the Year Off Right: Replacing Bad Habits with Better Ones

11am: Grab and Go Lunch

Wednesday, January 19

9:30-12pm: CAPIC Fuel Assistance

9:30am: Yoga with Kath-

10am-2pm: Computer Usage

10am: Low Vision Support Group

11am: Grab and Go Lunch

11am: Zumba with Cin-1:15: Italian Class

All participants are required to have an updated Emergency Contact Form on file with the office before participating in any

activities. Emergency Con-

tact Forms are available at

the front desk, and on our

website.

only.

We are unable to offer any snacks or drinks at this time. Participants should bring their own bottled water, coffee, or tea. Shared

food is not allowed, please

bring individual snacks

Grab and Go Lunches will be available for pick up Monday – Friday at 11am. To reserve a lunch, please stop by the front desk or call the Senior Center at 617-846-8538 by 11am the day before (for Monday lunch, reservations must be made by 11am on Friday). Menus are available on our website and in our monthly newsletter.

Meals on Wheels also

continues to operate. To sign up, contact Mystic Valley Elder Services at 781-324-7705.

Van Transportation is available Monday - Thursday between 9am and 3pm (return trips must be completed by 3pm). Reservations must be made at least 2 weekdays in advance of your trip. A full list of our destinations and pricing is available on our website, at the Senior Center and in our newsletter.

Blood Pressures: Nurses from the Medical Reserve Corps will be at the Senior Center offering blood pressure readings on the first and third Monday of each month from 11am to 12pm. No appoint-ment needed.

CAPIC Fuel Assistance. CAPIC will be at the Senior Center on January 19 from 9:30am to 12pm. Ap-pointments are on a first come, first served basis. Applications for the FY22 Low Income Home En-ergy Assistance Program are also available online. For more information, go to www.capicinc.org or call CAPIC at 617-884-6130.

Caregiver **Support Group:** Being a caregiver can be fulfilling, exhausting and everything in between. Gain comfort and support from others who are doing the same work. Open to all caregivers, this group meets on the second Wednesday and fourth Monday of each month. To join, please contact Jessica Phelan, Caregiver Support Coordinator at 781-388-2319.

Financial Awareness: Tax Efficient Retirement: Joseph Ferrara will be at the Senior Center on Janu-ary 20 at 10:30am for a presentation explaining retirement income and annuities.

Healthcare Discussions: Starting the Year Off Right: Replacing Bad Habits with Better Ones. January 18 at 10:30am. Presented by: Traci Cucinotta, Medical Social Worker and Bioethicist. It's a new year, let's start it with a focus on good health. This discussion will include small ways to improve overall physical and mental health.

Podiatry: Barbara Ullman, RN, a registered nurse and manicurist from Seen Your Feet will be at the Senior Center to do nail clipping on Thursday, January 6, 2022, from 9:30am to 2:30pm. Cost: \$20 (cash only). Appointment required. To schedule, please call the Senior Center.

Senior Phone Buddy

Program. Senior Center volunteers are available to make friendly phone calls to homebound seniors. If you, or someone you know would like to receive a call, please contact the Senior Center at 617-846-8538, or email COAReception@ town.winthrop.ma.us.

Subscribe to the Senior Center's monthly news**letter**. Go to www.town. winthrop.ma.us/subscribe, enter your email address and select "Senior Center Newsletter" from the options.

Upcoming Trips

Sign-Up at the Senior Center. More information (including trip flyers) is available at the Senior Center and on our website.

March 10, 2022: Celtic Angels of Ireland at the Danversport Yacht Club. Price: \$98 (includes trans-portation) or \$74 (drive on your own). Make checks payable to: Friends of the WCOA. Meal choices: Corned Beef and Cabbage or Baked Schrod.

Sox-Yankees in New York. Price: \$119. Make checks payable to Friends of the WCOA.

April 9, 2022: Red

May 19, 2022: Comedy Hypnosis Show Featuring Richard Barker. Price: \$98. Makes checks payable to Friends of the WCOA Meal: Cranberry Cornbread Stuffed Chicken (vegetarian meal option also avail-

May 25, 2022 - May **26, 2022:** A Victorian Age Getaway. Travel via Amtrak's Downeaster to Maine and spend the night at the Nonantum Resort in Kennebunkport. Trip includes guided tours of Port-land and Kennebunkport, Maine and also Portsmouth, NH, evening entertainment at the resort and a vineyard tour with winetasting. For full tour information, pick up a flyer at the Senior Center (flyers are also available www.town.winthrop. ma.us/council-aging.

