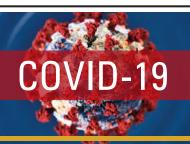
Sun^{*}Transcript

EST. IN 1882

50 CENTS



Protecting our community. Keeping you informed.

IMPORTANT INFORMATION FOR RESIDENTS



THURSDAY, **April 2, 2020**

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community's Our strength is on full display despite the extraordinary challenges of the COVID-19 crisis. Public health agencies, elected of-

ficials, health care providers and community leaders are collaborating in new ways to protect our neighborhoods. Most community members are taking social distancing seriously and continue to do their part to protect themselves and others. Local businesses and individuals are stepping up to help however they can.

The East Boston Neighborhood Health Center (EBNHC) is proud to see our community in action. We were grateful to receive

donations of personal protective equipment (PPE) for our providers from individuals as well as businesses, in addition to thoughtful pizza deliveries for our hard-working staff. The appreciation and encouragement expressed by community members goes a long way and we thank you.

Patients and providers at EBNHC are adapting well to our telehealth program, which enables medical care over the phone so patients can stay safe at home. Last week we provided 1,741 telemedicine visits with 455 occurring on our busiest day. Video conferencing will be available soon. Everyone is learning new ways to get their jobs done, stay connected and care for their patients. Across the board, people are being flexible, patient and understanding. All of this makes our challenges easier to address.

EBNHC is also proud to partner with the City of Boston and Boston Public Health Commission to offer COVID-19 testing to first responders at Suffolk Downs. The drive-thru testing site, which opened this past Saturday, is open by appointment only to qualified EMTs, firefighters and police officers who have first been screened to ensure they meet the state criteria for testing. The site is not open to the public.

EBNHC grateful for our supportive community "Working closely with Mayor Walsh and the Boston Public Health Commission, the East Boston Neighborhood Health Center is honored to come to the aid of the city and our first responders," said Manny Lopes, President and CEO, EBNHC. "We have been here for Boston for 50 years, and our staff continues to show their commitment to our city and local communities in the face of this terrible crisis. Thank you to our partners at the City of Boston, the Boston Public Health Commission, HYM Investment Group and Suffolk Downs, Quest Diagnostics and Blue Cross

setts for their support mobilizing around the testing center so rapidly."

Our community's unity, strength, grit and resources are assets for which we can all be grateful and proud. For as long as it takes, EBNHC will continue working with local and national public health officials to ensure the safety of our staff, patients and members of the communities we serve. To help protect you, EBNHC has partnered with Independent Newspaper Group and other media to share important information regularly. This content and other health information also appears at ebnhc.org/COVID19 and on our social media channels.

Winthrop Coronavirus Update

27 total COVID-19 cases confirmed since March 15; 1 deceased, 1 recovered and 25 in isolation

Special to the Transcript

Town Manager Austin Faison and Public Health Director Meredith Hurley have received notification from the Massachu-

setts Department of Public Health (DPH) of seven additional Winthrop residents with positive cases of COVID-19, the illness associated with the novel coronavirus. They are

pleased to report that one resident has recovered.

Public Health Updates The Town of Winthrop Emergency Operations

See COVID-19 UPDATE Page 2

CONSTRUCTION AT CBD STARTS APRIL 6

Blue Shield of Massachu-



Construction for his critical infrastructure project for the Center Business District will begin on Monday, April 6. The project will result in a system that works better for the entire community. To view the most updated version of the timeline of work for the Center Business District Infrastructure Project, please visit https://stories.opengov.com/winthropma/published/cqK8p3KPe. Project construction updates will be posted every two weeks including the anticipated schedule and summary of the work completed and scheduled through weeks 20. Please note, the anticipated schedule may vary due to unforeseen site conditions, weather conditions or other factors out of the contractor's control.

Winthrop Foundation releases statement

By Cary Shuman

In response to the Coronavirus crisis, the Winthrop Foundation, consisting of chair, Russ Sanford, secretary Vinnie Crossman, and treasurer Jeffrey Turco, and trustees Terence Delehanty, Brian Leslie, Gus Martucci, and Vasili Mallios, has released the following statement:

Although the Winthrop

Foundation has not officially launched its website or not accepting applications for grants at this time, we realize the extraordinary circumstances that's surround our town. That being said members of the board of trustees have been meeting remotely and have been in contact with organizations such as The Winthrop Food Pantry, Mi Amore, and other appropriate 501(c)(3) organizations to deal with immediate needs of the crisis before us. Our trusties have conveyed to these organizations that when the time is right for them, we are here to act with a rapid response to their needs and those of the people of Winthrop. We will stand strong as a community and support one another as we move to defeat this pandemic.

Kate's Corner

World War II dog tags find their way home

By Kate Anslinger

When Patrick Donovan came across a pair of old military dog tags, he set out on a mission to return them to their owner.

According to Donovan, in 1995, the dog tags had been given to him by a

WWII dog tags, belonging to George L. Wey

friend with a name similar to the one that had been inscribed on the dog tags, George L. Wey. After tucking them away for over twenty years, Donovan discovered them while cleaning out a drawer. He then brought the Navy WWII tags to local Vietnam Veteran, Richard Honan, who was happy to help.

Alongside a photo of the dog tags, Honan shared a Facebook post asking for help in finding George Wey, hoping to reunite the important piece of history with any living family members. The power of Facebook came through and it didn't take long for Honan to find his answer. A friend of a friend connect-

See GEORGE WEY Page 3

House extends Mass. tax filing deadlines

Special to the Transcript

On March 27, House Speaker Robert A. DeLeo along with his colleagues in the House of Representatives passed legislation to move the individual tax filing and payment deadline, support municipal government operations, and allow alcohol sales for take-out or delivery at restaurants.

"As the COVID-19 public health crisis continues to evolve, the House responded again today to

See HOUSE RESPONSE Page 3



WINTHROP MARKETPLACE 7:30-8:30 am is reserved for our Senior

Citizens age 60 and up "Please Respect our Senior Citizens" Winthrop Marketplace Appreciates your Continued Support

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Student loan debt

Housing issues – Lockout/Eviction

Home Foreclosure

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Health Care Proxy

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minor children Homestead (to protect

your home) CALL/TEXT/EMAIL

Attorney Peter Martino 617-605-5110 attypmartino@comcast.net

Or VISIT OUR WEBPAGE FOR MORE INFORMATION WWW.EASTBOSTONLAW.COM

For the latest news in Winthrop that you need to know, check Winthroptranscript.com

See Our ad on Page 9 for information on our in-town subscription special, to help you stay in during this crisis.

PRESIDENT: Stephen Quigley - stephen.quigley@reverejournal.com MARKETING DIRECTOR: Deb DiGregorio - deb@reverejournal.com

OUR Opinions

THERE ARE MANY HEROES IN THE BATTLE AGAINST COVID-19

The current crisis in which we find ourselves has been compared to a war.

But instead of an opposing army, our enemy is a novel virus that is 1/900th the width of a human hair and that can be transmitted in ways that are both stealthily insidious and ruthlessly efficient.

As with any battle, it is the soldiers on the front lines who are doing the hard fighting and bearing the heavy burden of loss.

In this case, the army responding to take on COVID-19 consists of our first and second-level responders -- the police officers, firefighters, EMTs, nurses, doctors, and other health care and emergency workers -- as well as the truckers, grocery store and pharmacy clerks, utility company employees, municipal employees, and the countless others whose jobs have been deemed "essential" in order that their fellow Americans can maintain some semblance of

Although these heroes perform many disparate tasks, the one thing that they have in common is that they literally are putting their lives, as well as the safety of their loved ones, on the line by exposing themselves to possible infection when they deal with any member of the public.

