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WINTHROP

SUN TRANSCRIPT

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**PARKING BAN
IN EFFECT**
READ ABOUT IT
ON PAGE 9

**THURSDAY,
December 17, 2020**

Karge creates Sunnyside Light show to raise funds for veterans

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INDEPENDENT



Newspaper Group

NEWS Brief

SENIOR CENTER NEWS

The Senior Center will be giving an apple pie to the first 100 Seniors to call in. The drive by pick up date will be Wednesday, December 23 from 9am-1pm. To request a pie please call us (617-846-8538) and leave a message with your name and phone number. If you are unable to leave your home, let us know when you call for a pie.

DOHERTY APPOINTED TO CONSERVATION COMMISSION

Town Council President Philip Boncore has appointed Sean P. Doherty to the Conservation Commission.

Doherty joins Commission Chair Karen T. Winn and members Brian Corbett, Joseph Ferrara, Julia Howington, Stephen Machcin-ski, and Melissa Kaiser on the board whose

See NEWS BRIEFS Page 3

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By Kate Anslinger

Ten years ago, Jason Karge found himself immersed in a YouTube video that showcased a magical setting, coordinated blinking lights to the sound of Christmas music. It was a scene that stuck in his mind and he immediately added the light show to his bucket list, promising himself that he would one day put on his own show.

In February 2020, Karge officially started on his light show journey. He began watching videos and gathering circuit boards and components, most of which had to be shipped from far away. He even took an online class from a professional light show builder, where he learned how to build the sequences, and match the



Jason Karge, light show designer and Army veteran, stands in front of his display on 101 Sunnyside Avenue.

music to the timing of the blinking lights.

Fast forward to August 2020, when Karge took six days off from his job as a finance controller, and spent

ten, 12-hour days wiring and building the set of his dream light show. He made the necessary boxes, the one

main controller board and eight expansion boards.

See LIGHT SHOW Page 3

CONGRATULATIONS, DR. FACELLA-ERVOLINI



Joy Facella-Ervolini has completed her Doctorate of Occupational Therapy at the Massachusetts General Hospital Institute of Health Professions (IHP). During her education, she worked as a teaching and research assistant, and as a student clinician in various settings. Her training included clinical rotations at the California Rehabilitation Institute in inpatient rehabilitation and at Newton-Wellesley Hospital in outpatient hand therapy. Joy served as the Fundraising Chair for the Student Occupational Therapy Association and the Vice President of the Best Buddies Chapter at the IHP. Her doctoral research focused on the effects of home health occupational therapy on mood and activity participation in adults with low vision. Dr. Facella-Ervolini will present her research next year at the International Society for Low Vision Research and Rehabilitation. Joy is very much looking forward to joining the field as an OT! She has recently accepted a position at MGH and is currently working on the inpatient neurology unit. Joy is the daughter of Dr. Carol Facella, a lifelong Winthrop resident.

COVID-19 and the toll on mental health

By Kate Anslinger

COVID-19 is causing an uptick of depression and anxiety in people all over the world. Stemming from isolation, fear and hopelessness, the rise in mental health disorders is spread across people of all ages, backgrounds, genders and social status, not discriminating against any one group.

While we will likely not see the full impact for many months, Winthrop, like every community in the Commonwealth, is seeing a rise in mental health issues due to the pandemic.

At the local level, Winthrop experts have seen a surge in requests and referrals from patients seeking mental health

services. Most of these requests have come from patients seeking this type of assistance for the very first time in their lives. The North Suffolk Mental Health Association, which has been supporting Winthrop during the pandemic, has weighed in on their findings.

See MENTAL HEALTH Page 2

TSAC receives feedback on Pt. Shirley parking pilot

By Kate Anslinger

On December 9, the Transportation Safety Advisory Committee (TSAC) held a special meeting that allowed residents to share their input regarding the Point Shirley resident parking pilot that was executed July 10, 2020 through September 7, 2020.

The purpose of the pilot program was to stir up

solutions regarding the excessive traffic on Point Shirley during the summer months. The program integrated public streets from the end of Yirrell Beach to Point Shirley and required all cars parked within that range, to display a Winthrop resident permit 24 hours a day. Visitor placards for homes within the pilot area were also required 24 hours a day. During the pilot, 230 tick-

ets were issued in the pilot area for resident permit violations. This number includes written warnings with no fine. During the same time period, 268 resident parking tickets were issued in the rest of the town.

The following streets were incorporated in the program:

• Bay View Ave exclud-

See PARKING PILOT Page 3

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Winthrop residents infected with COVID-19 has crossed the 1,000 mark

The Massachusetts Department of Public Health has notified the town of one hundred and forty-seven (147) additional confirmed positive cases of the virus in Winthrop and one additional death due to COVID-19 since our last report on Dec. 10. This brings the total up to 1,109 confirmed cases, with 196 in isolation, and 27 deceased.

Winthrop joins Boston, and other nearby communities in rolling back to Phase Two, Step Two of the reopening plan.

Returning to a modified Phase Two, Step Two requires the closure of certain businesses that were allowed to open during the Phase Three reopening plan. Gatherings in private and public settings are required to have no more than 10 people for indoor settings and 25 people for outdoor settings. The following industries in the City of Boston are required to close starting Wednesday, December 16 for at least three weeks:

- Indoor fitness centers and health clubs, including gyms using alternative spaces. One-on-one personal training sessions are allowed.
- Movie theaters
- Museums
- Indoor recreational and athletic facilities (except for youth 18 and under)
- Indoor pools may re-

main open for all ages under pre-registration format structure limited to one person per swim lane.

- Indoor recreational venues with potential for low-contact (batting cages, driving ranges, bowling alleys, rock-climbing)
- Sightseeing and other organized tours (bus tours, duck tours, harbor cruises, whale watching)
- Indoor historical spaces & sites
- Indoor event spaces (meeting rooms, ballrooms, private party rooms, social clubs)
- Private social clubs may continue to operate, if they serve food, consistent with restaurant guidance.
- Indoor and outdoor gaming arcades associated with gaming devices

Residents are strongly encouraged to avoid high risk activities, especially indoor social gatherings, and all Massachusetts residents are under orders from the Governor to wear masks at all times while in public. Remember that an infected individual can spread COVID-19 before they have symptoms, which is why social distancing, maintaining a minimum of 6 feet from others, is critical.

Those who must go out are urged to:

- Avoid gathering in groups
- Maintain 6 feet from people outside your household

- Do not shake hands or hug
- Wash your hands often

Those who are at a high risk for COVID-19, including those over the age of 65 and with underlying health conditions, are advised to stay home and avoid non-essential tasks and errands

- Wear a mask in indoor and outdoor spaces at all times.

For more information about COVID-19 prevention and symptoms, visit the Centers for Disease Control and Prevention (CDC) website and the Massachusetts Department of Public Health website.

Stay Informed!

The Town encourages everyone to stay informed regarding COVID-19. The following websites are recommended for the most updated information:

Town of Winthrop COVID-19 resource page: [Winthrop-COVID19.com](#)

Town of Winthrop Official Website: [www.town.winthrop.ma.us](#)

Massachusetts Department of Public Health: [www.mass.gov/covid-19](#)

Massachusetts 2-1-1 general COVID-19 information: Click here or dial 2-1-1 (24/7)

U.S. CDC: [www.cdc.gov](#)

Mental Health //CONTINUED FROM PAGE 1

According to Dr. Manjola Ujkaj Van Alphen, MD, PhD, MBA, Chief Medical Officer, North Suffolk Mental Health Association (NSMHA), the tangible effect of the pandemic in mental health in our local community is reflective of the larger psychosocial consequences at the national and global level. A recent national US survey showed that 90 percent of the survey respondents reported experiencing some degree of emotional distress during this pandemic.

“The main contributors to these findings are related to losses in multiple main areas of life,” said Van Alphen. “These include but are not limited to the limitations on everyday life activities imposed by the social and physical isolation (mass-home confinement that is new to the American society); fears related to personal safety and well-being and those of loved ones; job loss and financial insecurity; work and school closures; inadequate and/or insufficient medical resources to counter COVID-19.”

Van Alphen said that these consequences may translate into a range of emotional reactions such as depression, anxiety or other psychiatric conditions; unhealthy behaviors, such as excessive substance use, sedentary lifestyle and unhealthy eating; and noncompliance with public health directives (such as home confinement and vaccination) in people who contract the disease and in the general population. Perhaps, the most dreaded mental health consequence is the increase in suicidal ideation and suicide during the pandemic.

“Some groups have been more vulnerable than others to the psychosocial and economical effects of pandemics. Those at increased risk for adverse psychosocial outcomes in particular are people who contracted the disease and those at heightened risk for it (including the elderly, people with compromised immune function, and those living or receiving care in congregate settings); people with preexisting medical, psychiatric, or substance use problems; and front-line

healthcare providers.”

The impact of the pandemic extends beyond mental health issues and has also caused a rise in substance abuse in those who have preexisting substance use disorders.

“People with preexisting substance use disorders have had an increase in their substance abuse as well as opioid overdose, partly related to the decrease of services available during the pandemic, both in Massachusetts and across the U.S. Racial and ethnic minorities, and women with children under the age of 18, have reported higher levels of emotional distress. Adults younger than 50, although overall less vulnerable to COVID-19, were much more likely to report emotional impact of the pandemic compared to older adults likely related to the above everyday life limitations and socioeconomic consequences imposed by the pandemic and its management.”

Lyndsay Brattan, MIN-Deaze Winthrop Grant Manager, believes that there has been an increase in general anxiety among all populations in the community, both in Winthrop and around the state.

“Not only have students had to adapt to entirely new ways of learning, but they have been stripped of daily in-person interaction with their classmates and friends, leading many to isolate. Parents have had to add homeschool educators to their role, on top of having to manage

the many other stressors that are a direct cause of this pandemic. Our role at North Suffolk has, and will continue to be, offering support and guidance to ease the burdens COVID has caused.”

One of the main contributors witnessed by NSMHA professionals, is the social isolation that students feel as they navigate remote learning away from their peers.

“Working with elementary-age youth in the school system, students have expressed their frustration of not being able to see and play with their friends and having to spend six to eight hours a day looking at a screen completing their schoolwork, leading to increased frustration, fatigue, depression, and other maladaptive behaviors,” said Alicia Musso, LCSW, MINDEaze School Navigator.

Since the start of COVID, resident and Clinical Nursing Director for Commonwealth Clinical Services, Jeanne Hurley, has had several parents reach out to her regarding their emotionally withdrawn children.

“COVID-19 has impacted the nation’s mental health and we are already beginning to see the negative effects,” said Hurley who is also an Adult-Gerontology Nurse Practitioner at Dr. Pramodchandra C. Shah, MD Medical Group. “Winthrop children have identified they are having an overwhelming negative mental impact to remote learning and being out of school.”

People who have dealt with mental health issues prior to COVID-19 can navigate the new norm in different ways. For some, anxiety and depression is exacerbated making it challenging to focus and adapt. Others with mental health history, are utilizing the tools that they’ve learned over the years. High School Senior, Sofia Vitale, shared her ideas on the topic.

“I have faced mental health concerns way before COVID. I would not call them struggles, rather I would say they are a part of my life and have made me want to grow and become an overall better feeling person. For those who are experiencing these struggles for the first time, they may not know how to cope. It is hard for me to figure out this time we are living in and how to make things feel a little more normal. I imagine it is much harder for others who have not really come to face mental health challenges before. It is new and very tough at the beginning. I have done therapy for many years and I am not ashamed of that. I am someone who recommends therapy and thinks it is very normal to have stress and feel down. It is important to speak about what you may be feeling because it is normal. It is important to do things that will make you feel better during this time such as taking walks, getting outside and seeing friends

from a distance.”

CASA Youth Program Coordinator, Marc Flaherty works directly with high school students and he has witnessed a rollercoaster of emotions among his staff.

“These kids are dealing with so many things they didn’t know how to deal with before the pandemic. On one hand it’s really impressive that they are able to do this, but the toll it’s taken on them is concerning.”

The average age of Flaherty’s staff members are 16 and 17 years old. The small group meets in person on Mondays, Thursdays, and Fridays for two hours. The meetings have shifted to a focus on mental health and he is teaching them tools for meditation and mindfulness. On a mission to bring mental health to the forefront, the group has started a podcast called “The CASA Cast,” which will feature essential workers, social workers and adjustment counselors who will discuss coping mechanisms and other hot topics.

“One thing that I noticed, is that the kids get excited about pouring their effort into the podcast. When kids are in school, they are able put effort into something. This is not as easy to do on a screen, but the podcast is giving them something to focus on.”

For more information on CASA’s youth program, please contact: mflaherty@winthrop-casa.org

On the other end of the spectrum, older residents are suffering from a combination of boredom, isolation and depression. Senior Center Director, Kathy Dixon has found that the general consensus of seniors in the community is that they are bored now that their daily activities are canceled.

“We are a very active community with lots of programs for most seniors to keep busy in day to day life. Because of the length of isolation right now, depression is felt by many. In speaking with the other directors around the state, depression is prevalent in the more rural areas.”

Between pre-existing anxiety and depression, the rise in evictions, job losses, and a sense of uncertainty across the board, communities everywhere are opening up about the reality of mental health and its importance as a society.

NSMHA has been working throughout to meet the need for services in Winthrop, Revere and Chelsea, providing supports for both adults and children. The number for Central Intake is 617-934-7156.


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WINTHROP MARKETPLACE

pass the time with new recipes!

BEEF TENDERLOIN WITH ROASTED SHALLOTS

INGREDIENTS:

¾ pound shallots, halved lengthwise and peeled

1½ tablespoons olive oil

salt and pepper to taste

3 cups beef broth

¾ cup port wine

1½ teaspoons tomato paste

2 pounds beef tenderloin roast, trimmed

1 teaspoon dried thyme

3 slices bacon, diced

3 tablespoons butter

1 tablespoon all-purpose flour

4 sprigs watercress, for garnish

DIRECTIONS:

STEP 1: Preheat oven to 375 degrees F (190 degrees C). In 9 inch pie pan, toss shallots with oil to coat. Season with salt and pepper. Roast until shallots are deep brown and very tender, stirring occasionally, about 30 minutes.

STEP 2: In a large saucepan, combine beef broth and port. Bring to a boil. Cook over high heat until the volume is reduced by half, about 30 minutes. Whisk in tomato paste. Set aside.

STEP 3: Pat beef dry; sprinkle with thyme, salt and pepper. In a large roasting pan, set over medium heat on the stove top, saute bacon until golden. Using a slotted spoon, transfer bacon to paper towels. Add beef to pan; brown on all sides over medium high heat, about 7 minutes.

STEP 4: Transfer pan to oven. Roast beef until meat thermometer inserted into center registers 125 degrees F (50 degrees C) for medium rare, about 25 minutes. Transfer beef to platter. Tent loosely with foil.

STEP 5: Spoon fat off top of pan drippings in roasting pan. Place pan over high heat on stove top. Add broth mixture, and bring to boil; stir to scrape up any browned bits. Transfer to a medium saucepan, and bring to simmer. Mix 1 1/2 tablespoon butter and flour in small bowl to form smooth paste; whisk into broth mixture, and simmer until sauce thickens. Whisk in remaining butter. Stir in roasted shallots and reserved bacon. Season with salt and pepper.

STEP 6: Cut beef into 1/2 inch thick slices. Spoon some sauce over, and garnish with watercress.

35 REVERE ST., WINTHROP (617)846-6880

WHS CLASS OF 2021

presents a

CHRISTMAS CHEER PARADE AROUND TOWN

On Sunday, December 20 the Winthrop High School Senior Class of 2021 will be spreading Christmas Cheer with a Parade around the town in their vehicles, all dressed up for Christmas and the season. The final two (2) cars in the Parade will be collecting toys, food, and winter accessories. Please donate! The route they will follow is below:

✕ Start at public Landing

✕ Left onto Shirley St.

✕ Right onto Sturgis St.

✕ Left onto Shore Drive turns into Crest Ave.

✕ Crest Ave., take left onto Revere St.

✕ Left onto Harvard St. turns into Franklin St.