Pricing (make checks payable to Best of Times Travel):

\$389 per person double occupancy or \$489 single occupancy Portside (water view

guaranteed) room price: \$419 per person double occupancy or \$519 single occupancy

Option Chubb travel protection: \$33 per person (\$52 for single portside room)

A deposit of \$50 per person, plus insurance fee (if selected) is due upon registration. Final payment due by April 8, 2022.

NEWS FROM AROUND THE REGION

MALTEZ NAMES TOWN MANAGER OF READING

CHELSEA - Fidel Maltez, who has served commendably as Chelsea's commissioner of public works since 2019, has accepted a position as the new town manager of Reading.

Maltez, who was previously Chelsea's assistant DPW director, will begin in his new leadership role Feb. 14. He will leave his position in Chelsea Feb. 11.

Maltez, 38, signed his contract in Reading Monday, with his wife, Maria Belen Power, and their two daughters, Maya and Ana Victoria, proudly viewing the ceremony in the presence of the Reading Select

Maltez said he was excited about his new position.

"It's a great opportunity for my family and my professional career," said Maltez. "It's a very prestigious position and Reading is a very, well-managed town. It's a town that's known for having great finances and great staff. It's definitely a good position to step into. It's a little different from Chelsea, but what I've learned in Chelsea will definitely help me succeed

in that position – which is to be resident-oriented, to be out in the community, to not lead from a desk but lead from the residents, and really try to do right by the residents."

He made a huge impact in Chelsea

Maltez is universally respected in Chelsea for being a brilliant administrator who brought daily passion and energy to his position as the head of the Department of Public Works. Working in coordination with City Manager Thomas Ambrosino, Maltez led large infrastructure projects on Essex Street, Maverick Street, and upper Broadway.

The well-maintained streets and parks in Chelsea, from Voke Park to Quigley Park, are a credit to the diligence and hard work of Maltez and his department.

During his tenure in Chelsea, Maltez has also overseen the development of the city's annual capital improvement plan. Last year, Maltez became involved in the overall city overall budget process.

"Î've been going above and beyond my normal duties in public works and really learning from Tom [Ambrosino] on what it takes to go to the next step," said Maltez. "Tom is the reason why I was able to get this new position. Tom is a great mentor. He's been in the public service sector for 30 years, and he knows everything about municipal management, and there is not one question that I've asked Tom where he doesn't know the answer. He's seen it all. He's also a very supportive boss.

'I'm very thankful to everyone in Chelsea for all the support I've gotten over the years," he concluded.

A success story begins in Nicaragua

Fidel Maltez grew up in Managua, Nicaragua, where he met his future wife, Maria Belen Power, while they were students in the same high school.

Fidel attended Lafayette College (Penn.) where he received a Bachelor of Science degree in Civil and Environmental Engineering. He also holds a master's degree in Public Policy from Tufts University and was recently accepted as a Senior Fellow at the Harvard University Kennedy School of Executive Education.

Following his graduation from Lafayette, Maltez joined Cintas Corporation and worked there for 13 years. "I absolutely loved the experience," said Maltez. "Maria and I were able to live in China for three years through Cintas." Fidel Maltez and Maria

Belen Power were married in 2011 and live in Chelsea with their two children. Maria is the associate executive director of Green-Roots and an appointee to President Joseph Biden's Environmental Justice Advisory Council. **Praise from**

city officials Town Manager Tom

Ambrosino and Councillor-at-Large Leo Robinson praised Maltez for his outstanding work in the city and wished him well in his new endeavor.

"Fidel is a fabulous employee, a great manager, and I'm going to miss him a great deal here," said Am-

brosino. "But I also think

this is a tremendous oppor-

EVERETT OFFICIALS SWORN INTO OFFICE



Mayor Carlo DeMaria takes the oath of office from Assistant City Clerk Peter Napolitano as his wife, Stacy, looks on holding the Bible during the inaugural ceremonies on Monday night, at the Performing Art Center at Everett High School.

tunity for him. I'm really excited for him, and I think he's going to make a great town manager in Reading."

"This is an excellent op-

portunity for Fidel," said Robinson. "We in the city of Chelsea hate to lose good people, but I wish him nothing but the best. Fidel did a great job in Chelsea. We will miss the energy that he brings to City Hall."

PATRON NAMES **WU'S PRESS SECRETARY** EAST BOSTON - East

Boston resident and City Councilor Lydia Edward's Chief of Staff Ricardo Patron has been appointed by Mayor Michelle Wu to serve as press secretary. Patron will take over duties as Wu's press secretary on Monday. Patron first joined Coun-

cilor Edwards' staff shortly after her inauguration in 2018 as her Eastie community liaison and took over as Director of Communications in 2020. Patron then replaced Ga-

briela Coletta as chief of staff after Coletta left Edward's office to work for the New England Aquarium last summer.

"Working for Lydia Edwards the last four years has been a life changing experience," said Patron Tuesday.