For our first and second-level responders, the danger has been particularly acute. The tragic stories making the headlines about nurses and doctors who have died because of exposure to COVID-19 have cast into stark reality the very real, life-and-death battle that these heroic Americans are facing every minute of every day that they are on the job.

Thanks to a level of unpreparedness by our nation that is nothing less than shocking -- from the lack of available test kits that could have identified those first cases that ensnared so many unsuspecting victims, to the scarcity of necessary protective and life-saving equipment (masks, gowns, and ventilators) -- our first and second responders have been left defenseless in their battle against this onslaught.

As one emergency room nurse in New York aptly put it, "We are being asked to fight a war without any ammu-

We know we join with our readers in thanking all of our heroes for their selfless service to our nation and upon whose continued devotion to duty our very survival is de-

THIS WILL BE A LONG HAUL

It has become evident to everyone that the effort to hold back COVID-19 is not conducive of either an easy or a

This is going to be a long and difficult ordeal that will test the fabric of our nation, both collectively and individ-

No one among us is immune to the effects of this plague. It will reach into every corner and crevasse of society, regardless of age, gender, fame, or wealth.

The \$2 trillion relief bill that Congress approved last week is just the beginning of what promises to be the unlimited spending of vast sums in order to provide all Americans, from the biggest corporations to individual citizens, the means by which they can make it through to the other side of this pandemic, however long that may take.

With almost all of the country essentially quarantined in place, these additional, enormous government outlays will be the only available option to ensure that no American goes hungry and to save hundreds of thousands of businesses, both big and small, from disappearing forever.

Unlimited government spending to achieve these ends also will be necessary to prevent our society from descending into a state of total anarchy.

Independent

Newspaper Group

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DIRECTORY

Marketing Director

Deb DiGregorio - deb@reverejournal.com Assistant Marketing Directors

Maureen DiBella - mdibella@winthroptranscript.com

Legal Advertising

Ellen Bertino - ebertino@eastietimes.com

Ad Design

Kane DiMasso-Scott

Managing Editor

Cary Shuman - cary@lynnjournal.com Reporters

Seth Daniel - seth@reverejournal.com

John Lynds - john@eastietimes.com Copy Editing, Layout

Kane DiMasso-Scott, Scott Yates

Business Accounts Executive Judy Russi - jrussi@eastietimes.com

GateHouse Media

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LETTER to the Editor

ON THE REDESIGN AT FRENCH **SQUARE**

Dear Editor,

In response to some inaccurate reported comments from our Town Manager Austin Faison, during last week's remote Town Council meeting on WCAT, the following will set the record straight. Of late, many residents have asked, or called me, about the status of the upcoming project and what will happen to the trees.

To correct Mr. Faison's comment to Anita regarding the age of the remaining trees in French Square, the central Maple Tree was initially planted by the late Lewis Winter, when he worked – for over 40 years - for the DPW, and later as Tree Warden. This hefty and healthy Maple tree is about 75 years old, and a statuesque example of this type. It was also the only tree in the old park incorporated into the new design of the Square.

The two healthy and graceful side trees are Red Jade Crabapple trees, which are over 35 years old, still healthy, flowering annually, and providing a vibrant, colorful lower-scale relief to the park. One tree was



Yellow Daylillies on Berm.

planted in the memory of John & Doris Sullivan by their children; the other crabapple was donated by Mildred Jennings.

The distinctive, handsome White Birch tree at the back of the Park is the 2nd tree donated by the DiMento family in memory of Mr. &Mrs. Capezza; the first birch having succumbed to a borer disease. This white birch, about 25 years old now, is an living asset of shade, color and inspiration to many people.

These trees, as I discussed with DPW's Steve Calla, would be excessively costly to remove and relocate; the big maple alone being at least \$60,000. If there are residents who would be willing to underwrite the removal and relocation of the smaller crabapples (with no guarantee of survival), they should make their interests known NOW, to either the Town Manager, or better yet, Mr. Calla.

The flagpole, originally donated by the Winthrop Yacht Club, will soon be removed and relocated at a later date, with much help from (& kudos to) the DPW. Further, (prior to current alerts), many of the perennials plants, bulbs, shrubs and some small trees have been dug up and relocated to other areas nearby, with hands-on volunteer-resident help. More

about other items saved from French Square will follow once all reclamation has been completed.

Please see some pictures

of last Spring's colorful displays of Nature. Originally planted long ago by the Beautification Comm., these displays will no longer be seen for quite some time at French Square (unless replaced in the new design).

> Regards & Regrets for the Square, Frank M. Costantino Founder, Winthrop **Beautifcation Comm. Designer - French Square**

COVID-19 Update //continued from Page 1

Center (EOC) is streamlining the COVID-19 response effort and ensuring the continued delivery of services to residents. The EOC will remain operational until further notice.

The EOC can be reached at 617-539-5848, Monday through Thursday, between 8 a.m. and 4 p.m., or by emailing COVID19info@ town.winthrop.ma.us.

The EOC will be in operation from 8 a.m. to 1:30 p.m. this Friday, April 3 to allow for a deep cleaning of its location. Residents will still be able to contact the EOC staff by email during this time.

If any resident is currently under self-quarantine for symptoms or travel history, please contact the EOC at 617-539-5848 or COVID-19info@town.winthrop. ma.us. All information will be confidential.

COVID-19 Tip Hotline available on the Winthrop Public Safety website for those self-reporting or for a concerned member of the community. The hotline can be found athttps:// winthroppublicsafety.com/ covid-19-tip-hotline/.

Federal and State **Updates**

Massachusetts launched a new resource that residents can use to assess symptoms and find the right care. https://www. mass.gov/how-to/checkyour-symptoms-for-covid-

19-online The federal income tax filing due date has been automatically extended from April 15, 2020, to July 15,

2020. The Massachusetts Department of Unemployment Assistance will be hosting daily town hall meetings where residents can take a step by step process of achieving a successful unemployment claim and

submit questions. For more

tohttps://www.mass.gov/

information, please

forms/massachusetts-department-of-unemployment-assi...

The new deadline for REAL ID enforcement is October 1, 2021. Beginning October 1, 2021, every air traveler 18 years of age and older will need a REAL ID-compliant driver's license, state-issued enhanced driver's license, or another acceptable form of ID to fly within the United States.

Local Winthrop Updates

Center Business District Infrastructure project remains on schedule and will begin on Monday, April 6. To view the most updated version of the timeline of work for the Center Business District Infrastructure Project, please visithttps:// stories.opengov.com/winthropma/published/cqK8p-3KPe.

Yard waste facility will re-open on Friday, April 3

All public schools in Massachusetts are closed until at least May 4

All non-essential businesses are closed until May 4th

All Parks, playgrounds and beaches are closed.

No gatherings of any kind of more than 10 people at one time, in one place.

All bars and restaurants will only be able to serve takeout customers.

Winthrop Community Food Bank The Food Bank will be

accepting donations on Mondays and Wednesdays from 11a.m. to 1p.m. The Food Bank is in need of non-perishable items such as canned goods, pasta, peanut butter and jelly, toiletries and paper products. Items without an expiration date cannot be accepted.