✕ Right onto Cross St.

✕ Right onto Main St. to Magee's Corner

Straight through Magee's Corner onto Main

St. Left onto Somerset Ave. Somerset Ave into French Sq.

✕ Left onto Pleasant St. Right onto Court Rd.

✕ Right onto Bartlett Rd. Left onto Pleasant

✕ Left onto Winthrop St. to Metcalf Sq.

✕ Continue on Winthrop

✕ Right onto Wadsworth Left onto River Rd.

✕ Left onto Washington Ave.

✕ Right onto Shirley St. STOP AT LANDING.

Participants are asked to wear masks.

Parking Pilot //CONTINUED FROM PAGE 1

ing the parking lot adjacent to Coughlin Park

- Elliot Street
- Grand View Ave
- Hale Ave
- Maryland Ave
- Otis Street
- Pebble Ave
- Shirley Street from Petrel Street to its southern terminus

- Siren Street
- Tafts Ave
- Townsend Street
- Triton Ave
- Undine Ave
- Whittier Street

The public hearing resulted in a variety of feedback, mostly from Point Shirley residents. Mary Mahoney, resident of 891

News Brief //CONTINUED FROM PAGE 1

mission is “to preserve, protect, develop, and enhance our communities’ coastal resources.”

In other town board-related news, Boncore said he is seeking new members for positions on the Winthrop Airport Hazards Committee.

PET SAFETY TIPS FOR THE HOLIDAYS

The holidays, along with all of its festive decorations, provides additional chewing opportunities – and potential emergency visits to the veterinarian – for our furry friends. So as we all start to deck the halls this holiday season, Trupanion, a leader in medical insurance for cats and dogs, offers up these 4 holiday items (along with related mishaps from Holidays past) to keep pets away from this holiday season.

1) Tinsel

Tinsel and ribbon can cause a tangled mess in the intestines if swallowed by a pet – ideally it should not be used in households with cats. A British Shorthair cat from Oregon ingested tinsel which resulted in a trip to the veterinarian – the Trupanion policy paid out \$807

2) Ornaments

Make sure to hang any small or fragile ornaments high enough on your tree

to avoid the wagging tail of your dog or a paw swipe from your cat. Although keep in mind, that for many cats there is no safe height. A lovable pooch in Washington state made an emergency visit to the vet when they ate a Christmas ornament – the Trupanion policy paid out \$4,495

3) Holiday lights

Pets are drawn to holiday lights, just like we are. The only difference is they may be tempted to chew on them. Be sure to also keep the electrical cords taped down or out of reach. A Brittany spaniel from Indiana succumbed to the temptation to chew and ingested some Christmas lights. After a trip to the veterinarian the Trupanion policy paid out \$1,566.

4) Holiday plants & trees

Many holiday plants can cause gastrointestinal upset if ingested by your dog or cat. These include holly, mistletoe and amaryllis. A Shih Tzu from California ingested poinsettias, which are toxic to dogs. After a trip to the veterinarian the Shih Tzu was back in tip top shape – the Trupanion policy paid out \$59. Lilies are also extremely toxic for cats, even contact with the pollen or water in the vase may be enough to cause kidney failure.

Shirley Street, questioned why Yirrell Beach was taken out of the pilot.

“The residents who live on Yirrell Beach lose their parking spots in the summer months, and it’s only fair that residents who pay taxes get a spot in front of their house.”

TSAC committee member, Mike Diluiso shared that the public safety committee decided that it wasn’t fair to restrict access to a public beach.

Mahoney also brought up the idea of charging a five dollar fee for out of towners, similar to how Nahant Beach manages their parking spaces in the summer months.

Josephine Fatta, resident of Bayview Ave, had mixed feelings on the pilot program.

“On a number of occasions I noticed that there were no tickets being issued during beach days, which is why I felt the effect of a lot of people trying to park on my street. I’d have to call the police

department, and give out license plate numbers, makes and models of the vehicles belonging to people who don’t live in town. I think the study went differently, depending on what street you live on.”

The dead-end streets closest to Deer Island were a concern for some residents. The biggest burden being the high amount of vehicles driving down Maryland, Townsend, and Otis (all dead-end streets) and turning around in driveways. With kids playing on those streets, the excess traffic was a concern.

The committee agreed that if the program is enacted, there will likely be more signage directing drivers and indicating the permit required areas. Because this was a pilot, the Town didn’t invest in permanent signage, and relied on the digital sign for communication. The committee also shared that they would have to estab-

lish protocols for residents hosting summer gatherings. Due to the timeframe of the pilot, in the midst of a pandemic, small gatherings were nearly non-existent, however; the committee is well aware that they will need to tackle the additional parking that will come along with summer barbecues. This is something that will be addressed in the future.

Tyson Gregor, who lives on Brewster Avenue, suggested that the town partners up with Massachusetts Water Resources Authority (MWRA) to open up more options that will increase the access at Deer Island.

“I like seeing people at the beach and parks,” said Gregor. “I’d rather work on a different solution than restricting parking.”

Diluiso said that the committee is relying on the input from people who live in the affected area, and he will be gathering communication from residents until December 23.

When all information is analyzed, the committee will present their recommendation to the Town Council.

“If this was to become permanent/seasonal we want to present it to the council so they have time to do what they need to do, before the start of the summer season.”

The TSAC meets the third Wednesday of every month at 8:00 am. There is currently an opening for TSAC and the Airport Hazards Committee, and interested candidates can fill out an application on the town website at: <https://www.town.winthrop.ma.us/>

Comments regarding the Point Shirley Parking Pilot can be emailed to: tsac@town.winthrop.ma.us

They can be mailed to Town Hall or dropped in the 24-hour drop box at the front door:

Attn: TSAC
1 Metcalf Square
Winthrop, MA 02152

Light Show //CONTINUED FROM PAGE 1

“It involves a lot of programming. After I import the song tracks, I learn the timing and pick what colors and direction the lights should blink, based on the rhythm of the song.”

His light show dream became a reality, when he launched it for all to see on Black Friday. Every night until New Year’s Eve, the 40-minute show runs from 5:30pm until 9:00pm, at his home on 101 Sunnyside Ave. When his wife, and a few other residents suggested that he turn the show into a fundraiser to help others, Karge instantly knew that he wanted to focus on veterans at the local level and he made a

GoFundMe page for the Winthrop Veterans Food Pantry. Viewers of the show, neighbors, and colleagues have stepped up to donate to the cause and he’s already raised \$1500.

The Veteran’s Food Pantry is near and dear to Karge’s heart because he is a veteran himself, having served in the Army from 1998-2004.

“I still live by the Army values and I believe that veterans have to help other veterans,” he said.

Originally from Houston, Texas, Karge, his wife and four children have been living in Winthrop for nine years.

“Jason, like so many

others, have really come forward to help the Veteran community this year,” said Rose Mazzuchelli, Winthrop Veteran Services Officer. “We are truly blessed to have Jason and his awesome light and music display to bring Holiday cheer and the magic of Christmas to all of us. About 75 Winthrop Veterans and families will receive these donations.”

As far as his light show goes, Karge said that he is learning as he goes, but his favorite part about it is when he sees kids dancing on the sidewalks by the blinking candy canes and to the sounds of the synchronized show.

While viewers can tune in to 91.3 on their car radios to listen to the show from inside their vehicles, he likes to put the speakers out on Friday nights so people can get out of their cars and have a different experience.

To donate to the Winthrop Veterans Food Pantry, please go to GoFundMe and search for Sunnyside Light Show-Winthrop Food Bank.

<https://www.gofundme.com/f/sunnyside-light-showwinthrop-vet-food-bank>

The daily show is at 101 Sunnyside Ave, from 5:30-9 p.m.

RP ROBERT PAUL PROPERTIES

To our friends, colleagues, and clients,

From the bottom of our hearts, and from the entire Robert Paul Properties Family, we wish you and your family a safe, joyful, and colorful holiday season.

Please spend this time with those you cherish, and join us as we look forward to a brighter, more jubilant 2021.

With love in our hearts,
Stephen, LeighAnn, Gui, Bri, Meg & Matt



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Winthrop

SUN TRANSCRIPT

PRESIDENT: Stephen Quigley - stephen.quigley@reverejournal.com

MARKETING DIRECTOR: Deb DiGregorio - deb@reverejournal.com

OUR Opinions

THE VIRUS IS IN OUR HOMES

We now are fully amidst the holiday season. Hanukkah is here and the Christmas and New Year's holiday week is fast-approaching.

Public health officials at all levels of government have been warning us for months that we must change our usual manner for celebrating the holidays if we are to have any chance of stopping the deadly spread of the coronavirus.

Unfortunately however, far too many of us have been ignoring these warnings. Families and friends continue to gather for holiday celebrations as if they are completely oblivious to the existence of a pandemic.

But consider these somber and alarming statistics recently released by the state: The overwhelming numbers of active coronavirus clusters across Massachusetts between the period of Nov. 1-November 28 (coinciding with the Thanksgiving holiday time frame) were traced to households, which accounted for 9393 of the state's 9883 clusters and 23,756 of the 26,451 confirmed cases.

In other words, the coronavirus is being spread by family and household members to each other.

This transmission of the virus among household members is nothing new, but its prevalence is striking -- about 90 percent of new coronavirus cases are now occurring within our homes.

The arrival of vaccines is wonderful news, but until each of us has a "jab" (that's what the British call getting a shot) in our arms, none of us are safe and all of us have to assume that everyone we come into contact with is a carrier.

We realize that staying apart from our family members and friends during the holidays is tough medicine -- but it's the only prescription that will work to suppress the spread of the virus.

THANK YOU, GOV. BAKER

We'd like to take a moment to express our appreciation to Gov. Charlie Baker, who has demonstrated incredible leadership during the past nine months of a crisis that is unprecedented in our state's history.

Day-after-day, Gov. Baker has confronted a deadly pandemic and an economic collapse (not to mention a danagerous president from his own party) with a degree of intelligence, competence, and assuredness that is unmatched by any governor in the country.

Massachusetts has been very fortunate to have Charlie Baker's steady hand at the tiller of our ship-of-state during this stormy period. And (to extend the metaphor), although we know there are still some rough seas ahead, thanks to Gov. Baker's helmsmanship, we can see clearing skies on the horizon.

REMEMBER THE NEEDY

We saw a statistic the other day that was absolutely mind-numbing: 18% of all Americans, and 24% of American children, do not have enough to eat on a daily basis.

We mention this because during this Christmas season, when many of us normally would be splurging on holiday parties, vacations, and the like, those of us who are fortunate enough not to fall within the 18% must consider how we can use our unspent resources to help our fellow Americans who are dealing with a situation that is even worse than what America faced at the height of the Great Depression.

Hopefully, Congress will get its act together shortly and provide relief for those in need. But until that happens, it is up to each of us to do what we can to assist our fellow citizens through donations to organizations -- of which there are many -- that will help to ensure that every American at least has enough to eat every day.

Forum



WINTER SOLSTICE... SHORTEST DAY. DEC. 21

LETTER to the Editor

ON INCIDENT

Dear Editor:

The article "Report of racist incident hits Suffolk DA's desk" which appeared in the November 19 Winthrop Transcript stated that "he (the man in question) admitted to a confrontation and that he called the incident 'a minor traffic dispute' that happens 'a thousand times a day.'"

There was no dispute about traffic or anything else. In fact, there was no interaction whatsoever. We were sitting in the yard when this man slowly drove by and allegedly yelled "Nig..... lovers" or (on other occasions) allegedly yelled "Kill all the Nig....." This happened to some or all of us on five different occasions.

Lee Fich, Ellen Koretz, Luisa Foley, Yvonne Wescott, Gail Miller, Nancy Tufo, Ralph Tufo and Steve Crews

CONGRATS, DR. WALENSKY

On behalf of the entire Mass General family and with enormous pride and admiration, we congratulate Rochelle P. Walensky, MD, MPH, chief of Infectious Diseases at Mass General, on her appointment as director of the Centers for Disease Control and Prevention

(CDC). President-Elect Joseph Biden and Vice President-Elect Kamala Harris yesterday announced the members of the leadership team who will be shaping, overseeing, improving and ensuring the health, well-being and safety of our nation. Dr. Walensky will be an integral part of this national health executive team, whose first and most pressing challenge will be directing and implementing the United States' response to the ongoing COVID-19 pandemic.

A Professor of Medicine at Harvard Medical School and the Steve and Deborah Gorlin MGH Research Scholar 2015-2020, Dr. Walensky is an inspired choice for this top public health role. She is an accomplished clinician, scientist and educator who will bring creativity and boldness, wisdom and compassion to her new role. Committed to equity and fairness, Dr. Walensky has been a relentless advocate for ensuring that the highest quality healthcare is accessible and available to underserved communities, a priority that has defined her leadership in the Mass General Division of Infectious Diseases.

For the past 10 months, Dr. Walensky has been leading and supporting

staff in her division as they battle against COVID-19. She has played a critical role advising Mass General and the Mass General Brigham system in all aspects of understanding, controlling, treating and preventing the virus. At the state level, she has served on Gov. Baker's COVID-19 Advisory Board, shaping key decisions and actions. She also has helped both the medical community and the public sort through changing guidelines and conflicting information, co-authoring more than a dozen COVID-related papers, organizing infectious disease leaders across Boston to publish a series of important op-ed pieces, and reaching millions as a medical analyst on CNN.

Dr. Walensky is internationally recognized for her work in the field of HIV/AIDS. She has pushed U.S. and global policy toward routine HIV screening and promoted the idea of HIV treatment as prevention. As the first investigator to assess the survival benefits of AIDS treatment, Dr. Walensky, through her fierce advocacy, helped increase investment in research and treatment. She is a past chair of the National Institutes of Health's Office of AIDS Research Advisory Council.

When she takes the reins of the CDC this January, Dr. Walensky will lead a federal agency responsible for protecting and guiding the nation's public health and safety. Headquartered in Atlanta, the CDC is part of the Department of Health and Human Services, with more than 10,000 employees and a budget of approximately \$12 billion. The CDC coordinates, supports and funds a vast range of programs including immunization, HIV/AIDS, emerging infectious diseases, environmental health, disease prevention, injury prevention, and public health preparedness and response.

Dr. Walensky holds an undergraduate degree from Washington University in St. Louis, a medical degree from Johns Hopkins School of Medicine, and a master's in public health from the Harvard School of Public Health. She trained in internal medicine at Hopkins and in infectious diseases in the MGH/BWH combined fellowship program. She and her husband, Loren Walensky, MD, PhD, a physician-scientist at Dana-Farber Cancer Institute and Boston Children's Hospital, are the parents of three sons.

See LETTERS Page 5

GUEST OP-ED

Catholic Bishops of Massachusetts express disappointment in expanded abortion

The consistent teaching of the Catholic Church is that life begins at conception and ends with natural death. As the Roman Catholic Bishops of Massachusetts, we at all times

hold firm to that teaching so as to promote the preservation of life and to create a culture of respect for life as the foundation of a just and moral society.

Today, we are deeply

disappointed at the recent legislative action that, if enacted, would expand access to abortion in Massachusetts. The direct, intentional taking of a human life, regardless of the purpose or circumstances, is not morally acceptable and is particularly harmful to the common good. Most troubling is the fact that under these provisions, women will have greater access to late term abortions throughout the term of their pregnancy with no specific statutory requirement that a physician utilize lifesaving medical equipment if a child is born alive.

Despite our disappointment we are hopeful that the full legislature accepts the language proposed by the Governor to retain 18 as the age of consent,

as provided by the current Massachusetts law, and not reduce the age to sixteen. Clearly, a young girl of age 16 needs the guidance and support of a caring adult when considering the possibility of a decision that will affect her for the rest of her life.

We remain committed to life and pray for the end to all abortions. Our society is best served by the protection of every person's life, including those waiting to be born and those approaching natural death. We pledge ourselves to work to bring about a more just society that offers humane and effective alternatives for women facing a crisis or difficult pregnancy.