"I can't thank her and the

rest of the team enough for

everything they've taught

me. I've loved being a part

of this team that worked so hard to represent the residents of East Boston, Charlestown, and the North End and helped bring so much change to Boston. I'm incredibly excited and humbled by this opportunity to join Mayor Michelle Wu's administration and can't wait to get started."

Edwards had nothing but praise for her chief of staff and wished him well in his new endeavor. "Congratulations to my

dear friend Ricardo Patron,' said Edwards. "I am filled with joy and amazement at his growth, intelligence and immense potential. He started as a part time liaison then became Chief of Staff and now he is the voice for the Mayor of Boston. Along with being bilingual, he is loyal, an advocate, professional and kind. Naturally he is suited to be the voice of our Mayor. He knows so much about being new to our country and city and exemplifies the dreams and experience of so many immigrants. Ricardo really makes us all proud. Speak now, for the Mayor, to all of us. We are listening and so excited that you made history. It's rare that you bond so much with staff that they become friends. It's even more rare that they are like family. Ricardo, on behalf of District 1, job well done."

In addition to his job

on Edwards' staff, Patrón

serves on the board of di-

rectors of the East Boston

YMCA, Maverick Landing Community Services, the Neighborhood of Affordable Housing (NOAH), and the North Suffolk Mental Health Association. He lives in East Boston with his wife Kathleen and their

VISCONTI TO LEAD CITY COUNCIL

dog Mau.

REVERE - Members of the 2022-23 Revere City Council and Revere School Committee received their oaths of offices at the city's Inauguration Ceremonies Monday night at City Hall.

City Clerk Ashley Melnik administered the oaths Councillors-at-Large Gerry Visconti, George Rotondo, and Marc Silvestri, and Ward Councillors Joanne McKenna, Anthony Cogliandro, Patrick Keefe, Al Fiore, and Richard Serino. Councillors-at-Large Steven Morabito and Dan Rizzo and Ward 2 Councillor Ira Novosesky were unable to attend the ceremony.

Also receiving their oaths in the City Council Chambers were School Committee members Carol Tye, Donna Bronsdon-Rizzo, Susan Gravellese, Aisha Milbury Ellis, and John Kingston. School Committee member Michael Ferrante was unable to attend the ceremony. Mayor Brian Arrigo is the ex-officio chair of the School Committee.

1 tablespoon Dijon mustard 10 chicken thighs, patted dry 2 teaspoons minced ginger root 2 teaspoons Worcestershire ½ cup honey

2 cloves garlic, minced

1 teaspoon grated orange zest

WINTHROP MARKETPLACE

HOISIN CHICKEN THIGHS

⅓ cup hoisin sauce ¼ cup ketchup

2 tablespoons orange juice

STEP 1: Preheat the oven to 350 degrees F (175 degrees C). STEP 2: Mix honey, hoisin sauce, ketchup, orange

juice, mustard, ginger, Worcestershire sauce, garlic and orange zest together in a 9x13-inch baking dish. Add chicken thighs and coat with the mixture. Cover baking dish with aluminum

STEP 3: Bake in the preheated oven for 1 hour, basting at least 3 times. Remove foil and continue baking,

uncovered, until chicken is browned on top, about 15 minutes.

35 REVERE ST., WINTHROP (617)846-6880

Former Suffolk County DA Rachael Splaine Rollins sworn in as the U.S. Attorney

Staff Report

Former Suffolk County District Attorney Rachael Rollins was sworn in as the United States Attorney for the District of Massachusetts. U.S. District Court Chief Judge F. Dennis Saylor IV administered the oath of office in federal court in Boston during a private ceremony. A formal investiture will be planned for a later

U.S. Attorney Rollins was nominated by President Joseph R. Biden on July 26, 2021 and was confirmed by the United States Senate on Dec. 8, 2021 in a tie-breaking vote cast in favor by Vice President Kamala Harris.

"Today's swearing was

a proud and humbling moment for both myself and my family. It was particularly special for me to have my parents with me, on my father's 74th birthday," said U.S. Attorney Rollins. "Their support has been unwavering, and I owe so much of this moment to them. As I reflect upon the path that led me here, I cannot help but think about the many colleagues and mentors who have supported me along the way. I want to acknowledge my friends, colleagues and law enforcement partners at the Suffolk County District Attorney's Office whose steadfast commitment and dedication to keeping our neighborhoods healthy and safe has truly made a difference in the lives of so many. I am



U.S. Attorney for the District of Massachusetts, Rachel

enormously proud of what we accomplished together."

Rollins added, "As I begin this next chapter as the United States Attorney, I look forward to the challenges ahead. There is much to be done and I am blessed to be walking into an office with highly skilled attorneys and staff who have the same commitment to public safety and community wellbeing and health."