Food will be distributed to Winthrop residents in need from 11a.m. to 1p.m. on Thursday. Please have an ID showing Winthrop

residency with you. Please

remain in your vehicle;

Food Bank volunteers will place items into your car. The volunteers are practicing social distancing and we respectfully ask you to do the same. The Food Bank is located

at the rear (School Street) entrance to the Cummings Elementary School. If you are elderly, or homebound, please contact the Emergency Operations

Center at 617-539-5848 so

delivery arrangements can

be made. For questions about the Food Bank or donations, please contact Matt Rodes atmrodes@town.winthrop. ma.us.

Municipal Services

Municipal offices will remain closed to walk in foot traffic at this time. Residents can pay taxes, parking tickets and apply for resident parking stickers on the town websitewww. town.winthrop.ma.us by dropping payments and applications in the drop box located at the Town Hall front door. Residents having difficulty completing a transaction online can email the department directly for further assistance.

Assessing@town.winthrop.ma.us

Buidingdept@town.winthrop.ma.us Harbormaster@town.

winthrop.ma.us

Library@town.winthrop.ma.us

Parksandrecreation@ town.winthrop.ma.us

Townclerk@town.winthrop.ma.us

Tax@town.winthrop. ma.us

Townmanager@town. winthrop.ma.us Residents can report

DPW safety issues on the town website or by the "See Click Fix" on your mobile smartphone.

Health Guidance As always, if anyone

symptoms

COVID-19, including a fever, cough or shortness of breath, they should not go to work or school and are advised to contact their primary care physician.

For residents that may be self-quarantined and require outside assistance or meal delivery, please email the EOC at COVID19info@town.winthrop.ma.us.

Residents are advised to practice social distancing by keeping six feet between people to prevent the spread of infection which includes handshaking and hugging. Residents are also encouraged to avoid group

activities and events. Wash your hands often with soap and water for at least 20 seconds, including under your fingernails. Alcohol-based hand sanitizer (at least 60% alcohol content) can be used when soap

and water are not available. Keep your hands away from your face.

Cover your nose and mouth when sneezing and coughing with a tissue and discard it immediately. Cough into the sleeve over your elbow instead of your hand. Wash your hands often when coughing and sneezing.

Stay away from people who are sick and stay home when you are sick. Stay Informed

The Town encourages everyone to stay informed regarding COVID-19. The following resources are recommended for the most updated information:

Town of Winthrop Official COVID-19 updates: www.town.winthrop. ma.us/home/urgent-alerts/ covid-19-public-health-up-Winthrop Public Safety

website: https://winthroppublicsafety.com/ Winthrop COVID-19 Tip

Hotline: https://winthroppublicsafety.com/covid-19tip-hotline/

The Winthrop Sun Transcript reserves the right to edit letters for space and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Transcript publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Transcript. Text or attachments emailed to editor@ reverejournal.com are preferred.

Hospital is Full

CHA Everett doctor tells America 'It just happened all at once'

By Seth Daniel

A young attending physician at the CHA Everett hospital on Monday gave a peek to the entire country as to what's happening in the city's local hospital, and it was shocking and difficult

Dr. Erin Beaumont is an attending physician at the CHA Everett Emergency Room, and last week she kept a video diary from Monday, March 23, to Sunday, March 29, about her shifts in the ER on hospital hill. On Monday night, portions of her diary were shown on the ABC national news, and she goes through what she describes as waiting for the inevitable, to worrying about her personal safety to getting deluged with patients early on Sun-

"At one point this evening, we just got overwhelmed," she said on her video diary around 2:30 a.m. on Sunday. "It all happened at once ambulance after ambulance. Our Intensive Care Units are full, our floors are full and the ER is full."

The diary starts with her

before the end of hostili-

ties, his unit constructed

an airfield and port facili-

ties while under constant

harassment by the enemy.

Prior to Japan's surrender,

Wey's unit was preparing

for the Allied invasion of

mainland Japan.

on Tuesday afternoon getting ready to go into her shift, noting that the ICU had been full the previous day. After that shift, she talks intimately about a patient that is her age who had been admitted to the hospital with breathing problems and was presumed to be positive for COVID-19.

"He is my age, a healthy person who I admitted because I felt he was COVID-19 positive due to his labored breathing," she said. "It's heartbreaking though and hard because he is my age and young and healthy. I really hope we don't see more and more like this."

That next day, she reported he was in the ICU getting treatment.

On Thursday, things had progressed, but the waiting game was on. "We're just waiting and

waiting and waiting for the inevitable increases in patients that we know is going to happen," she said. "It eats at you...and the prospect of this country being open by Easter...is ridiculous and dangerous."

On Friday, she talks

about being worried as to whether there is enough equipment for her.

"My mom asked if I had enough PPE for myself and the answer is that I don't know," she said. "The question comes about where do you draw the line between protecting yourself and helping your patients...I do have asthma and I worry if I get sick I won't do well."

Her next entry that aired showed her overwhelmed around 2:30 a.m. on Sunday, saying they had been overwhelmed by a surge of patients.



Dr. Erin Beaumont, an attending physician at CHA Everett, shared a video diary with ABC National news on Monday, noting that they hit a surge over the weekend and were overwhelmed with patients young and old.

"It happened all at once ambulance after ambulance," she said.

George Wey //continued from page 1

ed Honan to George's son, Roger Wey, who now lives in Oak Bluffs on Martha's Vineyard.

"I called Roger and explained who I was and why I was calling," said Honan, who mailed the tags to Roger's home. "He was very happy to hear from me. He really enjoyed hearing about all the help I received in trying to track him down and he was looking forward to receiving his father's dog tags."

In a time when people around the world are faced with uncertainty, the small gesture offered hope and happiness to all parties involved.

"For Mr. Honan to go through the trouble he went through in order for my family to receive the dog tags, we are so very grateful," said Roger Wey, who received them on Monday afternoon.

"It's an uplifting story

Captain George Lee Wey neer of the Boston Port Auwas in the United States thority, now the Massachusetts Port Authority. During Navy from 1941 to 1945. his tenure with the Boston When World War II began, Port Authority, Wey imple-Wey volunteered for milimented and supervised the tary service and was comconstruction of new shipmissioned an officer in the ping facilities within Bos-U.S. Navy's newly formed ton's inner harbor. In the Construction Brigade, the early 1960s he left the port SeaBees. After completing authority and was appointofficer training, the unit he ed director of transportation was assigned to was given planning for the commonthe task of constructing the wealth of Massachusetts. U.S. Naval Base in Bermu-He was instrumental in preda. Having spent a year and venting the implementation of the inner belt highway a half in Bermuda, Wey's which would have been disunit was shipped to the Paruptive to the environment cific Theatre in preparation and the surrounding urban for the invasion of the Philcommunities. ippines. When U.S. troops Upon reaching retirelanded on Leyte Island and

ment age, Wey left the public sector and sold the family home in Winthrop to build a house on Martha's Vineyard. With the completion of his home, he became restless with the desire to do something more with his life. At the age of 71 he formed G.L. Engineering Consultants. He remained

House response // CONTINUED FROM PAGE 1

communities, our businesses, and our residents by easing burdens related to local permitting, extending the state's tax deadline and giving restaurants more opportunities," business said Speaker DeLeo (D -Winthrop). "Thank you to Chair Michlewitz and Chair O'Day for their leadership on these important issues."

"Through this trying time, I am proud that the House is enacting policies that will have a direct positive impact on our residents, communities and local businesses," said Representative RoseLee Vincent (D-Revere). "I thank Speaker DeLeo and Chairman Michlewitz for bringing forth this legislation, which I am thrilled to support and happy to say will make this difficult time a little easier for everyone in our great Commonwealth."