Catholic Bishops of Massachusetts

Independent Newspaper Group

DIRECTORY

Marketing Director

Deb DiGregorio - deb@reverejournal.com

Assistant Marketing Directors

Maureen DiBella - mdibella@winthroptranscript.com

Legal Advertising

Ellen Bertino - ebertino@eastietimes.com

Ad Design

Kane DiMasso-Scott

Managing Editor

Cary Shuman - cary@lynnjournal.com

Reporters

Seth Daniel - seth@reverejournal.com

John Lynds - john@eastietimes.com

Copy Editing, Layout

Kane DiMasso-Scott, Scott Yates

Business Accounts Executive

Judy Russi - jrussi@eastietimes.com

Printer

Gannett

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WINTHROP HISTORY WEBSITE: WIHAONLINE.ORG

WINTHROP Then and Now

Winthrop Improvement and Historical Association

By G. David Hubbard, Town Historian • Photos courtesy of Stephen F. Moran

ARTICLE 949 - POST CARD MODIFICATIONS



Of the some 1500 different old postcards of Winthrop from 1890 to 1950, there are a few where the publisher modified them to appeal to additional customers. The first pair (numbers 1 and 2), labeled “Winthrop Beach and Boulevard” depict the same view as both a nighttime and daylight photograph of people walking along Shore Drive. The evening view shows the moon glowing through a dark sky and the beach is clear of any people but those walking on the sidewalk are the same in both pictures. In the second set labeled “The Boulevard and Beach from the Highlands”, both post cards depict the same scene of people walking along the sidewalk, but with the following subtle differences. Number 3 does not include the water tower, built in 1912 on Cottage Hill, and the sky and buildings are muted col-

ors. The second picture, number 4, shows the water tower and the features of the buildings on the right are much more visible. In addition, the sky has been given vivid colors and the surface of the road displays brush strokes to make it appear to be more like a painting. There is also another Beach Scene Postcard, not pictured here, that looks like a typical Winthrop Shore Drive view as well as many of the other beaches along the North Shore. The picture was definitely taken in Winthrop but it was printed by an enterprising early postcard publisher who distributed the same beach picture with several titles such as Winthrop Beach, Revere Beach, Nantasket Beach, Lynn Beach etc. If tourists just wanted friends and relatives to know that they were vacationing by the Oceanside, then any scene with a beach and the name

of where they were staying satisfied their needs. Also in the foreground of pictures 3 and 4 one can see the stone/cement railings on either side of the Shore Drive bridge that went over the Narrow Gauge Railroad tracks that came down along what is now Veterans Road and curved for a short distance along the seawall and then went back under Grover’s Avenue in a trench by the Highlands School and on to the Highlands Train Station. There is a book published by the Winthrop Improvement and Historical Association containing some 400 old postcards of Winthrop, that can be purchased at Michaels Mall Card Shop, the Book Depot on Somerset Avenue, the Public Library, the Elliot and Whittier Insurance Office on Main Street and the Century 21 Real Estate Office on Highland Avenue.



THE MORE Things Change ...

Items selected from past issues of the Winthrop Sun, The Winthrop Review, The Winthrop Visitor, The Transcript and The Sun-Transcript

10 years ago December 16, 2010

Long-time residents are mourning the recent passing of Walter Van Dalinda, a true living legend in Winthrop. Van Dalinda, who was 99, was the last of his generation of family members who were among the most distinguished ever to live in our community, all of whom contributed in so many ways to our town from the 1940s through the 1980s. He served on the Board of Selectmen for 12 years at a time when selectmen had to run for re-election every year. Ten years ago in a special edition published by the Sun-Transcript for the new millennium, he was included as one of the top 100 Winthrop citizens of the century, in which we wrote, “Walter A. Van Dalinda unquestionably was one of the most important town leaders of his generation, serving on the Board of Selectmen in the 1950s and 1960s. Van Dalinda was a strong voice for the town on the issues of noise and air pollution from Logan Airport, spearheading opposition throughout Greater Boston. Van Dalinda was recognized by his peers by twice being elected Chairman of the Massachusetts League of Cities and Towns.”

Now that Black Friday and Cyber Monday have given way to the relative calm of the normal holiday shopping season, Winthrop Chamber of Commerce Exec. Dir. Eric Gaynor is reminding local residents to think of their local retailers when heading out to do shopping.

Leighanne Strangie is the new Clerk to the Winthrop Town Council after winning election to the position at a Council meeting Tuesday night. Strangie received five votes to gain the majority needed to secure the part-time position that pays an annual stipend of \$5,200. Councilor Paul Varone cast the decisive fifth vote for Strangie on the third ballot. Councillors Linda Calla, Russell Sanford, Larry Powers, and Nicholas DelVento had voted for Strangie, giving her a 4-3 edge over Carolann Buchman heading into Varone’s vote. Varone then made it 5-3 for Strangie before Council President Jeffrey Turco voted for Buchman to finalize the 5-4 tally.

Black Swan, Little Fockers, and The Fighter are playing at the Revere Showcase Cinemas.

20 years ago December 14, 2000

The selectmen have refused for now to renew the entertainment license of Dantana’s restaurant on Revere St. and reduced its liquor license hours to 11 p.m. in response to complaints from area residents, led by Frank Bruno, about excessive noise and drunkenness during late-night hours.

Popular local resident E. Arthur King will be honored on the occasion of his 90th birthday this Sunday at the Winthrop

Y.C. WCAT, which has benefited from the annual Squash Raffle fundraiser that has been spearheaded by King for many years, is sponsoring the event.

What Women Want, Chocolat, and O Brother Where Art Thou? are playing at the Revere Showcase Cinemas.

30 years ago December 14, 1990

The School Committee was informed at its meeting last night that the MWRA has agreed to allow the School Dept. to use \$140,000 of mitigation funds, which originally had been earmarked for lights at Miller Field, for general budget purposes of the School Dept. The schools are facing a deficit of about \$250,000 for the current fiscal year.

The selectmen received word this week that the town’s application for a grant of \$755,000 from the state for the construction of a new Senior Center has been approved. A new Senior Center long has been the goal of the Council on Aging and the application was the brainchild of State Rep.-elect Robert DeLeo and COA member Arthur Stone.

The Personnel Board has ordered Town Accountant Anne C. Baker to repay the three percent pay raise which she has been taking, even though the Personnel Board did not approve the increase in her salary.

The state Alcohol Beverage Control Commission has suspended the license of the Winthrop Yacht Club for three days for serving liquor to patrons of a Las Vegas-style casino night who were not members of the club, a practice that is forbidden under state law for private clubs.

Long-time Chamber of Commerce member and Treasurer Irving Ectman recently was honored by the Chamber at its annual Christmas party.

Mermaids, Bonfire of the Vanities, and The Rookie are playing at the Revere Showcase Cinemas.

40 years ago December 17, 1980

The Winthrop Housing Authority has received approval for a \$2.2 million grant by the state’s Office of Community Development for the construction of 40 units of elderly housing and eight units of low-income family housing on Revere St. adjacent to the WHA’s existing elderly housing complex.

Jim Ahern, who at 87 years old is the oldest employee of the Winthrop Community Hospital, was honored upon the occasion of his birthday last week. Ahern is employed in the maintenance dept.

Plumbing Inspector Henry LaTorella has volunteered to make his position a part-time job in order to help the Building Dept. achieve the 20 percent reduction in its budget that will be necessitated by the imposition of Prop. 2 and 1/2, which

was approved by the voters in the November election.

50 years ago December 16, 1970

The selectmen held a three-hour meeting with doctors, clergy, town officials, and other community leaders in a move to combine efforts to create recreational opportunities for, and provide assistance to, the town’s youth, many of whom are falling victim to drug abuse.

The Mass. Port Authority gave in to the requests of residents of local communities of the Logan Airport area and postponed a public hearing, which had been scheduled for December 22, regarding the construction of a new runway at Logan Airport.

Louis C. Maglio, a Winthrop resident who is the Chief Probation Officer of the Boston Juvenile Court, has been invited to attend the White Conference on Children.

It’s a Mad, Mad, Mad, Mad World, which is in re-release, is playing at the Winthrop Cinema.

60 years ago December 15, 1960

The Winthrop Fire Dept. has announced that Santa will be coming to town on Christmas Eve, accompanied by a Fire Dept. truck, as has been the custom here for the past few years. Fire Dept. officials remind local residents that they can have their Christmas trees sprayed with a fire-retardant solution at the Central Fire Station.

Winthrop Post, American Legion, will hold its annual Christmas show at the Winthrop Theatre, with the price of admission a can of food.

Sammy Davis Jr. stars in Porgy and Bess at the Winthrop Theatre.

70 years ago December 14, 1950

A group of 50 residents, led by Mrs. Bernard Bernstein of 7 Beach Rd., from the Beach and Lewis Lake sections of town met with the selectmen to voice their complaints about the flooding problems that inundated their neighborhoods during the recent storms and high tides. Selectman Peter Princi told the group that town officials have no idea as to what the solution to the problem may be.

Selectmen Chairman Peter Princi responded to a report by the Planning Board, in which the board condemned the town for its inaction on road improvement projects, by pointing out that in almost every case cited by the Planning Board, the town has taken action to resolve the problems.

The investigation committee that was created last June and headed by former selectman Robert E. Kirby to probe the conduct of the various carnivals that come to the town has issued its final report and has lauded the conduct of all of the carnivals that came here last summer.

Letters // CONTINUED FROM PAGE 4

In Dr. Walensky, the new administration has chosen a fearless, brilliant and compassionate ally who will give her all to protect and advance the health of our nation —

just as she has done for patients, colleagues and the community at Mass General.

Peter L. Slavin, MD
Mass General President


Timothy G. Ferris, MD
Mass General Physicians Organization CEO

Katrina Armstrong, MD
Chief, Department of Medicine

OBITUARIES

Joseph Gennaco

Former Winthrop Golf Club President

 Joseph Gennaco of Winthrop, 76, passed away on Dec. 9 with his family by his side.

Joseph was born to Pauline (Boncore) Gennaco and Joseph Gennaco on Nov. 6, 1944 in the City of Boston.

Moving to Winthrop at a young age, Joseph had been a lifelong resident.

Joseph was self-employed and raised his family in Winthrop. He enlisted in the Massachusetts Army National Guard serving from 1962-1966. An avid golfer, he was former president and a member of the Winthrop Golf Club.

Joseph is survived by his devoted and loving wife of 53 years, Dorothy (Kavanagh) Gennaco. He was the proud father of Robyn Marie Gennaco



1967-1995, Loriann Salvitti of Lake Sunapee, NH and Jodi Langone of Winthrop and is also affectionately known as “Papa” by his six grandchildren.

At the request of the family, funeral arrangements will be private. Funeral arrangements are by the Maurice W. Kirby Funeral Home, 210 Winthrop St., Winthrop. To sign Joe’s guestbook, please visit: www.mauricekirbyfh.com.

John MacDonald

Past member of Laborers Local 22 and Boston Cab Driver for over 40 years

John A. MacDonald of Winthrop passed away peacefully surrounded by his loving family on Friday, December 4 at the age of 71.

John was a past member of Laborers Local 22 and a Boston Cab Driver for over 40 years.

The beloved husband of Madeline (Shand) MacDonald, he was the devoted father of Frank Forsyth, John MacDonald, Madeline Forsyth and the late Gina Forsyth and James MacDonald; dear brother of Emilia Ambroult and her husband, Charlie, Duncan MacDonald and his wife, Debbie, Virginia Hitaffer, Graham MacDonald and Tammy MacDonald; adored grandfather of Philip, Joseph, Haylee, Frankie, Danny,



Farah, Giovanna, Jacob and Isabella and cherished great grandfather of Lilly, Gianna and Mia. He is also survived by many loving nieces and nephews.

Family and friends honored John’s life by gathering for a graveside service on Monday, December 14 at Winthrop Cemetery (Belle Isle Section). For more information, visit: www.ruggieromh.com.

ConsComm approves pruning, removal of trees

Staff report

The Winthrop Conservation Commission approved the application of Mark Kozikowski of 77 Harborview Ave. to prune the native trees and selectively remove the exotic trees and shrubs that affect the viewshed of his property at its November 18 meeting.

“The intent is to trim out the exotic trees and to get ground cover growing, as there is concern over ground erosion,” Kozikowski noted.

“The slope is steep and it is fine to trim. But only trim what has been flagged and do not take out the roots,” Commissioner Brian Corbett pointed out.

In another matter, the commissioners heard the request from Paul Leavy to demolish both the greenhouse and shed that are located on his property at Ace Hardware at 65 Main Street and replace

them with larger versions.

The new greenhouse would be 600 square feet, as opposed to the present 522 square-foot space, and the new garage would be 1000 square feet with a second floor for storage for seasonal items, as opposed to the current 550 square-foot structure. The construction of a 1000 square-foot shed already has been approved by the Board of Appeals.

Erik Bredanese, speaking for Ace Hardware, noted that there would be a 500-gallon dry well to collect the runoff from the roofs.

Commission Chairperson Karen Winn was concerned about debris from demolition of the structures, since the site borders a wetland. Contractor Russ Sanford noted that the greenhouse is constructed of pipes and plastic, while the shed is made of plywood and two-by-



The house (furthest up, located next to the water tower) at 77 Harborview Ave.

fours. He added that both structures will be taken down by hand to minimize debris that might stray from the immediate site.

Corbett noted that there is no current drainage for the parking area. Leavy responded that the parking lot is pitched toward the

street. Leavy said there will be electricity for both buildings and water for the greenhouse. There would be no indoor plumbing in the garage.

The hearing then was closed and the commission took the matter under advisement.

Gov. Baker signs Fiscal ‘21 Budget and proposes additional resources for small businesses, education, police oversight

Special to the Transcript

Gov. Charlie Baker has signed the Fiscal Year 2021 (FY21) budget into law, a \$45.9 billion plan that protects core government services amidst the COVID-19 pandemic while making substantial investments in economic development and education. This financially responsible budget does not rely on new taxes and maintains significant financial reserves for the future.

Additionally, the Baker-Polito Administration today is filing a \$107.4 million supplemental budget bill for Fiscal Year 2021 entitled “*An Act Making Appropriations for Fiscal Year 2021 to Provide for Supplementing Certain Existing Appropriations and for Certain Other Activities and Projects.*”

This bill authorizes \$49.4 million to fully fund the economic recovery and small business relief plan included in the Administration’s revised FY21 budget proposal and support the unique needs of small and minority- and women-owned businesses across the Commonwealth. The legislation

also includes \$53 million for targeted measures to address learning gaps and strengthen educational quality for students during the COVID-19 pandemic, as well as \$5 million in start-up funds for the Peace Officer Standards and Training (POST) Commission, which is proposed in pending legislation, and funding for the Municipal Police Training Committee.

“I am signing this balanced budget because it is fiscally responsible, and maintains our strong commitment to delivering essential government services to the people of Massachusetts amid the COVID-19 pandemic – all without raising taxes,” said Gov. Baker. “Since taking office in 2015, our Administration has worked to ensure fiscal discipline, build up and protect our financial reserves, and invest in key priorities throughout the Commonwealth. The FY21 budget and this supplemental spending bill will generate economic growth and support small businesses, promote equity, and increase educational opportunity. Our Administration is proud to have worked across the aisle with lawmakers to put this spending plan in place as we fight the pandemic together.”

“This responsible plan delivers vital support to every city and town at a critical time in this public health emergency,” said Lt. Gov. Karyn Polito. “The Fiscal Year 2021 budget also invests significantly in care for older adults, sexual assault and domestic violence prevention initiatives, support for children and fami-

lies, and substance abuse treatment. The additional funding we propose today will deliver much needed financial aid for businesses such as restaurants and those hit hardest by the pandemic, and we urge the Legislature to approve these funds quickly.”

“We thank our colleagues in the House and Senate for their collaboration and partnership throughout the many challenges associated with arriving at a final FY21 budget,” said Administration and Finance Secretary Michael J. Hefernan. “While actual tax collections during the first half of Fiscal Year 2021 have so far exceeded revised projections, we continue to maintain fiscal responsibility by prioritizing investments in core government services and protecting the Commonwealth’s financial reserves as economic challenges resulting from COVID-19 are likely to continue into Fiscal Year 2022.”