U.S. Attorney Rollins, 50, of Boston, is now the top-ranking federal law enforcement official in the District of Massachusetts, which comprises 14 counties. With over 20 years of legal experience, U.S. Attorney Rollins will lead a team of more than 250 federal prosecutors and staff with three offices located in Boston, Worcester and Springfield.

U.S. Attorney Rollins has been the Suffolk County DA for the last three years. In 2019, the people of Suffolk County elected her as the first woman to serve as their DA and the first woman of color to serve as DA in the Commonwealth of Massachusetts. Rollins is now the first Black woman to ever serve as U.S. Attorney in the District of Massachusetts, one of the two first U.S. Attorney's Offices in the nation, established in

U.S. Attorney Rollins previously served as Chief Legal Counsel to the Massachusetts Port Authority. Prior to that she served as General Counsel for the Massachusetts Department of Transportation and the Massachusetts Bay Transportation Authority. From 2007 to 2011, she was an Assistant U.S. Attorney for the District of Massachusetts serving in both the Civil and Criminal Divi-

Earlier in her career, U.S. Attorney Rollins was an attorney at Bingham McCutchen LLP and from 1999 to 2002 she was a field attorney for the National Labor Relations Board. U.S. Attorney Rollins began her legal career as a clerk for Associate Judge Frederick L. Brown of the Massachusetts Appeals Court.

U.S. Attorney Rollins earned a Juris Doctor from University Northeastern School of Law and a Masters in Law from Georgetown University Law Center. She received a Bachelor of Arts Degree in Education and African-American Studies from the University of Massachusetts Amherst.

Kevin Hayden sworn in as Suffolk County District Attorney

Staff Report

District Attorney Kevin Hayden hit the ground running on his first day after being sworn into office by Gov. Charlie Baker by naming Boston defense attorney Kevin R. Mullen as his first assistant district attorney and announcing the formation of a transition team to help review office policies

"The Suffolk County District Attorney's Office is staffed with exceptional attorneys and non-lawyers

who are dedicated to justice and nurturing safe communities. That will not change with my administration," DA Hayden said. "I am returning home by coming back to the office where I started my legal career. I could not be prouder to lead this office, which is so critical to preventing crime and harm in Boston, Chelsea, Revere and Winthrop."

DA Hayden's first action was to name Mullen, who was an ADA with DA Hayden in the 1990s, as his first assistant. In addition to

his work as a Suffolk County prosecutor, Mullen, from Dorchester, has worked as a criminal defense attorney and been appointed a special prosecutor in other counties, frequently for cases where the DA's office was presented with a potential conflict of interest. First ADA Mullen was sworn in today as well.

One of the priorities of DA Hayden is to reduce the number of illegal guns in the county to determine the proposer course of prosecution in each situation. "I am beginning a comprehensive review of all the gun cases pending in this office; each one has the potential to cause great harm to our communities," said DA Hayden. "The harm that guns cause is incalculable and we must do everything in our power, use every tool at our disposal, to reduce that harm."

In addition, DA Hayden said he will meet with staff members, law enforcement partners, elected officials, and community partners, to engage in how best to



Gov. Charlie Baker with new District Attorney Kevin Hayden.

support the communities of Suffolk County. He is also forming a transition committee which will be comprised of people who live, work and worship in Suffolk County to review

SCDAO policies and make recommendations on how to improve performance.

"I am excited to start and humbled by the appointment," said DA Hayden.

Sports Years // CONTINUED FROM PAGE 10

period in which he sped down the wing, zipped past the defender, and then went in alone on goal, beating the Salem netminder upstairs. Chris previously scored the first goal of the game in the opening period and assisted on two other goals, giving him four points on the night en route to number 100. Defenseman Jimmy Barker lit the lamp in the first period for his first varsity goal and also had an assist. Billy Hetherton scored his first varsity marker, in his first varsity game, assisted by Matt Pisani, for whom this also was his first varsity appearance. Other goal scorers on the night were: Dan Eruzione with two goals and an assist; Matt Todisco (plus one assist); and Mitch Paulson. Chris Page earned two assists and Luke Hodgkins and Jake McKinnon each had an assist.

The Winthrop High girls indoor track team picked up its second victory of the season with a 50-36

triumph over Lynn Classical. The meet was a study in contrasts, with Winthrop dominating the field and long distance events and Classical capturing 23 of the possible 27 points in the dashes. Lady Vikings took first place in six of the nine individual events: Julia Wallace in the high jump with a leap of 4-8; Ashley Jurovich with a shot-put toss of 29-0; Jordan Griffiths in the 600 in 1:56.7; Amy Sena in the 1000 in 3:47.6; Cecilia Moreira in the mile in 6:23.6; and Kaitlyn Fennell in the two mile in 14:29.