The legislation would

extend the individual state tax filing and payment deadline from April 15 to July 15.

The legislation includes the following provisions.

• Permits establishments licensed to sell alcohol for on-premises consumption to sell wine and beer via delivery and take-out provided the wine or beer is sold in the same transaction as a purchase of food and in a sealed container.

 Modifies local permitting processes, extending municipal tax deadlines, and allowing municipalities to extend property tax exemptions and deferrals. • Allows municipalities

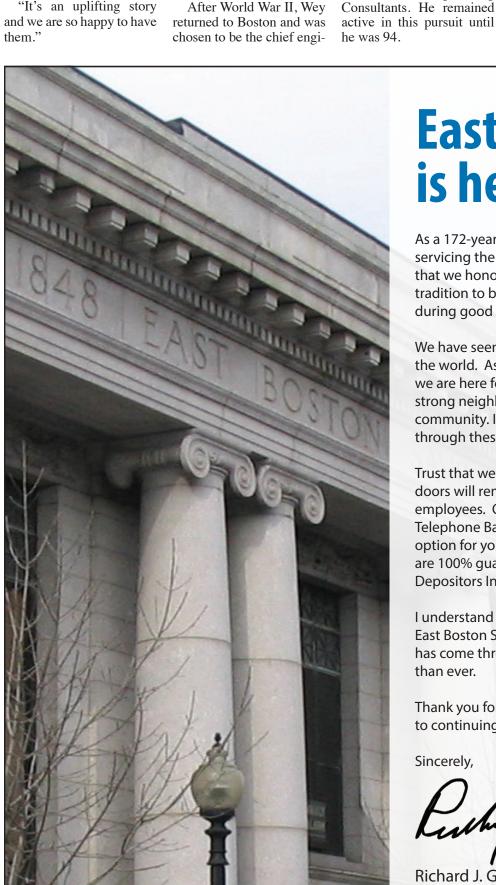
to activate qualified workers by suspending the cap on hours and compensation for certain retired employees for hours worked during the state of emergency.

"This relief package will give administrative and economic relief to our restaurants, our cities and towns, and to the taxpayers of the Commonwealth,' said Representative Aaron Michlewitz, Co-Chair of the Joint Committee on Ways & Means (D-Boston). "As we continue to face the day to day effects of COVID-19 it is vital that we do all that we can to offer assistance to those in need."

"The bill has several provisions that give towns and municipalities the flexibility they need to allow for extending time frames for town meetings and assessing some kind of temporary leniency with paying taxes and late fees," said Representative O'Day, Co-Chair of the Joint Committee on Municipalities and Regional Government (D-West Boylston). "I applaud the many adjustments that are addressed in this bill during

these very trying times." The bill will now go to

the Senate.



East Boston Savings Bank is here for you.

As a 172-year old Boston Bank, East Boston Savings Bank has a rich history of servicing the City of Boston and its surrounding communities. The foundation that we honor are integrity, strength and hard work for all our customers. It is our tradition to be responsive to the needs of people like you and businesses like yours during good times and challenging times.

We have seen and been through past events that have affected the country and the world. As we navigate through this pandemic together, please know that we are here for you. I assure you that East Boston Savings Bank remains your strong neighborhood bank, supporting you, your family, your business and your community. It's because of your trust in us - and our faith in you - we will make it through these events together.

Trust that we are in this for the long-haul, right by your side. Our branch office doors will remain open as long as we can assure the safety of you and our employees. Online Banking, Mobile Banking, ATMs and our Automated 24-Hour Telephone Banking System (866-774-7705) are always an alternative banking option for you – visit ebsb.com for more information. As always, your deposits are 100% guaranteed by the Federal Deposit Insurance Corporation and the Depositors Insurance Fund.

I understand there are a bunch of unknowns with this pandemic but know this; East Boston Savings Bank has endured many devastating events in the past and has come through each of these stronger and more committed to our customers

Thank you for trusting in East Boston Savings Bank. Stay safe and we look forward to continuing working hard for you.

Sincerely,

Richard J. Gavegnano President, CEO and Chairman East Boston Savings Bank



OBITUARIES

Thomas J. McHugh

Photography enthusiast and member of the

Cottage Park Yacht Club



Thomas McHugh Winthrop passed away at the Chel-Soldiers sea

Home on March 24, 2020. He was 82 years old. The beloved husband

of Nancy M. (Mahoney) McHugh, Tom was born in Waltham, the cherished son of the late Thomas W. and Rose M. (Buckley) McHugh.

Thomas was a U.S. Marine Corps veteran, serving from 1957-59. He was a member of the Marine Corps League in Watertown and the Cottage Park Yacht Club in Winthrop. Tom had a love and dedication for photography. He would always have his camera available and ready to go at family gatherings, functions, the Cottage Park Yacht Club or anywhere where he could take that perfect "shot" or memory picture for all to share and

Thomas was the devoted father of Thomas M.

In Loving Memory of Paul A. Femino Jr. Dec. 15, 1969 — April 6, 2017 3rd Anniversary



The depths of sorrow we cannot tell of the loss of one we loves so well; And while he sleeps a peaceful sleep, His memory we shall always keep.

Love, Mom, Dad, Andrea, Geoff, Bella, and Max

IT COSTS NO MORE TO HAVE......

MAURICE W. KIRBY



McHugh of San Francisco, CA., Joanne Stafford of Wilmington, Maureen E. Jones of Chelsea, Christine M. Sirard and her husband, John of Amherst and Brian J. McHugh and his wife, Courtnay of Portland, OR; adored grandfather of Steven Jones, Chris, Melissa and Calvin Stafford, Hannah and Michael Sirard and Evan and Jack McHugh and dear brother of Helen Thompson of Watertown, Richard McHugh of Woburn, David McHugh of Maine and the late Rose Young. He is also survived by many nieces and nephews.

Funeral Services will be held at a later date. Donations in his memory can be made to the Chelsea Soldiers Home 91 Crest Ave. Chelsea, MA. 02150.

Funeral arrangements are being handled by the Maurice W. Kirby Funeral Home 210 Winthrop St. Winthrop. For guestbook, please visit: www.mauricekirbyfh.com.

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Harris Zeltsar

Of Winthrop

Harris Zeltsar of Winthrop passed away suddenly at the age of 78 on March 26, 2020.

The devoted husband of the late Elaine Saks, he was the beloved father of Cynthia and Michael Ganse of Saugus and Michelle and Scott Shylanski of Coventry, RI, adored grandfather of Michael Ganse, Ashley and Alexis Shylanski and dear brother of Marc Zeltsar of Florida.

Due to the extreme cir-

cumstances surrounding the Corona-virus, Harris will be laid to rest next to his beloved wife, Elaine. Services/Shiva will be announced at a later date when family and friends can attend. In lieu of flowers, expressions of sympathy may be donated to the charity of one's choice. Arrangements are through the Torf Funeral Service, Chelsea, MA.www.torffuneralservice.com.

Leopold Buono

Of Winthrop, formerly of East Boston

Leopold A. 'Butchie" Buono of Winthrop, formerly of East Boston, passed away on March 28.