Fiscal Overview

This FY21 budget incorporates an upgraded \$28.440 billion tax revenue forecast. This represents an increase of \$459 million over the revised tax projection announced in October, based off better-than-expected actual tax collections in recent months, plus adjustments in the enacted budget, most notably sales tax acceleration. The budget includes a total of \$45.9 billion in gross spending, excluding the Medical Assistance Trust Fund transfer, which reflects approximately 4.5 percent growth in spending over Fiscal Year 2020 (FY20).

The budget includes an expected withdrawal of \$1.35 billion from the Stabilization Fund, which would be reduced in the instance of increased tax collections or new federal revenue. The \$1.35 billion withdrawal is consistent with the Administration’s focus on flexibility and supporting one-time spending needs as part of the response to the COVID-19 emergency. This would leave the fund with a balance of approximately \$2.21 billion, a significant buffer in the event of future budgetary constraints in Fiscal Year 2022 and beyond. The balance of the Stabilization Fund has increased three-fold since 2015 and is currently \$3.5 billion because of the collaborative fiscal discipline of the Adminis-

tration and Legislature.

The FY21 budget modernizes the timeline for sales tax remittance and collection, which has not been significantly updated in decades. This modernization effort takes advantage of widely available technologies and capabilities and directs businesses that have collected and remitted more than \$150,000 in sales tax or \$150,000 in room occupancy and meals tax in the prior calendar year to remit collections from the first three weeks of each month in the final week of the same month. These reforms will not impact consumers or nearly 95 percent of Massachusetts businesses, and are focused on the largest companies in the Commonwealth, many of which have benefited from the changing economic landscape and new consumer patterns.

Investing in Massachusetts

Despite the fiscal challenges caused by the COVID-19 pandemic, the Commonwealth continues to support record investments in Massachusetts’ students and ensure they have the opportunities and resources to grow and succeed. The FY21 budget includes a \$108 million increase in the annual Chapter 70 investment, which complements the \$442 million in new federal supports that is available to K-12 schools to assist with educating our students during the public health crisis.

To generate economic growth amidst the COVID-19 pandemic and support Main Streets across Massachusetts, the FY21 budget includes over \$82.4 million in funding for economic recovery and development efforts. In addition, the Administration today filed a supplemental budget bill that includes \$49.4 million to further support the unique needs of small and diverse businesses by fully funding the Administration’s economic recovery and small business relief plan. The additional funding in the supplemental budget bill would fully support the Administration’s economic recovery and small business relief plan included in the revised FY21 budget proposal submitted in October.

The FY21 budget protects essential government

Fifth Anniversary Remembrance Joyce Bruno



May you always walk in sunshine
And God's love around you flow,
For the happiness you gave us,
No one will ever know.
It broke our hearts to lose you,
But you did not go alone,
A part of us went with you,
The day God called you home.
A million times we needed you,
A million times we've cried.
If love could only have saved you,
You never would have died.

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Nicole, Nicolas and Sofia Joy

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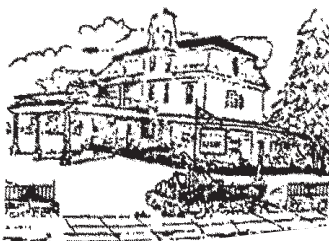
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Budget // CONTINUED FROM PAGE 6

services by maintaining the FY20 Unrestricted General Government Aid (UGGA) investment of \$1.129 billion to local cities and towns. The budget protects eligibility and benefit levels for social safety net programs such as MassHealth, Transitional Aid to Families with Dependent Children (TAFDC), child-care vouchers, Prescription Advantage, Home Care, Chapter 115 veteran benefits, and the Turning 22 program. It also preserves Chapter 257 rate increases using an updated rate methodology that better reflects the cost of benchmarking direct care and clinical staff wages.

This FY21 budget continues support for the Community Compact Cabinet Program, which is chaired by Lt. Gov. Polito and provides municipalities with meaningful assistance and resources in delivering quality services to the Commonwealth’s citizens. The budget includes \$2 million in funding for Community Compact related programs including best practices and regionalization and efficiency grants, and an additional \$2 million for these programs is included in the supplemental budget filed today to further support communities during this critical time. The budget also includes \$4.8 million for the Public Safety Staffing Grant Program managed by the Executive Office of Public Safety and Security, as well as \$3 million for district local technical assistance.

The FY21 budget continues the Administration’s efforts to improve outcomes for patients and increase access to care in order to ensure the health and safety of individuals and families across Massachusetts. The budget funds the Executive Office of Health and Human Services (EOHHS) at \$25.470 billion, excluding supplemental payments to hospitals, a \$2.175 billion (9 percent) increase over the FY20 budget. This includes \$160 million for Chapter 257 human service provider rate increases under the new rate methodology, which reflects the Administration’s ongoing commitment to supporting human service programs and providers.

Given the COVID-19 pandemic’s impact on seniors and high-risk individuals, the Commonwealth continues to make significant investments in supporting older adults and ensuring they have adequate care during this challenging time. The budget funds the Executive Office of Elder Affairs at \$598.9 million, which furthers the Administration’s commitment to supporting older adults in Massachusetts to remain active, contributing and engaged members of their communities.

The FY21 budget includes \$17.5 million in support of grants to Local Councils on Aging and an increase of \$9.7 million above the FY20 budget to support consumer growth in the state Home Care Program, which provides care management and in-home support services to help eligible elders age in place. The budget also includes a \$4.7 million increase for the Community Choices Program, which provides MassHealth-eligible elders with nursing facility levels of need with home care support.

The Baker-Polito Administration recognizes that the challenges of COVID-19 have exacerbated existing housing concerns and disproportionately impacted vul-

nerable populations. The Administration recently announced a comprehensive set of resources, known as the Eviction Diversion Initiative, which includes a \$171 million total commitment this fiscal year for new and expanded housing stability programs.

The FY21 budget continues support for the most vulnerable populations, providing \$182.7 million for the Emergency Assistance family shelter system, of which \$1.8 million will help support 40 new family shelter units that are compliant with the Americans with Disabilities Act in order to accommodate homeless families that include a person with disabilities. The budget provides \$56.4 million to maintain an estimated 3,036 beds, services, and day programs at homeless shelters for individuals, as well as \$135 million for the Massachusetts Rental Voucher Program (MRVP), \$80 million for local housing authorities, and other significant investments.

The COVID-19 pandemic and the resulting economic challenges have impacted the livelihood of employers and workers across the Commonwealth. The FY21 budget provides a total of \$5.5 million in funding to transform vocational high schools into Career Technical Institutes running three shifts per day. This initiative is designed to train new workers in skilled trades and technical fields including plumbing, HVAC, manufacturing, and robotics. This will consist of a combination of enrolling more high school students in high-impact vocational trade programs and expanding capacity for adults to earn industry-based credentials, aligned to apprenticeships and post-secondary degrees.

The FY21 budget includes over \$30 million to continue supporting the recommendations of the Black Advisory Commission (BAC) and the Latino Advisory Commission (LAC) with numerous significant investments. This includes funding for workforce development training programs, Youth Work Summer Jobs, entrepreneurs, workforce training, early college, teacher diversity, small business development, financial literacy, and job placement programming.

To continue combating the opioid epidemic, the budget includes \$264 million across several state agencies for substance misuse treatment and service. This represents a \$31.9 million increase over FY20 and a total increase of \$144.8 million since FY15, not including MassHealth.

The Baker-Polito Administration recognizes that in some instances, the COVID-19 pandemic and the need for social distancing have increased risks for survivors of sexual assault and domestic violence. The FY21 budget includes a total investment of \$95.8 million for sexual assault and domestic violence prevention services, a \$15.5 million (19 percent) increase over the FY20 budget and a 48% increase from FY15.

Outside Sections and Earmarks

The Administration also signed several outside sections attached to the FY21 budget. One such section promotes road safety by permitting the Registry of Motor Vehicles to require drivers who have been granted a hardship license

following a DUI offense to drive with an ignition interlock device.

The Governor also signed outside sections corresponding to two proposals that were filed in the Administration’s comprehensive health care legislation, originally filed last fall. One such proposal promotes access to behavioral health services by encouraging behavioral health practitioners to accept insurance. It requires insurers, including MassHealth, to use a standardized credentialing form so providers only need to complete one application. The second such proposal promotes timely access to appropriate behavioral health treatment by prohibiting payers from denying coverage or imposing additional costs for same-day behavioral health and certain medical visits.

The Administration recognizes there are many items funded in the budget during this difficult fiscal year that are one-time in nature and related to the COVID-19 pandemic and maintains these should not be considered as expansions on base funding. Notably, as part of the budget-signing, Gov. Baker, signed all the approximately \$80 million in earmarked funding. These resources support one-time local projects in communities throughout the state, with funding slated to go out by the end of the fiscal year. The Governor vetoed \$167 million in gross spending. Of 113 outside sections, the Governor signed 96, and returned 17 to the Legislature with proposed amendments.

Key FY21 Highlights Include:

Core Services

Increases Chapter 70 education aid to local municipalities by \$108 million – for a total investment of \$5.284 billion

Maintains the FY20 Unrestricted General Government Aid (UGGA) investment of \$1.129 billion to local cities and towns

\$2 million in funding for Community Compact related programs including best practices and regionalization and efficiency grants

\$4.8 million for the Public Safety Staffing Grant Program managed by the Executive Office of Public Safety and Security

\$3 million for district local technical assistance

Economic Development

\$82.4 million in additional funding for economic recovery and small business efforts

\$17.5 million for grants for small businesses, particularly businesses in underserved markets, minority-owned, women-owned, and veteran-owned businesses, and those who have not yet received federal aid

\$17.5 million for community development financial institutions (CDFI) grants and loans

\$15 million for a Community Empowerment and Reinvestment Grant Program

\$7.5 million for matching grants for capital investments by businesses with twenty or fewer employees

\$6 million total for regional recovery planning grants, an increase of \$5 million over FY20

\$5 million for small business technical assistance

\$5 million for Community Foundation Grants

\$5 million for Community Action Agencies

\$3.9 million for technical assistance and grants, including for small business online and digital

tools

This is in addition to the \$49.4 million included in the supplemental budget bill filed, which would help support the unique needs of small and diverse businesses by fully funding the Administration’s economic recovery and small business relief plan.

Food Security

\$30 million for Emergency Food Assistance during the pandemic

The Fiscal Year 2021 budget invests significantly in care for older adults, sexual assault and domestic violence prevention initiatives, support for children and families, and substance abuse treatment. The additional funding we propose... will deliver much needed financial aid for businesses such as restaurants and those hit hardest by the pandemic

— Lt. Gov. Karyn Polito

\$13 million for the Healthy Incentives Programs to address food insecurity exacerbated by COVID-19

K-12 Education

\$108 million increase in the annual Chapter 70 investment

Recognizes at least \$442 million in new federal supports for K-12 schools to assist with educating our students during the public health crisis

Early Education

\$836 million for Early Education and Care

\$40 million for future revisions to the sliding parent fee schedule reductions in parent contributions and paying for parent fees as provider supports

\$25 million for COVID-19 support for the workforce and providers

Higher Education

\$1.328 billion investment for the Department of Higher Education, University of Massachusetts, and state universities and community colleges, representing a \$44.6 million (3.5 percent) increase over the FY20 budget

Approximately \$900,000 increase above the FY20 budget for financial aid and fee waiver programs at college campuses to maintain support for students currently or previously in the custody and care of the Department of Children and Families (DCF), or who have been adopted through DCF

Health and Human Services

\$25.470 billion for the Executive Office of Health and Human Services (EOHHS), excluding supplemental payments to hospitals, a \$2.175 billion (9 percent) increase over the FY20 budget

\$160 million for Chapter 257 human service provider rate increases under a new rate methodology that better reflects the cost of benchmarking direct care and clinical staff wages

Caring for Seniors

\$598.9 million for the Executive Office of Elder Affairs

\$17.5 million in support of grants to Local Councils on Aging and an increase of \$9.7 million above the FY20 budget for the Home Care program

\$4.7 million increase for the Community Choices Program

MassHealth

\$18.261 billion gross, \$6.608 billion net funding for MassHealth, a change

of 10.1 percent gross, approximately level on a net basis to the FY20 budget

These changes incorporate COVID-19 related increases in caseload support and members, as well as costs for the public health response and provider relief

This investment also includes the conclusion of the temporary, enhanced Employer Medical Assistance Contribution that was completed at the end of calendar year 2019, per statute

Children and Families

\$1.084 billion for the Department of Children and Families, marking a \$257 million increase since 2015

\$9 million to support continued progress toward a maximum caseload level of 15 clients per caseworker

\$7.1 million to sustain investments made in FY20 for the expansion of support and stabilization services for foster parents, and services and supports for transition-age youth

\$10 million for the Safe and Successful Youth Initiative

Individuals with Disabilities

Fully funds the Turning 22 Program at the Department of Developmental Services (DDS) and other agencies

\$2.134 billion for DDS, an increase of \$40.8 million over the FY20 budget

Behavioral Health

\$911.6 million for the Department of Mental Health

\$91 million for Adult Community and Clinical Services

\$10 million for inpatient behavioral health beds

\$6.5 million for DMH’s jail and arrest diversion programs

Housing and Homelessness

\$182.7 million for the Emergency Assistance family shelter system

\$135 million for the Massachusetts Rental Voucher Program (MRVP)

\$80 million in funding for local housing authorities

\$56.4 million to maintain an estimated 3,036 beds, services, and day programs at homeless shelters for individuals

\$50 million for Residential Assistance for Families in Transition (RAFT)

Transportation

\$1.302 billion in total operating budget transfers for the MBTA, an increase of \$98 million over FY20

\$381 million in the Massachusetts Department of Transportation (MassDOT), an increase of \$35 million over FY20 to fund snow and ice operations

\$90.5 million for Regional Transit Authorities

\$800,000 increase for the Merit Rating Board

Black Advisory Commission and Latino Advisory Commission

Over \$30 million to continue implementing recommendations

\$5.9 million for Adult Basic Education (ABE)

\$3.1 million to continue recruitment efforts to enroll more Black and Latino youth in Youth Works Summer Jobs

\$2.5 million to fund a grant program which invests in local entrepreneurs and support workforce trainings through the Executive Office of Housing and Economic Development

\$1.5 million for the STEM Pipeline Fund

\$750,000 to expand the “Learn to Earn” initiative

Sexual Assault and Domestic Violence

\$95.8 million to address this key priority, a \$15.5 million (19 percent) increase over the FY20 budget and a 48 percent increase from FY15

\$50.3 million in funding for the Department of Public Health to carry out domestic violence and sexual assault prevention and survivor services, as well as emergency and transitional residential services for victims and their children

\$32.9 million for providing shelter, services, and housing assistance for individuals and families who are victims or at risk of domestic abuse in their current living situations

\$6.8 million to support statewide sexual assault nurse examiner programs for adults and adolescents in hospital settings, and pediatric sexual assault nurse examiner programs in child advocacy centers

Combating the Opioid Epidemic

\$264 million across several state agencies for substance misuse treatment and services, a \$31.9 million increase over FY20 and a total increase of \$144.8 million since FY15 (not including MassHealth)

Criminal Justice and Public Safety

\$733.9 million for the Department of Correction, including \$203.3 million for medical and mental health contract costs

\$399.4 million for State Police public safety and crime lab operations and includes support for the 86th RTT class

\$62.9 million to continue funding for the clinical contract at Bridgewater State Hospital

\$11.3 million in funding for the Shannon Grant program to fund anti-gang and youth violence prevention efforts

\$10.4 million to fully fund tuition and fee waivers for National Guard members

\$5.4 million for the Municipal Police Training Committee which develops, delivers, and enforces training standards of municipal, University of Massachusetts, and Environmental police officers

Modernizing and Securing Government IT

\$135.6 million for the Executive Office of Technology Services and Security to support

Managing a new cybersecurity operations center which provides 24/7 monitoring capabilities of systems to identify and help mitigate potential cyber threats

Implementing a security incident event management software platform for threat monitoring and analytics

Centralized software and IT contract compliance program

Energy and the Environment

\$301.7 million for the Executive Office of Energy and Environmental Affairs (EOEEA)

\$100.9 million for the Department of Conservation and Recreation

\$62.5 million for the Department of Environmental Protection (DEP)

\$32.3 million in funding for the Department of Fish and Game

\$20.8 million for the Department of Public Utilities

\$4.5 million for the Department of Energy Resources

\$1.4 million to address the spread of mosquito-borne diseases like Eastern Equine Encephalitis



The Zonta message board gets the word out about NO violence against women.