Matt Stasio and Patrick Brogan won first place in their individual events for the Winthrop High boys indoor track team in their meet last week with Lynn Classical. Stasio outdistanced the field in the shotput with a heave of 36-5. Brogan outran all competitors in the two mile in a time of 12:13.Patrick also earned three points for the

Vikings with a second place finish in the 1000.

30 years ago Jan. 16, 1992

The WHS girls basketball team broke the hex of the Salem Lady Witches with an exciting 54-43 win in a matchup of undefeated teams battling for first place in the NEC. Liz Doherty sank the second of two free throws with 10 seconds left to provide the margin of victory. Winthrop had not beaten Salem in four years and the win snapped Salem's 57-game winning streak in the NEC. Doherty finished with 28 points, a career high, of which 20 came in the second half when Winthrop came back from an 11-point halftime deficit.

The Winthrop girls indoor track team remained undefeated with a 48-37 win over Marblehead. Marianne Cleary won the mile in 6:20.2, Danielle Giovanni won the two mile in 13:11.5, Cindy Romanos took the

Kenneth Goodwin and

Jesus Magarinos at, 30

Tileston Road, Winthrop,

MA 02152. The applicant

seeks a renewal permit

Lodging. The permit was

denied in accordance to

Zoning-By-Laws Chapter

the Town of Winthrop

The public is invited

to attend, and interest

parties shall have an

opportunity to be heard.

To Join Zoom Meeting:

Topic: Board of Appeals

07:00 PM Eastern Time

To Join the zoom Meeting

type in the link below:

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tioned application and

available for review at

day through Thursday

Darren Baird, Chairman

Sharon Sicurella, Clerk

Winthrop Board of Ap-

8am-4:30pm.

100 Kennedy Drive Mon-

plans are on file and

(Washington DC)

Time: Jan 27, 2022,

(US and Canada)

17.49.020

to operate a Bed & Breakfast/Transient 1000 in 3:13.7, and Suzanne Jellow won the 300 in 44.2.

A number of Viking trackmen have qualified for the State Class D indoor track meet at Harvard, including Matt Semino in the 300, Brian Corbett in the 600, Kenny O'Connell in the hurdles and shotput, Donny McElree and Joe Kearns in the shot, and Danny Levine in the 50.

40 years go Jan. 15, 1982

The 8-0 WHS hockey team continued on a roll with a 6-4 win over previously-undefeated Gloucester. Chuck "The Golden Jet" Sullivan lit the lamp four times for Coach Bill Falasca's Vikings, who sit alone atop the NEC and are ranked third in the Division I polls.

The WHS boys track team remained undefeated with a 55-31 romp over Gloucester. Coach Pat Mc-Gee's squad was led by Greg Cayon in the 300; Mike Bornstein in the 50; and Mike Brenner in the shot-put, who led the usual Winthrop sweep in that

WHS gymnastics team captain Sandy Massa set two all-time school records with a score of 8.7 on the balance beam and an overall performance score of 30.6. Teammate Kim Gregory also turned in a fine overall performance score of 18.7 in the meet.

50 years ago Jan. 14, 1972

Although the entire No. Shore is abuzz about the exploits of the WHS hockey team's first line of Mike Eruzione, Chris Costonis, and Steve Christopher, which is leading the No. Shore with 87 points, the Viking defense corps of Chuck Pedoto, Mark De-Gregorio, and Chuck Flanagan are a key reason why coach Paul O'Brien's Vikings are undefeated.

60 years ago Jan.16, 1962

The Winthrop High basketball team sits atop the Northeastern Conference after wins over Swampscott and Woburn. Diminutive guard Bobby Krute displayed some ball-handling wizardry and hit four free throws down the stretch in the exciting 54-52 win over Woburn. Len Riley scored 19 points in that game and then 20 to lead the way against Swampscott.

70 years ago Jan. 17, 1952

The Winthrop High basketball team whipped Swampscott and Amesbury to open their Northeastern Conference schedule. Steve Miles led the way for coach Gordon Connor's crew. scoring 17 and 19 points respectively. Teddy Bernstein tossed in 13 points in the Woburn win.