He was the beloved husband of Claire (Gillis) Buono, loving father of Tara Buono Stackhouse, Jillian Emma Buono Nicholas Leo Buono, all of Winthrop; dear brother of Francine Billet of New York, James Buono and his wife, Rita of East Boston and Rosalind Faretra and her husband, Joseph of Winthrop. He is also survived by three loving grandchildren: Nicolette Stackhouse, Jaden - Helen Stackhouse and Michael Stackhouse and by many loving nieces and nephews.

Butchie will be laid to rest on Friday April 3, 2020.

In accordance with the CDC, Mass. Department of Public Health, Archdiocese



of Boston guidelines and local restrictions on gatherings and congregations due to COVID-19, all services will be held for the immediate family privately. If you have any questions or would like to express your condolences please contact the Ruggiero Funeral Home during normal business hours or leave a message for the family on the tribute wall at www.ruggieromh.

− In Loving Memory of − Mary Kate Floyd

April 6, 2010 - April 6, 2020



Our mom was a 17yr. old immigrant from Ireland who came to this country to become a nurse. She married a U.S. Naval Officer and had ten children. She worked full time as a very busy mother and nurse. Mom's life was dedicated to family, faith and friends never wanting anything for herself. We all remember mom's happiest day was Christmas. She would have everyone packed in the house enjoying one of her dinners presenting a cake singing happy birthday to Jesus.

We will always love and miss our mom everyday with her faith and unconditional love continually filling all our hearts! Enjoy your cup of tea in heaven. **XXOO**

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Winthrop Senior **Center News**

www.town.winthrop.ma.us/council-aging Email: COAReception@town.winthrop.ma.us

All programs, activities and trips at the Robert A. DeLeo Senior Center are canceled through April.

Lunch is not being served at the Senior Center, however Meals on Wheels will continue to operate, and residents who are in need and are not currently on the list to receive meals through the program can email Kdixon@town.winthrop.ma.us or call (617) 539-5848, with their name, phone number and address to be included in the program.

Any additional announcements regarding the Senior Center will be posted online, at www.town.winthrop.ma.us/council-aging.

Applications for the 2020 Senior Citizens Property Tax Work-Off Program are available online at: www.town.winthrop. ma.us/council-aging. Applications are due back to the Senior Center by 12pm on Friday, May 15th. For more information on the program, please visit our website, or contact the Senior Center at 617-846-8538.

Office of Economic Empowerment launches digital financial resources amid COVID-19 outbreak

The Massachusetts State Treasurer's Office of Economic Empowerment has launched a new digital tool for residents in Massachusetts experiencing financial changes due to the COVID-19 outbreak. With the goal of providing relevant financial education for families, the Office of Economic Empowerment created a new page on Mass.gov with timely free resources available to the general public.

The page, HYPER-LINK "https://www.mass. gov/ma-financial-resources-for-covid-19" \t blank" https://www.mass. gov/ma-financial-resourc features es-for-covid-19, state-of-the-art financial education tools designed by Everfi, an education technology company. The page also includes critical resources on identifying scams and fraud during this time, directions to file for unemployment, and much more. The Office of Economic Empowerment is committed to updating the page regularly with new materials as they become available.

"The COVID-19 outbreak has had an impact on all of Massachusetts, so it is important that we provide support during this unprecedented time," said State Treasurer Deb Goldberg, "This website is designed to offer resources that will assist everyone with everyday life challenges."

The Office of Economic Empowerment is dedicated to providing financial education for residents of Massachusetts. In 2017, the Office launched MyFinancialLifeMA.org, a first-ofits-kind website providing money management strategies and tools that can help guide users through each stage of life.

On day one of becoming Treasurer, Goldberg created the Office of Economic Empowerment (OEE), led by a deputy treasurer, with the deliberate goal of implementing a range of economic empowerment initiatives that include closing the gender wage gap, increasing access to financial education, improving college affordability, and investing in STEM careers and education.

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Winthrop High School Athletic Hall of Fame Committee seeks nominations for 2020 Induction

Special to the Transcript

John Domenico, President of the Winthrop High School Athletic Hall of Fame Committee, would like to inform members of the public that nomination forms are available for the 2020 Hall of Fame Induc-Nomination forms may be obtained from Richard Thibeau, Member of the Committee, by telephone at 617-846-5943, or by email at mccannthibeau@comcast.net.

"Anyone may nominate an individual or individuals," Domenico said. "In addition to the nomination form, which must be completed and signed, nominations should be accompa-nied by additional information pertaining to the nominee such as newspaper articles, letters and photographs."

Membership in the WHS Athletic Hall of Fame is open to those individuals who have made significant contributions to the Winthrop High School athletic programs, either through their participation in athletics or their association

with Winthrop athletics as a coach, facul-ty member, or through exceptional ser-

To be eligible as an individual athlete or as a team, the individual or team members must have graduated from Winthrop High School, and must have been part of a class that was graduated at least ten years prior to the nomination.

The WHS Athletic Hall of Fame also recognizes other significant individuals, such as ad-ministrators and others, who have made special contributions to the Winthrop High School Athletic Program.

In addition to President John Domenico, and Richard Thibeau, the WHS Athletic Hall of Fame Committee members are: Peg Bailey, Howard Conley Robert DeGregorio, Dale Dun-bar, Susan Freedland, Jim Lederman, Bill Schmidt, and Chris Tsiotos.

Nomination forms must be returned by July 5, 2020 to Richard Thibeau in order to be con-sidered for the 14th Winthrop High School Hall of Fame Induction.

- Housing Court standing orders will bar new eviction cases through April 21 -

By Seth Daniel

Though it is an unintended consequence of the state court system trying to promote social distancing and health, there will also be an added protection for tenants affected by the COVID-19 response who are in fear of being evicted from their homes for not being able to pay rent.

April 1 has been circled on the calendar of many homes for the past three weeks since the bottom fell out of the world economy, and with such job and income loss – it left a lot of folks wondering how they would pay rent at the first of the month, that being the first rental payment due since the outbreak.

Housing Court Chief Justice Tim Sullivan and Deputy Court Administrator Benjamin Adeyinka said this week they have issued a Housing Court standing order through April 21 that will allow only emergency cases to come before them, and those do not include the typical summary

process evictions.

"The answer as to whether we are taking those cases is no – we are not taking the garden variety eviction cases until after April 21," said Chief Justice Sullivan. "The only actions we're hearing are emergency conditions and they do not include the garden variety eviction cases. Only emergency cases are being heard, and so eviction cases are being suspended presently.'

That order really doesn't have a lot to do with protecting people from being evicted. In fact, the standing order spells out that the order is to prevent the spread of the COVID-19 virus.

"Consistent with the Trial Court's goal in slowing the spread of the virus, and considering the recommendations by the Center for Disease Control (CDC) and from state health officials, the Housing Court's aim during this time is twofold: first, where practicable, to reduce the number of people who come to each courthouse

where Housing Court business is conducted; and second to promote 'social distancing,' thereby minimizing the risk of exposure to court staff and litigants."

That has, however, stopped evictions at a time when people also need help staying in their homes.

Across all the Housing Courts - which have expanded in the last year across the state – case filings have gone down dramatically because of the order and the inability to appear in court unless an absolute emergency. Filings statewide in Housing Court were down 63 percent two weeks ago, and were down 68 percent last week.

"We think the message has been received loud and clear by the general public," said Chief Justice Sullivan. "The emergencies we're doing with telephonic hearings... Still, we want to make sure they fully understand that despite the access to the building, we're still accessible. They can call us."

Right now, the typical

Eastern Division Housing Court session in Chelsea which serves Chelsea and Revere once a week - will be suspended for a period of time. Operations for the Eastern Division have been fully moved to the Edward Brooke Courthouse, which has been closed recently.