Zonta message board decries violence against women

As part of Zonta’s annual Fall advocacy campaign, “Zonta Says NO to Violence Against Women,” the Zonta Club of Chelsea and North Shore has partnered with the City of Chelsea to get that message out. During the International Sixteen Days of Activism Against Gender-Based Violence, November 25th through December 10th, the electronic message board outside City Hall has proclaimed exactly that, in

Spanish and in English. The newly re-named Zonta Club of Chelsea and North Shore has historically been a staunch financial supporter of HarborCov. Past Fall campaigns have included partnerships with a local taxi company to raise awareness of domestic violence and the available local resources, and to provide travel vouchers for HarborCov residents in need of assistance. The club also provides college scholarships to girls



Zonta Club members are, L to R.: Joan Lanzillo-Hahesy; Diane Cambria; Bonnie Fishman; Sheila Arseneault; Janis Tarkenton, President, and Theresa DiPietro. Photos by Georgia Green.

graduating from Chelsea, Revere, Winthrop, Everett and Saugus high schools, and provides food vouchers to families in those communities. The Zonta Club of Chelsea and North Shore recognizes that one of the many tragedies of COVID 19 is the increase in domestic violence. The club’s message is the continued support of local agencies that denounce violence against women and provide safety and

services. HarborCov’s hotline number is 617 884-9799. The Zonta Club was started in Chelsea in 1980 by local professional women with the desire to volunteer and help others. It is a chapter of Zonta International, a non-profit women’s service organization who participate in local service projects and support local, national and international projects.

Your voice matters! Ensure that Massachusetts fights the climate crisis, and supports a speedy and just economic recovery.

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LOOK YOUR HOLIDAY BEST!

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Bah Bah

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COVID-19 has changed everything.

Let us get your holiday message out to our thousands of readers of *The Revere Journal, The Winthrop Sun Transcript, The East Boston Times Free Press, Chelsea Record, Everett Independent, and Lynn Journal* in our December editions:

Home for the Holidays?

Celebrate SAFELY

Many of our readers will find themselves celebrating the Holidays from their own homes safely.

HOLIDAY EVENTS | SPECIAL SERVICES
GIFTS & GOODIES

AD RATES (in col. inches)

2x3.....Any 3	\$225.....All 6.....	\$325
2x5.....Any 3	\$450.....All 6.....	\$550
3x5.....Any 3	\$550.....All 6.....	\$650
3x10 or 5x6..Any 3	\$700.....All 6.....	\$850
Banner (6x3).....\$200 per city		
Color incl. in cost of advert.		

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Winthrop Improvement & Historical Association Presents

The 2020 Winthrop Christmas “HOPE” Ornament

Ornament design for WIHA by Susan Saulnier.

On Sale \$10 each

Proceeds Benefit the Historic Deane Winthrop House

Available at:

- Shirley True Value Hardware
- Woodside Ace Hardware
- Swett’s Liquors
- Salon Luxo
- Winthrop Arms
- Winthrop Book Depot
- Winthrop Meat Market
- Webster First Federal Credit Union
- Simon’s Winthrop Book Store

DECK THE HOUSE
Holiday Decorating Contest

Decorate your house or business in it's holiday best by **Dec 16** and be declared the **jolliest house in Winthrop!**

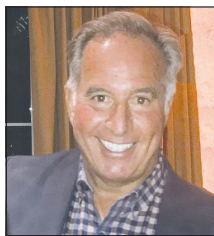
\$10 Entry Fee per Location

- Sign up on Eventbrite, or contact the Winthrop Chamber directly
- All voting will take place between **Dec 18-Dec 20**, with a winner announced on **Dec 21!**
- Please see Eventbrite for Rules and Registration!

Search for “Deck the House Winthrop”

Winthrop Chamber of Commerce
207 Hagman Road
617-846-9898
info@winthropchamber.com

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CHAMPIONSHIP FAMILY

Boncore kids take titles in Winthrop and Revere

By Cary Shuman

The Boncore family had a very good summer on the softball and baseball diamonds.

Lucy Boncore, a 10-year-old player in the Revere Youth Softball League, helped lead the Jets to the Major League championship in her first season in the program.

Her brother, Phil Boncore, a 14-year-old player in the Winthrop Little League Senior League that returned this summer after a long hiatus, had a key role in a number of positions for the champions Cubs.

Lucy and Phil are the children of Robert Boncore and Jennifer (Mur-

phy) Boncore and the grandchildren of Town Council President Philip Boncore and Maryjane Boncore and popular, long-time basketball referee Phil Lundberg and Susan Lundberg. Their uncle is State Sen. Joseph Boncore.

LUCY BONCORE

Lucy was a starting outfielder for the Jets. She batted .400 in the playoffs and had a clutch basehit and two RBIs in the third and deciding game of the finals.

Coach Tom Simpson was impressed with Lucy's strong defensive skills and potent bat.

"Lucy made a huge contribution to our champion-

ship season," said Simpson, who steadily moved her up in the Jets' batting order as she proved herself against 12-year-old pitchers. "Her teammates loved her team spirit. You can tell that Lucy really loves the game."

Robert Boncore said his daughter enjoyed her first season of organized softball in Revere.

"She had a blast," said Robert. "This was her first experience playing in an all-girls league. It's a different atmosphere than playing against the boys. She had a lot more fun."

Lucy Boncore has two more years of eligibility in the Revere Softball League before she'll move on to the Winthrop High softball program.

Is she the next Lisa Monteleone Ferrara? Perhaps.

PHIL BONCORE

An eighth grader, Phil Boncore helped the Cubs claim the championship while playing a number of positions during the season, including innings as a left-handed pitcher. The Cubs, under the direction of Coach Bob Andy, won in the third and final game of the playoffs against a never-say-quit Twins team.

Interestingly, Robert Boncore played in the Winthrop Pony League as a teenager and his coach was Mr. Andy.

Robert credited Mark DiGregorio for restarting the Winthrop Senior League in 2020. "Just bringing the league back was awesome," said Boncore, who is an attorney-at-law. "It's unbelievable that they pulled off the season under the



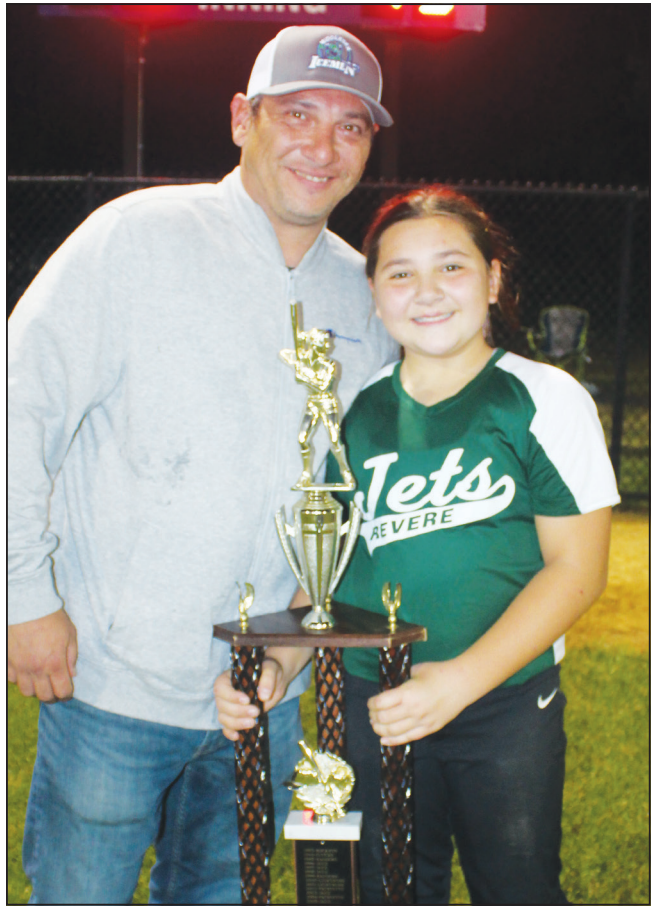
Phil Boncore, center, shown with his teammates following their victory in the Winthrop Senior League 2020 Championship.

circumstances of the coronavirus."

Boncore said his father, Philip - when he was able to step away from his many obligations as Council President and a member of the Win-

throp School Committee - attended as many of his grandchildren's games as he could this summer.

"Yes, he was there often and I'm sure he's a very proud grandfather," said Robert.



Robert Boncore and his daughter, Lucy Boncore, display the Revere Youth Softball League championship trophy after the 10-year-old outfielder helped lead the Jets to the 2020 Major League title.

Parking Ban in effect due to storm until further notice

Staff report

Due to the forecast of expected snowfall, a Parking Ban will be in effect on Wednesday, December 16, 2020 at 8 p.m., and will remain in effect until further notice.

DCR has notified the town that a Parking Ban on Winthrop Shore Drive will be in effect on Wednesday, December 16, 2020 at 10:00 PM.

Additionally, there will be no trash pick-up on Thursday, December 17. The Thursday and Friday routes will be delayed by one day (Thursday route

will be picked up on Friday, Friday route will be picked up Saturday.) Curbside leaf pick-up will also be collected on Saturday, December 19. Only leaves in trash barrels or compostable bags will be taken.

The Stop the Spread Covid-19 testing site will be closed on Thursday, December 17 due to the snow.

All town offices will be closed on Thursday, December 19.

Per town ordinance, vehicles must be removed from all but the designated, accepted streets and

lots. For the complete language of the Winter Parking ordinance, please click here.

For further information and a map showing where to park during a Winter Parking Ban, please visit <https://tinyurl.com/winthropsnowparking>.

Motorists are reminded that Winter Parking Regulations are in effect from November 15 to May 1.

Ordinance requires that upon announcement by the National Weather Service of expected or impending snowfall, vehicles must be removed from all but the following streets

Bowdoin Street; Brookfield Road; Morton Street; River Road; Seaview Avenue; Siren Street; Veterans Road; Waldemar Avenue; Walden Street; Winthrop Street.



For more information, please visit the Town website by scanning this QR-code with your smartphone camera.

WINTHROP MARKETPLACE

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SALE DAYS THURSDAY, DECEMBER 17TH, THROUGH THURSDAY DECEMBER 24TH, 2020

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Variety Cheesecake	\$14.99
Cannoli Chip & Dip Platter.....	\$12.99
Chocolate Cream Pie.....	\$7.99
Banana Cream Pie	\$7.99
Coconut Cream Pie	\$7.99
Blueberry Scones 2 pk.....	\$1.99
Cinnamon Chip Scones 2pk	\$1.99

Deli

Krakus Imported Polish Ham.....	\$6.99/lb
Hans Kissele Seafood Salad	\$6.99/lb
Best Yet Roast Beef.....	\$7.99/lb
Best Yet Corned Beef	\$6.99/lb
Great Lakes American Cheese	\$3.99/lb
Best Yet Oven Roasted Turkey Breast	\$5.99/lb
Our Own In Store Antipasto Salad ..	\$6.49/lb

Produce

Tropical Golden Large Pineapples.....	\$2.99
California Halo Clementines 3lb bag.....	\$4.99
Natures Finest All Purpose	
Russet Potatoes 5 lb bag	2/\$5.00
North Carolina Sweet Golden Yams ...	\$9.99/lb
Dole Fresh Celery Hearts	2/\$4.00
Fresh Italian Parsley.....	.79¢
Ocean Spray Fresh Cranberries 12 oz bag.....	\$1.99
California Sweet and Crunchy Premium Seedless Grapes	\$1.99/lb
Butternut Squash.....	69¢/lb

Meat

"Meat Cut Fresh Every Day"

Family Pack Specials

Grade A Boneless Chicken Breast.	\$1.99/lb
Carando Half Spiral Ham.....	\$3.39/lb
Cooks Half Spiral Hams	\$2.99/lb
Bone-In Prime Rib Roast.....	\$10.99/lb
Boneless Beef Tenderloin	\$19.99/lb
Bone-In Center Cut Pork Roast	\$1.99/lb
Grade A Roasting Chickens	\$14.99/lb
Best Yet Medium Size Shrimp Ring 31-40 ct ..	9.99
Kayem Kielbasa	2/\$8.00
Bob Evans Side Dishes.....	2/\$7.00

Grocery

Great grocery specials

Gold Medal Flour 5lb bag	2/\$4.00
(ex organic)	
Campbell's Gravy.....	10/\$10.00
Ocean Spray Cranberry Juice 64oz.	2/\$5.00
Ronzoni Pasta.....	10/\$10.00
(excludes gluten free, super green & garden veggie)	
Classico Pasta Sauce.....	2/\$3.00
Kitchen Basics Stocks	2/\$4.00
Tuttorosso Canned Tomatoes	10/\$10.00
Green Giant Canned Vegetables	3/\$2.00
(ex 3-bean & asparagus)	
Starbucks K-Cups	\$6.99
Heinz Gravies.....	2/\$3.00
Stove Top Stuffing.....	2/\$3.00
Betty Crocker Frosting	2/\$3.00
Betty Crocker Cake Mixes	4/\$5.00
Ocean Spray Cranberry Sauce.....	2/\$3.00
Vlasic Pickles	2/\$4.00
Progresso Bread Crumbs	4/\$5.00
Cool Whip	10/\$10.00
Green Giant Steamers	10/\$10.00
Pepperidge Farm Layer Cakes	2/\$6.00
Lenders Bagels	2/\$3.00
Birds Eye Steam Fresh Vegetables	2/\$4.00
Southland Squash and Turnip	2/\$4.00
Maria Cavatelli.....	4/\$5.00
Cracker Barrel Cheese.....	2/\$5.00
Tropicana Orange Juice 52oz	2/\$5.00
Land O Lakes Butter Quarters	2/\$6.00
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Pillsbury Cookies	2/\$5.00
Pillsbury Pie Crust	2/\$5.00
Dragone Ricotta 2lb	\$3.99
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New Store Hours starting June 22: Mon-Sat 7:30 am-8pm; Sun: 7:30am-7pm; Senior Hours: Mon-Sat: 7:30am-8:30pm Sun: 8am-9am
Not responsible for typographical errors.
We have the right to limit quantities.

COVID-19 Testing Safe, fast, easy, free

EBNHC provides walk-thru COVID-19 testing to anyone who wants to be tested, six days a week at 79 Paris Street.

Pre-registration required:
Call 617-569-5800.

Monday-Friday: 8am-11:30am and 1pm-4:30pm
Saturday: 10am-1:30pm



Visit ebnhc.org/covid19 for other testing sites around Boston

WINTHROP POLICE BLOTTER

The following incident reports are among the calls to which the Revere Police Department responded on the listed dates and times (in military time):

MONDAY, NOV. 23

0007: Noise disturbance on Reservoir Ave. The officer restored the peace.

0027: Noise disturbance on Revere Beach Blvd. The officer restored the peace.

0034: An officer stopped a motor vehicle (MV) on Charger St. for a civil motor vehicle infraction (CMVI) and gave a verbal warning to the operator.

0135: Domestic disturbance on N. Marshall St. The officer filed a report.

0208: Noise disturbance on Revere Beach Blvd. The officer restored the peace.

0406: Domestic disturbance on N. Marshall St. The officer filed a report.

0443: Motor vehicle accident (MVA) on Squire Rd. with property damage. The officer assisted the parties with the exchange of papers.

0541: Parking complaint on Sears St. The officer issued a parking ticket.

0633: Breaking & entering (B&E) into a building on Revere St. The officer provided assistance.

0634: Disabled MV on No. Shore Rd. The MV was towed.