a Regulation Relative

to the Storage and

LEGAL NOTICES

LEGAL NOTICE PUBLIC HEARING DATE OF

JANUARY 18, 2022 Notice is hereby given in accordance with Section 2.9 (c) of the Code of the Town of Winthrop that the Winthrop Town Council will conduct a Public Hearing on Tuesday, January 18, 2022 at on or after 7:00 p.m., in the Harvey Hearing Room / Via Zoom that the Town Council grants permission to National Grid on the following: The following Streets and Highways referred to: Plan: # 30478309-Terrace Ave-Install 2-3" conduits 5" +/- from existing pole #956 on Terrace Ave to customers property at 131 Terrace Ave for an underground service. All documents, legally

accessible, pertaining to this hearing(s) and Zoom information can be requested by email to councilclerk@town winthrop.ma.us or calling 617-846-1852 x 1034. Zoom information will also be available on the Town Website **Denise Quist** Town Clerk Council Clerk 1/13/22 **LEGAL NOTICE**



Legal Notice #001-2022 Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday, January 27, 2022, at or after 7:00 p.m. via Zoom.com, upon the application of person requesting: Tuan Pham located at, 5 Burrill Terrace, Winthrop, MA 02152. The applicant seeks a permit to operate a Bed & Breakfast/ Transient Lodging. The permit was denied in accordance to the Town of Winthrop Zoning-By-Laws Chapter 17.49.020 The public is invited to attend, and interest parties shall have an opportunity to be heard. To Join Zoom Meeting: Topic: Board of Appeals Time: Jan 27, 2022, 07:00 PM Eastern Time (US and Canada)

To Join the zoom Meeting

type in the link below:

https://us02web.zoom.

us/j/89301055714?p-

wd=R0tndGp4emh-KUUpvMDFYNzBjdEF-Meeting ID: 893 0105

5714 Passcode: 231036 Dial by your location +1 646 558 8656 US (New York) +1 301 715 8592 US (Washington DC) Copies of the aforementioned application and plans are on file and available for review at 100 Kennedy Drive Monday through Thursday 8am-4:30pm. Darren Baird, Chairman Sharon Sicurella, Clerk Winthrop Board of Ap-

1/13/22, 1/20/22

peals

LEGAL NOTICE



Legal Notice #002-2022 Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday, January 27 2022, at or after 7:00 p.m. via Zoom.com, upon the application

of person requesting:

1/13/22, 1/20/22

LEGAL NOTICE



Legal Notice #003-2022 Notice is hereby given in accordance with Chapter 40A of the Massachusetts General Laws and Chapter 17 of the Code of the Town of Winthrop that the Winthrop Board of Appeals will conduct a public hearing on Thursday, January 27, 2022, at or after 7:00 p.m. via Zoom.com, upon the application of person requesting: Milton Shull & Denise Cobuzzi at, 202 Grandview Avenue, Winthrop, MA 02152. The applicant seeks a variance for 17.16.020 J.1 and 17.16.030. Permit is proposing to raise the existing structure and build in is place a one family dwelling. The public is invited to attend, and interest parties shall have an opportunity to be heard. To Join Zoom Meeting:

Topic: Board of Appeals

07:00 PM Eastern Time

To Join the zoom Meeting

Time: Jan 27, 2022,

(US and Canada)

type in the link below: https://us02web.zoom. us/j/89301055714?pwd=R0tndGp4emh-KUUpvMDFYNzBjdEF-

Meeting ID: 893 0105 5714 Passcode: 231036 Dial by your location

+1 646 558 8656 US (New York) +1 301 715 8592 US (Washington DC) Copies of the aforementioned application and plans are on file and available for review at 100 Kennedy Drive Monday through Thursday 8am-4:30pm. Darren Baird, Chairman

Winthrop Board of Appeals 1/13/22, 1/20/22

Sharon Sicurella, Clerk

Suffolk Probate and Family Court 24 New Chardon St. Boston, MA 02114 (617)788-8300 CITATION ON PETITION FOR FORMAL **ADJUDICATION**

Docket No.

LEGAL NOTICE-COMMONWEALTH

OF MASSACHUSETTS

THE TRIAL COURT PROBATE AND **FAMILY COURT**

Estate of: Christopher Alexander Zike Also Known as: Christopher DeAngelo Date of Death 10/29/2021 To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by James P. Deangelo of Wormleysburg, PA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance Court before: 10:00 a.m.

SU21P2436EA

and objection at this on the return day of 02/22/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections

within thirty (30) days

of the return day, action

may be taken without further notice to you. UNSUPERVISED AD-MINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: January 11, 2022 Felix D. Arroyo Register of Probate 1/13/22

LEGAL NOTICE Winthrop Board of Health

Regulation Relative to the Storage and Collection/Removal of Trash, Recycling and Solid Waste Disposal On November 4, 2021 the Winthrop Board of Health voted to adopt

Collection/Removal of Trash, Recycling and Solid Waste Disposal with an effective date of January 1, 2022. The purpose of the regulation is to protect public health and safety, safeguard the environment, and facilitate the proper and efficient storage and collection/removal of trash, recyclables and solid waste disposal in the Town of Winthrop. The Board of Health and the Department of Public Works and their designees are authorized to promulgate policies and procedures from time to time to aid in the implementation and enforcement of this regulation. The owner of each residential unit receiving curbside collection shall be charged an annual fee per unit for the collection of solid waste and recycling as determined by the Town Manager or their designee before the annual budget is presented to the Town Council by the Town Manager. For a copy of this Regulation, please go to the Winthrop Board of Health website at www.town. winthrop.ma.us/boardhealth.