For those in Everett, typically they had sessions in Woburn for Housing Court, those are also suspended. The headquarters for those operations now are in Salem or Lawrence, but again only for emergencies. Adeyinka said they cannot

take a position on evictions or protections at the court, but they are encouraging communication between all parties.

"We do encourage individuals in this time to exercise common sense and communicate – landlords with tenants and tenants with landlords," he said. "We've found anecdotally that large landlords have taken measures...We've found some of the larger landlords have made that contact. We can't support or offer any advice though."

Chief Justice Sullivan said a key item is the state Department of Housing and Community Development (DHCD) standing order that reinforced the order from Housing Court. That order calls on all local housing authorities to allow forbearance of rent on subsidized tenancy. He said that is an important precedent and helpful to those tenants.

"If someone feels they have their back against the wall, whether a landlord or a tenant, they should contact the court's hotline," he said.

It is also important to note that any default judgements entered between March 1 and April 21 will be vacated.

Sullivan and Adeyinka said they have Housing Specialists still working diligently who can offer advice on how to access rental programs like the Residential Assistance for Families in Transition (RAFT). They also said Housing Specialists are bi-lingual in Spanish, and interpreters can be patched in on an advanced conference call line that can handle up to 20 people at once.

'We don't want language

to be a barrier," Adeyinka said. "We do have the ability to conference in an interpreter." Chief Justice Sullivan added the attorney for a day

program is also available virtually for those who need it, and they are working with several organizations to have that available by telephone or "We are here to help even

though the building is physically closed," he said. Sullivan added the situ-

ation and the times are like nothing he has seen, and that has justified the measures that have been taken in Housing Court.

"I agree with is a unique time we're in," he said. "I've never experienced anything like it in my 60 years. I can't remember anything being more disruptive than this pandemic."

Consumers facing financial | Massachusetts Bar Examination to be postponed until the fall hardships due to COVID-19 urged to contact local bank

Massachusetts Bankers Association urged consumers who are facing financial hardships due to the COVID-19 pandemic to contact their financial institution for assistance. Local banks throughout the Commonwealth have pledged to work with their customers individuals and businesses - to mitigate the financial impact of the current health crisis.

"We strongly encourage anyone who is unable to make a payment on their loan, needs access to funds in a certificate of deposit or other relief to contact their financial institution for options to help them through this unprecedented situation," said Daniel J. Forte, MBA President & CEO. "Local banks are ready and willing to help during these challenging times, but it is important that you reach out as soon as possible."

Most local banks have already announced programs to assist consumers. For example, Greenfield Cooperative Bank is offering a "payment holiday" for residential and commercial loan customers; Berkshire Bank has established special relief programs for the LGBTQ and minority-owned business communities while Rockland Trust Company, Eastern Bank, Bank of America and many others have announced significant initiatives to support local residents and small businesses. MBA

has created a COVID-19

Resource page on our website with additional information. We encourage you to visit www.massbankers.

In addition to relief on mortgages and other loans, banks are working with customers who may need access to funds in Certificates of Deposit (CDs), waiving fees for certain products or transactions, and increasing daily debit or ATM limits where appropriate. We anticipate that additional programs will be developed in the coming days and weeks to assist individuals and businesses as Congress considers a major economic stimulus package in Washington, D.C.

It is also important that consumers beware of scams and fraud, which tend to increase in uncertain times. MBA reminds consumers that the safest place for money is in their bank, where all accounts are insured up to \$250,000. Many Massachusetts banks also have excess insurance to protect your funds. Large cash withdrawals are uninsured and at risk for loss; 95% of all transactions can be done on mobile/online banking, debit/credit cards or at an ATM, without the health risks of in-lobby

"These are challenging times for Massachusetts families and businesses and local banks are doing our part to help ease the financial burden," Forte said.

The Supreme Judicial

Examiners today announced that, due to the ongoing public health emergency arising from the COVID-19 pandemic, the Massachusetts bar examination will not be administered on July 28 and July 29, 2020 as pre-

Court and the Board of Bar

viously scheduled. The bar exam has been postponed until fall, on dates to be determined.

The Board of Bar Examiners, in consultation with the Supreme Judicial Court, will continue to closely monitor public health and safety guidelines, including

prohibitions against large gatherings, related to the COVID-19 pandemic. In the event that limitations on large gatherings continue to interfere with a fall administration of the Massachusetts bar examination, alternative means for testing of applicants for Massachusetts bar admission will be devised and announced.

The Massachusetts Board of Bar Examiners (BBE) is established by G.L. c. 221 §§35 & 36 to evaluate the qualifications of persons seeking admission to the bar of the Commonwealth of Massachusetts.

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Baker extends stay-at-home advisory, closure of non-essential businesses until May 4

By Lauren Bennett

As the coronavirus outbreak continues to develop, Governor Charlie Baker continues to update the public with new announcements.

After President Trump over the weekend announced the extension of the federal guidelines for social distancing until April 30, Governor Baker on Tuesday announced an extension of his previous executive order requiring the closure of all non-essential businesses as well as the stay-at-home advisory until May 4. The orders were previously set to end on April 7. "This order also extends the 10 person limit on social gatherings until May 4 as well," the gover-

The state will also put out an updated list of busi-

nesses and organizations that will continue to operate during this period of time, which can be found at mass.gov/covid19.

"These actions will improve our ability to mitigate the spread of COVID-19 and the impact the surge has on our healthcare system," Baker said.

The governor said he recognizes the "high cost" this has on small businesses and on residents who have to stay away from their loved ones for even longer.

"If we can limit face-to-face, person-to-person contact now, we can slow the spread and get back to work as soon as safely as we can," he said.

Additionally, the governor said that hotels, motels, and short term rentals like Airbnbs are to be used "for limited purposes only" ones that serve "direct efforts related to the fight against COVID-19," which includes nurses, doctors, workers part of the essential business community, and Massachusetts residents "who have been otherwise displaced."

Baker said that restaurants may continue providing food for takeout and delivery only, and stressed the importance of social distancing when outside and inside grocery stores and pharmacies.

"The next couple of weeks are going to be critical in this battle," Baker said. "People need to play their part."

He thanked all the workers on the front lines, including nurses, doctors, first responders, public sector workers, the National Guard, and essential workers like grocery store employees. "The state is filled with remarkable people and remarkable communities,"

ne caid

Baker also talked about the 13 confirmed deaths at the Solders' Home in Holyoke, six of which have been officially attributed to COVID-19.

Baker said that in the short term, a primary focus of the state will be on the residents of the Solders' Home in Holyoke, and assured that the state "will get to the bottom of it."

On March 30, the governor also announced actions that would increase the health care workforce in Massachusetts, including expediting licensing for certain health care workers and initiatives to recruit volunteer medical professionals. Health care professionals who are licensed in other states or have allowed their Massachusetts licenses to expire within the past 10 years while in good standing can received expedited licenses to help out in hospitals.

Additionally, the Baker-Polito Administration's COVID-19 Response Command Center is working to create dedicated facilities for people who are infected with the virus but are stable enough to not be in the hospital. This will free up hospital beds for those who need more critical care.

Baker also spoke about the federal relief package passed by Congress last week, calling it "a lot of good news." He said that states are still waiting on guidance from the federal government about how to "implement and distribute these funds."

Additionally, "our administration is committed to getting the resources to people who need them," Baker said. Updates will be posted on mass.gov.