0740: The trespass tow of a MV was reported on Furlong Drive.

0741: The trespass tow of a MV was reported on Furlong Drive.

1002: The trespass tow of a MV was reported on Eastern Ave.

1019: Noise disturbance on Ward St. The officer restored the peace.

1141: Disabled MV on No. Shore Rd. The officer provided assistance.

1237: Assault on Proctor Ave. The officer filed a report.

1352: An officer served a domestic abuse prevention restraining order (209A order) upon a Beach St. resident.

1433: An officer provided assistance to a citizen on Butler St.

1528: The trespass tow of a MV was reported on Park Ave.

1536: MVA on Everett St. A MV was towed.

1558: MVA at Endicott and Atlantic Aves. The officer provided assistance.

1632: An officer stopped a motor vehicle (MV) on Broadway for a civil motor vehicle infraction (CMVI) and gave a verbal warning to the operator.

erator.

1701: MVA on Moun-tain Ave. The officer issued a citation to the operator, a 43 year-old Revere man, for the criminal offense of unlicensed operation of a MV.

1705: An officer stopped a motor vehicle (MV) at Eliot Circle for a civil motor vehicle infraction (CMVI) and gave a verbal warning to the operator.

1715: MVA on No. Shore Rd. The officer filed a report.

1729: Pursuant to an investigation, officers arrested Carlos R. Morales, 38, of Revere, for the criminal offenses of aggravated rape of a child with an age difference of more than 10 years where the victim is between the ages of 12 and 16 years of age and four counts of indecent assault & battery upon a child under the age of 14.

1731: Parking complaint on Franklin St. The officer restored the peace.

1737: Parking complaint on Endicott Ave. The officer issued a parking ticket.

1850: B&E into a MV on VFW Parkway. The officer filed a report.

1856: An officer stopped a motor vehicle (MV) at Blake St. and No. Shore Rd. for a civil motor vehicle infraction (CMVI) and gave a verbal warning to the operator.

1946: An officer stopped a motor vehicle (MV) at Atlantic Ave. and Jones Rd. for a civil motor vehicle infraction (CMVI). The officer issued a citation to the operator, a 24 year-old Revere man, for the criminal offense of failing to stop for a police officer and for the civil infraction of twice failing to stop for a traffic control signal.

2031: Shoplifting on the Revere Beach Parkway. The officer spoke to the party.

2108: MVA on Broadway. The officer arrested Nelson Garcia, 43, of 21 Tapley Ave., for the criminal offense of operating a MV while under the influence of liquor.

2301: Domestic disturbance at Centennial and Waverly Aves. The officer provided assistance.

TUESDAY, NOV. 24

0710: Unwanted person on Park Ave. The officer spoke to the party.

0714: Disturbance on Calumet St. The officer filed a report.

0744: The trespass tow of a MV was reported on Overlook Ridge Terrace.

0753: MVA at Broadway and Park Ave. The

officer assisted the parties with the exchange of papers.

0949: A resident reported a case of identity theft.

0953: An officer stopped a motor vehicle (MV) at Campbell and Centennial aves. for a civil motor vehicle infraction (CMVI) and gave a verbal warning to the operator.

1022: MVA at Park and Washington Aves. The officer issued a citation to an operator, a 55 year-old Saugus man, for the criminal offense of operating a MV after his right to operate had been suspended.

1046: An officer stopped a motor vehicle (MV) on the Missing Link southbound for a civil motor vehicle infraction (CMVI) and gave a verbal warning to the operator.

1125: Vandalism on Ford St. The officer filed a report.

1155: MVA on Broadway. The officer will file a report.

133: Unwanted person on Agawam St. The officer provided assistance.

1422: Suspicious activity on Furlong Dr. The officer provided assistance.

1440: MVA on Broadway. The officer issued a citation to a 59 year-old East Boston man for the criminal offenses of operating a MV while under the influence of liquor and negligent operation of a MV and for the civil infraction of a state highway violation.

1446: Unwanted person on American Legion Highway. The officer provided assistance.

1510: A Pemberton St. resident reported a fraud. The officer filed a report.

1521: A Randall Rd. resident reported a fraud. The officer filed a report.

1535: Animal complaint on Keayne St. The officer provided assistance.

1557: Suspicious activity on Patriot Parkway. The officer provided assistance.

1622: An officer stopped a MV on Shirley Ave. for a civil infraction and issued a citation to the operator.

1741: An officer stopped a MV on No. Shore Rd. for a civil infraction and gave a verbal warning to the operator.

1744: An officer stopped a MV on No. Shore Rd. for a civil infraction and issued a citation to the operator.

1752: Larceny on Revere St. The officer filed a report.

1827: An officer served a 209A order upon a Malden St. resident.

1907: An officer stopped a MV on the VFW Parkway and arrest-

ed Gerlado Santos Duarte, 51, of Malden, on an outstanding warrant and for the criminal offense of operating a MV with a suspended license (subsequent offense).

1933: Disturbance on Broadway, The officer provided assistance.

2025: Disturbance on Parkside Place. The officer restored the peace.

2132: Suspicious activity on Broadway. The officer provided assistance.

2138: Domestic disturbance on Calumet St. The officer restored the peace.

2301: An officer stopped a MV on Squire Rd. for a civil infraction and gave a verbal warning to the operator.

2320: The trespass tow of a MV was reported on Overlook Ridge Dr.

WEDNESDAY, NOV. 25

0006: Abandoned MV on Avon St. The officer issued a parking ticket.

0222: B&E into a building on the Revere Beach Parkway. The officer filed a report.

0604: Parking complaint on Sears St. The officer issued a parking ticket.

0700: Disturbance on VFW Parkway. The officer restored the peace.

0733: The trespass tow of a MV was reported on Overlook Ridge Dr.

0852: Blocked driveway on Cooledge St. The officer issued a parking ticket.

0940: An officer served a 209A order upon a Haskell Ave. resident.

0947: Suspicious activity on Camille Rd. The officer spoke to the party.

1054: An officer stopped a MV on Squire Rd. for a civil infraction and issued a citation to the operator.

1109: MVA at Copeland Circle. The officer filed a report.

1120: Complaint on Broadway. The officer provided assistance.

1122: MVA on Charger St. The officer will file a report.

1145: Suspicious activity on Furlong Dr. The officer provided assistance.

1230: A MVA with property damage was reported on Squire Rd. The officer spoke to the party.

1338: Noise disturbance on Beach St. The officer spoke to the party.

1416: MVA on Overlook Ridge Drive. The officer assisted the parties with the exchange of papers.

1449: Complaint on Charger St. The officer provided assistance.

1541: An officer served a 209A order upon a Broadway resident.

1600: Domestic disturbance on Johnny Rd. The officer restored the peace.

1607: An officer stopped a MV on VFW Parkway for a civil infraction and gave a verbal warning to the operator.

1614: An officer stopped a MV on Ocean Ave. and filed a report.

1638: An officer stopped a MV at the Revere Beach Parkway and Campbell Ave. for a civil infraction and issued a citation to the operator.

1910: An officer stopped a MV on Ocean Ave. for a civil infraction and gave a verbal warning to the operator.

1914: An officer stopped a MV on Dehon St. for a civil infraction and issued a citation to the operator.

1917: Threats to kill on Furlong Dr. The officer provided assistance.

2006: MVA on VFW Parkway. The officer

will file a report.

2017: MVA at Broadway and Fenno St. The officer will file a report.

2017: Abandoned MV on Avon St. The MV was towed.

2027: An officer stopped a MV on Patriot Parkway for a civil infraction and issued a citation to the operator.

2050: Unwanted person on Hichborn St. The officer restored the peace.

2119: MVA with property damage at Washington and Park Aves. The officer will file a report.

2137: Domestic disturbance on Squire Rd. The officer restored the peace.

2152: The trespass tow of a MV on Overlook Ridge Dr. was reported.

2343: An officer stopped a MV on Newman St. and ordered the MV to be towed.

2349: Disturbance on Beach St. The officer provided assistance.

THURSDAY, NOV. 26

0018: An officer stopped a MV on American Legion Highway and provided assistance.

0045: Suspicious activity on Grover St. The officer provided assistance.

0123: Domestic disturbance on Winthrop Ave. The officer restored the peace.

0153: A MV was reported stolen on Ward St.

0229: Hit-and-run MVA on School St. The officer provided assistance.

0231: Domestic disturbance on Cooledge St. The officer restored the peace.

0912: Simple threats on Broadway. The officer filed a report.

0946: Disturbance on the Revere Beach Parkway. The officer spoke to the party.

1011: Disturbance on Rand St. The officer spoke to the party.

1046: An officer provided assistance to a citizen on Lee Burbank Highway.

1109: Blocked driveway on Centennial Ave. The MV was moved.

1204: A MV was reported stolen on Squire Rd. The officer filed a report.

1341: Domestic disturbance on Broadsound Ave. The officer spoke to the party.

1734: Simple threats on Harris St. The officer restored the peace.

1808: Larceny on Patriot Parkway. The officer filed a report.

1809: MVA on Winthrop Ave. The officer assisted the parties with the exchange of papers.

1919: MVA on Salem St. The officer filed a report.

1948: The trespass tow of a MV was reported on Overlook Ridge Terrace.

2102: Noise disturbance on Ocean Ave. The officer restored the peace.

2104: Noise disturbance on Elmwood St. The officer restored the peace.

2122: Noise disturbance on Broadway. The officer restored the peace.

2159: An officer stopped a MV on Broadway for a civil infraction and gave a verbal warning to the operator.

2339: Unwanted person on Grover St. The officer restored the peace.

FRIDAY, NOV. 27

0016: Disturbance at Beach St. and Central Ave. The officer restored the peace.

0137: Domestic disturbance on Proctor Ave. The officer filed a report.

0154: Noise disturbance on Thornton St. The officer restored the peace.

0205: Noise distur-

bance on Thornton St. The officer restored the peace.

0338: Domestic disturbance on the Revere Beach Parkway. The officer restored the peace.

0528: Unwanted person on Broadsound Ave. The officer filed a report.

0720: B&E into a building on Revere St. The officer filed a report.

0807: Parking complaint on No. Shore Rd. The MV was moved.

0809: Parking complaint on Hutchinson St. The officer provided assistance.

0834: Larceny on VFW Parkway. The officer filed a report.

0906: An officer stopped a MV on Jarvis St. for a civil infraction and gave a verbal warning to the operator.

0929: An officer provided assistance to a citizen on Ocean Ave. and returned property to the owner.

1017: An officer stopped a MV on American Legion Highway for a civil infraction and gave a verbal warning to the operator.

1144: MVA on Revere St. The officer assisted the parties with the exchange of papers.

1243: An officer stopped a MV on Broadway for a civil infraction and issued a citation to the operator.

1309: An officer stopped a MV at Hy-Sil and Washington Aves. for a civil infraction and gave a verbal warning to the operator.

1353: Domestic disturbance on Broadway. Officers arrested Michael J. Lamboy, 30, of Broadway, for the criminal offense of assault & battery upon a family or household member.

1400: A MVA with property damage was reported on Shirley Ave.

1430: Hit-and-run MA with property damage on Davis St. The officer spoke to the party.

1630: Disabled MV on the Lynn Marsh Rd. The officer provided assistance.

1715: The trespass tow of a MV was reported on Overlook Ridge Dr.

1723: MVA with property damage on Broadway. The officer assisted the parties with the exchange of papers.

1747: MVA with property damage on Augustus St. The officer issued a citation to an operator, a 24 year-old Revere man, for the criminal offense of reckless operation of a MV.

1753: An officer stopped a MV on Beach St. for a civil infraction and gave a verbal warning to the operator.

1815: Parking complaint at Pemberton and Marsh Sts. The officer issued a parking ticket.

1856: Unwanted person on Revere Beach Blvd. The officer restored the peace.

1913: Tenant/landlord disturbance on Kimball Ave. The officer restored the peace.

1935: MVA on Squire Rd. Officers arrested Jonathan Lizzotte, 33, of Everett, for the criminal offenses of operating a MV while under the influence of liquor and negligent operation of a MV.

2029: Domestic disturbance on Green St. The officer provided assistance.

2121: Noise disturbance at Adams and Cooledge Sts. The officer provided assistance.

2247: MVA at Broadway and Revere St. The

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Capone, David	Sullivan, Joan M	83 Marshall St	\$552,000
Raneri, Daniel	Scalli, Stephen V	282 Pleasant St	\$700,000
Norkus, Vanessa I	Monteith, John	370 Revere St	\$580,000
Gunarajasingam, Ayinkeran	Laskey, Daniel H	18 Tewksbury St	\$755,000
Howard, Scott	Strickland, Krista	39 Waldemar Ave	\$822,000
Vendetti, Teresa	Palumbo, Eloise T	222 Winthrop Shore Dr #9	\$317,000
Canavan, Dianne M	Canavan, John A	3 Woodside Park	\$520,000

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VIRGINIA BROWN – CHRISSY D'AMBROSIO
ANDRES RAMIREZ – DAVID TALLENT

Police identify three teenagers in connection with multiple package thefts

Chief Terence Delehanty reports that the Winthrop Police Department has identified three teenagers in connection to multiple package thefts from eight Winthrop homes last week.

No charges have been filed against the three teenagers at this time, and Winthrop Police are working with the Suffolk County District Attorney's Office to explore the possibility of resolution through restorative justice.

On Wednesday, Dec. 9, Winthrop Police responded to Sea Foam Avenue for a report of individuals stealing packages from porches. An officer investigating the report encountered two teenage males walking in the area in which the packages were stolen. Upon further investigation, Winthrop Police were able to determine that those two teenagers, along with a

third individual, were allegedly responsible for the thefts at eight houses, and the items that were taken were ultimately recovered by Winthrop Police.

“The officers investigating this case did an outstanding job and were able to bring this case to a quick conclusion,” Chief Delehanty said. “Unfortunately, it’s all too common that we receive more reports of damaged or stolen packages during the holi-

day season. We strongly encourage residents to take the necessary steps listed below to help protect their purchases.”

The Winthrop Police Department wishes to share the following tips from the National Neighborhood Watch to help prevent package theft:

- Consider getting a P.O. box at your local post office or having packages delivered to your office
- Set up notifications to

track your packages

- Install a security camera in the area(s) outside your home where packages may be delivered
- Require a signature upon delivery to ensure packages are never left unattended
- Reschedule delivery or ask for a package hold when on vacation
- Research potential home security technology and locking device options to protect and monitor packages
- Ask your neighbors to grab your packages for safekeeping until you return home
- If you find your package has been stolen, immediately report it to Winthrop Police at 617-846-1212

These are allegations. All suspects are considered innocent until proven guilty.

Police //CONTINUED FROM PAGE 2

officer issued a citation to a 25 year-old Revere man for the criminal offenses of unlicensed operation of a MV and operating a MV with a suspended registration.

2252: Noise disturbance on Belgrade St. The officer restored the peace.

2309: Noise disturbance on Harris St. The officer restored the peace.

2330: B&E into a building on Hutchinson St. The officer filed a report.

2336: Noise disturbance on Belgrade St. The officer provided assistance.

SATURDAY, NOV. 28

0011: Noise disturbance on Ocean View Ave. The officer provided assistance.

0027: Noise disturbance on Beach St. The officer restored the peace.

0031: Domestic disturbance on Bennett Highway. The officer filed a report.

0131: Larceny on Fiske St. The officer filed a report.

0454: A MV was reported stolen on Squire Rd. The officer filed a report.

0638: Suspicious activity at Constitution Ave. and Cooledge St. The officer spoke to the party.

0658: A Malden St. resident reported a case of identity theft.

0707: Blocked driveway on Reservoir Ave. The MV was moved.

0759: Disturbance on No. Shore Rd. The officer restored the peace.

0910: Complaint on Rice Ave. The officer provided assistance.

0935: Domestic disturbance on Roosevelt Ave. The officer spoke to the party.

1003: Domestic disturbance on Roosevelt Ave. The officer spoke to the party.

1128: Larceny on Beach

St. The officer provided assistance.

1151: Disturbance on Cheever St. The officer spoke to the party.