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Staff Report

Residents within Ever-

source's service territory now have the option of locally produced, clean renewable energy through the Solar Massachusetts Renewable Target (SMART) Program. Located 1 hour south of the city on Cape Cod, two new community solar farms, totaling 7 MW, will produce enough energy annually to power 960 homes.

Both homeowners and renters are eligible to subscribe to this project through RooflessSolarTM with no long-term commitment, upfront costs, or cancellation fees. This is a completely free program for area residents. Once

subscribed, residents can expect to save up to 10% on their electric utility bills The average customer saves \$176/year!

Community solar is the answer for those who do not wish to install solar panels on their property, rent and don't own a home or would like the option to take their solar with them to their next home. The electricity generated by the solar farm is delivered into Eversource's power grid and then distributed to subscribers in the form of onbill credits.

To see your estimated savings and subscribe, please visit boston.rooflesssolar.com/. Space is limited, so act fast!



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Contact and interaction with other dogs and people is another benefit of outdoor winter exercise.

CITY PAWS

Winter Exercise

By Penny & Ed Cherubino

We all know how tempting it can be to look out on a winter day with snow, rain, icy sidewalks, or below-freezing temperatures and decide to forgo a substantial walk with your dog. It's so easy to promise you'll make it up tomorrow. For us, it is even more tempting because our dog, Poppy, prefers to stay inside and is an expert in using her puppy pads as needed.

There are a few days each winter when staying in or a quick trip to do what is absolutely necessary is the right decision. However, we admit that it's often just the easy way out, and we should give our dog and ourselves the exercise we

Muscle Tone and Winter Weight!

Remember your vet is happy to encourage you to monitor and control your animal's weight. If you have a large dog, you may need to drop into a veterinary clinic to check on weight status. We expect that most vets and their staff will allow you to use their scales if you are willing to wait for a time between clients when it is free. In many cases, the scale may be in a waiting area.

For dogs you can lift, use the subtractive meth-

od. Weigh yourself on your bathroom scale. Then, pick up your pet, get a total for the two of you, and deduct your weight from the total. Ed likes to follow schedules and keep logs, so he weighs our dog Poppy every week. That helps both of them get more exercise since he notices when she is more than a few ounces up from the week before.

Two things come with a reduction in exercise: weight gain is noticeable, but muscle reduction is not. What's more, since muscle is more dense than fat, you may be fooled into believing that your dog is not gaining weight until it is a more serious problem. Regular exercise will help tone the body, strengthen bones, and help control weight.

"A tired dog is a good dog" is an old saying with a ring of truth to anyone who has lived with an energetic dog during a blizzard. Keeping your dog physically fit, socialized, and well-behaved requires a winter workout plan.

We have to be aware that dog walks in winter require more energy and can leave older or frail dogs exhausted and plan accordingly. However, for a healthy high-energy hound, a quick trip outside may not be enough. The excess energy they need to burn off with a good romp could result in behavior issues at home.

Socialization Too!

Contact and interaction with other dogs and people is another benefit of outdoor winter exercise. The pandemic has already prevented some companion animals from being well socialized. Fortunately, over the summer and fall, we saw more casual meetings between canines and their people and fewer warnings that the dog was not used to

strangers. Mikkel Becker, Vetstreet.com's Certified Behavior Consultant Canine (CBCC-KA) writes, "My rule of thumb is to provide your dog with at least two interactive activities per day along with several socialization opportunities throughout the week."

Since your friends with dogs have the exact needs, you could set up playdates or at least a texting system that lets others know when you are on your way for a walk. What's more, what is good for your dog is good for you. Social interaction with other dog people can be the encouragement you need to take a longer walk each day, even when the weather makes you want to stay inside and hibernate.

Do you have a question or topic for City Paws? Send an email to Penny@ BostonZest.com with your request.

The Animal Legal Defense Fund offers tips to keep pets warm this winter season can be a serious irritant Special to the Journal for an animal's paws—and

With winter—and low temperatures—upon us, it's important to think about how we'll keep all our family members safe, warm, and healthy, including the four-legged ones.