Baker said that the state

continues to look for personal protective equipment (PPE) through a. Variety of different supply chains, and the national stockpile did send additional supplies over the weekend. He added that there is a "crucial need" for blood donations right now as well.

right now as well.

The surge in cases in Massachusetts has been calculated to start somewhere between April 7 and

April 17, Baker said.

"For the most part people are doing a good job" of social distancing, he added, stressing the importance of doing so when going outside.

"We are about to enter what will be the most difficult period associated with this virus," Baker said on Tuesday, adding that there is "no doubt in my mind... that you will all perform above and beyond."

Mass. Democratic Party chair to seek approval from State Committee to not hold annual convention

Today, the Chairman of the Massachusetts Democratic Party, Gus Bickford, with the support of Senator Ed Markey and Congressman Joe Kennedy III, is announcing that he will seek approval from the Democratic State Committee to not hold a state convention in 2020 due to the coronavi-

rus pandemic.

"While it is unfortunate that the current circumstances do not allow for our annual gathering of Democrats, this is the right decision for the Party to make," said Gus Bickford, Chair of the Massachusetts Democratic Party. "Our duty to protect one another, to protect our friends, family, neighbors and strangers,

requires that we all make changes to the way we live. While these changes require that we not hold a convention this year, they do not mean that Democratic activism has slowed. I am heartened by the creative ways Democratic campaigns and activists have adapted their strategies and the ways in which they continue to push our Democratic message, reach out to Massachusetts voters, and provide comfort during this uncertain time. I am grateful to the leadership of Senator Markey and Congressman Kennedy, who have each agreed that not holding a convention is the right thing to do."

The Markey and Kenne-

dy campaigns have agreed that Senator Markey would win the convention and Congressman Joe Kennedy would surpass the 15% threshold.

Winthrop's Democratic State Committeeman Valentino Capobianco said, "While It is unfortunate, I believe this is the right call. Nothing is more important than the health and safety of our fellow citizens. We can continue the work of talking to voters through phone calls and digital platforms. It is important that we remain a unified party committed to defeating Donald Trump in November."

Upon adoption of this recommendation, the Chair

of the Party will send a letter to Secretary of the Commonwealth William F. Galvin, requesting that he place the names of both Senator Markey and Congressman Kennedy on the Democratic Primary ballot for United States Senate.

Democratic Party officials did examine alternative ways to conduct its Convention. These alternatives present their own challenges, as well as concerns about equity and con-

sistency. The Democratic State Committee will consider this recommendation at its virtual meeting on April 4th. Should this recommendation be adopted, the 102 local caucuses that did not take place prior to the suspension of caucuses on March 10 will not occur this year.

Joint Statement from John Walsh, Campaign Manager for U.S. Senator Ed Markey and Nick Clemons, Campaign Manager for Congressman Joe Kennedy:

nedy:

"The Massachusetts
Democratic Party has been responsive and responsible in each of its decisions during this difficult time, prioritizing the protection of the health and safety of all involved. On behalf of the Markey and Kennedy campaigns, we support the solution that the party has proposed."

COVID-19 could exacerbate problem gambling

By Laura Plummer

March Problem was Gambling Awareness Month. At least it was supposed to be. The monthlong campaign understandably took a back burner to a more pressing public health issue-the novel coronavirus pandemic. However, the two are not unrelated. Recovery advocates believe COVID-19 has the potential to worsen problem gambling and could even create new problem

gamblers. Also known as compulsive gambling, gambling addiction and gambling disorder, problem gambling is characterized by an obsession with gambling and an inability to stop despite negative consequences. It can result in the loss of money, career, relationships and reputation, and can lead to mental health issues such as anxiety and depression. The National Council on Problem Gambling (NCPG) estimates that as many as 10 million Americans struggle with their gambling behavior, costing the government \$7 billion per year.

Groups dedicated to raising awareness of this issue organized events throughout March at locations across the country—events that were scrapped as states issued ever-stricter social distancing guidelines. The health cost of essentially cancelling Problem Gambling Awareness Month in the U.S. is immeasurable. In the wake of the cancel-

lations, healthcare agencies and recovery advocates scrambled to get vital information to vulnerable individuals and mental health professionals.

According to the American Gaming Association, 95 percent of commercial casinos in the country have closed their doors, including Everett's Encore Boston Resort. Horse and greyhound racing has been shut down and major sporting events cancelled. One would think this would equal a reduction in gambling. But just like Americans found ways to drink during Prohibition, compulsive gamblers are find-

ing ways to place bets. In past weeks, online gambling has exploded. Casino-style games like slot machines and poker have upped their advertising, hoping to lure in homebound bettors. These games can be highly addictive. Online gambling isn't subject to the same spending limits as in-person gambling venues and players can spend thousands of dollars in a matter of minutes without any oversight.

Social isolation fuels addictions of all kinds, and gambling addiction is no exception. More Americans find themselves at home on the internet than ever and those who already frequented the rooms of online casinos may be drawn there with greater regularity now that going to the gym and visiting with friends is no longer possible.

While it may seem counterintuitive, a report in

the Journal of Gambling Studies found that Americans gamble more, not less, during times of financial trouble. An increasing number of Americans have lost their jobs and some will turn to gambling to make ends meet. For many, placing a bet or two will be a one-time attempt to pad their wallets while waiting for their stimulus checks. For others, it could set in motion a spiral of destruc-

tive behavior.

A national crisis always highlights the weakest points of our social fabric. But Americans have a long history of overcoming adversity and, as the saying goes, emerging "stronger at the broken places." As gambling moves online, so too have mental health professionals. Many counselors are now offering remote video sessions with clients. The NCPG website even has a database of counselors specializing in gambling addiction (ncpgambling.org/help-treatment/).

Helpful Resources:

-National Council on Problem Gambling: ncpgambling.org

-Mass Council on Compulsive Gambling masscompulsivegambling.org

-Massachusetts Gaming Commission: massgaming. com

-Gamblers Anonymous: gamblersanonymous.org

-GamTalk.org

-Gam-anon.org

-National Council on Problem Gambling confidential helpline: 1-800-522-4700.

Send-us-your Eggstra-Special Person or-Pet this Easter season Rhotoswillbepublished on April 8th and April 9th Revere Journal | East Boston Times Chelsea Record | Everett Independent Winthrop Transcript | Lynn Journal Please send your photo to PROMO®REVEREJOURNAL.COM with the following information:

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City, EBNHC, HYM team up for COVID-19 testing for First Responders at Suffolk Downs on Saturday

By John Lynds

A coordinated effort between the City of Boston, the East Boston Neighborhood Health Center (EB-NHC), local healthcare providers and the owner of Suffolk Downs to test as many of the city's First Responders for COVID-19 occured Saturday at Suffolk Downs

The drive-thru testing site at the HYM Investment Group owned Suffolk Downs was only open to qualified EMTs, firefighters and police officers who were first screened to make sure they met the state criteria for testing. If testing was required, then drive-thru visits were scheduled by appointment only.

As the COVID-19 pandemic continues, the city's EMTS, police and firefighters are some of the frontline workers battling the The site was not open to the

"This is an important first step to keeping our first responders healthy," said Boston Mayor Martin Walsh. "Boston's first responders are on the front lines of this public health crisis, and we will continue to do everything we can as a City to keep all residents safe and healthy."