1152: MVA on Broadway. The officer assisted the parties with the exchange of papers.

1205: Animal complaint on Ocean Ave. The officer filed a report.

1235: An officer assisted a citizen on Squire Rd.

1246: Abandoned MV on Lee Burbank Highway. The officer provided assistance.

1317: Parking complaint on Revere St. The MV was towed.

1349: Domestic disturbance on Newman St. The officer restored the peace.

1502: An officer assisted a citizen on No. Shore Rd. and restored the peace.

1510: An officer assisted a citizen on Beach St. and filed a report.

1638: Blocked driveway on Lowell St. The officer provided assistance.

1715: Unwanted person on Everett St. The officer restored the peace.

1829: An officer stopped a MV on Broadway for a civil infraction and gave a verbal warning to the operator.

1903: An officer stopped a MV at Revere Beach Blvd. and Beach St. and issued a citation to a 58 year-old Lynn woman for the criminal offense of operating an uninsured MV.

1916: The trespass tow of a MV was reported on Overlook Ridge Drive.

1918: The trespass tow of a MV was reported on Overlook Ridge Drive.

1958: The trespass tow of a MV was reported on Overlook Ridge Drive.

2000: Unwanted person on Endicott St. The officer restored the peace.

2041: The trespass tow of a MV was reported on

Ward St.

2043: An officer provided assistance to a citizen on Belle Isle Ave.

2045: The trespass tow of a MV was reported on Overlook Ridge Drive.

2112: Noise disturbance on Ocean Ave. The officer restored the peace.

2124: Domestic disturbance on George Ave. The officer restored the peace.

2140: The trespass tow of a MV was reported on Ward St.

2213: The trespass tow of a MV was reported on Overlook Ridge Terrace.

2229: An officer provided assistance to a citizen on Revere Beach Blvd.

2254: Noise disturbance on Hichborn St. The officer restored the peace.

2315: Domestic disturbance on Prospect Ave. Officers arrested Christopher James Godfrey, 60, of Prospect Ave., for the criminal offense of assault & battery upon a family or household member.

2350: The trespass tow of a MV was reported on Overlook Ridge Terrace.

2356: The trespass tow of a MV was reported on Overlook Ridge Terrace.

SUNDAY, NOV. 29

0028: Disturbance on Thorndike St. The officer restored the peace.

0043: Noise disturbance on Charger St. The officer provided assistance.

0051: Vandalism on Bennington St. The officer filed a report.

0107: Noise disturbance on Winthrop Ave. The officer restored the peace.

0109: An officer stopped a MV on Beachland Ave. for a civil infraction and gave a verbal warning to the operator.

0158: Disturbance on Essex St. The officer provided assistance.

0237: Disturbance at

Broadway and Revere St. The officer filed a report.

0602: The trespass tow of a MV was reported on Overlook Ridge Terrace.

0739: Parking complaint on Prospect Ave. The MV was moved.

1141: Larceny on Beach St. The officer filed a report.

1301: Suspicious activity on Dunn Rd. The officer spoke to the party.

1522: Landlord/tenant disturbance on Elmwood St. The officer filed a report.

1535: An officer provided assistance to a citizen on Bennington St.

1652: An officer stopped a MV on the Revere Beach Parkway for a civil infraction and gave a verbal warning to the operator.

1655: Hit-and-run MVA with property damage on Constitution Ave. The officer spoke to the party.

1719: MVA on Furlong Dr. The officer assisted the parties with the exchange of papers.

1822: Disturbance on Hutchinson St. The officer filed a report.

1909: Domestic disturbance on Shawmut St. The officer restored the peace.

1909: Disturbance on Beach St. The officer restored the peace.

2025: The repossession of a MV on Larkin St. was reported by the repo company.

2148: Burglar alarm on Yeamans St. The officer filed a report.

2200: The trespass tow

of a MV was reported on Revere Beach Blvd.

2215: An officer stopped a MV at Winthrop Ave. and the Revere Beach Parkway for a civil infraction and gave a verbal warning to the operator.

MONDAY, NOV. 30

0021: Noise disturbance on Sargent St. The officer restored the peace.

0140: Disturbance on Broadway. The officer provided assistance.

0145: Noise disturbance on Ward St. The officer restored the peace.

0325: Domestic disturbance on Winthrop Ave. The officer restored the peace.

1030: Disabled MV at Sargent and Fenley Sts. The officer provided assistance.

1035: A&B on Revere St. The officer filed a report.

1104: Domestic disturbance on No. Shore Rd. The officer restored the peace.

1122: MVA on Sargent St. The officer assisted the parties with the exchange of papers.

1156: Public safety call on Revere Beach Blvd. The officer filed a report.

1208: MVA at Brown Circle. The officer assisted the parties with the exchange of papers.

1228: Disturbance on Bay Rd. The officer restored the peace.

1240: MVA at Washington Ave. and Sargent St. The officer assisted the

parties with the exchange of papers.

1342: An Oxford Park resident reported a case of identity theft. The officer filed a report.

1353: Domestic disturbance on Reservoir Ave. The officer restored the peace.

1401: MVA with property damage only at Oxford Park. The officer assisted the parties with the exchange of papers.

1612: Noise disturbance on Thorndike St. The officer provided assistance.

1619: An officer assisted a citizen on Winthrop Ave.

1638: Traffic complaint on School St. The officer provided assistance.

1710: An officer assisted a citizen on Dehon St.

1735: MVA on Broadway. The officer issued a citation to a 37 year-old Revere man for the criminal offense of operating a motor vehicle with a suspended license.

1813: Larceny on Fairfield St. The officer filed a report.

1814: Larceny on Raymond Rd. The officer provided assistance.

1847: Violation of a 209A order on Charger St. The officer filed a report.

1958: Suspicious activity on Calumet St. The officer provided assistance.

2030: A&B on Furlong Drive. The officer filed a report.

2158: The repossession of a MV on Overlook Ridge Dr. was reported by the repo company.

Jolly Old Saint Nick won't be making any appearances for photos this year



But the Holiday Spirit is alive & well!

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NEWS FROM AROUND THE REGION

STABILIZATION FUND APPROVED

CHELSEA - Help is on the way for homeowners that find themselves with increasing tax bills, as the City Council voted 10-0 to transfer \$750,000 to the Homeowner Stabilization Program to help some owner-occupants with tax increases.

The Homeowner Stabilization Fund had been in existence and had a \$250,000 balance this fall, but after the tax rate was set and it was discovered many people were going to get his with tax increases – particularly two-family and three-family homeowners – it was proposed to be expanded. The program combined will have \$1 million in funding and will be available to those making under \$119,000 as a household.

Councillors were in agreement on the program, but Councillor Giovanni Recupero wanted clarification and wanted to send it to committee.

“I want homeowners to get it, but I want to know how they’ll be disbursed,” he said. “Will it be one sum of money for everyone under \$119,000? If it’s one amount for everyone, I’m for it. But if its not, then we need to talk about it.”

His motion for committee was defeated 1-9.

Council President Roy Avellaneda explained that the Council had gone over the program in detail for more than an hour before the last meeting with Planner Alex Train.

The matter was moved to a vote and approved 10-0.

City Manager Tom Ambrosino said he believed the program would roll out for taxpayers in January following the issuance of the first tax bills.

•CARES ACT

The City Council approved its second CARES Act payment on Monday night of \$4.029 million – money that comes from the federal government for COVID-19 related expenses.

Ambrosino said the

amount was \$3 million above the previous allotment provided by Gov. Charlie Baker. The money will be used to fund all of the COVID relief since July 1. That includes the Chelsea Legal Clinic, Rental Assistance Round 2, Chelsea Eats and the Food Pantry program.

•CENSUS WAS A DUD IN CHELSEA

It was reported on Monday night that early indications appear that Chelsea, at least officially, will have a smaller population in the 2020 number than it did in the 2010 number – a number that was entirely too low back then.

It was bad news for all facets of government in the City, from simply having a good count of residents to losing out on millions in federal funding.

“Unfortunately, due mostly to the COVID-19 pandemic, our outreach efforts were constrained,” said Ambrosino. “As a result, our self-response rate was lower than hoped for and worse than in 2010.”

The self-response rate is made up of those that sent in their Census forms or filled it out online earlier this year. It doesn’t include those that were counted last summer and fall in door-to-door efforts.

State data for the Census 2020 is expected in early 2021, and data for cities like Chelsea is expected to come in the spring.

SANTA PARADE ON DEC. 19

CHELSEA - Santa’s always been mobile, but COVID-19 this year has him moving quite efficiently.

The City, Chamber of Commerce and a number of partners are coming together to have Santa Claus hosted in a parade through Chelsea on Dec. 19 from 3-5 p.m. Residents can look out their windows, from their porches/balconies or on Facebook.

Chelsea Police, Chelsea Fire, Cataldo Ambulance and several classic cars will accompany Santa

through the streets.

The three routes are as follows (maps are available on the City of Chelsea’s website):

•#1 – Chestnut to Medford to Beacon to Mulberry to Chestnut to Everett Avenue to Essex Street and back on Congress Avenue.

•#2 – Park Street to Central Ave/Willow to Marlborough to Highland Street to Broadway/Stockton to Clark Avenue to Orange Street to Carter Street to Washington Avenue to Jefferson Avenue.

•#3 – Jefferson Avenue to Exeter Street to Wesley Street to Washington Avenue/Prospect to Springvale to Washington Avenue to Sagamore Avenue to Bloomingdale Street to Washington Avenue.

DELL ISOLA RETURNS TO COUNCIL

EVERETT - Former City Council President Rich Dell Isola will return to the Council perhaps as soon as next Monday to fill the vacancy now left by the resignation of Peter Napolitano – as is dictated by the City Charter.

Dell Isola, who was the last man out in the City Election in 2019, said he will take the seat and likely run again for it in the 2021 City Election.

“I’m going to go in like I left a year ago,” he said. “When I became president last year, I said we had to work as a team. I hope that can happen. Me, personally, I don’t see a team right now. We have to work together with the Mayor’s Office, the School Committee and everyone as one. I’m going in as a team player and whatever is good for the residents, that’s what I’ll do.”

He said he understands that there is what is likely to be a competitive City Election next year, and he’s ready to cast his hat in the ring as of now to run for re-election.

“As of now, I am going to run next year,” he said. “Being out for a year, you

NON-TRADITIONAL HOLIDAY TREE-LIGHTING IN EVERETT SQUARE



Like most things, lighting the Christmas trees and sprucing up the city with lights for the holidays wasn’t the same as in the past due to COVID-19, but Mayor Carlo DeMaria hosted virtual tree lightings in Everett Square, Ferry Street and at Wehner Park last Thursday, Dec. 3. In Everett Square, the huge tree towered above colorful lights – all flipped on by the mayor, this family and Bishop Robert Brown.



begin to look at politics differently. I want to have us working as a team.”

City Clerk Sergio Cornelio said the City Charter dictates the at-large Council replacement process, calling for the sixth-place finisher in the five-seat race to automatically take the seat if accepted.

The caveat is that the City Election cannot be less than 90 days away (which would be August 2021) and that the replacement candidate must have received at least 20 percent of the ballots cast. In this case, the City Election is nearly 11 months away, and Dell Isola received approximately 33 percent of the ballots cast in the 2019 election.

Cornelio said the Council

would have to vote on the matter, but that is a formality as the Charter is specific in saying the 6th place finisher is automatically the new councilor on a vacancy.

“By his vote, he automatically gets it,” said Cornelio. “It goes to a vote of the Council, but the Charter says they ‘shall’ vote for that candidate. It is a formality vote really. He automatically receives it according to the Charter because he was 6th and had more than 20 percent of the ballots cast.”

The Council has 30 days to take the action of voting Dell Isola in and swearing him into office. Cornelio said they were contemplating taking that action on Monday, Dec.

14, but the agenda hadn’t yet been set.

SOME WINTER SPORTS GIVEN GO AHEAD

EVERETT - The Everett School Committee voted 8-0 to return some Winter Sports to Everett High School (EHS), allowing boys and girls basketball and hockey to begin practices as early as Dec. 15.

It is the first time any interscholastic sports have been given the okay in Everett since last year’s Winter Sports season ended and no spring or fall sports resumed due to COVID-19. However, with long discussions had

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Metro News

CONTINUED FROM PAGE 12

within the Greater Boston League (GBL), Supt. Priya Tahiliani and Athletic Director Tammy Turner said they felt prepared to safely offer these sports to students as soon as possible.

“We’re asking for approval for this and have a recommendation, but are interested in discussion on it,” said Tahiliani on Monday.

“Winter coaches are on board with this proposal and are ready to make the best of what is not the best situation...We have put a priority on clubs and activities that are small in scope and that have a chance of being sustainable. We believe the athletic plan falls into that category.”

The plan allows girls and boys basketball – both varsity and junior varsity – and hockey, which is mixed boys and girls at Everett High. Indoor track would be moved to the Fall 2 Season, which also includes football and is scheduled to being on Feb. 22. Wrestling is a high-risk activity under COVID and would likely be in the spring, if at all. The new Winter Season would begin Dec. 15, with practices able to start on Dec. 15.

Teams will have a maximum of 15 players per squad and 20 for hockey, and there will be try-outs posted soon. Players will have to wear a mask at all times in both sports, there are no locker rooms and benches would be arranged with social distancing. There will be no spectators allowed at any of the games, but Tahiliani said they are working with ECTV closely to make sure that games are broadcast live for friends, family and students to watch.

Interestingly, referees will be asked to enforce a protocol where there is limited amounts of loud cheering and yelling from the bench areas.

The first games, Turner said, would be in January after the break.

If necessary, sports might create a “bubble” if need be. For instance, Turner said if there is worry, they could designate Medford High as the location of all girls basketball games. Meanwhile, the teams will have different practice dates at Everett High as well to keep the teams segregated and to help with contact tracing.

“It is great to see the letters GBL back on the sports landscape where they belong,” said Tahiliani.

Turner said the GBL has been active all fall in coming up with strict protocols to ensure safety of student athletes – and to also allow them to return for their social-emotional benefits that having been missing for months.

“The GBL athletic directors and athletic trainers have been working since the fall,” she said. “We have been doing everything we can to come up with a winning plan because we know it the social-emotional benefit for the kids that we need... Because it’s just the GBL playing each other, we can adapt. The AD’s have been working together and building up the flexibility. We want to play and are willing to move to be able to do that.”

Public Health Nurse Sabrina Firicano warned that there has been a major increase in November for cases among kids age 0-19. That is a concern for her, she said, in returning

to sports and something to watch. She said it will need to be watched carefully and sports might spread the virus.

“As far as the spread, it could be a risk where there are players in close contact with each other,” she said.

School Committee members Samantha Lambert and Dana Murray said they had read all of the protocols put out by the GBL and were impressed and comfortable.

“They are extensive and show a lot of thought and preparation went into the kids,” said Lambert. “That’s why I’m leaning towards voting ‘yes.’”

She also said it will be important to press upon the kids how the virus spreads, and staying home from a game with symptoms is the right thing to do.

“The students may not see the impact of a chain virus,” she said. “Whatever we can do to make sure they understand it’s not just themselves, but their family and other people’s families at risk if they don’t want to follow the guidelines.”

COVID RATE IS WAY UP

East Boston - As experts predicted, the post-Thanksgiving COVID-19 surge is here and numbers are once again through the roof in East Boston.

After a 35 percent decrease in the local COVID positive test rate during Thanksgiving week, those testing positive for COVID last week increased a startling 78 percent.

According to the latest data released by the Boston Public Health Commission (BPHC) last Friday, 25,677 Eastie residents were tested for COVID and 21.9 percent were found to be positive for the virus, a 78 percent increase from the 12.3 percent reported two Fridays ago. Eastie again has the highest positive test rate in all of Boston.

Overall since the pandemic began 14.5 percent of Eastie residents here have been found to be positive.

The citywide positive test rate also increased dramatically last week and went from five percent of Boston residents testing positive for the virus to 11.9 percent--a 138 percent increase.