The Animal Legal Defense Fund, the nation's leading legal advocacy organization for animals, has tips for how you can make sure your companion animals sail through even the worst weather winter has to offer. Dogs, cats, and other companion animals are not equipped to handle the cold much better than humans, so it's important to pay close attention to signals they may be getting uncom-

- fortable. • First and foremost, bring your companion animals indoors, where it is warm. If it's too cold for you to be outside, it's too cold—and potentially deadly—for them.
- Watch for signs of hypothermia - shivering, weak pulse, dilated pupils, stupor, and unconsciousness. If an animal exhibits these symptoms, get them to a veterinarian right away! • "Salts" that melt snow

- some are toxic if eaten. Make sure to wipe or rinse their feet when back in-
- doors. • Don't leave antifreeze in open containers. Antifreeze is deadly—its sweet taste attracts almost any animal and will kill them.
- Bang on the hood of your car before starting it-small animals, including cats, may crawl under the hood to find warmth. Companion animals give us unconditional love but they can't tell us when they get too cold. A little care and caution will go a long way toward keeping all our family members healthy this winter.

If you see an animal in distress outdoors, call 911.

It is not uncommon for dogs and cats left outdoors in the brutal cold to suffer severe frostbite or even to freeze to death. Some areas, like North Dakota and Minnesota, have recorded temperatures as low as 40

degrees below zero. State laws differ dramatically when it comes to defining the standards of

care required for animals.

Some states fail to expressly include a requirement to provide adequate "shelter" as an element of the crime of animal neglect. Nebraska, New Mexico, and New York are guilty of this omis-

However, others, like North Dakota (mentioned above) expressly mandate it. For example, in North Dakota, neglect of a dog or a cat includes failing to provide "[s]helter from the elements, as appropriate for the species, the breed, and the age and physical condition" of the animal.

But one thing is certain: it is illegal to cause a companion animal to freeze to death in all 50 states and the District of Columbia.

The Animal Legal Defense Fund is frequently contacted regarding animal cruelty charges filed against people who have left animals out in the cold.

Public scrutiny and law enforcement are our best tools to enforce animal cruelty laws, and that is why we make exposing such neglect—like leaving dogs outdoors to freeze to death—a priority and make sure violators of these laws are held accountable.

Urgent need for kitchen volunteers at Community Servings

Staff Report

Kitchen volunteers are urgently needed at Community Servings to help the nonprofit's professional kitchen staff prepare and package 18,000 medically tailored meals that are delivered weekly to critically and chronically ill individuals across the region.

While Community Servings operates one of Boston's largest volunteer programs, the current COVID-19 surge has pushed January volunteer numbers to low levels. Demand for the nonprofit's nutritious, life-saving meals has increased by over 80% since the pandemic began.

"Volunteers have been at the heart of our mission since we began, essential to ensuring that we can feed our neighbors in need and help maintain their health," said David B. Waters, CEO of Community Servings. "Given the effects of this pandemic surge, we are making a plea for anyone with a few hours to lend a helping hand in our kitchen."

Volunteers help peel and chop vegetables; portion soups, stews and salads; and pack weekly meal bags for clients living with HIV/ AIDS, cancer, diabetes and heart disease, among other illnesses.

For health and safety reasons, all volunteers are required to be fully vaccinated, have their temperature taken, and wear a surgical or KN95 face mask (provided) at Community Servings' Food Campus in Jamaica Plain, which is on the T's Orange Line. The kitchen is equipped with hospital-grade air ventilation and filtration systems.

Anyone interested in volunteering can visit www. servings.org/volunteer to sign up for three-hour shifts Monday through Friday (9 a.m. to noon, 1 to 4 p.m. and 4 to 7 p.m.).

Founded in 1990, Community Servings' mission is to actively engage the community to provide medically tailored, nutritious, scratch-made meals

chronically and critically ill individuals and their families. To help clients maintain their health and dignity, we provide culturally appropriate meals, nutrition education and counseling, and other community programs. Our kitchen team, with support from thousands of volunteers, prepares over 800,000 medically tailored meals that are served to more than 3,200 clients annually. For more information about programs and opportunities to volunteer or donate, please visitwww.servings.org.



Volunteers with Community Servings work on packaging some foods for in accordance with medically tailored



MASSACHUSETTS CANNABIS

200 Beacham Street

GreenStar's adult use retail stores in Dracut, Maynard, and Chelsea, will officially become RISE Dispensaries on January 13, 2022.

What does that mean for our customers?

You'll get the same excellent service from our teams, plus improved product selection, new branded merchandise, exclusive offers, and live events.

Get to know RISE!

As the national retail dispensary of leading cannabis company Green Thumb Inc., RISE brings personalized care and exceptional service to thirteen states. RISE's premium product selection includes brands such as RYTHM, incredibles, Dogwalkers, and Dr. Solomon's.

At RISE, we believe cannabis is a freedom, and we're proud to serve your communities.

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