The operation of this testing facility was led by the Boston Public Health Commission and the EBN-

The Health Center's President and CEO, Manny Lopes, worked closely with Walsh and the Boston Public Health Commission, where he serves as Board

"Although this was not an easy lift the East Boston Neighborhood Health Center is proud to come to the aid of the City and to our first responders," said Lopes. "We have been here for Boston for 50 years, and our staff continues to show their commitment to our City and local communities even in the face of this terrible crisis.."

Lopes went on to thank Walsh and the City of Boston, the BPHC, HYM Investment Group and Suffolk Downs, Quest Diagnostics, and Blue Cross Blue Shield of Massachusetts for helping EBNHV get this testing site started.

"We are going to need lots of partners moving ahead," said Lopes. For more information,

please visit www.ebnhc.



On Saturday the City of Boston, the East Boston Neighborhood Health Center (EBNHC), local healthcare providers and HYM Investment Group teamed up to test the city's First Responders at Suffolk Downs for COVID-19. The drive-thru testing site at Suffolk Downs was only open to qualified EMTs, firefighters and police officers.

org and visit www.boston. gov/news/coronavirus-disease-covid-19-boston www.ebnhc.org.



Shown above: EBNHC Vice President of Operations Jeff Schuster and EBNHC Chief Medical Officer Dr. Jackie Fantes.

Shown below: EBNHC President and CEO Manny Lopes talks with EBNHC's Steve Frazier and Brett Phillips.





EBNHC President and CEO Manny Lopes talks with staff during a trial run of the COVID-19 testing site at Suffolk Downs for First Responders Saturday.



A car pulls up to the drive-thru testing site as EBNHC staff prepares.



tests wore full protective gear.

CORONAVIRUS DISEASE

Statistics fo Massachusetts

COVID-19 cases in Massachusetts as of March 31

Confirmed cases of COVID-19 6620

+868 from the 30th

Massachusetts residents subject to COVID-19 quarantine by current status as of March 24

Total of individuals subject to quarantine 3802

Total of individuals who have completed monitoring (no longer in quarantine) 1655

Total of individuals currently undergoing

monitoring/under quarantine 2147

COVID-19 INFECTION BY AGE BRACKET

≤19 years of age: **137** 20-29 years of age: **1081**

30-39 years of age: **1181** 40-49 years of age: **1084**

50-59 years of age: **1280** 60-69 years of age: **925**

≥ 70 years of age: **924**

Unknown: 8

These do not reflect the most up to date numbers, as they were not

them.

reported by press time. Please scan the QR code to the left to see

Total Number of Cases by County

10141 1101111101 01 04000 11/	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Barnstable	191
Berkshire	171
Bristol	306
Dukes and Nantucket	8
Essex	784
Franklin	61
Hampden	354
Hampshire	69
Middlesex	1340
Norfolk	738
Plymouth	459
Suffolk	1373
Worcester	433

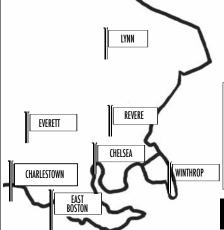
For the most up to date information scan this with your smartphone at any time to visit the State's website for all information related to the virus.

Unknown



333

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Green, Thomas O

SELLER 1 Odoherty, Siobhan B

DH NT Crosby Christopher Est Burton, Jesse N

Green, Winthrop J

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LEGAL NOTICE

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND **FAMILY COURT** CITATION ON GENERAL **PROBATE** PETITION Docket No.

Suffolk Probate And Family Court 24 New Chardon St. Boston, MA 02114 (617)788-8300 Estate of:

SU18P1760EA

Edmund R. Adamson, Jr. Date of Death: 04/22/2016

A Petition has been filed by: Lisa M. Adamson of Humble, TX requesting: That the Petitioner shall have the authorization to authorize and direct the Massachusetts State **Lottery Commission** (the "Commission") to directly pay all future

To all interested persons:

payments and prize winnings due and to become due from the Commission to the legatees of the Estate, namely Lisa M. Adamson and Jennifer L. Williams, fifty percent (50%) each, pursuant to M.G.L. ch.10, Sec. 28 and 961 Code Mass Regs. 2.42),

rather than directly to the Estate of Edmund R. Adamson, Jr., provided further that (1) if Lisa M. Adamson should die before all future payments and prize winnings are paid to her directly, such payments shall be made directly to the Estate of Lisa M. Adamson, in Lisa

M. Adamson's place, and/or (2) if Jennifer L. Williams should die before all future payments and prize winnings are paid to her directly, such payment shall be made directly to the Estate of Jennifer L. Williams, in Jennifer L. William's place.

obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on 04/20/2020.

You have the right to

date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an **Affidavit of Objections** within thirty (30) days

This is NOT a hearing

WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: March 23, 2020 Felix D. Arroyo, Register of Probate

of the return date, action

may be taken without

further notice to you.

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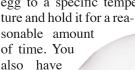
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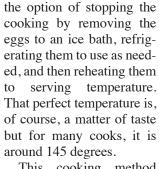
Just Add an Egg

By Penny & Ed Cherubino

Eggs are back in style. More places offer you the option to "add an egg" (for an additional price) on some menu items. A current favorite seems to be a soft-cooked, in-the-shell egg with a gooey, runny yolk and set white. This is a 7-8 minute egg when made by the traditional boiled egg method.

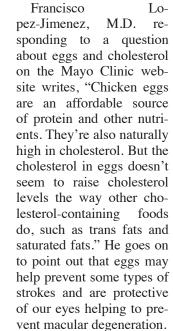
Another way to achieve this degree of doneness is with a sous vide circulator which lets you bring the egg to a specific tempera-





This cooking method produces a healthier alternative since you have not added saturated fat to the egg. We've learned that it's not the eggs you eat that are a problem for your cholesterol levels, but the way

> you cook them and what you eat with them.



The Cholesterol Myth

Anthony Komaroff, MD answering a similar question for the Harvard Health website explains,

"The evidence that cholesterol in one egg a day is safe for most people comes from huge studies-many conducted here at Harvard Medical School-that have followed hundreds of thou-

He goes on to point out that what you eat with eggs is a more important factor

sands of people over de-



Our favorite egg salad is made with reduced-fat yogurt, served on whole-grain bread, with a vegetable on the side.

in heart disease.

Many of us eat eggs with foods that are high in saturated and trans fats like butter, cheese, bacon, ham, white bread, and pastry.

Switch Your Egg Extras

Ed's favorite egg dish is a French-style omelet. A few years ago Penny began cooking those in olive oil with just a smear of truffle butter across the top as she lands it on the serving dish. That switch to a healthier fat really makes a difference. The amount of truffle butter we use is so small that we keep it in the freezer and shave off a tiny dollop when needed.

We are more likely to have a vegetable or salad as a side dish for an egg-based meal. For example, we love egg salad but make it with reduced-fat yogurt rather than mayonnaise. We extend the salad with chopped celery, scallions and fennel and then serve it on a slice of whole-grain bread.

Of course, like most folks, we occasionally indulge in a typical plate of eggs with all the usual fatty sides. However, we do this away from home so those foods high in saturated fats are not around the house to tempt us. As with any indulgence, we try to offset it with healthy eating.

The next time you're looking to add a healthy nutritious source of protein to your salad, grain bowl or sandwich, just add an egg.

Do you have a question or topic for Fresh & Local? Send an email to Penny@ BostonZest.com with your suggestion.

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Please reach out with any questions, deadline for **Thursday April 9** is **Tuesday April 7 at noon** Call 781-485-0588 or email mdibella@winthroptranscript.com