At his daily press conference last Thursday Mayor Martin Walsh said there is a sharp increase in viral activity and there’s an urgent need for vigilance: The Mayor said that after a couple of weeks of declining numbers Boston is now seeing, in the wake of Thanksgiving, a significant uptick in COVID activity.

“On Wednesday and Thursday, we recorded a combined 960 new cases in Boston, and Wednesday’s number for Massachusetts was the highest since the pandemic began,” said Walsh. “In addition, we are seeing more patients admitted to Boston hospitals due to COVID-19. Since Friday (Nov. 27), we’ve seen an increase of about 70 patients. We’re going to be monitoring the data, working closely with our hospitals and health care leaders, and bringing relief and resources where they are needed.”

Walsh said in the meantime, Bostonians must double-down on their personal precautions.

“Wear a face covering that covers your nose and your mouth when you are outside your house,” said Walsh. “Wash your hands frequently and use hand sanitizer. Clean and disinfect your surroundings, especially at work. If you are an employer, make sure your workers have what they need to be safe, and allow as many people to work from home as possible.”

The Mayor asked seniors, in particular, to take extra care and continue to stay at home as much as possible.

The Mayor repeated his request that everyone get tested, especially if you have reason to think you’ve been exposed to COVID-19, or if you spent Thanksgiving with a group larger than your immediate household.

“Currently, we have over 30 testing sites in Boston,” said Walsh. “You can find them listed and mapped at boston.gov/coronavirus, or you can call 311.”

The free mobile testing site in Eastie is located in Central Square Park.

“The City will continue to invest in free mobile sites and bring them to neighborhoods where COVID activity is higher,” said Walsh. “Our mobile sites are free and open to anyone, regardless of whether you have COVID symptoms or not.”

Eastie’s infection rate rose by 7.5 percent according to the data released by the BPHC last Friday. Eastie’s COVID infection rate went from 757.7 cases per 10,000 residents to 814.6 cases per 10,000 residents. The citywide average is 420.8 cases per 10,000 residents and Eastie still has one of the highest infection rates in all of Boston.

An additional 267 Eastie residents contracted the virus with 3,823 confirmed cases, up from the 3,556 reported two weeks ago.

The statistics released by the BPHC as part of its weekly COVID19 report breaks down the number of cases and infection rates in each neighborhood. It also breaks down the number of cases by age, gender and race.

Citywide positive cases of coronavirus increased 11.4 percent last week and went from 27,228 cases to 30,342 cases in a week.

Nineteen more Boston residents died from the virus and there are now

938 total deaths in the city from COVID.

MENDEZ HONORED

East Boston - Rep. Adrian Madaro and the Massachusetts Black and Latino Legislative Caucus (MBLLC) recently honored NOAH’s (Neighborhood of Affordable Housing) Manlio Mendez as a Latinx Trailblazer for his continued impact on the East Boston community despite grim challenges.

Madaro nominated Mendez for his many contributions to Eastie through his work with NOAH and beyond.

Mendez was born in El Salvador and immigrated to the United States in 1992. He moved to Boston in 1995. He overcame the challenges many new immigrants face, including learning English, obtaining legal status, finding work, and a decent, safe affordable home. But he loved the city and the opportunities Boston offered.

In 2003, Mendez began working as a community organizer at NOAH and now serves as their Senior Community Organizer.

For years, Mendez has helped countless new immigrants transition to life in the United States by teaching them English, providing information about resources to support their families, and uplifting the leadership of community members who are eager to create positive change.

Mendez leads NOAH’s ESOL programming, 2020 Census outreach, citizenship classes, and community building efforts.

Throughout the COVID-19 pandemic Mendez has led efforts to distribute food and basic necessities to residents impacted by economic and food insecurity.

Madaro said Mendez’s passion is to help others learn the skills necessary to organize for social justice.

“Manlio (Mendez) is committed to helping our neighbors learn and grow their leadership skills, and to have patience with the process of creating positive community change,” said Madaro. “I am incredibly proud to be able to nominate Manlio for this year’s award. He is an incredible organizer and force for change in East Boston and among our Latinx community. I deeply appreciate all of his

hard work, dedication, and commitment to our neighborhood”.

The annual celebration recognized the rich cultural history of the Massachusetts Latinx community and serves as a valuable opportunity to learn from one another.

“I have always believed the diversity of the Commonwealth is one of its greatest assets, and celebrating cultural heritage not only instills a sense of personal pride, events like this allow others to share in that celebration, which fosters understanding and appreciation and makes our state a better place for all,” said Speaker Robert DeLeo.

The event was filled with powerful remarks offered by nominees, who served as a testament to the resilience and innovation of the rising population of Latinos across the Commonwealth who continually impact their communities despite challenges.

“The Latino contributions are shaping a new and diverse Massachusetts,” said Chairman of the MBLLC, Representative Carlos González (D-Springfield). “We are teachers, principals, nurses, doctors, builders, motivators and are motivated to make a difference in our communities for the next generation. Somos un pueblo - we are one community.”

Nominated by legislators of the House and Senate, each 2020 Latinx Trailblazer has demonstrated exceptional leadership and served as powerful reminders that leadership means a dedicated investment in the power of community.

The MBLLC was created in 1973, with the intent to be a leading voice on Beacon Hill for communities of color across Massachusetts.

SIERRA IS FIRST WOMAN TO WORK IN DPW

LYNN - Maraya Sierra wasn’t aware that she was the first woman in the history of the city to work in the Lynn Department of Works Street Division.

But when she learned of her groundbreaking achievement, the 35-year-old Lynn resident was understandably proud.

“It feels good – the crew treats me well, they’ve all been welcoming like I’m part of the team,” said

Sierra. “I didn’t know I was the first woman in the division. But I feel it’s a good thing. There are a lot of movements going on right now and to be part of it is pretty cool.”

Sierra began her employment in the Lynn DPW in October and it’s been a busy schedule each day. “We do street work, paving, tree work, pot-holes – things like that,” said Sierra.

Last Thursday, Sierra was contributing to the Street Division’s meticulous paving of a sidewalk and driveway on Bennett Street. The weather was cold and winds were brisk, but the DPW contingent worked diligently to make the sidewalk safe for the public and complete the job.

Sierra credits the expertise of her foreman, Dan Baetzel, and the other members of the DPW crew for helping her making a seamless transition to the department.

“Dan is my foreman and he’s been teaching me a lot and he’s a great teacher,” said Sierra. “The crew makes sure I’m safe on the job. I was really nervous when I started, but they made me feel so welcomed, like one of them.

“I also want to thank [DPW Associate Commissioner] Lisa Nerich, [DPW Commissioner] Andy Hall, and [DPW Street Superintendent] George Potter for giving me the opportunity and believing in me to take part in this,” said Sierra.

“We’re very happy that Mariah is breaking new barriers as the first woman in the DPW Street Division,” said Nerich.

DPW foreman Dan Baetzel said Sierra has been an excellent addition to the team.

“It’s been great – ever since she’s been on the department, she’s been a great addition,” said Baetzel. “She gets her assignments every day, goes out, works hard, does her job – she’s been a blessing to have on my crew. Everyone gets along well with her. We got a great team of individuals down here in the DPW.”

DPW crew member Danny Cannata said, “This is my first week on the job and my first day I worked with Mariah and she’s great to work with. She’s good at the job. She’s actually showing me what to do. I enjoy working with her.”

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The Year of the Stay-at-Home Holidays

Survey shows nearly 70 percent of Americans will not travel for Christmas

Staff report

A recent national survey commissioned by the American Hotel & Lodging Association (AHLA) shows that nearly two-thirds (69 percent) of Americans will not travel for Christmas. With a new surge in COVID-19 cases, the CDC recommending that Americans do not travel over the holiday season and new stay-at-home orders in place in states across the

country, the holiday season will compound the challenges already facing the hotel industry during this public health crisis. “We understand the importance of following CDC guidelines to reduce the spread of COVID-19 and support the government’s actions. However, with the dramatic decline in travel, hotels will face a harsh winter through no fault of our own. The hotel industry needs aid to survive until travel demand returns. Given this current environment, Congress cannot nor should not contemplate recess until a relief bill is passed now,” said Chip Rogers, President and CEO of AHLA. “Millions of Americans are out

of work, and thousands of small businesses are struggling to keep their doors open. We cannot afford to wait until the next Congress is sworn in for relief. We need help now.” The survey of 2,200 adults was conducted Nov. 2-4 by Morning Consult on behalf of AHLA. Key findings of the survey include the following:

- 74 percent of those traveling overnight for Christmas report they will stay with a family or friend.
- Only three in 10 (32 percent) respondents have taken an overnight vacation or leisure trip since March.
- Looking ahead to next year, 24 percent are likely to travel for spring break

44 percent say their next hotel stay for vacation or leisure travel will be a year or more from now or they have no plans to stay in a hotel

Business travel has been even more impacted as only 8% of Americans say they have taken an overnight business trip since March

Only 8 percent of all adults expect to travel for business within the next six months

62 percent of employed Americans have no plans to stay in a hotel for business

The hotel industry is facing record job loss if Congress does not provide relief. Every hour Con-

gress doesn’t act hotels lose 400 jobs, with up to 3 million permanent jobs lost. Seventy-one percent of hotels will not be able to last another six months without immediate assistance according to a recent AHLA survey of hotel owners and operators.

HUD, VA announce support to help Massachusetts veterans

Staff report

The U.S. Department of Housing and Urban Development (HUD) has announced it is awarding \$804,181 in rental assistance in Massachusetts to house 63 veterans at risk of experiencing homelessness. This funding is part of \$46 million being awarded nationally.

The local agencies providing supportive housing include:

- Boston Housing Authority \$263,028 – 20 vouchers
- New Bedford Housing Authority \$43,473 – seven vouchers
- Quincy Housing Authority \$249,796 – 16 vouchers
- Barnstable Housing Authority \$51,900 – five vouchers
- Milton Housing Authority \$139,733 – 10 vouchers
- Mass DHCD \$56,251 – 5 vouchers

The supportive housing assistance is provided through the HUD-Veterans Affairs Supportive Housing (HUD-VASH) Program, which combines

rental assistance from HUD with case management and clinical services provided by the VA.

A component of the Housing Choice Voucher (HCV) program, the HUD-VASH vouchers being awarded today enable homeless veterans to obtain affordable, decent housing in the private market. These vouchers are critical tools in helping communities effectively end homelessness among veterans.

“We’ve made significant progress reducing homelessness among veterans here in Massachusetts,” said David Tille, HUD New England Regional Administrator. “These vouchers will continue to help communities build on these gains, providing targeted assistance to those in need to ensure that every veteran has a home.”

“Ending veteran homelessness has been a top priority for the Trump Administration since day one,” said HUD Secretary Ben Carson. “We have an obligation to ensure that our nation’s veterans, who

have given so much for our country are not left out on the streets. They fought for us, now it’s time for us to fight for them.”

In the HUD-VASH program, VA Medical Centers (VAMCs) assess veterans experiencing homelessness before referring them to local housing agencies for these vouchers. Decisions are based on a variety of factors, most importantly the duration of homelessness and the need for longer term, more intensive support in obtaining and maintaining permanent housing. The HUD-VASH program includes both the rental assistance the voucher provides and the comprehensive case management that VAMC staff offers.

Veterans participating in the HUD-VASH program rent privately owned housing and generally contribute no more than 30 percent of their income toward rent. VA offers eligible homeless veterans clinical and supportive services through its medical centers across the U.S., Guam, Puerto Rico and the Virgin Islands

PHOTOS WITH SANTA ON SATURDAY



Santa Claus, pictured with a family, will be in Winthrop on Saturday for a Parks and Recreation photo event

Rep. Pressley seeks equal funding for transit and highways with Transit Parity Resolution

Staff report

Congresswoman Ayanna Pressley (MA-07), along with 32 Members of Congress, introduced the Transit Parity Resolution last week calling for equal funding for transit and highways.

Currently, Congress uses a 40-year precedent to determine funding for highways and public transportation. Since 1982, approximately 80 percent of federal transportation program funding has been allocated to highways, while only 20 percent has been allocated to public transit. When this 80-20 split was decided, it was intended to be a user fee, but since 2008 over \$144 billion in general taxpayer dollars have been used to supplement dwindling gas tax revenues for highway and transit spending. This split is out of step with the current needs of our

country and leaves too many reliant on deteriorating transit systems with infrequent and unreliable service.

“Public transit is a public good, and it’s past time our government treat it like one,” said Congresswoman Pressley. “For too long, our federal transportation investments have prioritized highways over public transit, incentivizing travel in private cars which increases traffic congestion, produces pollution, and exacerbates racial and economic inequality. Today, we have an opportunity and an obligation to fundamentally realign our federal transportation policy to center community connectivity and emphasize equity, access, and sustainability. As transportation agencies in my district and across the country face record budget shortfalls due to the COVID-19 pandemic, we

must act swiftly to make the investments in public transit our communities deserve by establishing real funding parity. This is about addressing the damage from this epidemic and committing to the future of our transit systems. I’m proud to stand with Congressman García, Chairman Jeffries, and our colleagues in calling on Congress to do just that.”

Said Will Anderson, Sierra Club’s Associate Director of Legislative/Administrative Advocacy for the Clean Transportation for All campaign, “The Sierra Club supports Congressman García’s resolution to acknowledge frequent and reliable public transportation as the civil right and climate change solution that it is by adequately funding it. We must treat public transit as essential infrastructure—just like roads, bridges, tunnels and utilities—that is crucial to the economic, social, and environmental well-being of our communities.”

In October 2019, Congresswoman Pressley founded the Future of Transportation Caucus, a Congressional caucus focused on centering equity, access, and sustainability in our transportation systems. In June, in response to the COVID-19 crisis, she led a letter advocating for \$50 billion in annual emergency funds to support and sustain our nation’s public transit systems. Later that month, she introduced the Freedom to Move Act, which would provide federal grants to transit agencies that move to a fare-free model. Rep. Pressley is also a co-chair of the Congressional Bike Caucus and a tireless advocate for sustainable and equity focused transportation and infrastructure policies.

Jolly Old Saint Nick won't be making any appearances for photos this year

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Boston, MA 02114
DIVORCE SUMMONS
BY PUBLICATION
AND MAILING
Docket No.
SU18D067ODR
Tad Mendes, Jr.
Plaintiff
vs.
Jacqueline
Calderon
Defendant
To the Defendant:
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Complaint for Divorce re-
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breakdown.
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answer, if any, on or before
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do so, the court will proceed
to the hearing and adjudica-
tion of this action. You are
also required to file a copy
of your answer, if any, in
the office of the Register of
this Court.
WITNESS, Hon. Brian J.

Dunn, First Justice of this
Court.
Date: November 06, 2020
Felix D. Arroyo
Register of Probate
12/17/20
W
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OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
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Suffolk Division
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CITATION ON
PETITION FOR
ORDER OF
COMPLETE
SETTLEMENT
Docket No.
SU19P1835PM
Estate of:

Philip A. Romano
A Petition for Order of Com-
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filed by Rafaela Witkin of
Newton, MA requesting that
the court enter a formal De-
cree of Complete Settlement
including the allowance of a
final account and other such
relief as may be requested in
the Petition.
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Dunn, First Justice of this
Court.
Date: November 19, 2020
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Docket No.
SU20P1744EA
Estate of:
Venice Sakell
Date of Death:
12/10/2018
To all interested persons:
A Petition for Formal Probate
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of Personal Representative
has been filed by Elizabeth
Bouras of Lynn, MA request-
ing that the Court enter a
formal Decree and Order
and for such other relief as
requested in the Petition.
The Petitioner requests that:
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estate to serve Without
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Dunn, First Justice of this
Court.
Date: November 25, 2020
Felix D. Arroyo
Register of Probate
12/17/20
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This holiday season do what's best for you and your loved ones

Being away from family and friends during the holidays can be hard.


When you talk with your friends and family about plans, it's ok if you decide to stay home and remain apart from others.

Hard choices to be apart this year may mean that you can spend many more years with your loved ones.

Doing what's best for you includes eating healthy foods and getting enough sleep.

Do what is best for your health and the health of your loved ones. This year spend time with those in your own household.

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